



# ALPHONSA COLLEGE PALA



# **Annual Report 2023-24**

The year was truly eventful, marked by many significant occurrences. From the prestigious awards and recognitions to the sorrow of losing loved ones, it has been a year of mixed emotions and experiences.

The academic year 2023-24 at Alphonsa College opened with the announcement of the University results where our students came out in flying colours showcasing our outstanding academic achievements and success. Also, our sportswomen have continued to uphold the reputation of our institution showcasing their excellence in various events. Despite facing challenges, our collective resilience has been evident, affirming our adaptability and steadfast determination. Below, we offer a concise overview of the activities and accomplishments of the academic year 2023-24.

Alphonsa College currently boasts an enrolment of 1108 students across 7 postgraduate and 13 undergraduate programs. The college offers 8 Add-On courses, endorsed by the National Skill Development Council, which complement the regular curriculum. Students are also encouraged to participate in subject-specific add-on courses. The Alphonsa Institute of Computer Studies offers various certificate and diploma courses with separate enrolments. Our faculty consists of 45 regular teaching staff and 37 instructors in the self-financing wing. Currently, the college employs 23 non-teaching members. Both faculty and students are dedicated to maintaining high standards in academic and research endeavours.

## **Academic Achievements**

There were 11 'S' grade holders and 103 A+ holders and 42 Rank holders during the last academic year.

### Pass Percentage

Name of the Department	Pass percentage
PG English	71%
PG SF English	38%
PG PoliticalScience	67%
M.Sc Zoology	87%
M.Sc Chemistry	48%
M.Sc Clinical Nutrition and Dietetics	81%
MA Econometrics	75%
B.Sc Botany	98%
B.Sc Zoology	87%
B.Sc Physics Model 1	73%
B.Sc Physics Model II	85%
B.Sc Chemistry	97%
B.Sc Mathematics	97%
B.Sc Clinical Nutrition and Dietetics	91%
B.A English	80%
B.A Economics	86%
B.A History	78%
B.Com	80%
B.Voc Sports Nutrition and Physiotherapy	67%
B.VocFashionTechnology	45%

These remarkable achievements are a clear reflection of the wholehearted dedication of all the teachers and HoDs . I wish the students all success throughout their life.

### Highlights of the year

Apart from the academic achievements of our students the year marked its beginning with a momentous achievement as our college was honored with the prestigious **GV Raja Award** by the Government of Kerala, as the best college in the state, recognizing our outstanding accomplishments in the field of Sports. This year as the college commemorates its 60th

anniversary since establishment, it received two commendations from the central government in acknowledgment of our contributions and exceptional academic achievements. The Department of Biotechnology of the central government granted us the **DBT Star recognition**, while the Department of Science and Technology at the center acknowledged us by granting us a **fund for Improvement of Science and Technology Infrastructure**. The College grabbed the **Kerala Kaumudi Award** for the Best Women's College in the state. This year our college received a **bus** for transportation purposes as a gesture of appreciation during our diamond jubilee celebrations for our academic and sports achievements, presented by our Member of Parliament, Shri.Thomas Chazhikkadan.

Many of our teachers have had their research published in both international and national journals. Numerous teachers have participated in seminars, conferences, and Faculty Development Programs (FDPs) and has also presented papers. The Departments of English, Malayalam, Hindi, Botany, Mathematics, and Economics have all organized national seminars. Our faculty, Ms. Diana Elizabeth Jose, Asst Professor of Department of Chemistry was awarded **Ph.D** in her subject.

Dr. Sr. Minimol Mathew and Dr. Anila Thomas of the Department of Malayalam published an edited book titled 'Samskarika Streevadham.'

It was a moment of great pride when **Dr. Simimole Sebastian**, Assistant Professor in the Department of Zoology who is also our NSS Programme Officer, was chosen as the Contingent Leader of the NSS Team for the Republic Day Parade in New Delhi on January 26, 2024. She was also selected as the Best NSS Programme Officer in MG University during the academic year 2022- 2023.

Dr Jesty Emmanuel of Dept. of Hindi was awarded **Shikshak Ratna Samman** for the year 2022 by the Guru Foundation Rohtak.

Lt. Anu Jose, Assistant Professor English, who serves as our Associate NCC Officer, was honored with a Special Appreciation Award by the Group Headquarters in recognition of her dedicated services.

Our Student Achievers, Cadet Sgt.Devatheertha S from the Department of Botany represented Kerala in the **Prime Minister's Cultural Rally** during the Republic Day Parade in New Delhi.

Alfiya Francis from the Department of English represented M.G. University at the **NSS National Level Adventure Camp** held at Dharmashala in Himachal Pradesh.

Keerthana Reji of Botany Department was selected as the Best NSS Volunteer Secretary in MG University for her service in 2022-23 academic Year.

Leenu K Jose of First DC English grabbed a number of Elocution Titles including **Dr. Sukumar Azhikode Memorial** All Kerala Intercollegiate Elocution Competition conducted by Ernakulam Public Library.

Keerthana B, represented India and participated in the **Asia Cup Junior Softball** Championship held at China.

Megha Mariyam of our college representing MG University clinched Gold medal in heavy weight category at the **Khelo India University Games** held at Guwahati.

The college team achieved victory in various sports competitions too. They emerged as champions in the MG University Championships for Weight Lifting. Furthermore, the college's athletics teams secured the Overall Champions Trophy in both the senior and junior categories at the Kottayam District Athletic Championship. The college attained the second position in the MG University Swimming Championship and clinched the third position in the MG University Intercollegiate Volleyball Championship. Notably, the College Volleyball Team emerged victorious in the All Kerala Intercollegiate Volleyball Championship hosted at St. Joseph College, Irinjalakuda, and secured the Runners-up position at SH College, Thevara.

### **MG University Kaloltsavam Winners**

Leenu K Jose of I DC English won the first prize for Malayalam Elocution, Gouri Rajesh of I DC Chemistry grabbed A Grade in Bharatnatyam, Mohiniyattam and Kuchipudi. Vinaya Babu of I DC Chemistry grabbed A Grade for Recitation Hindi. Dona Rose Mathew of II DC English grabbed A Grade for Kathaprasangam and Mappilapattu. Amy Mary Abraham and Keerthana S of III DC English has grabbed A grades for Western Music Solo and Stringed Instrument Eastern respectively.

The college offers numerous opportunities for extracurricular activities, with various centers and club activities and observation of national and international day celebrations on the campus.

**Alphonsian Community College** was officially inaugurated and launched this year to offer various programmes by our existing faculty for self-employability among the women community in and around our college irrespective of age. Dr. Sr. Jilly James, Head of the Department of Chemistry is the Director of the college.

**The Centre for Gandhian Studies** orchestrated various events throughout the year. On 6th August 2023, in partnership with Breakthrough Science Society, Kerala Chapter, they commemorated Hiroshima Day. Activities included an Origami workshop and a Student Conference titled "Lest we Forget: Remembering Hiroshima," aiming to explore the city's history, current state, and future. The Centre organized *Paryaptha 2024*, an exhibition cum sale of handmade items by students and teachers.

**The Career and Placement Cell** of the college is instrumental in supporting students with a focus on their career. An orientation class was conducted for Civil Service aspirants, facilitated by the Civil Service Institute, Pala. Under the club CSB Bank organized a recruitment drive for the outgoing 2023 batch, resulting in four candidates receiving offer letters. They in collaboration with College Union has opened a help desk at our college for PSC one-time registration.

As part of our **Diamond Jubilee Celebrations**, the **NSS Unit** of our college has undertaken a remarkable initiative joining hands with the NSS cell of MG University, K Chittallapally Foundation, and **Home Project Pala** to build 60 homes.

The **NCC subunit** of our college received appreciation by the Municipal Council of Pala for their various Social Service initiatives. Sgt. Varsha Laiju Kappan attended Special National Integration Camp at Kohima.

**College union INARA** celebrated Topper's Day, on 9th June 2023, recognized and honored students who excelled in MG University Undergraduate Examinations 2023.

On 26th June, in observance of International Anti-Drug Day, we conducted various programs directed by the Department of Collegiate Education to raise awareness and combat drug abuse among teenagers.

We welcomed our new batch of degree first year students on July 10<sup>th</sup>. Two Day Induction Programme was conducted inviting experts to orient them for their college education. Parents were also invited on the first day of the programme. Classes on Catechism and Moral Instruction are arranged for students. Soft skill development programmes are also initiated by various subject associations.

**Oratory Club** organized a Malayalam elocution competition on 19th July 2023, as part of Alphonsa Day celebrations.

**The Unnat Bharat Abhiyan cell** at Alphonsa College floated a number of activities under the departments of Physics, Political Science, History, and Economics, organizing diverse programs and initiatives focusing school children.

The **Women Entrepreneurship Motivation Club** hosted a seminar on women entrepreneurship in partnership with the State Industrial Board. on the day, Dr. Brijesh George John, Assistant Professor at Marian College Kuttikanam, led the session.

**The Electoral Literacy Club** at Alphonsa College, Pala, has been actively engaging students in promoting awareness of the electoral process, democratic principles, and civic responsibilities. A Voter Enrollment Drive was organized to increase voter awareness, encourage eligible students to register, and foster civic responsibility.

Under the **Forum for Democracy and Social Justice (FDSJ)**, Gandhi Jayanti 2023 was commemorated in honor of the 'Father of the Nation' with prayer sessions and cultural events across schools, colleges, and government institutions.

The **Women Cell** at our college, supported by the Kerala State Women's Development Corporation, organized several impactful events: A legal awareness program, A two-day National Seminar on "Gender and Literature" in collaboration with the State Youth Welfare Board, A collaboration between the Women Cell and the Department of Economics, along with Sakhi, One Stop Centre Kottayam, organized an awareness class on "Domestic Violence as A Social Problem" in observance of the International Day for

the Elimination of Violence against Women.

**EBSB-Ek Bharat Shreshtha Bharat** an MHRD initiative for promoting national integration through systematic exchange between paired States in the cultural, literary and linguistic fields conducted Maitri Mahotsav and painting competition.

The **Quiz club** of our college hosted the annual Bishop Vayalil Memorial Intercollegiate Quiz Competition 2023-24. Led by Mr. Alex Aloysious as the Quiz Master, the event featured seven teams from different colleges.

The **Annual Alumnae meet Alstagia 2024** was held on 26 January 2024 at the college auditorium. Rev. Dr. Shaji John, Principal of the college welcomed the gathering. Dr. B.Sandhya IPS was the chief guest and the keynote speaker.

The **IQAC of the college** spearheaded various quality assurance initiatives, including an academic audit and submission of AQAR 2022-23. They conducted training programs for administrative staff and faculty on Office ERP Management, AI tools in Education and Research, and facilitated the promotion process of teachers. IQAC prepared teachers for the implementation of the Four-Year UG Programme of MG University. Under our IQAC initiative, an MoU was signed between the college and Indian Institute of Information Technology, Valavoor, Kottayam.

I express my heartfelt thanks to all the staff who serve as advisors to the various clubs and organizations functioning inside the campus. I am obliged for the dedication and sacrifices they endure for the wellbeing of the students.

The **College Union** of Alphonsa College Pala was elected on October 5,2023. The election was held in parliamentary method. The representatives then elected the college union which consisted of twelve members. The college union was officially inaugurated by cine artist Mia George on November 8<sup>th</sup>.

CHAIRPERSON	-	Ms. Anna Sara Johnson
VICE CHAIRPERSON	-	Ms. Angel Rebecca Santhosh
GENERAL SECRETARY	-	Ms. Krupa Johnson
ARTS CLUB SECRETARY	-	Ms. Anna EA
MAGAZINE EDITOR	-	Ms. Anna Carolin George



UUC I	-	Ms. Fayza Rasheed
UUC II	-	Ms. Upanya N S
II PG REPRESENTATIVE	-	Ms. Akhila Byju
I PG REPRESENTATIVE	-	Ms. Bhagya M Nair
III DC REPRESENTATIVE	-	Ms. Gouri Krishna S
II DC REPRESENTATIVE	-	Ms. Annliya PS
I DC REPRESENTATIVE	-	Ms. Theres V Siby

### **Department activities.**

The Department of Malayalam conducted various Inter-Departmental Competitions, Book Exhibitions, Kerala Piravi Day celebration, seminars on Evolution of Reading in collaboration with Kerala Sahitya Academy and a seminar on gender issues. The department of Malayalam also took initiative in the inauguration of the Arnos Padiri Chair in our college and the signing of an MoU in collaboration with the Arnos Padiri Academy, Thrissur.

The Mathematics Association organized activities, including mime performances and art exhibitions, to raise awareness about drug abuse and societal issues. Furthermore, they facilitated educational initiatives such as yoga training, online math tutoring, and workshops on game theory and Python programming, reflecting their commitment to holistic education and skill development among students.

Throughout the academic year, the Department of Chemistry has orchestrated a series of impactful events which include awareness classes on drug abuse and eco-friendly practices, gender equity programs, career exploration workshops, and initiatives celebrating events like National Girl Child Day. The department also hosted seminars addressing societal issues like chemophobia and organized alumni talks to guide students in career paths. Furthermore, activities such as nature camps fostered environmental consciousness and appreciation among students.

The PG and Research Department of Zoology collaborated with VETA Genomics, offered courses in primer designing and PCR optimization. Their environmental conservation efforts included tree planting, bamboo sapling distribution, and river bank conservation. Events like drug abuse quizzes and International Tiger Day observances raised student awareness. The department conducted seminars, camps, and interactive sessions to enrich academics and community bonds.

The P.G. Chemistry Department commenced with Prof. George Francis's inaugural lecture on "Application of Group Theory in Chemical Bonding." Students were given opportunity to attend Dr. Siby Joseph Memorial National Lecture Series and quiz competitions such as "Scientia 2024." They attended a nature camp at Periyar Tiger Reserve, Thekkady, fostering both academic and environmental appreciation.

The Department of Botany, along with IQAC and Federal Bank, organized events for World Environment Day and ozone day, while students completed internships and participated in study tours. They inaugurated the Botany Association, conducted seminars on biodiversity conservation, and organized exhibitions and quizzes. The department also held extension programs like workshops on fruit preservation and parent orientation sessions.

The Department of Physics organized a webinar on machine learning in material design, a quiz for high school students, and SPARKZ 2024, a physics exhibition. They also raised awareness about energy issues through a collage on Energy Conservation Day and hosted an Alumni Symposium with Ms. Stephy Jose from Tata Institute of Fundamental Research, Hyderabad, enriching the academic environment.

The Department of Sports Nutrition and Physiotherapy organized a range of events throughout the academic year. These included a Rhythmic Yoga Dance, an Anti-Drugs Day Reels Competition, a webinar on breastfeeding, a coin exhibition for Independence Day, and a Flash Mob for World Physiotherapy Day focusing on osteoarthritis awareness. All activities aimed to engage students and raise awareness on various health-related topics.

The department of CND has been actively engaging in various initiatives to promote awareness and action on important issues such as drug abuse, food safety, and environmental conservation. The events organized for International Day against Drug Abuse and Illicit Trafficking, World Food Safety Day, and World Environment Day demonstrate a commitment to addressing key societal concerns and fostering positive change. They celebrated the inauguration of their silver Jubilee year since the inception of the course.

The Department of B.Voc Fashion Technology conducted many interdepartmental activities celebrating World Environment Day, and World Embroidery Day, and a notepad making workshop for Youth Skill Day. Additionally, the department conducted a scrapbook making workshop for students of VPKMM Higher Secondary School as an extension activity. They also organized a Christmas Craft Fair exhibition and participated in Paryaptha 2024.

The Department of History initiated "SPEAK UP," a discussion/debate forum to enhance students' skills, organizing monthly quiz series 'Quiztoria' and History Book Reading Challenge 2k23. They celebrated International Yoga Day and Nelson Mandela Day, participated in book donation campaigns, and conducted alumni interactions.

The P.G. Department of Political Science organized an Orientation to Civil Services Examination. They organized a visit to Vaikom Satyagraha Memorial Gandhi Museum for the students. Gandhi Jayanthi and Constitution Day was observed with invited talks and a community engagement initiative at GLPS Arunapuram promoted civic involvement and education.

The Department of Economics organized diverse events fostering academic growth, community engagement, and societal awareness. Initiatives included celebrations for World Environment Day and International Yoga Day, interdepartmental quizzes, workshops on Public Policy and financial literacy, and sessions on Domestic Violence. Educational excursions, alumni interactions, and collaborations with the National Statistical Office for a seminar further enriched student experiences, highlighting the department's commitment to holistic development and social responsibility.

The Department of English organized competitions like caption writing on Beat Plastic Pollution, face painting, and an Independence Day Quiz. They conducted a Fluency Training Programme for Faculty and students, screened "Life is Beautiful" for Hiroshima Nagasaki Day, and launched the Community Outreach Programme "RISE." Workshops on research methodology and Intellectual Property Rights were held, along with a National Seminar. They also inaugurated the Alumnae Lecture series, "Continuum Conversations".

The PG Department of English (SF) organized an Interdepartmental Slogan Writing Competition on World Environment Day and a Poster Designing Competition on International Day against Drug Abuse and Illicit Trafficking, drawing participation from various departments. Students also observed International Yoga Day.

The Hindi Department orchestrated a series of enriching events aimed at promoting language, literature, and cultural exchange. These events included competitions commemorating National Reading Day and National Hindi Day, which engaged students in creative activities fostering their linguistic and artistic skills. In collaboration with the Malayalam Department, the Hindi Department organized a thought-provoking seminar titled "Gender and Literature."

I extend my sincere gratitude to vice principals, Dr.Sr. Minimol Mathew, Dr. Sr. Manju Elizabeth Kuruvilla, our Bursar Rev. Fr. Kuriakose Vellachalil and all the staff members, especially those who advise our clubs, College Union, IQAC, Staff Council, and other organizations within the campus. I am deeply thankful to the non-teaching staff for their dedicated efforts towards the college's development. Their selfless commitment to student welfare is truly commendable.

A special word of thanks to our students, whose hard work and dedication uphold the esteemed reputation of Alphonsa College.

At this point I fondly remember the untimely demise of Dr. Jose Joseph, who was a pillar of our institution, served not only as the Head of the Department of English but also as the Bursar of our college since 2007. I honor his memory and cherish the profound influence he had on our institution.



  
Dr. Fr. Shaji John  
Principal  
Alphonsa College, Pala

**31-3-2024**

