

NATIONAL CADET CORPS ALPHONSA COLLEGE PALA

2020 - 2021



"DISCIPLINE, DEDICATION, AND DUTY "

As India embarked upon the grand stage of the twenty-first century, it found itself ensconced within a rich tapestry of unprecedented challenges, each demanding resolute solutions to fortify the nation's resilience. In this epoch of transformative potential, India, with a discerning gaze, acknowledged the pivotal role of its burgeoning youth in steering the ship of state towards the sun-kissed shores of future prosperity. Thus, with a stroke of strategic brilliance, India embraced institutions such as the National Cadet Corps (NCC) as invaluable instruments for national advancement, akin to radiant jewels adorning the crown of progress.

The roots of the illustrious NCC unfurl like tendrils of history, tracing back to the bygone era of the University Corps, interwoven into the fabric of time by the venerable Indian Defense Act of 1917. Conceived initially to assuage the pressing manpower shortages besieging the revered bastions of the Armed Forces, this modest inception burgeoned into the magnificent tree of the National Cadet Corps in 1948, under the auspices of the NCC Act XXXI of 1948, tenderly nurtured under the protective aegis of the Ministry of Defence. This transition, akin to the delicate blooming of a lotus in the morning dew, was guided by the sage counsel of a committee helmed by the esteemed Pandit H. N. Kunzru, convened in 1964 at the behest of none other than the visionary Prime Minister Pandit Jawaharlal Nehru.

Initially nestled within the ivory towers of academia, the NCC found itself a sanctuary for intellectual pursuits. Yet, as the inexorable march of time unveiled its grand tapestry, the NCC, akin to a graceful phoenix rising from the ashes of tradition, spread its wings to encompass the fertile grounds of schools and colleges. Though its genesis was modest, harboring aspirations to enlist a humble number of Senior Division and Junior Division cadets, the NCC has blossomed into a majestic oak, with a sanctioned strength of 4.33 lakhs for senior division and 7.30 lakhs for junior division cadets. While this may appear but a mere fraction of the eligible student populace, it symbolizes the profound impact of a nurturing environment, where the seeds of discipline, patriotism, and social responsibility are sown and tended with utmost care.

Over the sweep of time, the NCC has burgeoned into a multifaceted gem, its facets gleaming with the brilliance of myriad pursuits beyond the mere realm of drill and weapon training. It now

embraces a kaleidoscope of activities, from the exuberant joy of games and sports to the disciplined finesse of various skill-building exercises. Its training modules have expanded to encompass a rich tapestry of disciplines, from the precision of drill and firing to the artistry of map reading and the gentle art of first aid. Camp training, akin to a sacred pilgrimage, has emerged as a cornerstone of the NCC's edifice, nurturing camaraderie and resilience in the hearts of its cadets.

Moreover, the NCC has become a radiant beacon of hope within the community, fostering awareness and empathy among the youth through a myriad of community development initiatives. From the vermilion tide of blood donation drives to the luminous glow of adult literacy programs, from the sculpting of skills to the harmonious symphony of participation in national campaigns such as the Swachh Bharat Abhiyan, the NCC stands tall as a bastion of service and solidarity, an oasis in the desert of indifference.

In essence, the National Cadet Corps stands as a testament to the indomitable spirit of India's youth, nurtured and sculpted into pillars of strength and virtue. It is not merely an organization that imparts military training, but a sanctum where the values of discipline, patriotism, and social responsibility are etched into the very soul of the nation's future custodians. Its role in shaping well-rounded citizens and contributing to the tapestry of national development remains as vital as the beating heart of a nation .

HIGHLIGHTS OF THE YEAR

Alphonsa College NCC unit has a strength of 108 cadets and an officer. 35 cadets were enrolled this year. UO Binipria Babu, UO Liya Sunny, CPL Jyothi Roy and LCPL Devika M Nair attended various online EBSB camps. 73 cadets attended Annual NCC cadre this year. This year also the cadets of the sub unit actively involved in a number of social service activities including COVID 19 awareness, Fit India initiatives and swatch bharath activities.

73 cadets of our sub unit participated in the International Yoga day celebrations. A tree plantation pakwada was organized and One Cadet one tree programme was launched. The 21st anniversary of Operation Vijay was celebrated. As part of the celebrations an online video contest on the theme “Operation Vijay was conducted. As part of Hiroshima Day the sub unit launched

1000 Origami crane project. 74 cadets and the ANO completed the IGOT training. They also actively participated in the Athmanirbharbharat initiatives launched by the Prime Minister. They took Athmanirbharbharat oath on Be Vocal about Local, pledging themselves to stand for products made in India.

The cadets of the sub unit actively participated in the Fit India Campaign launched by the Prime Minister. as part of the campaign the sub unit conducted webinar series on “Health And Physical Fitness”, “Essentials Of Disciplined Physique”” “Fitness And Dietary Habits”” Physique And Physical Fitness”. Along with that the cadets also made a short film “ECHO” on the theme Fit India Young India. As part of the International Day for Rural Women, a Rural Women Empowerment programme was launched. Cadets offered the rural women training in garment making and in the use of E payment wallets.

The sub unit distributed PPE Kits to Good Samaritan Task Force Pala and janaaithri Police Erattupetta. Constitution day was celebrated by organizing webinars on “ The Making Of The Indian Constitution”, “Right To Protection From Harassment “ Social Rights And Indian Constitution”. The cadets translated the Preamble to Indian Constitution into 18 Indian languages. A good number of documentaries and short videos were made by the cadets to celebrate Independence Day, Republic Day, Gandhi Jayanthi, 50th anniversary of Operation Vijay 1971, NCC day, Indian Army Day, Indian Navy Day and Air force Day.

As part of Swatch Bharat initiative the cadets engaged in cleaning water bodies and Statues. The charity cell of Alphonsa College NCC Sub unit was inaugurated on 17 February by the Group Commander of Kottayam Group Brigadier Sunil Kumar NV. as part of charity initiatives, the sub unit launched One Rupee challenge motivating the community to save one rupee a day to help the needy. survival kits were distributed to Mariasadanam Pala and to the Snehagiri Mission The sub unit was awarded the Best Institution award for its active participation in varied NCC activities.

➤ **Best Institution Award**

The Sub unit was awarded with the Best Institution award by the NCC Group HQ Kottayam, as a reflection of our unwavering dedication, exemplary performance, and steadfast commitment towards the ideals of NCC. It is a celebration of our collective achievements and a testament to our enduring legacy of excellence in service to the nation.



➤ ***Charity Cell Inauguration***

The Charity Cell of Alphonsa College Pala NCC was inaugurated on 17 February 2021. NCC group Commander Brigadier Sunil Kumar NV, Col Satish Kanwar, Sri Mani C Kappan MLA, Sri PC George MLA were present. The cell is designed to function on One Rupee Challenge where individuals can join by saving One rupee a day and contributing a minimum of 30 Rs every month.



➤ ***Distribution of PPE Kits***

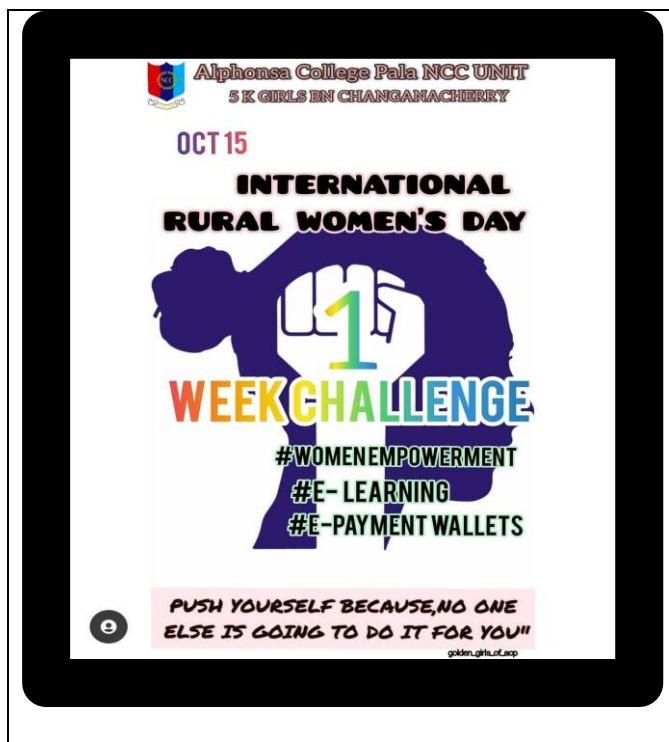
In a remarkable display of solidarity and compassion amidst the challenges posed by the pandemic, the Sub unit embarked on a noble endeavor to support the frontline workers and volunteers tirelessly combating COVID-19. Recognizing the critical need for personal protective equipment (PPE) to safeguard the health and safety of those serving on the frontlines, the Sub unit took proactive steps to distribute PPE kits to Janamaithri Police Erattupetta and the Good Samaritan Task Force Pala. Janamaithri Police Erattupetta, entrusted with maintaining law and order during these unprecedented times, received essential protective gear to ensure their well-being while fulfilling their duties. Similarly, the Good Samaritan Task Force Pala, a voluntary group rendering selfless service by assisting in the dignified cremation of patients who succumbed to COVID-19, was provided with vital PPE kits to shield them from potential exposure to the virus. This noble initiative underscores the Sub unit's unwavering commitment to community welfare and its readiness to extend a helping hand to those in need during these challenging times.



➤ ***Rural Women Empowerment Programme***

In a heartfelt tribute to the resilience and contributions of rural women, the Sub unit launched a transformative Rural Women Empowerment program on the occasion of the International Day for Rural Women. This visionary initiative aimed to equip rural women with essential skills and knowledge to enhance their socio-economic empowerment and participation in the digital economy. Through the program, rural women were provided comprehensive training in e-payment wallets, empowering them to access financial services and conduct transactions securely and efficiently in the digital realm. The program also prioritised literacy enhancement, recognizing education as a cornerstone of empowerment and a catalyst for social and economic advancement. By empowering rural women with these invaluable skills and resources, the Sub unit not only celebrated their vital role in rural development but also laid the groundwork for their empowerment and inclusion in the digital age.





➤ *Fit India Webinar Series*

As part of the Fit India Programme launched by the Prime Minister, the sub unit launched a series of webinars on “Health And Physical Fitness”, “Essentials Of Disciplined Physique” “Fitness And Dietary Habits” and “Physique And Physical Fitness” to spread an awareness on the need to be fit and healthy. Along with that the cadets also made a short film “ECHO” on the theme Fit India Young India.



ALPHONSA COLLEGE PALA NCC UNIT
5K GIRLS BN CHANGANACHERRY

presents,

#FIT INDIA webinar series

Talk on,

PHYSIQUE AND PHYSICAL FITNESS

6th September 2020 11AM to 12PM

By,



SUSAN FLORENTINA S

Basketball, Netball National player



Join with Google meet

<https://meet.google.com/wiq-b...woh>

ALPHONSA COLLEGE PALA
NCC UNIT

5 K GIRLS BN CHANGANACHERRY

Presents,

ECHO...

Your Sound And Attitude Should Echo

WRITTEN & DIRECTED BY
LCPL SHRADHA SURESH

EDITOR COORDINATOR
SGT ALEENA BIJI CSM PREETHY MOL MATHEW

➤ *Constitution Day Webinar Series*

As part of Constitution Week Celebrations, a series of webinars were organised on “ The Making Of The Indian Constitution”, “Right To Protection From Harassment “ Social Rights And Indian Constitution”. The cadets translated the Preamble to the Indian constitution of India into 18 Indian languages.

The poster features a light blue background with a white border. At the top left is the NCC logo. To its right, the text reads "ALPHONSA COLLEGE PALA NCC UNIT" and "5K GIRLS BN CHANGANACHERRY". Below this, the word "Talk on," is written in a stylized font, followed by "3rd DECEMBER 2020" and "4 pm". The central text, "RIGHT TO PROTECTION FROM HARRASMENT", is in large, bold, purple and red letters. To the right of this text is an illustration of a quill pen in an inkwell. Below the central text, a small portrait of a man in a police uniform is shown, followed by the text "By, SAJU VARGHESE PALA DYSP". At the bottom, the text "Golden_girls_of_acp" is written in a small, light blue font.

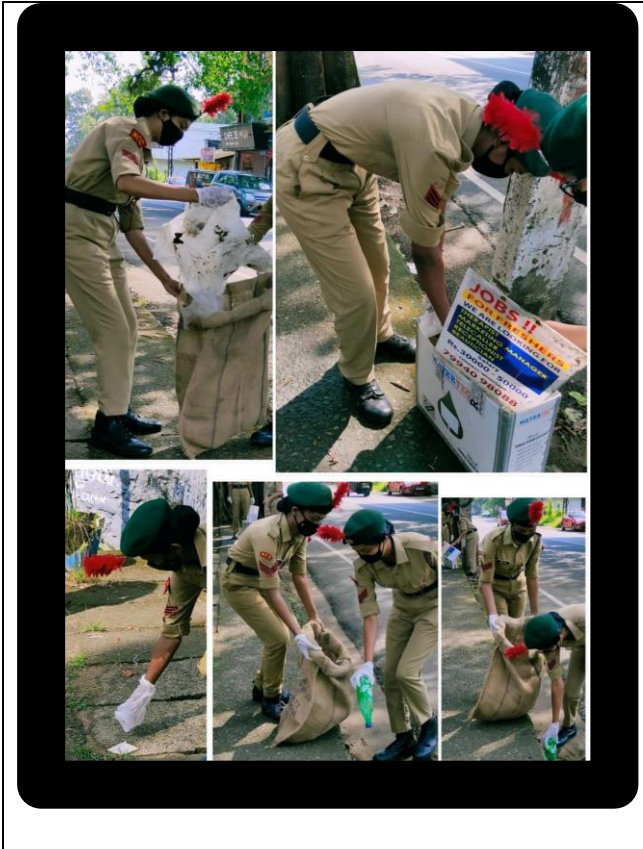
The poster features the NCC logo at the top left, followed by the text 'ALPHONSA COLLEGE PALA NCC UNIT' and '5K GIRLS BN CHANGANACHERRY'. Below this, it says 'WEBINAR on,' and the title ''Lessons from Indian Constitution'' in large, bold, orange letters. The date and time are listed as '10th December 2020' and '2:30 pm'. A small portrait of Adv. Shone George is shown on the left, with his name and title 'by, Adv. SHONE GEORGE' to the right. The bottom right corner has a decorative pink flower illustration and the text 'Golden_girls_of_a_p'.

➤ **Swatch Bharat Initiatives.**

In a poignant tribute to honor the memory of the Jallianwala Bagh massacre, the Sub unit organized a stirring plog run, embodying the spirit of remembrance and collective action. Cadets, imbued with a sense of reverence and solemnity, participated in the event, running through the streets while simultaneously picking up litter to symbolize the cleansing of past wounds and the renewal of hope for a brighter future. This act of remembrance not only paid homage to the sacrifices of those who lost their lives in the tragic incident but also underscored the importance of preserving historical memory and learning from the lessons of the past.

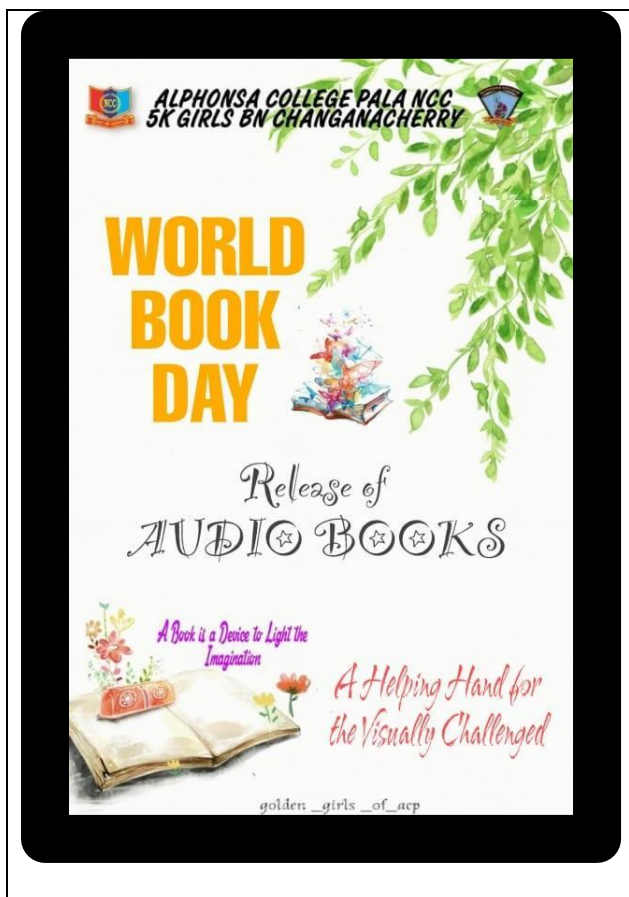
As part of Constitution Week, the Sub unit launched a Swachhatah program, exemplifying the principles of civic responsibility and environmental stewardship enshrined in the Indian Constitution. Cadets enthusiastically embarked on a mission to clean water bodies. Through their dedicated efforts, the cadets demonstrated their unwavering commitment to upholding the

ideals of cleanliness and sustainability, thereby contributing to the larger goal of building a healthier, more inclusive society grounded in the principles of the Constitution.



➤ ***Release of Audio Books***

In a heartwarming gesture to mark World Book Day, the cadets of Alphonsa College demonstrated their commitment to inclusivity and accessibility by releasing audio books on April 23, 2021. Recognizing the invaluable role that literature plays in enriching lives and broadening horizons, the cadets embarked on a noble endeavor to extend the joy of reading to the visually challenged community. Through the creation and dissemination of audio books, they sought to break down barriers to knowledge and empower individuals with visual impairments to explore the vast world of literature. This compassionate initiative not only exemplified the spirit of empathy and solidarity but also underscored the transformative power of education and literacy in fostering a more inclusive and equitable society. By offering a helping hand to the visually challenged, the cadets of Alphonsa College illuminated the path towards a future where every individual, regardless of their abilities, has the opportunity to access the treasures of literature and unlock their full potential.



➤ ***COVID Vaccine Help Desk***

Amidst the ongoing battle against the COVID-19 pandemic, the Sub unit took proactive steps to support the vaccination efforts by opening a dedicated COVID vaccine help desk. Staffed by knowledgeable and compassionate cadets, the help desk provided invaluable assistance to members of the public seeking to register for their vaccination appointments. Through personalized guidance and technical support, the help desk played a crucial role in facilitating the vaccination process, ensuring smooth and efficient registration for individuals eager to protect themselves and their communities against the virus. This initiative exemplified the Sub unit's commitment to serving the public welfare and contributing to the collective fight against the pandemic.



➤ **Rashtriya Ektha Diwas**

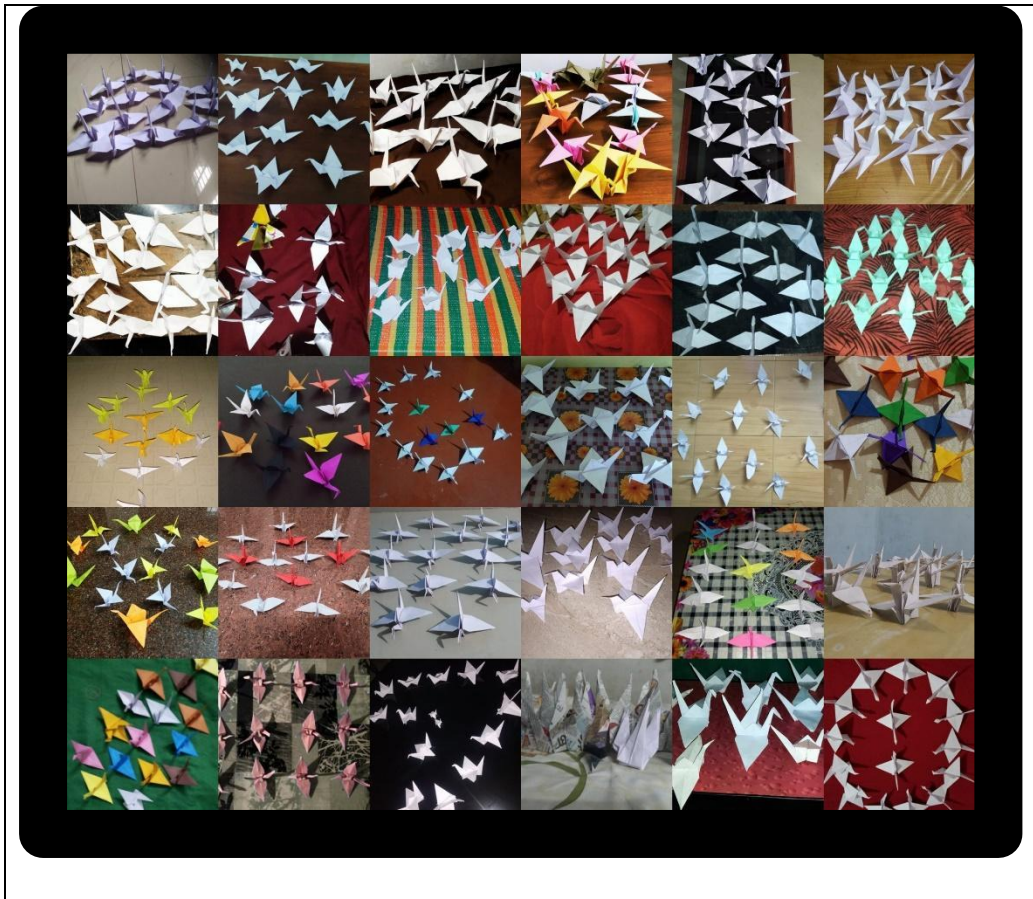
As a part of Rashtriya Ektha Diwas, a celebration aimed at fostering national unity and solidarity, a thoughtful initiative was undertaken to extend warm greetings and foster a sense of camaraderie among the diverse 17 National Cadet Corps (NCC) state directorates across India. This initiative took the form of sending heartfelt greeting cards, meticulously crafted to embody the spirit of unity in diversity, to each of these directorates. Furthermore, recognizing the importance of cultural diversity in shaping the unique identity of each Indian state and Union territory, a short video was meticulously crafted to highlight the cultural specifications of each region. This video served as a

vibrant mosaic, showcasing the kaleidoscope of traditions, languages, cuisines, festivals, and art forms that adorn the cultural landscape of India.



➤ ***Hiroshima Day***

In commemoration of Hiroshima Day, the Sub unit initiated the Thousand Origami Crane project, paying tribute to the victims of the devastating atomic bombing. Cadets, inspired by the spirit of peace and remembrance, diligently folded paper cranes, following the tradition inspired by the story of Sadako Sasaki. Through this symbolic gesture, they honored the memory of those who perished and reaffirmed their commitment to promoting peace and nuclear disarmament.



➤ *Tree Plantation*

In a concerted effort to address environmental concerns and foster a culture of sustainability, the Sub unit organised a tree plantation pakwada. This initiative aimed to raise awareness about the importance of tree conservation and ecosystem preservation among cadets and the wider community. As a part of this endeavour, the One Cadet One Tree program was launched, wherein each cadet pledged to plant and nurture at least one tree. Through this program, the Sub unit sought to instil a sense of environmental stewardship and collective responsibility among cadets, encouraging them to actively contribute to the greening of their surroundings. By planting trees, cadets not only contributed to mitigating climate change but also created a lasting legacy of environmental conservation for future generations to cherish.



ALPHONSA COLLEGE PALA
5 (K) Girls BN Changanacherry

TREE PLANTATION PAKHWADA JULY 2020





“Character built on honour, integrity, and grace; NCC moulds leaders for the Nation.”