



Alphonsa College, Pala

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Re-accredited (4th cycle) by NAAC with A Grade (CGPA 3.24)

ALPHONSA COLLEGE PALA

GENDER SENSITIVITY ACTION PLAN 2023-2024

SI NO.	DATE	PROGRAMME
1.	24 July 2023	Legal Awareness Class
2.	7 th and 8 th September 2023	Two Day National Seminar -Gender and Literature
3.	16 October 2023	Social Engagement Programme "SAVE A LIFE,SAVE A LIFETIME"-Basic Life Support- CPR Programme
4.	October 2023	Conduct of GENDER AUDIT
5.	29 November 2023	Awareness class on "Domestic Violence as A Social Problem"
6.	6 December 2023	Menstrual Hygiene Awareness class
7.	20 January 2024	Menstrual Cup Distribution
8.	2 March 2024	TRAINING PROGRAMMES -"Ribbon Embroidery Workshop"
9.	12 March 2024	International Women's Day Celebration -Mime Competition
10.	15 March 2024	Stress management class for women cell members of the college -"Stress Harmony Unlocking Your Inner Calm"
11.	25 March 2024	Outreach programme on "Nutrition In House Wives For Healthier Living"
12.	25 TH March 2024	Competition -SAGA.
13.	28 March 2024	The Release Of The Manuscript For The Year 2023-2024, Titled "AADHYA"




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