

ALPHONSA COLLEGE, PALA
ANNUAL REPORT 2018-19

This Annual Report of Alphonsa College pala comprises the activities, strength and excellence of our college during the year 2018-19

STRENGTH

The college has at present 1887 students on its rolls, in 6 PG and 13 UG courses. The college also offers 7 Add-On courses which can be pursued along with the regular courses. The Alphonsa Institute of Computer Studies has separate enrolments for various certificate and diploma courses. Our college comprises 82 teaching staff, including permanent, self-financing wing and contract teachers. At present the college has 27 non-teaching staff.

The faculty and students of the college continue their pursuit of quality in academic and research activities.

Our students performed remarkably well in the M.G. University examinations of April 2018. For academic excellence, our students draw closer to the pinnacle of M.G. University with **21** ranks and **106** A⁺ grades. Our results are well above the University average. The rank holders of our College are:

ALPHONSA COLLEGE PALA

1	Dilna Bose	1 st Rank	B.A.English
2	Jewel Jaise	2 nd Rank	B.A.English
3	Ashtami S Nair	3 rd Rank	B.A. Economics
4	Farsana M Ashraf	1 st Rank	B.Sc.Physics (Vocational)
5	Cikku Elizabeth Jose	2 nd Rank	B.Sc.Physics (Vocational)
6	Rani Tom	3 rd Rank	B.Sc.Physics (Vocational)
7	Mayadevi B	1 st Rank	B.Sc.Physics
8	DivyaStani	2 nd Rank	B.Sc.Physics
9	Amulya B Njarukular	2 nd Rank	B.Sc.Mathematics
10	Anne Teressa Shajan	3 rd Rank	B.Sc.Mathematics
11	Pearl Annie Sen	1 st Rank	B.A.History
12	Jyotsna Baby	2 nd Rank	B.Sc. Botany
13	Teena Mary Thomas	1 st Rank	B.Sc. Clinical Nutrition and Dietetics
14	Agnes Joseph	2 nd Rank	B.Sc. Clinical Nutrition and Dietetics
15	Fathima Sheji	3 rd Rank	B.Sc. Clinical Nutrition and Dietetics
16	Aleena Mathew	1 st Rank	B.Voc. Sports Nutrition and Physiotherapy
17	Rose Sebastian	1 st Rank	B.Voc. Fashion technology
18	Cicin Mariya Jacob	1 st Rank	M.Sc. Clinical Nutrition and Dietetics
19	Betsy Anna Kuruvilla	2 nd Rank	M.Sc. Clinical Nutrition and Dietetics
20	Krishnapriya G.	3 rd Rank	M.Sc. Clinical Nutrition and Dietetics
21	FarsanaBeegum K.M.	3 rd Rank	M.A. Political Science

ALPHONSA COLLEGE PALA**EXAMINATION RESULTS****STATISTICS OF THE RESULT OF B.A /B.Sc. CBCSS UG PROGRAMME APRIL 2018**

Sl.No	Subject	Appeared	A+	A	B+	B	C+	C	Pass percentage
B.A.									
1	English	65	8	24	-	12	9	6	90.7
2	Economics	64	18	10	10	9	3	9	92.18
3	History	53	1	2	20	13	3	13	54.5
4	B.Com	59	4	18	2	26	-	7	96.6
B.Sc.									
5	Mathematics	41	32	6	-	3	-	-	100
6	Physics	41	21	9	-	5	-	6	100
7	Physics Voc.	18	3	6	-	6	1	1	100
8	Chemistry	39	20	11	-	4	-	4	100
9	Botany	50	7	13	-	19	3	6	96
10	Zoology	46	8	20	-	8	4	3	93.4
11	Clinical Nutrition and Dietetics	38	1	19	3	10	3	6	100
B.Voc.									
12	Sports Nutrition and Physiotherapy	33	4	8	2	5	-	12	93.9
13	Fashion Technology	25	6	3	3	1	0	0	52
PG									
1	English	15	-	-	6	7	1	-	93.3
2	English(SF)	15	-	-	-	10	3	-	86.6
3	Political Science	17	-	-	10	5	2	-	100
4	Chemistry	20	-	-	7	7	5	-	85
5	Clinical Nutrition and Dietetics	19	-	-	7	7	5	-	100
6	Zoology	10	-	1	7	1	1	-	100

HIGHLIGHTS OF THE YEAR

The current academic year has been a glorious one for all Alphonsiens. Our newly constructed well equipped Chemistry lab for P.G. students were inaugurated by our Manager, His Excellency Mar Jacob Muricken, Auxiliary Bishop of Pala on 13th September 2018.

Ms. Sonia Sebastian and Ms. Meera Mathews (Guest faculty) of Department of English have been awarded doctorates in their subject. Lt. Anu Jose (Assistant Professor, Department of English) successfully completed her PRCN course at Officer's Training Academy, Gwalior and now is conferred with the rank of Associate NCC Officer. She was awarded the Sharma Cup of Best in NCC subjects and won the Silver Medal for overall performance in the PRCN course. Rev. Fr. Dr. Shaji John, our Vice Principal and Dr. Anila Thomas (Department of Malayalam) won the M.V. Pylee Excellence Award instituted by Prof. Dr. M.V.Pylee Forum for Higher Education. Dr. Kochurani George and Dr. Sr. Sonia K. Thomas won the Certificate of Appreciation as NSS Programme Officers of M.G. University.

A good number of our teachers got their works published in various international and national journals. Several teachers attended seminars and conferences, refresher and orientation courses and presented papers.

Our student SUO Arathy K.L. (III DC English) attended the Republic Day Camp held at New Delhi. She was selected as the Best NCC Cadet of Kerala and Lakshadweep directorate. Our Student, N. S. Simi (III DC English) created a new meet record in 100 metres race in All India Inter University Athletic Championship by breaking the 24 year old Inter University record. She also created new records in 100 metres and 200 metres races in M.G. University Athletic Meet. Athira

Somaraj (III DC Physics) created a new record in High Jump in M.G. University Athletic Meet. Tesna Joseph (II M A Politics) created a new record in race walk in M.G. University Athletic Meet. I take this opportunity to congratulate all of them for their excellent and meritorious performance.

In the field of sports, our students emerged with flying colours, winning medals and championships at University and Inter University levels. Alphonsa College hosted the 36th M.G. University Athletic Championship, and our prestigious Team won the 36th M.G. University Athletic Championship. We are also the winners of M.G. University Cross - Country and Power-Lifting Championships. I am very proud to announce that this year we are the hat-trick Champions, and also the Champions of the Kottayam District Athletic Meet, held at the Municipal Stadium, Pala. Our Volley-Ball Team won the runners up position in the South Indian Volleyball Championship held at Thirunelveli, Tamil Nadu. The team performed well in many other All Kerala Inter-Collegiate Volleyball Championships this year. I take this opportunity to thank and congratulate wholeheartedly our sports stars and Dr. Thankachan Mathew, HOD, Department of Physical Education as well as all other Sports Coaches.

As part of several subject associations and clubs, our students participated in a large number of competitions and brought home many prizes. Members of the Oratory Club participated in various inter-collegiate competitions and brought home many prizes. The 32nd Bishop Vayalil Intercollegiate Quiz Competition organized by the Quiz Club is sponsored by the teachers of our College. Members of the club won many prizes in various intercollegiate sciences, literary and general quiz competitions. Our college music team also won many prizes and cash awards in various inter collegiate competitions.

Alphonsa College works towards the all-round development of the students. Orientation Programmes and Bridge Courses for I DC students are organized at the

beginning of every academic year. Value education is given due importance through Catechism, Moral Instruction and Annual retreats. We won the Ever Rolling Trophy for the Religious Instruction Scholarship Examination conducted by the Diocese of Pala for the 6th consecutive year.

All the departments have subject associations which organize a number of activities for their members and motivate the students to participate in inter collegiate competitions. Most of the departments organized programmes, competitions and exhibitions and also participated in several intercollegiate competitions. Soft skill development programmes are also initiated by various subject associations. Several subject associations also carry out extension activity in nearby institutions.

Along with the PTA, the college also has Mothers PTA in most of the departments which work towards bringing a greater involvement of the mothers of the students. The Staff Association and Retired Teachers Forum serve to deepen the ties between the staff and the institution.

The college provides a number of opportunities for extracurricular activities. Various clubs are active in the campus. The Career Club and Placement Cell conducted various programmes for the students in order to inform them on the possible areas in higher education, various career opportunities and also on classes on self improvement. Ten students were selected as part of campus placement conducted by Infosys, Bangalore, while Wipro selected 3 students.

We also have active NSS and NCC units that aim to uphold the sense of social responsibility and patriotism in the young minds. The Movie Club has encouraged students to appreciate and critically analyze films. The Quality Circle encourages the students through a variety of programmes to set new standards of excellence. This year also several programmes were organized under the auspices of the Women's Cell. The monthly theme-based exhibitions and quiz competitions

organized by the departments in association with the college library have been very beneficial and popular among the students.

The College Union, under the leadership of Kum. Archana Prakash, has also been active till the middle of September 2018. The activities of the new union, under the leadership of Kum. Anu Augustine was inaugurated by Sri. Jeevan Babu IAS, (Idukki District Collector) on 19th September 2018. The activities of the Arts Club were inaugurated by the popular motivational speaker, Cine Artist & RJ, Joseph Annamkutty Jose on 14th November 2018. The College Union took the initiative to add innovative steps in the development of the college.

The Centre for Gandhian Studies and the Gandhi Forum made rich contributions to the college life and the local community. The forum organized Paryaptha 2018, an exhibition cum sale of handmade items by students and teachers. The Forum conducted gender sensitization extension programmes in various educational Institutions.

Several departments organised various state level and national programmes this year. A National Seminar “*ECOZEPHYR 2018*” was conducted by the PG Department of Zoology on 19th and 20th June 2018 with the co-sponsorship from KSCSTE. The Departments of Malayalam and Hindi, in collaboration with Kerala State Chalachithra Academy, conducted a three-day National Seminar on “Film and Literature” from 18th to 20th July 2018. The seminar was a platform for the delegates and students to enlighten themselves of the latest trends of the literary works adapted into films. The Department of Economics organized a Two Day National Seminar on “The Role of Environment Management in Sustainable Development and Kerala Economy” on 9th&10th August 2018 in collaboration with Kudankulam Nuclear Power Plant (KNPP).

In connection with International Yoga Day, the Department of Clinical Nutrition and Dietetics organized a workshop on the “Importance of Yoga” by Dr. P.S Jayakumar on 22nd June 2018. In connection with World Physiotherapy Day, the Department of Sports Nutrition and Physiotherapy conducted a mini Medical camp on Sept 12th 2018 which was inaugurated by Dr. Sr. Gigimol M.G., Principal, Alphonsa College, Pala. In collaboration with Inter University Centre for Astronomy and Astrophysics (IUCAA), Pune, The Department of Physics organised a three-day Introductory Workshop on Astronomy and Astrophysics for the benefit of U. G and P.G women students from various colleges and universities in Kerala during 13th to 15th September 2018. Significantly, the workshop was the first endeavour of this sort conducted in a women’s college, for women, solely by women. The Department of Fashion Technology carried out a mini project and made 63 frocks and gifted them to St. Joseph Children’s Home Kummanoor. The Department of Botany organized a one day seminar in connection with World Ozone Day on 17th September, 2018 supported by Kerala State Council for Science, Technology and Environment. As part of Ozone Day celebration, students of Department of Chemistry initiated planting trees in college campus. The P.G. Department of Political Science commemorated the 150th Birth Anniversary of Mahatma Gandhi, Father of our Nation by organizing a lecture on “Gandhian Principles and its Relevance in the contemporary world”. The P.G. Department of English organized a novel campaign initiative “Stree surakshakku oru kaiyoppu” during the Women Safety Week which is observed on the campus during 11th to 18th January 2019.

The year 2018 will remain as sad chapter in the history of Kerala for the unprecedented (unforeseen) and floods devastated several parts of the state. When severe floods affected the one–sixth of the population of Kerala, Alphonsians also lent our supporting hand to mitigate the severity of its impact on the people. The NCC, NSS, CSM, Staff Association, Department Associations - all worked

together and contributed towards flood relief operations. They collected and distributed essentials like bedsheets, blankets, clothes, food supplies and joined in cleaning activities.

At the close of this academic year, Alphonsa College will be deprived of the valuable services of Dr. Mary Senterla (HOD, Department of Political Science), Ms. Annie Mathew (Associate Professor, Department of English), Ms. Lysamma Thomas (Associate Professor, Department of Mathematics), Smt. Kochurani A.J. (Lab Assistant, Department of Zoology) and Mr. Francis George (Staff, Library). At this moment I place on record our deepest appreciation for the enormous service they have rendered to this institution. Alphonsians, both past and present, thank them sincerely, for all their services to this institution and wish them a happy and fruitful life after retirement.