

ALPHONSA COLLEGE PALA

ANNUAL REPORT 2019-2020

The annual report includes the main activities and events of Alphonsa College of the academic year 2019-2020.

STRENGTH

The college has at present 1834 students on its rolls includes 6 PG and 13 UG courses. The college also offers 7 Add-On courses which can be pursued along with the regular courses. The Alphonsa Institute of Computer Studies has separate enrolments for various certificate and diploma courses. Our college comprises 82 teaching staff in the permanent and self-financing wing. At present the college has 27 non-teaching staff.

The faculty and students of the college continue their pursuit of quality in academic and research activities.

Our students performed amazingly well in the M. G. University examinations of April 2019. For academic excellence, our students draw closer to the pinnacle of M.G. University with **16** ranks and **139** A⁺ grade. Our results were well above the University average. The rank holders of our College are:

LIST OF RANK HOLDERS

Sl. No	Name	Rank	Batch
1.	Alka Maria Simon	2 nd Rank	B. A. English
2.	Diya Susan Baby	1 st Rank	B. A. Economics

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3.	Aswathy Pius	2 nd Rank	B. A. Economics
4.	Gahana Navya James	1 st Rank	B. A. History
5.	Julia Prakash	1 st Rank	B.Sc. Zoology
6.	Reshma Mariyam Santhosh	1 st Rank	B. Sc. Clinical Nutrition and Dietetics
7.	Melin Thomas	2 nd Rank	B. Sc. Clinical Nutrition and Dietetics
8.	Monica Stephen	3 rd Rank	B. Sc. Clinical Nutrition and Dietetics
9.	Jincymol Joseph	1 st Rank	B.Voc. Fashion Technology
10.	Sreeranjini Sagar	2 nd Rank	B.Voc. Fashion Technology
11.	Ammu Lethison	1 st Rank	B.Voc. Sports Nutrition and Physiotherapy
12.	Megha Venu L		
13.	Ashna Mathew	2 nd Rank	B.Voc. Sports Nutrition and Physiotherapy
14.	Arya Ani		
15.	Rubeena Hussain	3 rd Rank	B.Voc. Sports Nutrition and Physiotherapy
16.	Lekshmi Premjith		

ALPHONSA COLLEGE PALA**EXAMINATION RESULTS****STATISTICS OF THE RESULT OF B.A /B.Sc. CBCSS UG PROGRAMME APRIL 2019**

Sl.No	Subject	Appeared	A+	A	B+	B	C+	C	Pass percentage
B.A.									
1	English	65	8	24	-	12	9	6	90.7
2	Economics	64	18	10	10	9	3	9	92.18
3	History	53	1	2	20	13	3	13	54.5
4	B.Com	59	4	18	2	26	-	7	96.6
B.Sc.									
5	Mathematics	41	32	6	-	3	-	-	100
6	Physics	41	21	9	-	5	-	6	100
7	Physics Voc.	18	3	6	-	6	1	1	100
8	Chemistry	39	20	11	-	4	-	4	100
9	Botany	50	7	13	-	19	3	6	96
10	Zoology	46	8	20	-	8	4	3	93.4
11	Clinical Nutrition and Dietetics	38	1	19	3	10	3	6	100
B.Voc.									
12	Sports Nutrition and Physiotherapy	33	4	8	2	5	-	12	93.9
13	Fashion Technology	25	6	3	3	1	0	0	52
PG									
1	English	15	-	-	6	7	1	-	93.3
2	English(SF)	15	-	-	-	10	3	-	86.6
3	Political Science	17	-	-	10	5	2	-	100
4	Chemistry	20	-	-	7	7	5	-	85
5	Clinical Nutrition and Dietetics	19	-	-	7	7	5	-	100
6	Zoology	10	-	1	7	1	1	-	100

HIGHLIGHTS OF THE YEAR

The recent academic year has been a glorious one for all Alphonsians. Alphonsa College is accredited by NAAC in the fourth cycle of assessment with a prestigious A grade with CGPA 3.24. This accomplishment is the result of hard-working teamwork of the teaching-nonteaching community, joint effort of students, PTA and Alumni.

Lt. Anu Jose, Asst. Prof of Department of English was awarded as the best ANO, 5(K) Girls BN NCC. A good number of our teachers got their works published in various international and national journals. Several teachers attended seminars and conferences, refresher and orientation courses and presented papers.

Our student CPL Binipriya Babu attended the Tal Sainik Camo held at New Delhi and won gold Medal in Obstacle Course. Speak for India (Block Level) competition was held at Alphonsa College and eleven of our students got selected to the District level completion. In the District level competition Anu Augustine (III DC English) and Tessa Joshy (I DC Maths) won cash prize and trophy. Kum. Dayana Thomas, Anitta Antony, Viginia N.B. were represented Mahatma Gandhi University in the South Zone Inter-University Volleyball Championship held at Chennai and won the Silver Medal. Nivia Antony of IDC won the Gold Medal in Pole Vault at Junior National Athletics Championship held at Lucknow. Sophia Sunny of IDC won the gold medal in 4x100 M Relay at Junior National Athletics Championship held at Lucknow. Lisbeth Karoline Joseph of II DC English won the gold medal in Triple Jump at Junior National Athletics Championship held at Lucknow. Riyamol Joy of IDC History won the Gold Medal in 4x400m Relay at Junior National Athletics Championship held at Lucknow. Reshma G. of IDC Economics won the Silver Medal in Heptathlon at Junior National Athletics Championship held at Lucknow. Kum. Tesna Joseph created new record in 20 km

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Race Walk at 37th Mahatma Gandhi University Inter-Collegiate Athletics Championship held at Municipal Stadium Pala. Kum. Angela Mathew represented Mahatma Gandhi University in the All India Inter-University Swimming Championship and won the Bronze medal in 4 x 200m Freestyle Relay.

In the field of sports, our students turned up with flying colours, winning medals and championships at University and Inter University levels. Alphonsa College hosted the 37th M.G. University Athletic Championship, and became the runners up. We are the champions of M.G. University Inter-Collegiate Cross Country Championship and M.G. University Inter-Collegiate Weightlifting Championship. We won All Kerala Inter-Collegiate Volleyball Championship held at SH College Thevara and All Kerala Inter-Collegiate Basketball Championship held at SH College Thevara.

We became the runners of M.G. University Inter-Collegiate Volleyball Championship, M.G. University Basketball Championship, M.G. University Inter-Collegiate Athletics, M.G. University Inter-Collegiate Swimming and M.G. University Inter-Collegiate Shuttle Badminton Championship. Our college team won the Kerala State Cross Country team Championship held at Palghat on 27th Dec. 2019. Kum. Jissmol B. and Alphonsa Peter were selected to represent Kerala State in the National Cross-Country Championship.

Following Sports students were got appointment in the various departments in 2019.

1. Aleena Jose Kerala Police (Athletics)
2. Remya Rajan Kerala Police (Athletics)
3. Athira Somaraj Kerala Police (Athletics)

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4. Christy Jacob Kerala Police (Basketball)
5. Nimmy V.O. CRPF (Athletics)
6. Athira K.P. Western Railway (Volleyball)
7. Simi N.S. South Central Railway (Athletics)
8. Susan Florentina S KSEB (Basketball)

As part of several subject associations and clubs, our students participated in a large number of competitions and brought home many prizes. Members of the Oratory Club participated in various inter-collegiate competitions and brought home many prizes. The 33rd Bishop Vayalil Intercollegiate Quiz Competition organized by the Quiz Club is sponsored by the teachers of our College. Members of the club won many prizes in various intercollegiate sciences, literary and general quiz competitions. Our college music team also won many prizes and cash awards in various inter collegiate competitions.

Alphonsa College works towards the creative development of the students. Orientation Programmes and Bridge Courses for I DC students are organized at the beginning of every academic year. Value education is given due importance through Catechism, Moral Instruction and Annual retreats. We won the Ever Rolling Trophy for the Religious Instruction Scholarship Examination conducted by the Diocese of Pala for the 7th consecutive year.

All the departments have subject associations which organize a number of activities for their members and motivate the students to participate in inter collegiate competitions. Most of the departments organized programmes, competitions and exhibitions and also participated in several intercollegiate competitions. Soft skill

development programmes are also initiated by various subject associations. Several subject associations also carry out extension activity in nearby institutions.

Along with the PTA, the college also has Mothers PTA in most of the departments which work towards bringing a greater involvement of the mothers of the students. The Staff Association and Retired Teachers Forum serve to deepen the ties between the staff and the institution.

The college provides a number of opportunities for extracurricular activities. Various clubs are active in the campus. The Career Club and Placement Cell conducted various programmes for the students in order to inform them the possible areas in higher education, various career opportunities and also on classes on self improvement. Twelve students were selected as part of campus placement conducted by Infosys, Bangalore, while Wipro selected 5 students.

We also have active NSS and NCC units to facilitate the sense of social responsibility and patriotism in the young minds. Fifty three NCC cadets attended various Annual Training Camps this year. U/O Thressyamma Joseph, CQMS Ann Mary Pious, Sergeant Aswathy Manoj, Sergeant Sreepriya KR, CSM Preethymol Mathew and Sergeant Aleena Biji attended Ek Bharath Sresht Bharath camp held at Kasaragod. CPL Liya Sunny attended the Inter Group Competition of the Tal sainik Camp held at Kozhikode. Cadet Preethy Jayan attended the Republic Day Preparatory camp held a Edathwa. Fifty NSS volunteers visited Govt. Children's home at Thiruvanjur on 5 July to spend time with the children and to encourage them. The volunteers also conducted various entertainment programmes for the inmates and created opportunities for them to be active individuals. With the aim of promoting self employment a skill development programme on embroidery was offered to the volunteers on 22 June. The NSS unit organized "Thanalidam" an exhibition cum sale of hand embroidery fabrics done by the NSS volunteers on

20th August to raise fund for proposed house maintenance to be done during the special camp.

The Movie Club has encouraged students to understand and critically analyze films. The Quality Circle encourages the students through a variety of programmes to set new standards of excellence. This year also several programmes were organized under the auspices of the Women's Cell. The monthly theme based exhibitions and quiz competitions organized by the departments in association with the college library have been beneficial and popular among the students.

The College Union, under the leadership of Kum. Anu Augustine, has also been active till the middle of September 2019. The activities of the new union, under the leadership of Kum. Anisha Mary John was inaugurated by Sri. P.B. Nooh IAS, (Pathanamthitta District Collector) on 27th September 2019. The activities of the Arts Club were inaugurated by the popular Singer, composer and writer Anna Katherina Valayil on 17th January 2020. The College Union took the initiative to add innovative steps in the development of the college.

The Centre for Gandhian Studies and the Gandhi Forum made rich contributions to the college life and the local community. The forum organized Paryaptha 2019, an exhibition cum sale of handmade items by students and teachers. The Forum conducted gender sensitization extension programmes in various educational Institutions.

Several departments organised various state level and national programmes this year. In connection with world environmental day celebrations Department of Botany organized a class on current year's environment day theme "Beat Air Pollution" for the students on June 16, 2019. Dr. Satheesh Kumar .P.K, Associate Professor, Department of Botany, Banaras Hindu University served as the resource person. The department of Economics organized an All India K.M Mani Memorial

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Quiz Competition, Dakshatha 2020, in association with K.M Mani Centre for Budget Research and Analysis. Over 65 teams from across the country registered for the competition. The overall trophy, certificates and cash prizes were distributed by Shri. P K Hormis Tharakan (Former DGP & RAW Cheif). Mathematics Association organised an All-Kerala inter-Collegiate Mathematics Quiz Competition and students of CMS College Kottayam, St. Stephen's college Uzhavoor and St. Joseph's college Moolamattom respectively secured the first, second and third positions. Department of Physics launched a blog 'Poetry of Reality' on 14th June dealing with simple and easily comprehensible articles focusing mainly on Pseudoscience. The department started a discussion platform 'Resonance' with the motto 'Always Question, Always Wonder' for students from various groups who want to talk science, share their opinions, voice their concerns and learn something new. The Reading week was commemorated by the Department of Malayalam with competitions on Poster Designing and Book Review on 19th June 2019 and an Extempore Speech competition on 20th June, 2019. Commerce department organized an inter-collegiate commerce fest – COMETHER on 27th July 2019. It was a platform for the students to show cases their knowledge, skills and managerial capabilities. Department of English started UGC- NET Coaching for PG students and was inaugurated by H.O.D Rev. Fr. Jose Joseph Pullavelil on 1st August 2019.

The Department of Political Science organised a class on parenting on 26th September. Sri. Binoy Joseph, SHO, Janamaithri Police, Pala delivered a class on 'How to be an effective Parent'. Alphonsa College Pala started her voyage with Unnat Bharat Abhiyan with the acceptance of our proposal by selecting our college as a participating institution in UBA 2.0. Five villages were selected in the Meenachil Thaluk of Kottayam district, Kerala for the rural development activities. The information related to the activities of UBA was conveyed to the Kottayam district collector and also the Meenachil Thaluk officer. UBA conducted

household survey, awareness classes, medical camps and energy conservation activities.

Department of Zoology conducted “Meenachilar Samrakshana Padhathi” in coalition with Forestry club on the remembrance of 150th birthday of Mahathma Gandhi on 4th October 2019. Department of History signed an MOU for academic collaboration in Sharing Resources and Expertise for Excellence (SREE) with St Thomas College Pala, St Dominic’s College Kanjirapally, St Thomas College Ranni, and Henry Baker College Melukavu on 19th November 2019. Department of sports Nutrition and Physiotherapy in association with UBA cell conducted a free medical camp on Nov 29th for the public at Karthas hut of wellness, Meenachil, Pala. An invited lecture was conducted for PG students, by The P G Department of English(S F) on the topic “Modernism and Post Modernism: Interface” on 26th August 2019.

In connection with National Hindi Day Department of Hindi celebrated the “Pakvada Samaroh” in collaboration with Nehru yuva Kendra, Kottayam. The department of Clinical Nutrition and Dietetics organized a talk on “Ketogenic diet” by Mrs. Jyothi, Chief dietitian, Believers Hospital, Thiruvalla on 27th January. Department of Economics organized a National seminar on Green Growth initiatives in India: Policies and Impacts in collaboration with Kudankulam Nuclear Power Project on 23rd and 24th January 2019.

At the close of this academic year, Alphonsa College will be deprived of the valuable services of Dr. Mini John (HOD, Department of English) and Ms. Vimala Emmanuel (HOD, Department of Mathematics). At this moment Alphonsa College place on record our deepest appreciation for the enormous service they have rendered to this institution.