

NATIONAL CADET CORPS 2021-2022

As we entered the twenty-first century, India encountered new challenges demanding robust solutions. To bolster the nation's strength, it became imperative for India to equip itself, and the National Cadet Corps emerged as a pivotal tool. The future prosperity of any nation hinges significantly on its youthful human resources. The inception of the National Cadet Corps was a result of India's foresight to cultivate an organized, disciplined, educated, and patriotic populace.

The roots of the National Cadet Corps trace back to the University Corps established under the Indian Defense Act of 1917. Initially conceived to address the shortfall in the Armed Forces, it evolved through various iterations, eventually becoming the National Cadet Corps in 1948 under the NCC Act XXXI of 1948, operating under the Ministry of Defence. This transition was catalyzed by a committee led by Pandit H. N. Kunzru, formed in 1964 at the directive of Prime Minister Pandit Jawaharlal Nehru.

The NCC, originally limited to university students, later expanded its reach to encompass school and college students. Commencing with modest goals, the corps aimed to recruit 32,500 Senior Division and 135,000 Junior Division cadets. Presently, the sanctioned strength stands at 4.33 lakhs for senior division and 7.30 lakhs for junior division cadets. Although substantial, this represents only 3.8% of the eligible student population, yet the NCC has evolved into a mature and esteemed organization, nurturing the youth within its ranks.

Over time, the activities of the NCC have diversified significantly. Initially focused on drill and weapon training, the spectrum has broadened to encompass games, sports, and various skill-building exercises. Training now includes disciplines such as drill, firing, map reading, and first aid, with camp training being a cornerstone. Community development

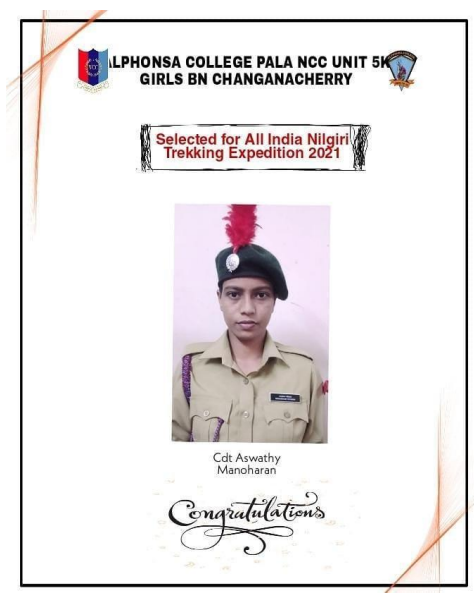
activities, aimed at fostering awareness and empathy among youth, form an integral part of NCC endeavors. These encompass initiatives like blood donation, adult literacy drives, skill development programmes and participation in the Swachh Bharat Abhiyan, among others.

HIGHLIGHTS OF THE YEAR

Alphonsa College Pala NCC has a strength of 108 cadets and an Officer. 30 cadets were enrolled this year.

NILGIRI TREKKING CAMP

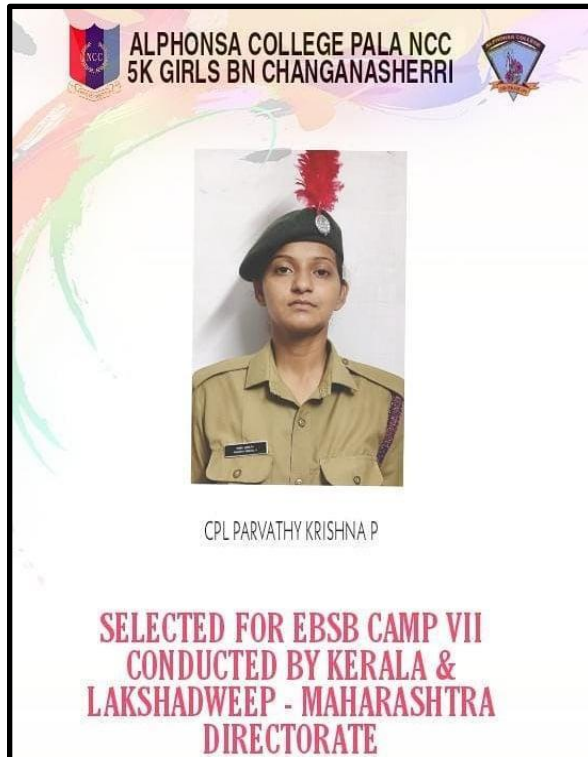
Cdt Aswathy Manoharan attended Nilgiri Trekking Camp.



ONLINE EK BHARAT SHRESTH BHARAT CAMP

***CPL Parvathy Krishna P** attended EBSB camp VII conducted by Kerala & Lakshadweep - Maharashtra Directorate.

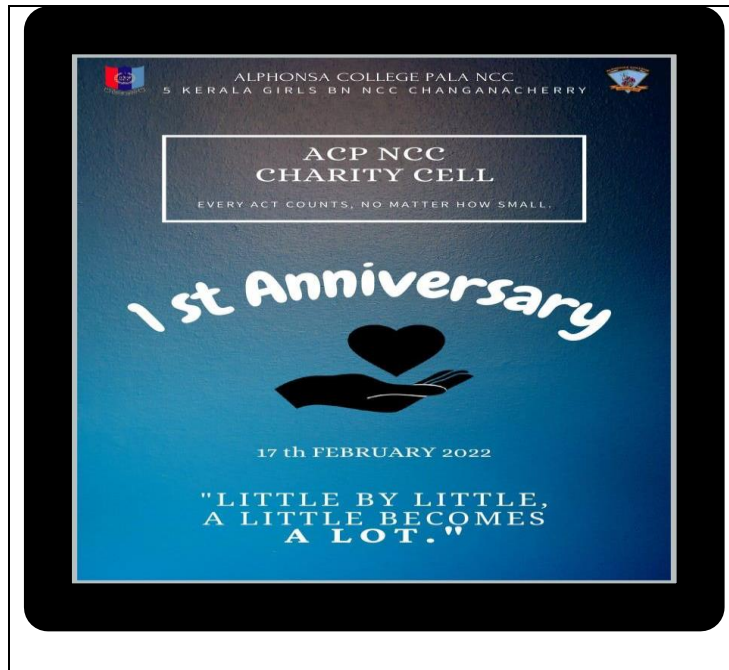
***CPL Jyothi Roy & LCPL Devika M Nair** attended EBSB camp conducted by Kerala & Lakshadweep - Madhya Pradesh & Chattisgarh.



CHARITY CELL

Like rays of light in the darkest night, charity ignites hearts, illuminating pathways to compassion and changing lives one act of kindness at a time.

The ACP NCC Charity Cell runs on "One Rupee Challenge. During the last 14 months we raised and distributed a sum of Rs. 1,61,723. Financial assistance was given to meet requirements for medical care, and house construction. We also sponsored a girl child and made contributions to CMDRF.





CHIEF MINISTER'S DISTRESS RELIEF FUND KERALA

B No : 157916212398213

Received with thanks the sum of ₹. 12400/- (Rupees Twelve Thousands Four Hundred only) from NCC UNIT ALPHONSA COLLEGE PALA FIVE KERALA GIRLS BATTALION CHANGANACHERRY as donation towards '**Chief Minister's Distress Relief Fund**'.

Contribution to CMDRF is **100% tax** exempt under Section 80G(2) of the Income Tax Act,1961 vide **PAN No. AAAGD0584M**.



Additional Chief Secretary(Finance)
Treasurer
Chief Minister's Distress Relief Fund

Thiruvananthapuram
17-05-2021

FLOOD RELIEF ACTIVITIES

Bringing hope amidst the deluge, our flood relief teams race against the rising waters, delivering aid and rebuilding lives. Understanding the consequences of flood, and its aftereffects, the cadets of Alphonsa College Pala initiated flood relief activities in Mutholi gramapanchayath by distributing survival kits worth Rs. 16,000 to 47 families affected by the flash flood.



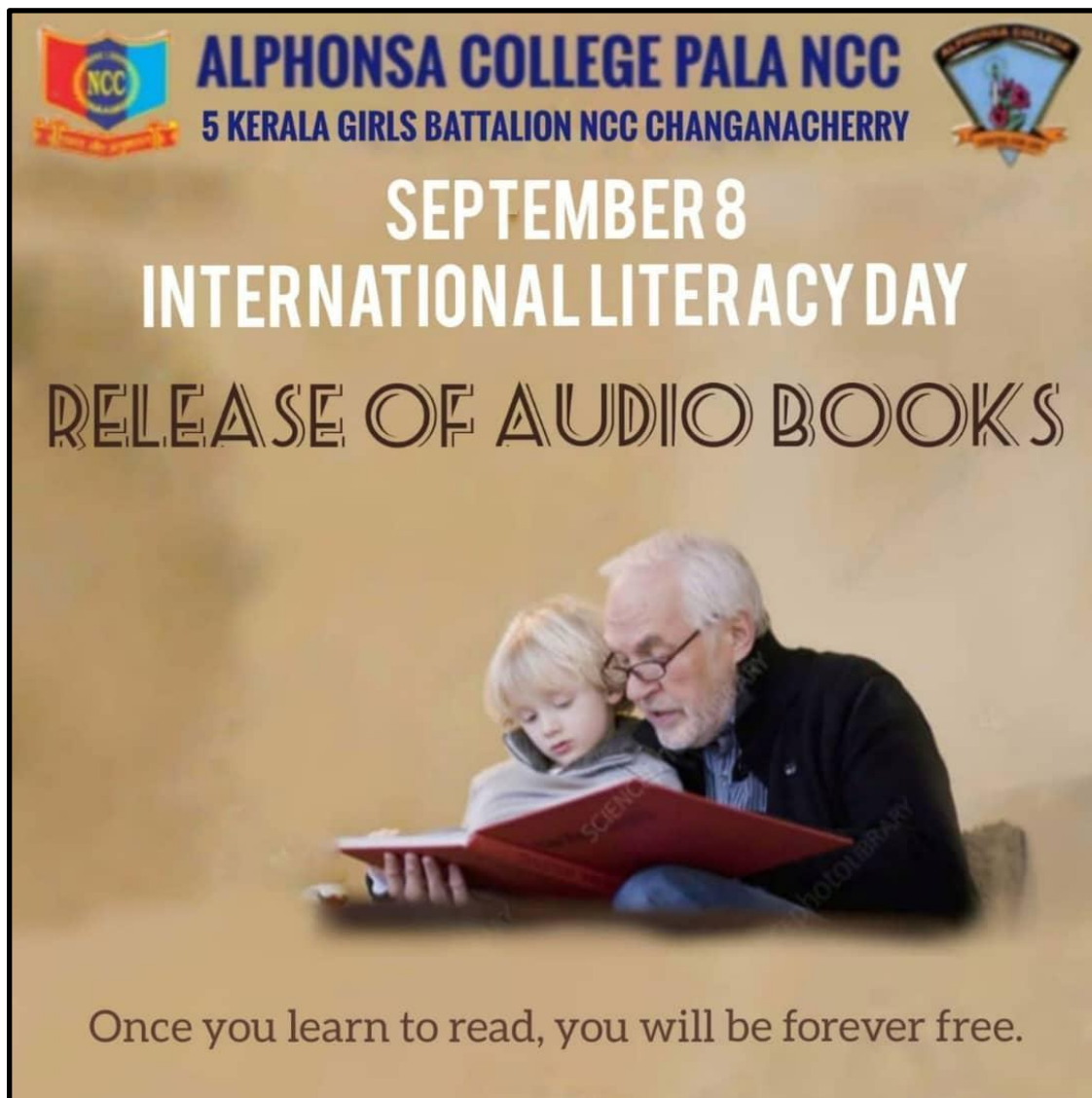
EDEN OF ACP

Amidst nature's vibrant palette, the verdant greens of the flourishing greenery captivate the senses, breathing life into the world around us. Eden of ACP is a green initiative launched by the sub unit to plant fruit trees at public places. The project was inaugurated by the Municipal Chairman at Kumaranasan Children's Park Pala.



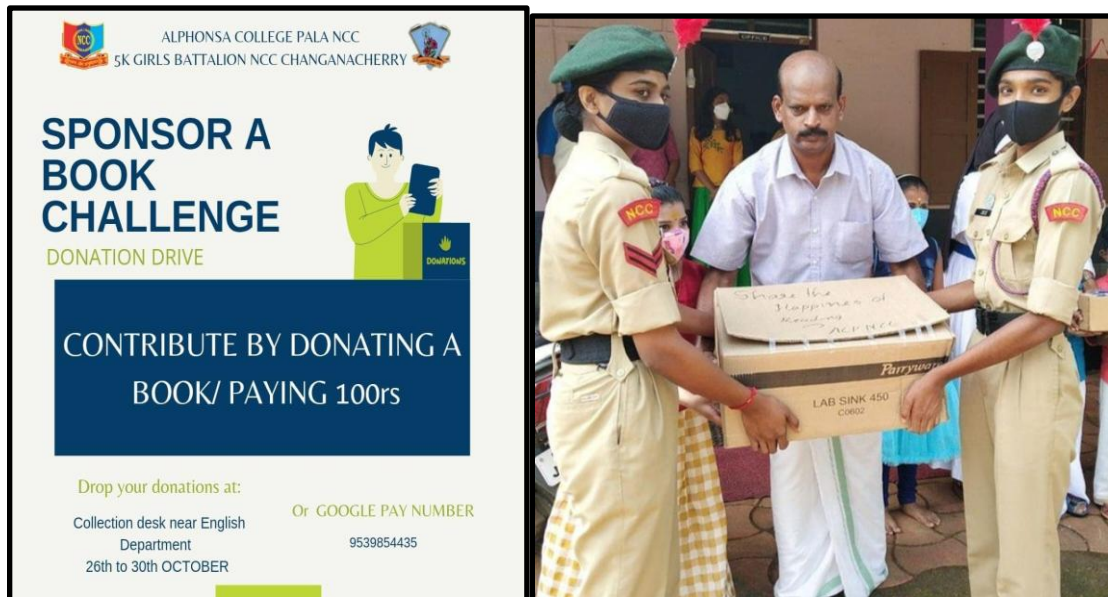
AUDIO BOOKS

Illuminating minds one word at a time, literacy becomes the beacon guiding humanity towards a brighter, more enlightened tomorrow. Cadets of the sub unit released "Audio Books" on International Literacy Day to cater to the needs of people who are visually challenged.



Mini Library

As part of Keralapiravi Celebrations, we contributed a mini library to SHUPS Ullanad. 150 books were donated by launching Sponsor a Book challenge where individuals could contribute by donating or sponsoring a book



PLANT A TREE CHALLENGE

Protecting our environment isn't just a choice; it's a responsibility we owe to future generations and the planet we call home. In connection with world environment day we conducted a "Tree Planting Program" named 'THANALIDAM'. This program focused on planting at least a tree by each individual. Planting a tree today is investing in a greener, healthier tomorrow for both people and the planet.



WORLD PAPERBAG DAY

Go green, keep it clean, for a brighter, greener scene. The cadets of the subunit made and distributed paper bags to the households to keep the environment free from plastic and to clean the surrounding and to maintain nature clean.



BOOK DONATION

As part of World Book Day celebrations, the sub unit donated books to Panapuzha Ankanvady





SKILL DEVELOPMENT PROGRAM

The sub unit launched an Online Skill Development programme EXPERTISE. As part of the programme, one month online training was given to girls and housewives on Communication, Craft, Calligraphy, Cooking, Classical dance and martial arts. E certificates were issued





ALPHONSA COLLEGE PALA NCC

5 KERALA GIRLS BN NCC CHANGANACHERRY

LAUNCHING EXPERTISE 1 MONTH SKILL DEVELOPMENT PROGRAMME

In Connection With
WORLD YOUTH SKILLS DAY

INAUGURATION



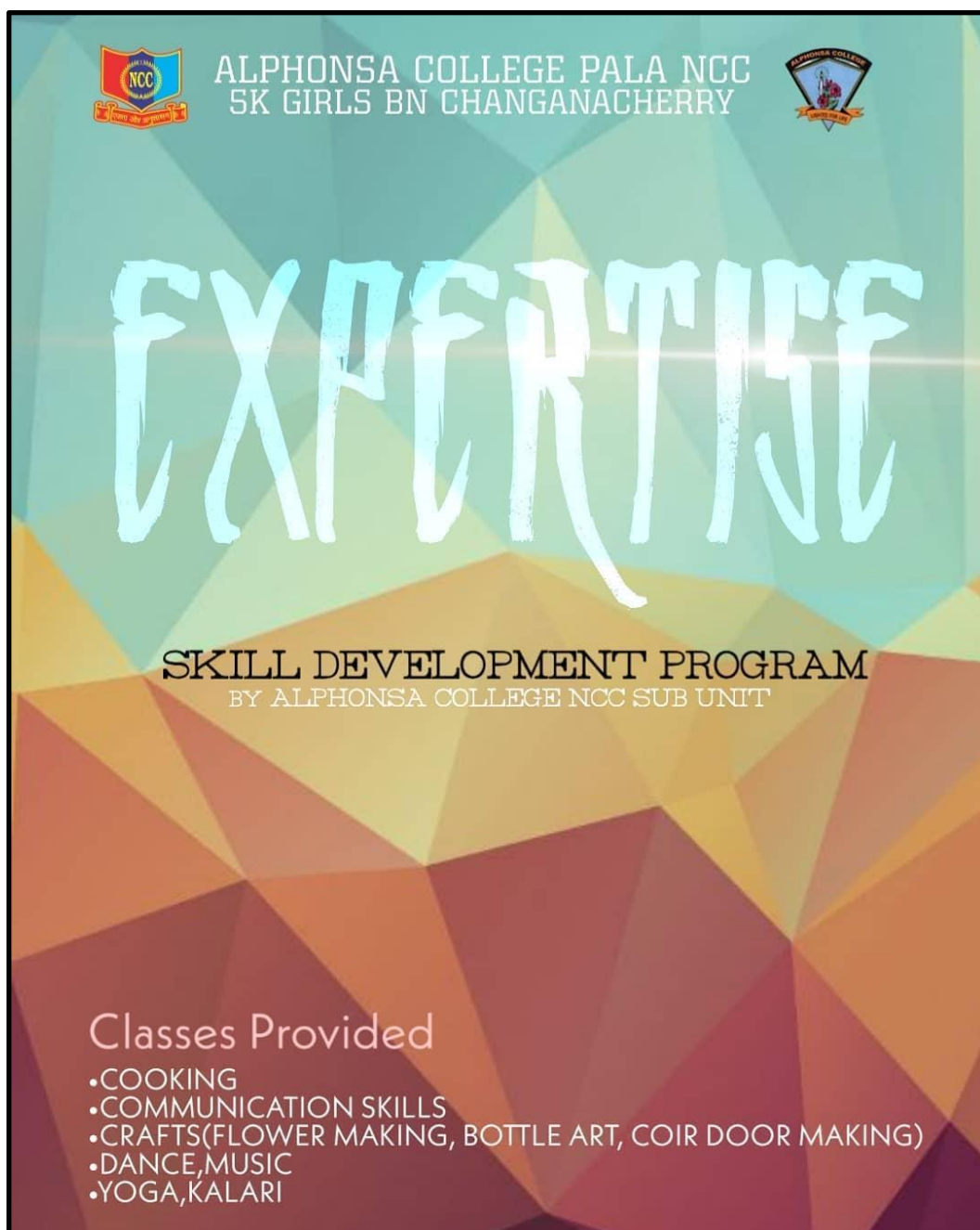
Mr. CYRIL JOSE
Assistant Vice President
(Training)
Federal Bank Ltd



15 July 2021
4.00 pm

EXPERTISE
Skill Development Programme





SPECIAL SCHOOL VISIT

With hearts ablaze and minds ignited, our visit to the special school became a symphony of inspiration, where differences harmonized into melodies of hope and understanding. As part of Christmas celebrations, the cadets of the sub unit visited Shantinilayam Special School and gave Christmas gifts to the children.

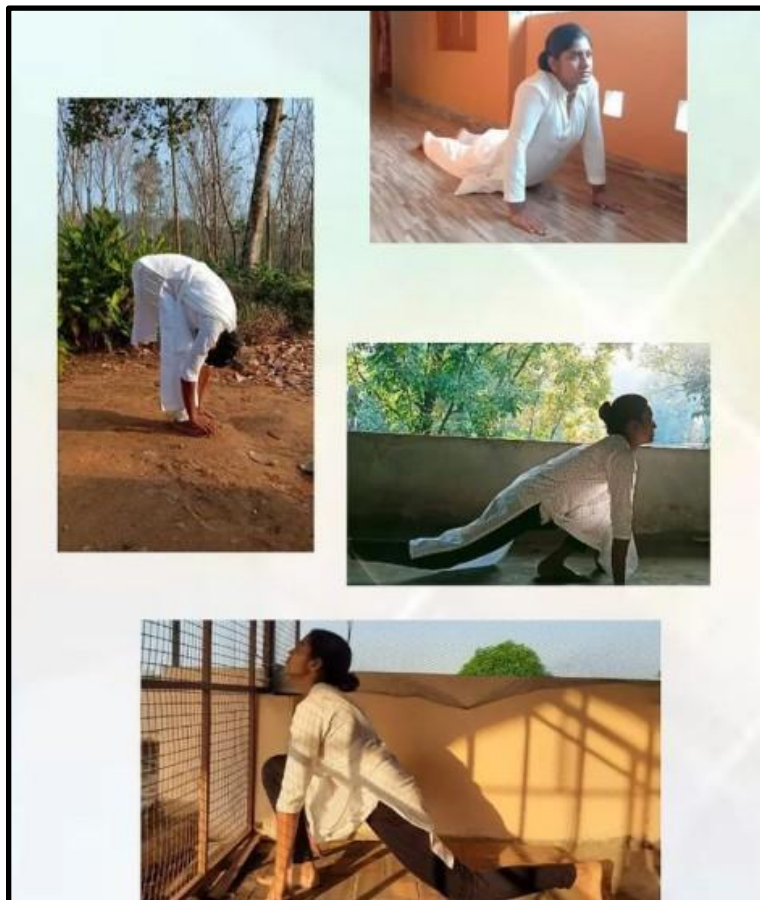




INTERNATIONAL YOGA DAY

Yoga is a journey of self-discovery, connecting mind, body, and spirit to cultivate inner peace and well-being. As a part of international yoga day, we conducted yoga practice for students. In generator awareness about the practice's positive impact on health and wellness. The active participation of students has been the success of this program. Yoga offers a holistic approach to health, promoting physical strength,

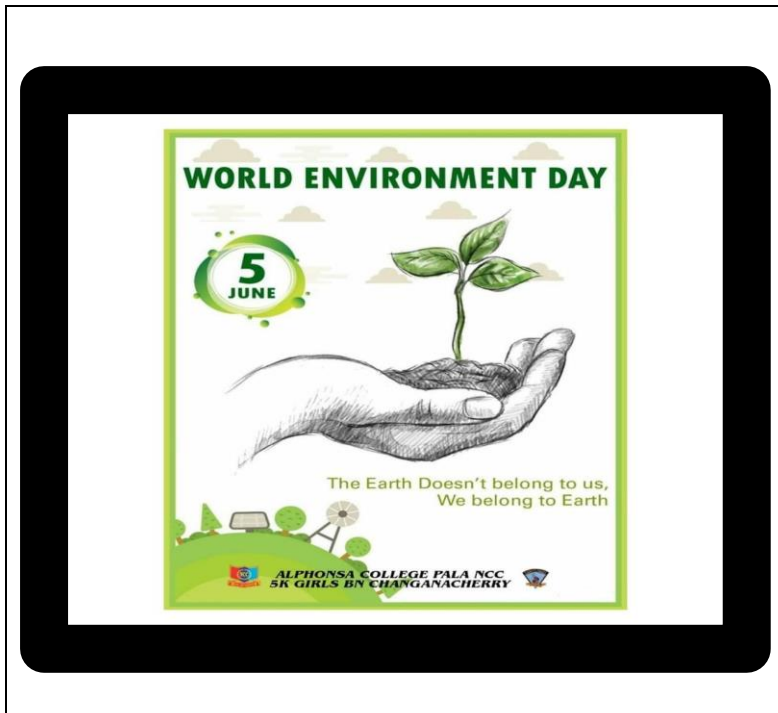
flexibility, and balance while simultaneously reducing stress and improving mental clarity. Its benefits extend beyond the mat, fostering overall well-being and a harmonious relationship between body, mind, and soul.



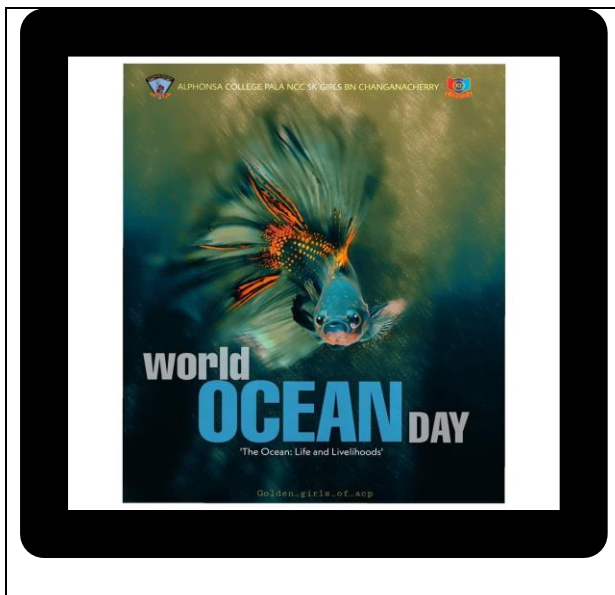
❖ Observance of Days Of National/International Significance

1. World Environment Day

World Environment Day was celebrated on 5th June 2021 by launching “Thanalidam” Plant a tree challenge. 70 cadets participated. Posters and videos were also made to spread an awareness on the need to conserve nature.



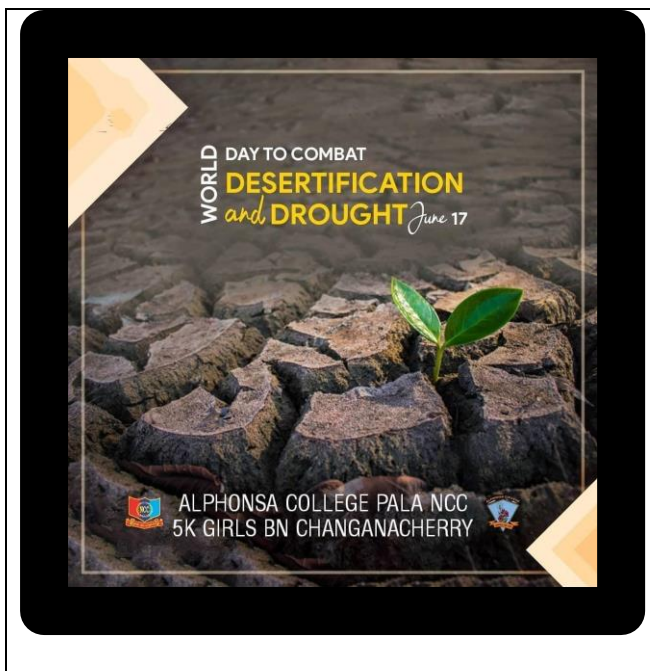
2. **World Ocean Day** was celebrated on June 8 by making videos and posters on the theme “ The Ocean: Life and Livelihoods” to educate the public on the need to protect Ocean.



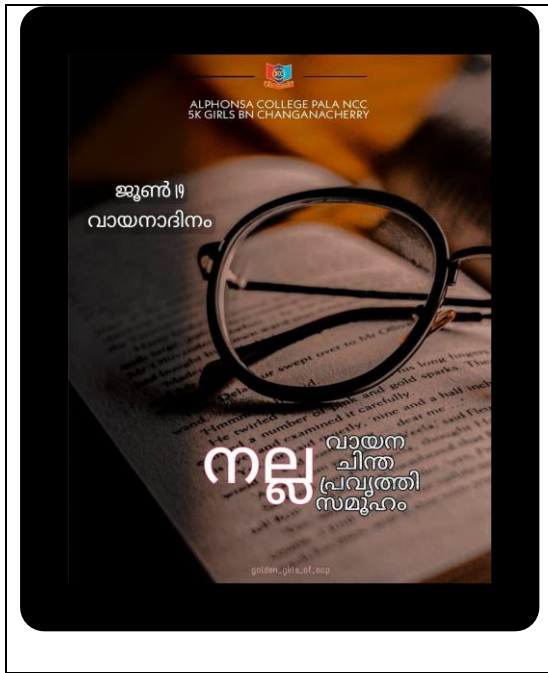
3. **International Day Against Child Labour** was observed on 12 June 2021 by making posters and documentaries on the theme “Act Now: End Child Labour”.



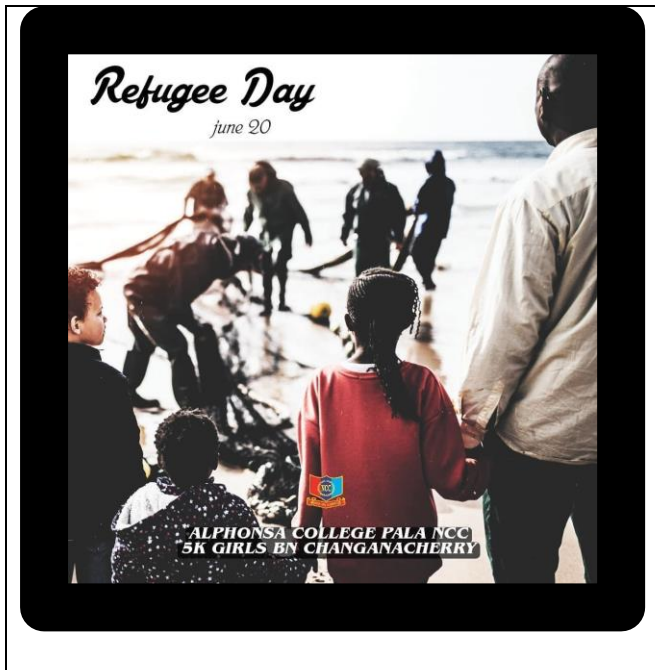
4. **INTERNATIONAL DAY TO COMBAT DESERTIFICATION AND DROUGHT** was observed on 17 June 2021 by making posters and videos



5. **Reading day** was observed on 19 June 2021 by making posters and organising various competitions like Book Review, Quiz, Video making etc

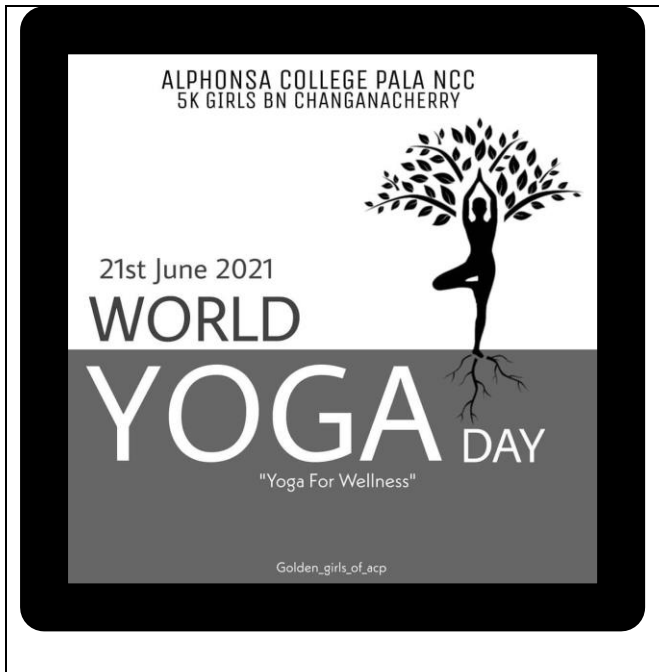


6. **WORLD REFUGEE DAY** was observed on 20 June 2021 by making posters and documentaries on the theme **Together we heal, learn and shine**. Cadet Anagha Elizabeth Sunny took part in the UN contest conducted as aprt of the celebration

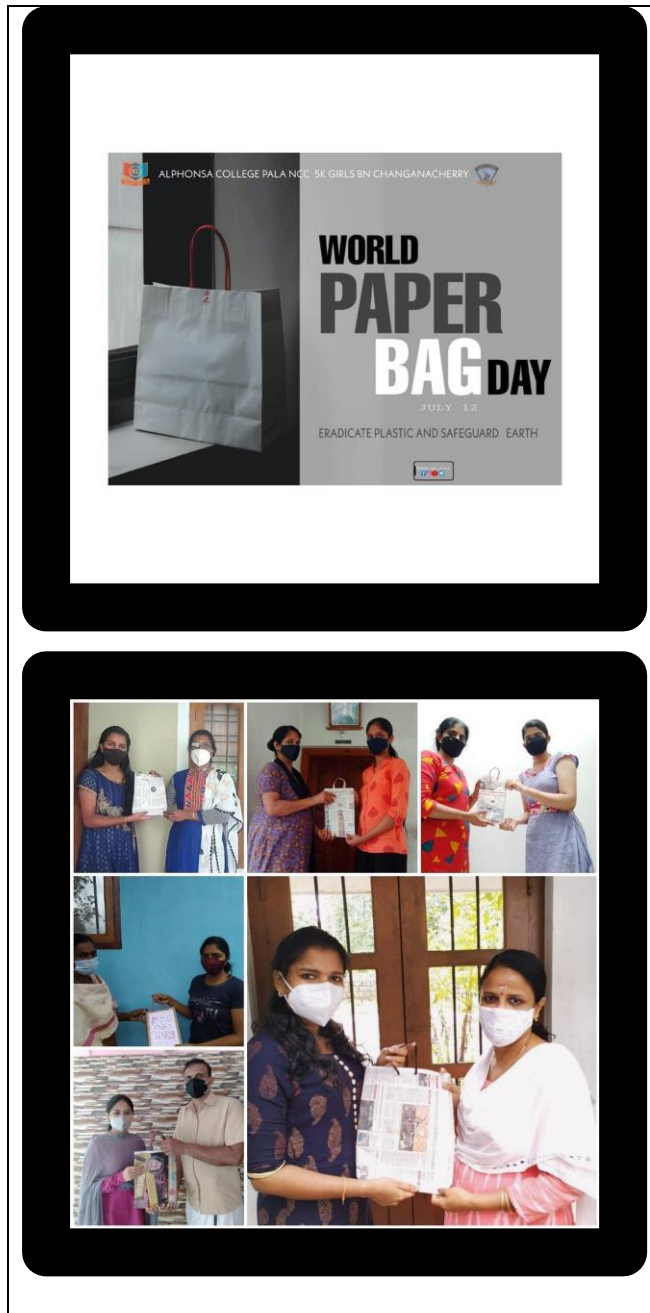


7. **International yoga Day** was celebrated on 21 June 2021. Cadets performed Yoga . As part of the IYD training in Yoga was also given to the caets.70 cadets participated.





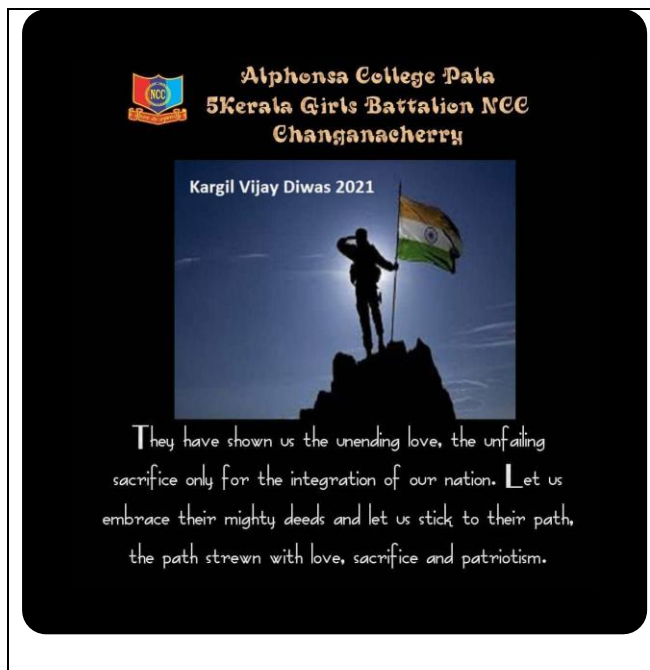
8. **World paper Bag day** was celebrated on July 12 2021 to spread awareness on the hazardous effect of plastic on nature. Cadets made paper bags and distributed to nearby households



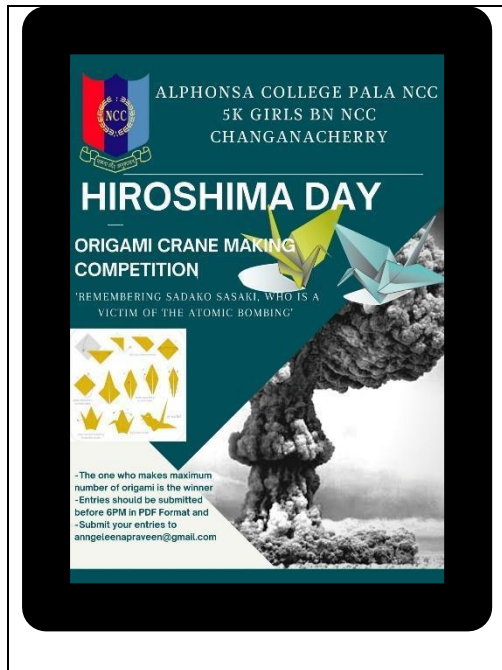
9. **World Youth Skill day** was celebrated by launching Expertise, a skill development programme on July 15. As part of the programme, one month online training was given to girls and housewives on Communication, Craft, Calligraphy, Cooking, Classical dance and martial arts. E certificates were issued



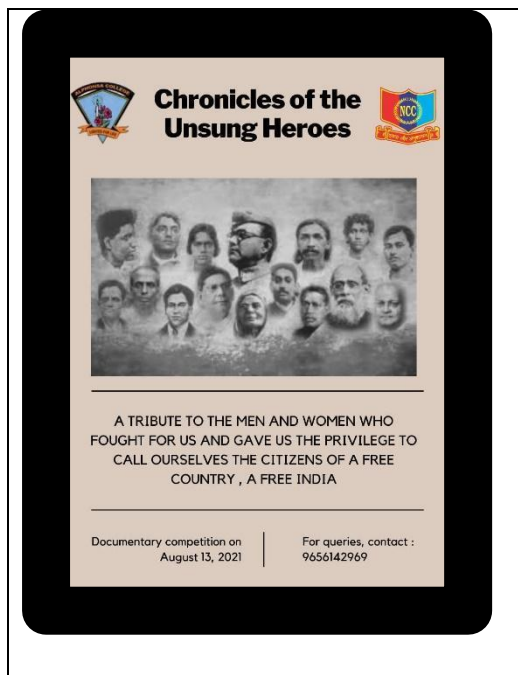
10. **Kargil Vijay Diwas** was celebrated on 26 July by making videos and posters



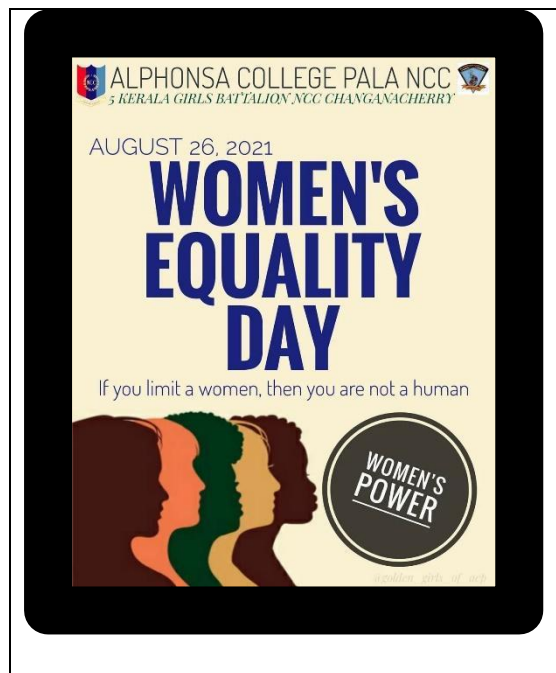
11. **Hiroshima day** was observed on 5th August 2021 by making posters



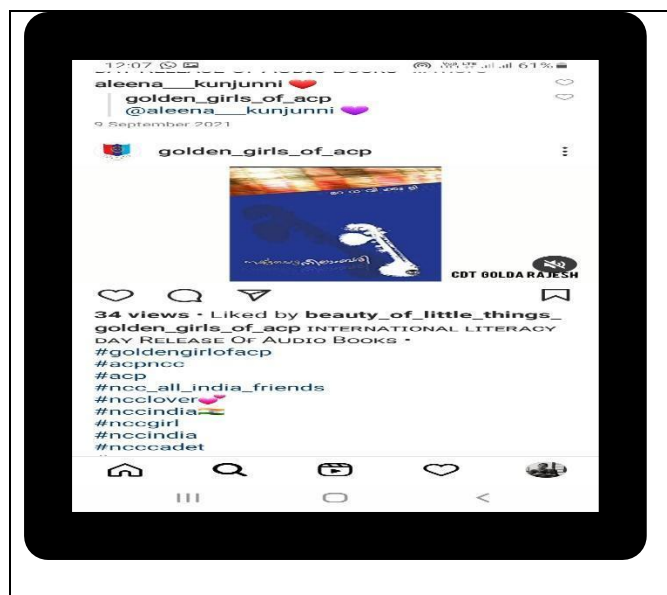
12. **75th Independence Day** was celebrated on 15 August 2021. As part of Azadi Ka Amrit Mahotsav a documentary series “Chronicles of the Unsung Heroes” was launched celebrating the lives of freedom fighters whose sacrifices are hardly recorded in the annals of history.



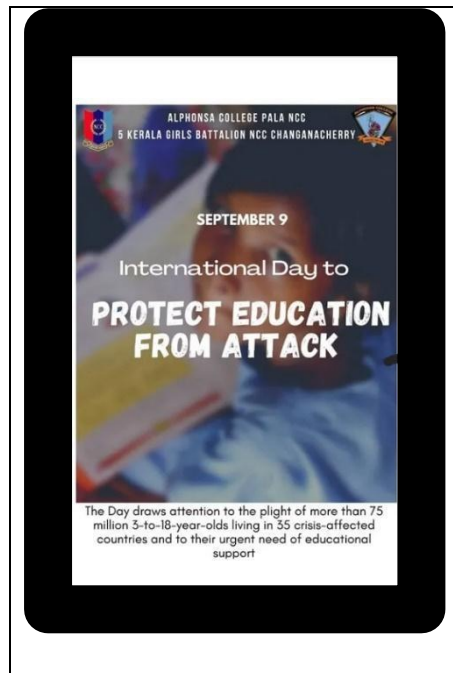
13. **Women equality day** was observed on 26 August 2021 by making posters



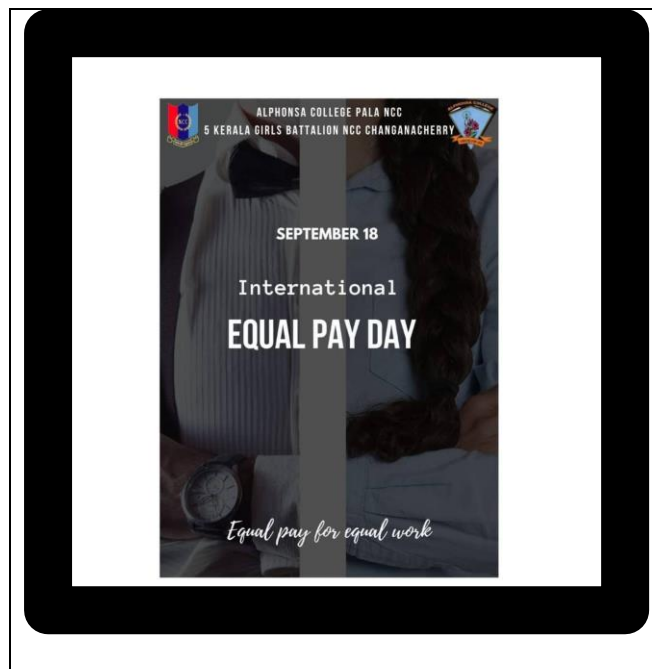
14. **International Literacy Day** was celebrated on 8 September. As part of the celebration Audio books were released to aid the needs of the visually challenged.



15. **International day to protect Education From Attack** was celebrated on 9 September 2021 by making posters and videos

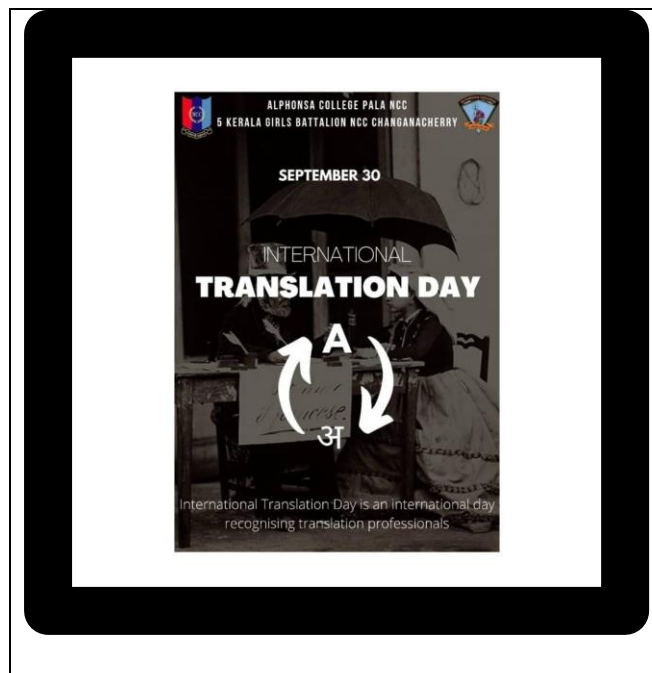


16. **Equal Pay Day** was observed on 18 September 2021



17. **World Rose day** was observed on 22 September by releasing a video on different types of cancer, its causes and symptoms to educate the public on the same

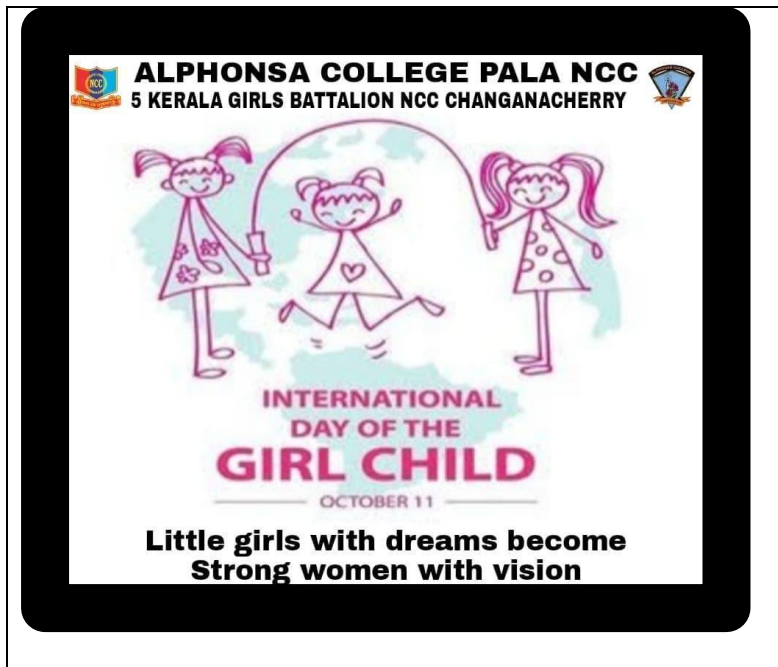
18. **International Translation Day** was observed on 30 September by launching “Learn an Indian Language Programme”. It was intended to motivate the students and public to learn an Indian language and cadets translated the national Pledge to varied Indian languages.



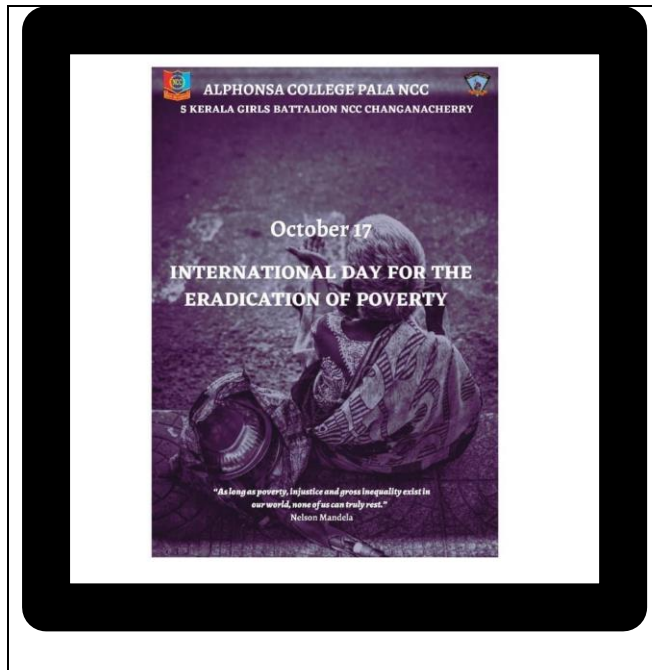
19. **Gandhi Jayanti** was celebrated on 2 October 2021 by organising a Cleanliness drive



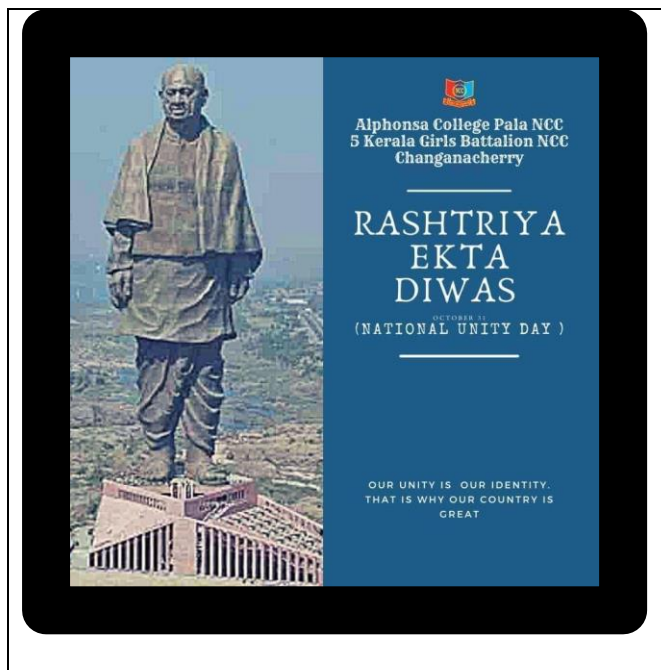
20. **International day of the Girl Child** was observed on 11 October 2021 by making posters and videos



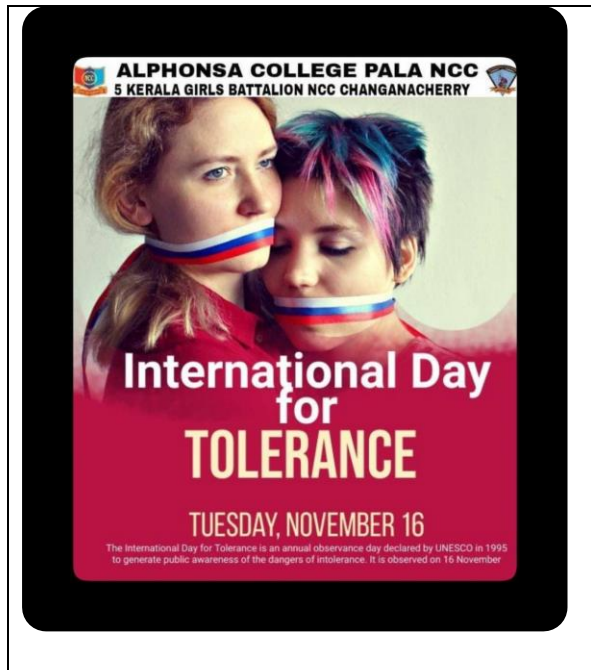
21. **International day for the eradication of poverty** was observed on October 17 2021 by making posters



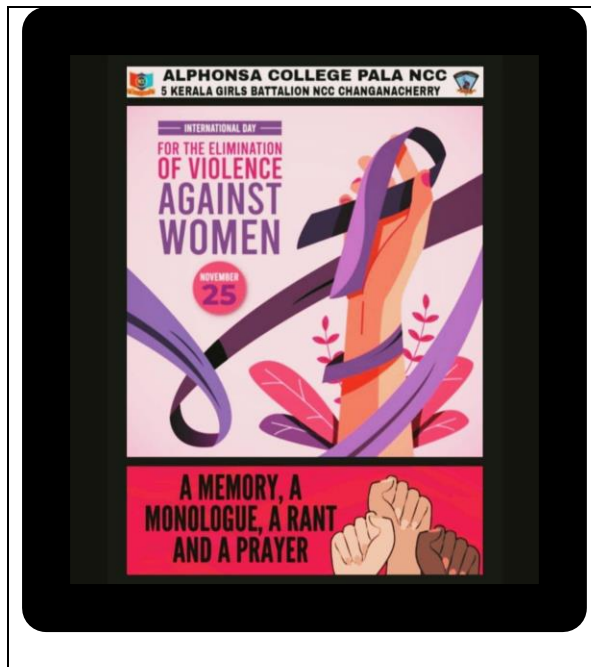
22. **Rashtriya Ektha Diwas** was observed on 31 October



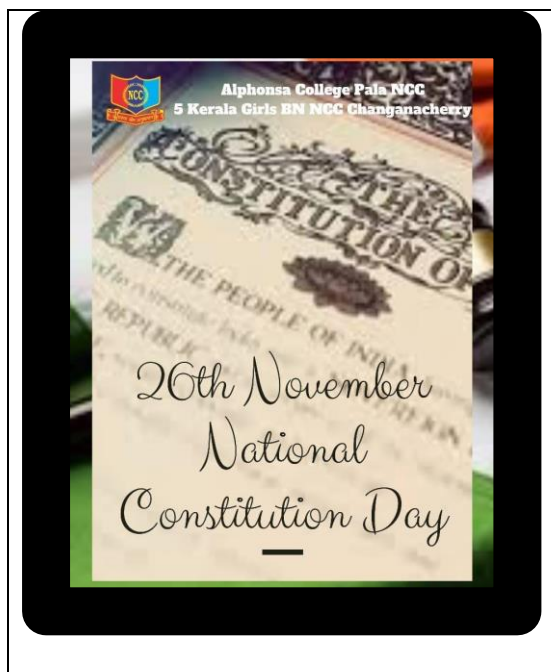
23. **International day for tolerance** was observed on November 16 by making posters and videos to voice the need to stop racism



24. **International Day For The Elimination Of Violence Against Women** was observed on 25 November by making posters and documentary



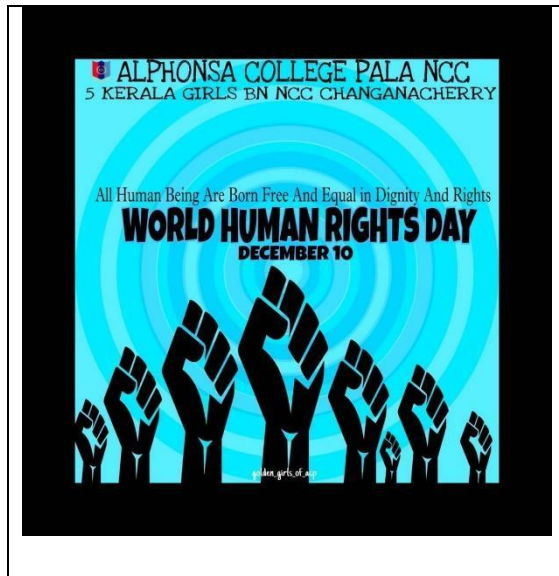
25. **Constitution day** was celebrated on 26 November by making posters and videos



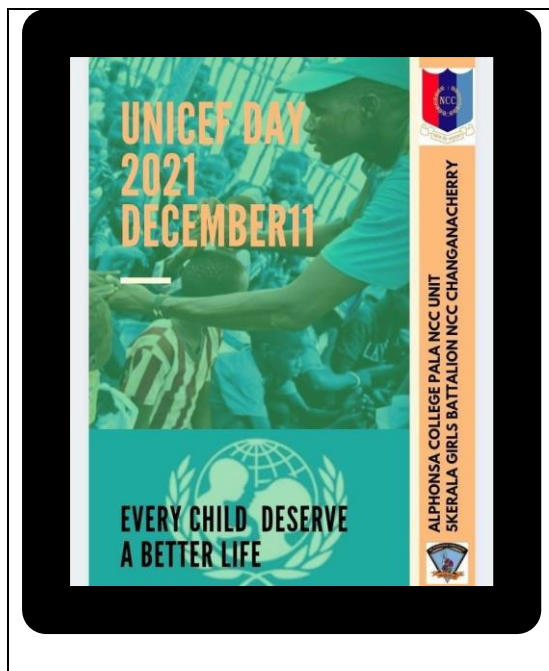
26. **NCC day** was celebrated on 28 November by organising Tree plantation drive and NCC run



27. **World Human rights Day** was observed on 10 December by making posters and videos



28. **UNICEF day** was observed on 11 December by making by making posters and videos

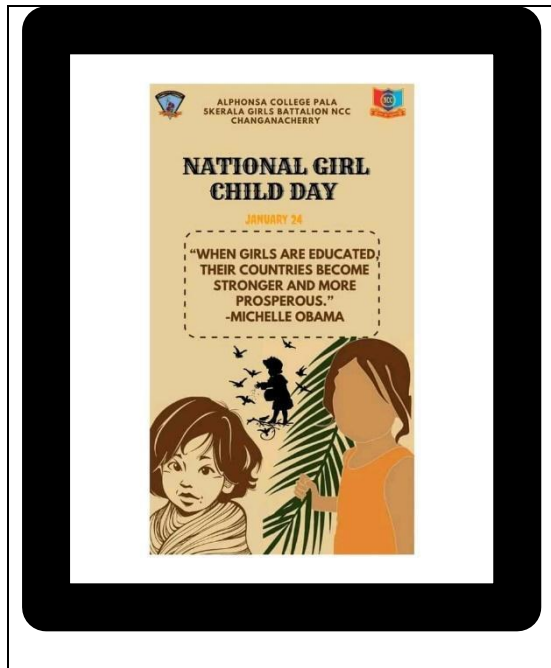


29. **World War Orphan day** was observed on 6 January 2022 by making by making posters and videos

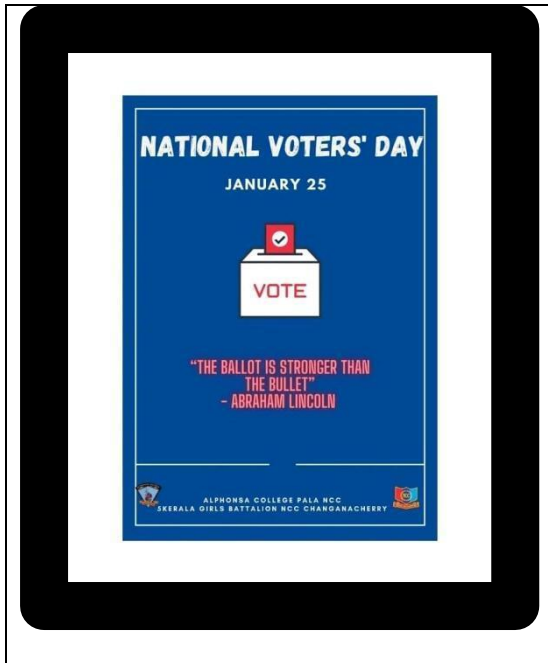
30. **National Youth day** was observed on 12 January by making posters and videos. Cadets also performed Suryanasakar and organized Plog run, debate and drawing competition as part of the celebration



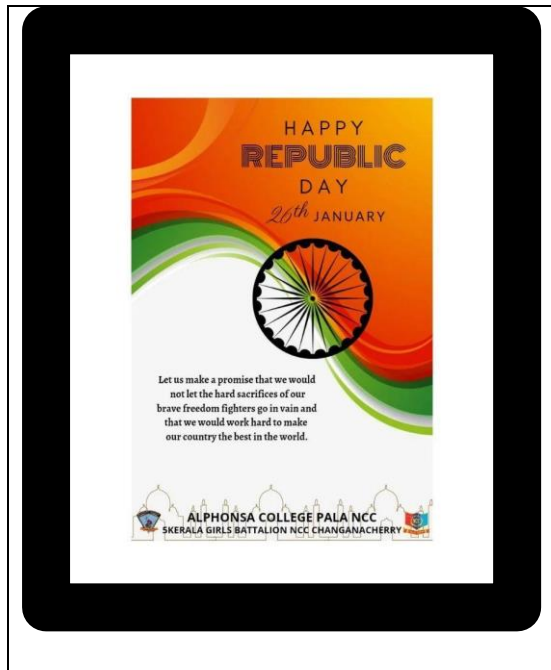
31. **National Girl Child day** was observed on 24 January 2022 by making posters



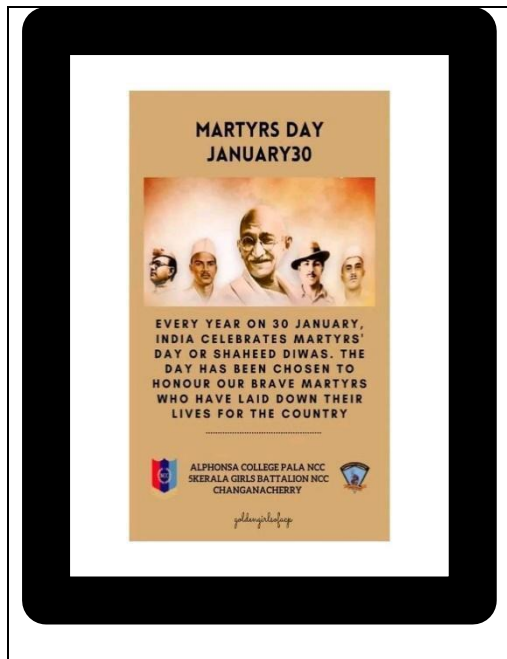
32. **National voters Day** was observed on 25 January 2022 by making posters



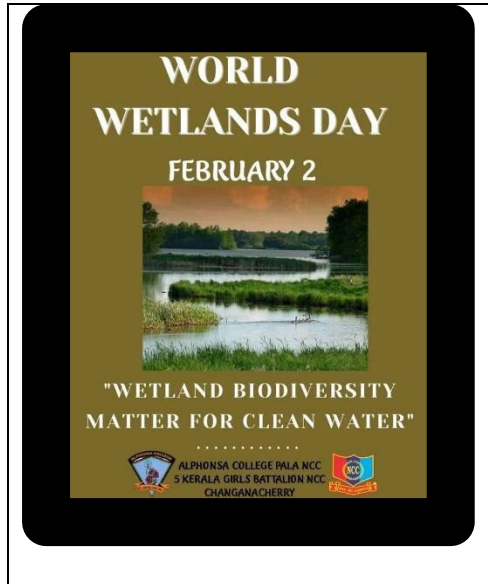
33. **Republic day** was observed on 26 January 2022



34. **Martyrs Day** was observed on 30 January 2022 by making by making posters and videos

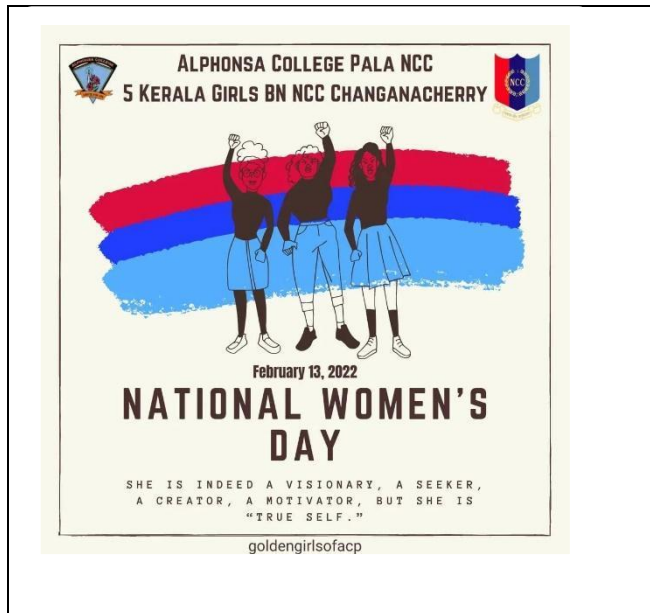


35. **World Wetlands day** was observed on 2 February 2022 by making by making posters and videos

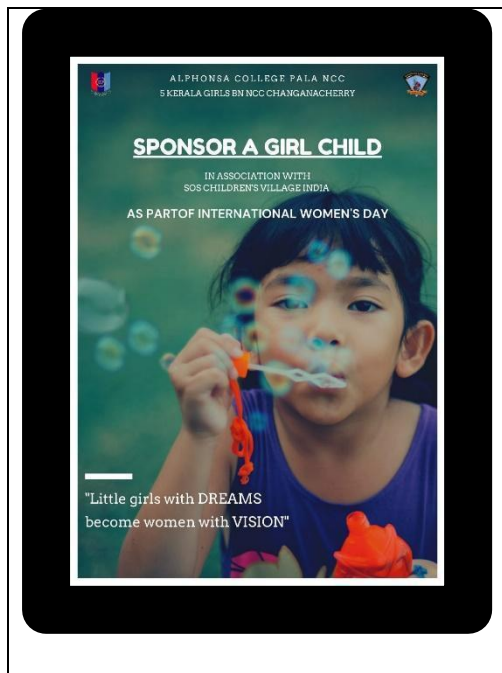


36. **World Cancer day** was observed on 4 February 2022 by making by making posters and videos

37. **National Women's day** was observed on 13 February 2022 by making by making posters and videos



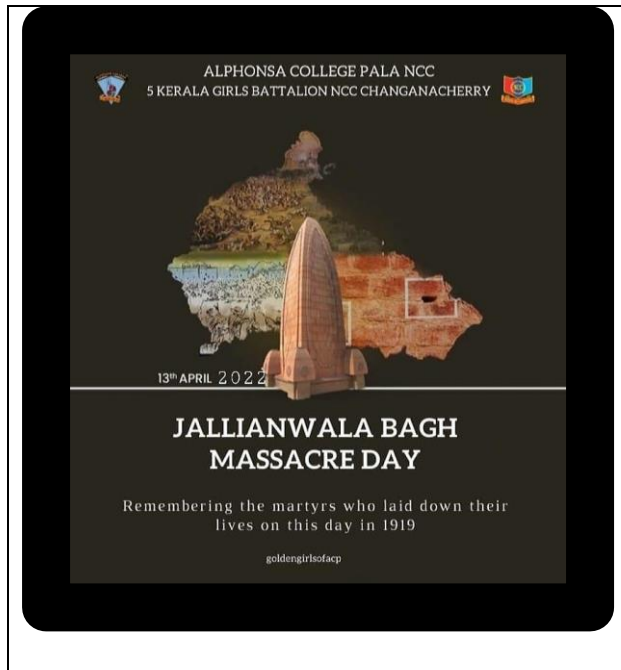
38. **International Women's day** was observed on 8 March 2022 by making by making posters and videos. As part of the celebrations, the sub unit sponsored a girl child taking care of her education and medical needs



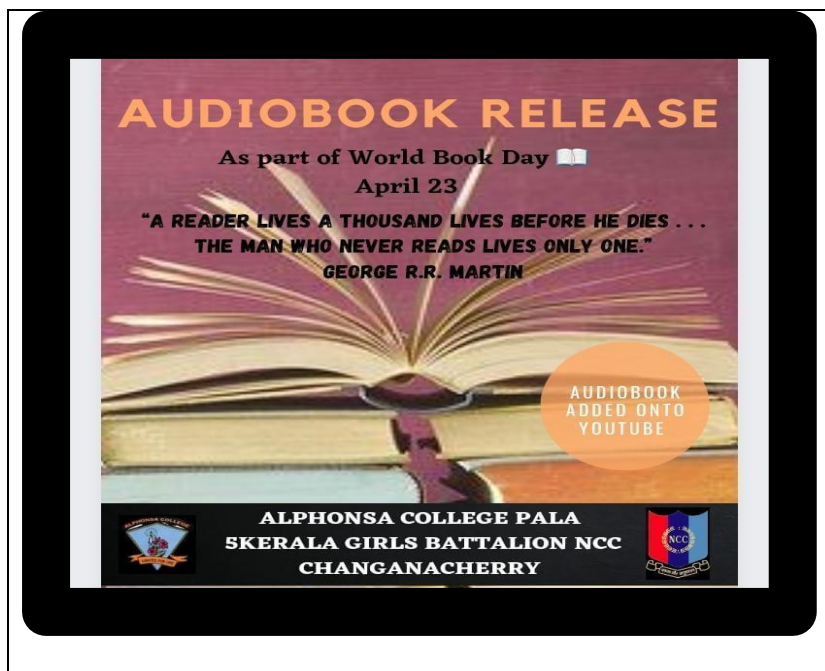
39. **World Autism Awareness day** was observed on 2 April 2022 by making by making posters and videos



40. **Jallianwallahbag Massacre day** was observed on 13 April 2022 by making by making posters and documentary

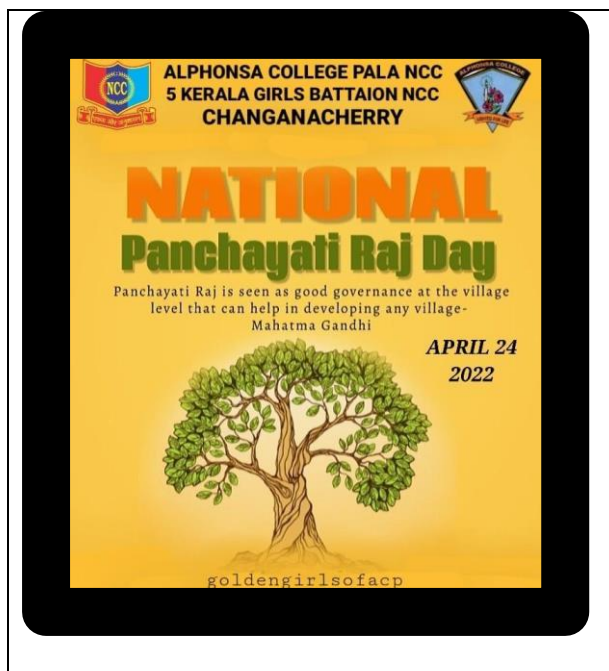


41. **World Book and Copyright day** was observed on 23 April 2022 by making posters and audio books. The sub unit also donated books to Panapuzha Anganvady





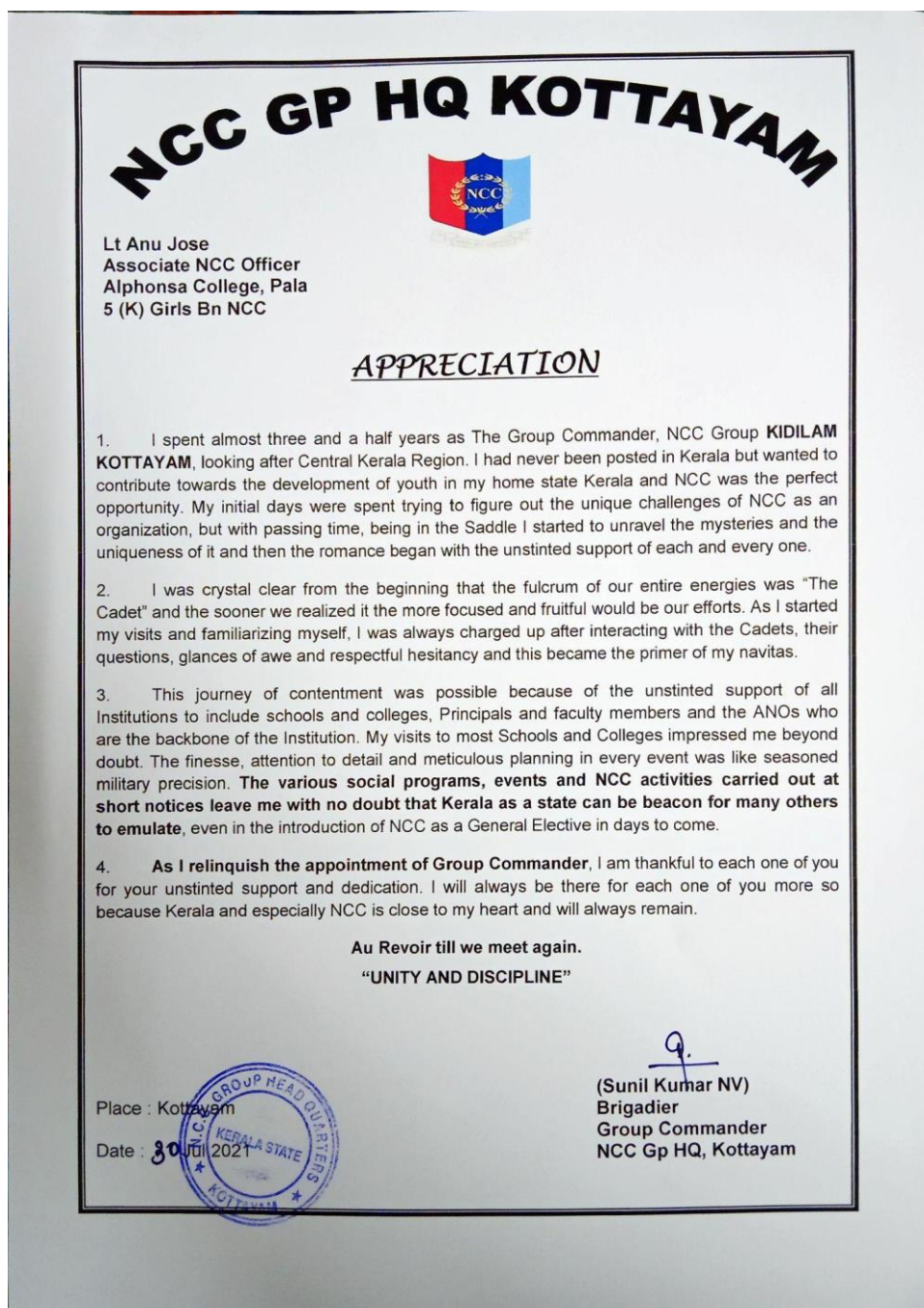
42. **National panchayati Raj day** was observed on 24 April 2022 by making by making posters and videos



AWARDS AND ACHIEVEMENTS

This year the Sub unit won the following awards

1. Special Appreciation from NCC group HQ for the various training and social service activities undertaken by the sub unit
2. The ANO won Silver Medal for over all merit and three certificate of excellence during the Refresher Course held at Officers' Training Academy Gwalior





*“IN SERVING THE NATION AND ITS PEOPLE, WE FIND MEANING
IN OUR LIVES”*