



ALPHONSA COLLEGE PALA



Criteria 6

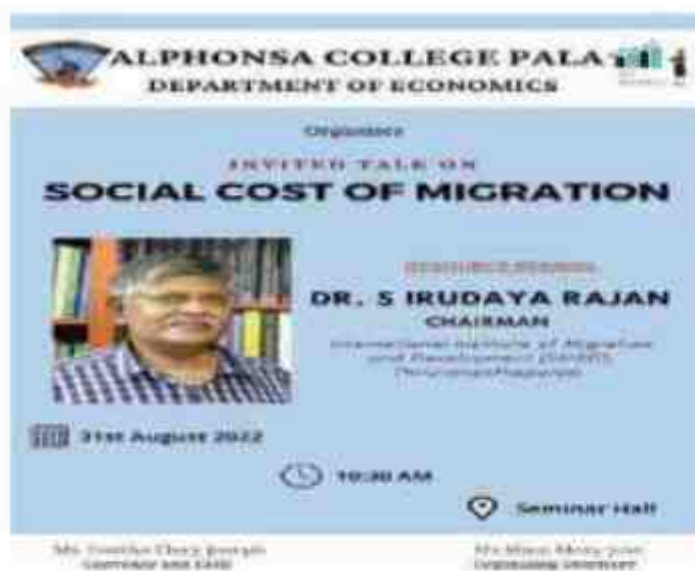
6.5.3 Quality Assurance Initiatives of the Institution-

- a. Seminars, Conferences and Workshops on Quality conducted
- b. Collaborative quality initiatives with other Institutions
- c. Orientation programmes on Quality issues

a. Seminars, Conferences and Workshops on Quality conducted during 2022-23

Seminar on Social Cost of Migration organised by Department of Economics on 31-08-2022

A seminar on the topic 'Social Cost of Migration' was organised by the Department of Economics on 31st August 2022. Dr. S Irudaya Rajan, Chairman, THE INTERNATIONAL INSTITUTE OF MIGRATION AND DEVELOPMENT (IIIMAD) was the resource person. Dr. S. Irudaya Rajan is a renowned demographer and social scientist, known for his research on migration, social exclusion, and demographic change in India. In his invited talk on 'Social Cost of Migration', Dr. Rajan shed light on the challenges and complexities of migration and its impact on the social fabric of communities. The seminar was attended by the UG and PG students of the department of Economics.



ALPHONSA COLLEGE PALAYAKKAL
 DEPARTMENT OF ECONOMICS

Organized by

INVITED TALK ON
SOCIAL COST OF MIGRATION

DR. S IRUDAYA RAJAN
 CHAIRMAN
 International Institute of Migration and Development (IIIMAD)
 Chennai, Tamil Nadu, India

31st August 2022

10:30 AM

Seminar Hall

Ms. Divya Devi, B.A. English
 Seminar Hall 1440

Ms. Anu Mary, B.A. English
 Organising Secretary



National Seminar on 'Life writing: Form and Characteristics' organised by the departments of Hindi and Malayalam on 27-09-2022

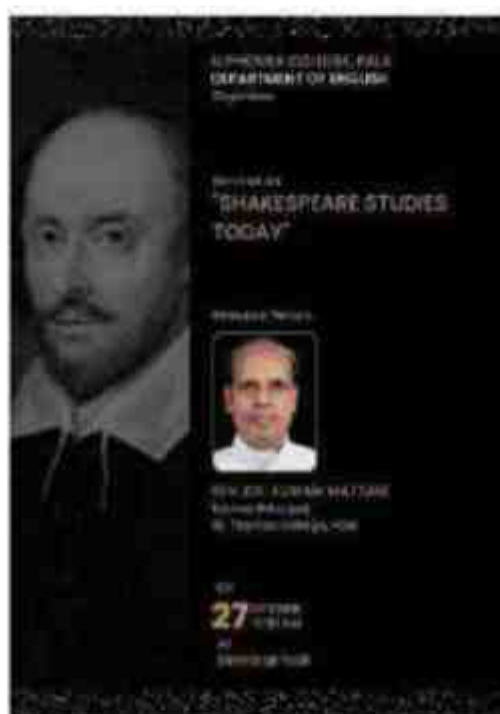
The Departments of Malayalam and Hindi, Alphonsa College, Pala in collaboration with the M.G. University Kottayam and Kurichithanam Sivaramapilla Memorial Library conducted a one day **National Seminar on 'Life writing: form and Characteristics'** on 27th September 2022. The seminar was a platform for the delegates and students to enlighten themselves of the latest trends in Life writing. The National Seminar was inaugurated by Dr. Deepesh Karimbunkara, the Eminent Writer and Head of the Dept of Malayalam, S.N.G College, Chelannur, Kozhikode. Dr. Natasha Sebastian, Dept. of Malayalam, Nesamony Memorial Christian College, Marthandam, Dr. Praneetha P, Dept. of Hindi, CUSAT, Dr. Sibi Kurian, Dept. of Malayalam, Devamatha College, Kuravilnagadu, Dr. Shobitha Joy, Dept of Malayalam, Nirmala College, Muvattupuzha, Dr. Maya S. Nair, Dept. of Malayalam, Sreekrishna College, Guruvayoor, Dr. V. S. Robert, HoD Malayalam, Malabar Christian College, Kozhikode were the resource persons for National Seminar.





Seminar on 'Shakespeare Studies Today' organised by the Department of English on 27-10-2022

The PG Department of English conducted a seminar on 'Shakespeare Studies Today' 27th October 2022. The keynote speaker was Rev. Dr. Kurian Mattam, former principal of St.Thomas College Pala, a Shakespearean Scholar.



Seminar on 'Home as Escapism in Select Poems of Kamala Das' organised by the PG Department of English on 21-11-2022

The P G Department of English organized a Seminar on the topic 'Home as Escapism in Select Poems of Kamala Das' on 21st November 2022. The Resource Person was Mrs. Pooja Thulasan (Research Scholar, Amity University, Chhattisgarh) Assistant Professor, Shanthigiri College, Vazhithala. The resource person contrasted Kamala Das's past with her present through some select poems. These poems speak about the author's wanting to go back home to bring back her peace of mind.



ALPHONSA COLLEGE, PALA
PG DEPARTMENT OF ENGLISH (SF)

Organises a Seminar on
Home as an Escapism
in select poems of
Kamala Das

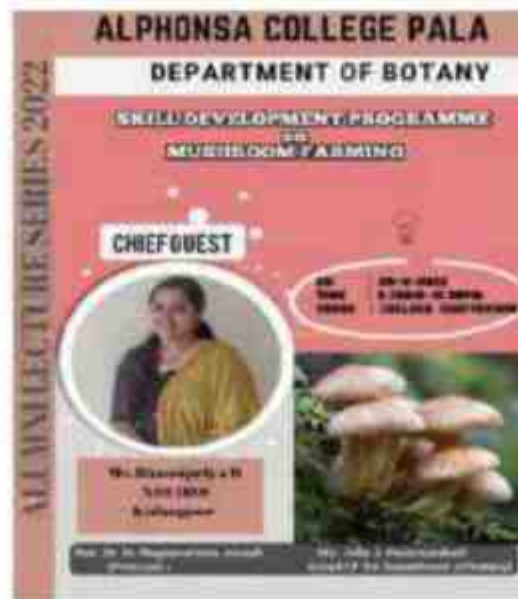
RESOURCE PERSON
Mrs. Pooja Thulasan
 Assistant Professor, Research Scholar,
 Amity University, Chhattisgarh
 Shanthigiri College, Vazhithala

On 21 November 2022
 VENUE: ROOM NO 84.
 TIME: 10.30 am



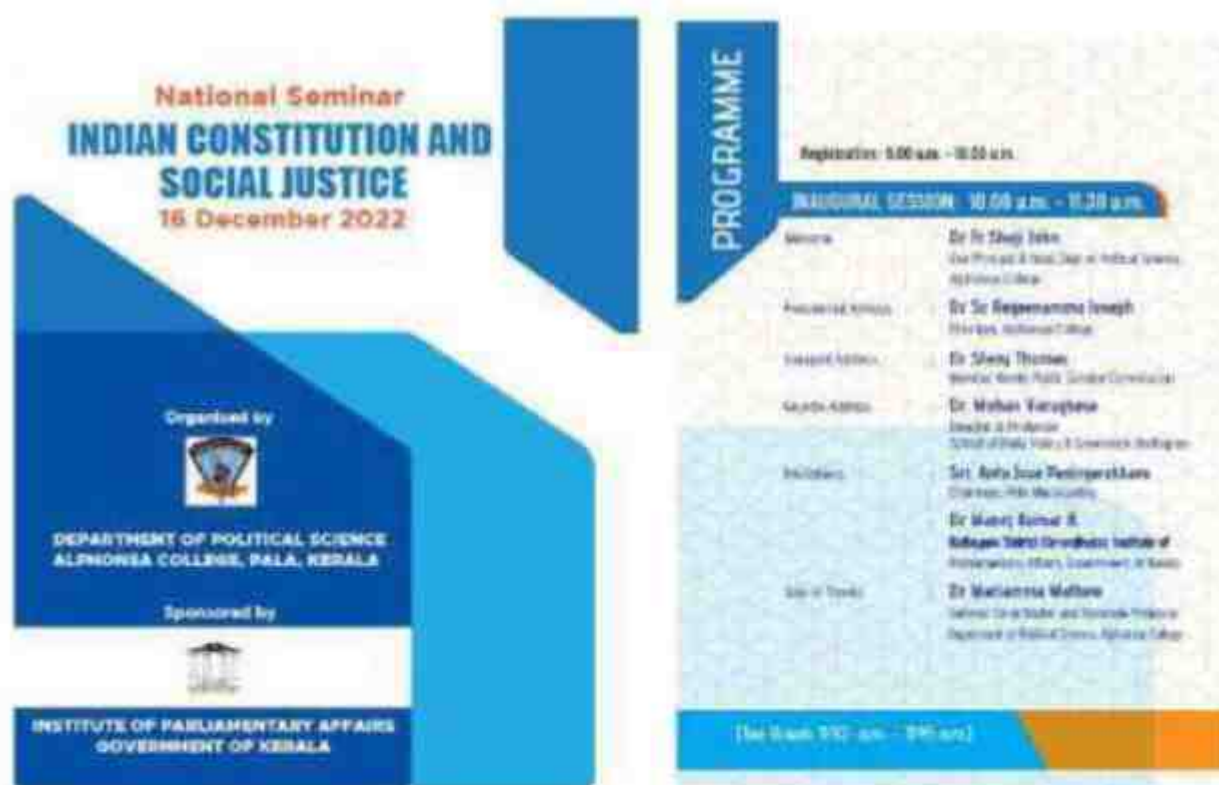
Workshop on Mushroom Farming, Department of Botany on 28-11-2022

Department of Botany, Alphonsa College Pala conducted a workshop on Mushroom farming on 28th November 2022. Ms Bhanupriya R, HSS Teacher, NSS HSS Kidangoor, Kottayam served as the resource person. Mushroom cultivation methods were explained and a hand on training was given to the students. 45 students participated in the workshop.





National Seminar on Indian Constitution and Social Justice organised by the P.G. Department of Political Science on 16-12-2022

The P.G. Department of Political Science organised a National Seminar on 'Indian Constitution and Social Justice' on 16th December 2022. Dr. Stany Thomas, Member, Kerala Public Service Commission, Fulbright Fellow, former Head of the Department of Political Science, St. Thomas College, Pala inaugurated the seminar. Dr. Mohan Varughese, Director and Professor, School of Public Policy and Governance, Bodhigram delivered the keynote address. Sr. Sheeba Pillai, School of Legal Thought, MG University talked on 'Indian Constitution and Social Justice: Need for a Reality Check'. Second session on 'Justice, Equity and Constitutionalism: Experience of Indian Democracy' was delivered by Dr. G. Gopakumar, Former V. C., University of Kerala.



**National Seminar
 INDIAN CONSTITUTION AND
 SOCIAL JUSTICE
 16 December 2022**

Organized by

 DEPARTMENT OF POLITICAL SCIENCE
 ALPHONSA COLLEGE, PALA, KERALA

Sponsored by

 INSTITUTE OF PARLIAMENTARY AFFAIRS
 GOVERNMENT OF KERALA

PROGRAMME

Registration: 8.00 am – 9.00 am

INAUGURAL SESSION: 10.00 am – 10.30 am

Guests	Dr. Stany Thomas Member, Kerala Public Service Commission, Fulbright Fellow, former Head of the Department of Political Science, St. Thomas College, Pala
Presidential Address	Dr. Sr. Sheeba Pillai School of Legal Thought, MG University
Inaugural Address	Dr. Mohan Varughese Director and Professor, School of Public Policy and Governance, Bodhigram
Keynote Address	Dr. G. Gopakumar Former V. C., University of Kerala
Speakers	Sr. Sheeba Pillai School of Legal Thought, MG University Dr. Manoj Kumar K. Assistant Director, Government of Kerala
Site of Work	Dr. Marianna Mathew Department of Political Science, Alphonsa College

[See Slides 110 – am – 115 am]

09:00 AM - 10:00 AM

Chair: Dr. Teresa Joseph
Professor, Department of Political Science,
 Alphonso College

Resource Person: Dr. Shreeja Pillai
Professor, School of Interdisciplinary Studies,
 National Centre for Gender Studies

Topic: Indian Constitution and Social Justice
 Need for a Disability Check

Resource Person: Dr. Aparna Easwaran
Associate Professor, Centre of Management
 Studies and Research, Mahatma Gandhi University

Topic: Rethinking the Slippage of 'Bare Minimum': Ours
 Devastated Tribe Community's Documentation of
 Lockdown Experience

Guest: Prof. J. J. George - 2023 guest

10:00 AM - 11:00 AM

Chair: Dr. Mohan Varughese
Teacher and Professor, School of
 Public Health, Mahatma Gandhi University

Resource Person: Dr. C. Leelakumar
Former Vice-Chancellor,
 Central University of Kerala

Topic: Justice, Equity and Constitutionalism:
 Experience of Indian Democracy

The event will be held on 14/12/22

09:00 AM - 10:00 AM

Chair: Ms. Vinisha B. James
Assistant Professor, Department of Political Science,
 St. Thomas College, Palai

Resource Person: Ms. Athira S. Praveen
Assistant Professor, Department of Political Science,
 University of Hyderabad

Topic: Historical Constitutional Debates: Weaving Threads of Justice in
 Select Drafts/Amendments of the Indian Constitution

Resource Person: Ms. Reshmya Babu
Assistant Professor, Department of Political Science,
 Reshmya Policy in India

Ms. Anu Augustine
Assistant Professor, Department of English,
 Indian Constitution: Social Justice and Welfare Check Table

10:00 AM - 11:00 AM

Resource: Ms. Shajinud Photo
Assistant Professor, Dept. of Political Science, Alphonso College

Resource Person: Dr. Fr. Jose Joseph
Director and Head, Dept. of English, Alphonso College

Resource Person: Dr. Mariamath Mathew
Assistant Professor and Faculty in Political
 Science, Department of Political Science, Alphonso College

Panelists:

- Ms. D. Joseph Thelma: Head, Alphonso College
- Dr. D. Reshmya Babu: Head, Alphonso College
- Dr. C. Leelakumar: Former Vice-Chancellor, Central University of Kerala
- Dr. Anu Augustine: Assistant Professor, Department of English, Alphonso College
- Dr. Fr. Jose Joseph: Director and Head, Dept. of English, Alphonso College
- Dr. Mariamath Mathew: Assistant Professor and Faculty in Political Science, Department of Political Science, Alphonso College

The event will be held on 14/12/22
 Dr. Mariamath Mathew: 995780001



Workshop on data analysis using Excel and SPSS by Department of Economics on 07-01-2023

The Department of Economics organized a workshop 'Data Analysis Using Excel and SPSS' on 7th January 2023 for students of the Department with an objective to prepare students for the technical requirements in the data analysis field. Ms. Roshitha Sunil, Research Analyst, Ken Research Pvt Ltd, Haryana was the resource person.



DEPARTMENT OF ECONOMICS
ALPHONSA COLLEGE, PALA

**WORKSHOP ON DATA ANALYSIS
USING STATISTICAL PACKAGE
FOR SOCIAL SCIENCES (SPSS)**

WORKSHOP OBJECTIVES :
 1) INTRODUCTION TO SPSS
 2) WORKING WITH DATA
 3) EXPLORING DATA
 4) ANALYSING DATA

GET STARTED

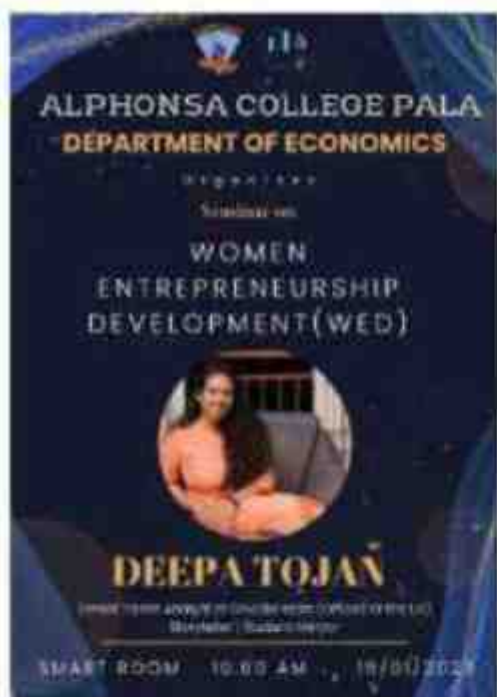
ROSHITHA SUNIL
 RESEARCH ANALYST
 KEN RESEARCH PVT. LTD, HARYANA

DATE: 07/01/2023
TIME: 09:00 AM TO 12:00 PM



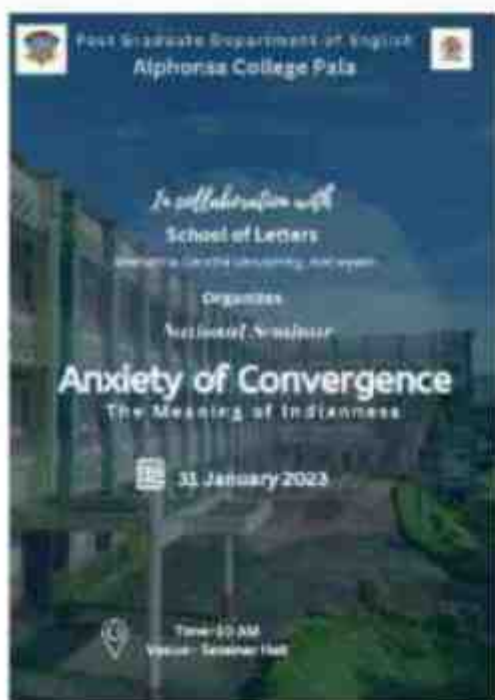
Seminar on women entrepreneurship organised by Department of Economics on 19-01-2023

The Department of economics organised a seminar on women entrepreneurship on January 19th 2023 on the topic **Women Entrepreneurship Development**. The session was led by **Deepa Tojan**, an alumna of the College, Senior Talent Analyst, Deloitte India. Ms. Deepa being a storyteller, narrated her life experiences with the students encouraging them to pursue what they want to achieve and the struggles and success of being an entrepreneur.



National Seminar on Anxiety of Convergence organised by the P.G. Department of English on 31-01-2023

A National Seminar was conducted in Blended Mode by the PG Department of English at Alphonsa College, Pala on 31st January 2023. The seminar was on the topic 'Anxiety of Convergence: The Meaning of Indianness'. The Seminar invited paper presentations and ... were presented on campus and 25 were online presentations. The sessions were conducted by Dr. Kshema Jose (Associate Professor, EFLU, Hyderabad), Dr.Simi Jose(Assistant Professor, Govt. College Kasaragod) and Dr. Rajesh V.Nair (Assistant Professor, School of Letters, M.G.University).



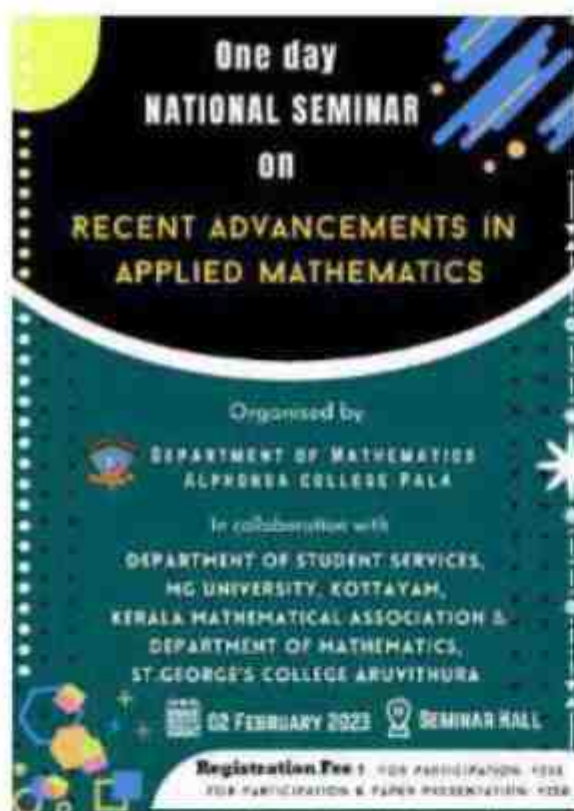
Seminar on Official Language Hindi organised by the Department of Hindi on 31-01-2023

The Department of Hindi conducted a seminar on 'Hindi Sahitya Aur Parishthitik Samvedana' on 31st January 2023. Dr. Sr Kochurani Joseph, HOD, PG and Research Dept. of Hindi, St. Thomas College, Pala was the resource person. She talked about the relevance and importance of Hindi language. She also talked about the job opportunities possible with learning Hindi.



National Seminar on Recent Advancements in Applied Mathematics organised by the Department of Mathematics on 02-02-2023

The Department of Mathematics, Alphonsa College Pala, organised a one day National seminar on 'Recent Advancements in Applied Mathematics' in collaboration with Department of Student Services, MG University Kottayam, Kerala and The Mathematical Association & Department of Mathematics, St George's College, Aruvithura on February 2nd, 2023. The Seminar aimed to create an awareness about recent developments in Applied Mathematics, was inaugurated by Dr. Sunny Kuriakose (Academic Secretary, Kerala Mathematical Association).





National Seminar on Emerging Trends in Life Sciences, Departments of Botany and Zoology on 10-03-2023

Departments of Botany and Zoology and Bhoomithrasena club, Alphonsa College Pala in association with College Development Council, Mahatma Gandhi University, Kottayam organized a National Seminar on Emerging trends in Life Sciences on 10th March 2023. Dr. Satheeshkumar P K, Professor, Centre for Advanced Study in Botany, Banaras Hindu University, Varanasi gave the keynote address. He delivered a lecture on "Genome Evolution -An environmental perspective". Dr. Linu Mathew, Professor, School of BioSciences, Mahatma Gandhi University, Kottayam led the second session on "Genome editing". The research papers on various thrust areas of the seminar were presented by research scholars from within and outside the state. Dr. Toji Thomas, Professor, Department of Botany, St. Thomas College Pala chaired the first session and Dr. Pratheeshkumar, Department of Zoology, St. Thomas College Pala chaired the second session of paper presentations.



ALPHONSA COLLEGE
 National Seminar on Emerging Trends in Life Sciences

10th March 2023
 10.00 am

Registration

Keynote Address
 Dr. Satheeshkumar P. K., Professor, Centre for Advanced Study in Botany, Banaras Hindu University, Varanasi

Session 1 Chairperson
 Dr. Toji Thomas, Professor, Department of Botany, St. Thomas College Pala

Session 2 Chairperson
 Dr. Pratheeshkumar, Professor, Department of Zoology, St. Thomas College Pala

Important Dates
 Date for Abstract Submission : 07/03/2023
 Last Date for online registration: 09/03/2023

Organized by
 PG and Research Department of Zoology,
 Department of Botany & Bhoomithrasena Club
 COLLEGE DEVELOPMENT COUNCIL,
 MAHATMA GANDHI UNIVERSITY, KOTTAYAM



THRUST AREAS
 Microbiology and Biotechnology, Plant and Animal Biotechnology, Environmental Biotechnology, Food Safety and Food Security, Biotechnology

CALL FOR PAPERS
 Those who wish to submit original papers may submit them to: 2023nsemlife@alphonsacollege.edu.in. Professor and present directly with both sets.

Registration Fee : Rs. 200/-
 Paper Presentation : Rs. 200/-

Organizing Committee
 Convener: Dr. Pratheeshkumar
 Co-Convener: Dr. Toji Thomas

Chairpersons
 Dr. Dr. Pratheeshkumar, Professor
 Dr. Toji Thomas, Vice Principal
 Dr. Dr. Pratheeshkumar, Vice Principal
 Rev. Dr. Jose Joseph, Director

Members
 Mr. Jijo P. Pothan
 Head of the Department of Botany
 Mr. M. Manoj Chackraborty
 Head of the Department of Zoology

Co-Chairpersons
 Dr. Peter Mathew Joseph and Dr. Manoj George

Members
 Dr. Chackraborty M. S., Professor, Kottayam; Dr. Chackraborty M. S., Vice-Principal, Kottayam; Dr. Chackraborty M. S., Vice-Principal, Kottayam; Dr. Chackraborty M. S., Vice-Principal, Kottayam

Members
 Dr. Chackraborty M. S., Professor, Kottayam; Dr. Chackraborty M. S., Vice-Principal, Kottayam; Dr. Chackraborty M. S., Vice-Principal, Kottayam; Dr. Chackraborty M. S., Vice-Principal, Kottayam



One day workshop on fuel conservation in association with PCRA, Govt. of India organised by the Department of Physics on 15-03 2023

The Department of Physics organised a one day workshop on fuel conservation and a quiz programme on energy conservation in association with PCRA, govt. Of India on 15th march 2023. Mr. Suresh Kumar R, Faculty, PCRA, served as the resource person and quiz master of the programme. The programme was presided by Dr. Vijutha Sunny, HoD, Department of Physics. An awareness class was held on the topic 'Save Energy for a Secure Future'. The Students are highly motivated and participated in the quiz programme. Lakshmi Saji of II DC Physics secured first prize and Anu Ann Ninan of II DC Physics and Ann Tressa Jijo of I DC physics followed with second and third prizes. A booklet of energy conservation is distributed to students in favour of the tips to conserve energy.



Workshop on Advanced Microscopy and Microphotographic techniques organised by the Research Department of Zoology on 20-03-2023 and 23-03-2023

A two day Workshop on Advanced Microscopy and Microphotographic techniques was conducted on February 20 & 23, 2023 to familiarise the students with the advanced uses of microscopes and the advanced techniques of taking photographs of microscopic objects. The workshop was attended by 26 PG students, 4 research scholars and 7 teachers of the department. The workshop was organised in association with Olympus Optosystems India Pvt.Ltd. The sessions were handled by Mr. Relief Ramakrishnan, Manager Sales, Olympus Optosystems India Pvt.Ltd.



b. Collaborative quality initiatives with other Institutions

Collaborative workshop on 'Methods and Techniques of Designing Projects in History' organised by the Department of History 23-06-2022

A one day workshop on 'Methods and Techniques of Designing Projects in History' was organized in association with 'SREE' at St Thomas College, Palai on 23/06/2022. It is intended to benefit the students of III DC of the constituent colleges of SREE, who have projects to be done in this academic year. Technical sessions were handled Dr Jojoy Thomas, Dr. Alphons George, Dr Nisha Joseph. Dr Jojoy Thomas, Assistant Professor, SD College, Kanjirapally talked on 'Preliminary Operations in Historical Writings.' Dr. Alphons George, Assistant Professor, Alphonsa College, Pala led a session on 'Synthetic Operations in Historical Writings'. Dr. Nisha Joseph, Assistant Professor, Henry Baker College, Melukavu took a class on the topic 'Analytical Operations in Historical Writings'. The workshop indeed equipped students with latest techniques and methods of designing projects in History.



Department of Chemistry in collaboration with Faith Mission conducted waste paper collection on 28-06-2022

The Department of Chemistry in association with IQAC signed the agreement with Faith Mission on 28th June 2022 on paper waste management. The used paper wastes collected from students and departments are collected by Faith Mission and reused to make HOLY BIBLE. They collected the paper wastes from the college on the same day.



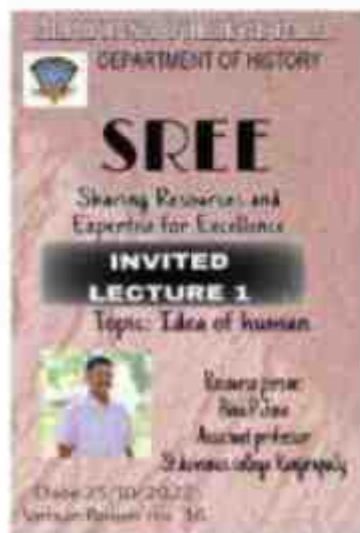
Department of Botany in collaboration with Govt. New LPS, Puliyanoor, Pala organised 'Thaliru 2022' on 11-08-2022

Department of Botany, IQAC and UBA of Alphonsa College, Pala in collaboration with Govt. New LPS, Puliyanoor, Pala organised 'Thaliru 2022', a painting competition and 'plant a tree' campaign at the School on 11th August 2022. The campaign was inaugurated by Sri. Ranjeet G Meenabhavan, President of Mutholy Grama Panchayat by planting a tree in the school yard. The painting competition was conducted for the students of the school and prize distribution was done by Dr. Sr. Regeenamma Joseph, Principal, Alphonsa College.

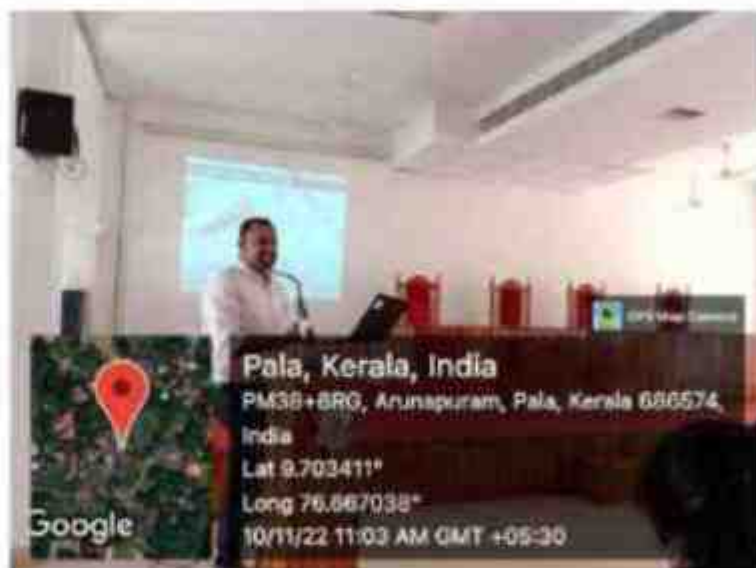


Collaborative lecture series under ‘SREE’ organised by the Department of History

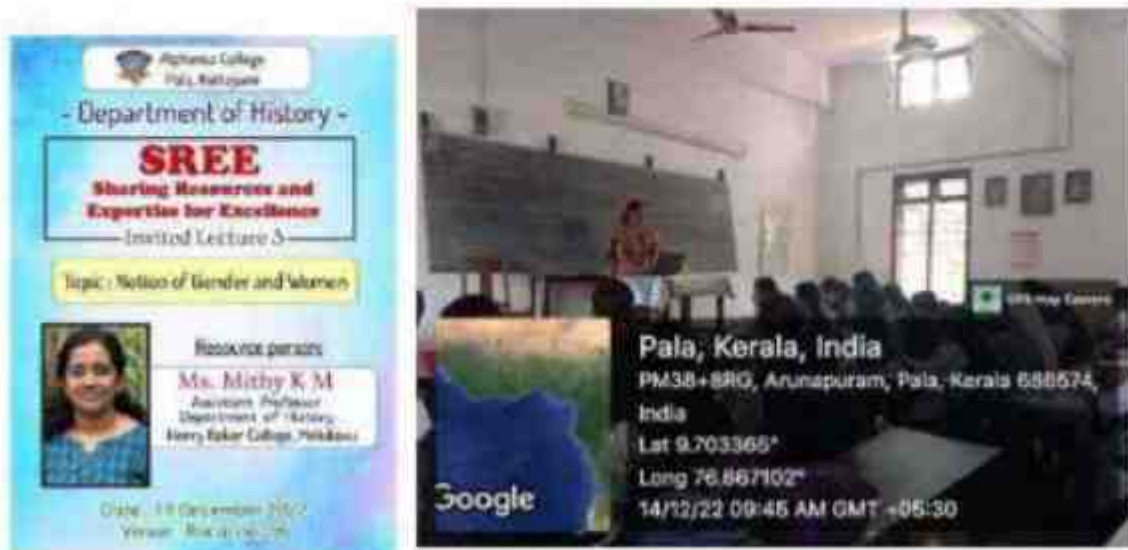
Bino. P. Jose, Assistant Professor, St Dominic’s College Kanjurapally delivered a lecture on the Topic ‘Idea of Human’ on 25th October 2022



Dr. Cyniac Jose, Assistant Professor, St Thomas college, Palai delivered a lecture on the Topic ‘The Frame Work of Archaeology’ on 10th November 2022.



Ms Mithy, Assistant Professor, Henry Baker College, Melukavu, delivered a lecture on the Topic 'Notion of Gender and Women' on 14th December 2022.



Ms Sunitha Santhan, Assistant Professor, Department of History, Alphonso College, Pala took a class on 'Motherhood in India' at Henry Baker College, Melukavu on 6/3/23



Academic Collaboration of Department of Economics with IIMAD, Trivandrum for internships and invited talks -31-08-2022

The Department of Economics of Alphonsa College, Pala, entered into an academic collaboration with the International Institute of Migration, Trivandrum 31st of August 2022 by Dr. S. Irudaya Rajan, Chairman IIMAD, and Dr. Sr.Regeenamma Joseph, Principal, Alphonsa College, Pala. Dr.S Irudaya Rajan delivered a talk on 'Social Cost of Migration'.

In his talk on 'Social Cost of Migration', Dr. Rajan shed light on the challenges and complexities of migration and its impact on the social fabric of communities.

As part of the collaboration, the students of II PG Econometrics finished their internships in IIMAD Trivandrum from January 16th to 31st 2023. The students were enrolled with the duties of data collection, data analysis, etc, and were given classes on Research Methodology, Data Cleaning, and Data Analysis using SPSS, Excel, and R.



Mega job drive- Niyukthi 2022 organised in collaboration with Kottayam District Employment Bureau on 10-12-2022

A Mega Job Fest titled 'Niyukthi 2022' was conducted in Alphonsa College, Pala on December 10, 2022 in collaboration with National Employment Service Kerala, District Employment Exchange and Employability Centre Kottayam. Sri. Mani C Kappen, MLA, Pala Constituency inaugurated the job fair in the presence of Sri. Anto Jose Padinjarekkara - Municipal Chairman, Pala, Dr. Sr. Regeenama Joseph- Principal, Rev. Dr. Shaji John- Vice Principal, Dr. Sr. Minamol Mathew - Vice Principal, Rev. Dr. Jose Joseph- Bursar, Alphonsa College, Sri. Abdurahmankutty K - Employment Deputy Director Ernakulam and Sri. Ajith A R - Kottayam District Employment Officer. 55 employers participated in the program and 4624 vacancies were reported. Out of the 5288 applicants registered on the day, 345 were spot selected and 2257 were shortlisted.



The poster for 'Niyukthi 2022' features logos of the Government of Kerala, National Employment Service Kerala, and the District Employment Exchange, Kottayam. The main text in Malayalam reads: 'നിയുക്തി 2022 മെഗാ ജോബ് ഫെസ്റ്റ്' (Niyukthi 2022 Mega Job Fest). It includes the date '2022 ഡിസംബർ 10 (തേനിമാല)' (December 10, 2022, Thennimala) and the website 'www.jobfest.kerala.gov.in'. A photograph of the Alphonsa College building is shown on the right. At the bottom, it lists '50+ കമ്പനികൾ' (50+ companies), '2000+ തസ്തികകൾ' (2000+ vacancies), and 'രജിസ്ട്രേഷൻ സൗകര്യം' (Registration facility). Contact numbers are provided at the bottom: 0481-2500445, 2503457, 2505450.



National Lecture Series conducted by the Departments of Chemistry, St Joseph's College, Moolamattom in collaboration with Alphonsa College on 21-02-2023

A collaborative National Lecture Series was organised by the Departments of Chemistry, St Joseph's College, Moolamattom and Alphonsa College, Pala on 21-02-2023 at Moolamattom. 29 students of Alphonsa College accompanied by Dr. Kochurani George and Dr. Jessica Elizabeth Philip attended the lecture. Dr. S. Anas (Associate Professor, School of Chemical Sciences, M.G University, Kottayam) and Dr. Sindhu Mathai (Assistant Professor, Department of Applied Chemistry, CUSAT) conducted the lecture series. The programme was followed by an inter collegiate quiz competition for students. Kum. Archa Nair and Kum. Agnes Joseph won the 4th place, out of 18 teams from various colleges.



c. Orientation programmes on Quality issues organised by the Institution

Orientation programme on career opportunities and soft skills organised by the Career and Placement Club from 02-06-2022

An Online seminar in collaboration with Ministry of Rural Development was held on 2 June 2022. The session introduced the project of Skill India Training of the Government of India through the Ministry of Skill Development & Entrepreneurship (MSDE). Ms. Vandana S, Project Coordinator led the session on Aviation Aerospace sector.



A seminar in collaboration with MAAC Institute, Kottayam was held on 20 June 2022. Mr. Abhijit M K led the session on short term and long-term career oriented courses in the field of Media & Entertainment like Animation, Visual Effects, Game Designing, Graphic Designing, Web Designing, Interior Designing, Video Editing, Virtual & Augmented Reality and Broadcasting.

A seminar in collaboration with Civil Services Institute, Pala was held on 28 October 2022. Fr. Sebastian Vethanath, Director and Mr Jubin James, Coordinator engaged in the session. The session gave an overview of the different posts in the Civil Services and also guidance on how to focus on preparation for exams.



Dennis Jose, MBA having 16 years of experience in teaching for UGC NET, Campus Placements aptitude exams & Soft skills engaged in the sessions on November 22 and 23 2022.

A workshop on Effective Communication and Presentation Skills was organised on January 30 & 31, 2023 by Kottayam District Employment Exchange Employability Centre. Mr Abin C. Ubaid served as the Resource Person. 74 students attended the sessions.



Orientation class on Entrepreneurship Development organised by the Department of Commerce on 15-06-2022

The Department of Commerce in association with Kerala State Industries and Commerce Department, Meenachil Centre, a Class on Entrepreneurship Development Awareness on 15th June 2022. The class on the topic 'Entrepreneurship and Government Schemes' was led by .

As part of Entrepreneurship Development, scented candles and Dish wash, Hand Wash and Liquid detergents under the product name 'SWESH' were made by the students of Department of Commerce and the items were sold to students and staff through various exhibitions and door-to-door.





Orientation programmes on Physical and Mental well-being and Value Education from 20-07-2022

Department of Chemistry and Adventure Club, Alphonsa College organized an awareness class on 'Road Safety Rules to Ensure Safety While Driving' by Mr. Prasanth K. P, Popular Driving School, Pala on July 20, 2022. 30 students actively participated in the session.



An orientation programme on the meaning and relevance of counselling was conducted by the Santhwana Counselling Centre of Alphonsa College. The session was conducted on 25th July 2022, by Sr. Mercin Mathew FCC and the class was for a selected group of seventy-four students from various departments of our college. The speaker could explain the need of counselling and how to approach it with a positive outlook.

An orientation programme on the "Importance of Healthy Food in Teenage" conducted in association with the Women Cell of Alphonsa College Pala and Department of Zoology under the sponsorship of Kerala State Women Development Corporation Ltd. on 30 September 2022. The class was taken by Miss Swapna George, HOD of the Department of Clinical Nutrition and Dietetics. It was organized in connection with "Poshan Abhiyaan Scheme" launched in 2018 by the Government of India with the aim of tackling the malnutrition problem prevalent in India. 74 students from different departments participated in the class.



On the occasion of World Mental Health Day, Santhwana Counselling Centre in collaboration with the Department of Clinical Psychology, Marian Medical Centre, Pala, conducted a suicide prevention class, "Make Mental Health and Well-being for All a Global Priority" on 10th October 2022. Mr Jerry Mathew, Consultant Clinical Psychologist, led the class.

Department of Economics and Women's cell in association with Kerala State Women's Development Corporation Ltd, organised an orientation program on Physical And Mental Well Being of Women on 28-10-2022. Dr.Anjana Chandran Medical Officer (NAM) Seethalayam Unit, Govt Homeo Hospital, Kurichy and Mrs Sneha Benny, Consultant Psychologist, Seethalayam Unit, Govt Homeo Hospital, Kurichy led the session. About 120 students participated in the session. Dr. Anjana gave awareness to the students about physical well being and the need of regular exercise, healthy diet etc. The second session of Mrs Sneha was quiet vibrant and talked about self love and self-confidence. She pointed out the importance of saying 'no' in life and talked about the difference between cognitive and emotional brain power functions.



An orientation programme was organised by the Department of Economics in association with Women’s Cell and KSWDC- Sakhi One Stop Centre, Kottayam on 23rd November 2022, to provide information to students on ‘Acts for Women safety, various schemes and services implemented for women protection’. Smt. Helena Rajan Philip, social worker and Adv. Binella, centre administrator, Sakhi one stop centre, Kottayam led the sessions. They provided detailed information to the students on various schemes provided for the support of women protection and various women related acts.



28-11-2022 SEMINAR HALL
 11:30 AM - 12:30 PM

On the occasion of the International Women's day, an invited talk on the topic 'Mental Health of a Woman In Present Scenario' was organized by the department of Mathematics by Dr Dolly Kurian, Head of the Social Works Department, BVM Holy Cross College Cherpunkal, on 8th March 2023. Dr. Sr. Dolly Kurian delivered an engaging sharing of her talk regarding the mental health of a woman in a fast changing world. Self-care is not self-indulgence, it is self-preservation is the idea shared by the resource person.



The Department of Mathematics of Alphonsa College Pala organized a holistic development program, led by Sr Teena Thudiyamplackal, gynaecologist on 15th March 2023. Sr Tessa gave a briefing on the sexual changes occurring in boys and girls and the process of menstruation and the importance of hygiene. As a prominent gynaecologist, Sr. encouraged all to keep a healthy lifestyle which includes a healthy diet and exercise.

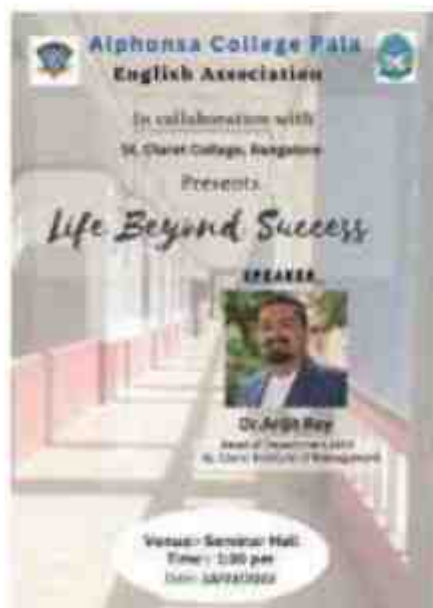
PG



The



Department of English in collaboration with St. Clare College, Bangalore conducted a workshop on 'Life beyond Success' a motivational day topic to help our students to redefine their ideas on what success is and how to consider themselves as a successful person outside academia. The session was led by Dr Arijit Roy, Head of the Department, MBA at St. Clare Institute of Management, Bangalore on 13th March 2023. The students were asked several questions and were made to write about their past achievements which have made them proud and brainstormed on their future and how to go toward success.



Orientation programmes by Centre for Gandhian Studies of Alphonsa College, Pala from 17-08-2022

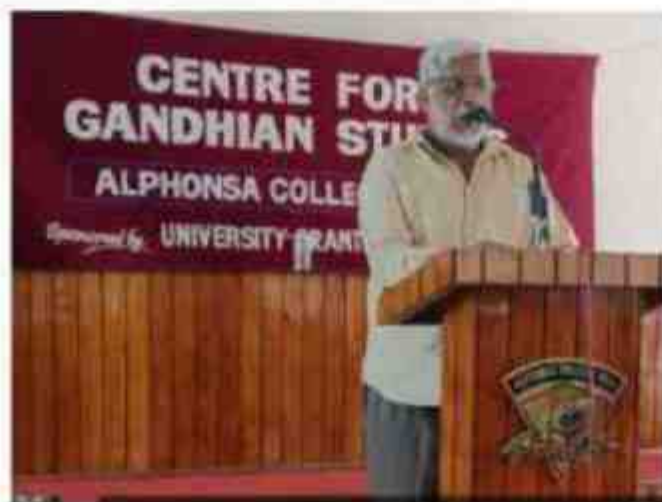


Commemorating 75 years of Indian Independence, the Centre organised an orientation programme on the theme 'Reflections on 75 Years of Independence' on 17 August 2023. The resource person for the programme was Dr. John S Moolakkattu, Editor, *Gandhi Marg* and former Professor, Department of International Relations and Politics, Central University of Kerala. Dr. Moolakkattu elaborated on the notions of freedom and swaraj, focusing on the question of nationalism, particularly the views of Tagore and Gandhi.

An orientation on 'Gandhi and Postcolonial Thought' was organised by the Centre on 5 January 2023. The resource person for the programme was Dr. Mathew Joseph C. Professor, MMAJ Academy of International Studies, Jamia Milia Islamia, New Delhi. In the overall framework of the theoretical notions of postcolonialism and Eurocentrism, Dr. Joseph put forth his arguments as to why Mahatma Gandhi needs to be taken into account as one of the first postcolonial thinkers and how he differed from other early postcolonial thinkers.

A seminar on the theme 'Gandhi: A Contemporary Reading' was organised by the Centre on 14 January 2023. Dr. Sunil P. Elayidom, Professor, Sree Sankaracharya University

of Sanskrit, recipient of the Kerala Lalithkala Akademi Kesari Award and two time recipient of the Kerala Sahitya Akademi Award, was the resource person and the session was chaired by Dr. K.M.Seethi, ICSSR Senior Fellow, Mahatma Gandhi University. Dr.Sunil P. Elayidom gave a fresh life to Gandhian principles as he spoke on Gandhi's views on modern civilization, on nationalism, and on religion. Providing a detailed account of the intricacies of Gandhi's last days, he emphasised the importance that Gandhi gave to the discovery of truth, even if it was at the cost of being inconsistent.



Workshop on Personality Development organised by Quality Circle on 22-08-2022

The Students Union and Quality Circle of Alphonsa College, Pala conducted a One day 'Workshop on Personality Development' for the students on 22 August 2022 at the Seminar Hall. The resource person for the workshop was Dr. Mini Sebastian, Assistant Professor, Department of Malayalam, Devamatha College, Kuravilangadu. 49 students of various classes and departments participated in the program. It was an interactive program with value talks, sharing life experiences, story telling and activities involving participants. The workshop was very useful for the participants as obtained through the feedback collected.



Outbound Training programme at Marian College, Kuttikkanam on 07-10-2022

An outbound training program was conducted on 7th October 2022 jointly for the third year students of Maths, Chemistry departments of Alphonsa College at Kuttikkanam Marian College. The program organized by the MBA department of the Marian college, was guided by the MBA faculty Bose George Sir and six students was aimed at training the life skills needed to revamp oneself and to advance in this modern age through competitions. OBT is an action and activity based behavioural training intervention for student development based on experiential learning methodology of "learning by doing", "hands-on experience" and includes outdoor, adventure, team building activities that engage participants to bring out the desired learning outcomes.



Orientation on Higher Education and Career Opportunities for Graduates, 11-10-2022

Department of Economics in collaboration with Jyoti Nivas College, Bangalore organized a seminar on 'Career Opportunities In The Field Of Economics' on 11th October 2022. The webinar was conducted on the platform MS Teams. The session was led by Ms. Surabh Suman, Deputy Superintendent of Police, Patna, Bihar. Ms. Sumati gave a detailed narration of various opportunities in the field of academics and profession that can be pursued after obtaining graduation in Economics.



An Orientation Programme titled 'Higher Education and Competitive Examinations for Physics Graduates' was organised for the B.Sc Physics students on 3 November 2022. The session was conducted by Dr. Jijo P.U., Associate Professor, Dept. of Physics, Government College, Kasaragod. Dr. Jijo is an excellent teacher and is a partner with various Government and International agencies. His talk enabled the students to get motivated and explore further in their career and not limit oneself to the readily available options. He talked about the importance of studying Physics, knowledge gained through experience, how to

prepare oneself for competitive exams, the scope of exams, the options available for higher education in India and so on. 75 students of the department attended the Online Session.



The Department of Mathematics conducted a session on 'How to become an actuarial expert' by Allianz Services on 28th February 2023. The session discussed new job opportunities in the changing world. Actuarial science is a discipline that assesses financial risks in the insurance and financial fields, using mathematical and statistical methods.

Scholarship orientation program for First year UG/PG students on 13-10-2022

Scholarship Cell and IQAC of Alphonsa College conducted an orientation class for first year UG and PG students for applying for government scholarships and grants on 13th October 2022. The class was led by Prof Jogy Alex, Associate Professor, St. Thomas College, Pala. All first year students of the college attended the session. The session provided information about available scholarships, eligibility criteria and application process.

ALPHONSA COLLEGE PALA

SCHOLARSHIP CELL AND IQAC
Quality Assurance

SCHOLARSHIP

Guidance for 1st year UG
and PG students for
applying government
scholarships and grants

Resource Person: Prof. Jogy Alex
Associate Professor, St. Thomas College, Pala

Venue: Seminar Hall
Time : 13-10-2022, 2.30 pm

Dr. A. Pragasam Joseph
Principal

Dr. Jyoti Sanyal
Scholarship World Officer

Dr. Jyoti Sanyal
IQAC Coordinator



Orientation programme on Intellectual Property Rights conducted by the Department of Physics on 20-12-2022

Department of Physics in association with St. Clare's College, Bangalore and National IP Awareness Mission (NIPAM) conducted a seminar on Intellectual Property Rights on December 20, 2022. The class was conducted by Mr. Jyotish Kumar, Patent Officer, Indian Patent Office. He explained about patents, the importance of obtaining patents, and its significance. He gave the details of how to file a patent, the various processes involved in patent office including scrutiny, verification and approval. Examples of popular patents awarded kept the students in awe. He also talked about trademark, copyright, geographical indication (GI) tagging etc. The session gave an awareness about Intellectual Property Rights and its importance to all. The online workshop was attended by 25 students of B.Sc Physics.



NSS Camp conducted from 27-12-2022 to 02-01-2023

NSS unit of Alphonsa College conducted a seven day camp for the volunteers from 27-12-2022 to 02-01-2023. As part of the camp, various orientation classes were organised for the students. Students participated in community extension activities in the adopted region.

Seminars on 'Personality Development' by Sri. Radhakrishnan, 'Way to Success' by Smt. Omana Radhakrishnan, Soap making by Smt. Molly John (Member Ward III, Chittar Grammapanchayath), Workshop on Screen printing and Paper bag making by Sri. Chandran Payappan and Anti drug awareness class by Rev. Fr. Joseph Moongamakal was organised for the NSS volunteers.

NSS volunteers cleaned the surroundings of St. George L.P. School at Chittar, Chittar-Valavoor Road, classrooms and surroundings of Govt. U.P. School at Poovarany, road in front of Govt. U.P. School at Poovarany and collected waste plastics from the road on those days. They also conducted a wall painting programme at St. George L.P. School Chittar. This event mainly focused on painting the cartoon characters and flowers on the school walls, thus adding a touch of beauty to it. As part of the camp a vegetable garden was done at Chittar L.P. School and Alphonsa College, Pala.

One Act Play against drug abuse by Sri. Johny Parumala and Anti drug awareness rally was organized for the members in the adopted village, Chittar. The camp was an experience for the students to reach out to the public and extend their valuable time and human resource for the betterment of the community.







National Youth Week Celebration organised by the Department of Chemistry on 13-01-2023

Department of Chemistry in association with Nehru Yuva Kendra, Kottayam, observed National Youth week on 13th January 2023. The programme was organized by Karoor Rural Development Society, Pala and Department of Chemistry, Alphonsa College Pala. The meeting was inaugurated by Sri. G. Padmakumar, Magistrate of Pala. Prof. B. Vijayakumar gave the keynote address on the topic—" VIVEKANADHANUM ADHUNIKA BHARATHAVUM". (Vivekanandan and New India). A quiz competition and essay writing competition was organised in association with the orientation programme.



Orientation programme on Union Budget 2023 organised by the Department of Economics on 21-02-2023

An orientation session on Union Budget Analysis was organized on 21st February 2023, for the students of the department to enhance their understanding of budget and its analysis. Smt. Nisha Jose, Chairperson, K.M Mani Centre For Budget Research led the session on how to analyse the announced policies in a budget and its implications. Third year UG students of the department, Aleena Meriya Saji, Theresa Cyril and Rose Mary Geo Syriac presented their analysis on different areas of Union budget 2023-24 which helped students to comprehend them effortlessly and made the session enthusiastic. During the session, Dr. Sr. Regeenamma Joseph, Principal, Alphonsa College, Pala released the e-book on analysis of budget 2023-24 prepared by the third year degree students of the department.

