



# ALPHONSA COLLEGE, PALA

Reaccredited to A Grade by NAAC in the

4th Cycle of Accreditation (CGPA 3.24)

Affiliated to Mahatma Gandhi University, Kottayam



## 7.2 Best Practice 01 - PARYAPTHA

## CAMPUS OPPORTUNITIES

Alphonsa College, Pala, is dedicated to providing students with practical learning opportunities, allowing them to earn while they learn. Several initiatives have been implemented to facilitate this, including assisting library staff in software installation, alumni-led computer training programs, Alphonsa Online Math Tutoring program and monthly payments for sports students working as GYM instructors.

### CATALOGING AND ENTERING BOOK DATA INTO THE KOHA SYSTEM

As a part of installing KOHA for library automation, students were participated in cataloging and entering book data into the KOHA system on 12-20 December 2020. Students from economics department dedicated these 8 days to assist the library staff, with management providing payment for their efforts. This initiative not only improved the college's academic resources but also provided valuable hands-on experience for the students. The management's support through financial compensation demonstrated their recognition of the students' contributions and encouraged further participation in such initiatives.

The following list of students participated in this project

1. Neha Renjit
2. Cicily Rose
3. Arsha Jose
4. Anisha John
5. Selmy Joseph
6. Vyshnavi Subhash

### ALUMNI-LED COMPUTER TRAINING PROGRAM

Ms. Anjaly T E and Ms. Selmi Joseph, alumni of Alphonsa College, conducted a computer training program for the administrative staff. This program, held from August 3 to 14, 2021, consisted of hands-on sessions and aimed to enhance the digital skills of the staff. Twenty members of the administrative staff participated, benefiting from the expertise of the alumni. College management provide payment for alumni for the same.



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**03-08-2021  
TO  
14-8-2021**

**Computer Training Programme for  
Administrative staff**

**Instructors**

   
Ms. Anjaly TE Ms. Selmi Joseph

**Organizing Committee**

**College Administration Committee**  
Dr. Sr. Regeenamma Joseph (Principal)  
Rev. Dr. Shaji John (Vice Principal)  
Rev. Dr. Sr. Minimol Mathew (Vice Principal)  
Rev. Dr. Jose Joseph (Bursar)

**Organizing Committee**  
Dr. Dani Mathew M (IQAC Coordinator)  
Ms. Annu Paul (Course Co-ordinator)

*Organized by*  
**INTERNAL QUALITY ASSURANCE CELL**



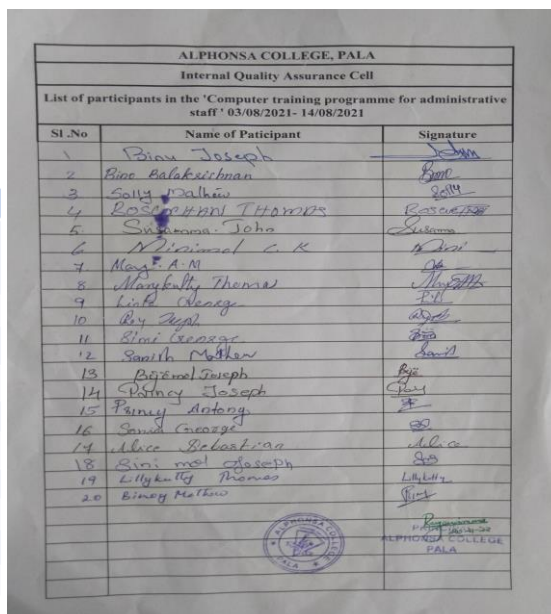


**CRITERION 7.2**

**IQAC, ALPHONSA COLLEGE PALA  
FDP for Administrative Staff  
August 3 to 14, 2021. 1.30 to 3.30 pm**

**Schedule**

Date	Topic
August 3	Session 1: Inauguration Session 2: Introduction to Google Workspace -Gmail/ Google chrome/ Google Drive/ Google Forms/G- board/ Google handwriting input/ Google meet/ Google classroom.
August 4-	Google Workspace applications Part 2- docs, sheets, lens
August 5-	An introduction to Windows and MS Office
August 6	MS Word
August 9-	MS Excel
August 10-	Printer, Scanner, CD And DVD Drive USB Etc
August 11	Malayalam Computing
August 12	Cyber Security
August 13	E Governance- Spark Individual Login
August 14	Intranet- sharing and networking



Sl.No	Name of Participant	Signature
1	Bian Joseph	[Signature]
2	Bine Balakrishnan	[Signature]
3	Sally Mathew	[Signature]
4	Rosemary Thomas	[Signature]
5	Sudhama John	[Signature]
6	Miriamal C.R	[Signature]
7	Maya A.M	[Signature]
8	Manikalya Thomas	[Signature]
9	Lily George	[Signature]
10	Bijoy Joseph	[Signature]
11	Rini George	[Signature]
12	Santh Mathew	[Signature]
13	Bijoy Joseph	[Signature]
14	Patricia Joseph	[Signature]
15	Penny Antony	[Signature]
16	Samir George	[Signature]
17	Alice Bealivan	[Signature]
18	Sini mal Joseph	[Signature]
19	Lillykutty Thomas	[Signature]
20	Biney Mathew	[Signature]

**MONTHLY PAYMENT FOR SPORTS STUDENTS WHO SERVED AS GYM INSTRUCTORS**

In the context of promoting health and wellness within the campus community, Alphonsa College, Pala, offers fitness facilities and training programs for both teachers and students. The college's Open Gym facility and Alphonsien Fitness Center Gymnasium provide fitness facilities to staff, students, and the public. Alphonsa College Open Gym is open to the public with a membership fee. The facility includes a wide range of exercise equipment to cater to various fitness needs and preferences. Sports students who have received training as gym instructors serve as trainers. These students are provided with monthly payments to encourage their engagement in sports and fitness-related activities. This approach has been effective in motivating students to actively participate in sports, knowing that their efforts are recognized and rewarded. The provision of monthly payments not only benefits the students financially but also contributes to creating a culture of fitness and well-being on campus.

## TRAINERS FOR TEACHERS AND STUDENTS



**Aneeta Varghese,**  
**III DC Economics**  
**2021-24 Batch**



**Anumol Thomas**  
**III DC Economics**  
**2021-24 Batch**



**Parvathy Suresh E P**  
**I<sup>st</sup> MA Econometrics**  
**2021-24 Batch**

## Trainers for Publics



**Anupriya K V**  
**Economics**  
**2021-24 Batch**



**Jyothi T**  
**I<sup>st</sup> M. A Politics**  
**2021-24 Batch**



**Ancy M S**  
**III DC English**  
**2021-24 Batch**



**Abisha Antony**     **III DC**  
**III DC English**  
**2021-24 Batch**

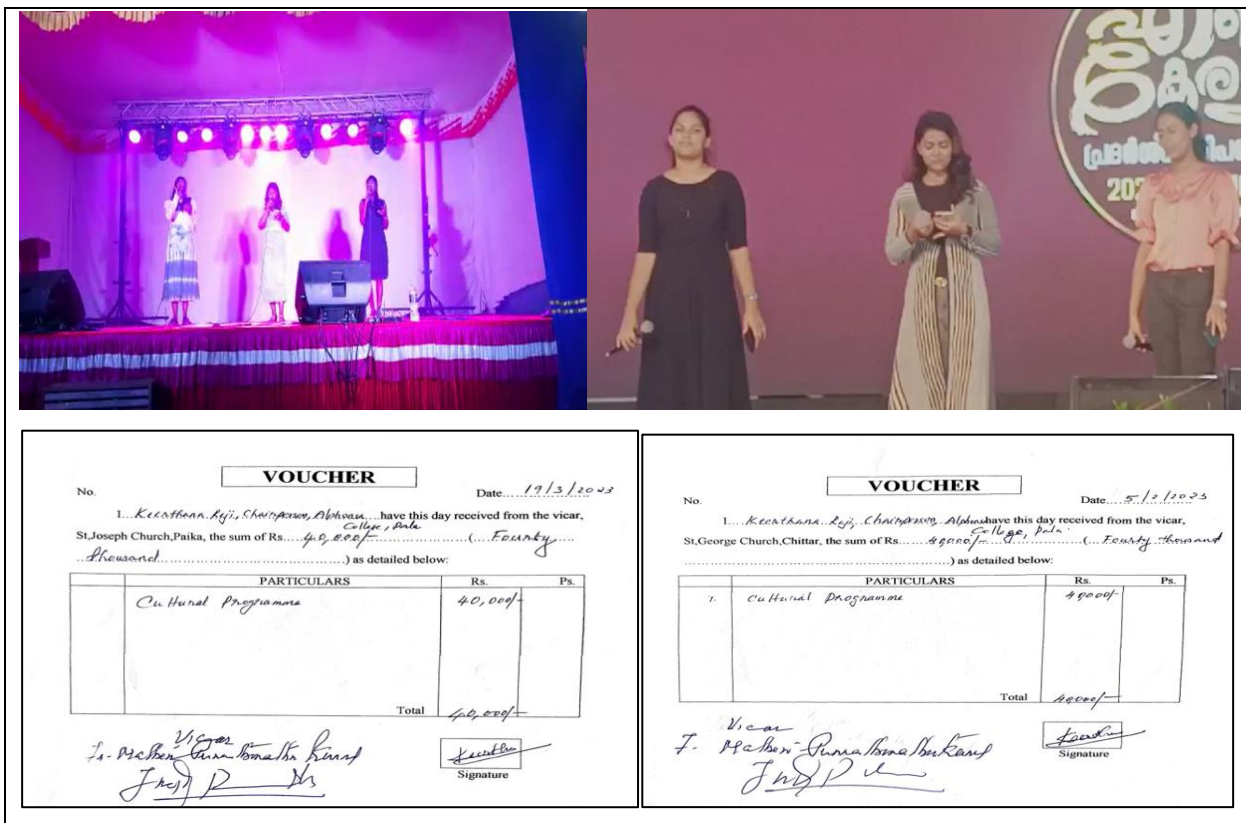
**CRITERION 7.2**
**ALPHONSA COLLEGE STUDENTS SHINE: TALENT DISPLAY**

Alphonsa College, Pala, provided a platform for students to earn through talent showcase stage programs. On February 5, 2023, and March 19, 2023, students from the college displayed their talents at St. George Church in Chittar and St. Joseph’s Church in Paika, respectively. Under the leadership of college union chairperson Keerthana Reji, the events featured 35 participants who mesmerized the audience with a diverse range of skills and abilities.

The platform not only allowed students to exhibit their talents but also highlighted their unwavering dedication and commitment. Both events were a resounding success, artistically and financially, with both churches contributing a substantial sum of 40,000/-.

<b>DATE</b>	<b>VENUE</b>	<b>AMOUNT RECEIVED</b>
5-2-2022	St. George Church in Chittar	40,000/-
19-3-2022	St. Joseph’s Church in Paika,	40,000/-

<b>PROGRAMME CHART AND LIST OF STUDENTS</b>		
<b>Sl.No</b>	<b>Event</b>	<b>Participants</b>
1	Welcome Dance	Malavika Roy, Keerthana Reji, Rajeweshwary Ann sara Johnson
2	Musical Show (Group Song)	Aleena Meriya, Saji Christa Masina Joseph, Joanne Elias
3	Group Dance	Neethu Thomas and team (10 members)
4	Solo Violin	Parvathy Ashish
5	Group Dance	Adoration Hostel students (10 members)
6	Semiclassical Dance	Malavika Roy and team (8 members)
7	Solo Music	Neethu Thomas
8	Sports Dance	Alphonsian Sports Department (12 members)
9	Solo Dance	Keerthana Reji
10	Group Dance	Neeraja Vinod and team ((8 members)
11	Solo Music	Christa Marina Joseph
12	Skit	Fyruza Rahim, Grourikrishna, Annsara Johnson
13	Dance	Fyruza Rahim and team (12 members)



**QUESTION BANK PREPARATUON BY STUDENTS**

As part of the college's initiative to provide employment opportunities and promote the concept of "earn while learning," four students from the III DC Botany class, namely Nandhana Sajeev, Aparna Balakrishnan, Ann Maria Saji, and Krishna M, have undertaken the task of compiling a comprehensive question bank of previous year university question papers and hosted in college website and library portal. It provided them with a practical opportunity to earn while pursuing their studies. Acknowledging the significance of their contribution, the college has recognized their efforts with a payment, reinforcing its commitment to empowering students through meaningful employment opportunities.

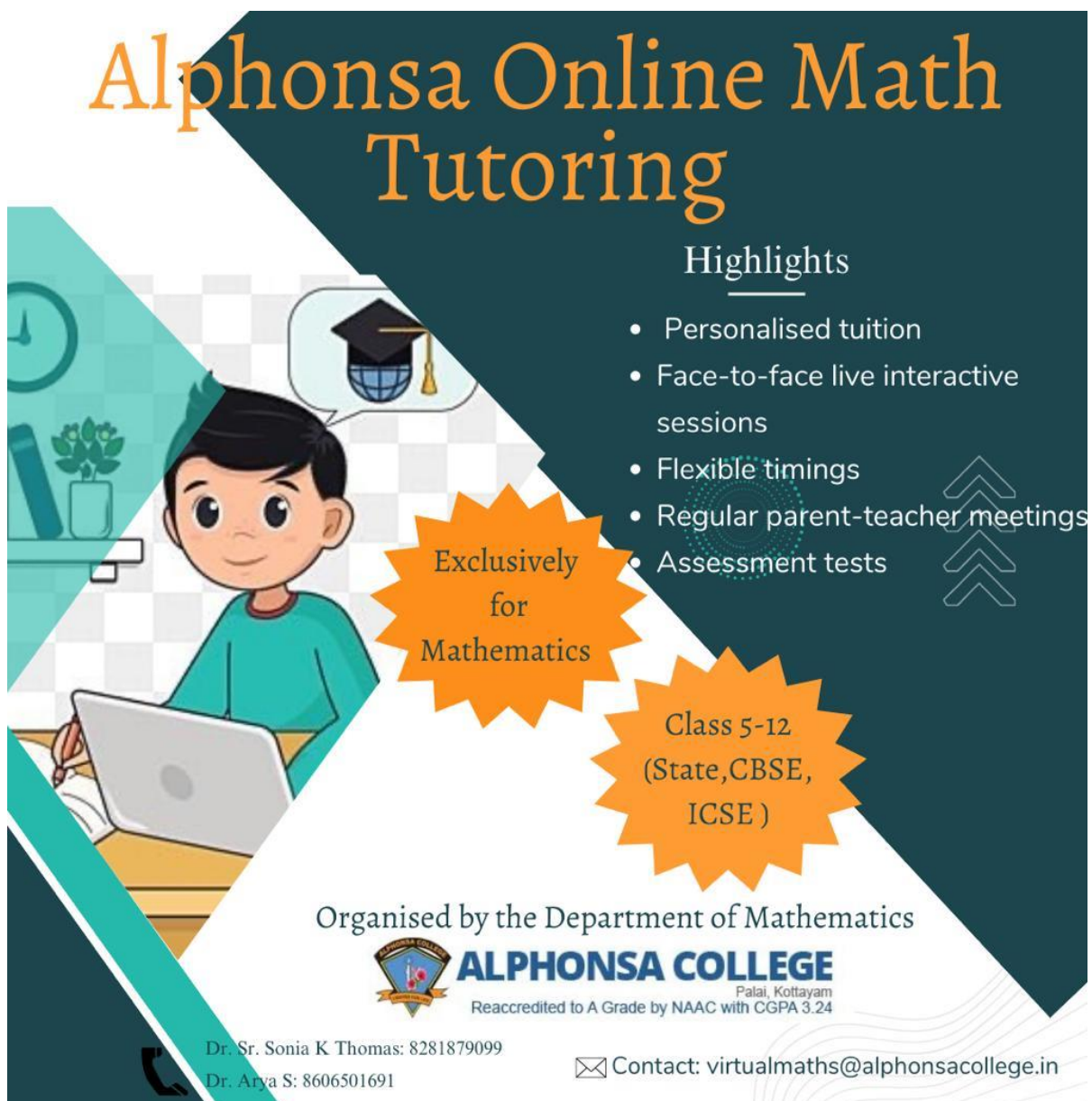
**ALPHONSA ONLINE MATH TUTORING**

During the academic year 2023-24, the Department of Mathematics launched the Alphonsa Online Math Tutoring program, with a focus on delivering accessible and effective mathematics instruction to students. The initiative received commendable feedback from participants, with students citing notable improvements in their comprehension of mathematical concepts and academic performance. Notably, three students who engaged with our student tutors reported significant progress in their understanding of key subjects, reflecting the program's impact on individual learning outcomes.



## CRITERION 7.2

Despite encountering challenges such as maintaining engagement and addressing technical issues, the tutoring sessions undeniably contributed to overall academic enhancement. Looking ahead, the program stands to benefit from refining engagement strategies, bolstering technical infrastructure, and enriching the repository of learning materials to cater to diverse student needs. In summary, the Alphonsa Online Math Tutoring program demonstrates promise in supporting student learning and warrants ongoing investment and enhancement in future academic years.



**Alphonsa Online Math Tutoring**


**Highlights**

- Personalised tuition
- Face-to-face live interactive sessions
- Flexible timings
- Regular parent-teacher meetings
- Assessment tests

Exclusively for Mathematics

Class 5-12  
(State, CBSE, ICSE)

Organised by the Department of Mathematics






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Dr. Sr. Sonia K Thomas: 8281879099  
Dr. Arya S: 8606501691

Contact: [virtualmaths@alphonsacollege.in](mailto:virtualmaths@alphonsacollege.in)

**CRITERION 7.2**

SI No	Tutor	Beneficiary	photo
1	Akhila M Anil (III DC Mathematics)	Ann Maria Shibu (+2 student, St Mary's HSS, Pala)	
2	Kalyani A Pillai (III DC Mathematics)	Shawn Shinto (IX, Chavara Public School)	
3	Aparna Mohan (II DC Mathematics)	Binu Tom (IGNOU student, MA Psychology)	

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