

NATIONAL CADET CORPS

ALPHONSA COLLEGE PALA

2025-2026



ANNUAL REPORT 2025-26

The NCC Subunit of Alphonsa College, Pala, has continued to embody the organization's ideals in 2025-26, offering cadets diverse opportunities for growth and community service. The training year was marked by participation in institutional training, social service, adventure camps, and national-level programs, fostering physical and military discipline, patriotism, social responsibility, and leadership among members. Dedicated cadets and ANO collaborated to drive meaningful initiatives.

Building on past successes, the subunit has expanded its focus on environmental sustainability and community welfare. Cadets have taken up initiatives like tree planting drives, cleanliness campaigns, and awareness programs on renewable energy and waste management. These efforts reflect the subunit's commitment to social responsibility and nation-building.

The subunit's activities have also promoted unity and camaraderie among cadets from diverse backgrounds. Through team-building exercises and community service projects, they have developed essential life skills like leadership, communication, and problem-solving. The NCC motto, "Unity and Discipline," remains the guiding force behind these efforts, inspiring young minds to contribute to national development.

As the subunit looks ahead, it remains committed to nurturing responsible citizens who embody the values of service, discipline, and patriotism. With its strong track record and dedicated team, the NCC Subunit of Alphonsa College, Pala, is poised to continue making a positive impact in the community and beyond. The subunit's efforts will undoubtedly inspire future generations to strive for excellence and contribute to India's growth and development.

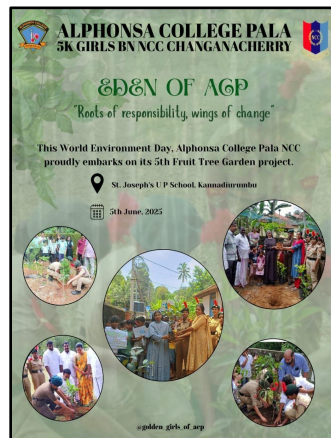
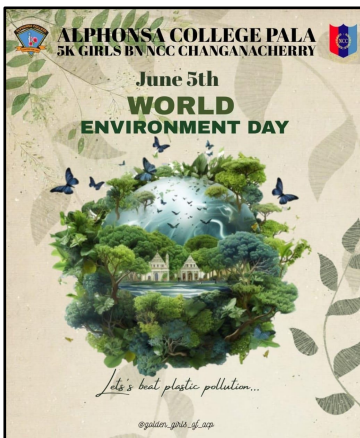
HIGHLIGHTS OF THE YEAR

ENVIRONMENT DAY

EDEN OF ACP

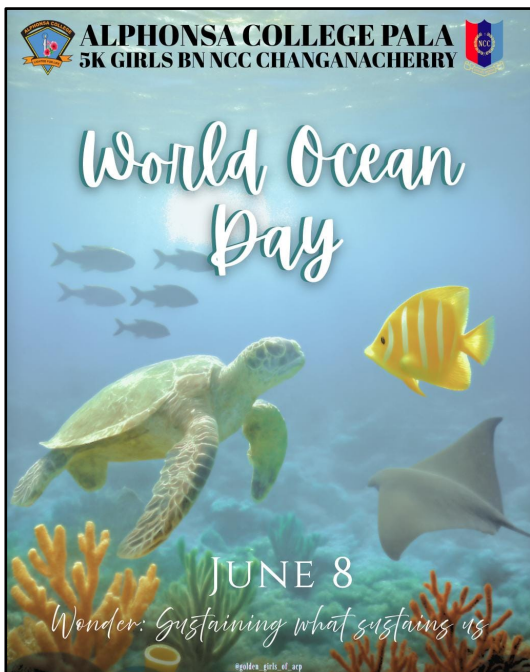
World Environment Day is celebrated every year on June 5th to raise global awareness about environmental protection and to inspire positive action for the planet. In observance of this day, the NCC Sub Unit of Alphonsa College Pala organized a tree plantation program under the 'Eden of ACP' project at St. Joseph's UP School, Kannadiyumbu.

The program commenced with a brief awareness session highlighting the importance of preserving nature and the adverse effects of deforestation. The session aimed to educate and inspire school students to become responsible stewards of the environment. Following the session, a tree plantation drive was carried out in the school compound, where saplings were planted with active participation from students and cadets. The event concluded with a collective pledge by all participants to nurture the newly planted trees and to continue promoting environmental sustainability within their communities



OCEAN DAY

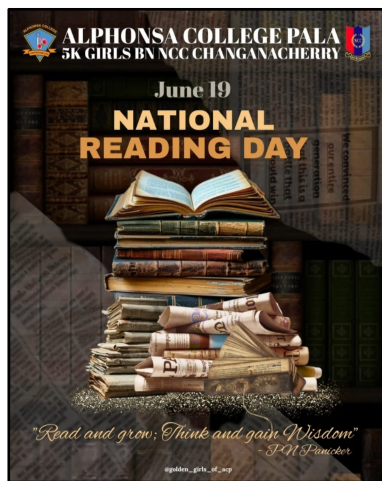
World Ocean Day, observed annually on June 8, underscores the indispensable role of oceans in sustaining life and advocates for unified global action to safeguard marine ecosystems. In alignment with this global initiative, the National Cadet Corps launched its flagship initiative, Puneet Sagar Abhiyan, on December 1, 2021. This nationwide campaign is dedicated to cleaning sea shores, beaches, rivers, lakes, and other water bodies by removing plastic and other waste materials. Marking this occasion, the NCC Sub-Unit of Alphonsa College, Pala, actively participated in the Puneet Sagar Abhiyan, thereby contributing to the conservation of marine ecosystems. As part of this initiative, 18 cadets undertook a plastic waste cleanup drive, successfully collecting 7.6 kilograms of plastic waste. Their efforts exemplify a meaningful step toward environmental stewardship and sustainable development



READING DAY

As part of the World Reading Day celebrations, the NCC sub-unit of Alphonso College, Pala, under 5 Kerala Girls Battalion NCC, Changanacherry, undertook a meaningful outreach initiative by setting up a Mini Library at Government UP School, Poovarani on June 19, 2025. In addition, a few audiobooks were also released on the occasion. A total of 50 carefully selected books, ranging from children's literature, story collections and educational resources to inspiring biographies, were donated to the school as part of this initiative. The cadets actively participated in the event, interacting with the schoolchildren to share the significance of reading in personal growth and education. The initiative was well-received by the school authorities and students, who expressed heartfelt gratitude for the thoughtful gesture.

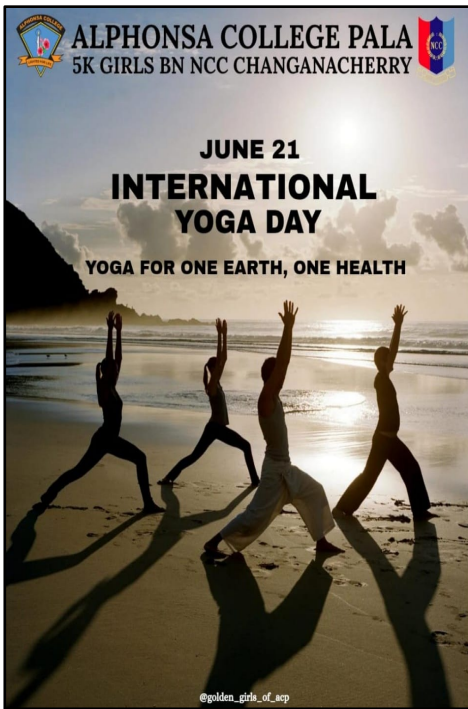
This programme reflects the commitment of the NCC cadets of Alphonso College to community engagement and nation-building through education and empowerment.





YOGA DAY

As part of International Yoga Day, the NCC sub-unit of Alphonsa College, Pala, under the 5(K) Girls Battalion, Changanassery, organized a vibrant celebration on June 21, 2025. The event saw the enthusiastic participation of 50 cadets, who actively took part in a well-structured yoga session held on the college campus. The celebration commenced with a brief talk on the importance of yoga in enhancing physical health, mental clarity, and emotional balance. Cadets then performed a series of asanas, pranayama techniques, and concluded with meditation. The event successfully emphasized the core message of 'Yoga for One Earth, One Health,' promoting both individual well-being and collective harmony. In preparation for the event, a 14-day yoga training program was conducted for the cadets. This training not only familiarized them with various asanas and breathing techniques but also instilled the discipline and mental focus that yoga cultivates.



ANTI DRUGS DAY

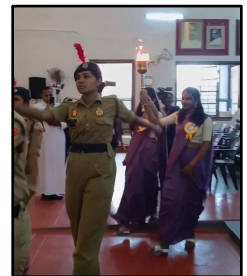
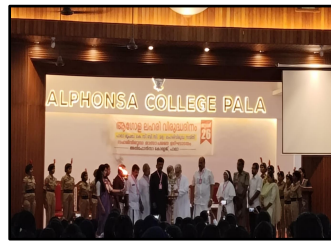
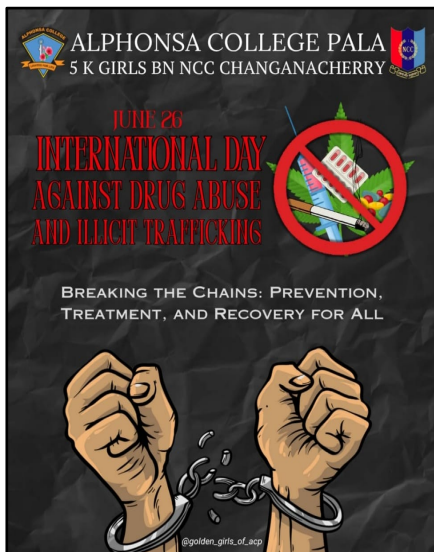
Every year June 26 is globally observed as International Day against Drug Abuse and Illicit Trafficking by The General Assembly to create awareness about issues related to drugs and to strengthen action and cooperation in achieving a world free of drug abuse.

As part of this, the cadets of the NCC Subunit of Alphonso College, Pala, actively participated in a marathon conducted by the Department of Sports and Physical

Education, aimed at spreading awareness about embracing the spirit of youth and positivity among students, as opposed to drug use.

We also joined hands with the KCBC of the Diocese of Pala for the inauguration of the anti-drug campaign 'Lahari Virudha Masacharanam', held at Alphonsa College, Pala. The event was graced by esteemed dignitaries including Honourable MP Francis George, MLA Mani C. Kappen, Sri. Thomas Peter (Chairman, Pala Municipality), Rev. Fr. Joseph Pullukalayil (Corporate Educational Agency Secretary of Diocese of Pala), and Sri. Jaksi Joseph, AEJ.

In addition, we participated in an online session with the Honourable Chief Minister and the Minister for Education, which emphasized the importance of anti-drug awareness. The day concluded with an oath-taking ceremony, reaffirming our commitment to a drug-free society.



MSME DAY

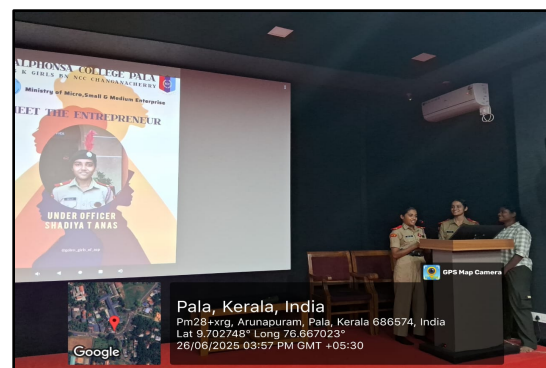


June 27 was designated as International MSME Day in 2017 by the United Nations. This year, the Ministry of MSME is celebrating 'Udyami Bharat – MSME Day.' The

theme for 2025 focuses on "Enhancing the role of MSMEs as drivers of Sustainable Growth and Innovation."

As part of this, the NCC Subunit of Alphonsa College, Pala conducted different activities to spread awareness about the importance of MSMEs.

Cadets conducted classes on various programs and schemes by the Ministry of MSME, Government of India, to promote the growth and development of this sector. We also conducted "MEET THE ENTREPRENEUR" a session where UO Shadhiya T Anas and L/CPL Arunima Jayan shared their experience of being Entrepreneurs encouraging others to develop their skills and to become financially independent.

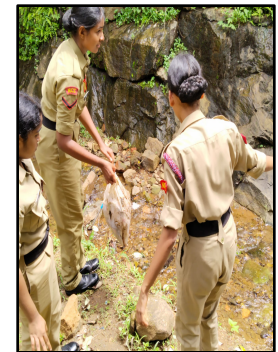


PLASTIC BAG FREE DAY

As part of the observance of Plastic Bag Free Day, the NCC sub-unit of Alphonsa College, Pala, 5 Kerala Girls Battalion NCC, Changanacherry organized a series of meaningful and environmentally conscious activities aimed at promoting sustainable living and spreading awareness on the harmful effects of plastic pollution.

The cadets actively participated in the making and distribution of eco-friendly alternatives such as cloth bags and paper bags. These bags were distributed among the public, teaching faculty, and student community to encourage the habit of reducing plastic usage in daily life. The initiative was received with enthusiasm and appreciation, highlighting the importance of small individual actions in creating a larger environmental impact.

The cadets also undertook a waterbody cleaning drive under Puneet Sagar Abhiyan, a flagship campaign by NCC to rid India's water bodies of plastic and other pollutants. The cadets, with unwavering dedication, cleaned the nearby water bodies, removing plastic waste and sensitizing the local community about the urgent need to protect our aquatic ecosystems.



SICKLE CELL ANEMIA AWARENESS

Sickle cell anemia is a genetic disorder affecting hemoglobin production. It causes red blood cells to misshapen, breaking down and leading to anaemia, pain crises, infections, and other complications, impacting quality of life and requiring ongoing medical management.

To spread awareness on Sickle Cell Anemia, the cadets of NCC sub unit Alphonsa College Pala, took an awareness session, enlightening the general public towards the national mission to eliminate sickle cell anemia.



**"Sickle cell anemia is not a barrier to
success, it's a hurdle to overcome"**

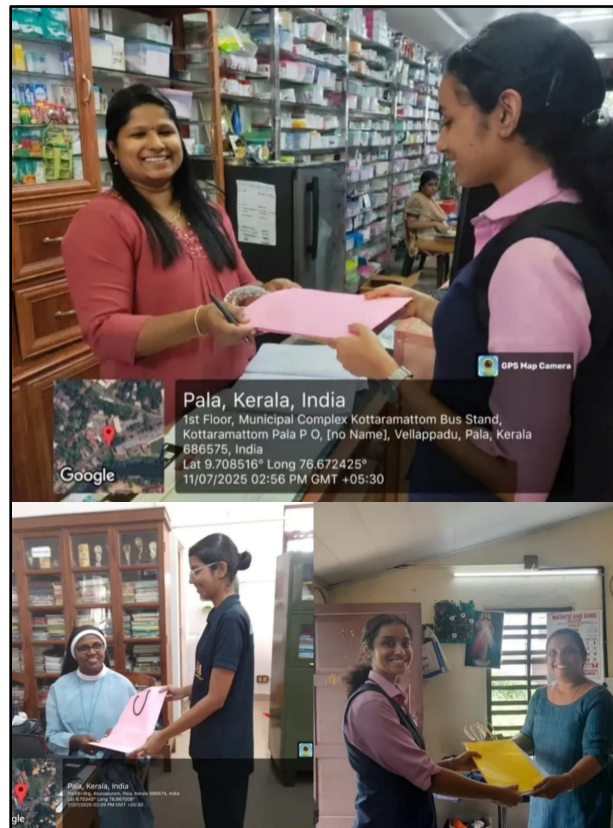
@golden_girls_of_acp



PAPER BAG DAY

Paper Bag Day, observed on July 12, is dedicated to raising awareness about the harmful effects of plastic pollution and encouraging the use of eco-friendly alternatives like paper bags. This day emphasizes the importance of adopting sustainable practices to protect the environment and reduce our reliance on single-use plastics.



In observance of the day, the NCC Sub Unit of Alphonsa College, Pala conducted a meaningful initiative where 40 cadets took part in making handmade paper bags. These bags were then distributed to the public in exchange for a small contribution, helping raise funds while promoting the use of environmentally friendly products.



YOUTH SKILL DAY

World Youth Skills Day, observed on July 15th, emphasizes the significance of skill development for the betterment of youth and the promotion of entrepreneurship. The day highlights the importance of equipping young individuals with essential abilities to build a more empowered and self-reliant future.

In observance of this day, the cadets of NCC Sub Unit, Alphonsa College Pala, organized a week-long martial arts training program from July 15th to July 21st. A total of 17 students participated in the session. The program was led by Under Officer Shadiya T Anas and Lance Corporal Arunima Jayan, who ensured its smooth execution and effective training.

 **ALPHONSA COLLEGE PALA** 
5 K GIRLS BN NCC CHANGANACHERRY


YOUTH SKILL DAY 2025

**TRAINING
IN MARTIAL
ARTS**

TRAINERS
UO SHADHIYA T ANAS
L/CPL ARUNIMA JAYAN

STARTS ON : 15/07/2025
DURATION : ONE WEEK
No registration fee/No course fee

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NATIONAL FLAG DAY

National Flag Day serves as a reminder of the pride and unity our tricolor represents. On this occasion, the cadets of the NCC Sub Unit at Alphonsa College, Pala, distributed the national flag to local residents. To further spread awareness, they also created a documentary highlighting the importance of the day.

On the occasion of National Flag Day, the cadets of the NCC Sub Unit at Alphonsa College, Pala, distributed the national tricolor flag among the local community. To further raise awareness about the significance of the day, they also created a documentary highlighting its importance.

https://youtu.be/D9RPBEIdo7c?si=hEZxadmJ2SvSw_fy



KARGIL VIJAY DIWAS

Kargil Vijay Diwas, observed on July 26th, honours the bravery and sacrifice of Indian soldiers in the 1999 Kargil War. This day stands as a tribute to the unparalleled bravery, sacrifice, and unwavering spirit of the Indian soldiers who fought valiantly to safeguard the nation's sovereignty in the harsh terrains of Kargil, Ladakh.

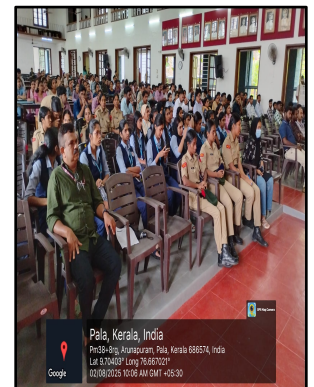
To mark the occasion, the NCC Sub Unit of Alphonso College, Pala, organized an auditorium program featuring a mime, group song, group dance, and solo dance performances—all reflecting deep patriotism.

A candle-lighting ceremony was also held in remembrance of the fallen heroes. Additionally, a documentary prepared by the cadets was screened, highlighting the significance of the day and the valour of our armed forces.



VOLUNTEER DUTY FOR PRAYUKTHI

On August 2, 2025, the National Employment Service (Kerala), District Employment Exchange, Kottayam, and Model Career Centre Kottayam, in association with Alphonsa College, conducted "PRAYUKTHI 2025," a mega job fair, where almost 50 companies participated. As part of this, the cadets of the NCC Sub Unit of Alphonsa College, Pala, actively participated in organizing the event. The program started at 9:30 AM with an inauguration ceremony, where MLA Mani C Kappan and Shri Thomas Peter (Chairman, Pala Municipality) were present. Cadets were allotted to guide interviewees at each room and to distribute food and refreshments. The enthusiastic participation of each volunteer helped in the proper functioning of the program and made it a great success. The event provided a valuable platform for job seekers to interact with potential employers, and it was widely appreciated by the participants.



HIROSHIMA DAY



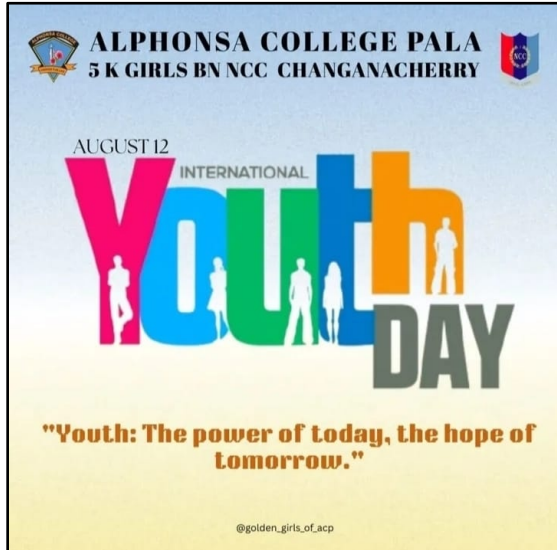
On August 6th, our NCC unit commemorates Hiroshima Day. Standing firm on the ideal of 'Unity and Discipline,' we pledge to stand for peace. We are committed to building a peaceful world for future generations.



INTERNATIONAL YOUTH DAY

As part of International Youth Day 2025, the NCC Sub Unit of Alphonso College, Pala conducted Expertise 5.0, a skill development program where cadets take different skill-oriented sessions to the college students. This year we offered five different courses - Basic communication, Self-defence, Drawing, Music, and embroidery. This year 24 students registered and classes were

conducted from 01/08/2025 to 12/08/2025. These classes are free and certificates were provided for the participants. The program aimed to empower youth with essential skills, boost their confidence, and enhance their overall personality. The sessions were well-received by the students, who appreciated the opportunity to learn new skills and interact with the NCC cadets.



ALPHONSA COLLEGE PALA
5 K GIRLS BN NCC CHANGANACHERRY

AS PART OF INTERNATIONAL YOUTH DAY
LAUNCHING
EXPERTISE 5.0
SKILL DEVELOPMENT PROGRAM

BASIC COMMUNICATION


SELF DEFENCE

MUSIC

DRAWING

EMBROIDERY

JOIN NOW



SCAN THE QR CODE
TO REGISTER

01/08/2025 - 12/08/2025

3:45 PM - 4:30 PM

All courses are free

Certificates will be provided
after the course

@golden_girls_of_acp



INDEPENDENCE DAY

Every year on 15th August since 1947, India celebrates its Independence Day. This year marks the 79th anniversary, serving as a reminder of the values of freedom, democracy, and patriotism. As part of the celebration, the cadets of the Alphonsa College Pala NCC Sub-Unit paid tribute to the national flag and sang the National Anthem. Flags were distributed throughout the college. Cadets actively participated in the 'Selfie with the National Flag' campaign and conducted a 'Har Ghar Tiranga'

rally in association with the NSS unit, in which 90 cadets took part, respectfully honoring the brave hearts behind India's independence.



NATIONAL SPACE DAY

As part of National Space Day, the NCC subunit of Alphonsa College, Pala, conducted various programs to commemorate India's remarkable achievements in space exploration. India and its space missions are continually improving and contributing to global development, inspiring a new generation of scientists and engineers. The cadets celebrated this day by organizing awareness classes, where they discussed India's space milestones, such as the Mangalyaan mission and Chandrayaan's lunar discoveries. Additionally, we created a documentary video showcasing India's space journey and its impact on society. Through these initiatives, the cadets aimed to spread awareness about the importance of space research and its applications in everyday life. The event was a huge success, sparking interest and enthusiasm among students about India's space program and its potential to shape the future.

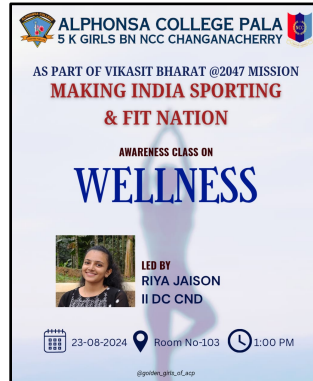


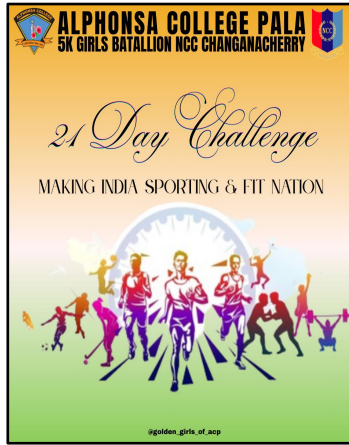
NATIONAL SPORTS DAY



National Sports Day, observed on August 29 every year, marks the birth anniversary of hockey legend Major Dhyan Chand. Recognised nationally since 2012, the day highlights the importance of sports and fitness, and in 2019 it also served as the launch of the Fit India Movement. In connection with this, and under the Vikas

Bharat @2047 Mission, the Cadets of Alphonsa College, Pala, took the initiative to spread awareness about wellness. As part of this, a Fit in 21 Challenge was conducted, motivating students to adopt healthy routines. In addition, Cadet Riya Jaison led a seminar on wellness, open to the entire college, encouraging discussions on fitness and lifestyle. Through these initiatives, the cadets showcased their commitment and support towards the national vision of making India a fit nation.





PM JAN AAROGYA YOJANA

Pradhan Mantri Jan Arogya Yojana (PM-JAY), under the Ayushman Bharat scheme, is India's largest government-funded health insurance programme, providing up to ₹5 lakh per family annually for free treatment at empanelled hospitals, ensuring quality healthcare for the poor and vulnerable. As part of our community outreach, the NCC Sub Unit actively assisted local residents in understanding the scheme, its benefits, and the process of availing services. Cadets guided individuals in verifying their eligibility and motivated them to make use of the facilities available under PM-JAY, thereby encouraging more eligible people to take advantage of the scheme.



TEACHERS DAY

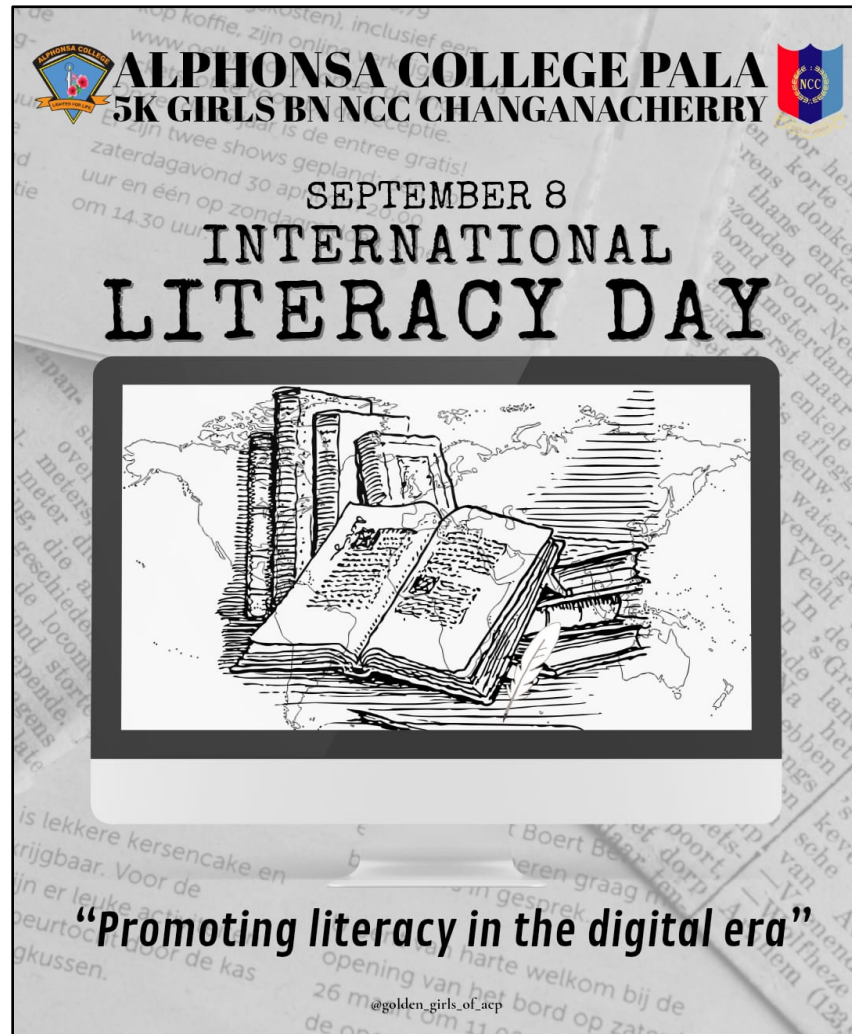
In India, Teachers' Day is celebrated on September 5th to mark the birth anniversary of Dr. Sarvepalli Radhakrishnan, a renowned scholar, philosopher, and the second President of India, and this occasion is highlighted through a digitally released poster celebrating teachers' invaluable contributions, guidance, and mentorship.



LITERACY DAY

International Literacy Day serves as a reminder of the importance of literacy in empowering individuals and communities. Kerala has made remarkable strides in promoting literacy, achieving one of the highest literacy rates in India. This day highlights our collective responsibility to continue fostering educational opportunities for all, ensuring that everyone can access the tools necessary for

lifelong learning. Awareness was raised through the posters created regarding the importance of literacy and International Literacy Day.

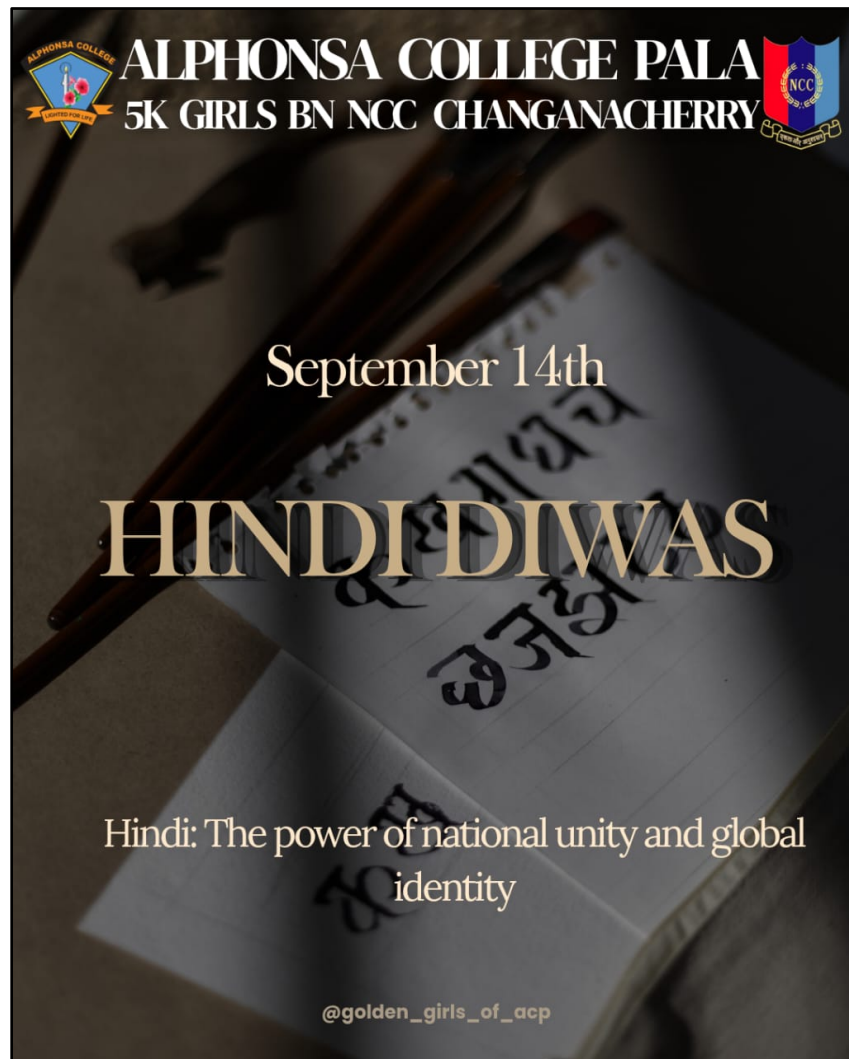


HINDI DIWAS

Hindi Diwas is celebrated on September 14th to honor the significance of the Hindi language in India's cultural and linguistic heritage. This day serves as a reminder of the importance of promoting Hindi as a means of communication and unity among diverse communities. It encourages appreciation for the richness of Hindi literature

and the vital role it plays in shaping national identity. Posters were created and circulated commemorating the day.

<https://x.com/PalaNcc/status/1967216877039710378?t=he2w9HzVSxBnSMD5Y9h8hw&s=19>



RIVER DAY

World Rivers Day, observed on the fourth Sunday of September every year globally, aims to celebrate our waterways and raise public awareness about the importance of rivers for life and the environment. As part of this year's River Day on September

28, cadets of Alphonsa College Pala NCC conducted a river cleaning drive, which aimed to make the nearby water bodies clean. The initiative not only focused on removing waste and debris from the riverbanks but also highlighted the significance of preserving our natural resources. By organizing such events, we can foster a sense of responsibility towards our ecosystem and work towards a sustainable future.

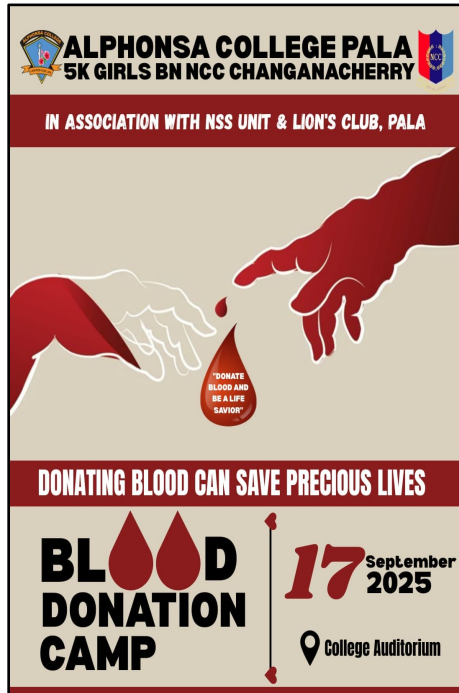
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BLOOD DONATION CAMP

The NCC Subunit of Alphonsa College Pala, in association with the NSS Unit and the Lion's Club Pala, organized a Blood Donation Campaign on 17th September 2025 at the college auditorium. A total of 22 cadets came forward to donate blood,

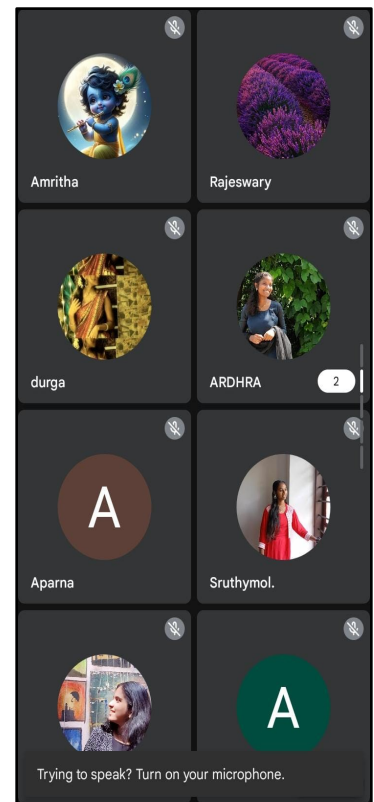
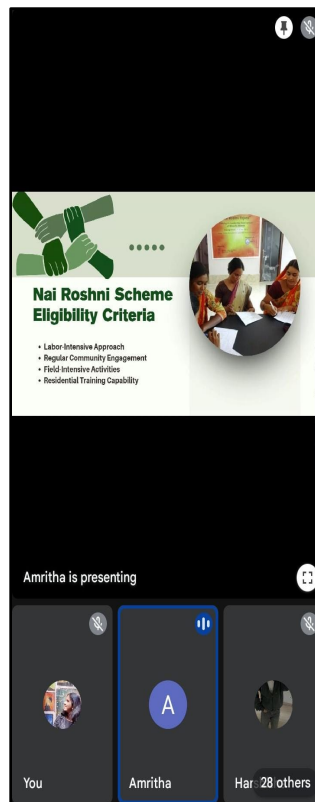
marking their active participation in this noble cause. The campaign reflected a spirit of unity and compassion, turning blood donation into a celebrated act of service. It emphasized the value of voluntary contribution, inspiring the youth to view blood donation as a selfless gesture of human kindness and a responsibility towards society.



WEBINAR ON NAI ROSHNI SCHEME

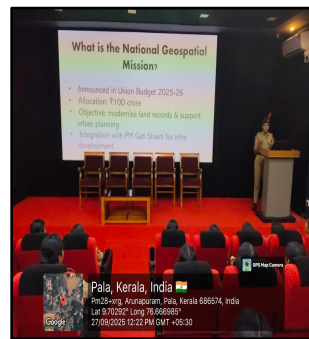


The NCC subunit of Alphonsa College Pala organised a webinar to familiarise students with the Nai Roshni scheme, an initiative for the leadership development of minority women. Ms. Amrutha N S highlighted how the scheme empowers women through training in financial literacy, legal rights, and digital skills, and also explained its merger under the PM VIKAS programme. A total of 31 cadets joined the meeting and benefited from the session.



NATIONAL GEO -SPATIAN MISSION

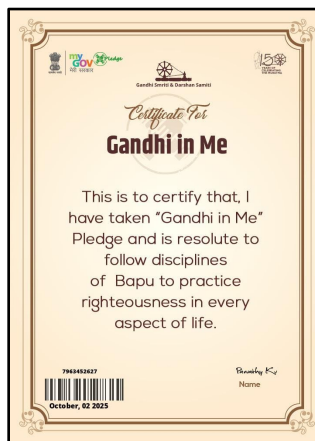
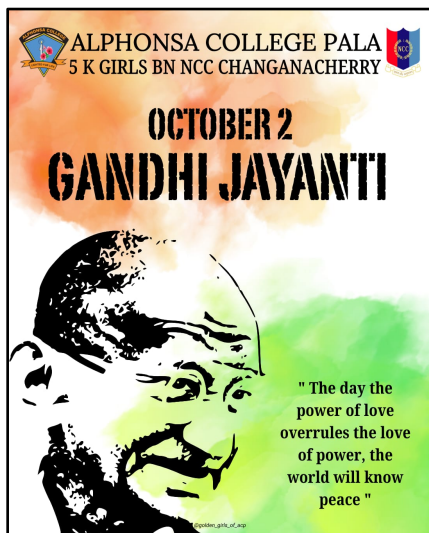
The National Geospatial Mission is a vital initiative that leverages geospatial technology to modernize land records, enhance urban planning, and drive sustainable development. By harnessing the power of geospatial data, the mission aims to improve decision-making, governance, and public service delivery. On 27th September 2025, a seminar was conducted by Cadet Shreya Sudheer, reflecting on the mission's potential to transform various sectors, including agriculture, transportation, and urban development. The initiative's focus on data-driven governance will likely have a significant impact on the country's development, promoting efficiency, transparency, and accountability. A total of 80 cadets participated in this event, engaging in insightful discussions and gaining valuable knowledge about the mission's objectives and applications.

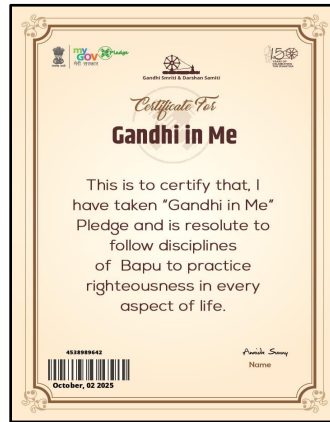




GANDHI JAYANTI

As part of this year’s Gandhi Jayanti celebrations, the Alphonsa College Pala NCC Subunit organized an open workshop on paper bag making for all students, equipping participants with a practical skill while promoting eco-friendliness and reducing plastic use. The hands-on activity fostered creativity and encouraged environmental responsibility. Cadets also took the “Gandhi in Me” online pledge, reaffirming their commitment to Gandhi’s values of truth, simplicity, and service. Furthermore, under the Swabhav Swachhta, Sanskar Swachhta scheme, cadets led a used plastic bag collection drive in the nearby locality, thereby promoting cleanliness, community service, and civic responsibility. This multifaceted initiative sought to inspire a deeper connection with Gandhi’s ideals and highlight their continued relevance in contemporary times.



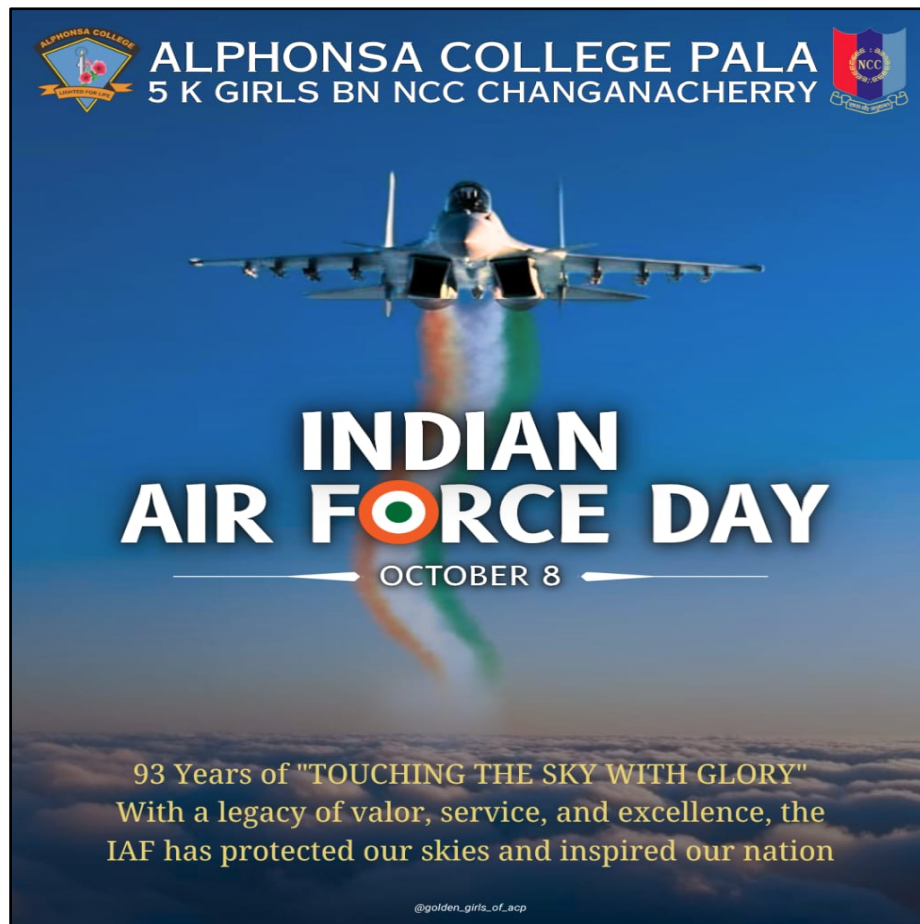


AIRFORCE DAY

Indian Air Force Day is celebrated annually on October 8 to commemorate the establishment of the Indian Air Force (IAF) in 1932. The day honors the bravery, service, and achievements of IAF personnel in protecting India's airspace and ensuring national security.

The NCC cadets of Alphonsa College Pala created a documentary on Air Force Day, showcasing the history and significance of the Indian Air Force, its achievements, and its role in protecting the nation's airspace. The documentary highlighted the bravery and dedication of IAF personnel, as well as the contributions of NCC cadets

in promoting patriotism and national integration. Through this project, the cadets aimed to inspire their peers and the community to appreciate the sacrifices and services of the Indian Air Force.



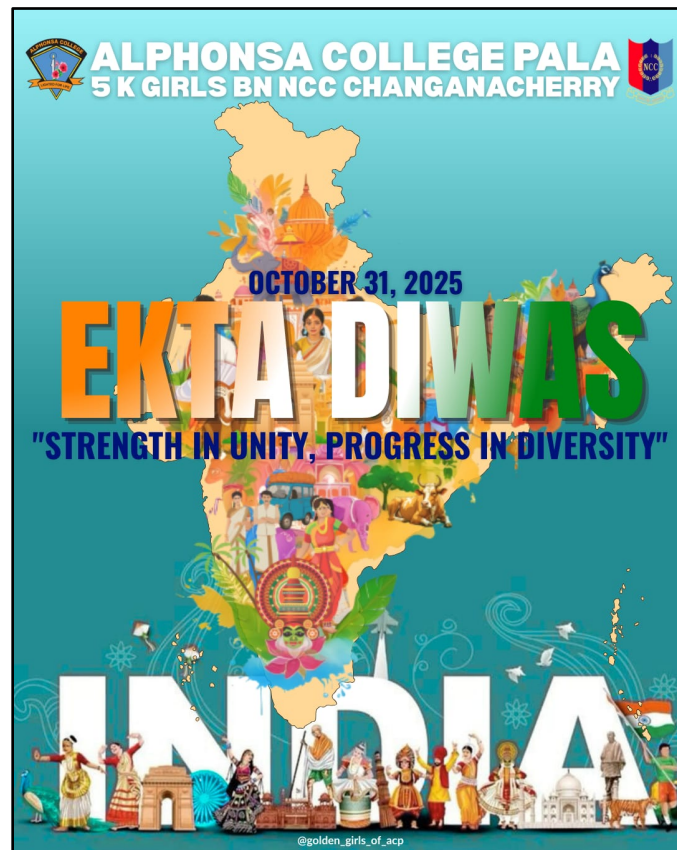
EKTA DIWAS

On October 31, the NCC Sub Unit of Alphonso College, Pala observed Rashtriya Ekta Diwas (National Unity Day) to honour the birth anniversary of Sardar Vallabhbhai Patel, the Iron Man of India.

To mark this occasion, the NCC cadets organized a vibrant cultural exchange program showcasing the traditions, attire, and art forms from different states of India. Each group of cadets represented a state, celebrating the beauty of India's diversity through performances, songs, and presentations.

The event reflected the true spirit of unity in diversity and strengthened the bond of togetherness among the cadets. It reminded everyone that despite our varied cultures, we all stand united as proud citizens of one nation.

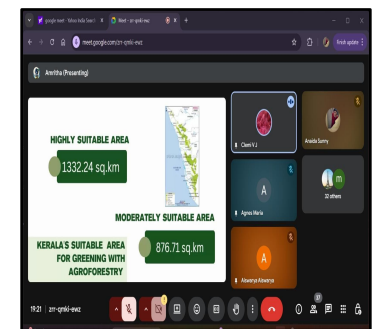
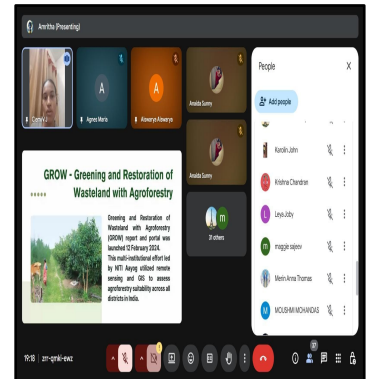
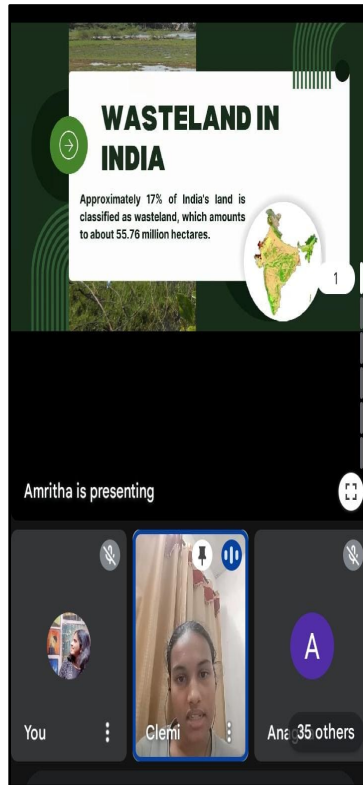
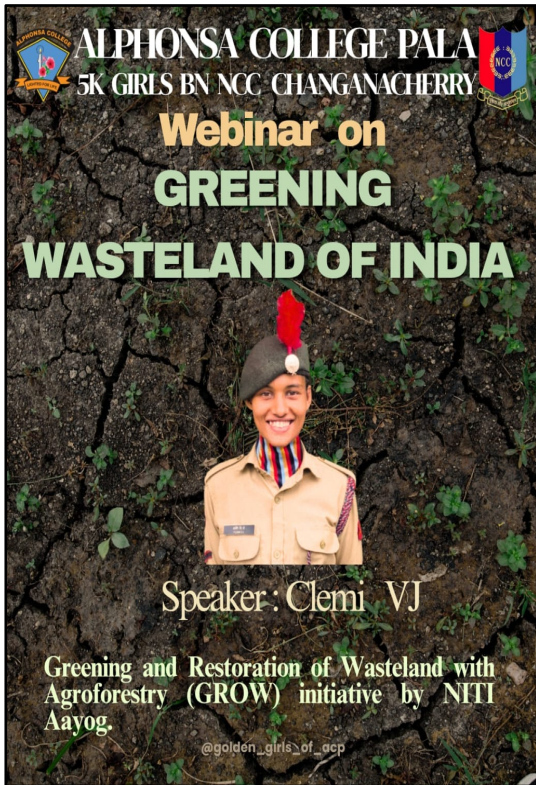
<https://www.instagram.com/reel/DQhKzBFEurl/?igsh=MnozdwVtamZzN3cw>



GREENING WASTELAND OF INDIA

The NCC Subunit of Alphonsa College, Pala, conducted a webinar on “Greening India’s Wastelands” and related initiatives for wasteland restoration on October 14, 2025. The session was led by L/CPL Clemi V J, who emphasized the importance of restoring wastelands and their impact on the environment and economy. The webinar

also highlighted the GROW (Greening and Restoration of Wastelands with Agroforestry) initiative, which promotes sustainable land use through agroforestry and community participation. Around 40 cadets attended the session and benefited from it.



VBYLD - ONLINE QUIZ

The Viksit Bharat Young Leaders Dialogue(VBYLD) 2026, an online quiz, conducted under the Ministry of Youth Affairs and Sports, had the participation of 100 cadets from Alphonsa College, Pala NCC Subunit. Held from 1st September to 31st October 2025, the quiz aimed to engage India's youth in the nation-building process. It assessed participants' knowledge of India's development goals and progress through 20 multiple-choice questions. All 100 participants received e-certificates upon completion, recognizing their enthusiastic participation and efforts.

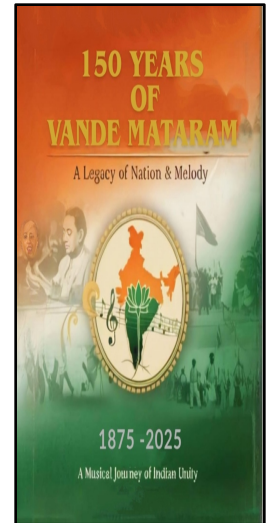
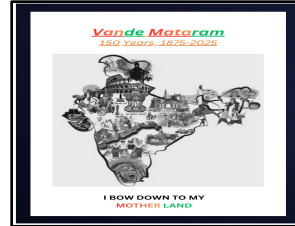
This initiative fostered knowledge, encouraged active participation, and promoted leadership among the youth, contributing to India's journey toward becoming a developed nation by 2047.



VANDE MATARAM – 150th YEAR CELEBRATION

Vande Mataram, meaning “I bow to thee, Mother,” is a revered patriotic song composed by Bankim Chandra Chatterjee in the 1870s. First featured in his celebrated novel *Anandamath*, the song later emerged as a powerful emblem of India’s freedom movement. It venerates the motherland as a divine goddess, symbolizing unity, strength, and unwavering devotion to the nation. Even after a century and a half, its profound lyrics and soulful melody continue to evoke a deep sense of patriotism and national pride among Indians.

In commemoration of the 150th anniversary of “Vande Mataram,” the cadets of Alphonsa College, Pala, undertook various initiatives to mark this historic milestone. As part of the celebration, on 7th November, the cadets created awareness among the public about the significance of this year’s occasion and inspired students, Principal, Vice Principals and the faculty members to join in singing the patriotic anthem, thereby rekindling the spirit of national unity also an online poster making competition was held on 9th November, aiming to spread awareness about the song’s cultural and historical significance while fostering patriotism among students. Students participated with great enthusiasm, displaying remarkable creativity and national pride through their artworks.



NATIONAL INTEGRATION DAY

National Integration Day, observed on November 19, commemorates the birth anniversary of India's first woman Prime Minister, Indira Gandhi. It promotes unity, integrity, and solidarity among India's diverse communities, fostering a sense of national identity and pride.

<https://open.spotify.com/episode/5G5AIYhfmdMkBsI9M8FIDc?si=7DVRqHBtTVef6toPB54PqQ>



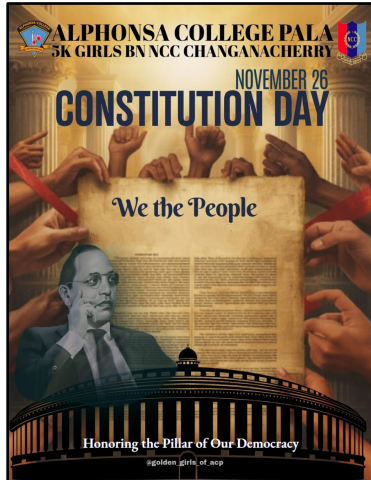
CONSTITUTION DAY

We celebrate Constitution Day to honour the adoption of India's supreme law on 26 November 1949. The day reminds us of the core values of justice, liberty, equality, and fraternity that guide our nation. It encourages every citizen to uphold these ideals and contribute to building a stronger, united India.

As part of the Constitution Day observance, the cadets of Alphonso College Pala, organised a debate competition, where students actively engaged in discussions on constitutional principles. Everyone in the college also took a pledge to uphold the

ideals of our Preamble. Additionally, we circulated a self-made documentary aimed at spreading awareness about the Constitution among the general public.

https://youtu.be/HcN7qSJmc8A?si=Bgr_L8NwFqPu12W2





CYBER SECURITY DAY

On the occasion of National Cyber Security Day, under the Vikas Bharat@2047 initiative, the NCC Subunit of Alphonsa College Pala conducted a seminar on Cyber Hygiene. The session was led by Dr. Annu Paul, Assistant Professor in the Department of Computer Science, Alphonsa College Pala. A total of 47 cadets participated, gaining valuable insights into safe and responsible digital practices. The seminar highlighted the importance of safeguarding personal data, recognizing online threats, and adopting strong digital habits, reinforcing the need for greater cyber awareness in today's technology-driven world.

ALPHONSA COLLEGE PALA
5K GIRLS BN NCC CHANGANACHERRY

**WEBINAR ON
CYBER HYGIENE**

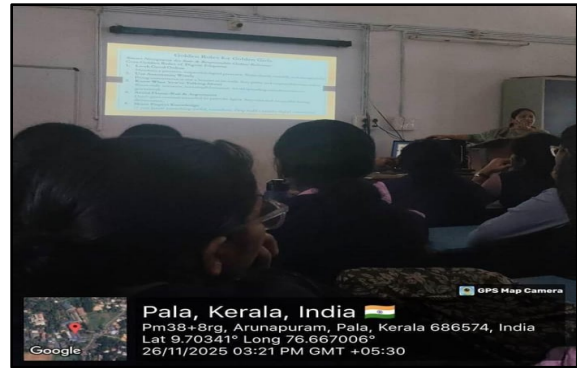
As part of
National Cyber Day

Conducted By
Dr. Annu Paul
Dept.Of Computer Science

Wednesday,
26 Nov, 2025
2:30 PM

*Stop guessing. Get the definitive answers
on CYBER SECURITY update.*

#golden_girls_of_ncc



**VOLUNTEERED FOR
COMPLETING SIR FORMS**

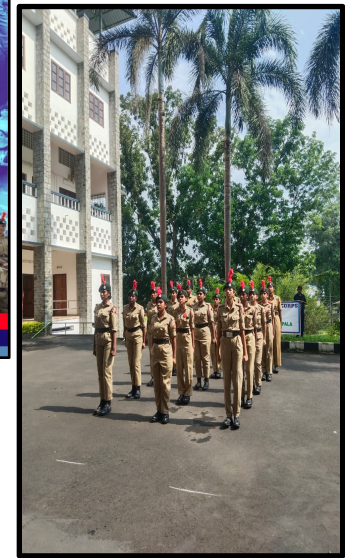
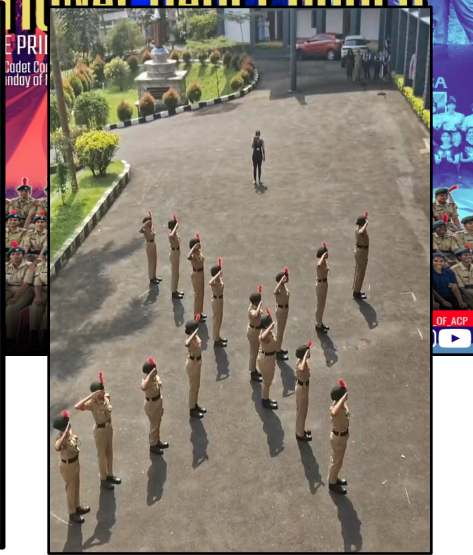
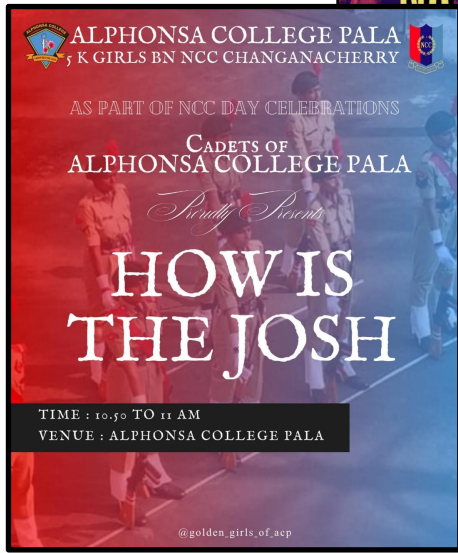
As part of the election process, the NCC unit of Alphonsa College, Pala actively supported students in filling out the SIR form issued by the Election Commission. The cadets helped their peers understand the requirements, patiently clarified doubts, and ensured that each form was completed accurately and submitted on time. Their approachable manner and willingness to assist made the process smooth and stress-free for many students. Through this thoughtful service, the NCC unit once again demonstrated its commitment to responsibility, teamwork, and civic awareness within the college community.



NCC DAY


The National Cadet Corps (NCC), India's premier youth organization, observed the 78th NCC Day at Alphonsa College, Pala, through a series of well-organized activities conducted as part of week-long celebrations. The programme commenced with well-coordinated drill performances by NCC cadets, showcasing precision, discipline, teamwork, and the rigorous training imparted under NCC. As part of the celebrations, a Cultural Fiesta was organized on 27 November 2025 at the college auditorium in the presence of Dr. Sr. Minimol Mathew, Principal, Alphonsa College, Pala, along with faculty members and students, during which selected cultural performances were presented by the cadets and prizes were distributed to the winners of the debate competition. In addition, an eye care camp was conducted as a community outreach initiative, providing basic eye screening and creating awareness on eye health among participants. As a social service initiative, NCC cadets also visited the Jubilee Bhavan Old Age Home, Chethimattam, on 29 November 2025, where they interacted with the residents and spent meaningful time with them, fostering values of empathy, respect, and social responsibility. The programme concluded with the singing of the National Anthem. The 78th NCC Day celebrations effectively reflected the NCC motto "Unity and Discipline" and contributed significantly to the holistic development, leadership qualities, and social awareness of the cadets

<https://www.instagram.com/reel/DRpGpGmkr8c/?igsh=M2x2MG5sMnQ5bWU3>



AIDS DAY

World AIDS Day is observed every year on December 1st. It is a global movement dedicated to uniting people in the fight against HIV, showing support for those living with the virus, and mourning those who have died from AIDS-related illnesses.



ALPHONSA COLLEGE
LIGHTED FOR LIFE

ALPHONSA COLLEGE PALA
5K GIRLS BN NCC CHANGANACHERRY

NCC

WORLD AIDS DAY
1ST DECEMBER

Protect yourself. Protect others. Stop HIV.

Awareness Is the Best Shield

- Get regular health check-ups and HIV testing.
- Avoid sharing needles, blades, razors, or any sharp objects.
- Make sure any blood transfusion is from a certified, tested source.
- Follow safe medical practices and use sterilized equipment.
- Stay informed about how HIV spreads and how it doesn't.
- Encourage awareness and correct information in your community.
- Support people living with HIV and help reduce stigma.
- Promote healthy habits and responsible choices.

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NAVY DAY



Indian Navy Day is celebrated every year on December 4 to recognize the achievements and critical role of the Indian Navy in safeguarding the nation's maritime borders.



ARMED FORCES FLAG DAY

Armed Forces Flag Day is observed annually in India on December 7. Since its inception in 1949, it has served as a day for the nation to honor its martyrs and the men and women in uniform who protect the country's borders.

 **ALPHONSA COLLEGE PALA** 
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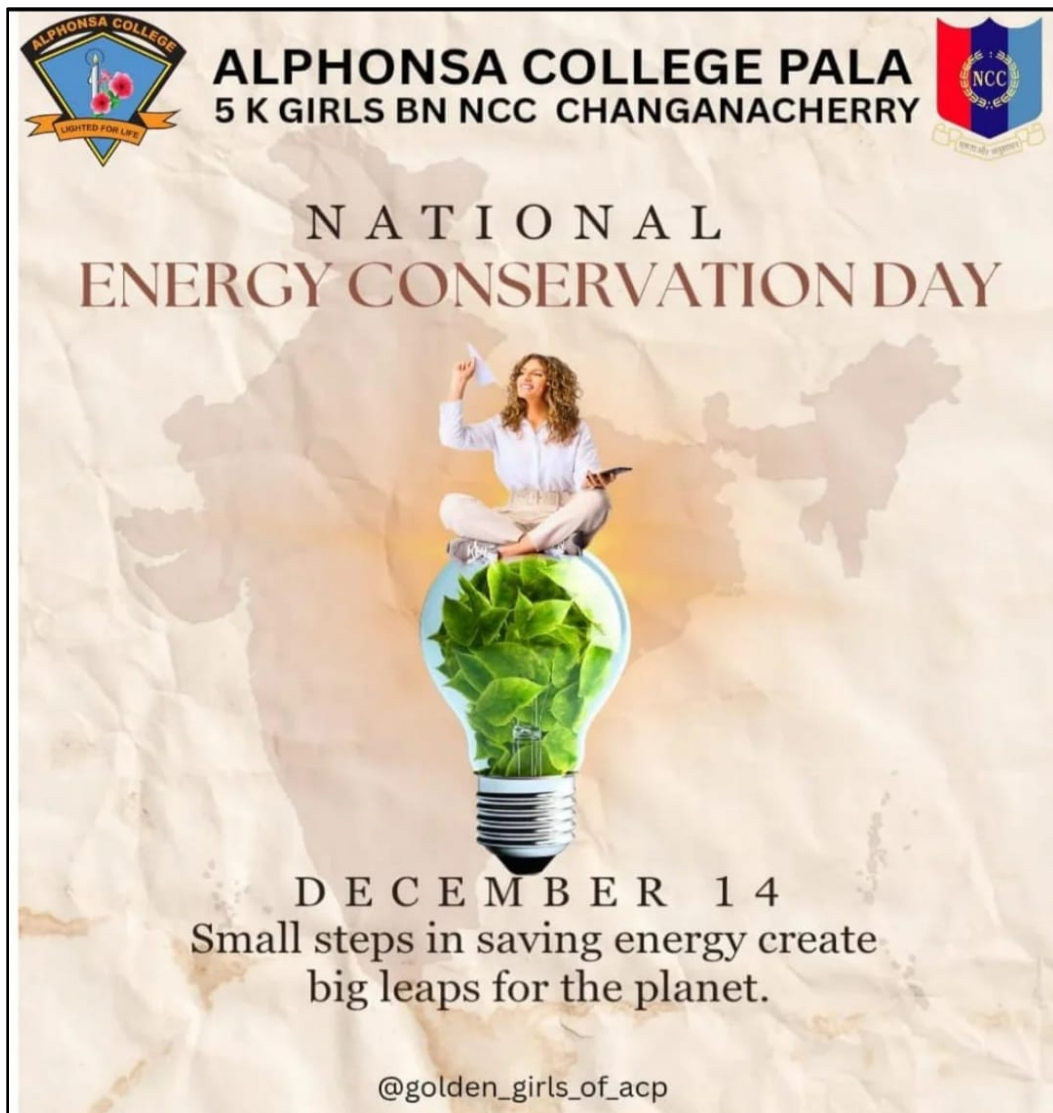


DECEMBER 7
Salute all the bravehearts of the nation on
ARMED FORCES FLAG DAY

@golden girls of acp

ENERGY CONSERVATION DAY

In India, National Energy Conservation Day is observed every year on December 14. It serves as a reminder of the importance of saving energy and using it more efficiently to ensure a sustainable future.



ALPHONSA COLLEGE
5 K GIRLS BN NCC CHANGANACHERRY

**NATIONAL
ENERGY CONSERVATION DAY**

DECEMBER 14
Small steps in saving energy create
big leaps for the planet.

@golden_girls_of_acp

ORPHANAGE VISIT

The NCC cadets of Alphonsa College Pala with the guidance of ANO Lt. Anu Jose visited Girls Town Kozhuvanal on 20 December 2025, an orphanage for young girls aged 6-18, to spread Christmas cheer. The cadets brought Christmas presents for the 60 young women residing at the orphanage.

The visit aimed to provide emotional support and festive joy to the girls, aligning with the spirit of Christmas. The cadets engaged with the girls, sharing gifts and participating in activities, fostering a sense of community and belonging.

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WEBINAR ON JAL UTSAV - JAL JEEVAN MISSION

As part of Jal Utsav-Jal Jeevan Mission related to Ethos And Sensitivity under Vikas Bharat @2047 initiative, the NCC subunit Alphonsa college Pala conducted a webinar. The session was led by Cdt. Amina Shinas on 23rd December, 2025 at 6:30 PM. A total of 26 cadets attended the webinar, understanding the importance of water conservation, efficient use, and community participation involving activities in aspirational districts to educate people, especially students . As per the mission, cadets got a vision about water management and how JJM aims to provide functional tap connection to all rural households through “HAR GHAR JAL” (tap water in every home).Jal Utsav act as a community- driven celebration and sensation drive, fostering a ‘Jal Andolan’(mass movement for water security). As responsible citizens of India all cadets have recognised the goal of this mission and taken decisions to manage water usage efficiently and spread awareness about the Jal Jeevan Mission.

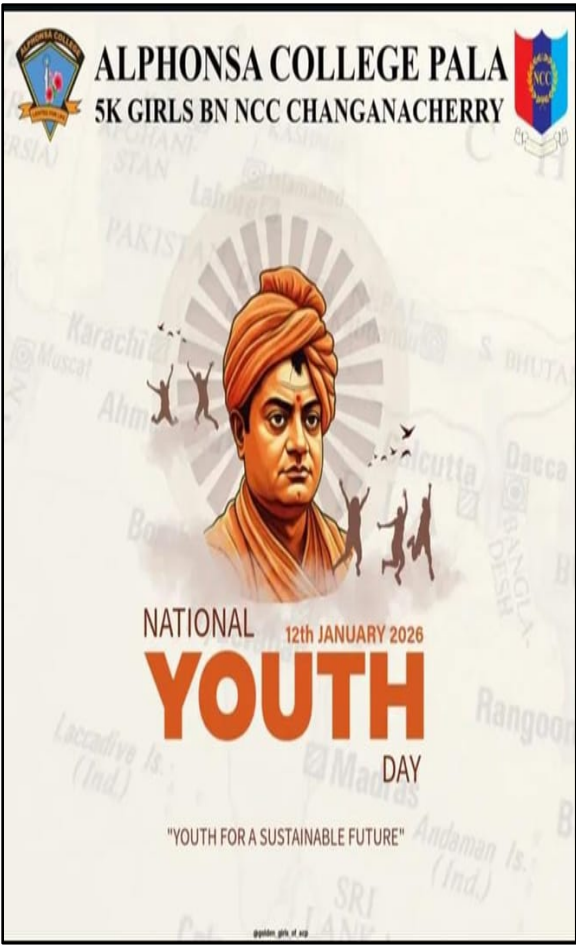


NATIONAL YOUTH DAY

National Youth Day, or Rashtriya Yuva Divas, is observed on January 12 to commemorate the birth anniversary of Swami Vivekananda. The day serves as a reminder of his visionary thoughts, teachings, and ideals, which continue to inspire and guide Indian youth toward nation-building. National Youth Day 2026 emphasized “Youth for a Sustainable Future,” highlighting the vital role of young minds in promoting sustainable development and responsible living. In observance of this, Haven of ACP, an initiative of the NCC Subunit of Alphonso College Pala, promotes organic farming practices. Under this initiative, each cadet is assigned a vegetable plant to nurture and care for, fostering environmental awareness, a sense of responsibility, social commitment, and respect for nature among the cadets.

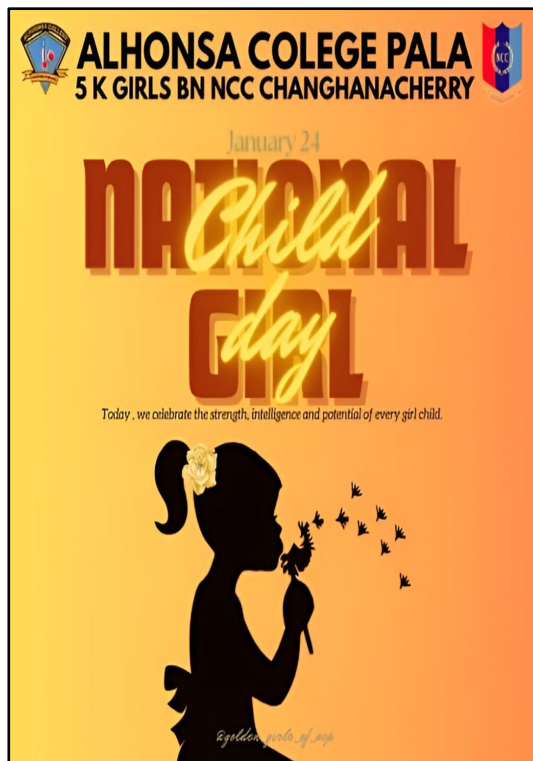


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NATIONAL GIRL
CHILD DAY

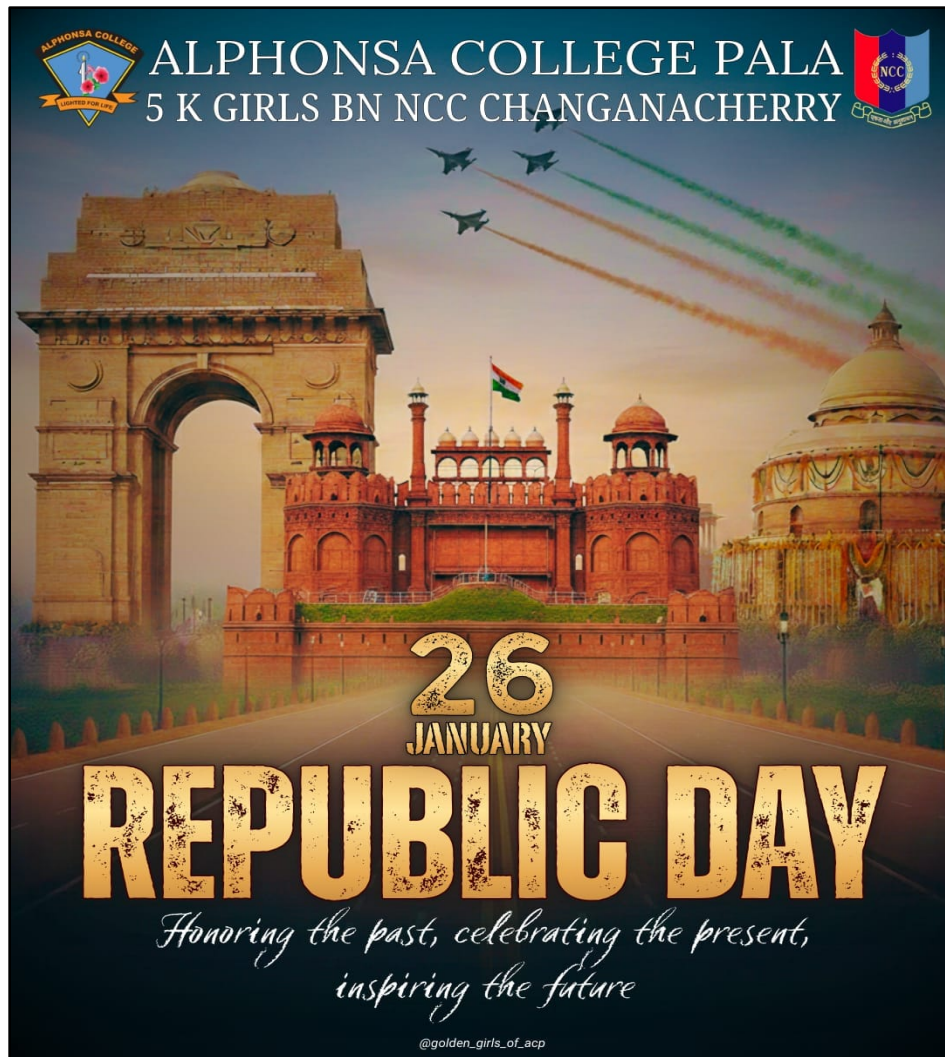
National Girl Child Day is observed every year on 24th January in India. It was initiated in 2008 by the Ministry of Women and Child Development with the objective of creating awareness about gender equality and emphasizing the importance of education, health, and overall development of the girl child. As part of the observance, the NCC Sub Unit of Alphonsa College, Pala, visited Sneharam Special School, which accommodates 90 girl students with special needs. During the visit, a few essential items required for their daily needs were donated to the institution. The visit served as a meaningful initiative, reflecting the sense of social responsibility and commitment towards inclusive service upheld by the NCC.



REPUBLIC DAY

Republic Day marks the adoption of the Indian Constitution on January 26, 1950, transitioning India to a republic. This year India celebrates its 77 th year of republic.

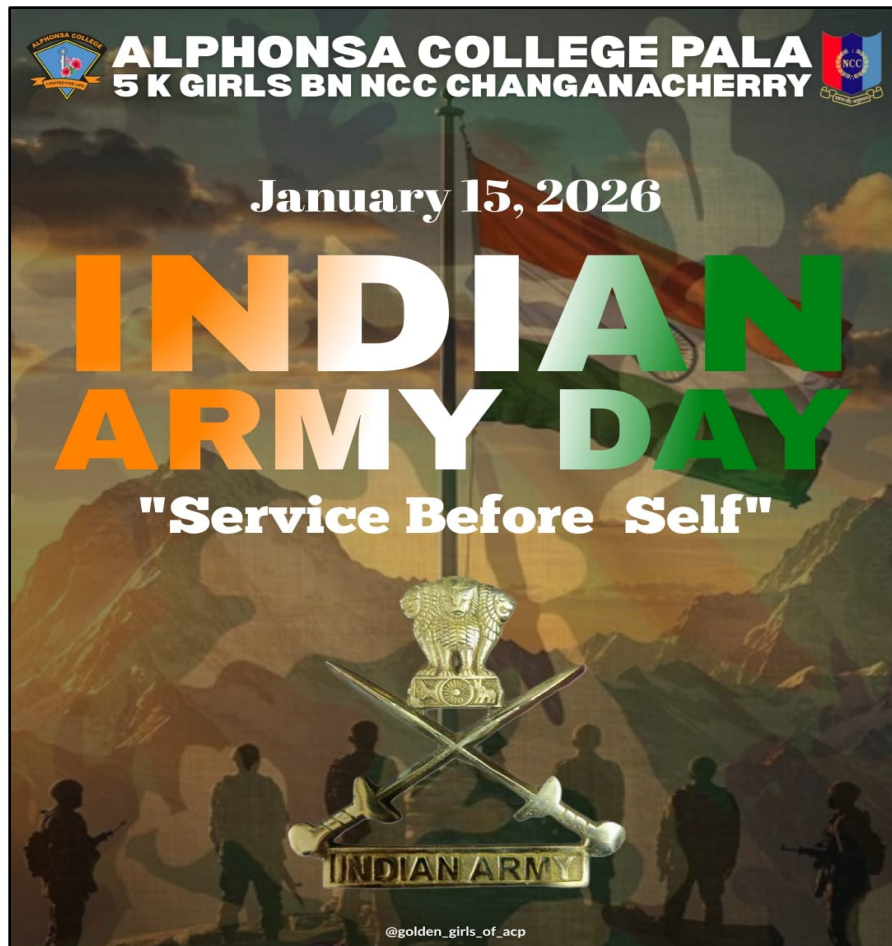
<https://open.spotify.com/episode/7F1ca9suolbvUgwbriUKK4?si=26SCPbKJQqOonyXmezybOw>



INDIAN ARMY DAY

Indian Army Day is celebrated on January 15th to commemorate the day when General (later Field Marshal) K.M. Cariappa took over as the first Indian Commander-in-Chief of the Indian Army in 1949. It marks the transition of command from British to Indian leadership post-independence. The day is observed with parades, medal ceremonies, and events showcasing the army's capabilities across the country, honouring the bravery and sacrifices of Indian Army personnel.

<https://open.spotify.com/episode/1PUEqmpKJuDLsUBePUd1EU?si=DKCShzlnRFWb5QqxwBG5ig>



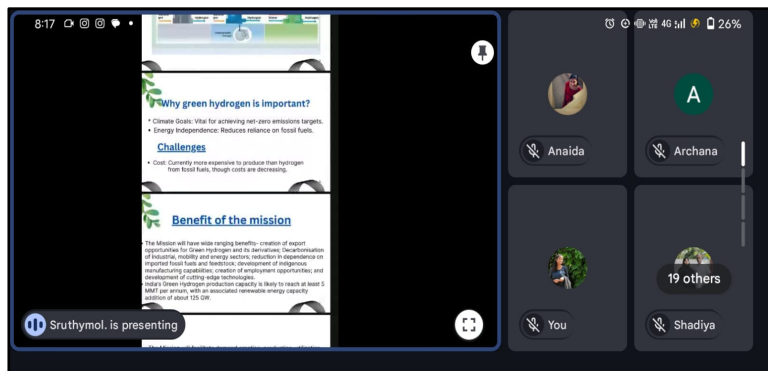
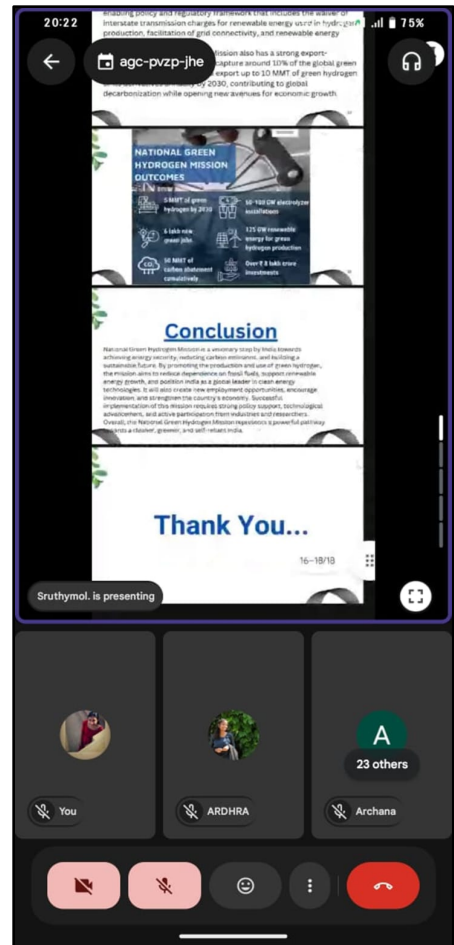
WEBINAR ON NATIONAL GREEN HYDROGEN MISSION

As part of the National Green Hydrogen Mission. The NCC subunit Alphonsa college Pala conducted a webinar. The session was led by Cdt. Sruthymol.S on 13th January, 2026 at 8.00 PM. A total of 27 cadets attended the webinar, understanding the crucial role of Green Hydrogen mission for India to become energy independent, decarbonize key sectors (like transport, steel, fertilizers) by replacing fossil fuels, create jobs, and establish itself as a global clean energy leader, leveraging abundant

renewables to produce green hydrogen for domestic use and export, reducing import bills, and cutting emissions.

PULWAMA DAY

On February 14, 2026, the NCC Sub Unit of Alphona College, Pala, observed Pulwama Day to pay tribute to the brave soldiers who lost their lives in the 2019

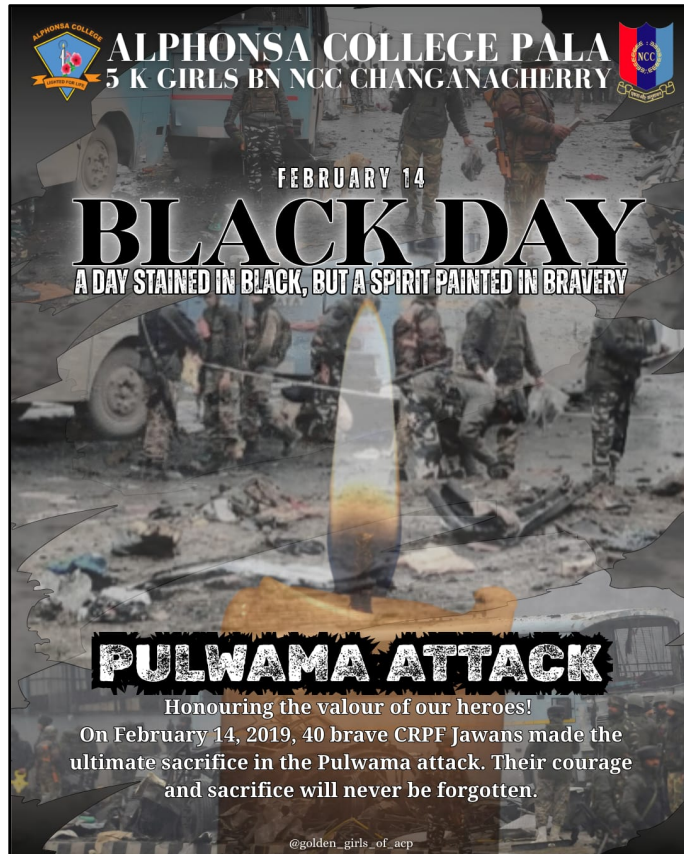


terrorist attack in Pulwama, Jammu and Kashmir. A candle-lighting ceremony was held, and NCC Cadets gathered to remember the martyrs who made the ultimate sacrifice for the nation. The observance included a moment of silence to honor the fallen soldiers. Additionally, a documentary and a podcast were created to commemorate the occasion, highlighting the bravery and sacrifice of the

martyrs. The event was a reminder of the sacrifices made by the nation's heroes and served as a tribute to their dedication and service.

https://youtu.be/_BXmuyy3NvQ?si=E9HqHSAdSIImCG4rF

<https://open.spotify.com/show/7aLFI3osCVDjdFfXAjgSe7>

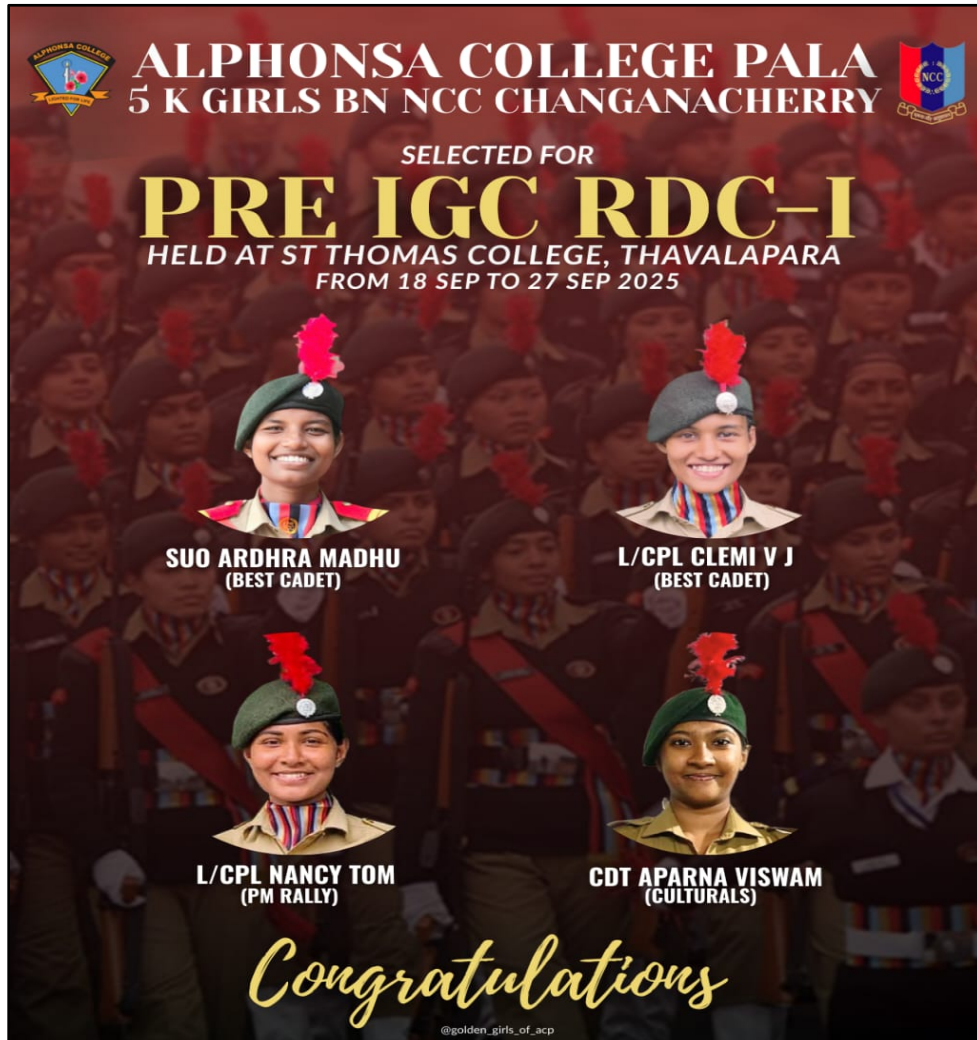


ACHIEVEMENTS

REPUBLIC DAY CAMPS

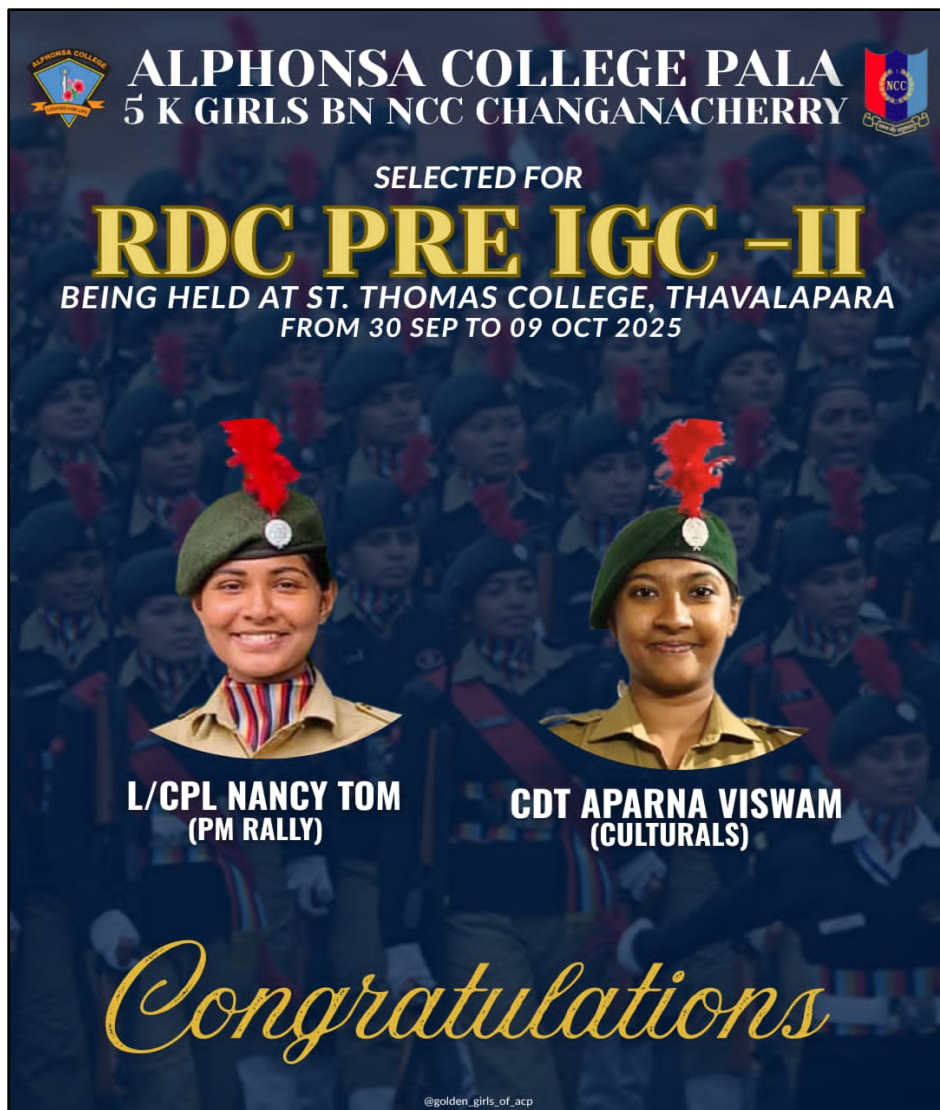
PRE IGC RDC I

SUO Ardhra Madhu, L/CPL Nancy Tom, L/Cpl Clemi V J and Cadet Aparna Viswam were selected for the PRE IGC RDC I Camp held at St. Thomas College Thavalapara from 18 September to 27 September 2025



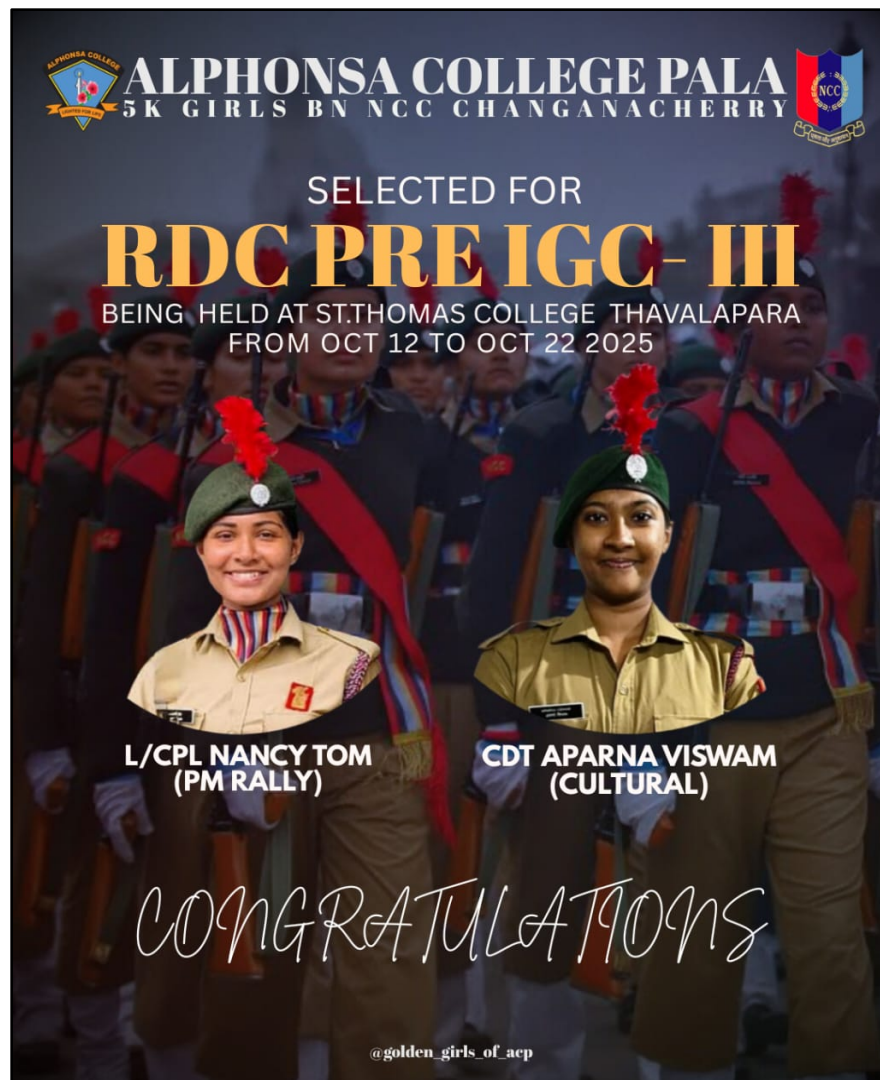
PRE IGC RDC II

L/CPL Nancy Tom and Cadet Aparna Viswam were selected for the PRE IGC RDC II held at St.Thomas College, Thavalapara from 30 September to 9 October 2025.



PRE IGC RDC III

L/CPL Nancy Tom and Cadet Aparna Viswam were selected for the PRE IGC RDC III held at St.Thomas College, Thavalapara from 12 October to 22 October 2025.



RDC IGC

L/Cpl Nancy Tom and Cadet Aparna Viswam were selected for the RDC IGC held at GTC Calicut from 22 October to 31 October 2025.

ALPHONSA COLLEGE PALA
5 K GIRLS BN NCC CHANGANACHERRY

SELECTED FOR
RDC I GC

BEING HELD AT GTC CALICUT,
22 OCT TO 31 OCT 2025

L/CPL NANCY TOM
PM RALLY



CDT APARNA VISWAM
CULTURAL

CONGRATULATIONS

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PRE RDC I


L/Cpl Nancy Tom was selected for PRE RDC I held at GTC Trivandrum from 7 November to 16 November 2025



ALPHONSA COLLEGE PALA
5 K GIRLS BN NCC CHANGANACHERRY

SELECTED FOR

PRE RDC I



L/CPL NANCY TOM
PM RALLY

BEING HELD AT GTC, THIRUVANANTHAPURAM
FROM 07 NOV TO 16 NOV 2025

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THAL SAINIK CAMP

TSC PRE IGC I

UO Ann Maria Shaibu was selected for TSC PRE IGC I held at Newman College, Thodupuzha from 1 July to 10 July 2026



TSC PRE IGC I

UO Ann Maria Shaibu was selected for TSC PRE IGC II held at Newman College, Thodupuzha from 9 July to 18 July



ALPHONSA COLLEGE PALA

5 K GIRLS BN NCC CHANGANACHERRY



SELECTED FOR

TSC PRE IGC - II

Held at Newman College, Thodupuzha from 9 July to 18 July 2025



JUNIOR UNDER OFFICER

ANN MARIA SHAIBU

(Health and Hygiene)

Congratulations

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IGC TSC

UO Ann Maria Shaibu was selected for IGC TSC held at Group Headquarters, Calicut from 28 July to 6 August



ALPHONSA COLLEGE PALA 5K GIRLS BN NCC CHANGANACHERRY



SELECTED FOR

TSC - IGC

HELD AT GROUP HEADQUARTERS CALICUT FROM 28 JULY TO 06 AUGUST



JUNIOR UNDER OFFICER

ANN MARIA SHAIBU

(HEALTH AND HYGIENE & TENT PITCHING)

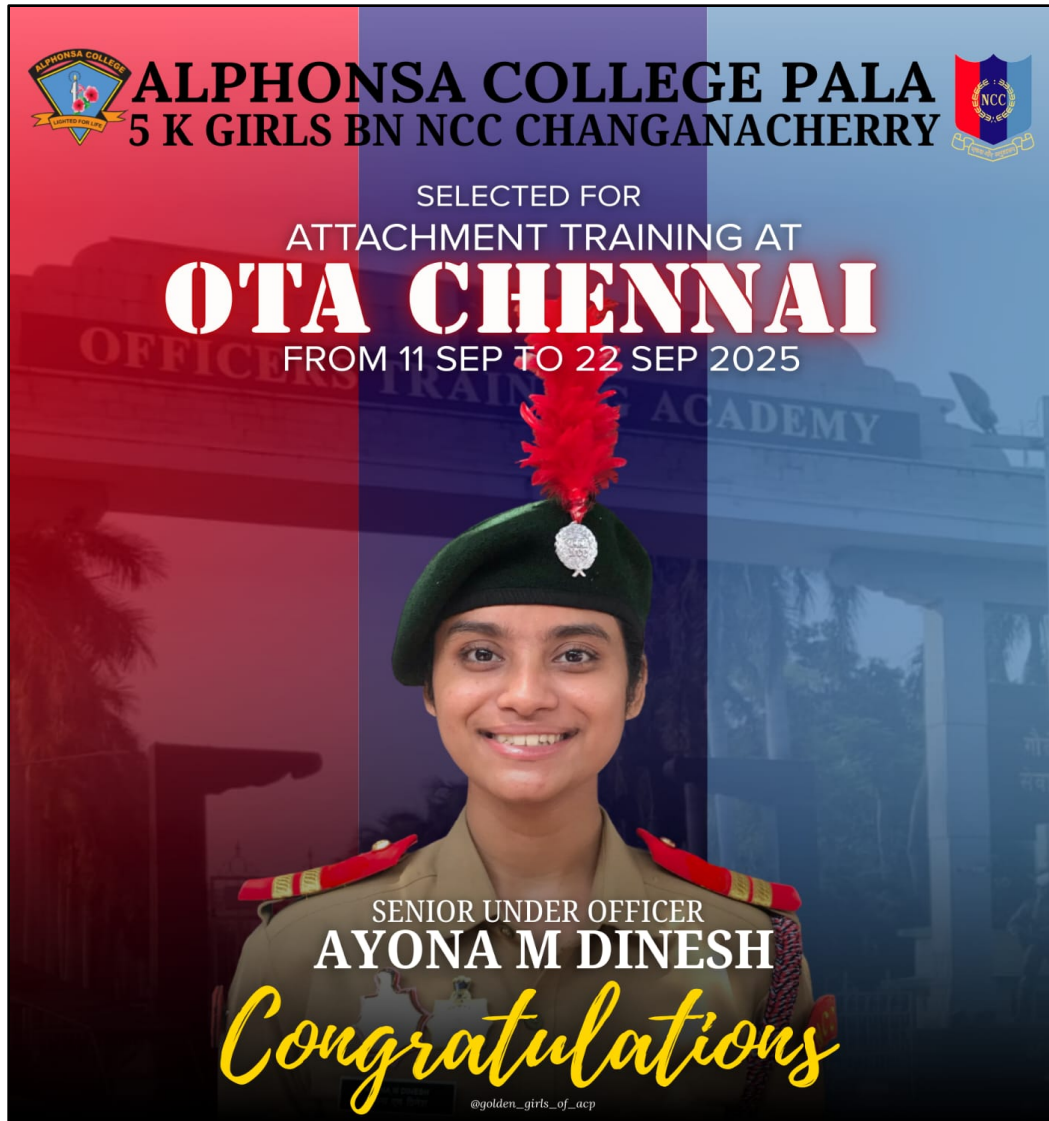
Congratulations

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ATTACHMENT CAMPS

OTA CHENNAI

SUO Ayona M Dinesh was selected for Attachment training at OTA Chennai, from 11 September to 22 September 2025



GARHWAL RIFLES

UO Shadiya T Anas, L/Cpl Amritha N S and Cadet Moushmi Mohandas attended Army attachment camp held at 6 Garhwal Rifles, Pangode Military Station, Thiruvananthapuram



TREKKING CAMPS

TAMILNADU TREK

L/Cpl Nancy Tom and L/Cpl Navami Krishna attended All India NCC Girls Trekking Expedition 2025 at Nilagiri from 4 May to 11 May 2025



KERALA TREK

SGT Charisma Shaji was selected for the All India Trekking Expedition held at JNV KULAMAUVU from 2 September to 9 September 2025.



ALPHONSA COLLEGE PALA
5 K GIRLS BN NCC CHANGANACHERRY



SELECTED FOR

ALL INDIA
TREKKING
EXPEdition

KERALA TREK-1 AT JAW KULAMAY SEPTEMBER 02 TO SEPTEMBER 09



SGT.CHARISMA SHAJI

Congratulations

@golden_girls_of_acp

**NATIONAL INTEGRATION
CAMPS**

EBSB KERALA I

CQMS Sana Fathima attended EBSB KERALA I Held at Mangalam College, Ettumanoor from 27 August to 7 September 2025



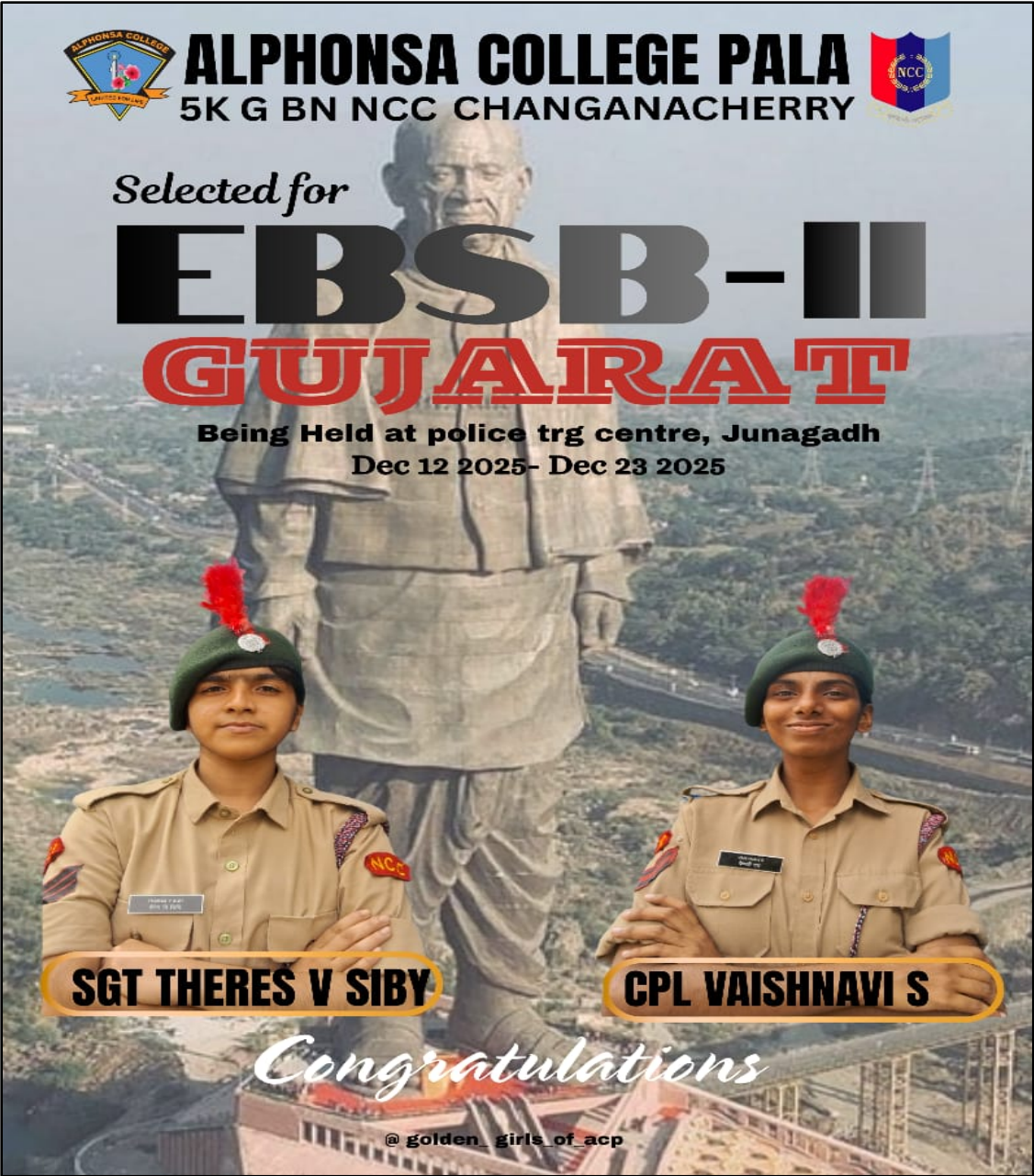
EBSB KERALA II

CPL Reshmi N R and L/Cpl Arsha Meera Krishna attended EBSB KERALA II held at Payyannur from 23 December 2025 to 03 January 2026.



EBSB GUJARAT II

SGT Theres V Siby and Cpl Vaishnavi S attended EBSB II Gujarat held at Police Training Centre, Junagadh.



ACP CHARITY CELL

“Shaping cadets into responsible citizens,
leaders, and patriots, instilling values
that last a lifetime”



**“MARCHING FORWARD WITH COURAGE AND
PRIDE”**