

ACTIVITIES UNNAT BHARAT ABHIYAN

Alphonsa College Pala

Kottayam, Kerala

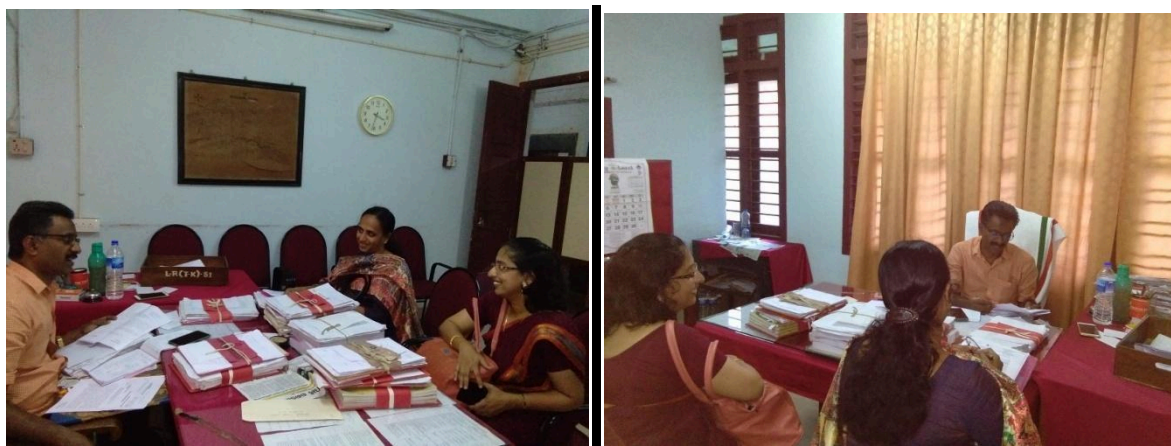
AISHE Code: C-11593

INTRODUCTION

The journey of Alphonsa College Pala with Unnat Bharat Abhiyan began with the submission of proposal on 28th of September 2018. This was followed by the acceptance of the proposal by selecting our college as a participating institution in UBA 2.0.

Five villages were selected in the Meenachil Thaluk of Kottayam district, Kerala (namely **1. Ramapuram 2. Kadanadu 3. Meenachi . Meenachil Part 5. Bharanaganam**) for the rural development activities. The information related to the activities of UBA were conveyed to the Kottayam district collector and also the Meenachil Thaluk officer.

The UBA Coordinator, Dr. Vijutha Sunny and the NSS coordinator of the college met the Tahasildar of Meenachil Thaluk on 5/11/2018 at the mini civil station, Pala. An overall idea about the five villages, their route map, area, population density etc were discussed.



The location of village office and panchayath office with contact details were collected from the thaluk office. The information about 'Asha' worker's of various regions were also obtained. The action plan for conducting household survey was also intimated to the taluk authorities.

REGIONAL WORKSHOP AT AGRICULTURAL UNIVERSITY (THRISSUR)

Sr. Feble Thomas, Department of Clinical Nutrition and dietetics, Alphonsa College participated in the "Regional Workshop for activities planning under Unnat Bharat Abhiyan by Participating Institutes (PIs) " organised by Regional Coordinating Institute, i.e. 'Kerala Agricultural University' on 11th December 2018 at Karshakabhavanam, Agricultural University, Mannuthy, Thrissur. A proper guideline related to the aim of UBA was

understood. Examples of various rural development activities were studied that could be imbibed to the activities of UBA-Alphonsa College Cell.

VILLAGE/HOUSEHOLD SURVEY

The village and household survey were conducted in the second week of January. Household survey in Meenachil village was conducted on 19/11/2018 with joint volunteering minds of department of mathematics and Clinical nutrition and dietetics faculty and students. In the remaining villages, the survey was conducted on 22/11/2018. Almost 400 students and more than 25 teachers of Alphonsa college participated in the event. Later almost all the survey forms were uploaded by march 31st 2019.

Among the village since the population and areal size was huge, one ward was identified for the UBA activities as discussed in the orientation program conducted by Regional coordinating institute.



Student volunteers conducting household survey at different villages under UBA



UBA Teacher volunteers discussing with the ward member at Ramapuram and Meenachil Panchayath during village/household survey



Distribution of sweets as a token of gratitude to the students who participated in the UBA household survey

ENERGY CONSERVATION ACTIVITY

As part of the energy conservation week, UBA in collaboration with the department of physics and NSS unit conducted a one day awareness program on energy conservation. This was followed by training on LED bulb assembly.



Training on LED Bulb Assembly by Mr Kumar, Assistant Professor, KE College Mannanam to the NSS/UBA student volunteers



Self assembled LED bulbs



LED bulbs assembled by the UBA volunteers of physics department being given to the college principal for the replacement of all incandescent bulbs of the college campus

As part of energy conservation of the college campus, all incandescent lamps were replaced with student assembled LED bulbs. This was done by the UBA members of the Physics Association of Alphonsa College.

LED kits were purchased by the students themselves and were assembled and distributed to village people free of cost to the economically needy.



Distribution of Self assembled LED bulbs for free to the villagers by the NSS/UBA student volunteers