

# **ALPHONSA COLLEGE, PALA**

Reaccredited to A Grade by NAAC in the

4th Cycle of Accreditation (CGPA 3.24)

Affiliated to Mahatma Gandhi University, Kottayam



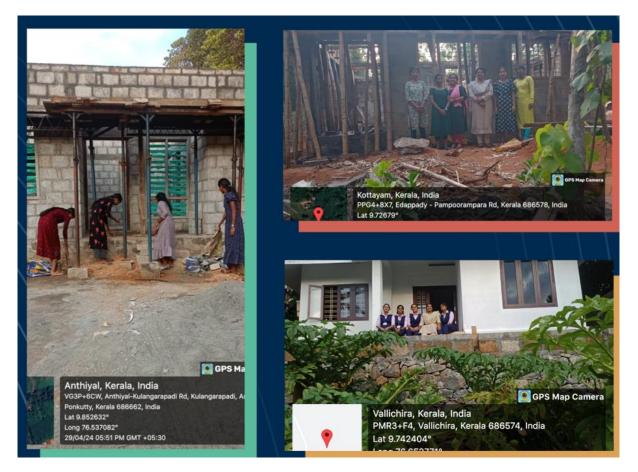
7.2 Best Practice 02 - SPARSH



## GROW: ASSISTANCE AND AID TOWARDS ECONOMIC DEVELOPMENT

## **1. SNEHA VEED HOUSE CONSTRUCTION PROJECT**

The NSS unit of Alphonsa College has embarked on a commendable initiative called "Sneha Veed," focusing on constructing homes for the homeless. In collaboration with the Chittilappilly Foundation, a nonprofit organization run by the V-Guard group, they have successfully completed 16 houses. This noble deed not only provides shelter but also instills hope and security among the most vulnerable sections of our society. The project showcases the commitment of the college and its students to social responsibility and community engagement. By working together on such impactful initiatives, they uphold the values of compassion and service, making a tangible difference in people's lives.





## **2. SUPPORT FOR A FAMILY IN THE ADOPTED VILLAGE**

The NSS unit extended support to a family with two blind, deaf, and dumb children near their adopted village, providing essential supplies, medications, and occasional monetary assistance.



## **3. FLOOD RELIEF - GANDHI FORUM**

The Gandhi Forum, recognizing the urgency of the situation, took proactive steps to provide relief to those affected by the devastating floods in Kerala. Collectively, they gathered resources and assembled 400 relief kits, each containing essential items such as food, water, and sanitary products. With the support of 21 students and two teachers, the Forum visited Ward No. 13 of Thiruvarppu Panchayat in Kottayam on August 30th, distributing these kits to families in need, thereby offering immediate assistance to alleviate their suffering.





## **4. ACP NCC CHARITY CELL**

The Alphonsa College Pala NCC Charity Cell, inaugurated on February 17 by Group Commander Brigadier Sunil Kumar NV, demonstrates a commitment to aiding the less privileged. The sub unit contributes a sum of Rs 10000/- every month to assist the less privileged to meet their medical and educational needs Through various programs and monthly contributions, the cadets have collected Rs. 34,000, distributed to those in need, including contributions to CMDRF. Additionally, the sub-unit launched the One Rupee challenge, encouraging the community to save one rupee daily to support the underprivileged. This initiative showcases the cadets' dedication to social welfare and highlights their proactive approach to making a positive impact in society. The Charity Cell run by the NCC Sub Unit received special appreciation from Sri Jose K Mani MP, for the effort they have been putting in to help the poor and the needy..







## **5. HOUSE MAINTENANCE**

In March 2023, the National Service Scheme (NSS) successfully completed the maintenance work of a house located in Poovarany. This initiative aimed to enhance the living conditions and infrastructure of the household, ensuring a safe and comfortable environment for its residents. Through diligent efforts and dedicated teamwork, NSS volunteers contributed to the renovation and repair of the house, positively impacting the lives of the occupants.





## **6. FINANCIAL AID FOR HOUSE RENNOVATION**

The Red Cross Unit of Alphonsa College, Pala, has allocated funds to support house renovation initiatives within the community. This financial aid aims to assist individuals or families in renovating their homes, ensuring they have safe and comfortable living conditions. By providing this assistance, the Red Cross Unit demonstrates its commitment to humanitarian aid and improving the quality of life for those in need.



## 7. FUND RAISING FOR HOUSE MAINTENANCE

Promoting social responsibility, the NSS Club organized a Food Fest for House Maintenance on February 12, 2020, at the Zonal level. Collaborating with the Red Cross, the event engaged 197 participants in supporting house maintenance activities.





## **8. HOUSE CONSTRUCTION SCHEME**

The Youth Red Cross Club undertook a House Construction Scheme from October 10, 2019, to March 31, 2021, at the Institution level. Collaborating with NSS Unit Alphonsa College, Pala, and led by Manju Jose and Dr. Anila Thomas, the initiative aimed to construct houses for underprivileged students, illustrating a commitment to social welfare

## 9. FLOOD RELIEF - NCC

The N.C.C sub unit undertook a significant initiative for flood relief in Pala and Wayanad. Cadets collected Rs. 20,000 from nearby households to prepare survival kits for affected families. This state-level effort, conducted from August 11 to August 17, 2019, involved collaboration with the 5 Kerala Girls Battalion. The project, serving 43 female students, showcased the club's commitment towards community welfare during crises.







PRO Defence Trivandrum @ @Def... · 13h #KeralaFloods2019 #KeralaFloodRelief2019 33 #NCC cadets of Alphonsa College #Pala, 5 Kerala Girls Bn NCC, #Changanacherry,visited the three major relief camps in and around Pala town.

They prepared essential Food Kits and distributed to many families. @adgpi





## **10. FLOOD RELIEF MATERIAL COLLECTION**

In response to the devastating floods, the NSS unit of Alphonsa College, Pala, actively engaged in relief efforts. On July 24, 2018, after the initial flood, our unit collected and distributed essential food and clothing items to the affected individuals in Mutholy Panchayat. recognizing the ongoing needs, our unit extended support to the flood-affected communities in Kuttanadu and Kumarakom by collecting and distributing two loads of food and clothing materials on August 20. Additionally, twenty volunteers participated in a massive cleaning program organized by Shuchitva Mission in Vaikom municipality on August 27.





## **11. FLOOD RELIEF - ASSAM-WAYANAD**

In response to the floods in Assam and Wayanad, the NSS Club organized relief efforts on August 15, 2019, at the University level. With support from MG University and led by MJ Mathew, the initiative aimed to aid 197 affected individuals.

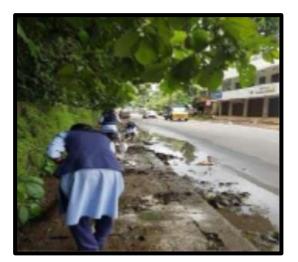






## **12. FLOOD RELIEF**

On July 24th, volunteers gathered food supplies and clothing for the flood-affected individuals in Mutholy Panchayath, specifically targeting Ward 5, and distributed these essentials to those in need. Furthermore, our unit actively engages in collecting plastic waste accumulated post-flood, with one hundred and fifty volunteers dedicated to this cause. Moreover, we are collecting notebooks and study materials for the students who lost their belongings in the flood, emphasizing the importance of education amidst adversity.





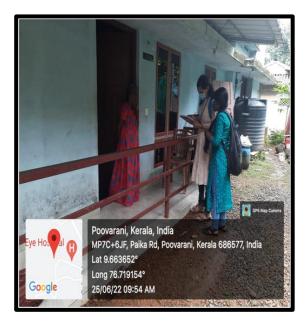






## **13. SURVEY IN ADOPTED VILLAGES**

To assess the socio- economic status of people in our adopted village (Poovarany-ward 8),NSS volunteers conducted a socio- economic survey on 25<sup>th</sup> June 2022.Smt. Sherly Sebastian (Ward member and Vice President of Poovarany Panchatath), Dr. Simimol Sebstian (Programme Officer), Keerthana Reji (Volunteer Secretary) and 40 NSS volunteers were participated in this survey.





11

CRITERION 7.2- BEST PRACTICE 02: SPARSH