



ALPHONSA COLLEGE, PALA

Reaccredited to A Grade by NAAC in the

4th Cycle of Accreditation (CGPA 3.24)

Affiliated to Mahatma Gandhi University, Kottayam

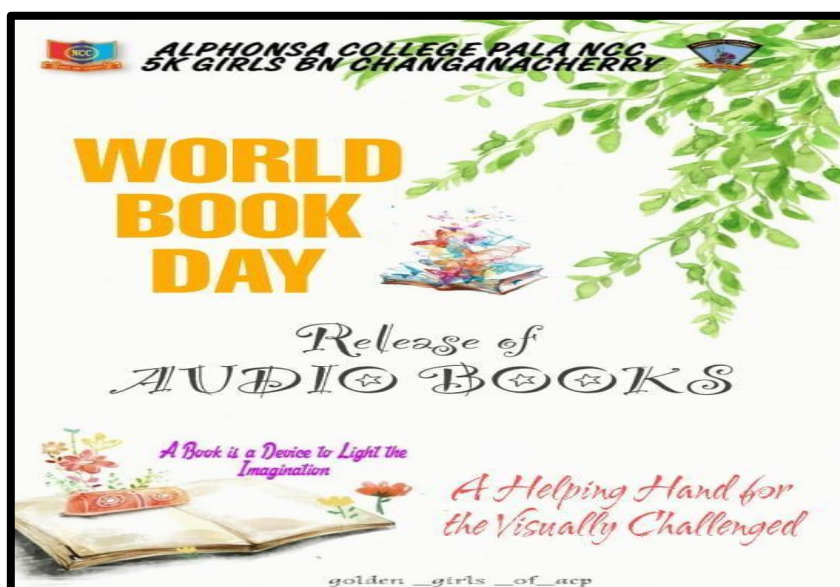


7.2 Best Practice 02 - SPARSH

RISE: SUPPORT PROVIDED TO STRENGTHEN THE EDUCATIONAL SECTOR

1. RELEASE OF AUDIO BOOKS

Being visually impaired should not be a setback to enter the magnificent world of books. Literature has an amazing quality that is to transport us all to a different, wonderful world of adventures that we choose for a while. In this point in time, technology has made sufficient progress as to allow those who have different seeing capabilities to live as close to a completely normal life as possible. The NCC subunit of Alphonsa College Pala released Audio books to help the visually challenged to explore new avenues of information.



2. PAINTING OF SCHOOL WALL

NSS volunteers conducted a wall painting programme on 31st December 2022 at St. George L.P. School Chittar. This event mainly focused on painting the cartoon characters and flowers on the school walls, thus adding a touch of beauty to it. The colorful outcome depicted cravings of the artists hidden in the volunteers and passion towards these artistic hobbies.



3. FINANCIAL ASSISTANCE

The unit adopted a student of 50+ age, who was struggling to earn a livelihood along with her studies. She resumed her studies after a gap of so many years because of her passion for studies. She is a single mother of two children, one doing B.Tech and the other +2. The volunteers decided to collect ten rupees per month for her so that they can contribute 4000 towards her daily expenses. In addition, the unit contributed Rs. 75,000/- in different installments for her during the last two years. She was assisted to start a Janaseva Kendram by the time she completes her graduation from our college. The Kendra is to start functioning by 15 July 2021 after her final year BA Exams



4. SPONSOR A GIRL CHILD

As part of International Women's Day the NCC Sub unit sponsored a girl with SOS Children's Village by taking care of her educational and medical needs.



5. YIP-SASTHRAPADAM SEMINAR

Ms. Diana Elizabeth Jose has served as a resource person for a seminar on Nanotechnology organized by BRC Ramapuram on 15 th February 2023. 32 selected students from various schools from class 8, 9 and 11 from Ramapuram Panchayathu attended the class.





6. SEMINAR ON SOLAR ECLIPSE

The Physics Department organized workshops and awareness classes on the Annular Solar Eclipse from December 13 to December 26, 2019, to enhance public understanding of celestial phenomena.



Alphonsa College Pala
Department of Physics
LET IT SPARK

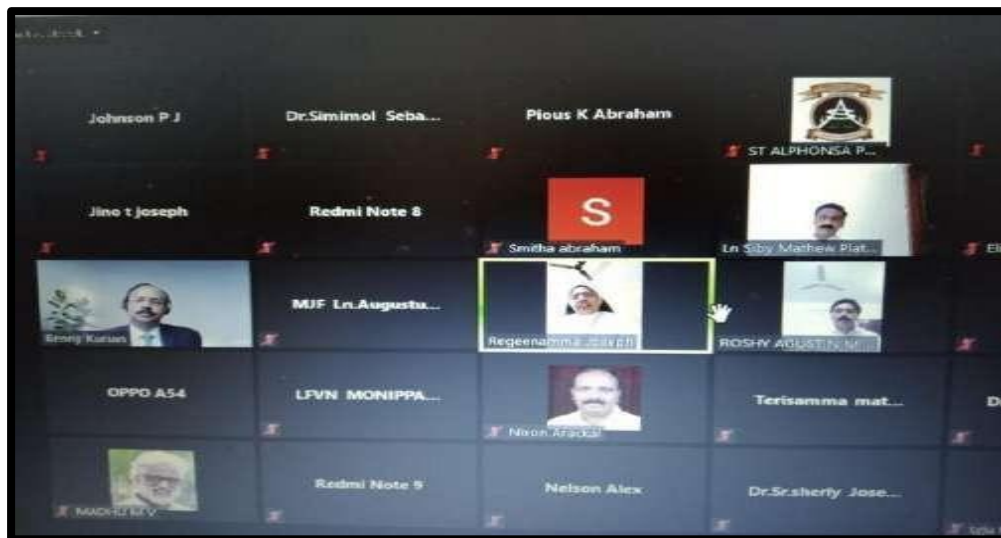
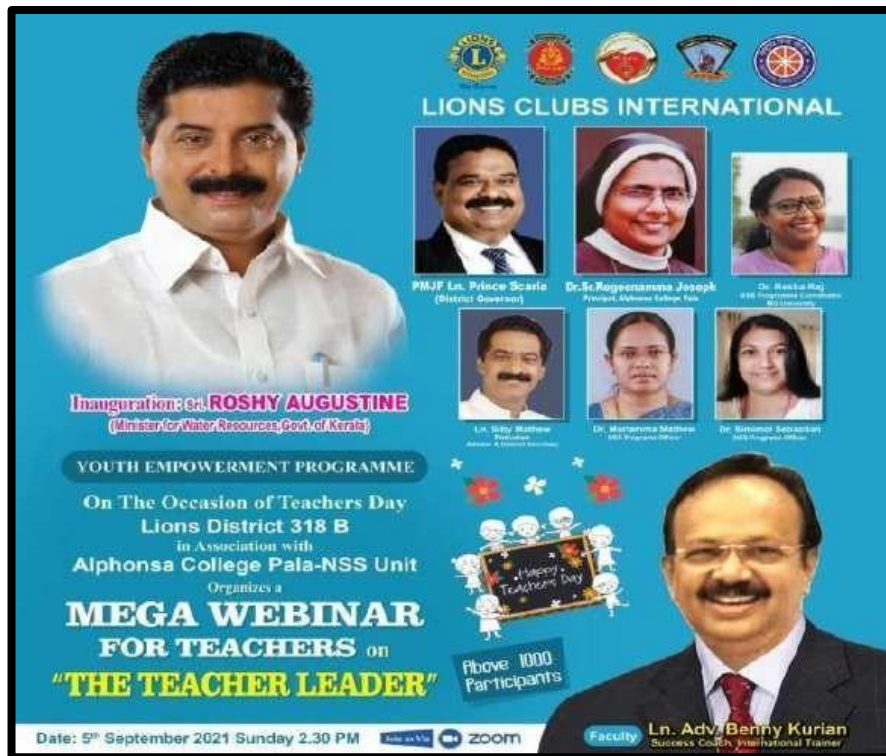


വലിയ സൂര്യഗ്രഹണത്തെ നമുക്ക് ഒന്നിച്ച് വരവേൽക്കാം... സൗര കണ്ണടകൾ 10 രൂപയിൽ ലഭിക്കുന്നതാണ്. ആവശ്യക്കാർ ബന്ധപ്പെടുക.



7. MEGA WEBINAR FOR COLLEGE AND SCHOOL TEACHERS

NSS, in association with Lions Club International, organized a Mega Webinar for college and school teachers on Teachers Day, September 5, 2021. Sri. Roshi Augustin (Minister for Water Resources, Govt. of Kerala) inaugurated the webinar, with Adv. Benny Kurian (International Trainer) delivering a class on "The Teacher Leader".



8. MEGA WEBINAR FOR TEACHERS

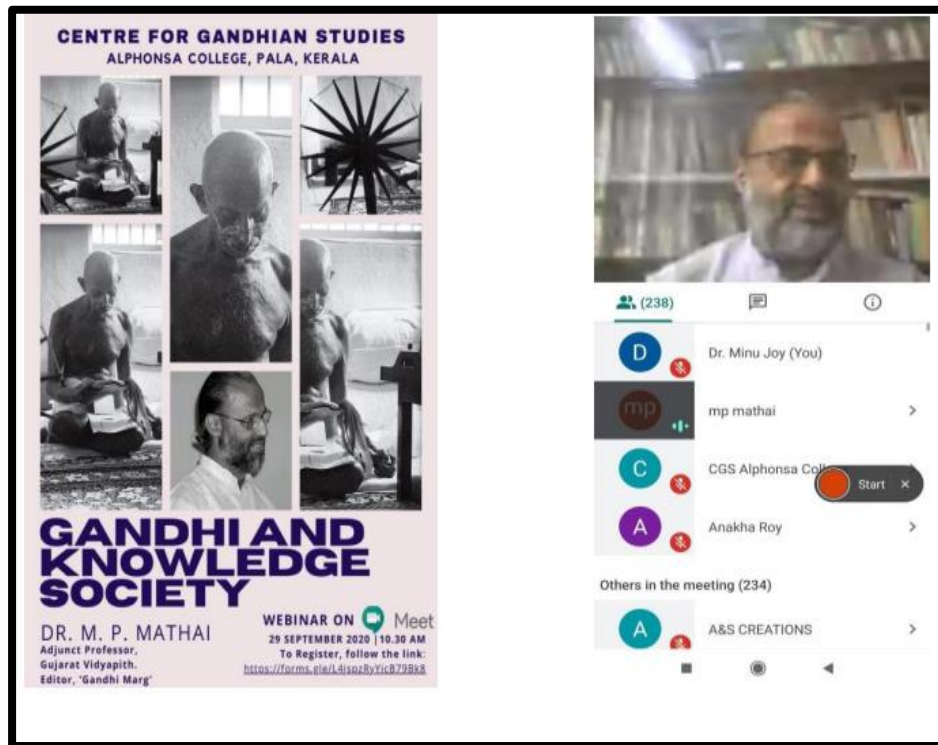
NSS, in collaboration with Lions Club International District 318 B, conducted a mega webinar for teachers on "Hybrid Learning and Thinking Classrooms" on February 13. Dr. Jayaraj MLA (Chief Whip, Govt. of Kerala) inaugurated the webinar, with Prof. Varghese Vaidhyan (International Trainer) as the resource person.



Mega Webinar for Teachers

9. WEBINAR ON "GANDHI AND KNOWLEDGE SOCIETY"

The Centre for Gandhian Studies organized a webinar on "Gandhi and Knowledge Society" on September 29, 2020. Dr. M.P. Mathai (Professor, Gujarat Vidyapith) discussed Gandhi's vision of an inclusive knowledge society, with 234 participants from thirteen colleges and institutions.



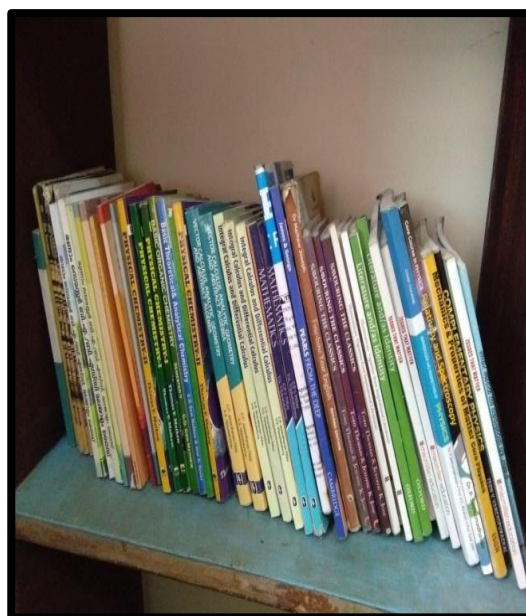
10. ANGANAVADY BEAUTIFICATION

In a bid to support child welfare, the NSS Club undertook Anganavady beautification on March 3, 2020, at the Zonal level. With the collaboration of Anganavadies and NSS Programme Officers, this endeavor aimed to create conducive environments for children's development.



11.KEEPERS OF THE FLAME

Keepers of the Flame-Book Donation Campaign Organised by Department of Physics in association with UBA. Book donation campaign was organised by the department of physics in association with UBA cell during the month of July 2023 in connection with the death anniversary of St. Alphonsa. Students wholeheartedly participated in the campaign by donating used books and study materials. These books and study materials were further provided to the needy students of the college during the academic year 2022-23.



Keepers of the Flame-Book Donation Campaign Organised by Department of Physics in association with UBA

12. DONATION OF BOOKS TO MUNICIPAL LIBRARY, PALA

The Centre gifted a collection of 46 books written on and by Mahatma Gandhi to the Municipal Library, Pala. The books were handed over by the Principal of Alphonsa College – Dr. Sr. Regeenamma Joseph to Sri Babu K. George, President of the Kottayam District Library Council and Sri Roy Francis, Secretary of the Meenachil Taluk Library Council at the Pala Municipal Library Hall on 5 July 2022.



13. MINI LIBRARY

As part of Keralapiravi Celebrations, NCC unit contributed a mini library to SHLPS Ullanad. 150 books were donated by launching Sponsor a Book challenge where individuals could contribute by donating or sponsoring a book.



14. BOOK DONATION

In commemoration of World Book Day, the NCC unit generously contributed to the cause by donating books to Panapuzha Ankanvadi on April 23, 2022. This noble gesture not only promotes literacy but also cultivates a love for reading among children, fostering intellectual growth and curiosity. By extending this act of generosity to the Ankanvadi, the NCC unit demonstrates its commitment to education and community welfare. Such initiatives play a pivotal role in enhancing

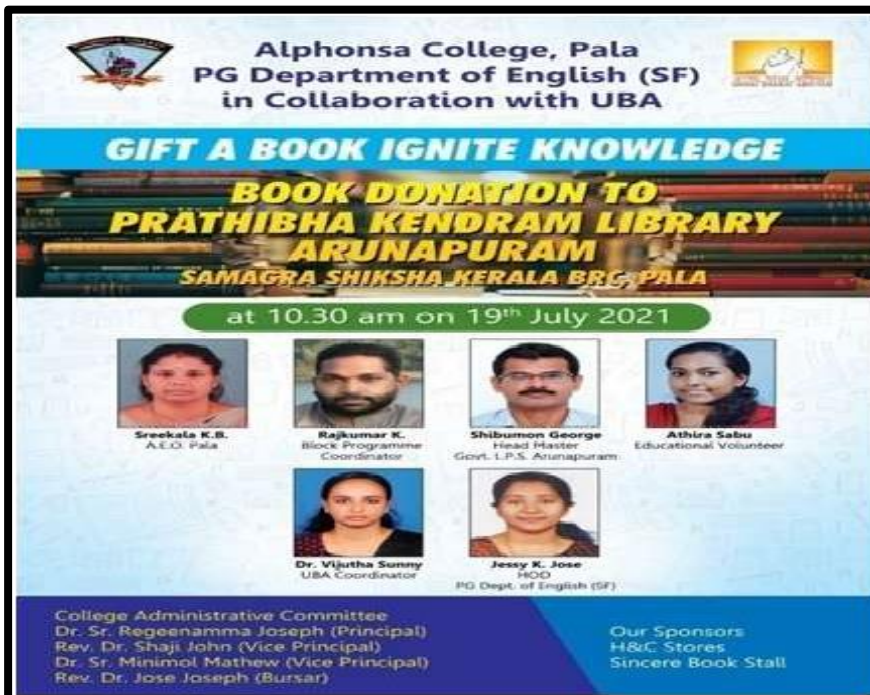
CRITERION 7.2

access to educational resources, thereby empowering young minds and paving the way for a brighter future. The donation of books serves as a testament to the NCC unit's dedication to social responsibility and its endeavor to make a in the lives of those in need.



15.GIFT A BOOK IGNITE KNOWLEDGE







As part of the Community Extension Activity the P G Department of English (S F) in collaboration with UNNATH BHARAT ABHIYAN donated 152 Books to Prathibha Kendram Library, Arunapuram under Samagra Shiksha Kerala, BRC, Pala at 10.30am on 19th July 2021.



Alphonsa College, Pala
PG Department of English (SF)
in Collaboration with UBA

GIFT A BOOK IGNITE KNOWLEDGE
BOOK DONATION TO
PRATHIBHA KENDRAM LIBRARY
ARUNAPURAM
SAMAGRA SHIKSHA KERALA BRC, PALA

at 10.30 am on 19th July 2021

 Sreekala K.B. A.E.O. Pala	 Rajkumar K. Block Programme Coordinator	 Shibumon George Head Master Govt. L.P.S. Arunapuram	 Athira Sabu Educational Volunteer
 Dr. Vijitha Sunny UBA Coordinator	 Jessy K. Jose HOD PG Dept. of English (SF)		

College Administrative Committee
Dr. Sr. Regeenamma Joseph (Principal)
Rev. Dr. Shaji John (Vice Principal)
Dr. Sr. Minimol Mathew (Vice Principal)
Rev. Dr. Jose Joseph (Bursar)

Our Sponsors
H&C Stores
Sincere Book Stall

16. CONTRIBUTION TO LIBRARY

On March 4, 2020, students of the Zoology Department collected various storybooks and contributed them to the Library of St. Joseph's Children's Home at Kummannoor. The initiative aimed to promote literacy and access to reading materials among children. The outreach program involved 3 faculty members and reached out to 1 institution. No male or transgender students participated. The event was not externally funded, but the department contributed INR 2,000 towards the initiative



17. USED BOOK COLLECTION

On June 5, 2019, the Economics Department organized a used book collection drive as part of World Environment Day. The collected books were distributed as part of an outreach program. The department involved 2 teachers and 100 female students. No male or transgender students participated, and the event was not externally funded.



18. BOOK DONATION DRIVE BY MALAYALAM AND HINDI DEPARTMENTS

Book Donation Drive by Malayalam and Hindi Departments in Association with NSS: In collaboration with the NSS unit, the Malayalam and Hindi Departments conducted a book donation drive. The collected books and stationery items were distributed to the National Dalit Federation Charitable Society and St. Pious Orphanage, emphasizing the pivotal role of education and literacy in empowering marginalized communities



Book Donation

19. BOOK EXHIBITION CUM SALE

The Malayalam and Hindi Departments, in partnership with the National Book Stall, organized a book exhibition cum sale on 13 th July 2018. This event showcased a wide array of books focusing on Malayalam and English literature, culture, and history, providing students and book enthusiasts with an opportunity to explore and acquire books of interest.



20. DONATION OF BOOKS TO ST. PIOUS ORPHANAGE

As part of their community outreach efforts, the Mathematics Department generously donated books and study materials to St. Pious Orphanage on 14 July 2018. This donation significantly contributed to enriching the educational resources available to the children at the orphanage.



21. SCIENTIA: SCIENCE LECTURE SERIES FOR SCHOOL STUDENTS

The Department of Chemistry organized science lectures for school students-SCIENTIA. It is aimed to inculcate scientific temper in school students through informative, attractive and entertaining classes, taken by our students under the guidance of teachers.

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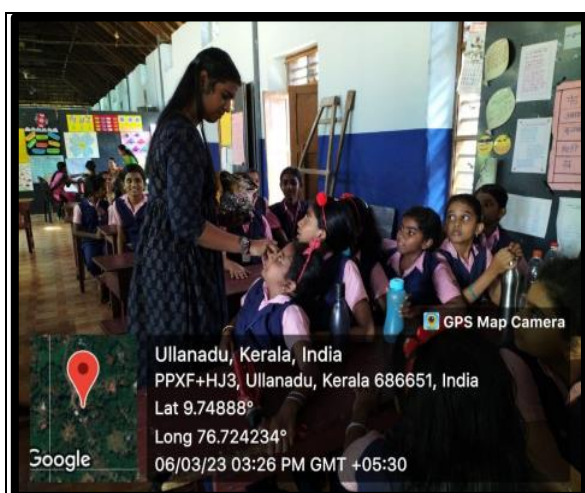
Date	Name of School	Name of Student Taken the Class & Class	No of Students Attended	No of Teachers Attended	Topic	Class
7-3-2023	St Paul's High School, Mutholapuram	Devika Pm III Dc Chemistry	252	12	Chemistry In Every Day Life	Students From Class 7,8 and 9
09-03-2023	St. Antonys LPS, Koodallor	Georgina Martin III Dc Chemistry	125	5	Science In Every Day Life	Students From Class 1-4 5





22. FLIP: FLUENCY IMPROVEMENT PROGRAMME

Flip (Fluency Improvement Programme) is a futuristic extension program of the PG Department of English at Alphonsa College. This program has huge potential and it is a good exposure for our III DC English students who volunteer from our college to engage in such classes. The programme is conducted for children from classes 1 to 5 in government-aided schools to improve their English fluency. By teaching words to enhance their vocabulary, our student-faculty engages these children fully and gives them the confidence to use those words in full sentences in augmented situations created during this class.



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This year, the programme was conducted at Sacred Heart UP School, Ullanadu on 6th March 2023. The Student-Faculties were Nikitha Nelson, Bhagya M Nair, and Ann Maria Jose. The UP school students from classes 1 to 7 participated in the programme enthusiastically. They were taught using splash cards and charts. There were around 70 students as participants.

23. FREE TUITION

Mathematics is part of students 'life at school and in the world outside it'. Mathematics skills are becoming an increasingly critical factor in the success of children. The Mathematics Department of Alphonsa College Pala has adopted ST. PIOUS ORPHANAGE, PALA as a center for rendering our service to the society. To reach out to the needy students of society, final year students have rendered their mathematics knowledge on rotatory basis for the inmates studying in High School and +2 classes during Sundays/Holidays.



24. EDUCATIONAL EXHIBITION AT JYOTHI PUBLIC SCHOOL PAIKA

The students from the department of Zoology participated in the Educational Exhibition conducted at Jyothi Public School Paika on 11-12 November 2022. They presented various working and still models, charts etc., on Molecular biology, Physiology, Evolution and Ecology. The students from different schools visited the stalls and enriched with new ideas.



25. TRAINING GIVEN TO CHILDREN IN ORPHANAGES

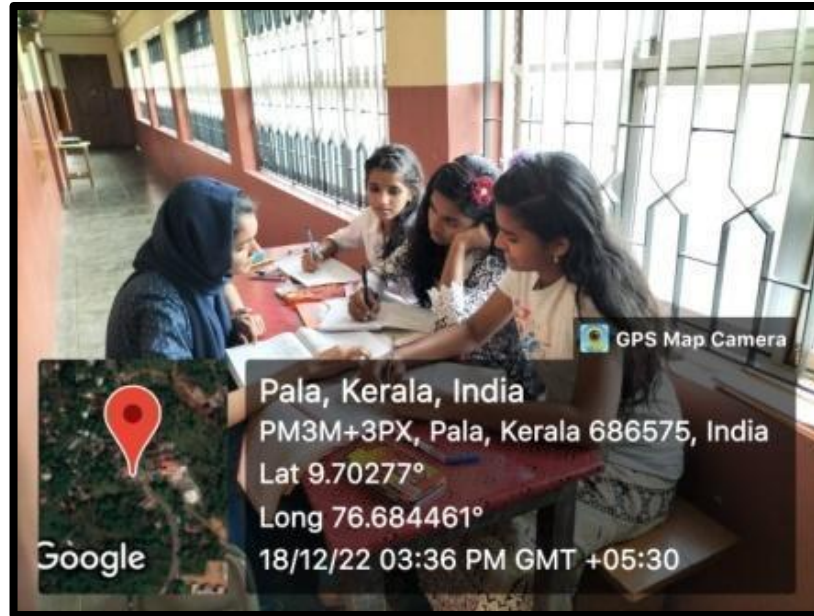
Students from different departments are offering free tuition and other classes to support children in various orphanages and children's homes, fostering a culture of knowledge-sharing and community support.

Dance & Music Class: NSS volunteers organized a training program on Dance & Music for students of L.P. School, Chittarwas on December 3, 2022. The event aimed to cultivate artistic skills among participants.

Communication Skills: The English Department conducted free tuition sessions at St. Joseph's Orphanage in Kummannoor from August 12, 2019, to March 4, 2020. Led by Fr. Jose Joseph, the program focused on empowering 9 female students through educational support.

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Remedial Teaching: From June 3, 2019, to March 31, 2020, the Mathematics Department offered remedial teaching at St. Pious Orphanage in Pala, benefiting 47 female students. The college partially funded the initiative, aiming to uplift underprivileged students academically.



26. FREE TUTION CLASSES FOR CHILDREN OF THE ADOPTED COLONIES

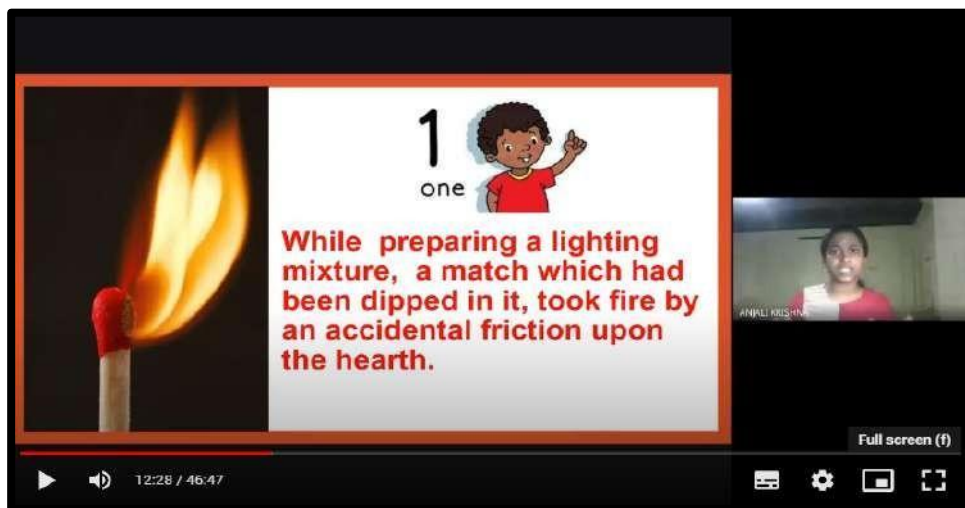
Department conducted tuition classes for 30 female students in the colony. Supported by alumni and students, the program aimed to provide educational support to underprivileged students.



27. RELEASE OF DEMONSTRATION VIDEO

The Department of Chemistry released an organic practical Part 4 video in the department's YouTube channel. This video will open a public platform to give more detailed information about organic chemistry practicals to students from our department and various colleges.

<https://youtu.be/t7Q5Jd6mM78>



28. QUAINTELLE: LECTURE SERIES FOR SCHOOL STUDENTS

Department of Mathematics organized an talk series for school students named - QUAINTELLE. It was aimed to nurture Mathematical taste in school students through informative, attractive and entertaining online classes taken by our students. The session was hosted by Ms.Josna Jose & Ms. Minnu Lisbath Sebastian, who are the graduate students of Alphonsian Mathematics Department. The venue was at St Joseph High School Manathoor and the talk was about women mathematicians. The First selected Mathematician was Shakuntala Devi, (known as Human Computer) and revelations about her personal life. It was a new experience for the school students as well as for our students as it created a new concept about Mathematics, it's various tricks and the way of making Mathematics as a career.



ALPHONSA COLLEGE PALA
Mathematics Association
organizes
QUAINTELLE
In association with Unnat Bharat Abhiyan (UBA)
Talk series on:
Shakuntala Devi

By:
Josna Jose Minnu Lisbeth Sebastian

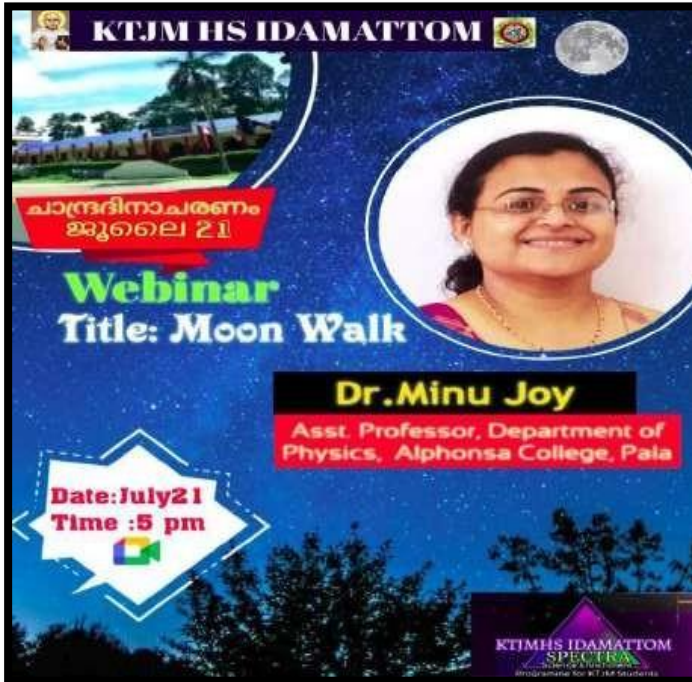
via Google Meet
On 29th July 2021
Meet link:
qsr-mrmn-szm

Time: 3 pm
Place: St. Joseph's HS, Manathoor

Shakuntala Devi

29. INVITED TALK ‘MOON WALK’ FOR SCHOOL CHILDREN

In connection with the Moon landing day celebrations of KTJM High School, Idamattom, Dr. Minu Joy, Department of Physics delivered an invited talk entitled ‘Moon Walk’ on July 21, 2021.



KTJM HS IDAMATTOM

ചാന്ദ്രദിനാചരണം
ജൂലൈ 21

Webinar
Title: **Moon Walk**

Dr. Minu Joy
Asst. Professor, Department of
Physics, Alphonsa College, Pala

Date: July 21
Time : 5 pm

KTJMHS IDAMATTOM
SPECTRA
Programme for K.T.J.M Students

CRITERION 7.2

30. INVITED TALK ‘AFTER THE FIRST THREE MINUTES’

Dr. Minu Joy served as a resource person for the webinar organised by the Department of Physics, Kuriakose Gregorios College, Pambady on 29 September 2021 and delivered a talk on the topic “ After the First three minutes”



31. FLUENCY ENHANCEMENT PROGRAMME FOR SCHOOL CHILDREN

As part of the community extension activities of the department, twelve of our III BA students conducted Fluency enhancement classes for UP School students of St. Joseph’s UPS Moolamattom.



32. BOOK DONATION TO NATIONAL DALIT FEDERATION

In collaboration with the NSS unit, the Malayalam and Hindi departments organized initiatives to support underprivileged communities and promote education: The departments, along with the NSS unit, collected books and stationery items. These materials were dispersed as follows: On June 13, 2018, the collected items were distributed at the National Dalit Federation Charitable Society, extending educational support to marginalized individuals.



33. BOOK DONATION TO ORPHANAGES

students collected books and study materials for the inmates of St. Pius Balikabhavan. These items were handed over to them on June 21, 2018. This initiative aimed to support the educational needs of children under the care of the Balikabhavan. These efforts reflect the commitment of the departments and the NSS unit to empower marginalized communities through education and support.



34. EDUCATIONAL MATERIALS DONATION

Students of III DC donated Educational materials for the 50 students of Kalanikethan primary school, Puliyanoor Pala on 24th January 2023. This project was undertaken to commemorate National Youth Day, which is also Vivekananda Jayandhi. The aim is to propagate the ideals of Vivekananda who consider education as ‘man- making’.

