



ALPHONSA COLLEGE

Pala, Kottayam

Reaccredited to A Grade by NAAC with CGPA 3.24



ANNUAL REPORT 2022-23

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The year 2022-23 has been an eventful year for Alphonsa College in both curricular and co-curricular aspects. As in the previous years our students came out in flying colours in the university exam results. Our sports women kept our flags flying high, as usual. We proved that we have successfully come across the void created by Covid. Let me present before you a brief report of our activities during the academic year.

STUDENT STRENGTH

The college has at present 1427 students on its rolls in 7 PG and 13 UG courses. The college also offers 8 Add-On courses aligned with National Skill Development Councils along with a number of certificate courses and value added courses which can be pursued along with the regular courses. The Alphonsa Institute of Computer Studies has separate enrolments for various certificate and diploma courses.

FACULTY

The total staff strength of the College as on 01.03.2023 are as follows:

Our college comprises 82 full time teachers and 23 non-teaching staff. The faculty and students of the college continue their pursuit of quality in academic and research activities.

ACHIEVEMENTS- ACADEMIC

Our students performed worthily in the M. G. University examinations. Our students bagged 48 ranks and there were 5 'S' grade holders and 121 A+ holders with a pass percentage of 85% during the last academic year.

Program Name	Program Code	Number of students appeared in the final year examination	Number of students passed in final year examination
B.A. English language and literature	EN	60	57
B.A. Economics	EC	67	61
B. A. History	HY	59	48
B.Sc. Mathematics	MM	40	38

B.Sc. Physics model I	PH	37	35
B.Sc. Chemistry	CH	26	22
B.Sc. Botany	BO	46	37
B.Sc. Zoology	ZY	39	30
B. Sc. Physics Model II	PH-II	19	18
B.Sc. Clinical Nutrition and Dietetics(SF)	CND	35	33
B.Com. Taxation(SF)	CM	49	45
B.Voc. Fashion Technology(SF)	FT	15	6
B.Voc. Sports, Nutrition And Physiotherapy(SF)	SPT	19	17
M.Sc. Zoology	ZY	13	12
M.A. Political Science	PS	15	9
M.A. English	EN	18	15
M.Sc.Chemistry (SF)	CH	23	18
M.Sc. Clinical Nutrition and Dietetics(SF)	CND	25	19
M.A.English(SF)	EN(SF)	16	9
MA Econometrics		7	5
TOTAL		628	534

RANK HOLDERS

Sl. No.	Name of the Rank Holders	Name of the Department	Position
1.	ASWATHY PRABHAKARAN	Botany	3
2.	Aiswarya Lai	Botany	3
3.	Jinnu Maria Jose	Botany	8
4.	MIDHUNA K ULLAS	Chemistry	10
5.	Theertha Thilak	Clinical Nutrition and Dietetics	1
6.	Geethu Mary Praveen	Clinical Nutrition and Dietetics	2

7.	Henna	Clinical Nutrition and Dietetics	3
8.	Ani K Johny	Clinical Nutrition and Dietetics	4
9.	Anna James	Clinical Nutrition and Dietetics	5
10.	Aarcha V	Clinical Nutrition and Dietetics	6
11.	Maria Liz Thomas	Clinical Nutrition and Dietetics	7
12.	Devapriya M S	Clinical Nutrition and Dietetics	7
13.	Athira S Raj	Clinical Nutrition and Dietetics	7
14.	Sumila Shaji	Clinical Nutrition and Dietetics	8
15.	Fathima Rayhana	Clinical Nutrition and Dietetics	9
16.	Vineetha Mary Mathew	Clinical Nutrition and Dietetics	10
17.	Alphonse Rose Jose	Commerce	4
18.	Sherin C Baby	Department of Zoology	8
19.	Anjumol S	Economics	1
20.	Josna Tressa Philip	Economics	5
21.	Athulyamol Benny	Economics	2
22.	Sona P Saju	Economics	7
23.	Arathy M P	Economics	9
24.	Annu Bimal	Economics	10
25.	Lida Johnson	English	1
26.	Anu Alphons Jacob	English	2
27.	Aileen Mary Saju	English	3
28.	Emma Maria Joseph	English	6
29.	Rinu George	English	10
30.	Gouri Sushama Prasobh	History	4
31.	Merin Pious	History	5

32.	Aswathy Jayan	History	6
33.	Elsa Elizabeth Joseph	History	3
34.	Anupa sajan	Mathematics	2
35.	Shreya Suresh	Mathematics	2
36.	Josna Josr	Mathematics	7
37.	Diya Rajan	Mathematics	10
38.	Devika Raj	Physics	9
39.	Alka Philip	Physics	1
40.	Richu Liz Roy	Physics	2
41.	Sona Rajesh	Physics	4
42.	Dona Alphonsa John	Physics	5
43.	Parvathi Krishna	Physics	6
44.	S Gowri Krishna	Physics	7
45.	Devika R	Physics	8
46.	Jisna Mathew	Physics	9
47.	NOVA CIBY	ZOOLOGY	5
48.	Jyothis Roy	Zoology	9

HIGHLIGHTS OF THE YEAR

Achievements

- **47 ranks, 5 S grades and 121 A+ grades in MG university BA/BSc/BCOM/BVOC degree examinations.**
- **Champions in MG university Athletic meet**
- **GV Raja Award for best sports college in Kerala by the Govt of Kerala.**
- **Kerala Koumudi Award for the best women college in Kerala**

- Lt Anu Jose, Associate NCC Officer of the College received Silver medal for Over All Merit in the Refresher Course held at Officers' Training Academy Gwalior.
- Dr. Cinnie Susan Antony, Asst Professor of Zoology was awarded PhD in her subject.
- Dr. Teresa Joseph's book "Mahatma Gandhi and Mass Media: Meditating Conflict and Social Change" was published by Routledge.
- Dr Jesty Emmanuel, Faculty of the department published a book named Muktibodh ka Sahity.
- CPL Nora Mary George completed Basic Course in Para jumping at Paratroopers Training School Agra and completed 3 jumps from Air force Aircraft.
- Cadet Anakha Raju of II BA English won 2nd prize and 5 Lakhs Rupees in the National level Deshbhaktigeet writing competition
- Our students made an exemplary performance in the M. G. University Youth Festival. Keerthana S, II BA English won III Prize in String Instrument Eastern. Our students won 11 A Grades in various items. Nikitha Nelson – Elocution English and Poetry Recitation English, Amy Mary Abraham - Light Music, Bhavana Rajan – Folk Dance and Bharathanatyam, Arya Jayasankar – Mohiniyattam, Devatheertha – Ottanthullal, Mekha Vincent – Elocution Malayalam, Anna Dominic – Elocution Hindi, Aleena Fine – Poetry Recitation Hindi and Hridika Ranjith – Kaviakeli - brought home these laurels.
- **Faculty Development programmes**
 - IQAC organised an **Induction Programme** for the newly appointed teachers.
 - A workshop on Outcome Based Education was organised by IQAC in association with Kerala State Higher Education Council.
 - A training session for the administrative staff was conducted by Department of Collegiate Education
- A good number of our teachers got their works published in various international and national journals. 10 papers were published in UGC care listed journals. 2 books, 3 chapters in edited books and 3 papers in conference proceedings were also

published. Several teachers attended seminars, conferences, FDPs and presented papers.

- Departments of English, Malayalam, Hindi, Botany, Zoology, Mathematics and Political Science organized national seminars. Various departments organized 14 Seminar/workshops on research methodology

- **SPORTS ACHIEVEMENTS**

- The college teams won the MG University Championships in Athletics and Volleyball.
- The college won the second position in MG University Weightlifting and Swimming Championship.
- The College team also won third position in Netball.
- The college cross country team won second position in MG University Inter Collegiate championship held at Kothamangalam and Kerala state Junior Cross Country championship held at Kassargod.
- Also our senior team won the Kerala state Cross Country championship held at Kangangad.
- Our College Volleyball Team won the Championship in the All Kerala intercollegiate Volleyball championship held at St. Stephens College Uzhavoor and St. Thomas College, Pala.
- 16 of our Athletes represented M.G University in the All India Inter University Athletics championship. Many of our students represented University in all India Inter-University and national championships and won medals in national championships.
- Alphonsa College organized 40th Mahatma Gandhi University Athletics Championship 2022-23 from 3rd December to 5th December 2022 at Pala Municipal Synthetic Stadium. About 800 Athletes from 98 colleges, affiliated to MG University, participated in the Championship.

- The college organized a Mega Job Fair "Niyukthi 2022" in association with Kottayam District Employment Exchange, Employability Centre on 10 December 2022. A total of 5288 candidates participated in this fair where 55 employers reported 4624 vacancies. 2257 candidates were shortlisted and 345 candidates were spot selected.

Major Activities of the institution, Subject Associations and clubs

Orientation programs and bridge course for I DC and I PG students were organized. Value education programmes including Catechism and Moral Instruction were conducted for students. Soft skill development programmes were also initiated by various subject associations.

All the departments have subject associations which organize a number of activities for their members and motivate the students to participate in inter collegiate competitions. Most of the departments organized programmes, competitions and exhibitions for the whole college. Several of the departments organized intercollegiate competitions. Most of the departments organized programmes, competitions and exhibitions for the whole college. Several of the departments organized intercollegiate competitions.

Along with the PTA, the college also has Mothers PTA in most of the departments which work towards bringing a greater involvement of the mothers of the students. The Staff Association and Retired Teachers Forum serve to deepen the ties between the staff and the institution.

This year many MoUs are signed with various institutes and innovative programmes were conducted.

- The Department of Botany conducted one day workshop on Bioinformatics on for third Year Botany students.
- The Department of B.Voc.Sports Nutrition and Physiotherapy organised a medical camp for the public. Deputy Director of Collegiate education Dr. R. Pragash inaugurated the programme.
- An intercollegiate Business quiz was organised by the Department of Commerce. The chief guest of the program was Dr. Cyriac Thomas. 89 teams participated in the competition from different colleges in Kerala.

- A two day Workshop on Advanced Microscopy and Microphotographic techniques was conducted by the Department Zoology on February 20& 23, 2023
- Department Of Economics in collaboration with Jyoti Nivas College Bangaluru organized an expert talk series on the topic Career Opportunities in The Field Of Economics. Department of Economics conducted alumni lecture series.
- The PG Department of English organized a Seminar on “Life Beyond Success” by Dr. Arjit Roy, Head of the Department of MBA, St. Claret College, Bangalore
- The P G Department of English (S F) organised an online Intercollegiate Article Writing Competition on 31 st December commemorating the hundred years of T.S Eliot’s Wasteland.
- As part of the Kerala Piravi Day celebration, the department of B.Voc fashion technology students made 40 handloom traditional attire and presented those designer garments on a ramp at the college campus on 1st November 2022.
- Dept. of Hindi conducted an Intercollegiate Elocution Competition in Hindi
- Mathematics department of Alphonsa college started an MoU with Jyoti Nivas College, Banglore in this academic year and conducted an international webinar on the topic ‘A Gateway to the Innovation World of Electronics and Mathematics’
- In connection with the National Unity Day the EBSB club of Alphonsa College and Department of History conducted a Symposium in honor of the birth anniversary of Sardar Patel on 31st October.
- An Orientation Programme titled ‘Higher Education and Competitive Examinations for Physics Graduates’ was organised for the B.Sc Physics students on 3 November 2022
- The Department of Political Science of the college in association with EBSB club of Alphonsa College celebrated the statehood day of Himachal Pradesh.
- A prolife exhibition was organized by the Department of Zoology and Women cell on in association with the Jesus Youth Ministry of Alphonsa College Pala.

The college provides a number of opportunities for extracurricular activities. Various clubs are active in the campus.

The career club and placement cell conducted various programs for the students in order to inform them about the possible areas in higher education, various career opportunities and also classes on self improvement. 6 students were placed in campus placements.

Equal Opportunity Cell was established mainly to address the issues faced by SC/ ST, OBC, minorities and the differently abled students. An Internal Committee has been constituted in the college for the effective functioning of the Cell.

EBSB- Ek Bharat Shreshtha Bharat is an MHRD initiative for promoting national integration through systematic exchange between paired States in the cultural, literary and linguistic fields.

Centre for Gandhian Studies organized various programmes this year to promote an understanding of Mahatma Gandhi and the values and ideals that he stood for. The CGS gifted a collection of 46 books written on and by Mahatma Gandhi to the Municipal Library, Pala. The Centre organized **Paryaptha 2023**, an exhibition cum sale of handmade items by students and teachers

The **Alumnae Association** of our college organized the annual alumnae meet Alstagia 2023 and an exhibition cum sale of house hold articles and clothing was held on 26 January 2023 in the college auditorium. More than 500 alumnae participated.

SC/ST monitoring cell of the college organised awareness program for the SC/ST students of Alphonsa College, Pala

The **Quiz Club** organized Bishop Vayalil Memorial All Kerala Quiz competition on 21th November 2022.

The **NCC Sub unit** of Alphonsa College Pala has a strength of 108 cadets and an officer. 50 cadets attended various Annual Training Camps this year. Cadets also got selected for Special National Integration Camps, ek Bharat Shresht Bharat Camps, Tal Sainik and Republic day preparatory camps. Audio books were released to aid the needs of visually challenged. Anti drug campaigns were organised to spread an awareness among the public on the health hazards drug abuse can lead to. The Charity Cell of Alphonsa College NCC unit has been contributing to the financial needs of the less privileged to meet their medical

expenses. The sub unit sponsored an orphan girl child, taking care of her educational and medical needs.

NSS- undertook different activities like observation of days, cleaning programme at Kavalippuzha Mini Beach, (Meenachil River) intercollegiate and intra collegiate competitions, flashmobs, eye camp, blood donation camp, orphanage visits, Seminars, awareness campaigns etc .

Women's Cell- conducted programmes like awareness classes, campaigns and competitions

FORUM FOR DEMOCRACY AND SOCIAL JUSTICE- organized various competitions and observed Constitution Day and Human Rights Day

SANTHWANA COUNSELLING CENTRE provided certain opportunities to open up and reflect upon their lives.

Voter's enrolment drive was organized in the college on 7th December 2022 Under the auspices of **Electoral Literacy Club**.

Along with the PTA, the college also has **Mothers PTA** in most of the departments which work towards bringing a greater involvement of the mothers of the students. The **Staff Association and Retired Teachers Forum** serve to deepen the ties between the staff and the institution.

The college union of Alphonsa College Pala was elected on November 22 , 2022 . The election was held in parliamentary method. The representatives then elected the college union which consisted of twelve members.

CHAIRPERSON - Ms. Keerthana Reji

VICE CHAIRPERSON - Ms. Anna J Therese

GENERAL SECRETARY - Ms. Fyruza Rahim

ARTS CLUB SECRETARY - Ms. Gowry S

MAGAZINE EDITOR - Ms. Tess Merin Abhraham

UUC I - Ms. Joanne Elias

UUC II - Ms. Rajeswary J

II PG REPRESENTATIVE - Ms. Apza Mary K Joby

I PG REPRESENTATIVE - Ms. Athira Sunil

III DC REPRESENTATIVE - Ms. Aleena Meriya Saji

II DC REPRESENTATIVE - Ms. Rona Sebastain

I DC REPRESENTATIVE - Ms. Ann Sara Johnson

At the close of this academic year, four of our senior teachers are entering into a retirement life – Dr. Sr. Regeenamma Joseph, Ms. Alleymol Sebastian, Dr. Thankachan Mathew, Dr. Teresa Joseph. Alphonsa College place on record our deepest appreciation for the enormous service they have rendered to this institution, especially for their invaluable contributions for enhancing the academic, spiritual and kinaesthetic life of the students and wish them a happy and fruitful life after retirement.

A Word of Gratitude

As I too join the fraternity of the retired staff I thank all those who encourage us, gently persuade us and creatively contribute by their time and talents in all our endeavours. First and foremost I lift up my heart in gratitude to our Heavenly Father and our heavenly Patroness, St. Alphonsa for the incessant showers of blessings on us. I bow my head before the revered memory of our founder patron, Late Mar Sebastian Vayalil. I express the immense gratitude we owe to our beloved patron His Excellency Mar Joseph Kallarangattu, our Manager, Very Rev. Msgr. Dr. Joseph Thadathil, His Excellency Mar Jacob Muricken, and to all other members of the Managing Body for their constant support and guidance. My special gratefulness is also due to our Vice–Principals, Rev.Fr. Dr. Shaji John and Dr. Sr. Minimol Mathew and Bursar, Rev. Fr. Jose Joseph Pulavelil for their valuable assistance.

I express my heartfelt thanks to all the members of the staff, particularly to those who serve as advisors to the various clubs, College Union, IQAC, Staff Council and other Organizations functioning inside the campus. Let me take this opportunity to thank all the non teaching staff for their dedicated effort for the development of the college. I am obliged to all of them for their self-effacing dedication for the wellbeing of the students. I thank all my dear students who worked hard all through the year to live up to the name and fame of Alphonsa College.

Let the Almighty bless us in all our efforts and commitments to educate and form women capable of perfecting the society. May God bless us all to be “Lighted for Life.”
Thank you all.

31-3-2023



Reginiana
PRINCIPAL
ALPHONSA COLLEGE
PALA