



ALPHONSA COLLEGE PALA

Reaccredited (4th cycle) by NAAC with A grade (CGPA 3.24)

ARUNAPURAM P.O., PALA, KOTTAYAM (Dist.)

KERALA STATE, INDIA – 686574

Website: www.alphonsacollege.edu.in

CRITERIA: 5

5.3.3. Participation of students in competitions conducted by other Institutions



PARTICIPATION OF STUDENTS IN COMPETITIONS CONDUCTED BY OTHER INSTITUTIONS

WINNERS IN VARIOUS COMPETITIONS HELD OUTSIDE COLLEGE

Kumari Neha Benny secured II prize in Taluk wise and I prize in district wise - Elocution competition connected with 69th akhilenthya (All India) saharana varakosham.



CYMA THATHAPALLY CENTENARY COMPETITIONS

Kumari Neha Benny secured 1st prize CYMA Thathapally with Certificate & cash prize of 2000/-. The award was given by Goa governor Shri P.S. Sreedharan Pillai.



INTER COLLEGIATE QUIZ COMPETITION

Participated and won the 4th place in Dr. Siby Joseph Memorial Inter Collegiate Quiz competition organized by PG & Research Department of Chemistry, St Joseph's College Moolamattom.



INTERCOLLEGIATE QUIZ COMPETITION

Minna Mathew and Teena Edwin of II MSc Clinical Nutrition and Dietetics won first prize in the intercollegiate **quiz competition** conducted by Food Safety Department of Kerala as part of the observance of Food Safety Day which is held at BCM College Kottayam.



INTERCOLLEGIATE HEALTHY DISH COMPETITION

Ajiya Ann Cyriac and Olivia George of II MSc Clinical Nutrition and Dietetics won first prize in the **Healthy Dish competition** conducted by Food Safety Department of Kerala as part of the observance of Food Safety Day which is held at BCM College Kottayam.



INTERCOLLEGIATE POSTER MAKING COMPETITION

Janet Shan Joy of III DC Clinical Nutrition and Dietetics won first prize in the intercollegiate poster making competition organised by CMS College Kottayam.



DR SR AVITA MEMORIAL INTERCOLLEGIATE QUIZ

Ms Devika Vijayan & Ms Anjana A Nair of III DC Botany have participated in the preliminary round of Dr Sr Avita Memorial Intercollegiate Quiz on Plant Science organised by Department of Botany and Centre for Research on 23/01/2023 at St Tresa's College Ernakulam.



ALL KERALA INTERCOLLEGIATE POWERPOINT PRESENTATION

Ms Arunika U Nair & Ms Anupama of III DC Botany participated and were awarded third prize in All Kerala Intercollegiate PowerPoint Presentation held in Assumption College on 6th February 2023.



ALL KERALA INTERCOLLEGIATE QUIZ COMPETITION

Kum Annmariya Saji of II DC Botany & Kum Devika Vijayan of III DC Botany have won third prize in Prof Filcy T baby Memorial All Kerala intercollegiate Quiz competition held at CMS College Kottayam on 03/03/2023 organised by Department of Botany



DEBATE COMPETITION

Delna M. Joseph and Anna Dominic achieved the First Runner-up position in the Zonal Round of the Maria Philip Future Leaders Debate Competition, organised by Xavier Institute of Management & Entrepreneurship, Kochi, on November 28th, 2022, highlighting their exceptional debating skills and intellectual prowess.



DEBATE COMPETITION

Delna M. Joseph got III Prize in **Debate Competition**, held in connection with **ECOFIESTA**, The National Level Economics Festival at St. Thomas College, Pala on 23rd January 2023.



INTER-COLLEGIATE TREASURE HUNT COMPETITION

Students of Department of Physics participated and received II Prize in Treasure Hunt competition conducted as the part of Inter-collegiate fest, B. K. College for Women, Amalagiri, Kottayam



STATE LEVEL ACADEMIC QUIZ COMPETITION

Binsa Asha Bobby & Elsa Maria Nobil received Fifth Prize in Quiz Competition, PHYSICA 2023, State Level Academic Competition, St. Thomas College, Pala



ESSAY COMPETITION

Elizabeth Abraham secured the second prize in the Essay Competition, while Anna Dominic achieved the third prize in the Elocution Competition, both of which were held in connection with the 69th Co-operative Week celebration conducted by the Meenachil Circle Co-operative Union in Pala on November 14, 2022.



TREASURE HUNT COMPETITION

Alisha Pascal participated in the Treasure Hunt Competition held in connection with ECOFIESTA, The National Level Economics Festival at St. Thomas College, Pala on 23rd January 2023.



GENERAL QUIZ

Vani Pradeep and Veena Pradeep participated in the General Quiz held as part of "Dignitto 2022" at De Paul Institute of Science & Technology, Angamaly on December 1st and 2nd, 2022, showcasing their knowledge and competitive spirit in the event.



NATIONWIDE QUIZ CONTEST "ANVESHA"

Alisha Pascal, Treesa Cyril, and Devika Ajaykumar participated in the nationwide quiz contest "Anvesha" on official statistics organised by the Field Operations Division of the National Statistical Office in Trivandrum.



CONFERENCE PRESENTATION

C. S Dhanya has participated in the Inter National Conference on “CARE FOR OLDER ADULTS AMIDST COVID-19. Held on 19th and 20th of December 2022”



BEST ECONOMIST COMPETITION

Devika Ajaykumar, Department of Economics, actively participated in the Best Economist competition held during Oikonomia 2023, the National Level Inter-Collegiate Fest organised by the Department of Economics, Assumption College, Changanassery, on February 13th and 14th, 2023.



BEST ECONOMIST COMPETITION

Theresa Cyril participated in the **Best Economist Competition** held in connection with ECOFIESTA, The National Level Economics Festival at St. Thomas College, Pala.



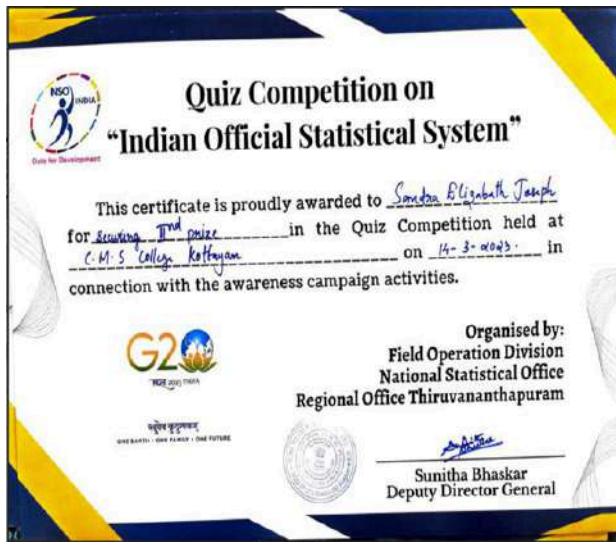
NATIONAL LEVEL INTERCOLLEGIATE QUIZ COMPETITION

Vani Pradeep and Veena Pradeep showcased their intellect and enthusiasm by participating in "Darshan 23", a national level Inter-Collegiate quiz competition organised by the Quiz Club of St. Berchmans College (Autonomous) in Changanassery.



QUIZ COMPETITION ON “INDIAN OFFICIAL STATISTICAL SYSTEM”

Sandra Elizabeth Joseph and Kalayani A. Pillai participated and achieved the second prize in the quiz competition held at CMS College, Kottayam on February 14, 2023, as part of the awareness campaign activities organised by the Field Operations Division of the National Statistical Office, Regional Office Trivandrum. Vani Pradeep and Veena Pradeep also took part in the event.



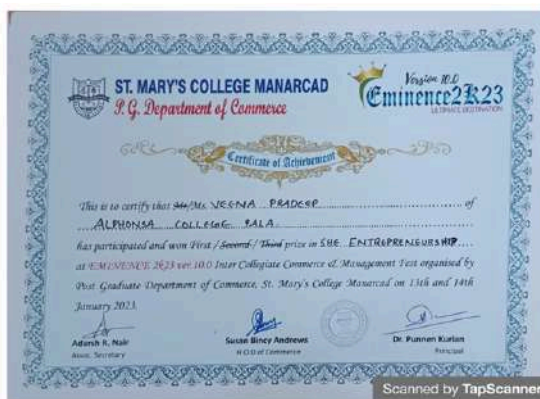
CYMA THATHAPALLY CENTENARY COMPETITIONS

Kumari Mary George achieved the third prize in the CYMA Thathapally Essay Writing Competition 2022 at H.S.S. College, showcasing her exceptional writing skills and dedication.



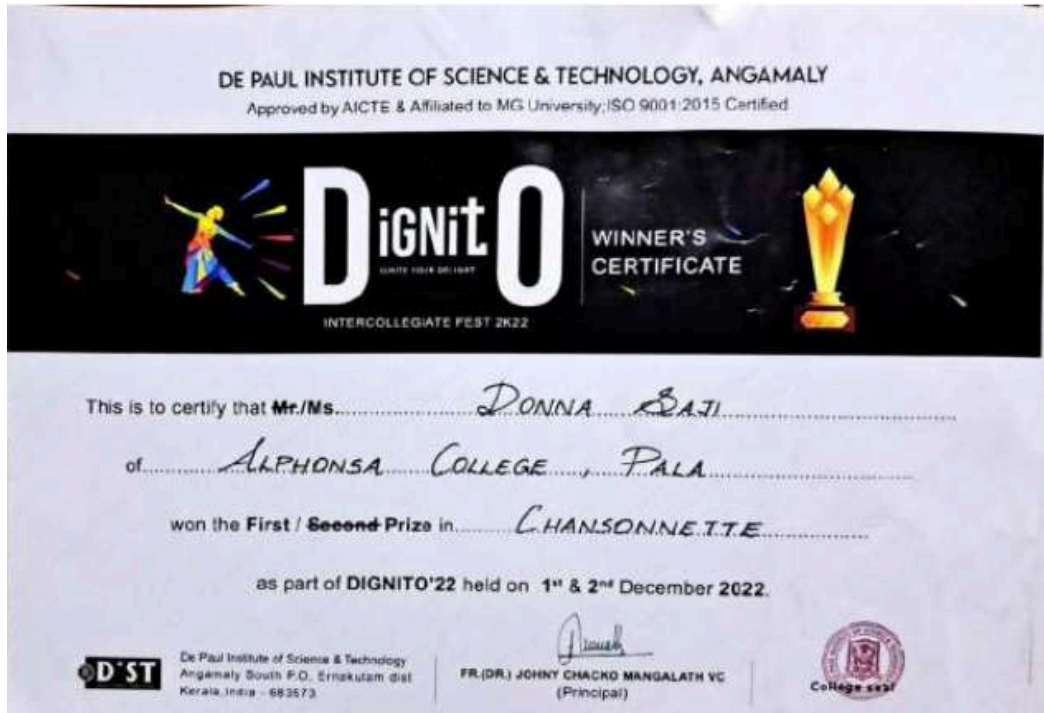
SHE ENTREPRENEURSHIP

Veena Pradeep and Anna Dominic participated and won the first prize in SHE ENTREPRENEURSHIP at EMINENCE 2K23 ver.10.0 Inter-Collegiate Commerce & Management Fest organised by the Post Graduate Department of Commerce, St. Mary's College, Manarcad on January 13th and 14th January 2023.



CHANSONNETTE COMPÉTITION

Donna Saji showcased her exceptional talent by participating and securing the first prize in the Chansonnette competition held as part of "Dignitto 2022" at De Paul Institute of Science & Technology, Angamaly, on December 1st and 2nd, 2022, highlighting her remarkable musical abilities and dedication.



QUIZ COMPETITION

Vani Pradeep and Veena Pradeep participated in the Business Quiz Competition conducted by the Department of Economics, held in connection with ECOFIESTA, The National Level Economics Festival at St. Thomas College, Pala on 23rd January 2023.



MASTERMIND COMPETITION.

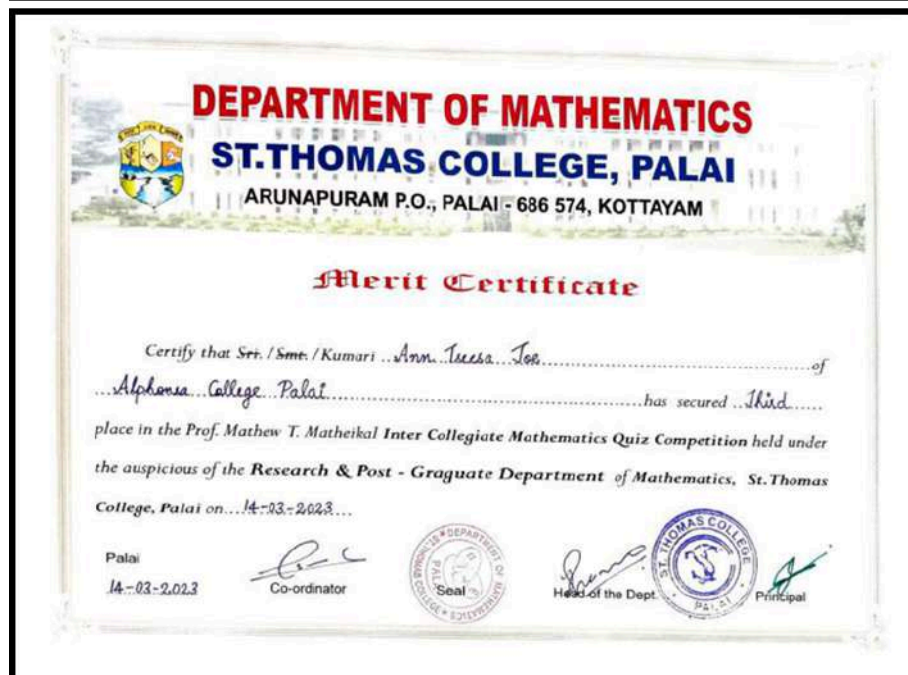
Therese Cyril, Rose Mary Geo, Devika Ajaykumar, and Aleena Mariya formed a group of four members and secured the first prize in the Mastermind Competition held in connection with ECOFIESTA, The National Level Economics Festival at St. Thomas College, Pala on January 23rd, 2023. Another group consisting of Anitta Babu, Josna Jojo, Jennifer Stanley, Vinaya Vinod, Nikhitha Joseph, Alisha Pascal, and Gopika M.G also participated in the event, showcasing their involvement and enthusiasm for the competition.





INTERCOLLEGIATE MATHS QUIZ COMPETITION

Jenit K Jose and Ann Maria Saji demonstrated their mathematical acumen by participating and securing third place in the Pro. Mathew T Mathickal Intercollegiate Maths Quiz Competition held under the auspices of the Research and Post Graduate Department of Mathematics at St. Thomas College, Pala, on March 3, 2023, showcasing their proficiency in mathematical problem-solving and analytical skills.



INTERCOLLEGIATE QUIZ COMPETITION

Ammu Elsa Punnen and Miliya T Tom showcased their intellect and knowledge by participating and achieving the first prize in the Intercollegiate quiz competition held under the auspices of the Department of Statistics and Computer Applications at K.E College, Mannanam on June 28, 2022, highlighting their excellence in academic and competitive pursuits.



ALL KERALA INTERCOLLEGIATE BOTANY QUIZ COMPETITION

Devika Vijayan and Ann Mariya Saji won first prize in the All Kerala Intercollegiate Botany quiz competition at Deva Matha College, Kuravilangad, on March 8, 2022.



ELOCUTION CONTEST (ENGLISH)

Mekha Vincent demonstrated her oratory skills by securing the second prize in the Assumption College Golden Jubilee Memorial Elocution Contest in English, organized by the Staff Association on October 21, 2022, showcasing her eloquence and proficiency in public speaking.



DESHBHAKTI COMPETITION CONTEST

Anakha Raju, representing the Department of English, showcased exceptional talent by participating and emerging as the winner in the National Level Deshbhakti Competition Contest, securing a prestigious award of 5 lakhs, highlighting her dedication and proficiency in patriotic expression and performance.



JAZZY SQUIGGLE (SPOT DRAWING) COMPETITION

Arsha Krishna of II MA English(S F) secured 3rd position in the JAZZY SQUIGGLE (Spot Drawing) with a certificate and a cash prize of Rs 1000/-in FLARY PALOOZA, an Intercollegiate Fest conducted by the Department of English, Bishop Kurialacherry College for Women, Amalagiri on 7 th November 2022.



WITCHY VERSE

Donna Saji, a student of I DC History, achieved the first position in the Witchy Verse (Poetry) category and received a certificate at FLARY PALOOZA, an Intercollegiate Fest conducted by the Department of English at Bishop Kurialacherry College for Women, Amalagiri, on November 7, 2022, highlighting her talent and creativity in poetry.



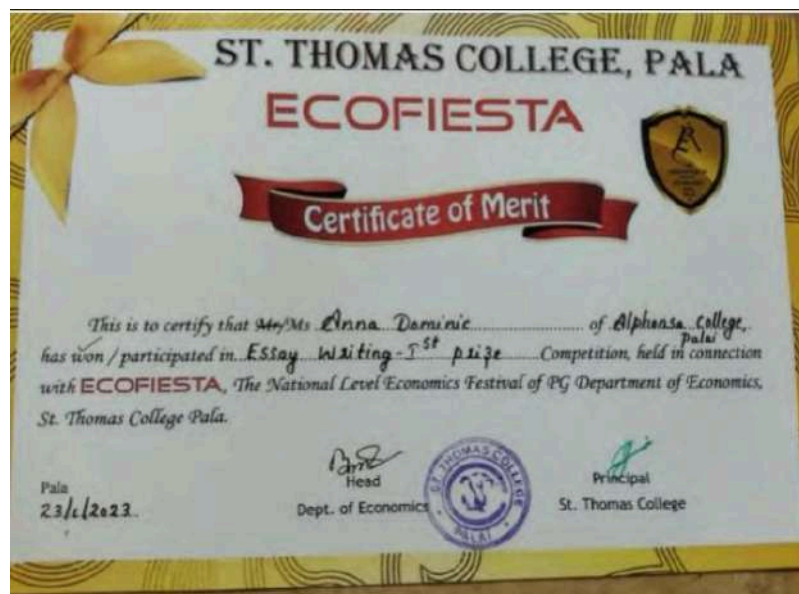
ELOCUTION (HINDI) COMPETITION

Ana Dominic secured A grade in Elocution (Hindi) competition in connection with Mahatma Gandhi University Union Youth Festival 2023 “Anekha” held at Ernakulam during 8th -12th February 2023.



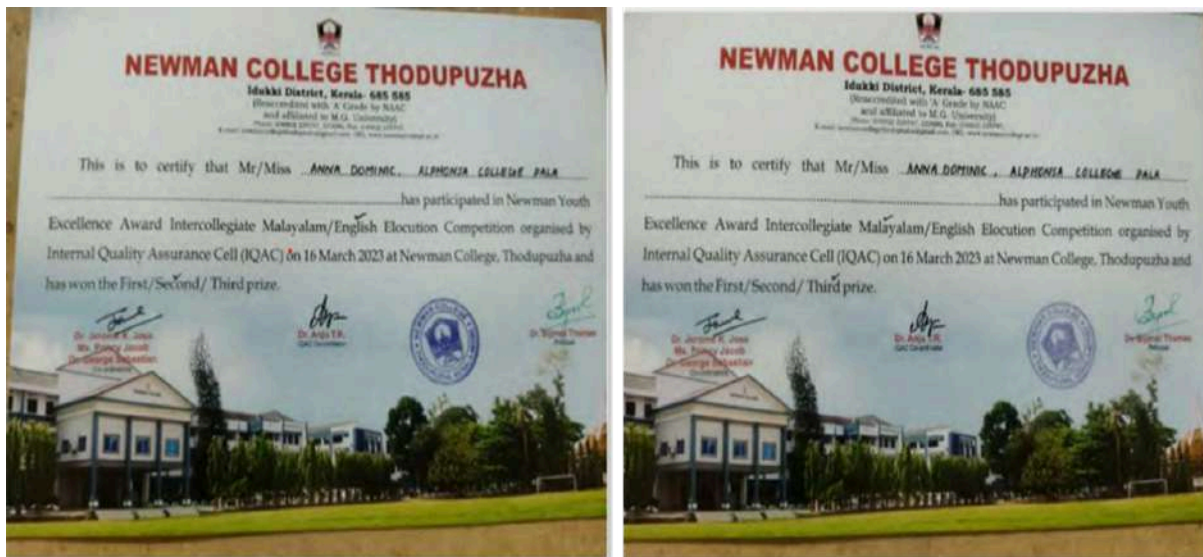
ESSAY WRITING COMPETITION

Anna Dominic has won first prize in Essay writing competition held in connection with ECOFIESTA, The National Level Economics Festival of PG Department of Economics, St. Thomas College, Pala.



INTERCOLLEGIATE ENGLISH & MALAYALAM ELOCUTION

Anna Dominic participated in the Newman Youth Excellence Award Intercollegiate English Elocution and Malayalam Elocution competition organised by the Internal Quality Assurance Cell (IQAC) on March 16, 2023, at Newman College, Thodupuzha. She secured the second prize in the English Elocution competition and the third prize in the Malayalam Elocution competition, showcasing her versatility and proficiency in both languages.



STATE LEVEL INTERCOLLEGIATE DEBATE COMPETITION

Anna Dominic has participated District Level Round of 'Federal Bank Speak for India'-Kerala Edition 2023 a state Level intercollegiate debate competition held on 20th February 2023 at C.M.S College, Kottayam, Kerala



ELOCUTION COMPETITION

Kumari Anna Dominic of Alphonsa College, Pala, secured the first position in the district-level Elocution competition held on December 24, 2022, at the District Collectorate Conference Hall, Kottayam, as part of the National Consumer Day celebrations organised by the Department of Public Supply and Consumer Affairs, Kottayam, Kerala.



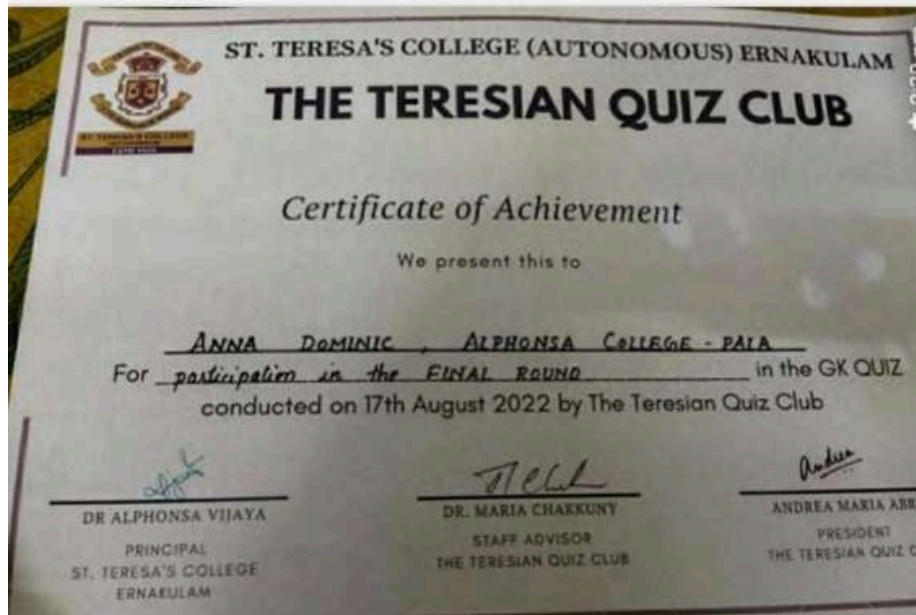
QUIZ COMPETITION

Anna Dominic secured the second position in "The One with the Quiz " competition organised by the Postgraduate & Research Department of English as part of the LITGALA 2022 fest, held on March 30, 2023, at St. Thomas College, Pala, showcasing her knowledge and competitive spirit in the event.



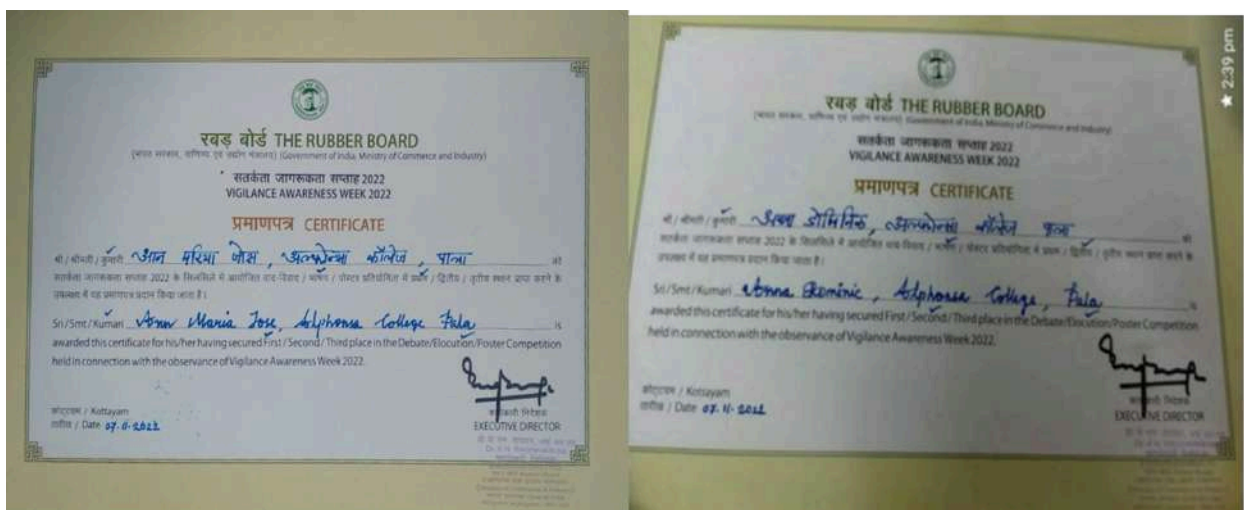
QUIZ COMPETITION

Anna Dominic participated in the final round of the GK QUIZ conducted by the Teresian Quiz Club on August 17th, 2022



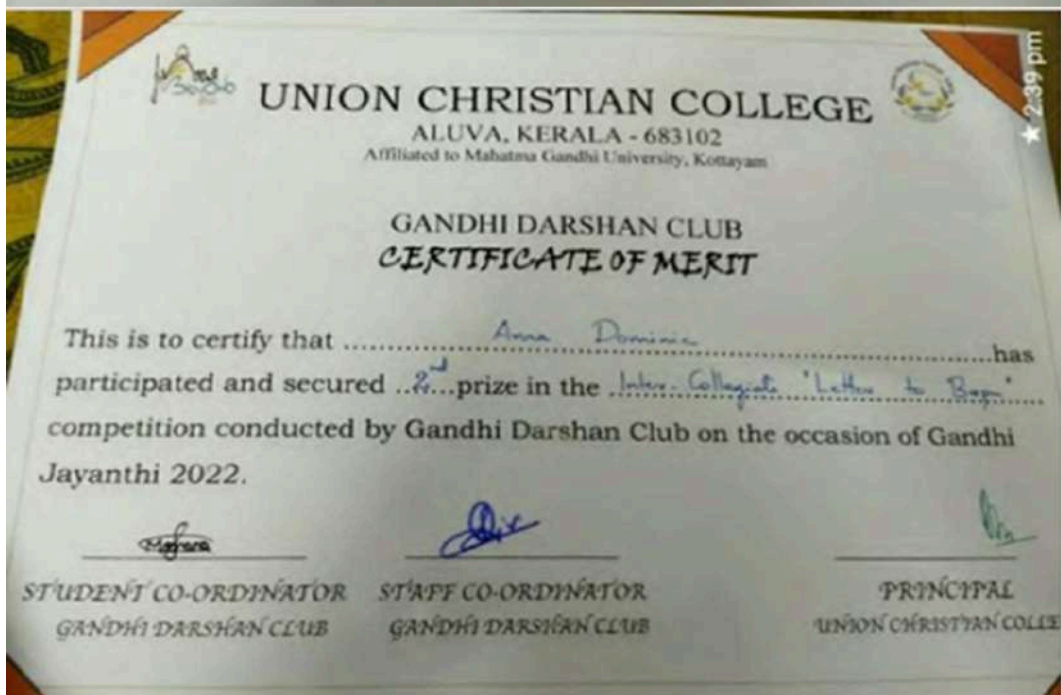
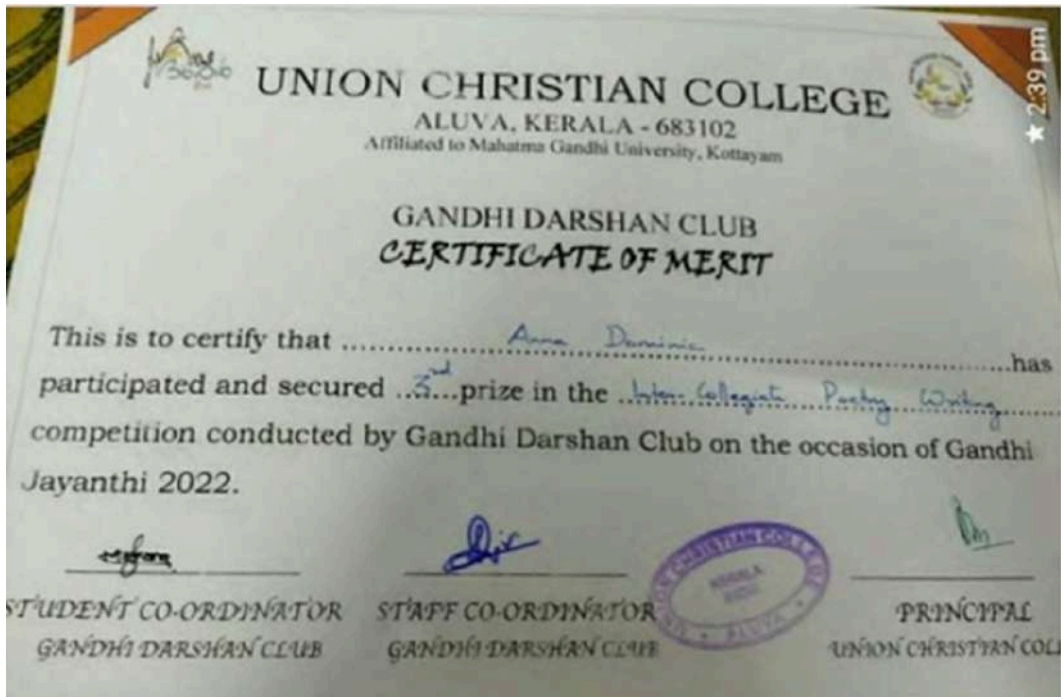
ELOCUTION COMPETITION

Ann Maria Jose, a student of III DC English, and Anna Dominic, a student of III DC History, demonstrated their oratory skills by achieving the first and second place, respectively, in the Elocution competition held in connection with the observance of Vigilance Awareness Week 2022, on November 1st, 2022. Their impressive performances not only showcased their ability to articulate important issues but also highlighted their commitment to promoting integrity and awareness within the college community.



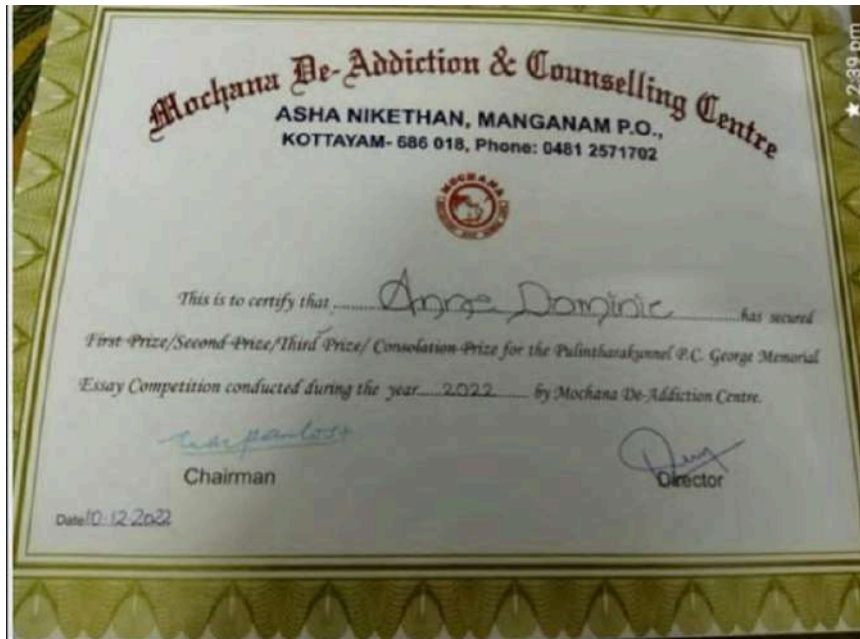
INTER-COLLEGIATE POETRY WRITING & LETTER TO BAPU COMPETITION

Anna Dominic showcased her commitment to the ideals of Mahatma Gandhi by participating and securing the second prize in the Inter-Collegiate Poetry Writing competition, as well as the third prize in the Letter to Bapu competition. These events were conducted by the Gandhi Darshan Club on Gandhi Jayanthi 2022 at Union Christian College, Aluva, highlighting her excellence and active participation in promoting Gandhi's principles.



ESSAY COMPETITION

Kumari Anna Dominic participated and achieved third place in P.C. George Memorial Essay Competition, which was held during the year 2022 by Mochana De-Addiction Centre on December 10, 2022.



ESSAY COMPETITION

Anna Dominic secured the third place in the essay competition held in connection with the 138th Birthday Celebration of the renowned Social Reformer and man of Letters, late Kavithilakan Pandit K.P Karuppan on May 24, 2022



MASTERMIND COMPETITION

Ann Maria Jose, Annett B, and Rhon participated in the Mastermind Competition held in connection with ECOFIESTA, The National Level Economics Festival at St. Thomas College, Pala, on January 23rd, 2023. Their participation showcased their academic prowess and commitment to engaging in challenging intellectual competitions.



DEBATE COMPETITION

Ann Maria Jose, Annette B, and Rhon Thomas, students of the English Department, showcased their debating skills at the Rev Dr. John Vallamattam Memorial Intercollegiate Debate Competition organized by Nirmala College, Muvattupuzha, on February 6th, 2023. Rhon Thomas secured the first prize, while Ann Maria Jose was recognized as the Best Debater and received the Best Debater award. Additionally, Ann Maria Jose and Annette B collectively earned the third prize in the competition. Their outstanding performances reflect their dedication to effective communication and critical thinking.



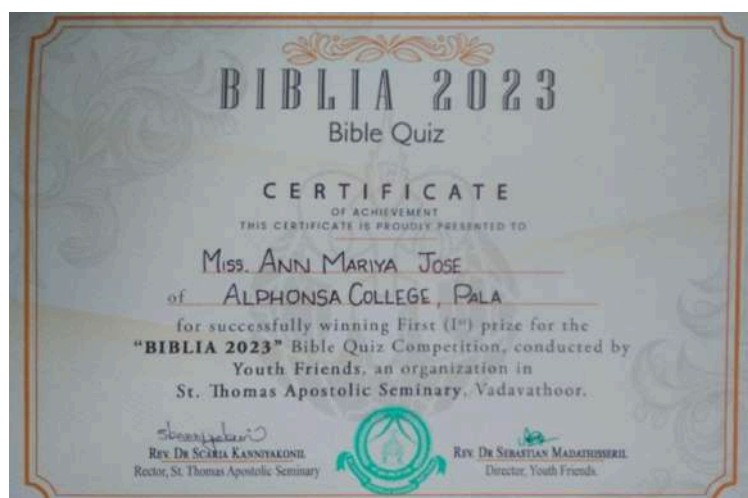
DEBATE COMPETITION

Annette B and Ann Maria Jose, representing the English Department, participated and secured the second position in the Inter-Collegiate Debate Competition organised by The Human Resource Development Cell at St. Dominic's College, Kanjirapally, in association with Panackal Charitable Trust, Ponkunnam, on December 1, 2022. Their commendable performance highlights their eloquence and persuasive abilities, reflecting positively on the department and showcasing their dedication to academic excellence.



BIBLE QUIZ COMPETITION

Kumari Ann Maria Jose achieved a significant accomplishment by securing the first prize, along with a cash prize of Rs. 5000, in the "BIBLIA 2023" Bible Quiz competition organised by Youth Friends, an organisation in St. Thomas Apostolic Seminary Vadavathoor.



ESSAY WRITING COMPETITION

Kumari Mary George secured second position in “JWALIKA 2023” essay Writing competition on the theme Gender Status and Constitution as part of women’s day on 07/03/2023 at BCM College, Kottayam.



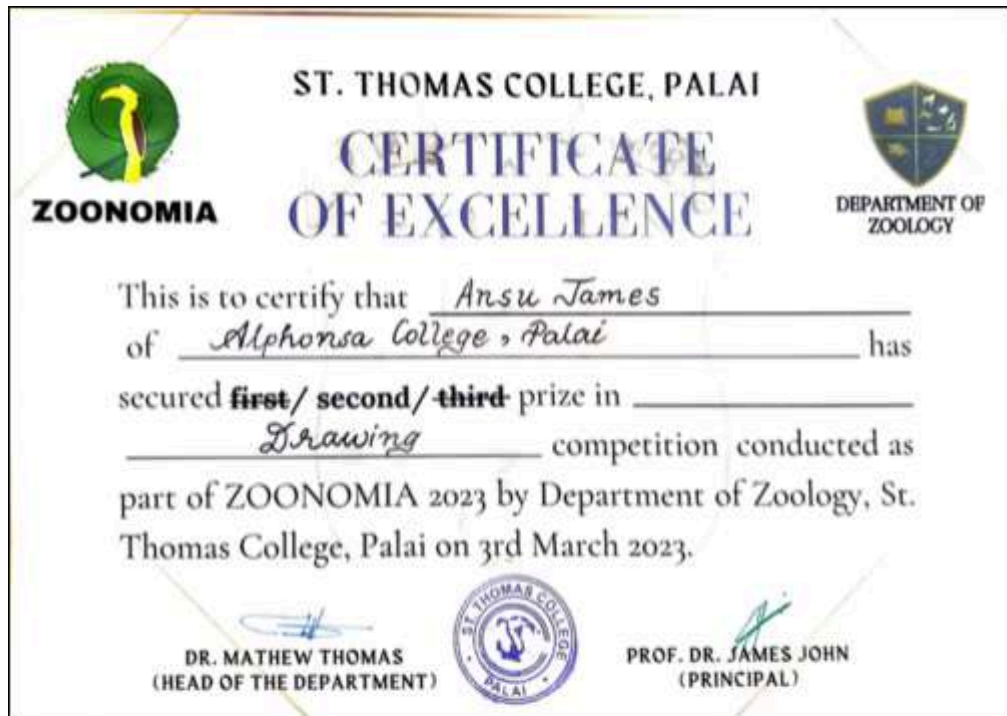
POSTER DESIGNING COMPETITION

Meera V.S secured third prize in the Poster designing Competition organized as part of ZOONOMIA 2023 by the Department of Zoology at St. Thomas College, Pala, held on March 3, 2023.



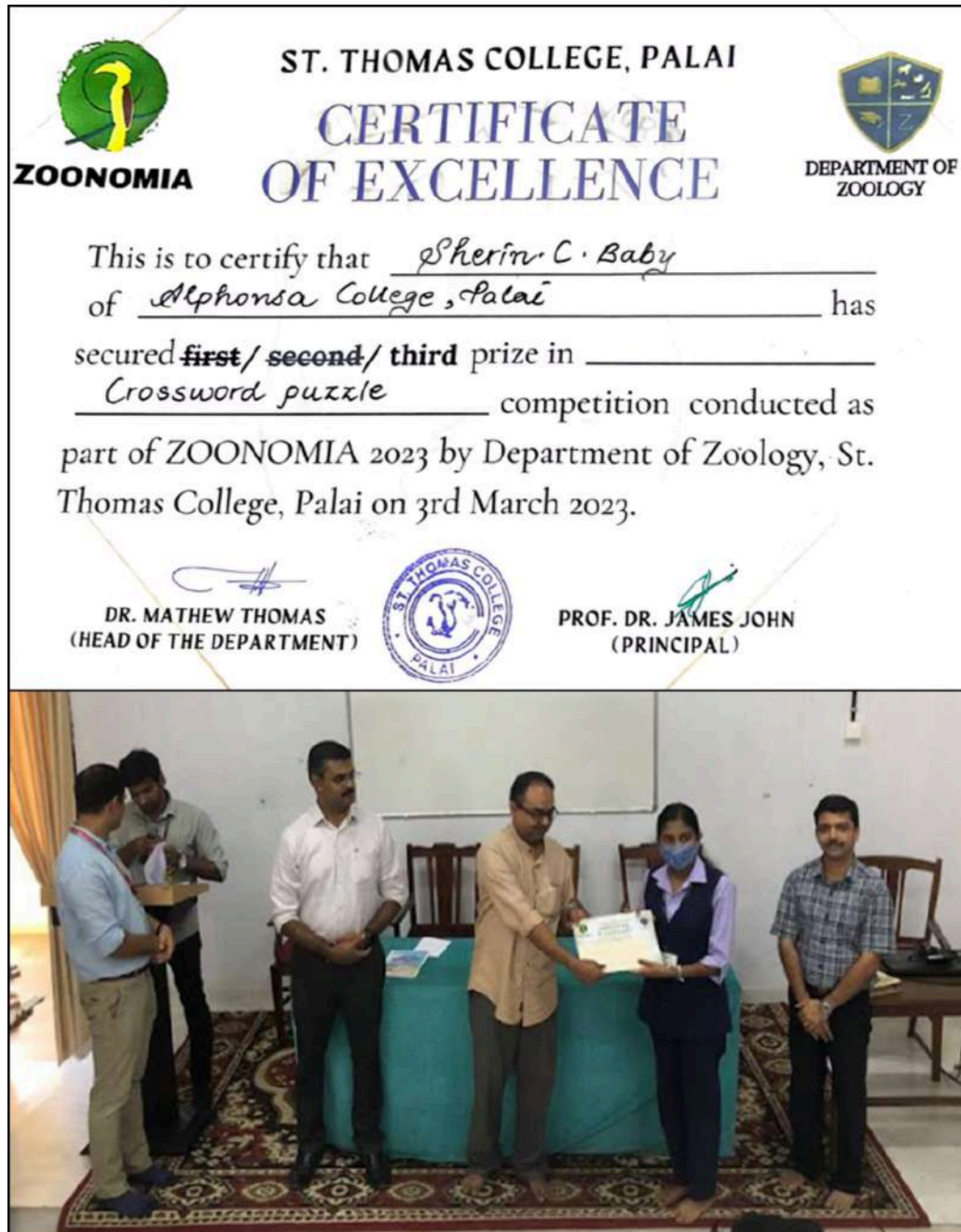
DRAWING COMPETITION

Ansu James clinched the first-place position while Navya Maneesh secured third place in the Drawing Competition organised as part of ZOONOMIA 2023 by the Department of Zoology at St. Thomas College, Pala, held on March 3, 2023.



CROSSWORD PUZZLE COMPETITION

Five students from our college participated in the Crossword Puzzle Competition held as part of ZOONOMIA 2023 by the Department of Zoology at St. Thomas College, Pala on March 3, 2023, with Sherin C Baby securing the third prize, showcasing our students' engagement and success in the event.



QUIZ COMPETITION

Seven postgraduate students took part in the quiz competition as part of ZOONOMIA 2023, organized by the Department of Zoology at St. Thomas College, Pala, on March 3, 2023. Naveena and Chandana achieved second place in the competition.



QUIZ COMPETITION, SPELL BEE COMPETITION, SPOT IDENTIFICATION COMPETITION & INTO THE DARK" COMPETITION

Four students from our college participated in the **Quiz competition** held on December 22, 2022. Additionally, our college had five participants in the **Spell Bee competition** and "**Into the Dark" competition**, and Sherin C Baby participated in the **Spot Identification competition** conducted as part of Zoofest at KG College, Pampady on January 21, 2023.

POSTER MAKING COMPETITION & SPOT IDENTIFICATION COMPETITION

Maria John and Meera V S showcased their artistic talents in the **Poster Making competition**, while Sherin C Baby demonstrated her skills in the **Spot Identification Competition** organised by the Department of Zoology at St. Thomas College, Pala.

QUIZ COMPETITION, CRIME INVESTIGATION COMPETITION, SPELL BEE COMPETITION, JUST A MINUTE COMPETITION & PPT PRESENTATION COMPETITION

Four I PG students from our college participated in the **Quiz competition** on March 9, 2023. Additionally, three students took part in the **Crime Investigation competition**, four students in the **Spell Bee competition**, and Maria John from I PG Zoology represented our college in the **PPT presentation competition and just a minute competition**, all conducted as part of Zoo Fest at SB College, Changanacherry on March 15, 2023.

QUIZ COMPETITION & FICTION WRITING COMPETITION

Donna Saji showcased her academic versatility by participating in the Quiz Competition organised by the Zoological Society at M.T. HSS Kottayam on October 30, 2022. Additionally, she exhibited her creative talents by participating in Fiction Writing as part of the Intercollegiate fest at B K College, Amalagiri, on November 7, 2022, highlighting her engagement in both academic and literary pursuits.