



# **ALPHONSA COLLEGE PALA**

**Reaccredited (4th cycle) by NAAC with A grade (CGPA 3.24)**

ARUNAPURAM P.O., PALA, KOTTAYAM (Dist.)

KERALA STATE, INDIA – 686574

**Website: [www.alphonsacollege.edu.in](http://www.alphonsacollege.edu.in)**

## **CRITERIA: 5**

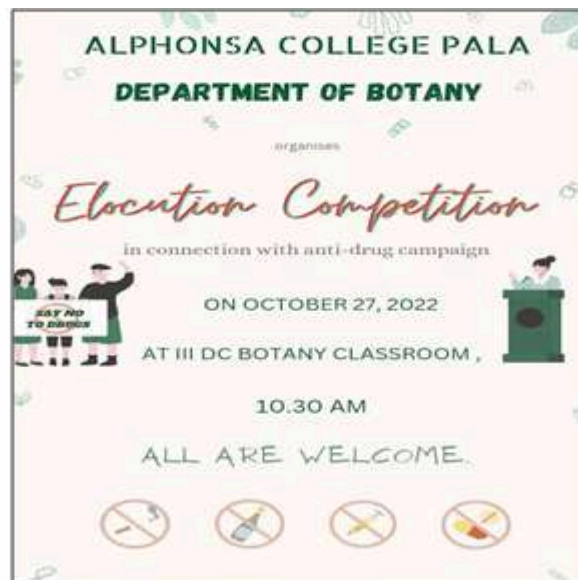
### **5.3.3. Cultural Activities in which Students of the Institution Participated during the year 2022-23**



## CULTURAL ACTIVITIES OF THE STUDENTS 2022-2023

### ELOCUTION COMPETITION

The Department of Botany at Alphonsa College, Pala, organised an elocution competition on the topic ‘No to Drugs, Yes to Life’ in connection with the anti drug campaign on October 27, 2022, at the Botany Lab. Six students participated in the competition, delivering impassioned speeches advocating against drug abuse. AryaJayashankar emerged as the winner, showcasing eloquence and conviction in her delivery, while Akhila M secured the second prize for her compelling presentation. The event served as a platform to raise awareness about the detrimental effects of drug abuse and promote a drug-free lifestyle among students.



## PENCIL DRAWING COMPETITION

In commemoration of Pollution Control Day, the Department of Botany organised a pencil drawing competition on December 5, 2022. Students from various departments showcased their artistic talents in this event. KumariAnsu James from II DC Zoology secured the first prize, KumariAnnmariaSaji from II DC Botany secured the second prize, and KumariGopika S Kumar from IDC Mathematics secured the third prize. The competition not only highlighted the importance of environmental awareness but also provided a platform for students to express their concerns through creative means.



**Department of Botany  
Alphonsa College Pala**

# Pencil Drawing Competition

*In Connection with*  
**National Pollution Control Day**  
Recycle, Reuse, Reduce

**5th December 12:50 to 01:15 Botany Lab**

**College Administration Committee**  
Smt. Julie J Paramanthy (MOO)  
Dr. Basil Mathew M  
Dr. Jimca Mary Joseph  
Smt. Siby Annet Baiju  
Rev. Dr. Sr. Ragneemma Joseph (Principal)  
Rev. Dr. Shaji John (Vice-Principal)  
Rev. Dr. Sr. Minimal Mathew (Vice-Principal)  
Rev. Dr. Jese Joseph (Bursar)

**Pala, Kerala, India**  
PM38+8RG, Arunapuram, Pala, Kerala 686574,  
India  
Lat 9.703148°  
Long 76.667027°  
05/12/22 01:17 PM GMT +05:30

## FARMERS DAY

In celebration of Farmers Day, the Department of Botany organised a "Click My Kitchen Garden" photography contest and distributed free vegetable seeds. This initiative aimed to promote awareness about the importance of kitchen gardens and encourage individuals to cultivate their own vegetables. Participants captured the beauty and productivity of their kitchen gardens through photography, while also receiving free vegetable seeds to support their gardening efforts. The event fostered a sense of community engagement and sustainability among participants, emphasizing the significance of small-scale agriculture and self-sufficiency in food production.



**DEPARTMENT OF BOTANY  
ALPHONSA COLLEGE, PALAI**

**'Click My Kitchen Garden'**

Photography Contest & Free vegetable Seeds Distribution

In connection with  
**Farmers Day**

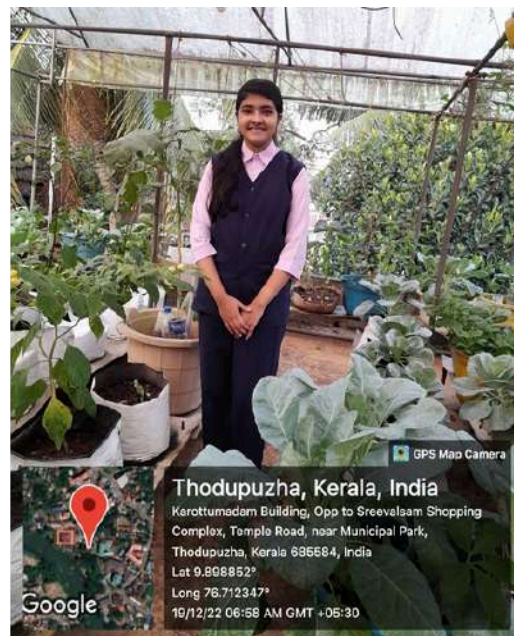
Photos should be sent to : [acpbotany@gmail.com](mailto:acpbotany@gmail.com)

Last date for submission: 20/12/2022

Sent one geo tagged colour photo of your kitchen garden, including the contestant also in the photograph and mention your name and department

**Programme committee**  
Smt. Julie J Paramundayil (HOD)  
Dr. Dani Mathew M  
Dr. Joyce Mary Joseph  
Smt. Biby Annet Balju

**College Administrative Committee**  
Rev. Dr. Sr. Ragooramma Joseph (Principal)  
Rev. Dr. Sree John (Vice-Principal)  
Rev. Dr. Sr. Michael Mathew (Vice-Principal)  
Rev. Dr. Jose Joseph (Bursar)



Thodupuzha, Kerala, India  
Kerottumadam Building, Oppa to Sreevalaam Shopping Complex, Temple Road, near Municipal Park, Thodupuzha, Kerala 686684, India  
Lat 9.898852°  
Long 76.712347°  
10/12/22 06:58 AM GMT +05:30



Valavoor, Kerala, India  
PJRQ+7VY, Valavoor, Kerala 686635, India  
Lat 9.738878°  
Long 76.639883°  
18/12/22 05:05 PM GMT +05:30



Uzhavoor, Kerala, India  
QHQR+XW, Uzhavoor, Kerala 686636, India  
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Long 76.691977°  
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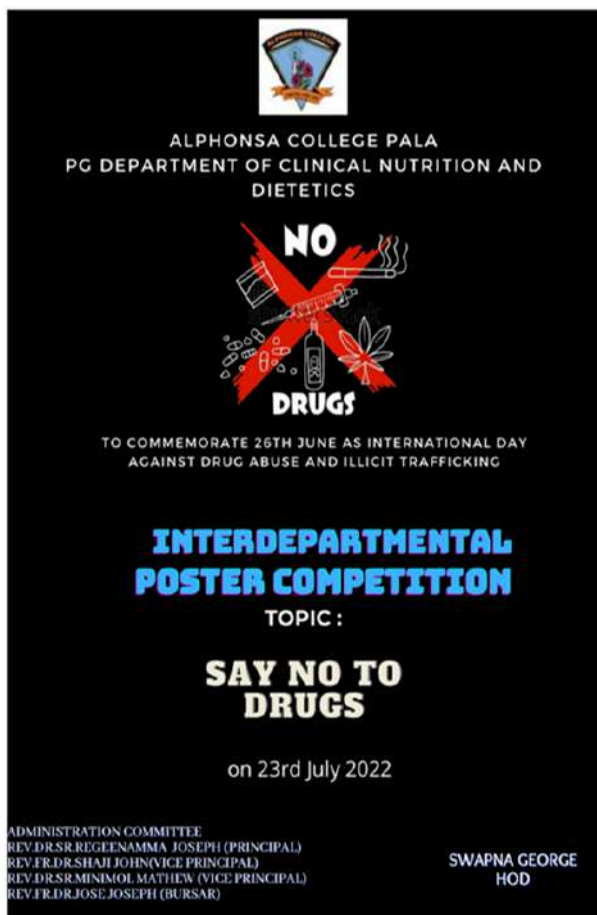
## BOTANY QUIZ 2023

The Department of Botany organised the World Wetlands day quiz competition on January 31, 2023, with participation from ten teams. Kumari Sangeetha Emmanuel and Nimisha Sasi from III DC Botany emerged as the winners, securing the first prize. Kumari Ann MariyaSaji and Anjally Suresh from II DC Botany secured the second prize, while Kumari AparnaSudheesh and KumariAnjally Krishna R from II DC Botany won the third prize. The competition not only tested botanical knowledge but also fostered healthy competition and academic engagement among the students.



## INTER DEPARTMENTAL POSTER COMPETITION

An Inter-Departmental poster competition was organised by the Department of Clinical Nutrition & Dietetics to commemorate the International Day against Drug Abuse and Illicit Trafficking on July 23, 2022. A total of 11 students registered for the program, showcasing their creativity and awareness on the issue. Shabana NK from III DC CND secured the first prize for her impactful poster, while Devika Manoj from III DC CND was awarded the second prize for her compelling submission. The competition served as a platform to raise awareness about the dangers of drug abuse and illicit trafficking, highlighting the importance of combating these issues in society.



SL No	NAME	SIGN
1.	ANNIELEENA PRAVEEN	
2.	SHABANA .N.K	
3.	GIFTY VARGHESE V	
4.	DEVIKA MANOJ	
5.	JISMIN JOSE	
6.	Vishnupriya N	
7.	Chinnu Anna Davis	
8.	UNNIMAYA THOMAS	
9.	Abina Biji	
10.	Airena Benny	
11.	GOPIKA SHINE	

## FLAMELESS HEALTHY RECIPE COMPETITION

As part of the observance of World Food Day, the Department organised a flameless healthy recipe competition for the students of Alphonsa College, Pala. The competition aimed to promote healthy eating habits and sustainable cooking practices. Ami Joseph from II DC English secured the first prize with her innovative recipe, followed by Janet Shan Joy from III DC Clinical Nutrition and Dietetics, who won the second prize. Agnes Treesa Joseph from II M.Sc Clinical Nutrition and Dietetics received the third prize for her creative and nutritious dish. The event encouraged students to explore healthier cooking alternatives and underscored the importance of nutritious food choices in maintaining overall well-being.



## MALAYALI MANKA COMPETITION

In celebration of Kerala Piravi on November 1<sup>st</sup>, the College Union organised a MalayaliManka competition for the students of Alphonsa College, Pala. A total of 14 students participated in the event, showcasing their talent and cultural pride. Ajiya Ann Cyriac from II MSc Clinical Nutrition and Dietetics emerged as the MalayaliManka winner, impressing the judges with her performance. Olivia George from II MSc Clinical Nutrition and Dietetics secured the first runner-up position, demonstrating exceptional talent and enthusiasm. The competition served as a platform to celebrate Kerala's rich culture and heritage among the student community.



## INTER DEPARTMENTAL HEALTHY NOVEL RECIPE CONTEST :DELICE

An interdepartmental healthy recipe contest was organised by the department in association with the Women's Cell of Alphonsa College, Pala, on September 28<sup>th</sup>, sponsored by the Kerala State Women Development Board Ltd. This initiative was conducted in connection with the PoshanAbhiyan scheme by the Government of India, aimed at addressing the issue of malnutrition in the country. Veni S from I MSc Clinical Nutrition and Dietetics secured the first prize, while Vineetha Mary Mathew from I MSc Clinical Nutrition and Dietetics received the second prize. The competition served as a platform to promote healthy eating habits and raise awareness about nutrition among the participants.





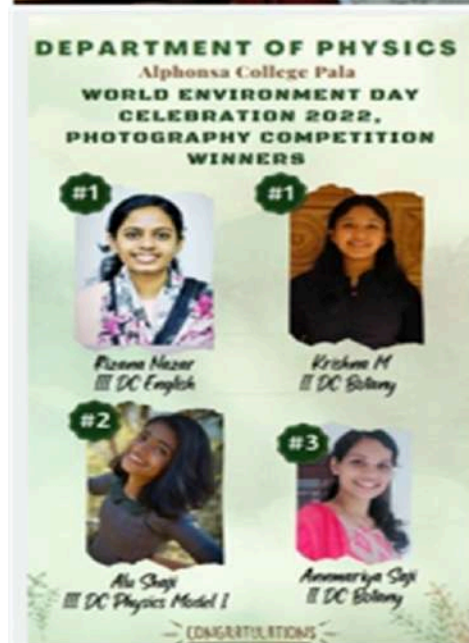
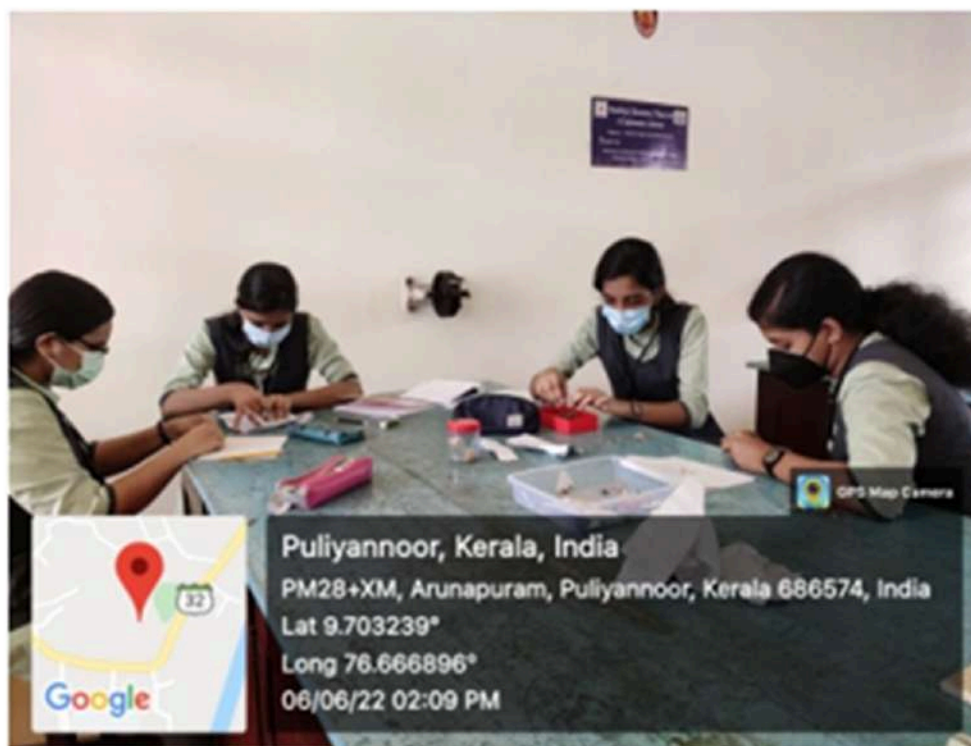
## MOON DAY COMPETITIONS

In association with moon day, a quiz competition was held with the theme “India's Moon Mission” on 21<sup>st</sup> July 2022 exclusively for the students of physics department with Elsa Maria Nobi of 3<sup>rd</sup> DC Physics as the Quiz Master.



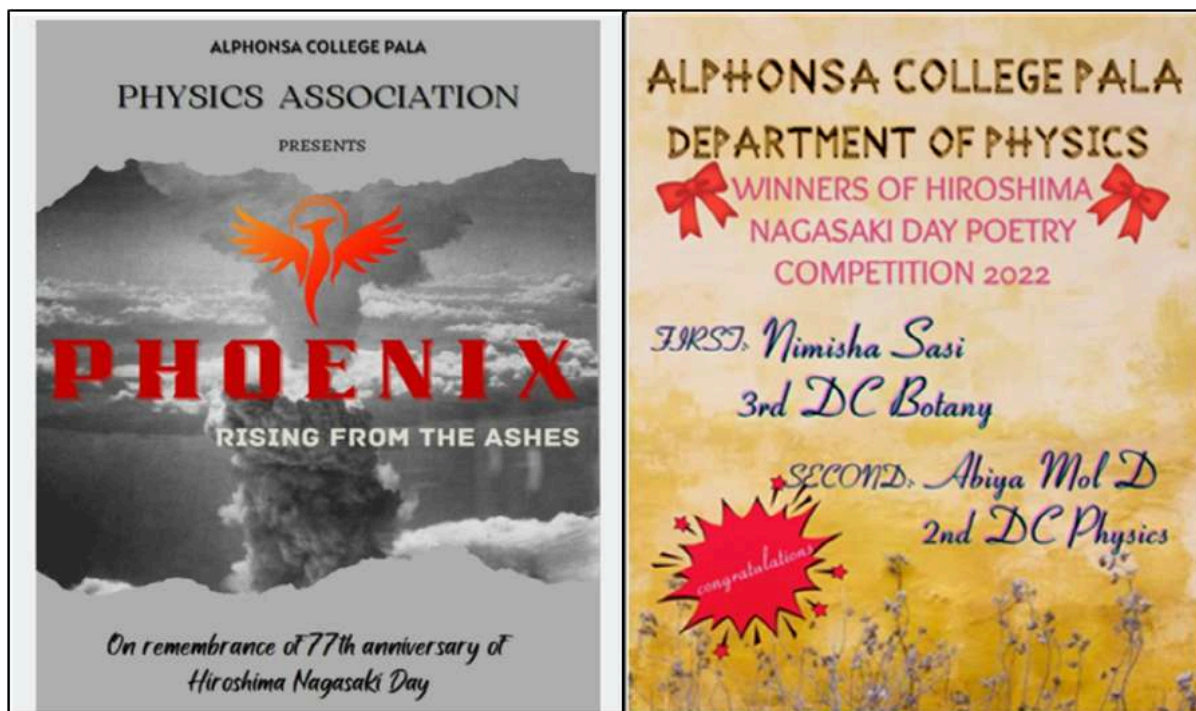
## ENVIRONMENT DAY- INTERDEPARTMENTAL DIGITAL POSTER MAKING AND PHOTOGRAPHY COMPETITION

As a part of celebration of World environment day celebrated on 5<sup>th</sup> June, the Department of Physics conducted interdepartmental competitions at Alphonsa College, Pala, included Digital Poster Making and Photography Competition, centred on the “Only One Earth”



## HIROSHIMA NAGASAKI DAY

In remembrance of the 77<sup>th</sup> anniversary of Hiroshima Nagasaki day, interdepartmental competition for Poetry Writing was held on 6<sup>th</sup> August 2022.



## ANTI NARCOTICS DAY- QUIZ COMPETITION

A **quiz competition** was conducted on 10<sup>th</sup> October, 2022 in association with anti narcotics day by the department of Physics.



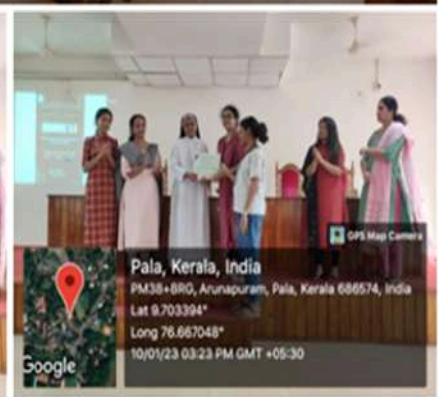
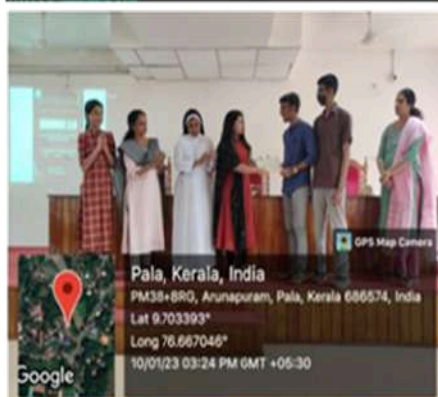
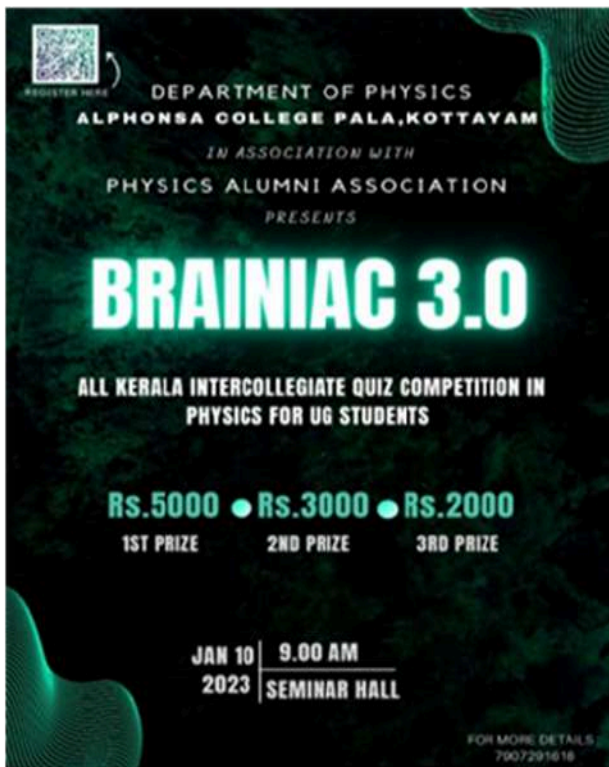
## KERALA PIRAVI-TRAVELOGUE WRITING COMPETITION

The Department of Physics, in collaboration with the Department of Malayalam, organised a language skills enhancement initiative through a Travelogue writing competition on November 4, 2022, in commemoration of Kerala Piravi Day. Kerala Piravi, marking the statehood day of Kerala on November 1, is celebrated annually with special programs. This year, the competition was conducted in Malayalam, the mother tongue of Keralaites, aiming to promote writing skills in the language. The event garnered significant participation, with 17 students showcasing their writing prowess. The competition was highly competitive, with many students producing excellent reports, thereby contributing to the development of language skills among the student community.



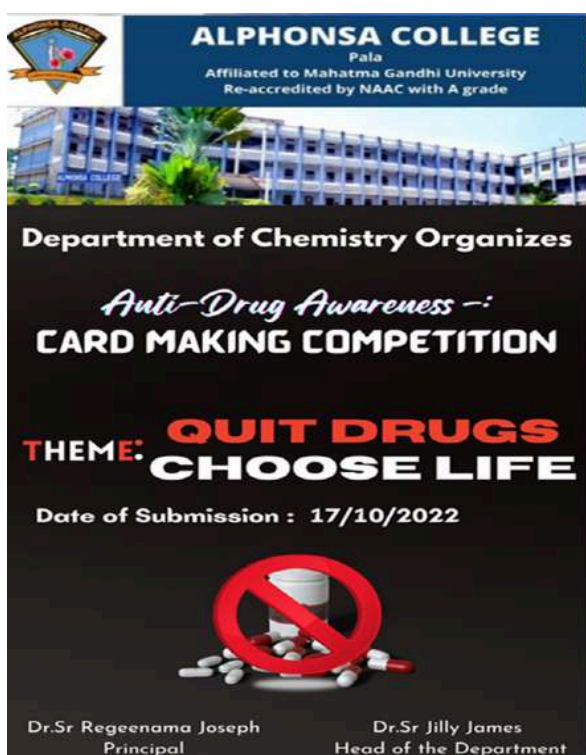
## INTER-COLLEGIATE QUIZ COMPETITION BRAINIAC 3.0

Brainiac is an annual intercollegiate quiz competition for the undergraduate students initiated in 2020 by the Department of Physics. This year BRIANIAC was conducted by the alumni of the batch of 2020 on January 10, 2023. Ms. Brillia Benny (M. Sc Physics, Pondicherry University), Ms. Anna Babu (M. Sc Physics, SPAP, M. G. University) and Ms. LipsaShibu (M. Sc Physics, St. Thomas College, Pala) were the quiz masters. They made an excellent team and with contribution from their batchmates, the quiz was conducted in an exemplary manner. The programme was sponsored jointly by Prominent, A Perfect Solution and the alumnae of 2013-16.



## ANTI-DRUG DAY -CARD MAKING COMPETITIONS

As part of an Anti-Drug Awareness program, the Department of Chemistry organised an Interdepartmental Card Making Competition on October 17, 2022. Students from various departments enthusiastically participated in the competition, showcasing their creativity and commitment to spreading awareness. The theme of the competition was “QUIT DRUGS, CHOOSE LIFE.” The winners of the competition were Neha Benny from I DC Chemistry, who secured the first prize, Nancy Siby from III DC Chemistry, who won the second prize, and Ahana Anna Mathews from I DC Chemistry, who received the third prize.



**ALPHONSA COLLEGE**  
Pala  
Affiliated to Mahatma Gandhi University  
Re-accredited by NAAC with A grade

Department of Chemistry Organizes  
*Anti-Drug Awareness :-*  
**CARD MAKING COMPETITION**

**THEME: QUIT DRUGS  
CHOOSE LIFE**

Date of Submission : 17/10/2022

Dr.Sr Regeenama Joseph  
Principal

Dr.Sr Jilly James  
Head of the Department

### Rules and guidelines

- Each participant can submit only one poster.
- The poster must be on the A5 sheet ( half of A4 sheet)
- Acceptable tools for drawing/painting include pencil , water colour , oil paint , crayons etc. Photographs , print - outs , wires , other 3D objects are not acceptable. The poster should be original and handmade.
- Name and class of the participant must be clearly mentioned on the right side bottom of the sheet.
- The theme " Quit Drugs, Choose Life " should be the main focus of the poster.



**NATIONAL YOUTH WEEK CELEBRATION-13 JANUARY 2023**

The Department of Chemistry, in collaboration with Nehru Yuva Kendra, Kottayam, observed National Youth Week on January 13, 2023. The program, organised by Karoor Rural Development Society, Pala, and the Department of Chemistry at Alphonsa College, Pala, aimed to celebrate and empower the youth. As part of the observance, a quiz competition and an essay writing competition were held. Ann Maria Jose and Meenakshi Krishna emerged as the winners of the quiz competition, showcasing their knowledge and quick thinking skills. In the essay writing competition, Balendu Binukumar and Melitta Therese Mathew were recognized for their exceptional writing abilities. The competitions provided a platform for students to showcase their talents and engage in meaningful discourse on youth-related issues.



**GOV. OF INDIA**  
**(MINISTRY OF YOUTH AFFAIRS AND SPORTS)**  
**NEHRU YUVA KENDRA, KOTTAYAM**

**NATIONAL YOUTH WEEK**  
2023 January 12 to 19

ORGANIZED BY  
Karoor Rural Development Society, Pala &  
Department of Chemistry, Alphonsa College, Pala.

VENUE  
Alphonsa College Auditorium, Pala

TIME  
10.00 am to 1.00 pm

13/01/2023 വെള്ളിയാഴ്ച 10.00 a.m.

ഉദ്ദേശ്യപ്രർവ്വഹനം: [Name]

സുവാഗതം: [Name]

അദ്ധ്യക്ഷണം: [Name]

ഉദ്ദേശ്യം: [Name]

ആദരണം: [Name]

പ്രദർശനം: [Name]

സമ്മാനങ്ങൾ: [Name]

കൃതജ്ഞൻ: [Name]

## WORLD POPULATION DAY- DEBATE COMPETITION

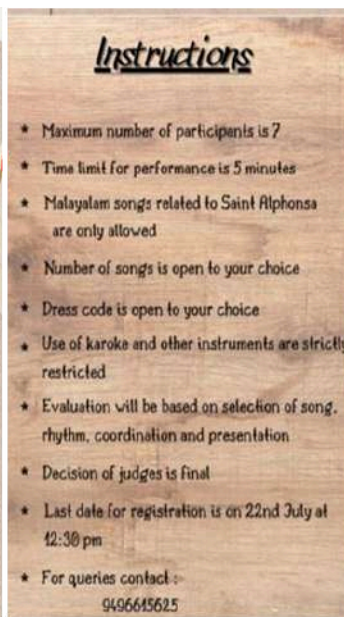
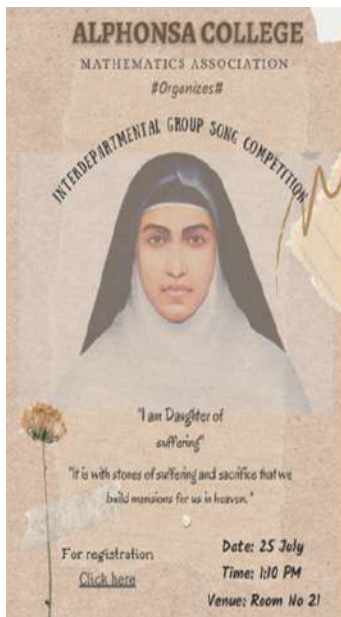
The Mathematics Association of Alphonsa College, Pala, in collaboration with the Debate and Oratory Club, organised an Interdepartmental Debate Competition on July 12th, in observance of Population Day. The competition focused on the topic "whether population increase will affect the human rights of an individual." Each team, consisting of two participants, engaged in spirited debates on the subject. Ms. Alleymol Sebastian and Ms. Ashley from the English Department served as judges for the event. Participants from various departments showcased their debating skills, with Rhon Thomas and Ann Maria Jose from the English Department being selected as the best debating team. Additionally, Ann Maria Jose was recognized as the best debater, demonstrating exceptional speaking abilities and persuasive arguments. The competition provided a platform for students to critically analyze and discuss the implications of population growth on human rights, fostering intellectual engagement and critical thinking among participants.





## ALPHONSA DAY - INTERDEPARTMENTAL GROUP SONG COMPETITION

In commemoration of the 76th death anniversary of St. Alphonsa, the Mathematics Association organised an interdepartmental group song competition. The event aimed to celebrate the life and legacy of St. Alphonsa through music and camaraderie. The Zoology department secured the first prize with their captivating performance, while the Department of Economics claimed the second prize with their melodious rendition.



## 75<sup>th</sup> INDEPENDENCE DAY CELEBRATION

The Department of Mathematics organised a contest for the best photo with an Independence Day background in connection with the 75th Independence Day celebrations. As part of this initiative, students of the Department of Mathematics proudly hoisted the National flag in their house premises, demonstrating their patriotism and commitment to honouring the occasion. This event not only fostered a sense of national pride among the students but also promoted creativity and engagement with the spirit of Independence Day.



## CRACKING THE CUBE COMPETITION- NATIONAL MATHEMATICS DAY

In connection with National Mathematics Day, the Department of Mathematics conducted a competition 'Cracking the cube' at college level on 22<sup>nd</sup> December 2022. The competition was to find out who finishes solving the Rubik's Cube within a short period of time. Aleena Sebastian of English department and Anamika C of History department got first and second prize respectively.



## WETLAND DAY-INTERCOLLEGIATE PPT COMPETITION

An Intercollegiate PowerPoint competition was conducted on February 2, 2023, in conjunction with the observance of Wetland Day. The event drew participation from eight teams representing various colleges. Additionally, our college was represented by two teams, showcasing our commitment to environmental awareness and active engagement in such significant initiatives.



## INTER-COLLEGIATE MATHEMATICS FEST

The Department of Mathematics at Alphonsa College, Pala, successfully organised the State Level Intercollegiate Mathematics Fest – ‘NUMEROS’ on March 31, 2023. The event featured two competitions: 'GOOGOL' – the All Kerala Intercollegiate Maths Quiz, and 'MATH ESTAFETTE' – the Maths Relay Competition. A total of 13 teams participated in the Quiz competition, including teams from various colleges and students from our college. In the Math Estafette, Ganga S Nair, Anjali Krishna V, Miliya T Tom, and Ammu Elsa (2 teams) represented Alphonsa College, Pala. Additionally, in the Math Relay competition, Ann Tresa and Kalyani A. Pillai also represented the college and secured the first position, showcasing exceptional mathematical skills and teamwork.



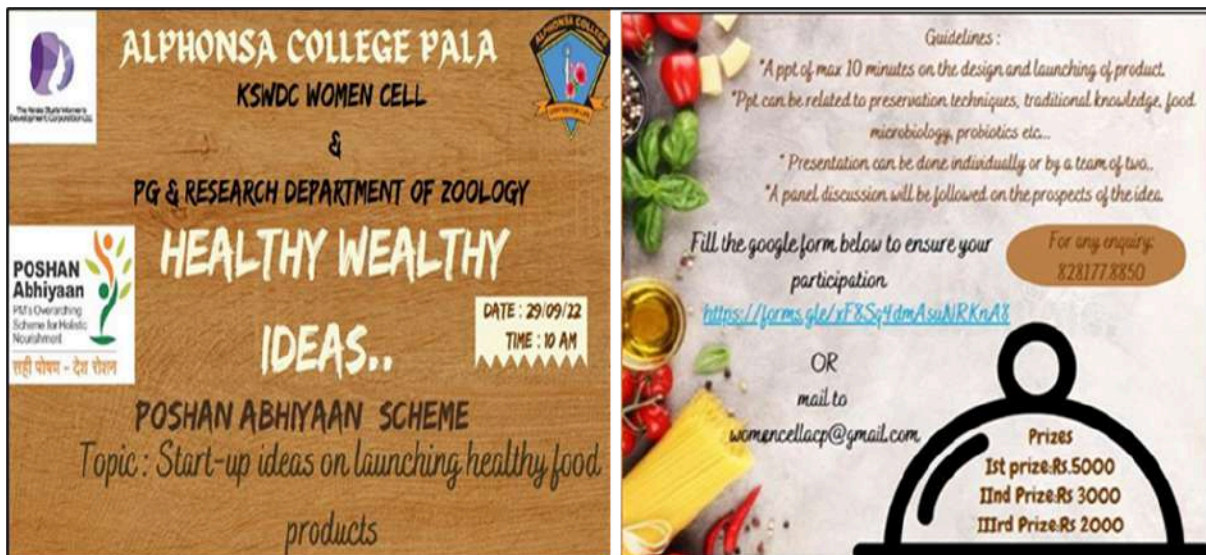
**Winners of Quiz competition**



**Winners of Maths Relay competition**

## INTERCOLLEGIATE POWERPOINT PRESENTATION CONTEST -HEALTHYWEALTHY IDEAS

An Intercollegiate Healthy Idea Contest “Healthy wealthy ideas” PowerPoint presentation contest was conducted by Women Cell of Alphonsa College Pala and Department of Zoology on 29<sup>th</sup> September 2022 under the sponsorship of Kerala State Women Development Corporation Ltd. It was organised in connection with “Poshan Abhiyan Scheme” launched in 2018 by the Government of India with the aim of tackling the malnutrition problem prevalent in India. Poshan Abhiyan is also known as the National Nutrition Mission (NNM). Seven teams from various colleges participated in the event.



**ALPHONSA COLLEGE PALA**  
KSWDC WOMEN CELL  
&  
PG & RESEARCH DEPARTMENT OF ZOOLOGY

**POSHAN Abhiyaan**  
PM's Overarching Scheme for Holistic Nourishment  
सही पोषण - देश रोशन

**HEALTHY WEALTHY IDEAS..**

DATE : 29/09/22  
TIME : 10 AM

**POSHAN ABHIYAAN SCHEME**  
Topic : Start-up ideas on launching healthy food products

**Guidelines :**  
\* Ppt of max 10 minutes on the design and launching of product.  
\* Ppt can be related to preservation techniques, traditional knowledge, food microbiology, probiotics etc..  
\* Presentation can be done individually or by a team of two.  
\* A panel discussion will be followed on the prospects of the idea.

Fill the google form below to ensure your participation  
<https://forms.gle/xF8Sq4dmAsuNRKnA8>

OR  
mail to  
womencellacp@gmail.com

For any enquiry:  
8281778850

**Prizes**  
Ist prize: Rs. 5000  
IIInd Prize: Rs. 3000  
IIIrd Prize: Rs. 2000



## INTRA-DEPARTMENTAL COLLAGE COMPETITION

The Department of Economics organised an Intra-Departmental Collage Competition on June 6th, 2022, in commemoration of Environment Day. The theme, "Only One Earth," highlighted the urgent and existential concern of environmental conservation. Students participated in the competition by creating collages that reflected the importance of preserving our planet and addressing environmental challenges. The event aimed to raise awareness and promote action towards sustainable practices for the protection of our shared environment.



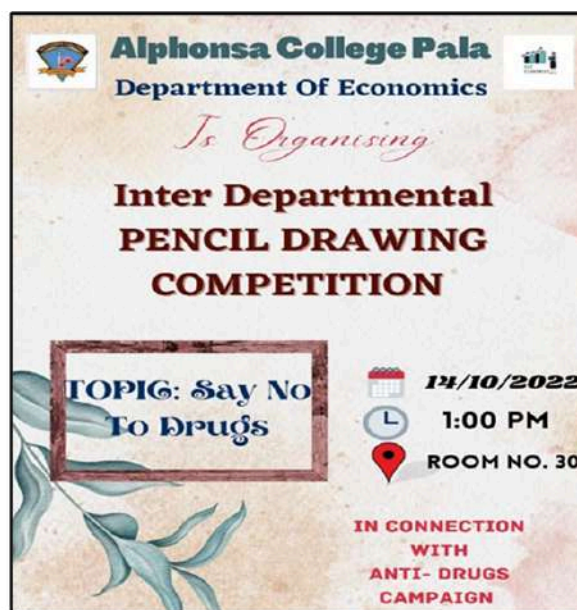
## INTERDEPARTMENTAL NEWS READING COMPETITION

In celebration of Reading Day, the Department of Economics organised an Interdepartmental News Reading Competition on June 20, 2022. This event aimed to promote reading skills and encourage students to engage with current events. Participants from various departments showcased their ability to present news articles effectively, fostering a spirit of literacy and communication across disciplines.



## PENCIL DRAWING COMPETITION

Department of Economics, Alphonsa College Pala organised an Inter-Departmental **pencil drawing competition** on the theme “**SAY NO TO DRUGS** ” on October 14. In the said competition, students from various departments participated enthusiastically. Through this competition we are able to create awareness among the students about the evils of intoxication. In the competition, MAEnglishII<sup>nd</sup> year student Reshma KThankachanwon first place and B.A. Economics III<sup>rd</sup> year student Ansu Paul Rajwon the second place.





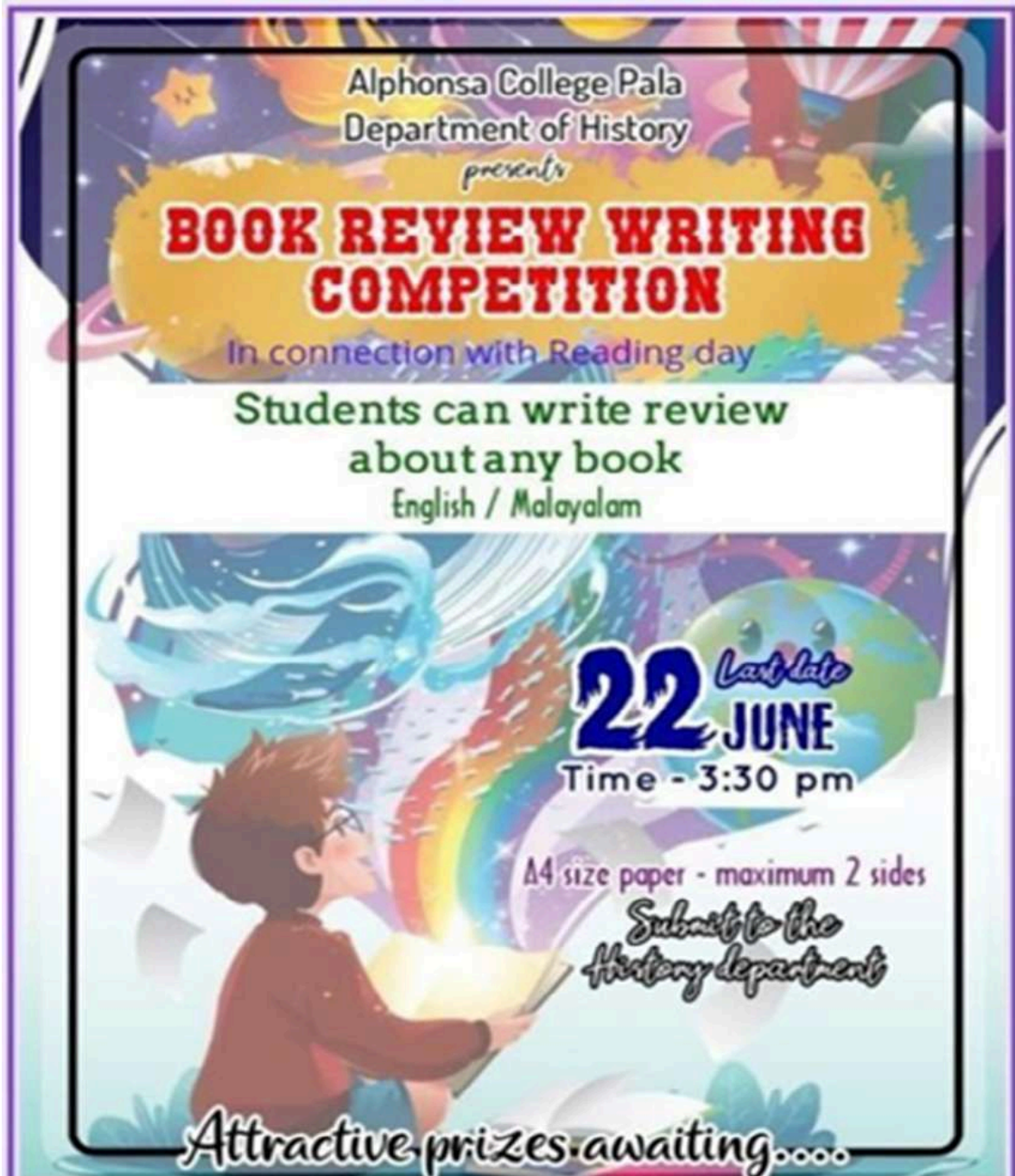
## ENVIRONMENT DAY QUIZ COMPETITION

The Department of History organised a quiz competition in association with Environment Day observation on June 6, 2022. The event aimed to raise awareness about environmental issues among students. It provided a platform for participants to test their knowledge and understanding of environmental history and contemporary environmental challenges.



## BOOK REVIEW WRITING COMPETITION

The Department of History conducted a Book Review writing competition on June 23, 2022, in connection with Reading Day celebration. Students were encouraged to write reviews about any book in either Malayalam or English. The competition aimed to promote reading habits and critical thinking skills among the students while also celebrating the joy of literature.



Alphonsa College Pala  
Department of History  
*presents*

**BOOK REVIEW WRITING  
COMPETITION**

In connection with Reading day

Students can write review  
about any book  
English / Malayalam

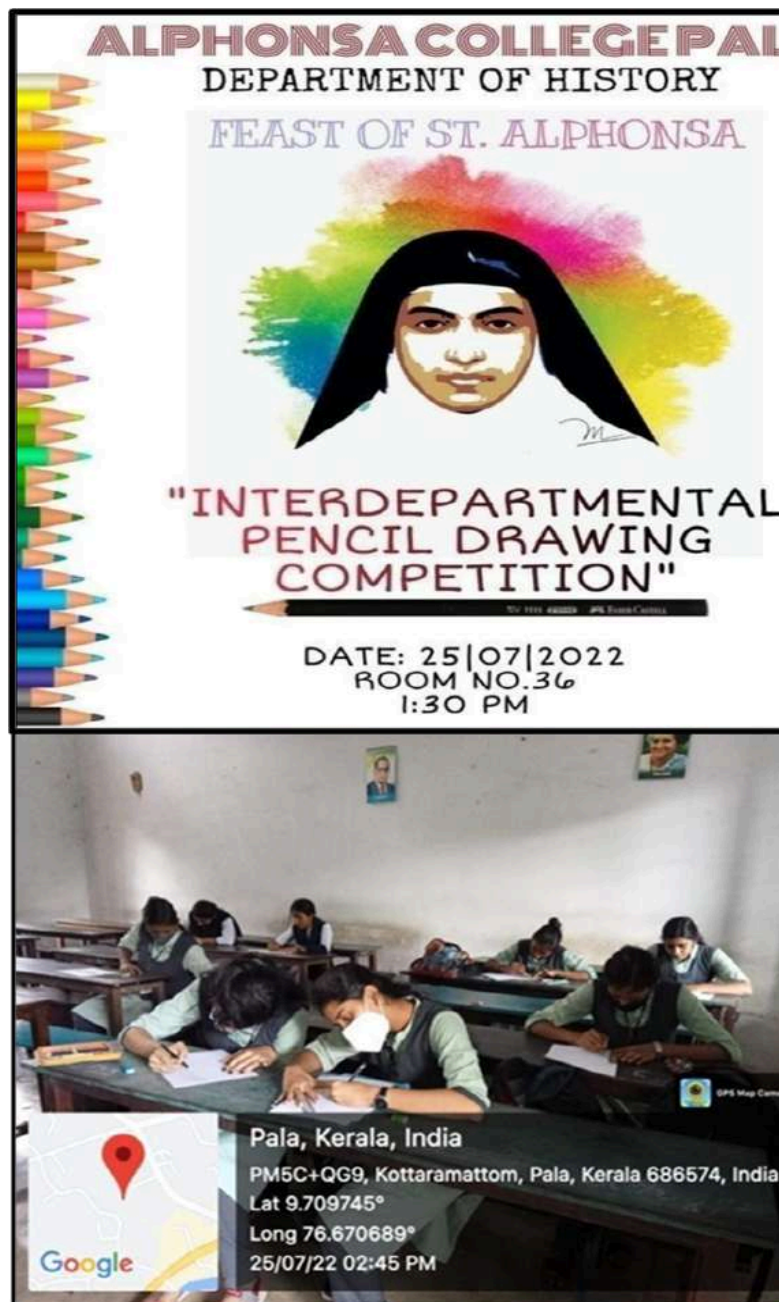
**22** *Last date*  
**JUNE**  
Time - 3:30 pm

A4 size paper - maximum 2 sides  
*Submit to the  
History department*

*Attractive prizes awaiting....*

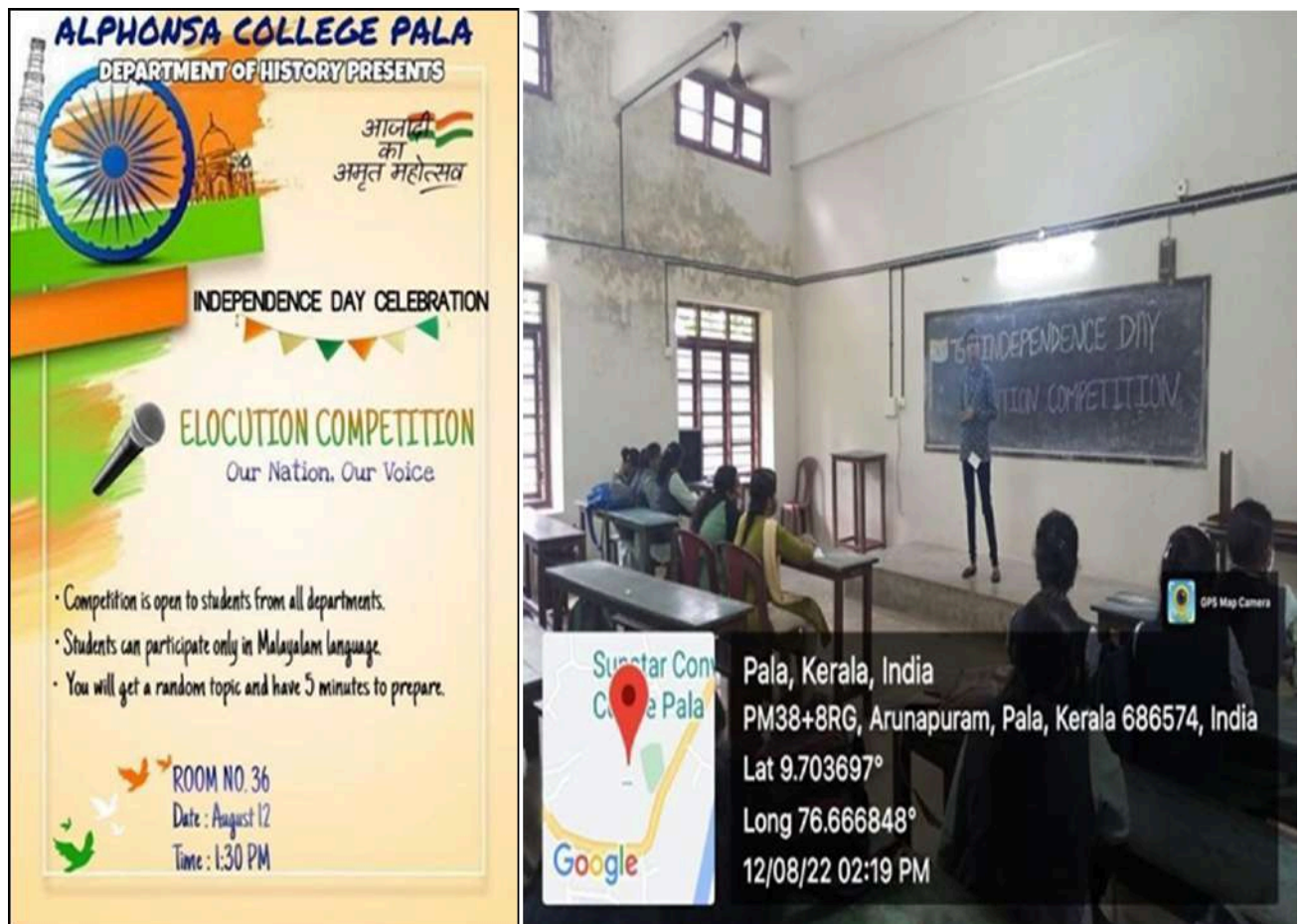
## PENCIL DRAWING COMPETITION

The Department of History organised an Interdepartmental Pencil Drawing competition on July 25, 2022, in connection with St. Alphonsa Day. The theme of the competition was 'Life of St. Alphonsa,' commemorating the life and contributions of the saint. Students from various departments participated, showcasing their artistic talents and creativity. The event fostered a sense of appreciation for the cultural and historical significance of St. Alphonsa while encouraging artistic expression among the students.



## ELOCUTION COMPETITION

The Department of History organised an interdepartmental elocution competition on August 12, 2022, in connection with Independence Day celebrations. The competition aimed to commemorate the significance of Independence Day and foster patriotic sentiments among students. Participants from various departments delivered speeches on topics related to freedom, patriotism, and the history of the Indian independence movement. The event provided a platform for students to express their thoughts and reflections on the importance of independence and national unity.



## INTERDEPARTMENTAL HISTORY QUIZ COMPETITION

An interdepartmental quiz competition was conducted on 4<sup>th</sup> November 2022 in association with the Malayalam department. Quiz masters were Dr Anila Thomas, Assistant Professor Department of Malayalam and Anna Dominic III DC History student. Winners were : I Prize – Jennifer Stanly, Aiswarya C Raj (Department of Economics); II Prize – Sandra Elizabeth Joseph, Kalyani A Pillai (Department of Mathematics) III Prize – K.S Vaishnavi, Samyaka S ( Department of Physics)



## COMPETITIONS LEGE LIBRUM

The P G Department of English (SF) conducted several competitions under the banner "Legere Librum" as part of Reading Day on June 20th. These competitions aimed to promote reading and literary appreciation among students. The competitions included:

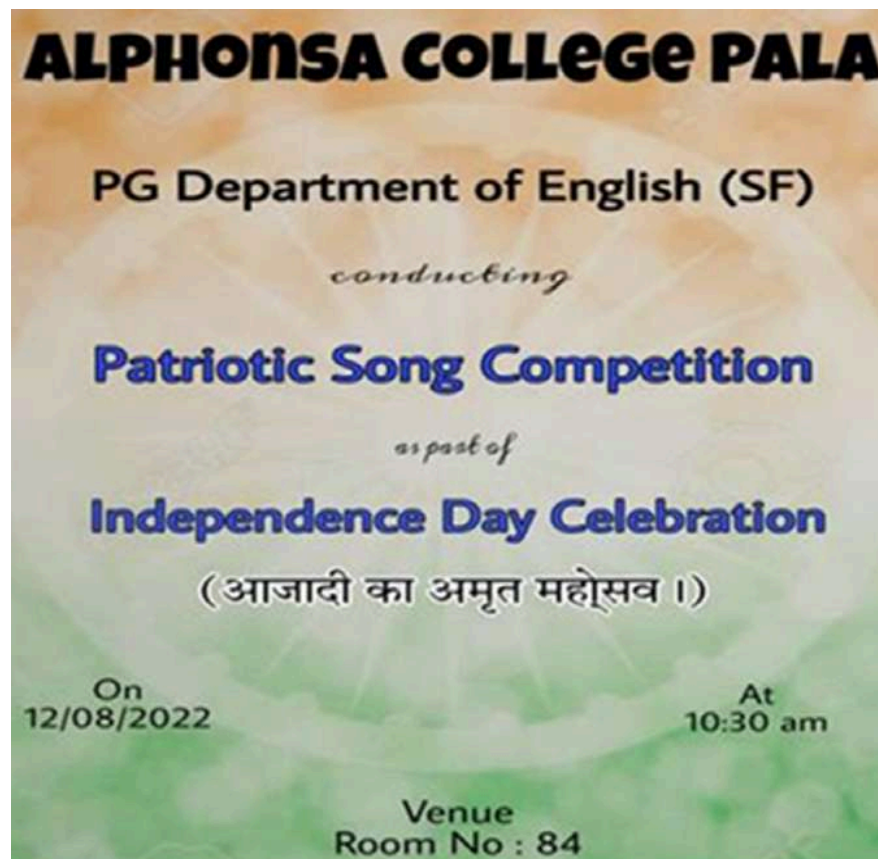
- Chapter Chat (Book Review Competition): Participants were tasked with reviewing a book of their choice, providing insights into its themes, characters, and overall literary merit.
- Read and Reap (Translation Competition): This competition required participants to translate a given text from one language to another, showcasing their language proficiency and translation skills.
- Between the Lines (Reading Competition): Participants engaged in a reading competition, where they demonstrated their ability to comprehend and interpret literary texts effectively.

These competitions provided students with opportunities to explore literature from different perspectives, enhance their language skills, and celebrate the joy of reading.)



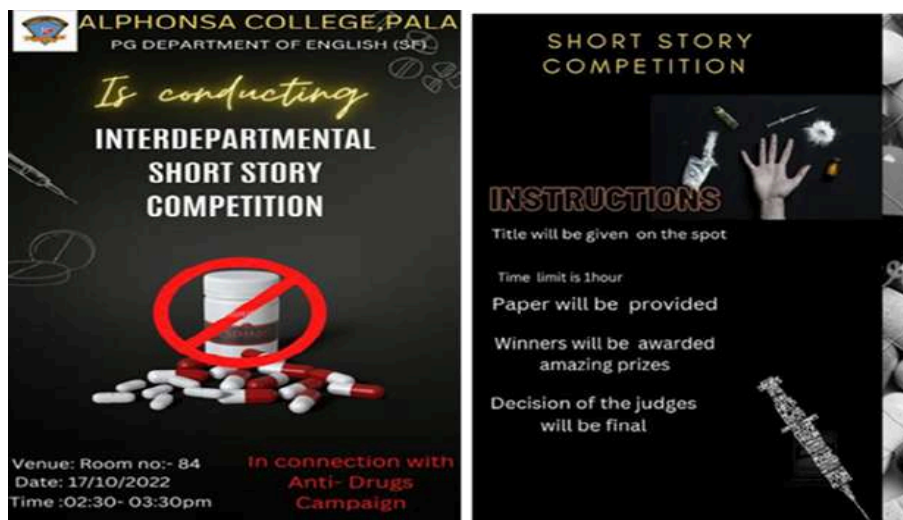
## PATRIOTIC SONG COMPETITION

The P G Department of English (SF) organised a Patriotic Song Competition in commemoration of the 75th year of Independence Day Celebration on August 12, 2022. Students participated enthusiastically, showcasing their patriotism through melodious renditions of patriotic songs. The event added a fervent and patriotic spirit to the Independence Day festivities at the institution.



## SHORT STORY COMPETITION

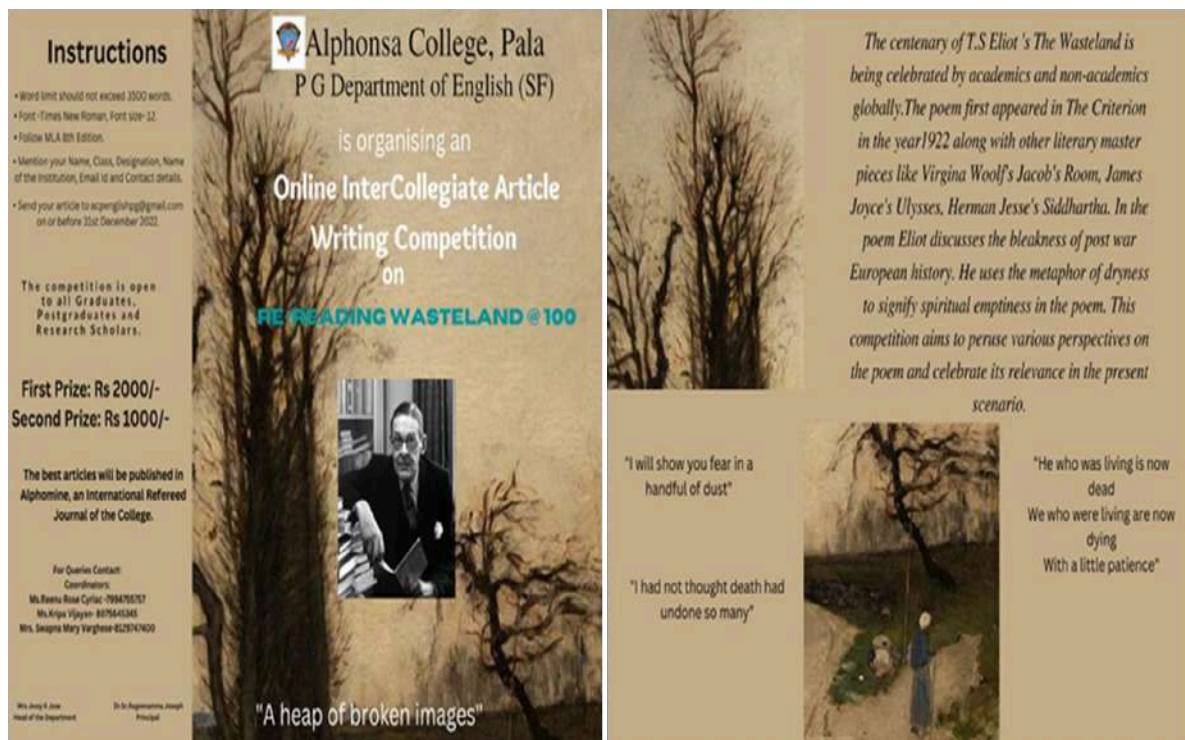
An **Inter departmental Short Story Competition** was organised in connection with the Anti-Drugs Campaign on 17/10/2022. 24 students from various departments participated in the competition. The Topic for the competition was *You Don't Need Heroin to become a Hero*. Elain Antony II MA English secured First Prize and Ajmi S II M.Sc Chemistry Bagged Second Prize and Angel Thomas II M.Sc Clinical Nutrition got Third Prize.





## ONLINE INTERCOLLEGIATE ARTICLE WRITING COMPETITION

The P G Department of English (SF) organised an **online Intercollegiate Article Writing Competition** on 31<sup>st</sup> December commemorating the hundred years of T.S Eliot's *Wasteland*. The Topic for the competition is **Re-Reading Wasteland @100**. Cash Prize of Rs 2000/- and Rs 1000/- are given for the first and second prize winners and the best articles are published in the International Refereed Journal, *Alphamine*. 19 students from various colleges participated in competition and Alphonsa Mampally, II MA English, St. Thomas College, Pala and Aparna U R, II MA English, Mar Ivanious College, (Autonomous) Thiruvananthapuram bagged First and Second Prize.



**Instructions**

- Word limit should not exceed 3500 words.
- Font - Times New Roman, Font size- 12.
- Follow MLA 8th Edition.
- Mention your Name, Class, Designation, Name of the Institution, Email id and Contact details.
- Send your article to [acpgenglish@gmail.com](mailto:acpgenglish@gmail.com) on or before 31st December 2022.

The competition is open to all Graduates, Postgraduates and Research Scholars.

**First Prize: Rs 2000/-**  
**Second Prize: Rs 1000/-**

The best articles will be published in *Alphamine*, an International Refereed Journal of the College.

For Queries Contact:  
 Coordinators:  
 Ms. Resnu Rose Cyril- 998476237  
 Ms. Anja Vijayan- 8075645345  
 Mrs. Seena Mary Varghese- 825747400

Dr. Anand K. Jose  
 Head of the Department

Dr. Dr. Augustine Joseph  
 Principal

Alphonsa College, Pala  
 P G Department of English (SF)  
 is organising an  
**Online InterCollegiate Article  
 Writing Competition**  
 on  
**RE-READING WASTELAND @100**

*"A heap of broken images"*

The centenary of T.S Eliot's *The Wasteland* is being celebrated by academics and non-academics globally. The poem first appeared in *The Criterion* in the year 1922 along with other literary master pieces like Virginia Woolf's *Jacob's Room*, James Joyce's *Ulysses*, Herman Jesse's *Siddhartha*. In the poem Eliot discusses the bleakness of post war European history. He uses the metaphor of dryness to signify spiritual emptiness in the poem. This competition aims to peruse various perspectives on the poem and celebrate its relevance in the present scenario.

"I will show you fear in a handful of dust"

"I had not thought death had undone so many"

"He who was living is now dead  
 We who were living are now dying  
 With a little patience"

## LAHOJA ID COMPETITION

The Department of Commerce organised a leaf identification competition titled "Lahoja Id" as part of the Environmental Day celebration on June 6th, 2022. Students enthusiastically participated in identifying various types of leaves, promoting awareness about environmental conservation and biodiversity. The competition fostered a deeper understanding of plant diversity and the importance of preserving the environment among the participants.



## TRIVIA-QUIZ COMPETITION

The Department of Commerce organised a quiz competition on June 16<sup>th</sup>, 2022, as part of Reading Day celebrations. The event aimed to promote reading habits and enhance knowledge among students. Participants engaged in a spirited competition, testing their understanding of various literary works and authors..



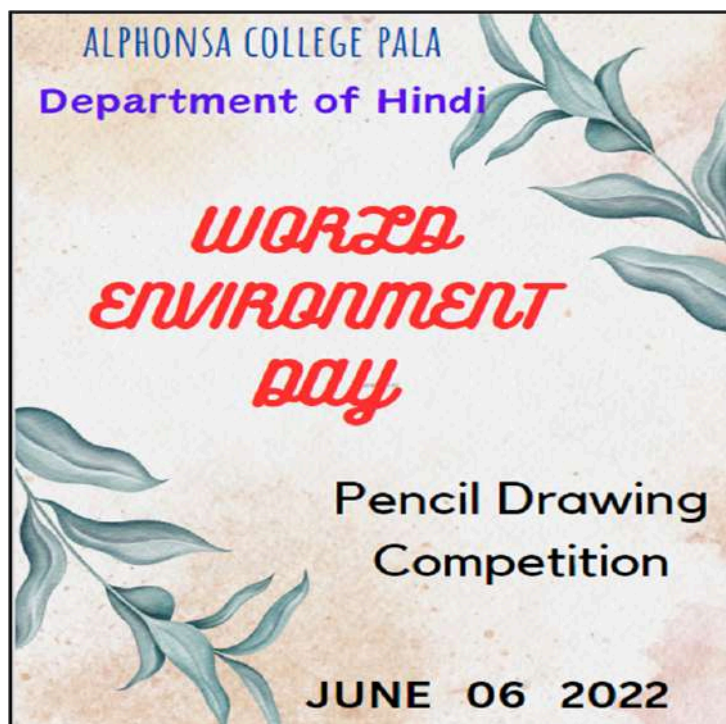
## PATRIOTIC SONG COMPETITION

The Department of Commerce organised a college-level patriotic song competition on August 12th, 2022, as part of the Independence Day celebrations. The event aimed to foster patriotic fervor among students and showcase their musical talents. Participants enthusiastically performed patriotic songs, adding to the festive atmosphere of the celebration.



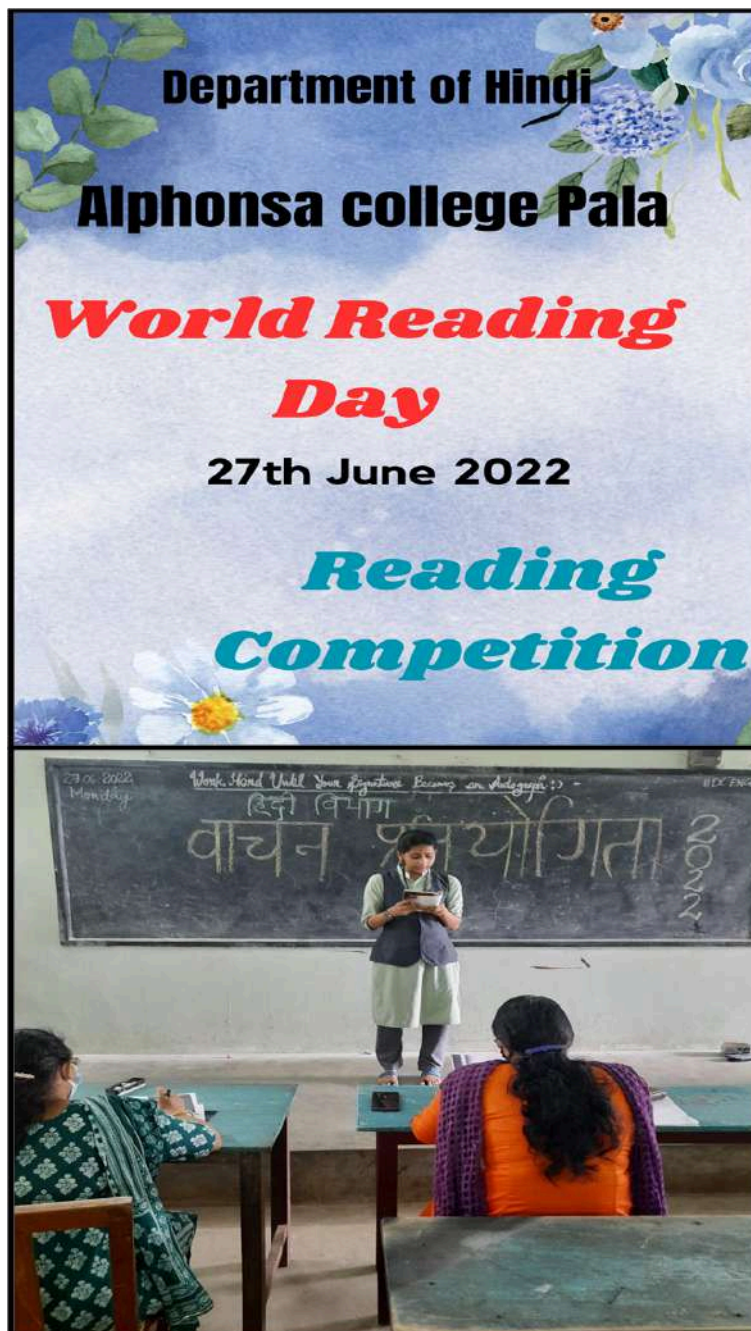
## PENCIL DRAWING COMPETITION

In observance of World Environment Day, the Hindi Department organised a Pencil Drawing Competition on June 6, 2022. The competition aimed to raise awareness about environmental conservation through artistic expression. Participants showcased their creativity and commitment to environmental sustainability through their drawings. Congratulations to Sr Bismi A B from III DC English for securing the first prize and Sr Jinu Joseph from III DC English for securing the second prize.



## READING COMPETITION

In celebration of World Reading Day, the Department of Hindi organised a Reading Competition on June 27, 2022, aimed at fostering a love for literature among students. Congratulations to the winners: Anna Dominic from III DC History, who secured the first prize, and Avanthika R Pillai from IIIDC Botany, who secured the second prize. Additionally, AnnuMariaVarkichan from IIIDC Mathematics deserves recognition for securing the third prize. Their active participation underscored their appreciation for literature and reading, contributing to the success of the event.



## HANDWRITING COMPETITION

In connection with National Hindi Day, the Department of Hindi conducted a Handwriting Competition on August 14, 2022, along with Reading Competitions. Congratulations to the winners of the Handwriting Competition: Nandana J Nair from I DC Botany who secured the first prize, Dona Saji from II DC History who secured the second prize, and AryaSasheendran from II DC Mathematics who secured the third prize. Their exceptional penmanship demonstrated their dedication to the Hindi language and contributed to the success of the event.



## POETRY WRITING COMPETITION

In connection with Anti-Drug Day, the Hindi Department in collaboration with the Malayalam Department conducted a Poetry Writing Competition. Congratulations to the winners: Alaina George from II DC English and Keerthana R Nair from II DC Chemistry who secured the first prize, Sreemol from II DC Physics and Athira Mani from I IDC Economics who secured the second prize and Ann Maria Jose II DC Chemistry received third prize. Their poetic expressions on the theme of drug awareness convey powerful messages and contributed significantly to raising awareness about the dangers of substance abuse.





## PATRIOTIC SONG COMPETITION

In connection with Independence Day, the Hindi Department, in collaboration with the Malayalam Department, organised a Patriotic Song Competition on 16/08/2022. The event aimed to celebrate the spirit of patriotism and unity among students. Participants showcased their talent and love for the nation through melodious renditions of patriotic songs. The competition brought together students from different departments, fostering a sense of pride and national identity.



## TRANSLATION COMPETITION

The Department of Hindi organised a Translation Competition on November 4, 2022, in connection with Kerala Piravi Celebration. The competition aimed to encourage linguistic skills and celebrate the diversity of languages. Congratulations to the winners: ParvathiAshish from I DC Mathematics who secured the first prize, Aswathi Vijay from IDC Zoology who secured the second prize, and Ganga M from IDC History who secured the third prize. Their participation showcased their proficiency in translation and appreciation for linguistic diversity.



## INTERCOLLEGIATE ELOCUTION COMPETITION

The Hindi Department successfully organised an Intercollegiate Elocution Competition on January 31, 2023, aimed at fostering public speaking skills and literary expression. Anna Dominic from III DC History at Alphonsa College, Pala, clinched the first prize, while Kavya Gopakumar from III DC Hindi at Ettumanoorappan College, Ettumanoor, secured the second prize. AnaghaRaju from II DC English at Alphonsa College, Pala, emerged as the third prize winner. The winners were recognized with cash prizes, a sponsored trophy by Prof. KJ Mary, and certificates, acknowledging their outstanding performances in the competition.



## QUIZ COMPETITION

A Quiz Competition was conducted by the Quiz Club in connection with Independence Day on August 15, 2022. A total of 29 students from various departments participated in the event, showcasing their knowledge and enthusiasm for celebrating this significant national occasion. The competition fostered a spirit of patriotism and intellectual engagement among the student community.



**Alphonsa College Pala**  
*Department Of Mathematics & Quiz Club*  
*#Organizes#*

**Online Quiz Competition**  
in connection with  
**Independence Day**

75  
आज़ादी का  
अमृत महोत्सव

- Competition is open to students from all departments
- Last date for registration in on 12th Aug 2022
- For queries contact: 8281879099

For registration :  
[CLICK HERE](#)

**DATE: 13 AUGUST**  
**TIME: 2 PM**

## CARD MAKING COMPETITION

On July 25, 2022, as part of 'St. Alphonsa Day', the Department of B.Voc Fashion Technology organised a **Card Making Competition** titled "A Greetings to St. Alphonsa". This competition was conducted specifically for the students of II DC and III DC fashion technology. Merslin Mathew (III DC) and Anita Regi (II DC) secured the first prize. Anjana Jagadheeshan (III DC) and Aswini S. Dev (II DC) secured the second prize. Krishnavani V.S. (III DC), Aswathy Pramod (II DC), and Bobyana Rosamma Manu (III DC) secured the third prize. The competition was a creative way to honour St. Alphonsa and engage students in artistic expression.



DEPARTMENT OF FASHION  
TECHNOLOGY  
PRESENTS

*"Greetings for St. Alphonsa"*

ALPHONSA DAY  
FEAST OF ST. ALPHONSA JULY 28

Department  
Card Making Competition  
Theme : St. Alphonsa

"Whatever you do, do it for the love of Jesus. Don't  
only work to please your superiors."  
-St Alphonsa

On Monday  
25th July  
2022

The cards can be made from home  
and they will be collected from the  
class in the morning itself.

## HAND EMBROIDERY COMPETITION

As part of 'World Embroidery Day', the Department of B.Voc Fashion Technology organised a "Hand Embroidery Competition" for the students of Alphonsa College on July 29, 2022. The competition provided an opportunity for students to showcase their skills and creativity in hand embroidery techniques. Participants demonstrated their talent and craftsmanship, contributing to the celebration of World Embroidery Day and promoting the art of embroidery within the college community.



*Program will conduct on Friday  
29<sup>th</sup> July*

Rules for the competition

- \*) Remember to use muslin cloth.
- \*) The size of the embroidery frame is 10 \*10 inch
- \*) Send a photograph or making video of your work and send to 8129279171
- \*) Your name and Department must be clearly attached to the back of your work to enable us to identify your piece.
- \*) Entries will be judged on the following criteria:
  - o) Overall appearance of the finished piece.
  - o) Choices of colour combination.
  - o) Neatness of work (front & Back).
- \*) The design should not be too small, it should cover the area of the cloth.

The Embroidery can be made from home and they will collected from the class in the morning itself

## YOUTH SKILLS DAY - MEHANDI DESIGNING COMPETITION & HAIR STYLING COMPETITION

As part of 'Youth Skills Day' on July 15, 2022, the Department of B.Voc Fashion Technology conducted skill-based competitions including Mehandi Designing, Nail Art, and Hair Styling on August 17, 2022. These competitions were held exclusively for the students of Alphonsa College. In the **Mehandi Designing category**, Abhirami Manoj and Sonamol Johnson (III DC FT) secured the first prize, while Krishnavani V.S. and KeerthiKishor (III DC FT) won the second prize. Akza Mary and Arsha Krishnan (II PG English), along with Amritha E. Bose and Sreelakshmi H. (II PG Chemistry), clinched the third prize. For **Nail Art**, Krishnavani V.S. and BobynaRosamma Manu (III DC FT) emerged as the winners of the first prize, followed by Saniya Elizabeth and Suvarna A. (I IDC English) in the second prize position. RosmiRos Thomas and Athira Mani (II DC Economics) secured the third prize. In the **Hair Styling competition**, Krishnavani V.S. and AnjimaSajeev (III DC FT) bagged the first prize, while Dona and Nicy Sunil (III DC B.Com) claimed the second prize. ReshmaMadhavan and Neethu S. Nair (III DC FT) were awarded the third prize. These competitions provided students with a platform to showcase their skills and creativity, fostering a spirit of innovation and excellence among the participants.



Alphonsa College Pala  
**Youth Skills day**  
**17 AUGUST 2022**  
DEPARTMENT OF FASHION  
TECHNOLOGY PRESENTS

Competitions :

- \* Nail art
- \* Hairstyle
- \* Mehandi

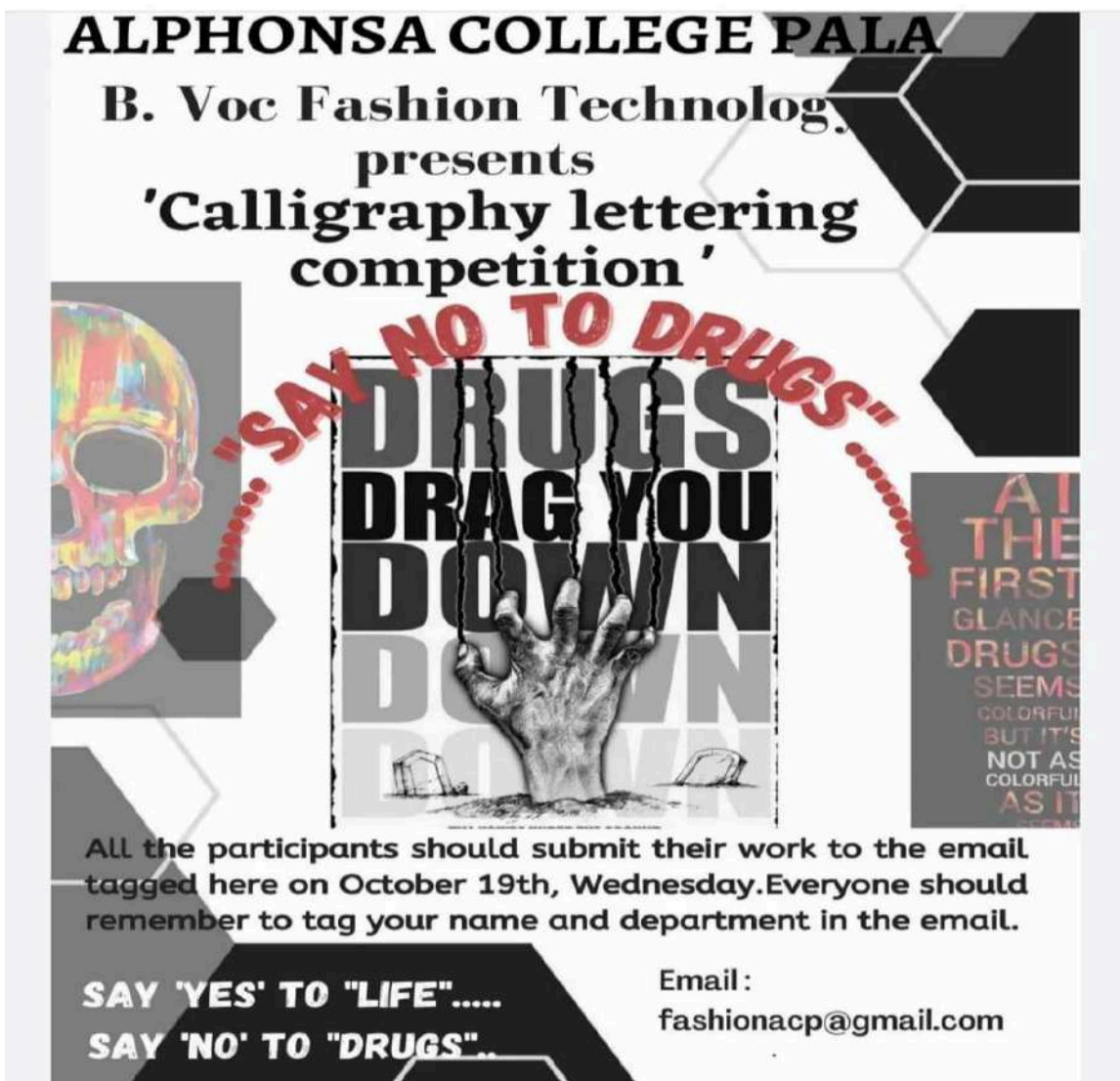
"Art is not what you see, but what you make others see"

As a part of youth skills day, The department of Fashion technology invites all of our alphonsian family to join and participate in the competitions on nail art, hairstyle and mehendi held on 17 August 2022

LAST DATE OF REGISTRATION: JULY 29  
2022

## CALLIGRAPHY LETTERING COMPETITION

As part of the Drug Awareness Program, the Department of B.Voc Fashion Technology organised a "Calligraphy Lettering Competition" for students on October 29, 2022. The competition aimed to raise awareness about drug abuse through artistic expression and creativity. Participants showcased their calligraphy skills to convey powerful messages about the importance of staying drug-free. The event fostered engagement and education among students while promoting a positive message within the college community.



**ALPHONSA COLLEGE PALAI**  
**B. Voc Fashion Technology**  
presents  
**'Calligraphy lettering competition'**

**"SAY NO TO DRUGS"**

**DRUGS  
DRAG YOU  
DOWN  
DOWN  
DOWN**

ALL THE FIRST GLANCE DRUGS SEEMS COLORFUL BUT IT'S NOT AS COLORFUL AS IT SEEMS

All the participants should submit their work to the email tagged here on October 19th, Wednesday. Everyone should remember to tag your name and department in the email.

**SAY 'YES' TO "LIFE".....  
SAY 'NO' TO "DRUGS".....**

Email :  
fashionacp@gmail.com



## ONAM CELEBRATION

The grand Onam Celebration at Alphonsa College took place on September 2, 2022. The event featured a variety of competitions including 'Malayalimanka', 'Pookala Malsaram', and 'Vadamvali' adding colour and festivity to the occasion. Students enthusiastically participated in these activities, showcasing their talents and celebrating the spirit of Onam with joy and fervour.



08.45am	പൂക്കളും മത്സരം
10.00am	മലയാളി മങ്ക
11.00am	ആവോ ദാമാനോ
12.00pm	വടം വലി
<b>LUNCH BREAK - 01.00-02.00</b>	
02.00pm	തിരുവാതിര, flashmob
02.30pm	Department Celebration



## CHRISTMAS CELEBRATION

The Christmas Celebration at Alphonsa College on December 22, 2022, was a delightful event featuring a range of competitions and activities organised by Jesus Youth CSM and the College Union. These included the Letter to Infant Jesus, Live Crib, Dancing Santa, Carol Song, Card making, and Star making competitions, held on December 21<sup>st</sup> and 22<sup>nd</sup>, 2022. Students participated with great enthusiasm, displaying their talents and contributing to the festive atmosphere with joy and fervour..



## ESSAY WRITING COMPETITION

The College Union organised an Essay Writing competition in connection with Environment Day on 03 June 2022. Participants were encouraged to explore environmental themes and articulate their thoughts through the written word. The competition provided students with an opportunity to reflect on pressing environmental issues and propose solutions. It was a valuable initiative to raise awareness and foster a sense of environmental responsibility among the college community.

