



# Alphonsa College, Pala

ARUNAPURAM P.O., PALA, KOTTAYAM (Dist.)  
KERALA STATE, S.INDIA - 686 574

E-mail : alphonsaoffice@gmail.com

Website : www.alphonsacollege.edu.in

Ph : 04822-212447

Fax : 04822-216447

Mob : 7907054140

Re-accredited (4<sup>th</sup> cycle) by NAAC with A Grade (CGPA 3.24)

## GENDER SENSITIVITY ACTION PLAN 2023- 2024

Sl. No	Date	Programme
1	24-07-2023	Legal Awareness Class
2	07-08- 2023	Certificate course in Gender and Society
3	13-08-2023	Debate Competition on the topic 'Is women empowerment a myth in developing countries'
4	07- 09-2023 to 08-09-2023	National Seminar on 'Gender and Literature
5	25- 10-2023	Women Entrepreneurship Add-On Course
6	29- 11-2023	Gender Awareness Class on " Domestic Violence as a Social Problem"
7	04- 12-2023	Orientation class on how to become an entrepreneur
8	06- 12 2023	Menstrual Hygiene Awareness class
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10	11- 01- 2024	Gender Equity Program
11	20- 01 2024	Menstrual cup distribution
12	24- 01-2024	International Girl Child Day observation- poster making competition
13	03- 02-2024	Orientation and Empowerment' Programme
14	02- 03- 2024	Training Programme - " Ribbon embroidery workshop"
15	12-03-2024	International women's day observation - Mime Competition
16	15- 03- 2024	Stress management class for women cell members of the college- " Stress harmony Unlocking Your Inner Calm"
17	25-03-2024	Outreach Programme on "Nutrition in Housewives for Healthier Living
18	25 - 03-2024	Competition SAGA
19	28- 03-2024	The release of the manuscript for the year 2023- 2024, titled " AADHYA"



Dr. Fr. Shaji John

Dr. Fr. SPrajndipul

Principal

Alphonsa College, Pala