



Alphonsa College, Pala

ALPHA

NEWSLETTER 2024

NEWS

Vol. 20 No. 1 September 2024

Principal's Message

2023-24



Rev. Dr. Shaji John, Principal

Dear Alphonsa College Community,

As we reflect on another remarkable year, I am filled with immense pride and gratitude for the extraordinary achievements that have defined our institution's journey. The words of Malcolm X align with our ethos: "Education is the passport to the future, for tomorrow belongs to those who prepare for it today." Our collective efforts have not only prepared us for the future but have also positioned Alphonsa College at the forefront of academic excellence.

The academic year 2023-2024 has been nothing short of spectacular. Our students have once again demonstrated their exceptional calibre, securing 36 ranks in the M.G. University examinations. This outstanding feat, complemented by an impressive 99 A+ grades, has firmly established Alphonsa College as the premier institution in terms of academic performance within the university. This remarkable success is a testament to the dedication of our students and the tireless efforts of our faculty.

Beyond academics, our college continues to shine in sports and extracurricular activities. Our athletes brought glory to the college by securing significant honours in the M.G. University Athletic Championship. Notably, we have been honoured with the prestigious G V Raja Award from the Kerala State Sports Council, recognizing our steadfast commitment to sports. The vibrant campus life, pulsating with numerous events and competitions organized by various departments and clubs, has fostered an environment of holistic growth. Our students' enthusiastic participation and numerous accolades in both intra and inter-collegiate events embody our vision of nurturing self-reliant and liberated young women.

This year has been particularly significant as we submitted our Self-Study Report (SSR) for the upcoming NAAC accreditation. I extend my heartfelt appreciation to our IQAC Coordinator and the entire IQAC team for their dedication. Their commitment, along with that of all our teachers who tirelessly worked through the summer break, deserves special recognition. As we eagerly await the NAAC visit, we are confident that our collective efforts will secure us the best grade. Our campus has also undergone significant transformations. Several infrastructural development projects were initiated last year, with many already reaching completion.

I extend my sincere gratitude to our management, particularly His Excellency Mar Joseph Kallarangatt and our Manager, Msgr. Dr. Joseph Thadathil, for their support. Special thanks to our Vice Principals, Rev. Dr. Sr. Minimol Mathew and Rev. Dr. Sr. Manju Elizabeth Kuruvila, for their invaluable contributions. I cannot overlook the vital support and contributions of our college bursar, Rev. Fr. Kuriakose Vellachalil, whose efforts have been instrumental in transforming the college into its new and vibrant form. To our dedicated faculty, Staff Council, PTA, College Union, and non-teaching staff - your commitment is the cornerstone of our success. As we look to the future, let us continue to celebrate the spirit of continuous learning and improvement. In the words of B.B. King, "The beautiful thing about learning is that nobody can take it away from you." Let's carry this wisdom forward, making each day at Alphonsa College an opportunity to learn, grow, and excel.

May God's blessings be with us as we embark on another year of achievement and growth.

OUR TORCHBEARERS



Patron
H. E. Mar Joseph Kallarangattu
Bishop of Pala



Manager
Rev. Dr. Joseph Thadathil
Protosyncellus, Eparchy of Pala



Principal
Rev. Dr. Shaji John



Bursar
Fr. Kuriakose Vellachalil



Vice Principal
Dr. Sr Manju Elizabeth
Kuruvila



Vice Principal
Dr. Sr. Minimol Mathew



The Alphonsian family woke up to the shocking news of the departure of our beloved Bursar and Head of the Department of English, Rev. Dr. Jose Joseph on October 5, 2023.

A PLUS, S AND UNIVERSITY RANK HOLDERS 2023

ECONOMICS



Theresa Cyril
Rank 1
CCPA 9.58



Rose Mary Geo Cyriac
Rank 2
CCPA 9.55



Aleena Meriya Saji
Rank 3
CCPA 9.48



Alisha Pascal
Rank 5
CCPA 9.42



Devika Vijayan
Rank 1
CCPA 9.62



Riya Joshy
Rank 5
CCPA 9.37



Mithravrinda K
Rank 7
CCPA 9.32



Seethal Suresh
A Plus
CCPA 9.17



Parvathy Unni
Rank 10
CCPA 9.21



Biby Elza Binu
A Plus
CCPA 9.12



Amal Mariya Sibi
A Plus
CCPA 9.10



Gouri Krishna
A Plus
CCPA 9.10



Anjana A Nair
A Plus
CCPA 9.10



Nandhana M Kaimal
A Plus
CCPA 9.05



Teena Sibi
A Plus
CCPA 8.93



Aryamol S
A Plus
CCPA 8.84



Devika Ajayakumar
A Plus
CCPA 9.05



Anitta Babu
A Plus
CCPA 8.86



Josna Jojo
A Plus
CCPA 8.84



Mary George
A Plus
CCPA 8.83



Dona Mathew
A Plus
CCPA 8.78



Krishna A S
A Plus
CCPA 8.78



Merin Gijo
A Plus
CCPA 8.75



Sangeetha Emmanuel
A Plus
CCPA 8.64



Seethal K Santhosh
A Plus
CCPA 8.75



Jennifer Stanly
A Plus
CCPA 8.68



Ajnu Naushad
A Plus
CCPA 8.64



Ansu Paul Raj
A Plus
CCPA 8.61



Avanthika R Pillai
A Plus
CCPA 8.63



Arunika U Nair
A Plus
CCPA 8.62



Krishna G Nath
A Plus
CCPA 8.53



Aiswarya J Nair
A Plus
CCPA 8.69



Sherin Christopher
A Plus
CCPA 8.60



Aiswarya C Raj
A Plus
CCPA 8.60



Parvathy Suresh
A Plus
CCPA 8.51



Greeshma Elza Sujesh
A Plus
CCPA 8.50



Alaina Sudheer
A Plus
CCPA 8.65

HISTORY



AnnaDominic
Rank 1
CCPA 9.23



Remya Abraham
Rank 4
CCPA 8.88



Lekshmi Priya Prasad
Rank 5
CCPA 8.87



Nandana Sethulekshmi
Rank 8
CCPA 8.63



Nayan Hridya Prakash
Rank 2
CCPA 9.1



Delna M Joseph
Rank 3
CCPA 9.98



Maithreyi Ullas
Rank 4
CCPA 8.96



Arya Lakshmi R Nair
Rank 10
CCPA 8.4

BOTANY

PHYSICS MODEL II COMPUTER APPLICATIONS

MATHEMATICS



Anjali Krishna V
Rank 7
CCPA 9.69



Mekha Vincent
A Plus
CCPA 9.57



Ammu Elsa Punnen
A Plus
CCPA 9.53



Annu Maria Varkeychan
A Plus
CCPA 9.53



Elsa Maria Nobi
Rank 1
CCPA 9.74



Hima R
Rank 6
CCPA 9.62



Binsa Asha Bobby
Rank 7
CCPA 9.58



Dilna James
Rank 8
CCPA 9.56



Roslint Sunny
A Plus
CCPA 9.34



Rose George
A Plus
CCPA 9.30



Agnas John Sabu
A Plus
CCPA 9.24



Anmy Jose
A Plus
CCPA 9.13



Liya Linz Jolly
A Plus
CCPA 9.32



Joshma Joseph
A Plus
CCPA 9.28



Mekhana Radhakrishnan
A Plus
CCPA 9.26



Jissa Baby
A Plus
CCPA 9.12



Malavika Vinod
A Plus
CCPA 9.13



Miliya T Tom
A Plus
CCPA 9.10



Neha Jaison
A Plus
CCPA 9.07



Anjitha Mathews
A Plus
CCPA 8.98



Rose Cherian
A Plus
CCPA 9.10



Jenna George
A Plus
CCPA 9.06



Jewel Michel
A Plus
CCPA 9.00



Anjali P Mathew
A Plus
CCPA 8.76



Bileena PG
A Plus
CCPA 8.88



Sona Maria Jose
A Plus
CCPA 8.77



Jiffy Biju
A Plus
CCPA 8.51



Ganga S Nair
A Plus
CCPA 8.5



AmruthaLakshmi S
A Plus
CCPA 8.70

ZOOLOGY



Sreelakshmi K
A Plus
CCPA 9.23



Niranjana Ashok
A Plus
CCPA 8.92



Anjali Paulose.
A Plus
CCPA 8.88



Sona Maria Chandy
A Plus
CCPA 8.67



Aparna Santhosh
A Plus
CCPA 8.52

PHYSICS MODEL I

CHEMISTRY



Meenakshi Krishna
A Plus
CCPA 9.41



Agnes Joseph
A Plus
CCPA 9.36



Liniita P Emmanuel
A Plus
CCPA 9.23



Bhavya M S
A Plus
CCPA 8.71



Devika P M
A Plus
CCPA 8.69



Anaina Sunny
A Plus
CCPA 8.68



Melitta Theres Mathew
A Plus
CCPA 8.68



Bhavana Suresh
A Plus
CCPA 8.66



Archa Nair
A Plus
CCPA 8.63

ENGLISH



Nikitha Nelson
Rank 2
CCPA 9.23



Ann Maria George
Rank 3
CCPA 9.2



Sr. Alfi Tomy
Rank 5
CCPA 8.96



Eugene Mathew
Rank 6
CCPA 8.94



Annette B
Rank 9
CCPA 8.87



Aimey Maria Sajan
A Plus
CCPA 8.80



Sreya Elizabeth Jiji
A Plus
CCPA 8.80



Manacy Mariya Issac
A Plus
CCPA 8.73



Anna James
A Plus
CCPA 8.71



Ann Mariya Joshy
A Plus
CCPA 8.7



Rhon Thomas
A Plus
CCPA 8.68



Jincil Saji
A Plus
CCPA 8.51



J Lakshmi Priya
A Plus
CCPA 8.51



Ann Treesa George
A Plus
CCPA 8.51

B. VOC SNPT



Deepthy Gigi
Rank 1
CCPA 9.67



Gifty Susan Thomas
Rank 2
CCPA 9.62



Anshiya V.P.
Rank 3
CCPA 9.20

COMMERCE



Amrutha Sajeew
A Plus
CCPA 9.27

CLINICAL NUTRITION & DIETETICS



Anjana Chandran
Rank 1
CCPA 9.33



Noora Fathima
Rank 2
CCPA 9.14



Gayathri M
Rank 3
CCPA 9.00



Anjana Babu
Rank 4
CCPA 8.93



Renjini Radhakrishnan
Rank 5
CCPA 8.89



Nivedhitha T
Rank 6
CCPA 8.53



Anjana R
Rank 7
CCPA 8.50

B. VOC FT



Amanda Simon
Rank 1
CCPA 9.17



Harsha Harikumar
Rank 2
CCPA 8.49



Sreelakshmi S J
Rank 3
CCPA 8.39

REPORT OF ALPHONSA COLLEGE UNION 'KATHIKA'

COLLEGE UNION ELECTION 2023

The college union election was conducted on October 5, 2023 following the parliamentary mode in the presence of the Principal Rev Dr Shaji John, Vice Principals, and others deputed for election.

KATHIKA
THE COLLEGE UNION
2023-24

ALPHONSA COLLEGE
PALA

Ann Sara Johnson
CHAIRPERSON
II DC English

Angel Rebecca Santhosh
VICE CHAIRPERSON
II DC Economics

Krupa Johnson
GENERAL SECRETARY
II DC English

Anna EA
ARTS CLUB SECRETARY
II DC Economics

Anna Caroline George
MAGAZINE EDITOR
I DC English

Fayza Rasheed
I DC 1
I DC History

Upanya N S
I DC 2
I DC CND

Gourikrishna S
II DC REPRESENTATIVE
II DC English

Anniya PS
I DC REPRESENTATIVE
I DC CND

Theres V Siby
I DC REPRESENTATIVE
I DC CHEMISTRY

Bhagya M Nair
I PG REPRESENTATIVE
I PG English

Akhila Byju
I PG REPRESENTATIVE
I PG English (F)

SNEHASMARANA

As a tribute to our late Bursar and Head of the Department of English, Rev. Dr. Jose Joseph, the college union collected food packets from students, teachers, and non-teaching staff on October 11, 2024, and distributed them at the Mariasadhanam. Over 400 packets were distributed during lunch, and the union members spent the day with the elderly and children.



Prior to the inauguration, the college's Instagram page @alphonsians_ hosted a photo contest.



UNION NAME

As part of the college union inauguration ceremony, a flash mob was conducted on November 7, 2024. The union name "KATHIKA" was revealed during the performance, which featured the participation of 20 students from various departments.

COLLEGE UNION INAUGURATION

The college union inauguration ceremony was held on November 8, 2023 at the College Auditorium. The newly elected union members formally took charge by taking an oath administered by the college Principal Rev Dr Shaji John. The inauguration was officiated by the chief guest, Ms. Jimmy George (Miya George), a renowned cine artist and an alumna of the college. She delivered the inaugural address and also launched the union logo. The official ceremony concluded with cultural performances by students.

COLLEGE YOUTH FESTIVAL 2023 – NATTYAM

The college union conducted the annual youth festival "NATTYAM" on December 11 & 12, 2023. The two-day event featured a wide variety of on-stage and off-stage competitions, with active participation from students. In total, 46 items were part of the college youth festival.



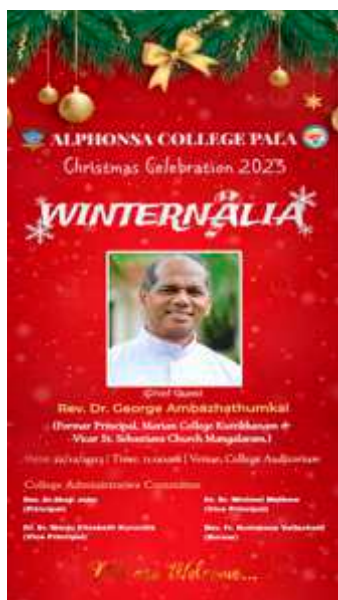


PSC REGISTRATION CAMPAIGN

The PSC Registration Campaign at Alphonsa College, Pala was an effort to empower students through the diverse career opportunities available to them. In collaboration with the Placement Cell, the college union conducted the campaign from December 18 to December 21, 2023. A total of 47 PSC registrations were completed, and many more students were provided with the necessary guidelines to complete their registrations.

CHRISTMAS CELEBRATIONS

Alphonsa College celebrated Christmas on December 22, 2023. Competitions related to Christmas Day celebrations were conducted on December 20 and 21. The official event commenced with Rev. Dr. George Ambazhathumkal serving as the chief guest. Along with the college Jesus Youth and Catholic Students Movement, the College Union conducted various competitions such as a Dancing Santa competition and a carol song competition as a part of the celebrations.



INTERACTION WITH IFS OFFICER

To help students gain awareness about job scopes and responsibilities in their field of interest, the college organized a talk with an IFS (Indian Forest Service) officer on January 16, 2024. 29 students attended the event and interacted with Mr. Jayakrishanan V K IFS. The session helped students gain a deeper understanding of the scope and possibilities within the Indian Forest Service (IFS) and the civil services. The speaker also guided when and how to attempt the examination.

MOLLYWOOD DAY – PANI VARUNUND AVARACHA

The college union organised Mollywood Day celebrations on January 23, 2024, featuring competitions like movie scene recreation, photo contest, group dance, and best actress competition. The event provided a platform for students to showcase their creativity and passion for Malayalam cinema, with the popular dialogue "Pani Varunund Avaracha" from the 2020 film "Trance" being a highlight of the celebrations.



ARTS DAY

“Art for change, art for a better tomorrow.”

On January 24, 2024, Alphonsa was decked up for the most anticipated arts club inauguration. The event was presided over by Ms. Anna E A, Arts Club Secretary. The chief guest of the day was cine artist Mr. Kalabhavan Prajod, who in the presence of the Principal Rev. Dr. Shaji John lighted the lamp and inaugurated the event. The prizes for the competitions held on Mollywood day were also distributed by the chief guest. The day was eventful with many performances by the students of our college



MAITRI MAHOTSAV

The Alphonsians came together to celebrate the spirit of India during the 75th Republic Day festivities. The college union organized the "Maitri Mahotsav" to commemorate this momentous occasion. A variety of competitions such as Chitransh – painting competition, Upanya – quiz competition and Dhrishti – PPT creation competition, were conducted as a part of the celebrations.

ANNUAL SPORTS DAY

February 23, 2024 stood witness to a blood-boiling competition and sportsmanship. The union, in association with the physical education department, conducted 13 track and field events and games for students, and games for the teaching and non-teaching staff.



UNIVERSITY YOUTH FESTIVAL

The Mahatma Gandhi University Youth Festival was held in Kottayam from February 26, 2024 to March 3, 2024. The land of letters played host to a magnificent student gathering from 5 districts. Alphonsa College Pala registered for a total of 28 events and the participants secured a total of 12 A grades, with Leenu K Jose, 1st year B.A. English Language and Literature student, bagging the first position in Elocution Malayalam.



COLLEGE DAY

The college day for the academic year 2023-24 was held on March 4, 2024. The chief guest for the occasion was Shri. Roshy Augustine, the Minister of Water Resources, Government of Kerala. The presidential address was delivered by Ms. Ann Sara Johnson. Dr. Rose Mary Philip, representing the college principal, Rev. Dr. Shaji John, presented the annual college report. The event also saw the distribution of trophies to the overall winners of the arts day and sports day competitions by the chief guest.



MERIT DAY 2024

The annual merit day was conducted on March 5, 2024. The chief guest of the day was Rev. Dr. James John Mangalath, Principal of St. Thomas College Palai. The presidential address was delivered by Rev. Dr. Shaji John, Principal of Alphonsa College Pala. The union report of the academic year 2022-23 was presented by the former General Secretary, Ms. Fyruza Rahim.

The winners of the college youth festival and various competitions organized by the departments were awarded prizes during the ceremony. Rank holders of the academic year 2022-23 were also honoured. Prizes for the competitions held on sports day for teaching and non-teaching staff were also distributed. The latter part of the day was made vibrant with performances by the students.

COMMON FAREWELL

A farewell was organized for 3 DC and 2 PG students on March 7, 2024, in the college auditorium. Rev. Dr. Shaji John, Principal, Vice Principals, teachers, and student

representatives joined to make this gathering memorable for the outgoing students. The students were presented with candles to light and the class representatives delivered brief remarks, which were then followed by captivating performances by 3 DC and 2 PG students.

WOMEN'S DAY CELEBRATIONS - SAHA

SAHA was a union initiative to introduce and distribute menstrual cups to the students and staff of the college and make the campus a pad-free campus. The menstrual cups were sponsored by Sree Hariharaputhra Mathrusamithi, and the event was organized in association with the Rotary Club Pala and the Sargakshetra Women's Forum. Ms. Nisha Jose inaugurated the event. The students and staff were educated about the usage of menstrual cups through informative sessions.

EXPEDIA

Expedia 2024 was a youth engagement initiative for girls of classes X, XI, and XII. It was a two-day camp organized on April 8 and 9, 2024. Resource persons from various fields were brought in to provide an orientation for students on current trends in the job market, mental health, life skills, and more. A field visit to IIIT, Kottayam campus was organized on the first day, and a visit to Kavalipuzha Beach on the second.



ENVIRONMENT DAY CELEBRATIONS

“When a plant is planted, a planet is planted.”

In commemoration of World Environment Day, the Kathika College Union planted saplings of Avocado and Lemon Bush in the college premises, to advocate the need for planting more trees for a better tomorrow. Years from now, may the trees bear fruits and be witness to the joyful moments of Alphonians!



CONVOCATION CEREMONY

History repeated itself as Alphonso College, Pala maintained its position as the university topper with the highest number of rank holders and A+ holders under the Mahatma Gandhi University after the 6th-semester results were declared. To honour the graduates, a convocation ceremony was held on June 6, 2024. The guests of honour for the day were Dr. C. T. Aravindakumar, MG University Vice Chancellor, Msgr. Dr. Joseph Thadathil, Manager of Alphonso College, Pala and Adv. Sebastian Kulathunkal, Member of the Kerala Legislative Assembly, who attended on behalf of Shri. Jose K. Mani, M.P.

The ceremony began with the students entering the auditorium in a procession, followed by the welcome address by Rev. Dr. Shaji John, Principal of Alphonso College Pala. The certificates and mementos for the rank holders and A+ holders were also distributed on the same day. This was followed by the oath-taking ceremony initiated by Dr. Sr. Minimol Mathew, Vice Principal of Alphonso College Pala. The students were then officially declared graduates.



NATIONAL SEMINAR ON RESEARCH TRENDS IN BIODIVERSITY CONSERVATION AND SUSTAINABLE MANAGEMENT

Department of Botany Alphonsa College, Pala organised a two day National Seminar on "Biodiversity Conservation and Sustainable Management" supported by Kerala state Biodiversity Board on 15th and 16th January 2024. The seminar was attended by 109 participants from various institutions. In the inaugural session outset Smt Julie J Paramundayil, Associate Professor and Head of the Botany welcomed the gathering, Rev.Dr Shaji John, Principal, Alphonsa College, Pala presided over the function and inaugurated the Biodiversity club. Dr. Ambily Gopakumar, Scientific Officer, DQAE Ministry of Defence gave the keynote address and inaugurated the seminar.

In the session I of the seminar Dr. Ambily Gopakumar, Scientific Officer, DQAE Ministry of Defence provided an illuminating insight into the fascinating world of microorganisms. In the session II of the seminar Dr Jis Sebastian Research Associate JNTBGRI Trivandrum gave a talk on the Topic: The essence of ecological research: A perspective. After the IInd session four of the participants presented their paper. The sessions of the second day started with the Neelakurinji exhibition by Dr Jomy Augustine, Former Head of the department and Professor in Botany St Thomas College Pala and he led the third session of the seminar. He delivered a lecture on

Biodiversity Conservation. The fourth session began with Sri Jayakrishnan V.K IFS, DFO West Thripura. He delivered a talk on "Indian Forest service :An all India service beyond the limits managing India's landscapes for biodiversity" The enlightening talk delved into the pivotal role of the Indian Forest Service (IFS) as a nationwide entity managing India's diverse landscapes. Sri Jayakrishnan underscored the IFS's responsibilities in biodiversity conservation, emphasizing the delicate balance between ecological preservation and sustainable development. The last session of the seminar was paper presentations by the participants of various institutions in online and offline mode. The Valedictory Session was presided over by Smt Julie J Paramundayil, Associate professor in Botany Alphonsa College, Pala.



Inaugural ceremony of the National Seminar

Talk by Dr Jomy Augustine Former Head of the department and Professor in Botany Alphonsa College Pala on Biodiversity Conservation and Neelakurinji Photo Exhibition

DEPARTMENTAL ACTIVITIES

DEPARTMENT OF ENGLISH

The Department of English conducted a caption writing competition on the theme Beat Plastic Pollution. Thirty students from various departments participated in the competition. Shafiyamol Jaleel of II DC English bagged the first prize and Amina Kabeer of II MA English won the second prize. The Reading week celebrations of the Department of English started with the inauguration of the Language Lab and a Fluency Enhancement Program for the faculty members. The language lab was

inaugurated by the principal Rev.Dr.Shaji John. The faculty members of the college attended a practice session on fluency enhancement under the guidance of Miss.Dona Jose. A letter writing competition was held under the title " To my dear Alphonsamma" on 27th July 2023. Leenu K. Jose of I DC English won the prize, Nidhi Mary Thomas of I DC History and Vineetha Venika Suresh of I DC English shared the second prize and Shriya S. Nair of I DC Zoology bagged the third prize. The Department of English organized a movie screening on 9th August 2023 in commemoration of Hiroshima Nagasaki Day. The

programme was held in collaboration with the movie club. The movie screened was Life is Beautiful. More than 150 students attended the screening. An Independence Day Quiz was conducted by the Department of English on 11th August 2023. Mereena Saji of I DC Chemistry won the first prize. Lakshmi Jiji of I DC Physics won the second prize and Anupama C.H. of II DC History bagged the Third prize.

A Face Painting competition was held by the Department of English in connection with the Independence Day Celebrations. First prize was won by Arunima Angel Thomas and Parvathy Krishna A of I DC English. Rohitha R and Maria Robins of II DC English bagged the Second Prize. Third prize was bagged by Adwaitha S. and Shincy Sebastian of I DC History. The Inauguration of the English Association was held on 21st August 2023. The association activities for the year was inaugurated by Dr.Jaison P. Jacob, Assistant Professor and Head of the Department of English, Deva Matha College Kuravilangad. He delivered a session on the topic Post-Truth. Rank holders and A+ holders in the BA Degree examination were honoured and presented with mementos. An essay writing competition was held by the Department of English in connection with Gandhi Jayanti celebrations. Leenu K. Jose of I DC English won the first prize. Ruhamma Oommen Joy of First year MSc CND bagged the second prize and Vaani Pradeep of Third DC Economics got the third prize.

The Community Outreach Programme of the Department of English titled RISE(Reaching, Inspiring and Serving through English) was inaugurated by Smt.Josin Bino, Chairperson of the Pala municipality on 12th January 2024. Under this programme each student from the department will complete 5 hours of community service over a course of three years. A workshop on research methodology was conducted for the students and the resource person for the session was Fr.Roshan Chacko, Assistant Professor, Department of English, St.Thomas College Palai. An invited talk on Intellectual Property Rights was conducted on 18th January 2024 and Miss.Trace Benny, Assistant Professor, Lady Doak College Madurai was the resource person for the session. The English Department organized a National Seminar titled Literary Odyssey Beyond Belief: Sprouting the Unreal on 2nd February 2024 in academic collaboration with MG University Kottayam. Dr. Karthika VK, Assistant Professor, Department of Humanities and Social Sciences, NIT, Tiruchirappalli, held a session on the topic Re-reading Popular Cinema, Decrypting Stereotypes. JS Anantha Krishnan, senior Research Fellow, Sree Sankaracharya University of Sanskrit,

Kalady held a session titled From Ada Lovelace to Adobe Firefly: The Evolution of Artificial Intelligence in Creative Expression. Dr.Rohit P., Associate Professor, School of Letters, MG University, Kottayam, conducted a session on Representation of Disability in Myths.

Alumnae Lecture series titled Continuum Conversations was Inaugurated by Dr.Bijimol Thomas, Principal of Newman College, Thodupuzha on 6th February 2024. The series started with a lecture on Black American literature titled " From Harlem to Beyond: Unearthing the Impact of Black American Literature". Final year degree and Pg students went on their class trip to Mysore Ooty from 14-16th February. The valedictory function of the English association and farewell party for the final year students was conducted on 24th February 2024. Meritorious students and NET holders from the PG 2021-23 batch were honoured in the function. The Department of English won the overall arts championship for the academic year 2023-24. The Department of English in collaboration with the college library conducted a theme based quiz competition and book exhibition on the topic "Indian writing in English". Vidyalakshmi CV of Second PG English won the first prize and Bhadra G of Second PG English bagged the second prize. The association activities concluded with the staging of a play written and directed by the first PG students titled Phantom Reflections.



Fluency Enhancement Program for the faculty members



Reading Day Celebrations

Student Achievements

Academic- Tessa K Subash and Neha K Sebastian of Second MA English cleared NET

Emma Maria Joseph and Rinu George of 2019-22 batch bagged the Chief Minister's scholarship of Rs 1 lakh.

Alphiya Francis of Second DC English was selected for NSS national level adventure camp at Dharmasala, Himachal Pradesh.

Leenu K Jose and Anna Caroline of I DC English won First Prize at the Zonal Level for their participation in the Maria Philip Future Leader's Debate Competition.

Leenu K Jose

1. Inter University speech competition conducted by Chavara Cultural Centre -First
2. Dr Sukumar Azhikode Memorial All Kerala speech competition -First
3. MG University Kalotsav Malayalam Elocution -First
4. K. M. Mani Memorial All Kerala Speech Competition -First
5. ORMA International speech competition Third
6. U. V. John Memorial Elocution competition- Newman College -First
7. Newman Youth Excellence Award for the Best UG student in Kerala (Newman College Thodupuzha)
8. Constitution Speech competition conducted by Kerala Legal Department -Third
9. Pulimootil Silks Best Speaker Competition -Third
10. P. M. Pailypillai Memorial English Elocution (St. Peter's College, Kolenchery) -Third
11. 'Physica' Scientific Extempore conducted at St Thomas College -First
12. Swachchhata League Speech Competition conducted by Pala Municipality -First
13. CSM Fest-Kalathilakam *Essay -First *Speech-Second
14. Malayalam Manorama News Reading Competition First
15. Malayala Manorama Quiz Competition -Second

ECONOMICS DEPARTMENT

The Department of Economics at Alphonsa College, Pala, has been actively engaged in organizing a variety of events and initiatives aimed at academic enrichment, community engagement, and societal awareness. This report outlines the key activities undertaken by the department during 2023-24. On June 5, 2023, the Department of Economics organized a celebration in honor of World Environment Day, themed "Beat the plastic pollution." This event aimed to raise awareness about environmental conservation and address the issue of plastic pollution. Two significant initiatives were undertaken: a used textbook collection and a community extension program involving the distribution of cloth bags. Freshers Day and Association Inauguration: The Galexero Freshers Day Program was held on August 17, 2023, to welcome new students. On 17th August 2023, the Department of Economics, Alphonsa College Pala conducted association inauguration which was presided by the Principal Rev. Dr. Shaji John, followed by an invited talk on "Research Methodology in economics" by Dr. Thara Thomas, Assistant Professor from Baselius College, Kottayam. Organised a One day Workshop on Public Policy and the Role of Markets in Collaboration with the Centre for Public Policy and Research. The one-day workshop on "Public Policy and the Role of Markets" was jointly organised by the Department of Economics and the Centre for Public Policy and Research (CPPR) on August 21st, 2023. The workshop aimed to provide valuable insights into the dynamic relationship between public policy and markets. The Department of Economics organized a workshop "Unlocking R: A Hands-On Learning Experience" on November 30th, 2023. The workshop aimed to provide first and second-year PG Econometrics students with practical insights into the application of R, a powerful programming language and software environment for statistical computing and graphics. Ms. Minnu Therese Sunny, Research Analyst with Catholic Syrian Bank, served as the resource person for the workshop.

The Department of Economics at Alphonsa College, Pala, organized an Alumni Interactive Session on 15 December 2023. The key speaker of the program was Ms. Ashtami S Nair, who graduated with a BA in Economics from our college in the batch of 2015-2018. Ms. Ashtami S Nair is currently working as a Sub-Inspector in the Central Industrial Security Force (CISF). A group of 37 students along with faculties embarked on a three-day nature camp to Idukki Painav Forest. From December 19th to 21st, 2023, included visits to prominent attractions such

as the Idukki Dam, Vaishalipara, and Painav Forest trekking. The students participated in educational sessions conducted by officers on various aspects of nature. The National Statistical Office (NSO) in collaboration with the Department Of Economics And Mathematics Alphonsa College, Pala, organized a Seminar on National Statistical System & Inter-Collegiate Quiz Competition. The event, held on February 24, 2024, at the Seminar Hall of Alphonsa College, Pala, was inaugurated by Smt. Sunitha Bhaskar ISS, Deputy Director General Kerala And Lakshadweep, NSO. Quiz competition was conducted by Smt. Sunitha Bhasker DDG assisted by Aparna N , senior statistical officer, Smt. Aswathy AP senior statistical officer, Smt Nisha Therese tom , junior statistical officer. In the competition, Vani Pradeep of Alphonsa college Pala secured 1st place ,Ansu Paul Raj of St Thomas college pala secured second and Neeraja vinod of Alphonsa college pala secured third place. The prizes were distributed to the winners and all participants of seminar were given certificates of participation.



Participants of workshop with :Shri. Kannan P R, Associate Researcher (CPPR), Anu Maria Francis:Research Associate at the (CPPR). Anu Anna Jo, Senior Associate Researcher at CPPR



Inauguration of Seminar on National Statistical System & Inter-Collegiate Quiz Competition. by Smt. Sunitha Bhaskar ISS, Deputy Director General Kerala And Lakshadweep, NSO.

DEPARTMENT OF HISTORY

The History Department of Alphonsa College has had a dynamic and productive year, filled with academic excellence, and community engagement. Department conducted the History Book Reading Challenge 2k23 on the occasion of National reading day, celebrated on 19th June 2023. The theme of the event was 'Reading Biography', which was scheduled from 19th June to 19th July. On International Yoga Day, June 21 2023, a Yoga

class for the students of the department was conducted. International Nelson Mandela day was celebrated by the department by encouraging students to participate in online quiz on Nelson Mandela in UN website. A documentary on the life of Nelson Mandela was screened on 19/7/23. The Department of History took part in a book donation campaign 'Keepers of the flame' organised by UBA of Alphonsa college. Our alumni of various batches contributed around 42 books to the department which included text books and note books. Moreover, students of III DC and II DC Batches also contributed their textbooks to juniors. College Patron Day was celebrated by the department on 26th July 2023. In honour of St Alphonsa, the college patron, department arranged a gathering of students and teachers in room no 36 and in this gathering Treesa Maria Devasia of I DC introduced the life of St Alphonsa and presented her viewpoints about the relevance of St Alphonsa in contemporary society. Students of the department of History were taken to Alphonsa shrine during the celebration of the feast of St Alphonsa on 4th August 2023. In honour of World Nature Conservation Day, observed on July 28th a mobile photography competition was organized by the Department of History on the theme Biodiversity in Alphonsa College.

This year, speak up – a discussion / debate forum of the Department of History which aimed to improve the various skill sets of I DC history students and make them excel in different areas, started this year's activities from 9/8/23. Certificate course in Gender and Society offered by the department was started from 7/8/23. Quiztoria, a monthly quiz series which covers various topics on history and general knowledge is regularly conducted every month. The History department was officially inaugurated on 11/8/2023 by Dr. Rosamma Sony, former HOD, Department of History, KE College Mannanam and Member, Kottayam District Panchayat. She delivered a motivational inaugural speech which inspired the students. She also delivered a talk on the topic 'Mapping Historical data and trends'. Fresher's Day was celebrated on the same day. Department of History in connection with INARA, college Union conducted Patriotic song competition in connection with Independence Day celebrations. The Patriotic Song Competition, held on 14/8/23, was an event that showcased the talents and creativity of participants in expressing their patriotism through music. The Onam celebration at our department took place on 24/8/23. The students and staff actively participated in the festivities. Various Onam games were organised on that day. An Interdepartmental Fancy Dress Competition, "Best Babu" was organised on 4/10/23 to pay tribute to the

Father of the Nation as a part of Gandhi Jayanti Celebrations. Department of History in association with Unnath Bharath Abhiyan of Alphonsa College, organised an awareness class on the topic 'Solid Waste Management' for the students of SH girls' high school, Ramapuram on 30th October 2023 as an academic extension activity. Sona Saji, student of III-year History was the speaker on the topic.

Kerala Piravi Celebrations of our college was jointly organised by Departments of Malayalam and History on 1/11/2023. The programmes were inaugurated by Rev. Dr James John Mangalath, Principal, St Thomas College Pala. He delivered an informative speech on culture and development of Malayalam language on the occasion. The auditorium was then transformed into a stage for cultural extravaganza. Students showcased their talents through a variety of performances, including traditional dances like Thiruvathira, Mohiniyattam, Margam Kali, Folk Dance, melodious renditions of Malayalam folk songs, and Kalaripayattu. A quiz competition on Kerala History, Culture and Literature was also conducted on November 2 2023 at college Library. The History Department organises every year "Meet Our Alumni" program which aimed to establish a bridge between current students and the department's esteemed alumni. Nayana Joseph, alumni of 2010-2013 batch gave an orientation class on the topic 'How to apply for India Young Professional Scheme Visa for UK' on 7/8/2023. Anna Dominic, University First Rank holder of BA History Examination 2023 and alumni of our department interacted with students on 1/11/23. She shared her personal academic journey, including challenges faced, strategies employed for success, and key milestones. The Department of History organised a vibrant Alumni Meet on 26/1/24, bringing together alumni from various batches to reconnect, reminisce, and celebrate their alma mater. Parent-Teacher Association (PTA) meeting was held for students of III-year History on 10/11/23 and for II and III years on 10/2/24. The purpose of the meeting was to foster collaboration between parents and faculty, provide updates on academic progress and departmental activities, and create a platform for open communication regarding the well-being and development of the students.

Final year students of BA History embarked on a historical site visit to Mysore and Coorg Karnataka, India, exploring its rich cultural and architectural heritage. Dr Sr Priya, Assistant Professor, Department of History and Ms Leosha Vincent, Assistant professor on contract Department of History accompanied forty-five students from 13/12/23 to 16/12/23. Second year students of our

department embarked on a heritage tour to Trivandrum, Kerala, India, exploring its rich cultural and historical landmarks on 21/1/24. The Department of History conducted an Open House on 21/02/2023 in Room No. 7 at 3pm. The meeting was presided over by our college Principal Rev. Dr Shaji John. Vice Principal Dr Sr. Minimol Mathew and IQAC coordinator Dr Dani Mathew, teaching faculties and students of the department of history were present in the meeting. The open house was conducted for students to raise their queries and suggestions and to provide an avenue for open dialogue and constructive feedback aimed at enhancing the college experience. On 27th March 2024, a class on 'Personality Development and Stress Among Students' was conducted for students of the department. The session aimed to enhance students' understanding of personality traits, stress management techniques, and strategies for personal growth and well-being. The session began with an introduction to personality development, emphasising the importance of self-awareness, self-esteem, and assertiveness in personal growth. Factors contributing to stress, such as time management issues, peer pressure, and perfectionism, were explored to deepen students' awareness. Farewell meeting and valedictory function of final year students were conducted on 24th feb 2024. Various cultural programmes were showcased and prizes were distributed to meritorious students.



History Association inauguration by Dr. Rosamma Sony, former HOD, Department of History, KE College Mannanam and Member, Kottayam District Panchayat.



Book Donation in association with UBA, Alphonsa college Pala

Students Achievements

Elsa Elizabeth Joseph and Gouri Sushama Prsahob our department received Pradhiba - Chief minister's scholarship of Rs 1 lakh each

DEPARTMENT OF MATHEMATICS

The Department of Mathematics at Alphonsa campus Palai organised Mime at the campus and St. Pious Orphanage Pala in order to raise awareness among young minds. Also the students built an art gallery on walls and posters and created an ebook using these posters. Also they created an e-book including all the posters created by students. Mathematics department students presented an anti-drug mime to St. Pious orphanage children. In connection with Yoga Day, our I DC NCC students Kum. Maria Biju and Kum. Merin James led a yoga training for Mathematics students. Alphonsa online Math tutoring :Department initiated a start up programme "Alphonsa online Math tutoring" for the students of 5-12 classes of CBSE, ICSE and State syllabus. In connection with Environment day, the Mathematics department conducted a survey. The department organised a digital poster competition for World Population Day on July 11th with the theme "Unleashing the power of gender equality: Uplifting the voices of women." Participants used their creativity to advocate for women's empowerment and equal rights. The contest aimed to challenge stereotypes, promote women's involvement in decision-making, and highlight their contributions to society. Department celebrated the Pi Approximation day on 24th July 2023. Neeraja S. of I DC Mathematics delivered a presentation on the topic 'PIE PERSPECTIVES: A SLICE OF PIE DAY'. The department organised a Student Capacity Enhancement Programme in "AI Tools in Learning process", on 7th August for B.Sc. Mathematics students. The Department conducts a 30 hours certificate course on LaTeX training programmes. Courses started on 03rd August 2023. The course coordinators and Resource persons were Dr. Sr. Sheena Mathew and Dr. Arya S. (Department of Mathematics, Alphonsa College, Pala). a 30 hrs certificate course was conducted on R Programming on 28th October 2023. The Resource person was Ms. Jissmol Jose, Data Analyst. Department of Mathematics conducts a field visit on 17th August 2023 to Rubber board, Kottayam. Typically it involves a trip on to rubber plantations, processing units, and research centres associated with rubber cultivation and production. Field visits to the Rubber Board offer a practical understanding of the rubber sector, making it a valuable educational opportunity for students, researchers, and industry professionals. The Department of Mathematics hosted an Mathematics Association Inauguration, featuring a captivating talk titled "Maths for AI" by IIT Professor Dr. Dhanyamol M V. The Department of Mathematics conducted a workshop on Game Theory and Python

Programming on 16th September 2023. The workshop also introduces the fundamental concepts of game theory, including types of games, strategies, and the concept of Nash equilibrium. Hands-on coding exercises are often a part of this section. Krupa Maria Jose and Mr. Mano Prakash P are the Experts to provide insights into real-world applications and advanced concepts. Mathematics department celebrated National Mathematics Day by organising a guest lecture featuring Dr. Josmi Jose, who explored "the latest trends in mathematics" on December 15, 2023. Additionally, to enhance students' enthusiasm and proficiency in mathematics, as well as to provide insight into the history of this discipline, a selection of educational mathematical videos will be showcased. The Department of Mathematics hosted an engaging Parents-Teachers Interaction session at the Department. Parents and educators came together to discuss students' academic journeys, share feedback, and strategize for their success. On February 8, 2024, the department successfully organised an Intercollegiate Mathematics Quiz Competition, drawing in students from several colleges in the vicinity. The role of quizmaster was adeptly filled by Mr. Pramod, who is an Assistant Professor in the Department of Mathematics at St. Dominic College. The event culminated with the Principal, Dr. Shaji John, stepping up to congratulate the winners. The department arranged for alumni engagements featuring distinguished former students of the department. This year, Smt. Sunitha Bhasker, ISS, and Ms. Jyothilakshmi served as the resource persons for these interactions. In a notable collaboration with the Ministry of Statistics and Programme Implementation of the Government of India, an educational and engaging intercollegiate seminar was conducted, aiming to enhance awareness of the National Statistical System. With around 150 students participating, including 20 from other colleges, the event highlighted widespread interest in statistics. Highlighting the significance of the seminar and competition, Ms. Sunitha Bhasker, serving as the Deputy Director General of the National Sample Survey Office (NSSO), attended the event as the chief guest. The department hosted an open house for all students within the Mathematics Department. During this event, the Principal, Vice Principals, Bursar, and the IQAC Coordinator engaged directly with both students and faculty members from the Mathematics Department. To reinforce its dedication to serving the community, the department organised complimentary tuition classes for the residents of St. Pius Orphanage in Pala. The initiative saw active participation from students, particularly benefiting those in Class X and Plus One, who took part in the program.

Mathematics department participated in the national level intercollegiate Fest conducted by Jyothi Nivas college, Bangalore. It includes an invited talk on the topic 'Virtual Astronomy-Exploring The Universe From Your Home' and different competitions. Neeraja A from I DC Alphonsa college Pala won third prize in 'Colourful Stillness competition'. The MoU between Alphonsa college Pala and the Indian Institute of Information Technology (IIIT) Kottayam, executed in 2023, marks a significant collaboration aimed at fostering academic and research synergies. The seminar at IIIT Valavoor marked the laying of the foundation stone for three semiconductor facilities, featuring an online address by Prime Minister Narendra Modi on the significance of semiconductor technology. Titled "India's Techade: Chips for Viksit Bharat," the event included participation from 31 students of Alphonsa College, with 16 from the Chemistry Department and 15 from the Mathematics Department. Faculty attendees included Sr. Rani, HoD of the Mathematics Department, and Ms. Ansu Somy from the Chemistry Department. The seminar consisted of two sessions, providing comprehensive insights into semiconductor technology. Attendees were also afforded the opportunity to visit a forensic lab and observe a police training session, broadening their exposure to various aspects of technology and law enforcement in IIIT Kottayam.

Students Achievements

Sl. No	Students	Event	Participated/ Prize
1	Kum. Parvathy Ashish (I DC student)	Leaf identification competition 'Lahaja' conducted by B. Com Department in connection with Environment day	First Prize
2	Kum. Parvathi and Kum. Neethu (II DC student)	Quiz competition(Group of) conducted by Zoology Department in connection with Anti Drug day	First Prize
3	Kum. Kalyani A Pillai & Sandra Elizabeth Joseph	Statistics Quiz competition on 27/06/2023 in K.E. College, Mannanangam.	Third Prize
4	Kum. Mariya Biju & Archa Anil	Mathematics quiz competition at K E College, Mannanangam	
5	Neeraja.S (I DC Student)	Colourful Stillness at Maathanein'24, the annual inter-collegiate fest organised by the department of Mathematics ,Jyoti Nivas College, Bengaluru,Karnataka.	



Workshop on Game Theory and Python Programming



Intercollegiate Quiz competition

Akshara Babu



Alumna Akshara Babu cleared the GATE exam in 2024.

DEPARTMENT OF PHYSICS

The activities of the Physics Association, Alphonsa College Pala was inaugurated on 22/6//2023 by Dr. Mary Joan, Associate Professor of Radiation Physics & Radiological Safety Officer, Christian Medical College & Hospital, Ludhiana. The student science magazine HARMONICS was also released during the occasion.



Inauguration of Physics association by Dr. Mary Joan, Associate Professor of Radiation Physics & Radiological Safety Officer at Christian Medical College & Hospital, Ludhiana.

An introductory class on the Chandrayaan 3 mission, followed by the captivating display of real-time updates and live footage from the Chandrayaan 3 exploration mission was held on 14/7/2023. The association organised several student seminars on the title "Talk series" every month on recent advances in physics related topics. Programs to commemorate important days were also conducted like International Day Against Drug Abuse and Illicit Trafficking, Energy Conservation Day and Hiroshima-Nagasaki Week. The association conducted Freshers' Day on 18th August 2023 to showcase the cultural talents of the members.

Alumni Symposiums were led by Jasmin Mary Kuriakose (Research Scholar from M.G. University, Kottayam) and Ms. Stephy Jose (Research Scholar, Tata Institute of Fundamental Research, Hyderabad) on 3/11/2023 and 14/12/2023 respectively. Topics like Exploring the Influence of Atmospheric Aerosols on Climate Change and Introduction to Active Matter were discussed.

An Add-on Course on AI, IoT, and Cybersecurity was commenced this academic year. Online session on "Internet of Things (IoT)" by Master Vikhyat Kiran, and "Introduction to Machine Learning and its Applications in Material Design" by Dr. Rajesh Kumar Raju, a renowned Computational Chemistry & Material Scientist affiliated with the Mila-Qubec Artificial Intelligence Institute at the University of Montreal, Canada were conducted. A webinar titled "Cyber Security Essentials: Safeguarding Your Digital World" was held on 08 February 2024 by Ms. Annu Paul, Assistant Professor, Department of Computer Science, Alphonsa College, Pala.

The Physics Association organised an illuminating physics exhibition, SPARKZ 2024, on 19 January 2024. Explora Physics-2024: One Day Regional Workshop for High School Students was also organised the same day for high school students. Several students from nearby schools participated in the event



Skywatch

In collaboration with Unnat Bharat Abhiyan (UBA) and Breakthrough Science Society, the department organised a workshop on Observational Astronomy & Sky Watch on 16/2/2024. The workshop served as an outreach program targeting school students and parents, aiming to foster interest and awareness in astronomy.

An orientation program on "Excitements and Opportunities in Science" was held on 21/2/2024 by Prof. John Philip, Associate Director at MMG Indira Gandhi Centre for Atomic Research, Department of Atomic Energy Kalpakkam

Students Achievements

Kumari Elaine Siby and Kumari Archana Suresh won first prize in the collage-making competition, while Kumari Elizabeth Abraham secured third place in the extemporaneous competition at Physica 2.0 organised by the Department of Physics at St. Thomas College Pala 31/10/2023.

Publications by Dr. Minu Joy

1. Gravitational wave production after inflation for a hybrid inflationary model, International Journal of Modern Physics D, 32, No. 11 (2023) 2350075
2. Primordial gravitational waves by chaotic potential with a sharp step, Physics of the Dark Universe 42 (2023) 101313

Demise of Rev Sr Stella Maris SABS



Sr. Stella Maris, Department of Physics (1970 to 2001)

DEPARTMENT OF BOTANY

In connection with World environment day, Department of Botany in association with IQAC and Federal Bank conducted an Awareness programme on Beat Plastic Pollution and conducted a Powerpoint presentation competition on the Topic # Beat Plastic Pollution. On June 9th 2023, Department of Botany conducted an eco friendly exhibition "IR VERDEI" and drink fest. Organised an event "5minutes with my hobby" for IDC Botany students on 20th June 2023. As part of ozone day, the students of Department of Botany conducted an awareness program and painting competition at Government LP school, Arunapuram on 18th September 2023. Botany department conducted a group discussion in connection with Ozone day celebration on 20th August 2023. B.Sc Botany students from Department of Botany, Alphonsa College, Pala participated and successfully completed an internship programme from 17th to 18th October 2023 on Pomology Fruit tree propagation and cultivation at Homegrown Biotech, Kanjirappally. The inauguration of Botany Association of the academic year 2022-23 was held on 13th September 2023, by Prof. Paul V Karamthanam, Associate Professor in Botany, St. Thomas College Pala was the chief guest and delivered a talk on "Progress and Prospects in Genome editing". In connection with Keralapiravi Department of Botany conducted Plants photo exhibition on "കേരളത്തിന്റെ സസ്യവൈവിധ്യം" on November 2nd, 2023. Theme based book exhibition on the topic Pollution was conducted by the Department of Botany on January 19th, 2024. The Department of Botany organised a Botany quiz on 29th January, 2024. On February 7th 2024, Department of Botany conducted an Open house for B.Sc botany students. Department of Botany conducted an extension programme with St Michale's Higher Secondary School Pravithanam on February 17th 2024 on Fruit preservation techniques.



ALPHAGREEN 2023 World environment day celebration on June 6th 2023



Awareness program and painting competition on Ozone day at Government LP school, Arunapuram on 18th September 2023



Talk by Dr. Ambily Gopakumar, Scientific Officer, DQAE Ministry of Defence on the topic: Microbial Diversity

Students Achievement

Outsparkle Award

Ms Devika Vijayan (2020-2023, B.Sc Botany) was selected as the Sunny Diamonds Outsparkle Award winner. Rev. Dr. Shaji John welcomed the gathering and Mr. Harish R Venugopalan Manager learning and development Sunny Diamonds presided the meeting on January 31st 2024.

PG & RESEARCH DEPARTMENT OF ZOOLOGY

Department of Zoology signed an MOU with VETA Genomics Pvt limited, Thrissur on May 17th 2023 and conducted a certificate course in "Primer designing and PCR Optimisation" from May 17th to June 10th 2023. As part of World Environment day celebrations students of the Zoology Department planted more than 100 fruit trees in the college campus on 13.06.2023. The Department of Zoology organised an interdepartmental quiz competition in connection with International Day against drug abuse on 27th June 2023. About 16 teams from various departments participated in the competition. International Tiger Day was observed on

August 1st, 2023. A comprehensive Power Point presentation was delivered by I PG students focusing on key aspects of tiger conservation. Students of III DC Zoology and I PG planted bamboo saplings along the banks of Meenachil River in Moonanni near Christujyothy Convent as part of conservation of the river bank on 4th August 2023. This activity was a continuation of the previous years efforts to protect the river banks. Around 50 bamboo saplings were planted by the students.

As part of the ecosystem protection, the students of the Department of Zoology distributed 100 bamboo saplings to Christujyothy Retreat Centre and Vincentian Seminary at Moonanni on 8th August, 2023. The inaugural function of the Zoology Association was conducted on August 18, 2023 by Mrs VidhyaVijaysenan, Research Fellow and Project Associate, CSIR, National Institute of Oceanography, Kochi. The manuscript magazine of the Department was released. Mrs VidhyaVijaysenan, delivered a talk on "Literature Search and Review in Research" to the UG Zoology students on 18th August, 2023. Students of the Department visited Mariasadan on 21st August, 2023. Students collected an amount of Rs3850 and contributed it as part of onam celebration. August 23, 2023. Career Guidance programme on Medical Coding was organised on Sept 20, 2023. Mr Ajeesh James, Director, International Institute of Medical Coding, Kottayam briefed about Medical coding and its relevance in the present scenario. CPR training conducted on 16th October by the Zoology Department in association with Heart Care Foundation was to equip students with essential life saving skills focusing on Cardio pulmonary resuscitation. Live demonstrations of CPR techniques were provided by experienced trainers. Cognitive skill development programme was organised in collaboration with Lions Club on 19th October 2023. A memory enhancement training session was also conducted by Mrs Simi peter, Memory trainer. Department organised Alumnae Lecture on Nov 15th, 2023. Nikhila Sudhakaran, an Alumnae of the department who is presently pursuing Ph D research delivered a talk on "Mastering Research Skills: A guided approach." Observed World AIDS Day on December 1st., 2023 in collaboration with Lions Club International. Dr Jacob Thoms MD, DO, Professor of DermatoVenereology, Alappuzha Medical College gave an awareness of the spread of HIV/AIDS, the importance of early detection and treatment options.

Department organised two Nature Camps at Thattekkadu from December 8-10 & 13 -15th December 2023. The Department of Zoology conducted a Theme Based Exhibition and Quiz competition on 5/1/2024

related to Biodiversity and Conservation. Students attended a seminar on Snails at St Thomas College Pala on 10/1/2024. Department conducted an open house on 19/1/ 2024. Department organised an Alumnae meet on 26th January 2024. Dr B Sandhya IPS, Former DGP a renowned alumnae of the Department and Former staff members and current faculty members and all the Alumnae members experienced a memorable day. 31/12/2024 to 2/2/24, 32 students and two teachers participated the study tour to Mysore and Ooty. Zoology Association conducted an Intercollegiate Power point competition on 3/2/2024 in connection with World Wetland Day. Team From St Thomas College Won the First Prize. The Department PTA Meet was organised on 10/2/2024. PG and Research department of Zoology in association with KEIL (Kerala Enviro Infrastructure Limited) conducted an electronic waste collection programme, e- dump on 28/02/2024. An MoU was signed with KEIL for the disposal of chemical wastes, and the waste was subsequently handed over to the agency for proper disposal. Seminar on "Wildlife conservation: conflicts and coexistence" was conducted on 06-03-2024. Ms. Reney R Pillai, Deputy Director (Wildlife Education) Kottayam, was delivered an interactive session. Field study on grassland ecosystem was conducted at Vagamon on 20-03-2024. Bhoomithrasena club members analysed Physico-chemical quality of water from Meenachil river on 22-03-2024. A Workshop on Thesis Writing was organised by the Research and PG Department of Zoology, on 25 March 2024, led by Dr. SobhaMerina George, Assistant Professor, KristuJyoti College of Management and Technology, Changanacherry. On April 16, 2024, a Career Guidance Class on Medical Coding, Medical Transcription and Medical Documentation was conducted.



Achievements (teachers)

Dr Simimole Sebastian A



Selected as Kerala Contingent Leader to participate in Republic Day Parade Camp -2024, New Delhi.

DEPARTMENT OF CHEMISTRY

The Department of Chemistry, Alphonsa College, Pala, had an eventful and productive year in 2023-24, marked by various activities aimed at enhancing the educational experience of its students. The year's activities commenced with an inauguration ceremony on August 23, 2023, featuring a talk by Dr. Jogy Alex, former Vice Principal and HoD of Chemistry at St. Thomas College, Palai, titled "Chemistry: The Invisible Force Shaping Our Future." In observance of the International Day Against Drug Abuse and Illicit Trafficking, the department organised an awareness class on "Drugs and Brain Mapping," led by Lt. Dr. Hari Narayanan G., highlighting the harmful effects of drugs. To promote environmental sustainability, the department held a "GO GREEN SALE" on July 11-12, 2023, featuring eco-friendly cloth bags. A significant gender equity program titled "Elevate and Empower: Promoting Gender Equality in Every Sector" was organised on January 11, 2024, led by Sr. Sonia K. Philip, Council Head CRCC. A career exploration workshop was held on January 23, 2024, led by Dr. Jose James from St. Joseph's College, Moolamattam, offering insights into various career paths in chemistry. The department also conducted a poster-making competition themed "Educate a Girl, Educate a Nation" on January 24, 2024, and a seminar on "Chemophobia" on January 25, 2024, led by Mr. Abey K. Jose from T.M. Jacob Memorial Govt. College. The department hosted an alumnae meet on January 26, 2024, coinciding with the college's overall Alumnae Meet.

Additionally, the "CHEM-NEXUS: Chemistry Alumni Talk Series" facilitated valuable interactions between

current students and successful alumni:

Ms. Aliza Philip (2016-2019), Clerk, South Indian Bank, interacted with students on September 7th, 2023.

On February 22nd, 2024, Ms. Maria Joseph, (2016-2019), currently working as an Auditor, Comptroller and Auditor General of India (CAG) interacted with students.

On February 2nd, 2024, Ms. Aaliyah Bincy Mathew (1997-2000), Consultant Lifestyle Coach in Functional Medicine and Epigenetics shared her inspiring life story with students of our department.

Students participated in the 9th Dr. Siby Joseph Memorial National Lecture Series and Intercollegiate Quiz Competition on February 21, 2024, at St. Joseph's College, Moolamattam, and a nature camp at Periyar Tiger Reserve, Thekkady, from February 25 to 27, 2024. The department excelled in extracurricular activities, winning the overall championship in Sports Day 2024 and securing the first runner-up position in the Arts Festival 2023-24. The year concluded with a valedictory and farewell function on March 5, 2024, featuring prize distribution for outstanding achievements and the release of the handwritten magazine 'YOUGIK'.



Chemistry association activity inauguration by Dr. Jogy Alex



GO GREEN SALE on July 11-12, 2023



a handwritten magazine 'YOUGIK' made by students of our department was released on march 5th, 2023.

Student's Achievements

Ms. Neha Benny won III Prize in Golden Jubilee Memorial Intercollegiate paper presentation Competition, SPARK 2024, organised by Department of Chemistry, Assumption College, Autonomous, Changanassery on 13 February 2024.

Ms. Ann Diya Sunny and Ms. Theertha S Kumar won III prize in 33 rd All kerala Intercollegiate Chemquiz competition, organised by Department of Chemistry, Deva Matha College, Kuravilangad on 23rd February 2024.

Publication

Sl. No	Title of Paper	Name of Journal/Publisher in case of Book	Date of Publication and Impact factor if any	Volume number and Pages
1.	Synthesis and characterization of surface-modified ultrafine titanium dioxide nanoparticles with an antioxidant functionalized biopolymer as a therapeutic agent: Anticancer and antimicrobial evaluation	Colloids and Surfaces B: Biointerfaces	December, 2022 IF-5.999 Cite Score:11 https://doi.org/10.1016/j.colsurfb.2022.112949	ISSN No-0927-7765 220 (2022): 112949
	Diana Elizabeth Jose, Thomas V. Mathew,			
2.	Anticancer and photocatalytic antimicrobial assessment of surface engineered titania nanoparticles with modified β -cyclodextrin using thioctic acid	Nano-structures & Nano-objects	April, 2023 Cite IF: 5.914 (2023IF waiting) Score:11.9 https://doi.org/10.1016/j.nanos.2023.100976	ISSN NO-2352-507X 34, (2023): 100976.
	Diana Elizabeth Jose, Thomas V. Mathew,			
3.	Ruthenium-Catalyzed Direct Reductive Amination of Carboxyl Compounds for the Synthesis of Amides: An Overview	European Journal of Organic Chemistry	14, February 2023 IF-3.261 https://doi.org/10.1002/ejoc.202300035	ISSN No-1434-193X (2023): e202300035

PG DEPARTMENT OF POLITICAL SCIENCE

The Political Science Association (2023-24) activities inaugurated by Ms. Jocelyn Jose, Assistant Professor from St. Peter's College, Kolencherry on August 3rd, 2023. A visit to Vaikom Satyagraha Memorial Gandhi Museum was organised on 26th September, 2023 to deepen students' understanding of Kerala's political heritage. Gandhi Jayanthi was celebrated with an invited lecture by Mr. Rony K. Baby, Assistant Professor from St. Dominic's College, Kanjirappally on 3rd of October, 2023. University Rank holders and a sports medallist were felicitated at the Excellence Gathering held on 7/11/2023. The department collaborated with Unnat Bharat Abhiyan for a Children's Day event at Government LPS Arunapuram on 14/11/2023. Dr. Gifty Oommen, Associate Professor from Government Law College, Ernakulam, delivered a speech on Democracy and Rule of Law in connection with the Constitution Day on 27-11-2023.



Dr. Shaji john, Principal appreciates the rank holders and sports medallist in the Excellence Gathering



Children's day celebration at Govt. LPS Arunapuram in association with Unnat Bharat Abhiyan

DEPARTMENT OF PHYSICAL EDUCATION

Sports Achievements

Alphonsa College has consistently demonstrated a remarkable dedication to fostering a culture of sportsmanship, skill development and athletic prowess. The college has emerged as a powerhouse in the realm of sports, excelling across various disciplines and competitions. As a result the College has been honoured with the prestigious G.V Raja Award on May 20th, 2023. This recognition stands as a testament to the institution's unwavering commitment to excellence in the field of sports.

The college teams won the MG University Championships in Weight Lifting. The college won the second position in MG University Swimming Championship. The College team also won the third position in volleyball. Our College Volleyball Team Won the Championship in the All Kerala intercollegiate Volleyball championship held at St. Joseph College, Irinjalakuda, and Runners up in SH college Thevara.

Many of our students represented University in the all India Inter-University and national championship and won the medal in the national championships.

- Keerthana B, represented India and participated in the Asia cup junior softball championship held at china.
- Sona Jiji got Bronze medal in 37th National Games Netball Championship held at Goa, from 10th October to 11th October 2023
- Haripriya S Participated in the 37th National Games Triathlon Championship held at Goa, October 2023
- Participated the Kerala State senior Athletic Meet held at Calicut, Overall Runners-up 27th September -2023 to 29th October -2023
- Our 6 Athletes (Ritty P Raju-400meter,, Daliya P Lal - Long Jump, , Lakshmi S Reji-Long Jmp, Anamika C-High jump, Aswathy Suresh-Steeple Chace, Anjana A M-3000m) represented Kerala in the National Junior South zone Athletic Meet held at Andhra Pradesh and junior national meet held at Coimbatore November -2023.
- Kumari Keerthana B represented Kerala for the Senior National Base ball Championship held at Punjab November 2023.
- Megha Mariyam Mathew won the Gold medal in South West Zone Inter University Boxing Championship held at Chandigarh.

- Sethulakshmi T participated in the Khelo India Youth Volleyball Championship held at Nehru Indoor Stadium Chennai from 26th to 31st January, 2024.
- Megha Mariyam Mathew won the Gold medal in All India Inter University Boxing Championship held at Jalandhar from 22nd to 25th January 2024.
- Sophiya Sunny and Akhina Babu represented MG university in 4x100mtr relay team and got bronze medal in the Khelo India University Athletic Championship held at Guwahati from 25th to 27th February 2024.
- Megha Mariyam Mathew clinched the Gold medal in Boxing, Heavy weight Category in the Khelo India University Boxing Championship 2024 held at Guwahati.
- Kumari Keerthana B represented Kerala and won the gold medal in the Junior national softball Championship held at Patna, - 21-25 Feb 2024
- Vismaya Santhosh And Keerthana B representing MG university Baseball team and got bronze medal in the All India InterUniversity Baseball Championship held at Pune from March 2024
- Tasa David Saindhav K B, Sreelakshmi Vijayakumar and Sreelakshmi M representing MG university Netball team and got bronze medal in the All India Inter University Netball Championship held at Calicut .
- Anaghamol E.S participated in the Khelo India Youth Basketball Championship held at Coimbatore from 21st to 25th January, 2024 and she also participated in the Junior National Basketball Championship held at Odisha from 4th to 11th February, 2024.



Winners of all India Inter university Volleyball Championship held at Kalinga Institute of Social Science University, Bhubaneswar- 11 to 14 January 2024



Sophiya Sunny and Akhina Babu represented MG university in 4x100mtr relay team and got bronze medal in the Khelo India University Athletic Championship held at Guwahati from 25th to 27th February 2024.



Keerthana B, represented India and participated in the Asia cup junior softball championship held at china.



Tasa David Saindhav K B, Sreelakshmi M and Sreelakshmi Vijayakumar representing MG university Netball team and got bronze medal in the All India Inter University Netball Championship held at Calicut

DEPARTMENT OF MALAYALAM

In connection with Environment Day, the Department conducted an Inter Departmental Poetry Writing Competition on 5 June 2023. On Reading Day, the Department of Malayalam and the College Library conducted a Film Review Competition, Quiz Competition and Recitation Competition. In collaboration with the National Book Stall (NBS), the Department of Malayalam, & College Library, organised a book exhibition on June 19 and 20. Ms. Anitta Shaji, Assistant Professor, Dept of Malayalam, St. George's College, Aruvitra, delivered a lecture on the topic "From Printed Books to E-Reading" on June 21, 2023. Dr. Thomas Scaria, Associate Professor, St. Thomas College, Pala delivered a lecture on "Samakalika Paristhithika Kavithakal" on 25 October 2023. The Department in collaboration with Sahitya Akademi organised a seminar on the topic "The Shift from Conventional to Digital Reading" on 13 December 2023. The inauguration of the Arnos Padiri Chair took place at Alphonsa College, Pala, in collaboration with the Arnos Padiri Academy, Thrissur, on 27 February 2024. A seminar titled "Arnos Padiri and Malayalam Poetry" was also held by the chair.



Inauguration of Literary Forum



Inauguration of Arnos Padiri Chair.

PUBLICATIONS

Edited BOOK

Dr.Sr. Minimol Mathew, Dr.Anila Thomas. Samskarika Streevaadam. Feningo Books Kottayam. 2024. ISBN no:978-81-19940 -76-9.



UGC Carelisted Journals

1. Dr.Sr.Minimol Mathew. " Characharangaludae lokam Aymanam Johnintae Kathakalil". Chengazhi. 2023 January- June,Vol 1 Number 9, ISSN :2581-9585 pages 210-215

- 2.Dr.Sr.Minimol Mathew. "Malayalathilae Vishukavithakal". Ishal Paithrkam. 2023 September Issue. ISSN :2582-550X. pages 225-237.
3. Dr. Sr. Minimol Mathew. " Cain Paribhashantharabhashayum Bhashavishakalanavum". Chengazhi. 2024 January-June, Vol 2, Issue 1, ISSN :2581-9585. pages 262-268.

BOOK CHAPTER

- 1.Dr. Sr. Minimol Mathew. "Cherpumkal Palli Charithravum Vaividyavum". Folklore Samskaram, Kala, Sahityam. Editor: Dr.Jobin Chamakkala .Turn books, Kottayam. 2023. ISBN No:978-93-87709-86. Pages 66-82.
- 2.Dr. Sr. Minimol Mathew. "Machakathae Thachan Pradesika Roopakangaludae Samrudhi". Meerayudae Kathakal Rashtreeyavum Soundaryavum. Dr.Thomas Scaria. Feningo Books, Kottayam. January 2024. ISBN 978-81-19940-63-9. Pages-59-64.
- 3.Dr. Sr. Minimol Mathew, Dr.Anila Thomas "Lingabhedavum Jathibodhavum Manushanu Oru Aamukathil".Samskarika Sthreevaadam. Feningo Books Kottayam. January 2024. ISBN No:978-81-19940-76-9. Pages 49-58
4. Dr. Anila Thomas: Chedamsa Jeevitham - prathinidanavum rashthreeeyavum.Samskarika Sthreevaadam. Feningo Books Kottayam.January 2024. ISBN No:978-81-19940-76-9. Pages 109-116.

Peer reviewed Journals

- 1.Dr.Sr.Minimol Mathew. "Krishthavarudae Maranathodanubandhamaya chadangukal-Charithravum Samskaravum".Poli, Kerala Folklore Akademi publication Kannur. 2023 January-April Issue 44. Reg.no.D4/8422/2017. pages 62-71.
2. Dr.Sr.Minimol Mathew. "Rastrabodhavum Thakshankunnu Swaroopavum". Sahityakedaram, Malayalam Research Journal. Dept of Malayalam, Govt. College Nedumangad. KERMAL/2022/85177. Pages 123-133.

DEPARTMENT OF HINDI





In connection with Reading day, Hindi department conducted a reading competition on 19 June 2023. Hindi dept in collaboration with Malayalam dept conducted a Two day National Seminar on 'Gender and Literature' 7 and 8 September 2023. In connection with National Hindi Day, the department conducted Film Review, Pencil drawing and painting competitions.

Dr Jesty Emmanuel published three articles.

1. 'Anamika ki Kavita mein Chitrith Hashiekrit Naari published in Sangrathan in May June 2023.
2. Muktibodh ki Kavita Zindagi ka Rasta Ek Visleshan published inKeral Jyothi August 2023.
3. Paristhitik Sajagata ki Kavita Asaadya Veenapublished inShodh Sarovar January 2024.

An Edited book named Cinema Aur Sahitya- Editor Dr Jesty Emmanuel published by Aman Prakashan Kanpur-2023.

PG DEPARTMENT OF ENGLISH (SF)

As part of World Environment Day the P G Department of English organised an Interdepartmental Slogan Writing Competition on 6 June 2023. 16 students from various departments participated in the competition. Ashitha Murali of II DC Fashion Technology won the First Prize and Sreya Benny of II MA English (S F) bagged second prize.

As part of International day against Drug Abuse and Illicit Trafficking the P G Department of English (SF) organised an Interdepartmental Poster Designing Competition on 27 June 2023.

A Farewell was organised on 23 June 2023 for the students of IIMA. During the occasion many prizes were distributed to students. Sreya Benny was selected as The Best Outgoing Student and Arsha Krishna was selected as The Best Student in Academics They received their

prizes from Rev. Dr. Shaji John, the Principal of the college.

An alumni meeting was organised on 7 August 2023. They shared their nostalgic memories and they were very proud to be a part of this college. The department association, Monde Literaria was inaugurated by Mrs. Roopa Jose, Assistant Professor, Department of English, St. Josephs College, Moolamattom on 6 November 2023. She handed over the prizes to the winners of various competitions held by the department.

The P G Department of English (S F) organised a Seminar on the topic The Digital Quill: Harnessing AI for Comprehensive Literature Reviews. The Resource Person for the seminar was Mrs. Roopa Jose, Assistant Professor, Department of English, St. Joseph's College, Moolamattom. The Open House of the Department was conducted on 14 February 2024. The students shared their grievances to the Management like facilities for providing ICT enabled classes, Library and Reference books according to the updated syllabus and so on. The Management promises them to provide these facilities in future.

The annual PTA Meeting of the Department was held on 10 February 2024. Apart from the general PTA Meeting, the departmental PTA Meeting was held at 11.30 pm . The Progress reports of the students as well as the PTA Register was signed and the academic progress of the students is discussed during the meeting



Seminar on The Digital Quill: Harnessing AI for Comprehensive Literature Reviews.



The Best Student in Academics receiving the cash prize from the Principal Rev. Dr. Shaji John

DEPARTMENT OF CLINICAL NUTRITION AND DIETETICS

On 5 June an interdepartmental “Plant a Sapling and Share a Selfie” contest was organised in connection with World Environmental Day to raise awareness on protecting the environment. On June 7 in commemoration of World Food Safety Day, the department hosted a seminar, quiz competition, millet-based recipe competition and a demonstration of fortified food products in collaboration with the Food Safety department Kottayam.

The department celebrated 25 years of excellence this year. The inaugural ceremony was conducted on 26 June and was inaugurated by our college manager Rev. Dr. Joseph Thadathil. Principal Rev. Dr. Shaji John Punnathanathukunnel presided over the function. On this occasion former course coordinators were also honoured.

On 27 July an interdepartmental slogan writing competition was organised in connection with International Day against Drug Abuse. On 22 August, a food fest “Yum Lawn” was conducted by the II DC students. On August 24 Onam was celebrated and on 5 September, Teachers Day was celebrated. On 20 September a Blood Donation Camp was conducted in association with Lions Club International Aruvithura, Blood Donors Forum, Kottayam and N.S.S unit. The II DC students visited the Five star hotel, Ramada, Alappuzha on September 21. On 28th September, diet counselling was given to the teachers and students of the college by II MSc students. On 18 October a debate competition and an interdepartmental poster making competition were conducted in connection with World Food Day. A cancer awareness Programme was organised by the department on 10 November by Dr. Jofin K Johny, Surgical Oncologist, Marsleeva Medicity, Pala. From 15 - 21

November FYUGP syllabus restructuring workshop was conducted. The department also conducted various community extension programmes.



Inauguration of Silver Jubilee Celebrations



Inauguration of FYUGP Syllabus Revision workshop

P.G DEPARTMENT OF CHEMISTRY

The activities of the P.G Chemistry Association started off with the grand inaugural function in which Ms. Deepamol Varghese (HOD PG Department of Chemistry), inaugurated the programme by lighting the lamp and delivering the key note lecture on the topic “BASIC CONCEPTS IN ORGANIC CHEMISTRY on 10th July, 2023. We saw a lot of enthusiasm, unity and vigour from students in Onam and Christmas .

We Provide opportunities for students to attend Seminars, Workshops etc. Our 1st pg students participated in a national seminar conducted by St. Joseph's College Moolamattom. Creating research aptitude in students by sending them to do projects in institutions and industries like MG University, Kottayam, Kerala Minerals And Metals Ltd(KMML), Travancore Titanium Products, Trivantrum, Milma Kannur Dairy .

We arranged a one week skill development programme- YOGA for both 1st PG and 2nd PG as part of international Yoga day.

We arranged a nature camp for 1st PG students at Periyar Tiger Reserve Thekkady on 26/02/2024 to 28/02/2024.

The final year MSc students bid adieu to their alma-mater on 07/03/2024. The Department achieved a glorious victory in 2023-2024. Aiswarya Raj of 2nd PG Chemistry secured 8th rank in MG University M.Sc Chemistry examination 2023 .



National Seminar at St.Joseph's College, Moolamattom



Nature Camp at Periyar Tiger Reserve, Thekkady

DEPARTMENT OF COMMERCE

The Department of Commerce conducted a leaf identification competition – “Lahoja Id 'as part of environmental day celebration on June 6 202. As part of the Women Entrepreneurship motivation Club, the department have launched a new product named 'SWESH,' (Herbal Bath Soap, Scented Candle).



Association Inauguration of the Department of Commerce was held on 14 July 2023. The inauguration was done by Rev.Dr. Shaji John (principal, Alphonsa college Pala). An Orientation on TALLY ERP9 and SAP was conducted on 19 JULY 2023. TALLY and SAP are offered as Add on Courses by the Department of Commerce.

The Department of Commerce is committed to foster innovation, entrepreneurship, and environmental awareness among its students. Our Women Entrepreneurship Club organized an exhibition cum sale called 'Commercado' on 14 September 2023. This event served as a platform for both our students and women entrepreneurs from outside the College to showcase their products, ranging from food items to clothing, arts, and crafts. Through 'Commercado,' students gain practical experience in entrepreneurial and marketing skills.



The Department of Commerce conducted a poster making competition on 28 June 2023 as a part of Anti Drug Day with a thought of promoting the idea of saying no to drugs. Department organised an account opening ceremony in association with Bank of Maharashtra on 15 December 2023 as part of providing financial literacy among students.

DEPARTMENT OF FASHION TECHNOLOGY

As part of the World Environment Day, Department of B.Voc Fashion Technology conducted Eco-friendly garment making competition- “Prakrith 2023” on 8th June 2023.



In connection with the world embroidery day our department conducted an intradepartmental embroidery competition on 14th August 2023 about the theme – Lettering a Word.



As part of "Youth Skills Day" on 17th August- 2023, the Department of B.Voc Fashion Technology conducted a workshop on Notepad making, 15 students participated in the workshop. The class was taken by our faculty Ms. Saru Tresa Sunny. Department of Fashion Technology's "LA-CREATIVO" designer club organized a CHRISTMAS CRAFT FAIR exhibition cum sales on 21st December 2023. The department participated in Paryaptha 2023, which is organized by Centre for Gandhian studies, Alphonsa College on 4th January 2024.



Nakshatra Jaichand Chethimattom won 1st Rank in 2023-2024 academic year. 3 students won A- grade and 4 students won B+ grade in 2023-2024 academic year.

DEPARTMENT OF SPORTS NUTRITION AND PHYSIOTHERAPY

In connection with International Yoga Day on 21st June 2023 Department of Sports nutrition and Physiotherapy conducted a Rhythmic Yoga Dance in the campus. All third year students participated in this programme. Alphonsa College conducted various programmes in connection with anti drugs day from June 26 to July 1. As part of this programme our department organised a Reels Competition for all students. Results of the competition are given below. As part of the Breast feeding week our department organised a free webinar in association with ICDS Ettumanoor on 7th August for the beneficiaries of ICDS .In this webinar the resource person Minitha Susan Joseph (H.O.D and Asst.Proffesor of B.Voc Sports nutrition and physiotherapy, St.Albert's College Ernakulam) explained the importance of breastfeeding.As part of Independence day celebration our department conducted a coin exhibition for all students on 17th August. The Department of Sports nutrition and Physiotherapy conducted a Flash Mob in connection with World Physiotherapy Day on 15th September in the campus. Theme of the program was osteoarthritis.



Rhythmic Yoga Dance



Coin exhibition

CLUB ACTIVITIES

CENTRE FOR GANDHIAN STUDIES

Gandhi Forum members participated in the World Environment Day Celebrations at Pala Sub-Jail on 05 June 2023. The Centre organised several programmes on 6 August 2023 to commemorate Hiroshima Day in collaboration with Breakthrough Science Society, Kerala Chapter: a Poster Exhibition titled Remembrance, an Origami workshop in college and St. Thomas School, Pala and a Student Conference titled Lest we Forget: Remembering Hiroshima. Ms Ashly Thomas, Coordinator, CGS, led a session on "Gandhi: His Life and Philosophy" at Marian College, Kuttikanam. A Quiet Reading gathering Sound of Silence was organised to promote reading among students and to realise the value of absolute silence. A quiz competition series – Prayaana 2K23 based on Gandhi's autobiography was organised. Paryaptha-2024, an exhibition cum sale of items made by students and faculty was held on 31 January 2024.



Department of Mathematics won the prize for the Best Department of Paryaptha 2024



Participants of the Student Conference Lest we Forget: Remembering Hiroshima

CAREER AND PLACEMENT CELL

Career and Placement Cell of the college plays a pivotal role in supporting the career aspirations of the students by providing them proper orientation regarding their prospective career options, giving them training in various skills so as to make them employable and conducting recruitments which are beneficial to the students. This year, the Cell conducted various activities to foster the capacity and capability of the students including orientation sessions, webinars, upskilling programmes, workshops, registration drives, and coaching sessions on PSC, UPSC and other competitive examination and placement drives. The major focus was on the students of the final year batches of degree and PG. The college got membership in the Academic Membership program by ICT Kerala last year. The students were given the opportunity to participate in several programmes connected to it. Thus the year was fruitful in improving the quality of the student community as a whole.



The college receives Membership in Academic Membership Programme by ICT Kerala



A Session on Competitive Examinations

JESUS YOUTH

The New Year in Jesus Youth calendar began in AlphOnsa cOLlege with the cOre team recOnstitution on 5th July 2023. The new cOre team elected is Soja Babu (COOrdinatOr) Merin Eliya Dominic (Assistant COOrdinatOr) Thresiamma Kurian (Intercession COOrdinatOr) Aline George (Ex O cio) Theresa Johnson Anjana James, Christeen Sunny, Mariya Thomas, Jasmin Jose. First years were welcOmed intO the cOLlege by giving a small welcOming card fOr every student at the gate and alsO conducting a fresher's day at Our cOLlege chapel. As part Of evangelization thrOUGH media we are actively pOsting cOntents in our Instagram page. ThrOUGH Our Instagram accOunt we infOrm Our prOgrammes tO all and keep Our accOunt active. Jesus yOuth prayer meetings are cONducted On every Tuesdays where students gather tOgether in the name of Christ and study the Bible, share their GOd experiences, praise and wORship the glory of THE LORD, thus attaining grOWth in spirit. Jesus YOuth in our cOLlege collects lunch packets fOr Mariasadhan on every Tuesday. By this we are trying tO spread an act Of lOve and uphOld Our sixth pillar "OPTION FOR THE POOR". The Mariasadhan ministry is successfully running with new initiatives. In the initiative of Jesus Youth, Christmas was celebrated in our cOLlege. We had created a beautiful crib, played a musical drama and organised several events tO celebrate the birth of our saviour. Ruth was the cOLlege one day prOgram held On December 16th March 2023. Its a prOgram Of the theme rediscOver yOur true herO. Students actively participated in it and realized GOd's lOve and jOined Jesus YOuth.

The Jaago Jesus Youth national conference India 2023 welcomed over 17,000 faithful from across India to 'wake up and reach out' as missionaries to proclaim the good news and spread the love of Christ. The conference took place in Bangalore from 21st to 24 th October, thanks to God's grace, 5 participants and 5 volunteers from our college attended the conference, a truly enriching experience. 2023, an initial retreat prOgramme cONducted fOr teenagers On 11th tO 14th April 2023 at Jyothi Public School, Paika . AbOut 300 teenagers tOOK part in this retreat. ThOse days were blessed with graceful sessions, games and a musical praise and wORship. COre Team Training 2023 was held at Carmel Public schOOL, Pala frOm 12th tO 15th Of August. AbOut 50 campus COre team members frOm various cOLleges acrOss pala participated in the prOgramme. With GOd's endearing mercy, F. I. G 2k23 was held at Mar Augustinus college, Ramapuram frOm August 25-28, in which arOund 100 zestful participants experienced the

lOve of GOd. There were participants and vOLunteers frOm AlphOnsa COLlege. Campus leaders training prOgramme was cONducted at Chavara CMI public schOOL frOm 7th to 10 th March 2024. There were participants and vOLunteers frOm Our cOLlege.



Core Team 2023-2024



Fellowship gathering



RUTH

ELECTORAL LITERACY CLUB

The Electoral Literacy Club at Alphonso College, Pala has been actively engaging students in promoting awareness and understanding of the electoral process, democratic principles, and civic responsibilities. Electoral literacy club of Alphonso college participated in various programmes conducted by SWEEP Kottayam of Election commission in connection with Puthupally by-election. These programmes were Pookkalam competition, Reels completion and Election Booth beautification. Our college participated in the Pookkalam competition organised by SWEEP Kottayam in connection with Puthupally by- election. The theme of this competition is 'Importance of Voting'. Students prepared a beautiful Pookkalam and tagged the photo of pookkalam in the instagram account of kottayam collector (@kottayam collector). We secured II prize in the competition. SWEEP Kottayam, has allotted Election booths of Puthupally constituency for colleges of Kottayam district for beautification prior to election on 5 September 2023. Alphonso college was allotted with 3 booths at St Thomas LP School, Amayanoor and one booth at CMS LP school Thiruvanchoor. Ms, Sunitha Santhan, coordinator of Electoral Literacy Club and Ms. Simimol Sebastian, NSS programe officer took the charge of beautification of booths in Amayanoor and Thiruvanchoor respectively. A comprehensive Voter Enrollment Drive was organised at Alphonso College with the aim of increasing voter awareness, encouraging eligible students to register, and fostering a sense of civic responsibility. The drive on 7 December, sought to empower students to actively participate in the democratic process by ensuring they were registered to vote in upcoming elections. We could enrol 74 students of our college and secured 11 positions among the colleges which had conducted Voter enrolment drive. National Voters Day was observed in the college by taking voters' pledge by the students, teaching and non teaching staff of the college on 25 January 2024.



Beautification of booth at Amayanoor



Booth beautification at Thiruvanchoor



Taking voters pledge on 25th January 2024

EK BHARAT SHRESHTHA BHARAT (EBSB)

Ek Bharat Shreshtha Bharat is a MHRD initiative for promoting national integration through systematic exchange between paired States in the cultural, literary and linguistic fields. EBSB club in association with College Union organised Maitri Mahotsav, a celebration of Republic Day and EBSB day on 25/01/2024. A painting competition and Quiz was conducted as part of the programme.

QUALITY CIRCLE

The Students Union and Quality Circle of Alphonsa College, Pala conducted a Debate Competition on the topic 'Is women empowerment a myth in developing countries' on 13 July 2023. Elizabeth Abraham, II DC Physics Model I and Neha Benny, II DC Chemistry won the First prize.

Quality circle students accompanied faculty members visited the Indian Institute of Information Technology, Valavoor, Kottayam on 15th March 2024. The team visited the Gyaan Innovation lab and interacted with the technical experts.



Students with faculty in IIIT K

CATHOLIC STUDENTS MOVEMENT (CSM)

CSM is a religious movement that encourages young people to live a fruitful, creative and fulfilling life. This life begins with a loving personal encounter with Jesus and continues as they grow in a spiritually within a community of like minded youngsters. Each person in the movement is supposed to live the faith everyday by sharing the gospel in today's diverse environment. CSM unit in Alphonsa College , Pala, aims at the spiritual development of Catholic students. The activities of CSM unit helps students to achieve the motto "Change the world by changing me" in their life.

The CSM activities of the year was inaugurated at Alphonsa College on July 27, 2023 by Msgr. Sebastian Vethanathu.



In the college chapel, CSM students gather every Thursday at 3:30 PM for sessions aimed at their spiritual growth. Led by CSM members, the activities include Adoration, Mercy Rosary, Bible reading, introductions to saints, motivational speeches, and games. The Catholic Students movement was introduced to first year undergraduate students and a video was made explaining each of its activities.

Under the leadership of CSM, around 20 students visited Koshuvinal Girls Town and celebrated Christmas with them. Under the leadership of CSM members, about 40 dresses were collected for the students.



On December 20, 2023, competitions for letter-writing to Infant Jesus, star-making, and card-making were held in the college auditorium. CSM & Jesus Youth organized a carol song competition and a dancing Santa competition. Each department of the college was represented by one team in these engaging events.



On February 29, 2024, at 3:30 p.m., a farewell gathering took place in the college chapel, opening with a prayer session. A special prayer was dedicated to the sisters pursuing higher education.



Led by CSM animator Dr. Sr. Sheena, an additional 12 members embarked on the 50th journey to Mount Thumpachi.

NATIONAL CADET CORPS (NCC)

The NCC Sub unit of Alphonso College Pala has a strength of 108 cadets and an officer. 50 cadets attended various Annual Training Camps this year. Cadets also got selected for Republic Day Camp, Special National Integration Camps, Ek Bharat Shresht Bharat Camps, Army Attachment, Tal Sainik and Republic day preparatory camps. The sub unit organized blood donation camp as part of world blood Donor day. They also initiated a fruit tree garden project Eden of ACP at SHLPS Ramapuram. Audio books were released to aid the needs of Visually challenged. The sub unit also organized an Anti Plastic campaign and distributed cloth bags to nearby household. The Charity Cell of Alphonso College NCC unit has been contributing to the financial needs of the less privileged to meet their medical expenses. The sub unit also joined hands with I Am Not Alone, an NGO to work towards a Hunger Free Kerala, by distriuting food packets on a monthly basis.

AWARDS & ACHIEVEMENTS

Lt Anu Jose, Associate NCC Officer of the College received Special Appreciation Award by the NCC Group HQ Kottayam

Sgt Devatheertha TP attended Special NIC Delhi and took part in the Prime Minister's Rally as part of Republic Day Camp 2024.

Received Special Appreciation from Pala Municipal Council for the social service initiatives undertaken by the sub unit.



Food Packet Distribution



Eden of ACP Fruit Tree Garden project at SHLPS Ramapuram



Book Donation



Special Appreciation from Pala Municipal Council for the social service initiatives undertaken by the sub unit



Sgt Devatheertha TP attended Prime Minister's Rally Republic Day Camp 2024



Lt Anu Jose, Associate NCC Officer of the College received Special Appreciation Award by the NCC Group HQ Kottayam



Mrs. Nisha Jose distributing prizes of Mime competition

WOMEN CELL

The Women Cell of Alphonsa College, Pala is supported by Kerala State Women's Development Corporation, Government of Kerala. The Women Cell organised a Legal Awareness Class on the 24th of July 2023. The class aimed to empower students with legal knowledge and foster awareness about crucial legal issues affecting women. A two-day National Seminar (7th and 8th September 2023) on 'Gender and Literature' conducted jointly by the Departments of Hindi and Malayalam and Women's Cell. Women Cell and Department of Zoology of Alphonsa College Pala, in association with the Heart Care Foundation, India, conducted a comprehensive program titled "Save A Life, Save A Lifetime." The focus of this event was on teaching the crucial life-saving technique of Basic Life Support and CPR. The Women's Cell and the Department of Economics, in collaboration with Sakhi, One Stop Centre, Kottayam, organised an impactful awareness class on "Domestic Violence as a Social Problem" as part of the International Day for the Elimination of Violence against Women. A ribbon embroidery workshop aimed at promoting creativity, skill development and empowerment among women. The session on "Stress Harmony: Unlocking Your Inner Calm" was organised by the Kerala State Women Development Corporation Ltd in association with the Women Cell of Alphonsa College, Pala. A Mime Competition was organised by Women Cell to promote gender equality and women's empowerment through the creative medium of mime. The awareness class on "Nutrition in Housewives for Healthier Living" in collaboration with Christuraj Social Service Society was held on March 25, 2024. Every year Women Cell releases a manuscript and for the year 2023-2024, it was released on April 4, 2024, titled "Aadhya."

NATIONAL SERVICE SCHEME (NSS)

NSS 2022-2023

No: of NSS units - 2, No of NSS volunteers: 200

Adopted Villages

1. Poovary 7 km away from Alphonsa College Pala)
2. Chittar (7 km away from Alphonsa College Pala)

Name of Programme Officers: Dr. Simimole Sebastian, Sr Jaimi Abraham

Name of Volunteer Secretaries: Asha V Martin, Alphiya Francis

Kavalipuzha Mini-beach Cleaning

NSS volunteers visited the Kavalipuzha mini-beach on 15th August 2023 and cleaned the premises to make it an attractive tourist spot. Twenty volunteers and the programme officers, Dr Simimole Sebastian and Sr Jaimi Abraham, spent 5 hours there from 10.00 am to 3.00 pm. The mini-beach, formed after the great flood of 2018, is now becoming a popular tourist site. The NSS unit of the college takes care of the beach and makes timely efforts to keep it attractive.



Snehavedu-Project 1

The blessing and the key handover ceremony of the first house (Snehavedu) built with the support of the NSS unit of the college in association with MG University NSS cell and K Chittilapally foundation was held on 16th

September 2022. His Excellency Mar Joseph Kallarangattu, the bishop of Palai diocese and the college patron, blessed the function and handed over the key. Rev Dr Joseph Thadathil, the manager; Rev Dr Shaji John, the principal; Rev Dr Jose Joseph; Dr E N Sivadasan, NSS university coordinator; the programme officers, representatives of teaching and non-teaching staff and NSS volunteers took part in the housewarming ceremony.



trees there are donated and planted by our NSS volunteers. This time, we could plant different fruit tree saplings with the assistance of the jail authorities.



Nature Camp

NSS volunteers and programme officers experienced the taste of nature through the camp conducted at Thattekkadu Salim Ali Bird Sanctuary from 8th to 10th December 2023. The camp was funded and organised by the Kerala Tourism Department. The days were filled with joy and enthusiasm in knowing and appreciating the wonders of nature through observation and learning.

Medical Camp

In association with Mitera Hospital, Thellakom, the NSS unit conducted a medical camp in the college on 9th November 2023. The camp started with an awareness class conducted by specialist gynaecology and gynecologic oncology doctors. Doctors in general medicine, dermatology, gynaecology and gynecologic oncology were available for consultation. Including the teaching and non-teaching staff and college students, almost 250 persons could take advantage of the camp.



Christmas Celebration with Differently Abled

NSS volunteers collected money by selling Christmas caps to provide gifts to differently-abled children at Shalom DCMR Puliyanloor. Unit members visited the children on 21st December and spent time with them. They rendered Christmas caps and cakes to the children as a token of our love and care towards them.

Fruit Tree Plantation

The NSS volunteers and programme officers visited the Pala sub-jail on 29th November 2023 and visited their vegetable and fruit tree garden. Many of the plants and



SC/ST MONITORING CELL

SC/ST monitoring cell of the college organised awareness programme for the SC/ST students of Alphonsa College, Pala on 04/03/2024 at 10.30am. Mr. Anoop Kumar P C, Tribal Extension Officer, Melukavu served as the resource person. He talked and discussed in detail regarding all permissible scholarships, financial assistance and other privileges for SC/ST students. Total 68 students and the coordinators of the SC/ST monitoring cell participated in the programme. The students had a useful interactive session with the expert resource person. The coordinators assured that the weaker section students would not be left behind in the learning as well as overall academic development processes.



Alstagia24 inauguration by Dr. B Sandhya IPS



ALPHONSA ALUMNAE ASSOCIATION

Alphonsa College has a registered Alumnae association and it is functioning effectively which provides an opportunity for former students and retired teachers to continue their bond with the college. The executive committee members met on 3 January 2024 and decided to conduct the Annual Alumnae meet on 26 January 2024.

The annual alumnae meet Alstagia 2024 was held on 26 January 2024 at the college auditorium. Rev. Dr. Shaji John, Principal of the college welcomed the gathering. Dr. B. Sandhya IPS was the chief guest and the keynote speaker. Alumnae association president, Dr. Ancy Joseph, Rtd Principal, S.D College, Kanjirappally presided over the function. The meeting honoured the former principals, 1964 pre degree batch and first batch degree students, prominent alumnae from various departments and the retired teachers. To make the get together more attractive and memorable, we conducted various games and competitions. Vice principal of the college, Rev. Dr. Manju Elizabeth Kuruvila proposed the vote of thanks.

STAFF ASSOCIATION

The Staff Association of Alphonsa College fosters a strong sense of unity and camaraderie among its staff members through a diverse range of welfare and leisure activities. By organising social events, recreational outings, and wellness programs, the association creates opportunities for staff to bond and develop a supportive community. These activities not only enhance personal well-being but also promote a collaborative work environment, where individuals feel valued and connected.



Staff association celebrated Teachers Day on 5/9/2023 by cake cutting and Dr. Mathew M Kuriakose, Principal St. Thomas HSS, Pala delivered a talk on "How to be a motivating Teacher".

Staff association co-ordinated an awareness programme "Bodhyam"- a gender responsive initiative in association with Kerala Police for the students to provide helplines under various discriminations. The programme was inaugurated by College Principal Dr. Shaji John and the awareness skit was presented by a team of Kerala Police.

Staff association organises Onam Celebration with an Onam Sadya on 24/08/2023, The Principal, Dr. Shaji John delivered the Onam message and teachers of Alphonsa College presented a beautiful Thiruvathira in Onam attire.

Staff Association honoured our former Manager, H E Rev. Dr. Joseph Pallikkapparambil, Bishop Emeritus on his golden jubilee celebration of episcopal ordination on 19/12/2023. The activities of the staff association also were inaugurated on 19/12/2023. H E Mar Joseph Pallikkapparambil initiated the Christmas celebration and delivered a beautiful Christmas message on that day.



PARENT TEACHER ASSOCIATION (PTA)

The Parent-Teacher Association of Alphonsa College has always extended wholehearted support and encouragement to all the activities and initiatives of the college, besides offering their own suggestions and feedback.

The Executive Committee of the Parent Teacher Association of Alphonsa College met several times over the academic year. An Executive meeting of the Parent Teacher Association of Alphonsa College was held on 10 February at 10.30 a.m. The Committee members expressed their appreciation for the activities of the college and approved the statement of income and expenditure to be presented before the Annual General Body meeting. The budget proposal for the forthcoming

year was also presented and approved.

The Annual General Body Meeting of the PTA was held on 10 February at 10.30 a.m. and was presided over by Dr. Augustine John, PTA Vice President. Dr. Shaji John, Principal, welcomed the gathering and Rev. Fr. Kuriackose Vellechalil, Bursar, offered felicitation. Dr. Sr. Minimol Mathew, Vice Principal proposed the vote of thanks. The PTA Report was presented by Dr. Ambili T.R., PTA Secretary and Assistant Professor of the Department of Zoology. The keynote address for the meeting was made by Dr. T.C. Thankachan, Principal, St. Thomas College of Teacher Education, Pala.



Dr. T.C. Thankachan delivering the Keynote Address

The election of new office bearers for the academic year 2023-24 was also held on the occasion. The following members were elected:

Vice President: Dr. Sunil Thomas (Father of Neha Mary Sunil, II DC Economics)

Joint Secretary: Ms. Jeena Jacob (Mother of Josmy Jacob, II DC Mathematics)

Members:

Mr. Eby J. Jose (Father of Liya Maria Jose, I PG English)

Dr. Sibi Joseph (Father of Elaine Sibi, II DC Physics)

Mr. Tom K. Mathew (Father of Richa Brigit Tom, II DC Chemistry)

Mr. Jayasankar Prasad (Father of Arya Jayasankar, II DC Botany)

The new office bearers extended all support and cooperation to the college in all its endeavours, ensuring their active presence whenever required.



Annual General Body Meeting

MOVIE CLUB

During the 2023-24 academic year, the Movie Club screened several films, each selected for their educational and engaging content relevant to the students' academic and personal development.

A significant event was the screening of "Life is Beautiful" in collaboration with the Department of English to commemorate Hiroshima Nagasaki Day. This film provides a poignant depiction of the Hiroshima and Nagasaki tragedies and the subsequent violence, offering students a deeper understanding of the historical context and the human impact of these events.



"Life is Beautiful," directed by Roberto Benigni and released in 1997, features Benigni in the lead role. The screening was well-received, with students watching the film with keen interest.

On 18th March 2024, the Movie Club screened "Death of a Salesman" for BA English Literature students to facilitate their understanding of literature and its cinematic adaptations. Many other interested students from various departments also attended the screening. The film directed by Volker Schlöndorff, features Dustin Hoffman in the lead role. The central plot of the movie is based on Arthur Miller's renowned play of the same name.

On 22nd March 2024, the Movie Club screened "Life of Pi" for students from all departments. Many students participated in the screening, finding the movie highly engaging and thought-provoking. "Life of Pi," directed by Ang Lee, features Suraj Sharma as the central character, Pi Patel. The film also includes notable performances by the Tamil actor Irrfan Khan, who portrays the adult Pi. The movie, based on Yann Martel's novel of the same name, explores themes of survival, faith, and the human spirit.

INNOVATION AND ENTREPRENEURSHIP DEVELOPMENT CENTRE (IEDC)

The IEDC of the college was inaugurated officially on 10/04/2023. College Principal Rev.Fr.Shaji John presided over the function. The occasion was marked by the esteemed presence of MLA Mani C Kappen, along with a captivating keynote address delivered by Smt Josin Bino. The event pulsated with the promise of fostering innovation and nurturing entrepreneurial spirit among budding minds. Municipal ward councillors Sri.Jimmy Joseph and Savio Kavukattu facilitated the function .



Official Inauguration Ceremony of IEDC in Alphonsa College Pala

IEDC student leads were given an opportunity to visit the Incubation Centre at IIIT Kottayam On 15/03/2024. The visit was really helpful for them to get an outline of the idea incubation



methods and how they can be practically implemented with technology assistance.

INTERNAL QUALITY ASSURANCE CELL (IQAC)

As a tribute to our late Bursar and Head of the Department of English, Rev. Dr. Jose Joseph, the college union collected food packets from students, teachers, and non-teaching staff on October 11, 2024, and distributed them at the Mariasadhanam. Over 400 packets were distributed during lunch, and the union members spent the day with the elderly and children.

IQAC organised a training program on Office ERP management for the office staff of the College on 17 June 2023. Mr. Robin T A, Infoweavers Technologies Pvt. Ltd., conducted the training program.

Faculty Development Program on Unveiling new Frontiers in Teaching, Learning and Research

IQAC organised a 5 day Faculty Development Programme on Unveiling new Frontiers in Teaching, Learning and Research. 80 teachers participated in the FDP.

Day 1-AI Tools in Education – Mr. Siju K S , Saint Gits College of Engineering, Kottayam 21/07/2023

Day 2- Professional Development Opportunities: Growing and learning as a leader - Prof. Jogy Alex, St. Thomas College, Pala , 24/07/2023

Day 3-AI Tools in Research Writing – Dr. Jasimudeen S, Librarian, St. Stephen's College, Uzhavoor, 02/08/2023

Day 4- Ethics in Research and Academic Publishing – Dr. Vimal Kumar V, M.G. University, Kottayam, 03/08/2023

Day 5- MGU- UGP Honours Regulations - Dr. Libin Kuriakose, St. Thomas College Pala, 15/03/2024

ACADEMIC AUDIT

IQAC conducted the Academic Audit for the year with Dr. Sunil C Mathew, Principal, Deva Matha College, Kuravilangadu, as the auditor during December 2023. All the departments made a Criteria wise presentation of the activities during the last five years. Following the audit, he gave a presentation on the SSR metrics and explained the process of preparation of SSR on 05/01/2024.

MoU with Indian Institute of Information Technology, Kottayam

An MoU was signed between the college and Indian Institute of Information Technology, Kottayam for opening new intellectual opportunities to our students. The MoU was signed between Dr. M. Radhakrishnan, Registrar, IIITK and Rev. Dr. Shaji John, Principal, Alphonsa College, Pala in the presence of Mr. Jose K Mani , M.P., Kerala and Dr. Rajiv V Dharaskar, Director, IIITK on March 1, 2024. College Bursar Rev. Shine Joseph, Vice Principals Dr. Sr. Minimol Mathew and Dr. Sr. Manju Elizabeth Kuruvilla, IQAC Coordinator Dr. Dani Mathew M and faculty members of both Institutes participated in the program.



Talk by Dr. Libin Kuriakose on FYUGP programme



MoU signing between Alphonsa College and IIITK

LIST OF TEACHERS PARTICIPATED IN FDP

Name of Faculty	Department	Name of the programme	Name of the organising Institute	Duration
Annu Paul	Computer Science	Online FDP on Moodle based Learning Management System and Course Design	KSHEC and SNGS College, Pattambi	18/08/2023-23/08/2023
Cincila T Joy	Physics	Online FDP on Moodle based Learning Management System and Course Design	KSHEC and SNGS College, Pattambi	18/08/2023-23/08/2023
Dr. Priya Antony	Physics	Online FDP on ChatGPT and AI for Educators	Marian College , Kuttikanam and KSHEC	14/06/2023-21/06/2023
Dr. Priya Antony	Physics	Online FDP on Moodle based Learning Management System and Course Design	KSHEC and SNGS College, Pattambi	18/08/2023-23/08/2023
Dr. Priya Antony	Physics	Orientation Programme	UGC- HRDC , University of Kerala	31/10/2023 - 29/11/2023
Rekha Mathew	Physics	Online FDP on Moodle based Learning Management System and Course Design	KSHEC and SNGS College, Pattambi	18/08/2023-23/08/2023
Dr. Vijutha Sunny	Physics	Online FDP on ChatGPT and AI for Educators	Marian College , Kuttikanam and KSHEC	14/06/2023-21/06/2023
Dr. Vijutha Sunny	Physics	Refresher course in Managing online classes and creating MOOC's	TLC Ramanujan College, New Delhi & Devamatha College, Kuravilangadu	07/10/2023-21/10/2023
Dr. Ambili T R	Zoology	Refresher Course in Life Science	UGC-MMTTC, University of Calicut	04/12/2023-18/12/2023
Dr. Dani Mathew M	Botany	FDP on OBE training for restructuring UG Programme	M G University, Kottayam	18/08/2023-23/08/2023
Dr. Dani Mathew M	Botany	FDP -MGU UG Honours Syllabus revision and OBE training	M G University, Kottayam	13/11/2023-17/11/2023
Dr. Dani Mathew M	Botany	Online FDP on ChatGPT and AI for Educators	Marian College , Kuttikanam and KSHEC	14/06/2023-21/06/2023
Dr. Dani Mathew M	Botany	Online FDP on Moodle based Learning Management System and Course Design	KSHEC and SNGS College, Pattambi	18/08/2023-23/08/2023
Dr. Maya George	Zoology	Refresher Course in Life Science	UGC-MMTTC, University of Calicut	04/12/2023-18/12/2023
Ms. Poornima Baby	Zoology	Refresher Course in Life Science	UGC-MMTTC, University of Calicut	04/12/2023-18/12/2023
Dr. Kochurani George	Chemistry	FDP -MGU UG Honours Syllabus revision and OBE training	M G University, Kottayam	13/11/2023-17/11/2023
Ms. Smitha Clary Joseph	Economics	Online FDP on Moodle based Learning Management System and Course Design	KSHEC and SNGS College, Pattambi	18/08/2023-23/08/2023
Ms. Smitha Clary Joseph	Economics	Online FDP on ChatGPT and AI for Educators	Marian College , Kuttikanam and KSHEC	14/06/2023-21/06/2023
Sr. Jaimi Abraham	English	Online FDP on Moodle based Learning Management System and Course Design	KSHEC and SNGS College, Pattambi	18/08/2023-23/08/2023
Ms. Kripa Vijayan	English SF	Online FDP on Unveiling Novel research insights through literary paradigms'	Nirmala College for Women, Coimbatore	04/03/2024-11/03/2024
Dr. Minu Joy	Physics	Online FDP on Moodle based Learning Management System and Course Design	KSHEC and SNGS College, Pattambi	18/08/2023-23/08/2023
Ms. Diana Elizabeth Jose	Chemistry	Refresher Course in environmental Studies	UGC- MMTTC, University of Calicut	06/10/2023-19/10/2023

LIST OF TEACHERS PARTICIPATED IN FDP

Swapna George	CND	FDP -MGU UG Honours Syllabus revision and OBE training	M G University, Kottayam	15/11/2023-21/11/2023
Ms. Smitha Clary Joseph	Economics	FDP -MGU UG Honours Syllabus revision and OBE training	M G University, Kottayam	13/11/2023-17/11/2023
Dr. Sr. Sonia K Thomas	Mathematics	FDP -MGU UG Honours Syllabus revision and OBE training	M G University, Kottayam	27/11/2023-01/12/2023
Ms. Manju Jose	Statistics	Online FDP on Moodle based Learning Management System and Course Design	KSHEC and SNGS College, Pattambi	18/08/2023-23/08/2023
Ms. Manju Jose	Statistics	Online FDP on ChatGPT and AI for Educators	Marian College , Kuttikanam and KSHEC	14/06/2023-21/06/2023
Dr. Sr. Sonia K Thomas	Mathematics	Online FDP on ChatGPT and AI for Educators	Marian College , Kuttikanam and KSHEC	14/06/2023-21/06/2023
Dr. Arya S	Mathematics	Online FDP on ChatGPT and AI for Educators	Marian College , Kuttikanam and KSHEC	14/06/2023-21/06/2023
Dr. Sr. Sheena Mathew	Mathematics	Online FDP on ChatGPT and AI for Educators	Marian College , Kuttikanam and KSHEC	14/06/2023-21/06/2023
Dr. Sr. Sonia K Thomas	Mathematics	Online FDP on Moodle based Learning Management System and Course Design	KSHEC and SNGS College, Pattambi	18/08/2023-23/08/2023
Dr. Sr. Sheena Mathew	Mathematics	Online FDP on Moodle based Learning Management System and Course Design	KSHEC and SNGS College, Pattambi	18/08/2023-23/08/2023
Dr. Anila Thomas	Malayalam	FDP -MGU UG Honours Syllabus revision and OBE training	M G University, Kottayam	27/11/2023-01/12/2023
Dr. Anila Thomas	Malayalam	Short term course in Curriculum Design and Outcome Based Education	UGC- HRDC , University of Kerala	02/08/2023-08/08/2023
Dr. Sr. Minimol Mathew	Malayalam	FDP -MGU UG Honours Syllabus revision and OBE training	M G University, Kottayam	27/11/2023-01/12/2023
Rekha Mathew	Physics	FDP -MGU UG Honours Syllabus revision and OBE training	M G University, Kottayam	13/11/2023-17/11/2023
Cincila T Joy	Physics	FDP -MGU UG Honours Syllabus revision and OBE training	M G University, Kottayam	13/11/2023-17/11/2023
Sunitha Santhan	History	FDP - Syllabus preparation of Four Year Under Graduate Programme of MG University	M G University, Kottayam	21/11/2023 - 25/11/2023
Sunitha Santhan	History	Online FDP on Moodle based Learning Management System and Course Design	KSHEC and SNGS College, Pattambi	18/08/2023-23/08/2023
Sunitha Santhan	History	Online FDP on ChatGPT and AI tools for Educators in line with OBE	KSHEC and St. Joseph's College, Irinjalakuda	19/07/2023 - 26/07/2023
Dr. Alphons George	History	FDP - Syllabus preparation of Four Year Under Graduate Programme of MG University	M G University, Kottayam	21/11/2023 - 25/11/2023
Dr. Alphons George	History	Online FDP on ChatGPT and AI tools for Educators in line with OBE	KSHEC and St. Joseph's College, Irinjalakuda	19/07/2023 - 26/07/2023
Dr. Sini Thomas	Physical Education	Online FDP on ChatGPT and AI tools for Educators in line with OBE	KSHEC and St. Joseph's College, Irinjalakuda	19/07/2023 - 26/07/2023

moulding
the complete Woman



Alphonsa College, Pala

Milestones

- 1964 Founding of the College. Our Founder Patron : Mar Sebastian Vayalil. Rt. Rev. Msgr. Philip Valiyil appointed as the Manager. Rev. Dr. N. M. Thomas appointed as the Principal. Rev. Fr. Joseph Kurias appointed as the Bursar.
- 1967 B.Sc. Mathematics, B.Sc. Physics, B.Sc. Chemistry, B.Sc. Botany, B.Sc. Zoology, B.A. English and B.A. Economics courses started.
- 1970 Inauguration of the Library and Auditorium Block.
- 1978 Starting of the College Canteen.
- 1981 B.A. History and M.Sc. Zoology courses started.
- 1983 Inauguration of the Bishop Vayalil Block.
- 1988 Celebration of the Silver Jubilee of the College.
- 1989 Inauguration of the Silver Jubilee Memorial Block.
- 1993 Computer Courses Started. Inauguration of the Conference Hall.
- 1994 Inauguration of the new Alphonsa Book Stall & Co-operative Store.
- 1995 M.A. Politics course started.
- 1996 Alphonsa Institute of Computer Studies started.
- 1998 B.Sc. Clinical Nutrition and Dietetics course started. Diploma course in Fashion Technology and Garment Designing started.
- 1999 College accredited by the NAAC.
O' Level Computer Course with recognition from Govt. of India started.
- 2000 B.Sc. Physics - Vocational with Computer Application started.
- 2001 Inauguration of the Alphonsa Fitness Centre.
- 2002 Full Accreditation to the 'O' level Computer Course.
- 2004 Inauguration of the Basketball court.
- 2004 Inauguration of the Alphonsa Block in Maria Sadanam.
- 2005 Inauguration of the College Website.
M. Sc. Clinical Nutrition course started.
Career oriented Add-on courses started.
All Kerala Bishop Vayalil Birth Centenary Memorial Intercollegiate Volleyball Tournament for Women instituted.
- 2007 College re-accredited by the NAAC.
- 2008 Inauguration of the UGC sponsored Centre for Gandhian Studies.
- 2009 Inauguration of the St. Alphonsa Birth Centenary Memorial Basket Ball Indoor Stadium.
- 2010 Construction of the new Administrative Block.
- 2013 College re-accredited by the NAAC.
M.A. English (SF), M.Sc Chemistry (SF) and B.Com (SF) Courses Started.
- 2014 Construction of the Golden Jubilee Memorial Building.
M.A. English Aided Course started.
Introduction of B.Voc Courses.
- 2015 Blessing and Inauguration of Golden Jubilee Memorial Block.
- 2017 Blessing and Inauguration of Elevator and Dress Bank.
B.Voc Courses were shifted to self financing stream.
- 2018 Blessing and inauguration of Chemistry PG laboratory
- 2019 College re-accredited (4th Cycle) by NAAC with A grade (CGPA 3.24). RUSA 2.0 funded
- 2020 Construction of Open Auditorium cum Volleyball Court, M A Econometrics course started
- 2021 RUSA funded Volleyball court construction. P G Dept. of Zoology upgraded as Research center
- 2022 New Rain water harvesting pit constructed.
- 2023 New Conference Hall & Open Gym Inaugurated.
- 2024 Blessing of St. Alphonsa Statue and Front Arch of College. Inauguration of Multimedia Theatre.

EDITORIAL TEAM

Dr. Minu Joy, Dept of Physics

Ms. Sunitha Santhan, Dept of History

Printed and published by,

Rev. Fr. Shaji John, Principal, Alphonsa College, Pala