

NATIONAL CADET CORPS ALPHONSA COLLEGE PALA

2018-19



**"WITH UNITY AND DETERMINATION,
WE SERVE THE NATION!"**

ANNUAL REPORT 2018-2019

As India stepped into the twenty-first century, it confronted a myriad of fresh challenges, necessitating robust solutions to fortify the nation's resilience. Recognizing the pivotal role of its burgeoning young populace in steering the country towards future prosperity, India strategically harnessed institutions like the National Cadet Corps (NCC) as crucial instruments for national advancement.

The genesis of the NCC can be traced back to the University Corps, established under the Indian Defense Act of 1917. Initially conceived to address manpower shortages in the Armed Forces, it underwent several iterations before formalizing as the National Cadet Corps in 1948 under the NCC Act XXXI of 1948, operating under the Ministry of Defence. This transition was facilitated by a committee led by Pandit H. N. Kunzru, convened in 1964 at the direction of Prime Minister Pandit Jawaharlal Nehru.

Initially confined to university students, the NCC gradually broadened its purview to encompass school and college students. Despite modest beginnings, with aims to enlist 32,500 Senior Division and 135,000 Junior Division cadets, its current sanctioned strength stands at 4.33 lakhs for senior division and 7.30 lakhs for junior division cadets. While this represents only 3.8% of the eligible student population, the NCC has evolved into a mature and esteemed organization, nurturing the youth within its ranks.

Over time, the activities of the NCC have diversified significantly beyond its initial emphasis on drill and weapon training. It now encompasses a wide array of pursuits including games, sports, and various skill-building exercises. Training modules have expanded to encompass disciplines such as drill, firing, map reading, and first aid, with camp training emerging as a cornerstone of the program. Additionally, community development activities play a vital role in fostering awareness and empathy among youth. These initiatives range from blood donation drives and adult literacy programs to skill

development initiatives and participation in national campaigns such as the Swachh Bharat Abhiyan.

In essence, the National Cadet Corps has burgeoned into a multifaceted organization that not only imparts military training but also instills values of discipline, patriotism, and social responsibility among India's youth. Its role in shaping well-rounded citizens and contributing to national development remains pivotal in India's journey towards progress and prosperity.

HIGHLIGHTS OF THE YEAR

REPUBLIC DAY CAMP

SUO Arathi KL attended the Republic Day Camp held at New Delhi. She was selected as the Best NCC cadet of Kerala and Lakshwadweep and represented the state at the National level Best Cadet Competition.



NATIONAL INTEGRATION CAMP

U/O Silby Benny, attended National Integration Camp held at Maharashtra, CQMS Alphonsa Varghese attended National Integration Camp held at Kozhikode and SGT Krishnapriya PB attended National Integration Camp held at Alappuzha.



TAL SAINIK CAMP INTER GROUP COMPETITIONS

UO Silby Benny and SGT Krishnapriya PB attended Inter Group Competition of Tal Sainik camp at Kozhikode



ARMY ATTACHMENT CAMP

UO Thresiyamma Joseph of Alphonsa College Palai participated in army attachment camp where she got attached with the regular army unit of the Madras Regiment at Bangalore.



BEST CADET K&L DIRECTORATE

Lead with courage, serve with honor, and strive to be the best you can be.

Cadet Arathi KL from Alphonsa College Pala, who served as the SUO, showcased her passion, dedication, hard work, and commitment during the RDC Delhi, earning her the

title of Best Cadet from Kerala and Lakshadweep. Her outstanding performance not only illuminated her own path but also ignited inspiration in others through her excellence.



SWATCH BHARAT ABHIYAN

"Swachh Bharat Abhiyan" is a nationwide cleanliness campaign launched by the Government of India in 2014, aiming to achieve the vision of a Clean India by 2nd October 2019, coinciding with the 150th birth anniversary of Mahatma Gandhi, the father of the nation. The cadets of the sub unit actively participated in this mission by taking up regular cleanliness drives including cleaning of roads and other public places. The cadet focused on various aspects of sanitation including waste management, and promoting cleanliness habits among people.



PROMOTING ROAD SAFETY AWARENESS: NCC JOINS HANDS WITH MVD

In a collaborative effort to enhance road safety awareness, the National Cadet Corps (NCC) has teamed up with the Motor Vehicles Department (MVD). This partnership aims to address the pressing issue of road accidents through educational campaigns and community engagement initiatives. Making citizens, particularly the youth, well aware of the need for safe driving practices and instilling a sense of responsibility and vigilance can significantly reduce road accidents and create a more secure environment for all road users.



WASTE MANAGEMENT

Turning waste into wealth: managing today's trash for tomorrow's treasure.

Cadets of Alphonsa College Pala reuse waste plastic bottles into flower pots. From bottle to bloom: giving waste bottles a second chance with DIY flower pots. By transforming plastic bottles into flower pots, presents a practical and sustainable solution to the challenges of waste management. By repurposing waste materials, reducing plastic pollution and promoting green living practices. This innovative approach contributes to a healthier and more sustainable future for our planet. With creativity, ingenuity, and collective effort, we turned waste into opportunities for positive change.



NCC's GREEN INITIATIVES : WORKSHOP ON HYDROPONICS

The Alphonsa College NCC unit is spearheading green initiatives with its recent workshop on hydroponics. This innovative approach to farming emphasizes sustainability by minimizing water usage and space requirements. Through hands-on learning, students are not only gaining practical skills in hydroponic system setup and maintenance but also fostering a deeper understanding of environmentally friendly agricultural practices. By promoting initiatives like hydroponics, the NCC unit at Alphonsa College is empowering students to become stewards of the environment and advocates for greener futures.



YOGA DAY 2018

"Yoga is the journey of the self, through the self, to the self." - Bhagavad Gita

In connection with International yoga day 2018, NCC cadets of Alphonsa College Palai conducted a yoga practice session for students. The aim of practicing yoga was to cultivate physical, mental, and spiritual well-being, fostering harmony between body, mind, and spirit.

Yoga offers a holistic approach to fitness, enhancing flexibility, strength, and balance while promoting relaxation and stress relief through mindful breathing and meditation techniques. Its benefits extend beyond the physical, improving mental clarity and emotional resilience, fostering overall well-being.



FLOOD RELIEF 2018

In 2018, Kerala faced devastating floods that caused significant damage to infrastructure, homes, and livelihoods. The flood relief efforts included rescue operations, providing shelter, food, and medical assistance to affected individuals and families. Alphonsa college pala NCC Unit had an immense role in rehabilitation and distributed medicine across pala. Additionally, rehabilitation programs were implemented to help communities rebuild their lives. Various governmental agencies, non-governmental organizations (NGOs), and volunteers participated in these relief efforts, showcasing solidarity and support. cadets voluntary worked and support for the affected population



BEST BLOOD DONOR

Every drop counts: your donation could be the difference between life and loss.

By being a lifeline, by donating blood, by sharing hope, SUO Arathi KL got special appreciation as Best Blood Donor. Her generosity and compassion have undoubtedly made

a difference in the lives of many individuals in need. She is a shining example of kindness and altruism.



PRE COMMISSION COURSE

Lt Anu Jose, ANO of the sub unit completed the Pre Commission Course at Officers' Training Academy Gwalior. She was awarded Commandant's Silver medal for Overall merit, Sharma Cup for being the best in NCC Subjects, Excellence certificate in Lecture IP, Camp Planning and National integration Awareness Presentation.





The greatest gift we can give someone is our time, our attention, our love and our concern. We have been giving our BEST

“NCC is not about uniform or uniformity, it is about unity”