

**DEVELOPMENT OF RECIPES USING CASHEW FRUIT
AND ITS POPULARISATION AMONG
ADOLESCENT GIRLS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE
PALA**



**MSc CLINICAL NUTRITION AND DIETETICS
2021-2023
PROJECT REPORT- IV SEMESTER**

**NAME: AGIYA ANN CYRIAC
REG NO: 210011017106**

**DEVELOPMENT OF COST-EFFECTIVE RECIPES USING
MICROGREENS AND ITS POPULARISATION AMONG
ADOLESCENT GIRLS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE, PALA**



**MSc. CLINICAL NUTRITION AND DIETETICS
2021-2023
PROJECT REPORT- IV SEMESTER**

**SUBMITTED BY
AGNAS TREESA MATHEW
Reg.No.210011017107**

**DEVELOPMENT OF COST EFFECTIVE RECIPES FROM WATER
MELON SEEDS AND ITS POPULARIZATION AMONG ADOLESCENT
GIRLS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE, PALA**



**M. SC CLINICAL NUTRITION AND DIETETICS
2021 – 2023**

PROJECT REPORT: IV SEMESTER

NAME: AISWARYA K

REG. NO: 210011017108

**DEVELOPMENT OF LOW FODMAP NOVEL RECIPES
USING BARLEY AND JACKFRUIT SEED AND IT'S
POPULARIZATION AMONG
IBD PATIENTS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE, PALA**



MSc. CLINICAL NUTRITION AND DIETETICS

2021-2023

PROJECT REPORT - IV SEMESTER

NAME: ANGEL THOMAS

REG NO: 210011017109

**DEVELOPMENT OF COST-EFFECTIVE RECIPES USING
FINGER MILLET AND ITS POPULARISATION AMONG
ADOLESCENT GIRLS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE, PALA**



**MSc CLINICAL NUTRITION AND DIETETICS
2021-2023**

PROJECT REPORT – IV SEMESTER

NAME: ANISHA BENNY

REG NO: 210011017110

**DEVELOPMENT OF COST-EFFECTIVE RECIPES USING FOXTAIL
MILLET AND ITS POPULARISATION AMONG ADOLESCENT
GIRLS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE
PALA**



**M. SC CLINICAL NUTRITION AND DIETETICS
2021 – 2023**

PROJECT REPORT: IV SEMESTER

Name : ANJALI A KUMAR

Reg. No : 210011017111

**DEVELOPMENT OF RECIPES USING CHIA SEEDS AND ITS
POPULARISATION AMONG ADOLESCENT GIRLS**

MAHATMA GANDHI UNIVERSITY

ALPHONSA COLLEGE, PALA



MSc. CLINICAL NUTRITION AND DIETETICS

2021-2023

PROJECT REPORT- IV SEMESTER

NAME : ANJALY THOMAS

REG.NO : 210011017112

**DEVELOPMENT OF COST EFFECTIVE RECIPIES USING
PUMPKIN SEED AND ITS POPULARISATION AMONG
ADOLESCENT GIRLS**



**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE, PALA**

MSc CLINICAL NUTRITION AND DIETITICS

2021-23

PROJECT REPORT - IVth SEMESTER

NAME: ANN MARY TOMLIN

REG.NO : 210011017113

**DEVELOPMENT OF COST-EFFECTIVE RECIPES USING
GUAVA LEAF AND ITS POPULARIZATION AMONG
ADOLESCENT GIRLS**

MAHATMA GANDHI UNIVERSITY

ALPHONSA COLLEGE

PALA



MSc. CLINICAL NUTRITION AND DIETETICS

2021-2023

PROJECT REPORT-IV SEMESTER

NAME: ARYA K R

REG NO: 210011017114

**DEVELOPMENT OF COST-EFFECTIVE RECIPES USING
SOYA CHUNKS AND ITS POPULARISATION AMONG
ADOLESCENT GIRLS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE, PALA**



**MSc CLINICAL NUTRITION AND DIETETICS
2021-2023
PROJECT REPORT - IV SEMESTER**

**NAME: ASIJA ANTONY
REG NO: 210011017115**

**DEVELOPMENT OF COST EFFECTIVE RECIPES USING ALTERNANTHERA
SESSILIS AND ITS POPULARISATION AMONG
BREASTFEEDING MOTHERS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE, PALA**



MSc CLINICAL NUTRITION AND DIETETICS

2021-2023

PROJECT REPORT-IV SEMESTER

NAME: DEVIKA PREMKUMAR

REG. NO : 210011017116

**DEVELOPMENT OF COST - EFFECTIVE INGREDIENTS USING
HOGWEED LEAVES AND ITS POPULARISATION AMONG
ADOLESCENT GIRLS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE
PALA**



**MSc. CLINICAL NUTRITION AND DIETETICS
2021-2023**

PROJECT REPORT - IV SEMESTER

**NAME: DEVINANDANA B
REG NO: 210011017117**

**DEVELOPMENT OF COST EFFECTIVE RECIPES USING COCONUT
APPLE AND IT'S POPULARISATION AMONG
ADOLESCENT GIRLS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE
PALA**



**MSc CLINICAL NUTRITION AND DIETETICS
2021-2023
PROJECT REPORT- IV SEMESTER**

**NAME: DIYA TOM
REG NO: 210011017118**

**DEVELOPMENT OF COST-EFFECTIVE RECIPES USING
DATE SEED POWDER AND ITS POPULARIZATION
AMONG YOUNG ADULTS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE, PALA**



**M.Sc. CLINICAL NUTRITION AND DIETITICS
2021-2023**

PROJECT REPORT – IV SEMESTER

**NAME: K M FATHIMA MIZAJ MAQSOOD
REG.NO: 210011017119**

**DEVELOPMENT OF COST-EFFECTIVE RECIPES USING
BANANA PEEL AND ITS POPULARISATION AMONG
ADOLESCENT GIRLS**

MAHATMA GANDHI UNIVERSITY

ALPHONSA COLLEGE, PALA



MSc. CLINICAL NUTRITION AND DIETETICS

2021-2023

PROJECT REPORT - IV SEMESTER

NAME: LINTA SEBASTIAN

REG NO: 210011017120

**DEVELOPMENT OF COST EFFECTIVE RECIPES USING
FLAX SEED AND ITS POPULARISATION AMONG
ADOLESCENT GIRLS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE, PALA**



**MSc. CLINICAL NUTRITION AND DIETETICS
2021-2023
PROJECT REPORT – IV SEMESTER**

**NAME: MINNA MATHEW
REG.NO: 210011017121**

**DEVELOPMENT OF RECIPES USING CUCUMBER SEEDS
AND ITS POPULARIZATION AMONG SEDENTARY MEN**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE
PALA**



**MSc CLINICAL NUTRITION AND DIETETICS
2021-2023
PROJECT REPORT – IV SEMESTER**

**NAME : MINTU. B. R
REG NO : 210011017122**

**DEVELOPMENT OF COST-EFFECTIVE RECIPES USING
COLACASSIA AND ITS POPULARISATION AMONG
ADOLESCENT GIRLS**

MAHATMA GANDHI UNIVERSITY

ALPHONSA COLLEGE, PALA



MSc. CLINICAL NUTRITION AND DIETETICS

2021-2023

PROJECT REPORT – IV SEMESTER

NAME: NIMISHA THERESSA TOJY

REG NO: 210011017123

**DEVELOPMENT OF RECIPES USING LOTUS SEEDS AND ITS
POPULARISATION AMONG ADOLESCENT GIRLS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE
PALA**



**MSc CLINICAL NUTRITION AND DIETETICS
2021-2023
PROJECT REPORT- IV SEMESTER**

**NAME: NISHIMA E
REG NO: 210011017124**

**DEVELOPMENT OF COST EFFECTIVE RECIPES
USING QUINOA AND ITS POPULARISATION
AMONG YOUNG ADULTS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE PALA**



**MSc CLINICAL NUTRITION AND DIETETICS
2021-2023**

PROJECT REPORT – IV SEMESTER

NAME: OLIVIA GEORGE

REG NO: 210011017125

**DEVELOPMENT OF COST EFFECTIVE RECIPES USING
ALOE VERA AND ITS POPULARISATION AMONG
ADOLESCENT GIRLS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE, PALA**



**MSc. CLINICAL NUTRITION AND DIETETICS
2021-2023
PROJECT REPORT : IV SEMESTER**

**NAME : RAJALEKSHMI.R.G
REG.NO : 210011017126**

**DEVELOPMENT OF COST EFFECTIVE RECIPES USING
HIBISCUS FLOWERS AND ITS POPULARISATION
AMONG ADOLESCENT GIRLS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE, PALA**



**M.Sc. CLINICAL NUTRITION AND DIETETICS
2021-2023**

PROJECT REPORT- IV SEMESTER

NAME: SARAH SEBASTIAN

**DEVELOPMENT OF COST-EFFECTIVE RECIPES USING
WATERMELON RIND AND ITS POPULARISATION
AMONG ADOLESCENT GIRLS**



**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE, PALA**

MSc CLINICAL NUTRITION AND DIETETICS

2021-2023

PROJECT

NAME: SHIFANA C II

REGNO: 210011017128

**DEVELOPMENT OF RECIPES USING COCONUT INFLORESCENCE
AND ITS POPULARISATION AMONG LACTATING MOTHERS**

MAHATMA GANDHI UNIVERSITY

ALPHONSA COLLEGE, PALA



MSc CLINICAL NUTRITION AND DIETETICS

2021-2023

PROJECT REPORT -IV SEMESTER

NAME: SUBAIBATH. K

REG NO: 210011017129

**DEVELOPMENT OF COST EFFECTIVE RECIPES USING
GARDEN CRESS SEEDS AND ITS POPULARISATION
AMONG ADOLESCENT GIRLS**

**MAHATMA GANDHI UNIVERSITY
ALPHONSA COLLEGE, PALA**



**MSc CLINICAL NUTRITION AND DIETETICS
2021-2023
PROJECT REPORT- IV SEMESTER**

**NAME: TEENA EDWIN
REG NO: 210011017130**

**DEVELOPMENT OF RECIPES USING SESAME SEEDS AND
ITS POPULARISATION AMONG
ADOLESCENT GIRLS**

MAHATHMA GANDHI UNIVERSITY

ALPHONSA COLLEGE, PALAI



MSc. CLINICAL NUTRITION AND DIETETICS

2021-2023

PROJECT REPORT- IV SEMESTER

NAME: TONA ELIZABETH JOSE

REG.NO: 210011017131

DEPARTMENT OF CLINICAL NUTRITION
MAZUMDAR SHAW MEDICAL CENTER
(A UNIT OF NARAYANA HEALTH)

REPORT ON HOSPITAL INTERNSHIP

SUBMITTED BY
AGIYA ANN CYRIAC



Internship for the award of degree in

MSc CLINICAL NUTRITION AND DIETETICS
ALPHONSA COLLEGE
PALA

UNDER THE GUIDANCE OF
MRS. ALLIEN, J

Senior Clinical Dietitian
Department of Clinical Nutrition,
Mazumdar Shaw Medical Centre
(A Unit of Narayana Health)
Bengaluru, 560079

**DIETITIAN INTERNSHIP REPORT
ASTER MEDCITY, KOCHI, ERNAKULAM
(FROM 2nd JANUARY 2023- 2nd JULY 2023)**

AsterMedcity
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**BY Ms. AGNAS TREESA MATHEW
MSc. CLINICAL NUTRITION AND
DIETETICS 2023**



Under the guidance of
Ms. SUSAN ITTY
**CHIEF CLINICAL NUTRITIONIST,
HEAD OF THE DEPARTMENT,
CLINICAL NUTRITION AND DIETETICS**

Clinical Nutritionist
(Supervised)
Ms. Agnas Treesa Mathew


Signature of the Clinical Nutritionist

DEPARTMENT OF DIETETICS
FORTIS HOSPITAL, BANNERGHATTA ROAD
BANGALORE

REPORT ON HOSPITAL INTERNSHIP
SUBMITTED BY
AISWARYA K

Internship for the award of degree in

MSc CLINICAL NUTRITION AND DIETETICS
ALPHONSA COLLEGE
PALA



UNDER THE GUIDANCE OF
MRS. SHALINLARAVIND
Senior Dietician
Department of DIETETICS
Bengaluru, 560076



**Atal Bihari Vajpayee Institute of Medical Sciences
and Dr. Ram Manohar Lohia Hospital**

New Delhi, India, A Central Government Hospital (Formerly Willingdon Hospital)



DEPARTMENT OF DIETETICS



REPORT ON

CLINICAL NUTRITION AND DIETETICS INTERNSHIP

SUBMITTED BY

ANGEL THOMAS

MSc. CLINICAL NUTRITION AND DIETETICS

ALPHONSA COLLEGE, PALA.

UNDER THE GUIDANCE OF

DR. MANISHA VERMA

Dietitian

ABVIMS & Dr RML Hospital

Delhi - 110001

**REPORT ON
CLINICAL NUTRITION AND DIETETICS INTERNSHIP
AT
BELIEVERS CHURCH MEDICAL COLLEGE HOSPITAL
ST THOMAS NAGAR KÜTTAPUZHA**



**SUBMITTED BY
ANISHA BENNY**



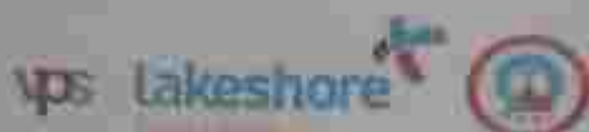
**MASTER OF SCIENCE IN CLINICAL NUTRITION AND DIETETICS
ALPHONSA COLLEGE PALA, KOTTAYAM**

**UNDER THE GUIDENCE OF
Mrs. Jyothi S Krishnan, MSc, RD**

Chief Clinical Dietician

Believer's Church Medical College Hospital

DEPARTMENT OF CLINICAL NUTRITION
VPS LAKESHORE HOSPITAL AND RESEARCH CENTRE, KOCHI KERALA



REPORT ON DIETETICS INTERNSHIP
SUBMITTED BY
ANJALI A KUMAR
(Reg.No: 210011017111)



ALPHONSA COLLEGE
PALA, KOTTAYAM - 686574
Affiliated to Mahatma Gandhi University
Accredited with A grade by NAAC

UNDER THE GUIDANCE OF
DR. MANJU P GEORGE (PhD, RD, CDE)
(REGISTRATION NO: RRD/018/2015)
CHIEF DIETITIAN
VPS LAKESHORE HOSPITAL AND RESEARCH CENTRE
NETTOOR, ERNAKULAM, KERALA
DIETETIC INTERN FOR THE PERIOD OF JANUARY 2023- JUNE 2023

**REPORT ON
CLINICAL NUTRITION AND DIETETICS INTERNSHIP
AT
BELIEVERS CHURCH MEDICAL COLLEGE HOSPITAL
ST THOMAS NAGAR KUTTAPUZHA**



**SUBMITTED BY,
ANJALY THOMAS**



**MASTER OF SCIENCE IN CLINICAL NUTRITION AND DIETETICS
ALPHONSA COLLEGE PALA, KOTTAYAM
UNDER THE GUIDENCE OF
Mrs. Jyothi S Krishnan, MSc RD
Chief Clinical Dietician
Believer's Church Medical College Hospital**

DEPARTMENT OF DIETETICS
FORTIS HOSPITAL BANNERGHATTA ROAD
BANGALORE

REPORT ON HOSPITAL INTERNSHIP

SUBMITTED BY
ANN MARY TOMLIN

Internship for the award of degree in

MSc CLINICAL NUTRITION AND DIETETICS

ALPHONSA COLLEGE
PALA



UNDER THE GUIDANCE OF
MRS. SHALINI ARAVIND
Senior Dietitian,
Department of DIETETICS
Bangalore, 560076

REPORT ON INTERNSHIP

SUBMITTED BY

ARYA K R

*Report submitted to the Mahatma Gandhi University in partial fulfillment
for the award of the Master's Degree in Clinical Nutrition and Dietetics*



DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS

ALPHONSA COLLEGE PALA

KOTTAYAM

DEPARTMENT OF CLINICAL NUTRITION
MALAYSIAN ISLAMIC MEDICAL CENTER
(TUNJUNG WAKAFUSA HEALTH)

REPORT ON HOSPITAL INTERNSHIP

SUBMITTED BY
LIDA ANTONY



Internship for the award of degree in

MSc CLINICAL NUTRITION AND DIETITICS
ALPHONSA COLLEGE
PALA

UNDER THE GUIDANCE OF
MRS. ALIENJ

Senior Clinical Dietitian
Department of Clinical Nutrition
Malaysian Islamic Medical Center
Unit of Nutrition Building
Banguloh, Seremban

REPORT ON
CLINICAL NUTRITION AND DIETETIC'S INTERNSHIP
AT
BELIEVERS CHURCH MEDICAL COLLEGE HOSPITAL,
ST THOMAS NAGAR KOTTAPUZHA



SUBMITTED BY,
DEVIKA PREMKUMAR



MASTER OF SCIENCE IN CLINICAL NUTRITION AND DIETETICS
ALPHONSA COLLEGE PALA, KOTTAYAM
UNDER THE GUIDENCE OF
Mrs. Jyothi S. Krishnan, MSc RD
Chief Clinical Dietitian
Believer's Church Medical College Hospital

REPORT ON INTERNSHIP

SUBMITTED BY

DEVISANDANA B

*Report submitted to Mahatma Gandhi University in partial fulfillment for
the award of the Master's Degree in Clinical Nutrition and Dietetics*



DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS

ALPHONSA COLLEGE, PALA

KOTTAYAM

INTERNSHIP REPORT

ASTERMEDICITY, KOCHI, ERNAKULAM

(FROM 2ND JANUARY 2023 TO 1ST JULY 2023)

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By **MR. DIVYA TOM**

MSc. CLINICAL NUTRITION AND DIETETICS 2023



Under the guidance of

MR. SUSAN ETTY
CHIEF CLINICAL NUTRITIONIST,
HEAD OF THE DEPARTMENT CLINICAL
NUTRITION AND DIETETICS

Clinical Nutritionist
Department of
Clinical Nutrition and Dietetics
Aster Medicity, Cochin

**CLINICAL CASE STUDIES,
HOSPITAL INTERNSHIP REPORT.
DEPARTMENT OF CLINICAL NUTRITION AND DIETITICS,
MEITRA HOSPITAL, CALICUT
(FROM 02/01/23 – 30/06/23)**



**SUBMITTED BY:
K M FATHIMA MIZAJ MAQSOOD**

**MSc CLINICAL NUTRITION AND DIETITICS DEPARTMENT
ALPHONSA COLLEGE, PALA**



**UNDER THE GUIDANCE OF
MRS. SANDHYA SURESH
CHIEF CLINICAL NUTRITIONIST AND THE HEAD OF DEPARTMENT.
DEPARTMENT OF CLINICAL NUTRITION AND DIETITICS,
MEITRA HOSPITAL, CALICUT**

REPORT ON INTERNSHIP

SUBMITTED BY
LINTA SEBASTIAN

Report submitted to
MAHATMA GANDHI UNIVERSITY
in fulfilment for the award of
Master's degree in Clinical Nutrition and Dietetics



DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS
ALPHONSA COLLEGE PALA
KOTTAYAM

INTERNSHIP REPORT
ASTER MEDCITY, KOCHI, ERNAKULAM
(FROM 2nd JANUARY 2023- 2nd JULY 2023)

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BY Ms. MINNA MATHEW
MSc. CLINICAL NUTRITION AND DIETETICS 2023



Under the guidance of
Ms. SUSAN ITTY
CHIEF CLINICAL NUTRITIONIST,
HEAD OF THE DEPARTMENT,
CLINICAL NUTRITION AND DIETETICS

Clinical Nutritionist
Dental College
Clinical Nutrition and Dietetics
Aster Medcity, Kochi


Signature of the Clinical Nutritionist

DEPARTMENT OF CLINICAL NUTRITION
MAZUMDAR SHAW MEDICAL CENTER
(A UNIT OF NARAYANA HEALTH)

REPORT ON HOSPITAL INTERNSHIP

SUBMITTED BY
MINTU. B. R



Internship for the award of degree in

MSc CLINICAL NUTRITION AND DIETETICS
ALPHONSA COLLEGE
PALA

UNDER THE GUIDANCE OF
MRS. ALLIEN. J

Senior Clinical Dietitian

Department of Clinical Nutrition

Mazumdar Shaw Medical Centre

(Unit of Narayana Health)

Bengaluru, 560099

REPORT ON INTERNSHIP

SUBMITTED BY

NIMISHA THERESSA TOJY

Report submitted to the Mahatma Gandhi University in partial fulfilment for the award of the Master's Degree in Clinical Nutrition and Dietetics



DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS

ALPHONSA COLLEGE PALA

KOTTAYAM

REPORT OF DIETETIC INTERNSHIP AT
KIMS AL SHIFA SUPER SPECIALITY HOSPITAL
SUBMITTED IN PRACTICAL FULFILLMENT FOR THE
DEGREE OF
MSc. CLINICAL NUTRITION AND DIETETICS
MAHATMA GANDHI UNIVERSITY



BY

MS. NISHMA E

ALPHONSA COLLEGE, PALA

REG. No: 210011017124

UNDER THE SUPERVISION OF

MRS. BRIJITHA K

**(SENIOR DIETITIAN INCHARGE OF KIMS AL SHIFA
HOSPITAL)**

DIETITIAN INTERNSHIP REPORT
ASTER MEDCITY, KOCHI, ERNAKULAM
(FROM 2nd JANUARY 2023- 2nd JULY 2023)

AsterMedcity
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BY Ms. OLIVIA GEORGE
MSc. CLINICAL NUTRITION AND
DIETETICS 2023



Under the guidance of
Ms. SUSAN ITTY
CHIEF CLINICAL NUTRITIONIST,
HEAD OF THE DEPARTMENT,
CLINICAL NUTRITION AND DIETETICS

Signature of the Clinical Nutritionist

Clinical Nutritionist
Department of
Clinical Nutrition and Dietetics
Aster Medcity, Kochi, Ernakulam

REPORT ON INTERNSHIP

SUBMITTED BY
RAJALEKSHMI R G

Report submitted to the Mahatma Gandhi University
in partial fulfilment for the award of the
Master's Degree in Clinical Nutrition And Dietetics



DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS
ALPHONSA COLLEGE PALA
KOTTAYAM

DIETITIANSHIP PAPER (I)

ASTERMEDICITY, KOCHI, ERNAKULAM

(FROM 7TH JANUARY 2023 (1ST JULY 2023)

AsterMedcity
We'll Treat You Well



BY Ms. SARAH SEBASTIAN

MSc. CLINICAL NUTRITION AND DIETETICS 2023



Under the guidance of

Ms. SUSAN TITTY
CHIEF CLINICAL NUTRITIONIST,
HEAD OF THE DEPARTMENT CLINICAL
NUTRITION AND DIETETICS

*Clinical Nutritionist
Department of
Clinical Nutrition and Dietetics
AsterMedcity Hospital*

DEPARTMENT OF DIETETICS
FORTIS HOSPITAL BANNERGHATTA ROAD
BANGALORE



REPORT ON HOSPITAL INTERNSHIP

SUBMITTED BY

SHIFANA C H

internship for the award of degree in
MSc CLINICAL NUTRITION AND DIETETICS

ALPHONSA COLLEGE

PALA



UNDER THE GUIDANCE OF

MRS. SHALINI ARAVIND

Chief Dietician

Department of DIETETICS

Bengaluru, 560076.

**DEPARTMENT OF CLINICAL NUTRITION
MAZUMDAR SHAH MEDICAL CENTER
(A UNIT OF NARAYANA HEALTH)**

REPORT ON HOSPITAL INTERNSHIP

SUBMITTED BY
SUBAIRATH K



Internship for the award of degree in
MSc CLINICAL NUTRITION AND DIETETICS
ALPHONSA COLLEGE,
PALA.

UNDER THE GUIDANCE OF

MRS. ALLIEN J

Senior Clinical Dietitian

Department of Clinical Nutrition

Mazumdar Shah Medical Center

(A Unit of Narayana Health)

Bengaluru 560099

**DEPARTMENT OF CLINICAL NUTRITION
MAZUMDAR SHAH MEDICAL CENTER
(A UNIT OF NARAYANA HEALTH)**

REPORT ON HOSPITAL INTERNSHIP

**SUBMITTED BY
TEENA EDWIN**



Internship for the award of degree in
MS: CLINICAL NUTRITION AND DIETETICS
ALPHONSA COLLEGE,
PALA.

**UNDER THE GUIDANCE OF
MRS. ALLEN J.**

Senior Clinical Dietitian

Department of Clinical Nutrition

Mazumdar Shah Medical Center

(A Unit of Narayana Health)

Bengaluru 560099

**REPORT ON
CLINICAL NUTRITION AND DIETETICS INTERNSHIP
AT
BELIEVERS CHURCH MEDICAL COLLEGE HOSPITAL**



ST THOMAS NAGAR KUTTAPUZHA

**SUBMITTED BY,
TONA ELIZABETH JOSE**



MASTER OF SCIENCE IN CLINICAL NUTRITION AND DIETETICS

ALPHONSA COLLEGE PALA, KOTTAYAM

UNDER THE GUIDENCE OF

Mrs. Jyothi S Kriahnan, MSc RD

Chief Clinical Dietician

Request for Six Months Dietary Internship for II M.Sc. students

4 messages

clinical nutrition <acpclinical95@gmail.com>
To: Dietician BCMCH <dietician@bcmch.org>

Tue, Aug 2, 2022 at 9:47 PM

Dear Madam,


Requesting your permission for Six Months Dietary Internship for II M.Sc. students. Kindly see the attachment enclosed herewith.

Mrs. Sangeeta George
BPH, Post Graduate Department of Clinical Nutrition and Dietetics
Alyssa College Pala

ADUVAPERAM P.O, KOTTAYAM DIST., KERALA STATE-686574

Email: acpclinical95@gmail.com

Website: www.alyssacollege.org, Ph: 04822-212447, Fax:04822-216447

 **DIETARY INTERNSHIP BELIEVERS.docx**
40K

Dietician BCMCH <dietician@bcmch.org>
To: clinical nutrition <acpclinical95@gmail.com>

Wed, Aug 3, 2022 at 9:30 AM

Dear Madam,
Thank you for the mail.

We will be able to accept the interns. We will schedule interview date for them this month itself.

Regards
Jyothis S Krishnan RD

Chief Dietician

Believers Church Medical college Hospital

St. Thomas Nagar, P.O Box-31

Kumpuzha, Thiruvalla Pin 689103

Phone: 0469-3023100,3023101

Info@bcmch.org, www.bcmch.org

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Believers Church
MEDICAL COLLEGE HOSPITAL

Believers Church Medical College Hospital
St. Thomas Nagar, Kumpuzha P. O .Thiruvalla 689103
www.bcmch.org

Request for Six Months Dietary Internship for II M.Sc. students

4 messages

clinical nutrition <accpclinical9@gmail.com>
To: Dietary <dietary@bth.org.in>

Tue, Aug 2, 2022 at 8:52 PM


Dear Madam,

Requesting your permission for Six Months Dietary Internship for II M.Sc. students. Kindly see the attachment included hereafter.

—
Mrs. Swapna Kumar,
MBA Post Graduate Department of Social Sciences and Humanities,
Alphonsa College, India

LIVONAP, KAVAYO, KOTTAYAM DIST., KERALA STATE-686714

Email: accpclinical9@gmail.comWebsite: www.alphonsacollege.org, Ph: 88822-21244*, Fax: 8822-21644*

 **DIETARY INTERNSHIP - BAPTIST.docx**

40K

Dietary <dietary@bth.org.in>
To: clinical nutrition <accpclinical9@gmail.com>
Cc: "academicctrstg@gmail.com" <academicctrstg@gmail.com>

Wed, Aug 3, 2022 at 11:27 AM

Dear Dr Swapna

Yes, they can come.

We appreciate the long academic relationship with Alphonsa College

As much as I will definitely accommodate the 5 students, I would like to get absolute confirmation from the institution as I will have to plan the admission of other students who may request.

Thank you

Daphne

From: clinical nutrition <accpclinical9@gmail.com>
Sent: Tuesday, August 2, 2022 9:55 PM
To: Dietary <dietary@bth.org.in>
Subject: Request for Six Months Dietary Internship for II M.Sc. students

[Quoted text hidden]

clinical nutrition <accpclinical9@gmail.com>
To: Dietary <dietary@bth.org.in>

Wed, Aug 3, 2022 at 1:29 PM

Dear Madam

Thank you for your response. We are also happy to keep a harmonious relationship with Baptist. We will send 5 of our students for the dietary internship program from January 1st 2023 to June 30th 2023. This is time period we are scheduled. In case any university exam comes in between, there may some change, hope everything will go smoothly.

Ma'am kindly inform us the rules and regulations, training fees, accommodation facilities etc.

Request for Six Months Dietary internship for II M.Sc. students

12 messages

clinical.nutrition.naap@clinicaln@gmail.com
To: shalini.arvind.rishitini.arvind@fortishealthcare.com

Fri, Aug 26, 2022 at 2:05 PM

Hi, I am Swapna
With this address Department of Allied Nutrition and Health
Alphina College, Kozh.

ANURUP K S M P M KOTTAYAM DIST, KERALA STATE INDIA

Email: swapna2711@gmail.com


Website: www.alphina.ac.in, Ph: 84822-22447, Fax: 04822-22447

Dear Madam

Respecting your permission for Six Months Dietary Internship for II M.Sc. students. Kindly see the attachment enclosed herewith.

Thanks and Regards

Swapna George

 DIETARY INTERNSHIP - FORTIS.docx

shalini.arvind.rishitini.arvind@fortishealthcare.com
To: clinical.nutrition.naap@clinicaln@gmail.com

Mon, Aug 22, 2022 at 8:30 PM

Dear Ms Swapna,

Hope this is non RD internship.

Regards,
Shalini

From: clinical.nutrition.naap@clinicaln@gmail.com
Sent: Saturday, August 20, 2022 8:35 AM
To: shalini.arvind.rishitini.arvind@fortishealthcare.com
Subject: Request for Six Months Dietary Internship for II M.Sc. students

**** Attention! External Email! Do not open attachments or click links unless you are sure this email comes from a known sender and you know the content is safe. ****

(Please see below)

Disclaimer

This email was sent from within the Fortis Group of companies. The contents of this email, including the attachments,

mailto:sonia.vallbo@univie.ac.at
To: sonia.vallbo@univie.ac.at

Thu, Aug 21, 2023 at 11:20 PM

Dear M. Serrano,

Hope this is not too early!

Regards,
Sonia

From: Sonia Vallbo <sonia.vallbo@univie.ac.at>
Sent: Monday, August 20, 2023 at 11:01 AM
To: sonia.vallbo@univie.ac.at
Subject: Meeting for the Month: Memory training for T.M.U. students

** Attached: Training video: Social skills attachment to (SM) and to non-pet (NP) and (SM) and (NP) video. There is a short version and you have the content of SM NP **

Download video:

Download:

For email received from within the Zurich Group of caregivers. The content of the email, including the attachments,

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mailto:sonia.vallbo@univie.ac.at
To: sonia.vallbo@univie.ac.at

Thu, Aug 21, 2023 at 11:30 AM

Dear Hagen,

I received the video. Thank you for the information regarding the training program for the T.M.U. students.

Thanks & Regards,
Sonia Vallbo PhD
Department of Psychology, University of Vienna
Institute for Cognitive Psychology
sonia.vallbo@univie.ac.at

mailto:sonia.vallbo@univie.ac.at
To: sonia.vallbo@univie.ac.at

Thu, Aug 21, 2023 at 12:48 PM

Hi, I will send you the video when you get the chance to (SM) and (NP) and (SM) and (NP) video.

Regards,
Sonia

From: Sonia Vallbo <sonia.vallbo@univie.ac.at>
Sent: Monday, August 21, 2023 at 11:01 PM
To: sonia.vallbo@univie.ac.at
Subject: Meeting for the Month: Memory training for T.M.U. students

Download video:

mailto:sonia.vallbo@univie.ac.at
To: sonia.vallbo@univie.ac.at

Thu, Aug 21, 2023 at 11:41 AM

Hi, I received the video. Thank you for the information regarding the training program for the T.M.U. students.

Thanks & Regards,
Sonia Vallbo PhD
sonia.vallbo@univie.ac.at

mailto:sonia.vallbo@univie.ac.at
To: sonia.vallbo@univie.ac.at

Thu, Aug 21, 2023 at 11:55 AM

Hi, I will send you the video when you get the chance to (SM) and (NP) and (SM) and (NP) video.

Regards,
Sonia

From: Sonia Vallbo <sonia.vallbo@univie.ac.at>
Sent: Monday, August 21, 2023 at 11:01 PM
To: sonia.vallbo@univie.ac.at
Subject: Meeting for the Month: Memory training for T.M.U. students

Download video:

Request for Six Months Dietary Internship for II M.Sc. students

1 message

clinical.nutrition <clinicalnut0@gmail.com>

Tue, Sep 13, 2022 at 8:30 PM

To: subbulakshmi M <SUBBULAKSHMI.M@narayanahealth.org>, Emmanu O R <emmanu.or@narayanahealth.org>

Dr. Sangeetha
 HOD, Diet & Nutrition Department of Clinical Nutrition and Dietetics
 Narayana College Pal

ARUNAPURAM P.O. KOTTAYAM DIST. KERALA INDIA 686574

Email: sangeetha@narayanahealth.org

Website: www.narayanahealth.org, Ph: 94472-212447, Fax: 94472-214447

Dear Madam,

Requesting your permission for the Six Months Dietary Internship for II M.Sc. students. Kindly see the attachment enclosed herewith.

Thanks and Regards

Sangeetha

 **DIETARY INTERNSHIP - NARAYANA HRUDAYALAYA.docx**
40K

clinical.nutrition <clinicalnut0@gmail.com>

Wed, Sep 21, 2022 at 10:34 PM

To: subbulakshmi M <SUBBULAKSHMI.M@narayanahealth.org>

Quoted email body

 **DIETARY INTERNSHIP - NARAYANA HRUDAYALAYA.docx**
40K

Emmanu O R <emmanu.or@narayanahealth.org>

Wed, Sep 21, 2022 at 2:01 PM

To: clinical.nutrition <clinicalnut0@gmail.com>, subbulakshmi M <SUBBULAKSHMI.M@narayanahealth.org>

Acknowledged

Regards

Emmanu

Get Outlook for Android

From: clinical.nutrition <clinicalnut0@gmail.com>

Sent: Tuesday, September 13, 2022 8:30:09 PM

To: subbulakshmi M <SUBBULAKSHMI.M@NARAYANAHEALTH.ORG>, Emmanu O R <emmanu.or@narayanahealth.org>

Subject: Request for Six Months Dietary Internship for II M.Sc. students

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Source: clinicalnut0@gmail.com



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Subbutekshmi M <SUBBUTEKSHMI.M@narayanahealth.org>
 To: clinical.support.narayanahealth@gmail.com

Wed, Sep 21, 2022 at 3:21 PM

Dear Students,

Regarding your internship at NH, Students have to bring hard copy on the date of joining :-

1. Duly filled attached application
2. CV
3. Recommendation letter (hard copy)
4. 2 Passport size photos
5. Demand draft - Rs. 1170 / per month drawn in favour of "Narayana Healthways Ltd", payable at Bangalore

Feel free to contact if there is any query

Regards
 Subbutekshmi
 9742266511

From: Emmanu D S <EMMANU.DS@narayanahealth.org>

Sent: 20 September 2022 3:03:31

To: clinical.support.narayanahealth@gmail.com; Subbutekshmi M <SUBBUTEKSHMI.M@NH.ORG>

NARAYANAHEALTH.ORG

Subject: Re: Request for Six Months Dietary Internship for B.M.Sc. students

Quoted email:

APPLICATION 4 Internship (1).docx

clinical.support.narayanahealth@gmail.com

To: subbutekshmi M <SUBBUTEKSHMI.M@narayanahealth.org>

Wed, Sep 21, 2022 at 1:03 PM

Thank you team for granting permission to 5 of our students to do their internship at dietary department in your hospital

Regards
 Deepika George
 (Dietary department)

clinical.support.narayanahealth@gmail.com

To: subbutekshmi M <SUBBUTEKSHMI.M@narayanahealth.org>

Sat, Dec 17, 2022 at 11:50 AM

Dear Madam

As per our previous communication, 5 of our students will join for their 6 months Dietary Internship on January 1st 2023. Following is the list of students who are joining

Reg :- Internship in Nutrition & Dietetics Department

3 messages

Wed, Nov 23, 2022 at 1:38 PM

HR Dept, KIMS AL SHIFA <hrd@kimsalshifa.com>
To: "accclinical98@gmail.com" <accclinical98@gmail.com>

Dear Madam,

Greetings from KIMS Alshifa Hospital.

This is to inform you that we have no objection to carry out the internship training by **Ms. Nishrta E.** student of Alphonso College, Pala for a period of 6 months in our Nutrition & Dietetics department.

Regards ,

HR Team

KIMS Alshifa Healthcare Private Limited
P# Inc. 26, Costa Road, Punalayam Road,
Phone: 04922-211447 | Fax: +1288

Wed, Nov 23, 2022 at 1:50 PM

clinical nutrition <accclinical98@gmail.com>
To: "HR Dept, KIMS AL SHIFA" <hrd@kimsalshifa.com>

Thank you for the information.
(Quoted text hidden)

Tue, Dec 20, 2022 at 11:57 AM

clinical nutrition <accclinical98@gmail.com>
To: "HR Dept, KIMS AL SHIFA" <hrd@kimsalshifa.com>

Dear Madam,

As per our previous communication, Ms. Nishrta E will join on January 1st 2023 for six months dietary internship.

Thanks and regards

Svapna George

(Quoted text hidden)

Ms. Swapna George

HRD, Head Coordinator, Department of Clinical Nutrition and Dietetics,
Alphonso College Pala

ALI NAJIBUDDIN P.O. KOTTAYAM DIST., KERALA STATE-686114

Email: accclinical98@gmail.com

Website: www.alphonsocollege.org, Ph: 04922/211447, Fax:04922/216447

Request for Six Months Dietary Internship for II M.Sc. students

5 messages

clinical.nutrition <accclinical98@gmail.com>

To: Chief Dietitian <chiefdietitian@lakeshorehospital.org>

Tue, Aug 2, 2011 at 9:55 PM

Dear Madam,

Requesting your permission for Six Months Dietary Internship for II M.Sc. students . Kindly see the attachment enclosed herewith.

-

Mrs. Saranya George

10117,Post Graduate Department of Clinical Nutrition and Dietetics,

Mylapore College-Pala

ARUNAPURAM PO, KOTTAYAM DIST, KERALA PIN 686447

E-mail: saranya98@gmail.com

Website: www.lakeshorecollege.org, Ph: 9822-213447, Fax: 94931-213447

 DIETARY INTERNSHIP - LAKESHORE.docx
40K

Chief Dietitian <chiefdietitian@lakeshorehospital.org>

To: clinical.nutrition <accclinical98@gmail.com>

Wed, Aug 3, 2011 at 9:12 AM

Dear Ms. Saranya

It was already communicated, and I have asked Arjun to come for the test and interview.

Kind regards,

Theresa A Rajan

Marji P. George, RD

Reg. No. - RRD-018/2018

Chief Dietitian

Dept. of Clinical Nutrition

Ph. 0484-277-2154

ORCID ID: <https://orcid.org/0000-0007-0807-8648>

Internship - KESSIA.K.SAM

2 messages

Sat, Dec 3, 2022 at 9:58 AM

ELITE MISSION HOSPITAL <info@elitemissionhospital.com>
To: acpclinical98@gmail.com
Cc: ELITE MISSION HOSPITAL <info@elitemissionhospital.com>


Dear Smt. Swapna,

With reference to your request letter dated 3.11.2022 for six months Dietary Internship for Ms. Kessia K Sam, we are pleased to grant her permission to do her Internship at Elite Mission Hospital

Regards,

Administrator

—
ELITE MISSION HOSPITAL
KOORKKENCHERY P O, THRISSUR-680007, KERALA, INDIA
PHONE: +91 487 2436100

 Request Letter - Alphonse College.pdf
57K

Sat, Dec 17, 2022 at 4:41 PM

clinical nutrition <acpclinical98@gmail.com>
To: ELITE MISSION HOSPITAL <info@elitemissionhospital.com>

Noted with thanks.

[Quoted text hidden]



clinical nutrition <acpclinical3@gmail.com>

Request for Six Months Dietary Internship for II M.Sc. students

Rahana Rajan <rahana.rajan@assterhospital.com>

Mon, Aug 22, 2022 at 9:52 AM

To: clinical nutrition <acpclinical3@gmail.com>; Susan Ily <susan.ily@assterhospital.com>

Dear Mam,

This is to inform you that the above mentioned five students have been selected for 6 months internship from January 2023. The joining dates and procedures will be intimated personally from the HR Department of Asster Medicaly.

Regards
Rahana Rajan M
Senior Clinical Dietician
Asster Medicaly

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From: clinical nutrition <acpclinical3@gmail.com>

Sent: Tuesday, August 2, 2022 9:52:05 PM

To: Susan Ily <susan.ily@assterhospital.com>

Cc: Rahana Rajan <rahana.rajan@assterhospital.com>

Subject: Request for Six Months Dietary Internship for II M.Sc. students

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2 - 2022 08 22 09:52 AM

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Regarding selection of Angel Thomas for 6 months internship Dr RMLH & ABVIMS

2 messages

Dr. Manisha Verma <dr.manishaverma1@gmail.com>
To: accclinical98@gmail.com

Fri, Dec 16, 2022 at 11:32 AM

This is to inform you that Ms. Angel Thomas has been selected for internship in our institute w.e.f first week of January 2023.

joining letter will be issue to candidate on joining date

Thanks and Regards
Dr. Manisha Verma
Diabetian
Dr RMLH & ABVIMS
New Delhi

clinical nutrition <accclinical98@gmail.com>
To: "Dr. Manisha Verma" <dr.manishaverma1@gmail.com>

Sat, Dec 17, 2022 at 4:40 PM

Dear Madam

Thank you for considering our request regarding the six months dietary internship of Ms. Angel Thomas.

Thanks and regards
Sudha George (HOD)
(Signed text file)



clinical nutrition  02/08/2022

Dear Madam Requesting your permission
for Six Months Dietary Internship for IIM.Sc.



Dietician BCMCH 03/08/2022

to me ▾



Dear Madam ,
Thank you for the mail

We will be able to accept the interns , will schedule
interview date for them this month itself .

Regards

Jyothi S Krishnan RD

Chief Dietician

Believers Church Medical college
Hospital

St. Thomas Nagar ,P.O Box-31

Kuttapuzha,Thiruvalla.Pin 689103

Phone: 0469-3023100,3023101

Info@bcmch.org , www.bcmch.org

Show quoted text



Believers Church

MEDICAL COLLEGE HOSPITAL

Believers Church Medical College Hospital

St. Thomas Nagar, Kuttapuzha P. O ,Thiruvalla 689103

www.bcmch.org



shalini arvind 31/08/2022

to me ▾



We can go ahead for non RD Internship

[Get Outlook for Android](#)

From: clinical nutrition

<acpclinical98@gmail.com>

Sent: Monday, August 29, 2022 11:47:53 AM

To: shalini arvind <shalini.arvind@

fortishealthcare.com>

[Show quoted text](#)

[Show quoted text](#)



clinical nutrition 31/08/2022

Thank you ma'am for considering our request and granting us permission. Here is the list



shalini arvind 02/09/2022

to me ▾



We can go ahead for non RD Internship

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From: clinical nutrition

<acpclinical98@gmail.com>

Sent: Monday, August 29, 2022 11:47:53 AM

To: shalini arvind <shalini.arvind@

We can go ahead for non RD internship

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From: clinical nutrition

<acpclinical98@gmail.com>

Sent: Monday, August 29, 2022 11:47:53 AM

To: shalini arvind <shalini.arvind@fortishealthcare.com>

Show quoted text

Show quoted text



clinical nutrition 31/08/2022

to shalini ✓



Thank you ma'am for considering our request and granting us permission.

Here is the list of students who are coming

1. Aiswarya K
2. Shifana C.H
3. Annmary Tomlin

Ma'am could you please tell us the training fee and rules and regulations if any.

Thanking you
Swapna George



APPLICATIO...hip (1).docx





APPLICATION..hip (1).docx



clinical nutrition 21/09/2022

to subbulakshmi



From: clinical nutrition <apoclinica198@gmail.com>

To: subbulakshmi M <SUBBULAKSHMI.M@narayanahealth.org>

Date: 21 Sept 2022, 7:03 pm

[See security details](#)

Thank you team for granting permission to 6 of our students to do their internship at dietry department in your hospital.

Regards
Swapha George

[Show quoted text](#)

8



clinical nutrition 3 Jun

to Emmanj



Dear Students,

Regarding your internship at NH; Students have to bring hard copy on the date of joining :

1. Duly filled attached application
2. CV
3. Recommendation letter (Hard copy)
4. 2 Passport size photos
5. Demand draft - Rs. 1770 / per month drawn in favour of 'Narayana Hrudayalaya Ltd', payable at Bangalore

feel free to contact if there is any query

Regards
Subbulakshmi
8742266511

Request for Six Months Dietary Internship for II M.Sc students



Inbox



clinical nutrition 12/10/2022

Mrs. Swapna George HOD, Post Graduate
Department of Clinical Nutrition and



Meitra Academy C... 29/10/2022

to me



Dear Maam,

Greetings from Meitra Hospital!!!

We have confirmed the internship for Ms Fathima Mizaj in the department of CND for a period of 6 months from January 2023.

Thanks & Regards,

Afeefa Savan



ELITE MISSION HO... 03/12/2022



to me, ELITE ▾

Dear Smt. Swapna,

With reference to your request letter dated 3.11.2022 for six months Dietary Internship for **Ms. Kessia K Sam**, we are pleased to grant her permission to do her Internship at Elite Mission Hospital.

Regards,

Administrator

ELITE MISSION HOSPITAL

KOORKKENCHERY P O, THRISSUR-
680007, KERALA, INDIA
PHONE: +91 487 2436100



Request Le...College.pdf



Regarding selection of Angel
Thomas for 6 months internship 
Dr RMLH & ABVIMS  Inbox



Dr. Manisha Verma 16/12/2022

This is to inform you that Ms. Angel Thomas
has been selected for internship in our



clinical nutrition 17/12/2022

to Manisha 



Dear Madam

Thank you for consconsidering our request regarding the
six months dietary internship of Ms. Angel Thomas.

Thanks and regards
Swapna George (HOD)

[Show quoted text](#)

30th June 2023

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms. Agiya Ann Cyriac, M.Sc Student, Alphonsa College , Pala, Kerala, has completed her Internship in the Department of Clinical Nutrition under the guidance of Ms. Allien J from 01st January 2023 to 30th June 2023 at NH Health City, Bangalore.

During this period she has been exposed to patients in the OPD, wards and ICU's across various specialities. She has been a dedicated student and has performed her duties with sincere efforts.

We wish her good luck in her future endeavors.

For Narayana Hrudayalaya Ltd



Ms. Allien J
Senior Clinical Dietitian
Dept of Clinical Nutrition - MSMC
Narayana Health

DEPARTMENT OF CLINICAL
NUTRITION
NARAYANA MULTISPECIALITY
BANGALORE



Narayana Hrudayalaya Limited

(Previously Narayana Hrudayalaya Pvt. Ltd.) CIN : L85110KA2000PL20071407

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Tel : +91 80 7122 2222 Fax : +91 80 2150 2648 www.narayanahealth.org



ADMHC/INTC/2023/4125

02nd August 2023

TO WHOMSOEVER IT MAY CONCERN

This letter is to certify that **Ms. Agnas Treesa Mathew** has successfully completed her **Internship** with Aster Medcity, Kochi from **02nd January 2023 to 02nd July 2023**. She was posted in the Department of **Clinical Nutrition & Dietetics** and was actively and diligently involved in the tasks assigned to her. During this period we found her to be punctual and hardworking.

We wish her a successful career and bright future.

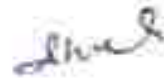
For Aster-DM Healthcare Ltd.

Rahul Mohandas
Head - Human Resources



BONAFIDE CERTIFICATE

This is to certify that the hospital internship is a record of the original work done by **AISWARYA K** under the guidance of **Mrs. Shalini Arvind, Chief Dietitian**, Fortis hospital Banergatta Road in partial fulfilment of the requirements for the degree of **Master of Science in Clinical Nutrition and Dietetics** at **Alphonsa College, Pala** for the academic period **2022-2023**.



Signature of Chief Dietitian

Mrs. Shalini Arvind

Head of Department

Fortis Hospital Banergatta Road

Bangalore

FORTIS HOSPITALS LIMITED

164/B, Banerghatta Road

Opp. Indian Institute of Management


Bangalore - 560075

Place: Bangalore

Date: 17-07-2023

BONA FIDE CERTIFICATE

This is to certify that the hospital internship is a record of the original work done by ANGEL THOMAS under the guidance of Dr Manisha Verma, Dietitian, ABVIMS & Dr RML Hospital, in partial fulfilment of the requirements for the degree of Master of Science in Clinical Nutrition and Dietetics at Alphonsa College, Pala for the academic period 2021 – 2023


Signature of the Dietitian

Dr. Manisha Verma, Dietitian

ABVIMS & Dr RML Hospital Delhi

Place: Delhi

Date: 13-07-2023



Ref: DHRD/2023/08/1076

15-07-2023

WHOMSOEVER IT MAY CONCERN

This is to certify that Ms. Anisha Benny has completed her Internship from 02-Jan-2023 to 15-Jul-2023 in the department of Nutrition and Dietetics.

During this period she has participated in world kidney day and world food safety day programs conducted in BCMCH and Actively helped our department during NABH visit. During this period of training with us she was found punctual, hardworking and inquisitive.

BCMCH is an NABH and NABL accredited and Nursing Excellence certified, 750 bedded hospital committed to quality service, safety of patients, a professional approach, accuracy and timeliness. Caring, compassion and empathy are integral to our mission. We are a multispecialty hospital with the departments of Internal Medicine, General Surgery, Cardiology, Cardiovascular & Thoracic Surgery, Nephrology, Haematology, Oncology, Critical care, Gastroenterology and Hepatobiliary surgery, Neurology, Neurosurgery, Rheumatology, Endocrinology, Neonatology, Paediatrics, Orthopaedics, Pulmonology, Dermatology, Urology, Obstetrics & Gynaecology, Psychiatry, Palliative Medicine, ENT, Ophthalmology, Plastic Surgery, Family Medicine, Anaesthesiology, Radio diagnosis, Interventional Radiology and Dentistry.

We wish her all success in future endeavors.

For Believers Church Medical College Hospital,

Rinu George Abraham

Assistant Manager-Human Resources



CERTIFICATE

This is to certify that **Ms. Anjali A Kumar**, 2nd year M.Sc. Clinical Nutrition and Dietetics student of "Alphonsa College, Pala, Kottayam, Kerala - 686574" has successfully completed her internship in our Clinical Nutrition Department during the period from 1st January, 2023 to 30th June, 2023 as part of academic curriculum.

Lakeshore Hospital and Research Centre Ltd., is an ISO 9001:2015 certified and NABH accredited, 470 bedded super specialty, quaternary level hospital having state of the art equipment and other facilities at par with international standards.

We wish all success in her future life and career.


Manager
Executive Office



Date: July 22, 2023



Ref: DHRD/2023/08/1079

15-07-2023

WHOMSOEVER IT MAY CONCERN

This is to certify that **Ms. Anjaly Thomas** has completed her internship from **02-Jan-2023** to **15-Jul-2023** in the department of **Nutrition and Dietetics**.

During this period she has participated in world kidney day and world food safety day programs conducted in BCMCH and Actively helped our department during NABH visit. During this period of training with us she was found punctual, hardworking and inquisitive.

BCMCH is an NABH and NABL accredited and Nursing Excellence certified, 750 bedded hospital committed to quality service, safety of patients, a professional approach, accuracy and timeliness. Caring, compassion and empathy are integral to our mission. We are a multispecialty hospital with the departments of Internal Medicine, General Surgery, Cardiology, Cardiovascular & Thoracic Surgery, Nephrology, Haematology, Oncology, Critical care, Gastroenterology and Hepatobiliary surgery, Neurology, Neurosurgery, Rheumatology, Endocrinology, Neonatology, Paediatrics, Orthopaedics, Pulmonology, Dermatology, Urology, Obstetrics & Gynaecology, Psychiatry, Palliative Medicine, ENT, Ophthalmology, Plastic Surgery, Family Medicine, Anaesthesiology, Radio diagnosis, Interventional Radiology and Dentistry.

We wish her all success in future endeavors.

For Believers Church Medical College Hospital,


15/07/23

Rinu George Abraham

Assistant Manager-Human Resources



BONAFIDE CERTIFICATE

This is to certify that the hospital internship is a record of the original work done by **ANN MARY TOMLIN** under the guidance of **Mrs. Shalini Arvind**, Chief Dietitian, Fortis hospital Banergatta Road in partial fulfillment of the requirements for the degree of **Master of Science in Clinical Nutrition and Dietetics** at **Alphonsa College, Pala** for the academic period 2022-2023.



Signature of Chief Dietitian

Mrs. Shalini Arvind

Head of Department

Fortis Hospital Banergatta Road

Bangalore

FORTIS HOSPITALS LIMITED

154/9, Banerghatta Road
Opp. Indian Institute of Management
Bangalore - 560075

Place: Bangalore

Date: 17-07-2023



Ref: BBH/HR/DFSD/23/

01st July 2023

To Whom So Ever It May Concern

This is to certify that Ms.Arya K.R, a M.Sc Clinical Nutrition & Dietetics student from Alphonsa College, Pala, has completed her Non RD internship in the Dietary & Food Services Division for six months from 02/01/2023 to 01/07/2023 at Bangalore Baptist Hospital. She completed her case studies with a presentation. She also observed the functioning of the department. Ward rounds, food setting as a part of the internship.

Bangalore Baptist Hospital (BBH) is an NABH and NABL accredited 400 bed tertiary care teaching hospital, established in 1973 and governed by Christian Medical College, Vellore. BBH provides state of - the - art health care facilities to all strata of society. Baptist Hospital treats approximately 3,20,000 outpatients and 24,000 in-patients annually. The hospital is also recognized for the post graduate residency programmes (Diplomate of National Board), (Doctorate of National Board) , Fellowship programmes in 16 Specialties. BBH runs multiple B.Sc and Diploma programmes (in Nursing and in Allied Health Sciences). BBH received the National Award for Excellence in Teaching by National Board of Examinations (in 2011) and the FICCI Healthcare Excellence Award in 2012 for 'Successful Innovation in Operational Excellence'. The hospital won the coveted QCI-DL Shah Award for Quality for 2 consecutive years (in 2013 and 2014). In 2015, BBH received award for the "Most Promising Multispecialty Hospital in Bengaluru". In 2015 BBH received the "Best Laboratory Award". The Ramakrishna Bajaj National Quality Awards (RBNQA) in 2017. The hospital also received Nursing Excellence award from NABH in 2018. BBH was also recognised as a "Centre for Quality Promotion" by CAHO in 2018. Vayoshreshtha Samman (National Award for Care of Senior Citizens)-2018 and AHPI Award in 2019 for being "Best Hospital to Work for".

We wish every success in her future endeavors.

[Signature]

Dietitian -RD Program/Training Program

[Signature]

Division Head -Dietary & Food Services

[Signature]
Director (CEO)



30th June 2023

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms. Asija Antony, M.Sc Student, Alphonsa College, Pala, Kerala, has completed her Internship in the Department of Clinical Nutrition under the guidance of Ms. Allen J from 01st January 2023 to 30th June 2023 at NH Health City, Bangalore. During this period she has been exposed to patients in the OPD, wards and ICU's across various specialities. She has been a dedicated student and has performed her duties with sincere efforts.

We wish her good luck in her future endeavors.

For Narayana Hrudayalaya Ltd


Ms. Allen J
Senior Clinical Dietitian
Dept of Clinical Nutrition - MSMC
Narayana Health

DEPARTMENT OF CLINICAL
NUTRITION
NARAYANA MULTISPECIALITY
BANGALORE



Narayana Hrudayalaya Limited

(Previously Narayana Hrudayalaya Pvt. Ltd.) CIN : LB5110KA2000PLC027497

Registered Office : 255/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560 099

Corporate Office : 261/A, 2nd Floor, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560 099

Tel : +91 80 7122 2222 Fax : +91 90 2783 2648. www.narayanahealth.org



Ref; DHRD/2023/08/1077

15-07-2023

WHOMSOEVER IT MAY CONCERN

This is to certify that **Ms.Devika Premkumar** has completed her Internship from **02-Jan-2023** to **15-Jul-2023** in the department of **Nutrition and Dietetics**.

During this period she has participated in world kidney day and world food safety day programs conducted in BCMCH and Actively helped our department during NABH visit. During this period of training with us she was found punctual, hardworking and inquisitive.

BCMCH is an NABH and NABL accredited and Nursing Excellence certified, 750 bedded hospital committed to quality service, safety of patients, a professional approach, accuracy and timeliness. Caring, compassion and empathy are integral to our mission. We are a multispecialty hospital with the departments of Internal Medicine, General Surgery, Cardiology, Cardiovascular & Thoracic Surgery, Nephrology, Haematology, Oncology, Critical care, Gastroenterology and Hepatobiliary surgery, Neurology, Neurosurgery, Rheumatology, Endocrinology, Neonatology, Paediatrics, Orthopaedics, Pulmonology, Dermatology, Urology, Obstetrics & Gynaecology, Psychiatry, Palliative Medicine, ENT, Ophthalmology, Plastic Surgery, Family Medicine, Anaesthesiology, Radio diagnosis, Interventional Radiology and Dentistry.

We wish her all success in future endeavors.

For Believers Church Medical College Hospital,


Rinu George Abraham

Assistant Manager-Human Resources





Ref: BBH/HR/DFSD/23/

01st July 2023

To Whom So Ever It May Concern

This is to certify that Ms.Devinandana.B, a M.Sc Clinical Nutrition & Dietetics student from Alphonsa College, Pala, has completed her Non RD internship in the Dietary & Food Services Division for six months from 02/01/2023 to 01/07/2023 at Bangalore Baptist Hospital. She completed her case studies with a presentation. She also observed the functioning of the department. Ward rounds, food setting as a part of the internship.

Bangalore Baptist Hospital (BBH) is an NABH and NABL accredited 400 bed tertiary care teaching hospital, established in 1973 and governed by Christian Medical College, Vellore. BBH provides state of - the - art health care facilities to all strata of society. Baptist Hospital treats approximately 3,20,000 outpatients and 24,000 in-patients annually. The hospital is also recognized for the post graduate residency programmes (Diplomate of National Board), (Doctorate of National Board), Fellowship programmes in 16 Specialties. BBH runs multiple B.Sc and Diploma programmes (in Nursing and in Allied Health Sciences). BBH received the National Award for Excellence in Teaching by National Board of Examinations (in 2011) and the FICCI Healthcare Excellence Award in 2012 for 'Successful Innovation in Operational Excellence'. The hospital won the coveted QCI-DL Shah Award for Quality for 2 consecutive years (in 2013 and 2014). In 2015, BBH received award for the "Most Promising Multispecialty Hospital in Bengaluru". In 2015 BBH received the "Best Laboratory Award". The Ramakrishna Bajaj National Quality Awards (RBNQA) in 2017. The hospital also received Nursing Excellence award from NABH in 2018. BBH was also recognised as a "Centre for Quality Promotion" by CAHO in 2018. Vayoshreshtha Samman (National Award for Care of Senior Citizens)-2018 and AHPA Award in 2019 for being "Best Hospital to Work for".

We wish every success in her future endeavors.

Dietitian -RD Program/Training Program

Division Head -Dietary & Food Services

Director (CEO)



AsterMedcity

We'll Treat You Well

ADMHC/INTC/2023/4123

02nd August 2023

TO WHOMSOEVER IT MAY CONCERN

This letter is to certify that **Ms. Diya Tom** has successfully completed her **Internship** with Aster Medcity, Kochi from **02nd January 2023** to **02nd July 2023**. She was posted in the Department of **Clinical Nutrition & Dietetics** and was actively and diligently involved in the tasks assigned to her. During this period we found her to be punctual and hardworking.

We wish her a successful career and bright future.

For Aster DM Healthcare Ltd.



Rahul Mohandas
Head - Human Resources



Training Certificate

08/08/2023

Dear Ms. Fathima Mizaj Maqsood,

With reference to your postings as part of Training Program at Meitra Hospital, we congratulate you for completing this assignment diligently and as per the satisfaction of the respective functional HOD.

During your six-month tenure in the department of Clinical Nutrition and Dietetics, you were trained in Food tasting and belting, Diet cross checking, ICU rounds and kitchen coordination and Diet counselling.

Name	Ms. Fathima Mizaj Maqsood
Posted as	Trainee
Department	Clinical Nutrition and Dietetics
Location	Meitra Hospital, Calicut
Period of Training	02/01/2023 to 30/06/2023
Last Day of Training	30-06-2023

Meitra Hospital is an advanced quaternary care hospital of international standards located in Calicut. The infrastructure, medical facilities, and clinical services are benchmarked against the world's best hospitals. Meitra hosts 220 individual patient rooms and suites. The hospital also has 8 high-functioning operation theatres and 52 individual intensive care units and is supported by cutting-edge medical diagnostic equipments. Meitra has been awarded Best Hospital - Design & Architecture. In addition, the hospital is also accredited by JCI & NABH.

We thank for your contributions and take this opportunity to wish you success in your future endeavors.

Best Regards

For Meitra Hospital



Ms. Sandhya Suresh

Chief Clinical Nutrition and Dietetics





Ref: BBH/HR/DFSD/23/

01st July 2023

To Whom So Ever It May Concern

This is to certify that Ms.Linta Sebashan, a M.Sc Clinical Nutrition & Dietetics student from Alphonsa College, Pala, has completed her Non RD internship in the Dietary & Food Services Division for six months from 02/01/2023 to 01/07/2023 at Bangalore Baptist Hospital. She completed her case studies with a presentation. She also observed the functioning of the department. Ward rounds, food setting as a part of the internship.

Bangalore Baptist Hospital (BBH) is an NABH and NABL accredited 400 bed tertiary care teaching hospital, established in 1973 and governed by Christian Medical College, Vellore. BBH provides state of - the - art health care facilities to all strata of society. Baptist Hospital treats approximately 3,20,000 outpatients and 24,000 in-patients annually. The hospital is also recognized for the post graduate residency programmes (Diplomate of National Board), (Doctorate of National Board), Fellowship programmes in 16 Specialties. BBH runs multiple B.Sc and Diploma programmes (in Nursing and in Allied Health Sciences). BBH received the National Award for Excellence in Teaching by National Board of Examinations (in 2011) and the FICCI Healthcare Excellence Award in 2012 for 'Successful Innovation in Operational Excellence'. The hospital won the coveted QCI-DL Shah Award for Quality for 2 consecutive years (in 2013 and 2014). In 2015, BBH received award for the "Most Promising Multispecialty Hospital in Bengaluru". In 2015 BBH received the "Best Laboratory Award". The Ramakrishna Bajaj National Quality Awards (RBNQA) in 2017. The hospital also received Nursing Excellence award from NABH in 2018. BBH was also recognised as a "Centre for Quality Promotion" by CAHO in 2018. Vayoshreshtha Samman (National Award for Care of Senior Citizens)-2018 and AHPI Award in 2019 for being "Best Hospital to Work for".

We wish every success in her future endeavors.

Dietitian -RD Program/Training Program

Division Head -Dietary & Food Services

Director (CEO)





ADMHC/INTC/2023/4124

02nd August 2023

TO WHOMSOEVER IT MAY CONCERN

This letter is to certify that **Ms. Minna Mathew** has successfully completed her **Internship** with Aster Medcity, Kochi from **02nd January 2023 to 02nd July 2023**. She was posted in the Department of **Clinical Nutrition & Dietetics** and was actively and diligently involved in the tasks assigned to her. During this period we found her to be punctual and hardworking.

We wish her a successful career and bright future.

For **Aster DM Healthcare Ltd.**

Rahul Mohandas
Head - Human Resources



30th June 2023

TO WHOMSOEVER IT MAY CONCERN

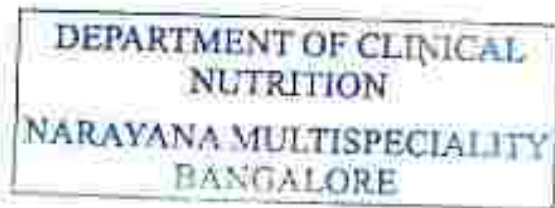
This is to certify that Ms. Mintu B R, M.Sc Student, Alphonsa College , Pala, Kerala, has completed her Internship in the Department of Clinical Nutrition under the guidance of Ms. Allien J from 01st January 2023 to 30th June 2023 at NH Health City, Bangalore. During this period she has been exposed to patients in the OPD, wards and ICU's across various specialities. She has been a dedicated student and has performed her duties with sincere efforts.

We wish her good luck in her future endeavors.

For Narayana Hrudayalaya Ltd



Ms. Allien J
Senior Clinical Dietitian
Dept of Clinical Nutrition - MSMC
Narayana Health





Bangalore Baptist Hospital

Quality with Compassion Since 1973



Ref: BBH/HR/DPSD/23/

01st July 2023

To Whom So Ever It May Concern

This is to certify that Ms.Nimisha Theresa Tojy, a M.Sc Clinical Nutrition & Dietetics student from Alphonsa College, Pala, has completed her Non RD internship in the Dietary & Food Services Division for six months from 02/01/2023 to 01/07/2023 at Bangalore Baptist Hospital. She completed her case studies with a presentation. She also observed the functioning of the department. Ward rounds, food setting as a part of the internship.

Bangalore Baptist Hospital (BBH) is an NABH and NABL accredited 400 bed tertiary care teaching hospital, established in 1973 and governed by Christian Medical College, Vellore. BBH provides state of - the - art health care facilities to all strata of society. Baptist Hospital treats approximately 3,20,000 outpatients and 24,000 in-patients annually. The hospital is also recognized for the post graduate residency programmes (Diplomate of National Board), (Doctorate of National Board) , Fellowship programmes in 16 Specialties. BBH runs multiple B.Sc and Diploma programmes (in Nursing and in Allied Health Sciences). BBH received the National Award for Excellence in Teaching by National Board of Examinations (in 2011) and the FICCI Healthcare Excellence Award in 2012 for 'Successful Innovation in Operational Excellence'. The hospital won the coveted QCI-DL Shah Award for Quality for 2 consecutive years (in 2013 and 2014). In 2015, BBH received award for the "Most Promising Multispecialty Hospital in Bengaluru". In 2015 BBH received the "Best Laboratory Award". The Ramakrishna Bajaj National Quality Awards (RBNQA) in 2017. The hospital also received Nursing Excellence award from NABH in 2018. BBH was also recognised as a "Centre for Quality Promotion" by CAHO in 2018. Vayoshreshtha Samman (National Award for Care of Senior Citizens)-2018 and AHPA Award in 2019 for being "Best Hospital to Work for".

We wish every success in her future endeavors.

Dietitian -RD Program/Training Program

Division Head -Dietary & Food Services

Director (CEO)





KIMS AL SHIFA

SUPER SPECIALITY HOSPITAL



PB No: 26, Perinthalmanna - 679322, Malappuram Dist., Kerala, India, Ph: 04933 227616, Fax: 04933 229818

E-mail: info@kimsalshifa.com, Web: www.kimsalshifa.com

Ref: KAS:HRD:EXP:679:23

04th July, 2023

TO WHOMSOEVER IT MAY CONCERN

This is to certify that **Ms. Nishma E**, D/o Mr. Aboobacker, Edappatta House, Vaniyambalam Post, Malappuram District, Kerala, has undergone internship training in the **Department of Nutrition & Dietetics** in our NABH and NABL accredited super speciality Hospital from **02.01.2023 to 03.07.2023**.

We wish her success in all her future endeavors.

For **KIMS Al Shifa Healthcare Pvt. Ltd.**,

Nishad Chandran
Deputy Manager - H R



A project of **KIMS Al Shifa Healthcare Private Limited (Formerly AL-SHIFA HOSPITAL PVT. LTD)**

Regd Office: TC 14/2008, PB No: 1, Anayara P.O., Trivandrum - 695029, Kerala, India, Web: www.kimsglobal.com

CIN : U85110KL2000PTC013813

AsterMedcity

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ADMHC/INTC/2023/4122

02nd August 2023

TO WHOMSOEVER IT MAY CONCERN

This letter is to certify that **Ms. Olivia George** has successfully completed her **Internship** with Aster Medcity, Kochi from **02nd January 2023 to 02nd July 2023**. She was posted in the **Department of Clinical Nutrition & Dietetics** and was actively and diligently involved in the tasks assigned to her. During this period we found her to be punctual and hardworking.

We wish her a successful career and bright future.

For Aster DM Healthcare Ltd.

Rahul Mohandas
Head - Human Resources





Ref: BBH/HR/DFSD/23/

01st July 2023

To Whom So Ever It May Concern

This is to certify that Ms. Rajalekshmi R.G, a M.Sc Clinical Nutrition & Dietetics student from Alphonsa College, Pala, has completed her Non RD internship in the Dietary & Food Services Division for six months from 02/01/2023 to 01/07/2023 at Bangalore Baptist Hospital. She completed her case studies with a presentation. She also observed the functioning of the department. Ward rounds, food setting as a part of the internship.

Bangalore Baptist Hospital (BBH) is an NABH and NABL accredited 400 bed tertiary care teaching hospital, established in 1973 and governed by Christian Medical College, Vellore. BBH provides state of - the - art health care facilities to all strata of society. Baptist Hospital treats approximately 3,20,000 outpatients and 24,000 in-patients annually. The hospital is also recognized for the post graduate residency programmes (Diplomate of National Board), (Doctorate of National Board) , Fellowship programmes in 16 Specialties. BBH runs multiple B.Sc and Diploma programmes (in Nursing and in Allied Health Sciences). BBH received the National Award for Excellence in Teaching by National Board of Examinations (in 2011) and the FICCI Healthcare Excellence Award in 2012 for 'Successful Innovation in Operational Excellence'. The hospital won the coveted QCI-DL Shah Award for Quality for 2 consecutive years (in 2013 and 2014). In 2015, BBH received award for the "Most Promising Multispecialty Hospital in Bengaluru". In 2015 BBH received the "Best Laboratory Award". The Ramakrishna Bajaj National Quality Awards (RBNQA) in 2017. The hospital also received Nursing Excellence award from NABH in 2018. BBH was also recognised as a "Centre for Quality Promotion" by CAHO in 2018. Vayoshreshtha Samman (National Award for Care of Senior Citizens)-2018 and AHPI Award in 2019 for being "Best Hospital to Work for".

We wish every success in her future endeavors.

Dietitian -RD Program/Training Program

Division Head -Dietary & Food Services

Director (CEO)



ADMHC/INTC/2023/4121

02nd August 2023

TO WHOMSOEVER IT MAY CONCERN

This letter is to certify that **Ms. Sarah Sebastian** has successfully completed her **Internship** with Aster Medcity, Kochi from **02nd January 2023 to 02nd July 2023**. She was posted in the Department of **Clinical Nutrition & Dietetics** and was actively and diligently involved in the tasks assigned to her. During this period we found her to be punctual and hardworking.

We wish her a successful career and bright future.

For Aster DM Healthcare Ltd.



Rahul Mohandas
Head – Human Resources



BONAFIDE CERTIFICATE

This is to certify that the hospital internship is a record of the original work done by **SHIFANA C H** under the guidance of **Mrs. Shalini Arvind, Chief Dietitian**, Fortis hospital Banergatta Road in partial fulfilment of the requirements for the degree of **Master of Science in Clinical Nutrition and Dietetics** at **Alphonsa College, Pala** for the academic period **2022-2023**.



Signature of Chief Dietitian

Mrs. Shalini Arvind

Head of Department

Fortis Hospital Banergatta Road

Bangalore

FORTIS HOSPITALS LIMITED

154/9, Bannerghatta Road

Opp. Indian Institute of Management

Bangalore - 560076

Place: Bangalore

Date: 17-07-2023

30th June 2023

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms. Subaibath K, M.Sc Student, Alphonsa College , Pala, Kerala, has completed her Internship in the Department of Clinical Nutrition under the guidance of Ms. Allien J from 01st January 2023 to 30th June 2023 at NH Health City, Bangalore. During this period she has been exposed to patients in the OPD, wards and ICU's across various specialities. She has been a dedicated student and has performed her duties with sincere efforts.

We wish her good luck in her future endeavors.

For Narayana Hrudayalaya Ltd



Ms. Allien J
Senior Clinical Dietitian
Dept of Clinical Nutrition - MSMC
Narayana Health

DEPARTMENT OF CLINICAL
NUTRITION
NARAYANA MULTISPECIALITY
BANGALORE



30th June 2023

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Ms Teena Edwin, M.Sc student, Alphonsa College, Pala, Kerala has completed her Internship in the Department of Clinical Nutrition under the guidance of Ms. Allien J from 01st January 2023 to 30th June 2023 at NH Health City, Bangalore. During this period she has been exposed to patients in the OPD, wards and ICU's across various specialities. She has been a dedicated student and has performed her duties with sincere efforts.

We wish her good luck in her future endeavors.

For **Narayana Hrudayalaya Ltd**



Ms Allien J
Senior Clinical Dietitian
Dept of Clinical Nutrition - MSMC
Narayana Health

DEPARTMENT OF CLINICAL
NUTRITION
NARAYANA MULTISPECIALITY
BANGALORE





Ref: DHRD/2023/08/1078

15-07-2023

WHOMSOEVER IT MAY CONCERN

This is to certify that Ms.Tona Elizabeth Jose has completed her Internship from 02-Jan-2023 to 15-Jul-2023 in the department of Nutrition and Dietetics.

During this period she has participated in world kidney day and world food safety day programs conducted in BCMCH and actively helped our department during NABH visit. During this period of training with us she was found punctual, hardworking and inquisitive.

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We wish her all success in future endeavors.

For Believers Church Medical College Hospital,


15/7/23

Rinu George Abraham

Assistant Manager-Human Resources

