



ALPHONSA COLLEGE

Pala, Kottayam

RE-ACCREDITED TO A GRADE BY NAAC WITH CGPA 3.24

WOMEN CELL

**REPORT OF ACTIVITIES
2019-20**

INTRODUCTION

The women's cell of Alphonsa College Pala, since its establishment in 2002, functions with the objective of promoting the all round development of the students of Alphonsa College, particularly in their capacity as young women of today by making aware of their responsibility in building the society, cultivating in them a deeper interest in the cultural heritage of our country and bringing out the best in them. Towards this end, the women's Cell organizes various programmes, including talks, seminars, debates etc. The Cell endeavors to alleviate the negative forces that confront women, both on the campus and in the city. The Women's Cell handles issues related to women's welfare. Some of the themes which have been the focus of discussion have been with regard to women's empowerment, women's rights, legal awareness etc. Every year Women's Day is celebrated with an important issue or theme in mind, to be highlighted during the programmes. Women Cell, Alphonsa College, Pala has been selected for a grant of Kerala State Women's Development Co-orporation, Govt of Kerala during this academic year 2019-20. Women Cell organized various training Programmes, Seminars, workshops, community intervention programmes etc.

OFFICE BEARERS

Principal	:	Dr. Sr. Gigimol MG
Vice Principal	:	Dr. Sr. Regeenamma Joseph
Co-ordinators	:	Dr. Simimole Sebastian Ms. Teena James
Non-Teaching Staff	:	Ms. Beenamma Francis Ms. Bijimol Joseph
Student Representatives	:	Ms. Aryamol S (I DC Botany) Ms. Nandhana M Murali (II DC Botany)

WOMEN CELL ACTIVITIES (2019- 2020)

As part of World Environment Day celebration, Women Cell in collaboration with Department of Zoology, organized a class for final year B.Sc Zoology students on 17th June 2019. Dr. Ambili T. R. (Assistant Professor, Alphonsa College Pala) delivered a class on “Biodiversity and Environmental Issues”. 48 students were participated.

An essay writing competition on “Women Empowerment” was organized on 19th September 2019 for students of this college. Elizabeth George (I DC History), Elsa Maria George (II DC Economics) and Kochurani Lalu (II DC Physics) won First and Second prizes respectively.

Women Cell organized a poetry writing competition on “Mother is the bank of never ending love” on 15th October 2019. Sandra Alphonse John (III DC Zoology) won the first prize and Elsa Maria George (II DC Economics) got the second prize.

A short story writing competition on “A mother is the best teacher of our life” for college students was conducted by Women Cell on 22nd November 2019. Maria Kuriakose (II DC Botany) and Sreelakshmi J. (II PG Zoology) won the first and second prizes respectively.

A talk was organized by the Women Cell for non catholic students of this college on the topic “Importance of values in our life” on 20th January 2020. It was delivered by Dr. Alex George Kavukattu, Asst. Professor of St Thomas Training College Pala and 450 students were participated in this programme.



Seminar on 'Importance of values in our life' by Dr. Alex George Kavukattu

Women cell in association with Department of Zoology conducted a field training on Apiculture at 'Honey garden' Illikkathazhe on 23/01/2020. 45 students were participated in this training programme. Mrs. Beena Tom demonstrated the various techniques, equipments and management of an Apiary.



Training on Apiculture by Mrs. Beena Tom

In association with Janamaithri Police, Pala, Women cell conducted a Women Safety Awareness Seminar on 3rd February 2020. Sri. Binoy Sebastian (ASI, Pala) was the resource person and 160 students were participated.



Women safety awareness seminar - Sri. Binoy Sebastian (ASI, Pala)

A Book exhibition cum sale was organized by Women Cell in association with Department of English on 3/3/2020. Mrs. Sandra, an alumnae of English Department introduced many foreign books for children.



On 6th March 2020 Women cell celebrated World Womens Day - “Niravu 2020” - in collaboration with Janamaithiri Police Pala. It was formally inaugurated by Dr. Sr. Gigimol M. G. (Principal, Alphonsa College, Pala), Mrs. Mary Dominic (Municipal Chairperson), Mrs. Mercykutty Kuriakose (Meenachil Gramapanchayath President), Mrs. Omana Blakrishnan (Karoor Gramapanchayath President), Mrs. Binimol (Kozhuvanal Gramapanchayath President), Mrs. Molly Baby (Bharananganam Gramapanchayath Vice president) and Mrs. Beena Baby (Mutholy Panchayath Former President; Standing Comitee Chairman- Development Board).

Mrs. Sijitha Anil, a famous story writer delivered a lecture on “Role of women in Family and Society”. It was followed by various cultural activities of the students.



Inauguration of World Womens Day - “Niravu 2020”



Lecture on Role of women in family and society by Mrs. Sijitha Anil