



ALPHONSA COLLEGE
PALA

ALPHA
NEWS
NEWSLETTER 2025

Vol. 21 | No.1
September 2025



Rev. Dr. Shaji John
Principal

PRINCIPAL'S MESSAGE 2024 - 2025

Dear Alphonsian Community,

As we conclude another academic year, I write with deep pride and gratitude for what we have accomplished together. Aristotle once said, "The roots of education are bitter, but the fruit is sweet." This year, perhaps more than any other, those words ring true - the long hours, the hard work, and the collective perseverance of our entire community have borne fruits that we can all be proud of.

The academic year 2024-2025 will be etched in the annals of our institution's history as another year of extraordinary achievement. Our students have once again demonstrated exceptional brilliance, securing outstanding results in the M.G. University examinations with 30 ranks and an impressive array of 61 A+ grades. This success reflects both the hard work of our students and the commitment of the faculty who guided them.

However, the crowning glory of this academic year has been our achievement in the NAAC 5th Cycle assessment. The entire college community- faculty, staff, and students- worked relentlessly with dedication for this occasion. The many sleepless nights, extended hours at college, meticulous preparation, and collective perseverance have culminated in our institution being awarded the prestigious A+ grade in the 5th cycle. I am grateful to every member of our community who contributed to this achievement.

This year has also seen some meaningful additions to our campus. The new multimedia

theatre, the renovated library, the conference hall, and the lounge have added to the quality of our learning environment and made campus life richer for everyone who walks through our doors.

Our tradition of excellence in sports and extracurricular activities continues to flourish. Our students have brought laurels to the college through their remarkable performances in the M.G. University Athletic Championship and various other competitions. The events and programmes organised by various departments and clubs throughout the year have kept campus life active and engaging. It has been gratifying to see students step up, participate, and find their footing - whether in intra-collegiate or inter-collegiate events - growing into more confident and well-rounded individuals along the way.

As this academic year draws to a close, we bid farewell to Prof. Dr Jesty Immanuel (Head of Department, Hindi), Ms. Bijimol Joseph (Librarian), and Mr. M. Boscochen Thomas (Administrative Staff), who retire at the end of this year. I too will be stepping down alongside them. I wish my fellow retirees a retirement that is as fulfilling as the careers they have so wholeheartedly devoted to this college, and I carry with me nothing but gratitude and fond memories of the years spent here.

I extend my heartfelt gratitude to our management, particularly His Excellency Mar

Joseph Kallarangatt, our beloved patron, and our Manager, Msgr. Dr. Joseph Thadathil, for their constant support and encouragement in all our endeavours. My sincere appreciation goes to our Vice Principals, Rev. Dr Sr Minimol Mathew and Rev. Dr Sr Manju Elizabeth Kuruvila, for their invaluable leadership and support. I am especially thankful to the IQAC Coordinator and all IQAC members for their exceptional dedication during the NAAC process. My gratitude extends to the Bursar, members of the Staff Council, the PTA, the College Union, the non-teaching staff, and the entire student community for their love, support, and tireless contributions.

To our dedicated faculty members, I express my deepest appreciation for your commitment, passion for teaching, and the personal sacrifices you made, especially during the NAAC preparation. Your dedication has been the cornerstone of our success, and it is your excellence that continues to inspire our students to reach greater heights.

As we move forward, let us carry the momentum of this year's achievements into the future. In the words of Albert Einstein, "Education is not the learning of facts, but the training of the mind to think." Let us continue to foster an environment that nurtures critical thinking, creativity, innovation, and social responsibility. Let us remain steadfast in our commitment to excellence and continue to be agents of positive change in society.

May the Almighty continue to shower His abundant blessings upon us as we embark on new journeys of learning, growth, and service.

OUR TORCHBEARERS



PATRON
H. E. MAR JOSEPH KALLARANGATTU
Bishop of Palai



MANAGER
REV. DR. JOSEPH THADATHIL
Protosyncellus, Eparchy of Palai



PRINCIPAL
REV. DR. SHAJI JOHN



VICE PRINCIPAL
DR. SR MINIMOL MATHEW



VICE PRINCIPAL
DR SR MANJU ELIZABETH KURUVILA



BURSAR
FR KURIAKOSE VELLACHALIL

Re-Accredited by NAAC with A+ Grade (CGPA-3.33) in the 5th Cycle



Alphonsa College has once again added a prestigious milestone to its legacy by securing an A+ grade with a CGPA of 3.33 on a 4-point scale in the fifth cycle of accreditation by the National Assessment and Accreditation Council (NAAC). This remarkable achievement stands as a testament to the College's unwavering commitment to providing quality education and fostering the holistic development of its student community. The A+ grade will remain valid for the next five years. The NAAC Peer Team, comprising Prof. Dr. Arindam Gupta (Chairman), Professor, Department of Commerce, Vidyasagar University, Midnapur; Prof. Dr. Vijayalakshmi Dega (Member-Coordinator), Emeritus Scientist, ICAR – Department of Food Science and Nutrition, University of Agricultural Sciences, GKVK, Bengaluru; and Dr. Mary Angeline Santhosam (Member), Principal, Nazareth College of Arts & Science, Avadi, visited the College on 30th and 31st October 2024.

The Peer Team was formally welcomed to the College with a guard of honour by the NCC unit under the leadership of Lt. Anu Jose. Accompanying the team throughout the visit were Rev. Dr. Shaji John (Principal), Dr. Sr. Minimol Mathew and Dr. Sr. Manju Elizabeth Kuruville (Vice Principals), Rev. Fr. Kuriakose Vellachalil (Bursar), Dr. Dani Mathew M (IQAC Coordinator), Ms. Rekha Mathew (IQAC Secretary), Ms. Annu Paul (NAAC Coordinator), other IQAC members, and Ms. Ann Sara Johnson (College Union Chairperson). The evaluation began with an interaction with Principal Dr. Shaji John in his chamber, where he presented a comprehensive

overview of the College. His presentation highlighted key aspects including admission procedures, year-wise student enrollment, examination results, research infrastructure, departmental activities, student and faculty achievements, and institutional facilities. This was followed by a presentation by the IQAC Coordinator, detailing the quality enhancement initiatives undertaken over the past five years.

The Peer Team conducted a thorough review of the College's academic, administrative, and financial practices, and examined the institution's adherence to its core values and best practices. They visited all departments, classrooms, and interacted with Heads of Departments, faculty, and students. They evaluated the facilities in the Main Library, Department Libraries, Computer Labs, English Language Lab, Hostels, Canteen, Sports & Gym Facilities, NCC, NSS, CGS, Counseling Centre, and various eco-friendly initiatives such as the Bio-Gas Plant, Solid Waste Management System, Solar Panels, Rainwater Harvesting, as well as the Fruit Tree Garden, Vegetable Garden, Medicinal Plant Garden, Botanical Garden, and Butterfly Garden. The team commended the College for providing excellent facilities conducive to the all-round development of students and also offered valuable suggestions for future growth. A luncheon meeting held

at the Bishop's House, Pala, provided an opportunity for the Peer Team to engage with the College's Board of Management. In the afternoon, the team held interactive sessions with students, parents, and alumni, gathering their feedback. Coordinators of various Clubs and Cells presented brief reports on their respective activities, which were also verified by the team.

The first day concluded with a vibrant cultural evening organized by the students, showcasing the rich cultural heritage of Kerala. On the second day, the Peer Team visited the sports complex and swimming pool, followed by report drafting and discussion with the Principal, Bursar, IQAC Coordinator, and NAAC Coordinator for finalization. The two-day visit concluded with an Exit Meeting at 5:30 PM in the Seminar Hall, attended by all faculty, non-teaching staff, and student representatives.

In his address, Principal Dr. Shaji John expressed gratitude for the Peer Team's visit, noting that such evaluations prompt valuable SWOC analyses, helping the institution strive toward continual improvement. Dr. Arindam Gupta, Chairperson of the NAAC Peer Team, delivered the concluding remarks, expressing the team's deep satisfaction with the College's comprehensive performance, especially the academic achievements and cultural excellence displayed during the visit. He officially handed over the sealed Peer Team Report to the Principal.

The College extends heartfelt thanks to all NAAC officials, including the Peer Team members, Member-Coordinator, and the NAAC administrative and technical staff for their consistent guidance and support throughout the Self-Study Report (SSR) preparation and submission process. Alphonsa College remains committed to upholding and advancing quality in both curricular and co-curricular domains in the years ahead.





Cultural Night



Reception to NACC Peer Team



Discussion with the Managing Board



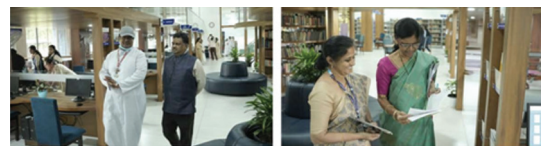
Visit to the Departments



Visit to the Lab

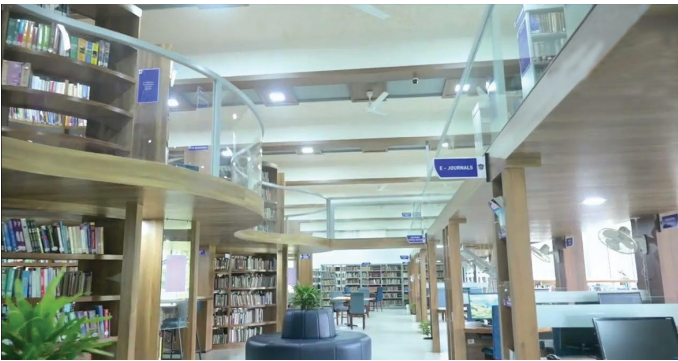


Interaction with Prominent Alumni



Visit to the Library

RENOVATION OF THE COLLEGE



College Library



Multimedia Hall



Lounge



Open Stage



ALPHONSA COLLEGE SCRIPTS A HAT-TRICK IN NATIONAL SCIENCE FUNDING

DBT STAR

Alphonsa College, Pala has been granted funding under the DBT STAR College Scheme of the Department of Biotechnology (DBT), Ministry of Science and Technology, Government of India, for the period 2023–2026. The scheme, which aims to strengthen undergraduate science education, has sanctioned a total of ₹1.26 Crore to the college. The four science departments — Physics, Zoology, Botany, and Chemistry — are the primary beneficiaries, with the funds being utilised for laboratory development, purchase of equipment and consumables, and supporting research activities of BSc students. The scheme also covers the organisation of science-related programmes such as intercollegiate events, workshops, and national and international seminars, giving students opportunities to engage with the wider scientific community.

DST-FIST

Alphonsa College, Pala, received the DST-FIST grant of ₹85 lakhs to enhance its research infrastructure by upgrading laboratories with

advanced equipment and fostering scientific innovation. The funding supports faculty and student research, interdisciplinary collaborations, and industry linkages, promoting academic excellence. With improved facilities and specialized training programs, the college aims to establish itself as a center for cutting-edge scientific research and innovation.

DST-CURIE

Alphonsa College, Pala, has been awarded a DST-CURIE grant of ₹64 lakhs to enhance its scientific and research infrastructure. The funding comes under the Consolidation of University Research for Innovation & Excellence (CURIE) scheme of the Department of Science & Technology, which supports women-only institutions across India. This grant will enable the college to modernize its laboratories, integrate advanced technologies, and foster interdisciplinary research. It also aims to inspire innovation and strengthen the participation of women in STEM fields. The initiative is a major step toward building excellence in science and technology education for women.

ENGLISH



Angel C Kurian
3rd Rank
CCPA- 8



Alaina George
6th Rank
CCPA 8



Keerthana S
7th Rank
CCPA 8



Nandana P. P.
A+
CCPA 8.60

ECONOMICS



Nikitha Joseph
7th rank
A+ 9.28



Vani Pradeep
8th rank
A+9.40



Anjana Jose
9th rank
A+ 9.25



Neeraja Vinod - 9.08



Neha Mary Sunil-8.95



Nandana Manoj -8.93



Veena Pradeep - 8.88



Malavika Roy - 8.88



Jayalakshmi S - 8.77



Anaswara V - 8.74



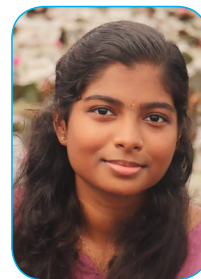
Christa Marina Joseph
8.68



Athulya Rajan 8.63



Devika Biju - 8.63



Gopika M.G - 8.62

HISTORY



Goury Lakshmi S,
4th Rank



Aparna Manoj
5th Rank



Summaya S
9th rank

BOTANY



Alphons Maria Jojo
2nd Rank



Keerthana Reji
8th rank



Krishna M
8th rank



Aparna Sudheesh
8.99



Nandhana Sajeev - 8.99



Ann Maria Saji - 8.91



Neha Joseph_8.63_



Hima PS - 8.59



Rose Mariya Dominic
8.7



Anjaly Augustine
9.30



Anju C J
9.26

PHYSICS MODEL I



Nandhana Anil
9.24



Ann Maria Jose
9.19



Lakshmi Saji
8.50

ZOOLOGY

PHYSICS MODEL II



Vijetha Jinu
4th rank, CCPA- 8.



Gowri Prasanth
CCPA_ 9.29, Grade_ A+,
8th Rank, Zoology_



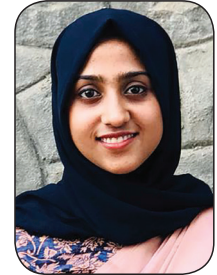
Nandana Suresh, 9.10



Ameena P Shahul, 8.85,



Gouri Krishna S-8.68



Hazna Haris - 8.55

MATHEMATICS



Riya Prasad
S Grade, CCPA 9.61,
5th Rank



Irfana Mohammed
9.23



Neethu Biju - 8.59

CHEMISTRY



Alana Shaju - 8.85



Rajalakshmi K. S. 8.67

B.VOC SPORTS AND NUTRITION



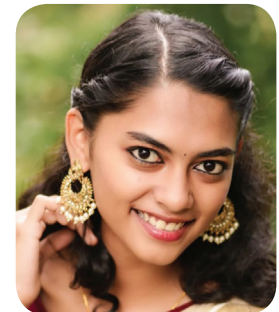
Ann mary Jose
1st rank
CCPA-7.80



Gourinandana K Madhu
2nd rank
CCPA-7.61



Abhina Shine
3rd rank
CCPA-7.22



Deyna Maria Shaji
4th rank
CCPA-6.56

CLINICAL NUTRITION AND DIETETICS

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Junny Shaji
CCPA_9.54
S Grade, 1st rank



Anugraha P
M,CCPA_9.19, A+ Grade,
2nd rank



Ardra G Manu
CCPA_8.97, A+ Grade,
3rd rank



Ann Mariya Renjith
CCPA_8.70, A+Grade,
4th rank



Ashadevi P
CCPA_8.65, A+ Grade
5th rank



Alfiya Nizar
CCPA_8.56, A+ Grade
6th rank



Aleena Regi
CCPA_8.28, A Grade,
7th rank



Meenu Therese Antony
CCPA_8.24, A Grade
8th rank



Uthara
CCPA_8.18, A Grade
9th rank



Sona Ann Joseph
CCPA_8.17, A Grade
10th rank

BCOM



Hariini R .S
8.53

B.VOC FASHION



Aswani S Dev
1st Rank
CCPA- 9.54, O Grade

TOPPERS' DAY



June 6, 2024, marked yet another proud chapter in the legacy of Alphonsa College, Pala, as the institution hosted Toppers' Day to honour its outstanding graduates. True to form, history repeated itself - Alphonsa College once again claimed its place as the university topper, boasting the highest number of rank holders and A+ achievers under Mahatma Gandhi University. The auditorium came alive as graduating students marched in through a ceremonial procession, after which Principal Rev. Dr. Shaji John welcomed the gathering. The event was graced by Dr. C. T. Aravindakumar, Vice Chancellor of Mahatma Gandhi University; Msgr. Dr. Joseph Thadathil, Manager

of the College; and Adv. Sebastian Kulathunkal, Member of the Kerala Legislative Assembly, who attended on behalf of Shri. Jose K. Mani, M.P. Rank holders and A+ achievers were felicitated with certificates and mementos in recognition of their exceptional academic performance, after which Dr. Sr. Minimol Mathew, Vice Principal of the College, led the students through a solemn oath-taking ceremony, formally conferring upon them the title of graduates. The festivities were further enriched when Adv. Sebastian Kulathunkal, standing in for Shri. Jose K. Mani, distributed 15 laptops- sponsored by the MP- to the heads of various departments, a fitting tribute to the college's commitment to academic excellence.

REV. DR JOSE JOSEPH PULAVELIL MEMORIAL LECTURE SERIES



The Rev. Dr. Jose Joseph Pulavelil Memorial Lecture Series was inaugurated on 24th September 2024 with Dr. Shashi Tharoor, Member of Parliament, as the speaker. Dr. Tharoor spoke on the topic "Is the Pen Really Mightier than the Sword?", drawing on his experience as both a politician and writer. His lecture examined how words and ideas have shaped societies over time, questioning the traditional understanding of the relationship between writing and political power. The event served as a fitting start to a lecture series that honours the memory of Rev. Dr. Jose Joseph Pulavelil, the former Head of the Department of English and Bursar of the college, whose contributions to the institution left a lasting impact. The inaugural session attracted a good turnout and set expectations for the lectures that will follow in the series.



NATIONAL SEMINAR ON “BIODIVERSITY FOR A SUSTAINABLE FUTURE”

PG Research Department of Zoology in association with Bhoomitrasena club organised National Seminar on “Biodiversity for a Sustainable Future” under DBT Star College Scheme on 26 and 27 September 2024 at Alphonsa College, Pala. About 112 participants were registered. The event brought together experts, researchers, and students to discuss the critical role of biodiversity in ensuring a sustainable future. The seminar featured keynote addresses, technical sessions, and oral and poster presentations, providing a platform for knowledge exchange and collaborative discussions on various aspects of biodiversity and sustainability.



The seminar commenced with a plenary talk by Dr. Abhilash R., titled “Climate Emergency and the Converging Crises of Our Times,” setting the tone for the discussions. This was followed by invited talks from Dr. Syllas V.P. on “Invasive Species” and Dr. Dhanya Bhaskar on “Biodiversity and Ecosystem Services.” Scholars presented their research through oral and poster presentations, with sessions chaired by Dr. Syllas V.P.

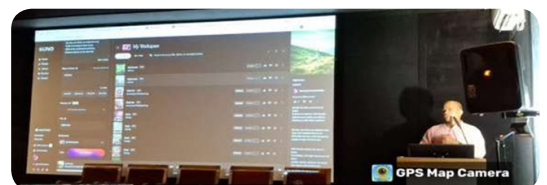
On the second day, the seminar began with an invited talk by Prof. P. J. John on “Microplastic Pollution and Fish Diversity.” Further paper presentations were conducted, followed by an invited talk by Dr. Gigi K. Joseph on “Biodiversity Conservation through People’s Participation.” The seminar concluded with a valedictory session, emphasizing the importance of biodiversity conservation and the need for collaborative efforts to ensure a sustainable future.



NATIONAL SEMINAR ON “CONVERGING CROSSROADS OF HUMANITIES: MEMORY, LITERATURE, AI, ELT AND UNMAPPED TERRITORIES OF THE NEW WORLD”

The Post Graduate Department of English, Alphonsa College, Pala, organized a two-day National Seminar on “Converging Crossroads of Humanities: Memory, Literature, AI, ELT and Unmapped Territories of the New World” on 30th and 31st January 2025, sponsored by the Indian Council of Social Science Research. The seminar was inaugurated by Prof. Joseph Dorairaj, Emeritus Professor from Gandhigram Rural Institute and Fulbright Scholar. The first day featured three sessions with distinguished speakers: Prof. Joseph Dorairaj’s morning session on “Critiquing the Canon,” Dr. Mary Magdalene Abraham’s forenoon session on “Postfeminism,” and Prof. Rajesh V Nair’s afternoon talk on “Voices of Resistance: The Intersection of Life Writing and Human Rights.” The day also included paper presentations by participants on diverse themes ranging from memory and cultural heritage to AI-generated creativity and new trends in English language teaching.

The second day brought fresh perspectives on technology and literature. Dr. Priya K Nair from St. Teresa’s College examined how artificial intelligence is reshaping our understanding of creativity, prompting many in the audience to reconsider traditional notions of authorship and imagination. Rev. Fr. Sabu Thomas from Sacred Heart College followed with practical insights on integrating AI into language classrooms, while Dr. K J Varghese from Christ College rounded off the academic sessions by discussing how technology can enhance language learning experiences.



ENTREPRENEURS' MEET UNDER DST-FIST SCHEME

Alphonsa College, Pala in association with IEDC of the college organized an Entrepreneurs' Meet on 13th March 2025. The event brought together 54 entrepreneurs from diverse fields, creating a vibrant platform for dialogue, collaboration, and inspiration. This initiative aimed to strengthen the college's "Earn While You Learn" programme and to explore internship opportunities for students.

The meeting was presided by Rev. Msgr. Dr. Joseph Thadathil, Manager of the College. The official inauguration was done by H.E. Mar Joseph Kallarangattu, Bishop of Palai.

The meet featured three insightful sessions:

- Session 1: Mr. Emmanuel Thomas Ramapuram (Chairman, Orange County Resorts & Hotels)
- Session 2: Dr. Jose Kallarackal (Director, Research Hekmas& Former Senior Scientist, KFRI)
- Session 3: Mr. Jose Dominic (Former MD & CEO, CGH Earth)

A dedicated Business Planning Session was also held, encouraging active student participation in entrepreneurial ideation and planning. One of the major highlights of the event was the expression of interest by several entrepreneurs to support students through part-time job opportunities and mentorship, thereby aligning with the "Earn While You Learn" programme. This initiative not only aims to provide financial support to students but also gives them practical industry exposure and hands-on experience while continuing their education. The Entrepreneurs' Meet marked a significant step toward bridging academia with industry, offering students real-world exposure and fostering a culture of innovation and self-reliance.



Session by Mr. Jose Dominic (Former MD & CEO, CGH Earth)



Session by Mr. Emmanuel Thomas Ramapuram (Chairman, Orange County Resorts & Hotels).

STUDENT'S ACHIEVEMENTS

GATECHISM SCHOLARSHIPS WINNERS



Antonat M A
I DC (Botany)
3rd Rank



Aileen Maria Shibu
I DC (Mathematics)
4th Rank



Ayona Edison
II DC (Physics)
1st Rank



Leenu K Jose
II DC English
2nd Rank



Maria Raju
I DC (Physics)
4th Rank

STARS OF THE YEAR



Leenu K Jose
II DC English
Best Speaker of the Year



**SUO Varsha Laiju
Kappen**
III DC Physics
Best NCC Cadet



Asha V Martin
III DC Zoology
Best NSS Volunteer of the
Year



Anna Caroline George
II DC English
Best Library User Award



Krishnapriya S
II DC English
Best Sports Woman
of the Year

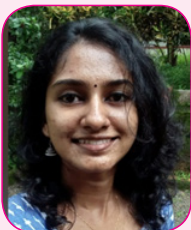


Malavika G Ramesh
III DC English
Best English Article in
the College Magazine



Feba Daniel
II PG English
Best English Article in
the College Magazine

Six students of the Department of English qualified UGC NET Exam. Amala Benny of MA English 23-25 batch and Bhadra G of MA English 22-24 batch qualified for Assistant Professor and pursuing PhD, while Milu Treesa Cyriac of MA English 20-22 batch, Rizana Nazar, Ganga P.G, and J. LakshmiPriya of MA English 23-25 batch qualified for pursuing PhD.



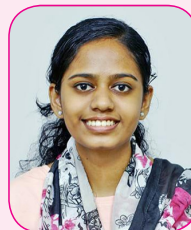
**AMALA
BENNY**



BHADRA G



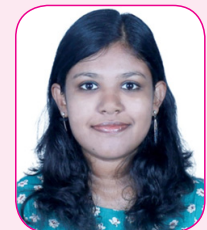
**MILU TREESA
CYRIAC**



**RIZANA
NAZAR**



GANGA P.G



**J. LAKSHMI-
PRIYA**

M.G UNIVERSITY YOUTH FESTIVAL
'DASTAK' WINNERS



Leenu K Jose

First Position with A grade
in the Elocution: Malayalam
A grade in the Essay writing
Malayalam



Maria Raju

Third position with A
grade in Collage



Irene Biju

A grade in Cartooning



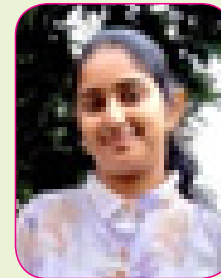
Arya Jayasankar

A grade in Ottamthullal



Gouri Rajesh

A grade in Kuchippudi
A grade in Mohiniyattam



Dona Rose Mathew

A grade in Kavithaparayanam
(Malayalam)

COMPETITIVE EXAMS

ECONOMICS



NESRIN P FASIM

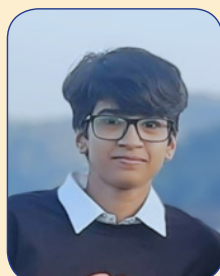
(BA ECONOMICS BATCH
2017-20), AIR 703 - the
only topper from Kerala to
conquer UPSC 2024 with
Economics Optional.

PHYSICS

Qualified for the IIT JAM 2025 examination

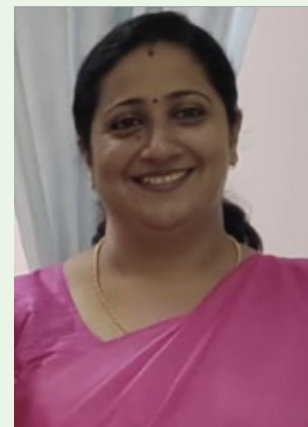


ARCHANA SURESH



PINKY RAJEEV

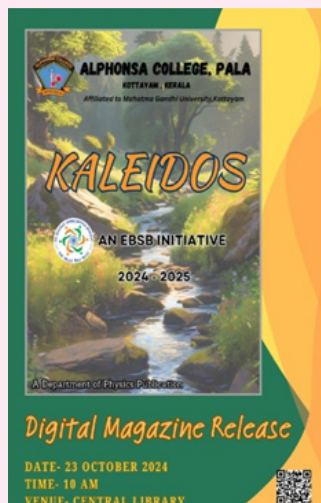
AWARDS, HONOURS AND RECOGNITION
OF TEACHERS-
PH.D RESEARCH GUIDESHIP



Dr Annu Paul

Title: Cyber Crimes in commercial banks:
issue, challenges and solutions

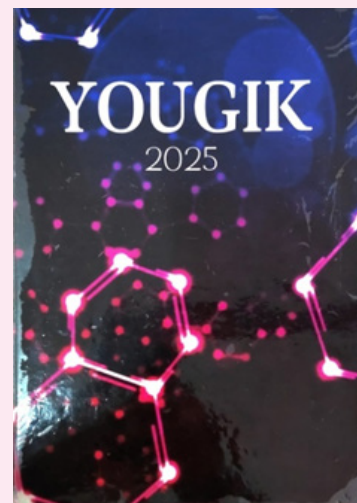
MAGAZINES OF THE DEPARTMENTS



EBSB CLUB



ENGLISH



CHEMISTRY

PUBLICATIONS IN NATIONAL & INTERNATIONAL JOURNALS

ENGLISH

Rosmy Katoor

Published a paper 'HAMLET IN UTERO: ADAPTATIONS AND THE SHAKESPEAREAN CANON', Vol.47, No.3, April-June, 2024, in Education and Society, Impact Factor - 5.74, ISSN No.2278-6864

Sr. Jaimi Abraham

Published a paper 'Echoes of the Hakawati: The art of Storytelling in The Map of Salt and Stars' in Litera: Dil, Edebiyat ve Kültür Araştırmaları Dergisi Litera: Journal of Language, Literature and culture Studies, January 2025

Dr. Rose Mary Philip

Book chapter in BREAKING BARRIERS FOR INCLUSIVE FUTURE CHAPTER TITLE----Global Governance and Pursuit of World Peace Published by UGC MMTC University of Kerala, Thiruvananthapuram

MALAYALAM

Dr. Anila Thomas

A book chapter named *Erunda sandhyayum vijanamaya edavazikalum* in the book *Bhavam Padmanabham (Kadha Padanangal)*, with ISBN No: 978-81-983886-8-1 by tall mount publishing a global platform 2025, (Kottayam Pushpanath publications)

Prof. Dr. Minimol Mathew

Published a paper named *Cain Paribhashananthara Bbhashayum Bhasha Vishakalanavum* in Chengazhi, (UGC care listed journal, Indian Languages SL No : 348 ISSN No.: 2581-9585.) Vol 2 issue 1 January- June 2024- pages 262-268.

Published a paper named *Marubhumiylae Marujeevithangal -Pravasathintae Veritta Anubhavam* in Bodhi International journal of research in Humanities, Arts and science. Centre for resource, research and publication services (CRRPS) *Volume 8 Special issue 3 August 2024* E-ISSN 2456-5571, Pages 12-24.

A paper named *Bhudakalathintaeum Desabhodathintaeum Uchadanam* in the book *Bhavam Padmanabham (Kadha Padanangal)*, with ISBN No:978-81-983886-8-1 by tall mount publishing a global platform 2025, (Kottayam Pushpanath publications) pages-125-129.

CHEMISTRY

Dr. Sr Jilly James

BOOK CHAPTERS

Properties and Applications of Butadiene Rubbers - Utilization of Microparticles as Potential Fillers in Butadiene Based Rubbers (Utilization of recycled micro particles as potential fillers in butadiene based rubbers - chapter 13) ISBN- 979-8-891-969-5, Jilly James, Priya Antony, Sheena Varghese (2024), Nova Science Publishers, pages 295-320

Dr. Kochurani George

Published a paper 'Enhanced Activity for Oxidative Dehydrogenation of Ethylbenzene to Styrene using Cobalt Substituted Copper Chromite Spinel' in Teresian International Journal of Chemical Sciences, October - December 2024, Volume V, Issue IV. Page 21-28

Dr. Diana Elizabeth

Published a paper “Surface modification of titania nanoparticles with BSA engineered coating: Investigation of antimicrobial and anticancer activities.” In *Inorganic Chemistry Communications* 170 (2024): 11312. IF-5.4

Published a paper “Synergistic enhancement of titania nanoparticles via surface modification with functionalized Macromolecular betadex with Pyrene-3-butyrac Acid: Broad spectrum photocatalytic antimicrobial and anticancer perspectives.” *Inorganic Chemistry Communications* 162 (2024): 112135. IF-5.4

Published a paper “Recent development in the synthesis of imidazo [1, 5-a] indole derivatives: an in-depth overview.” *Organic & Biomolecular Chemistry* 22 (2024):7560-7581. IF-2.7

Published a paper “Advances in Wacker oxidation: From palladium to first-row transition metal catalysts.” *Journal of Organometallic Chemistry* 1032 (2025): 123625. IF-2.4

BOOK CHAPTERS

Homogeneous Hydrogenation and Metathesis Reactions, (Olefin metathesis homogeneous catalysts -Chapter 9) ISBN: 978-0-443-15656-4 Jisna Jose, Elizabeth J. Diana, Thomas V. Mathew, (2025) Publisher-Elsevier (DOI.org/10.1016/B978-0-443-15656-4.00005-7) Series:Advances in Homogeneous Catalysis, Vol 5, Pages 191-210

Homogeneous Isomerization, Amination and Silicon Compounds Reactions (Homogeneous reductive amination and hydroaminomethylations -Chapter 5) ISBN: 978-0-443-15712-7 Jisna Jose, Elizabeth J. Diana, U. S Kanchana, Thomas V. Mathew, (2025) Publisher-Elsevier (<https://doi.org/10.1016/B978-0-443-15712-7.00008-2>) Series:Advances in Homogeneous Catalysis, Vol 7, Pages 91-115

Dr. Sr. Sheena Varghese

Published a “Photoinduced Antifungal Studies of Functionally Modified Beta Cyclodextrin- Carbon Nanoparticle System SEEJPH Volume XXV, 2024, ISSN: 2197-5248

BOOK CHAPTERS

Properties and Applications of Butadiene Rubbers - Utilization of Microparticles as Potential Fillers in Butadiene Based Rubbers (Utilization of recycled micro particles as potential fillers in butadiene based rubbers - chapter 13) ISBN- 979-8-891-969-5 , Jilly James, Priya Antony, Sheena Varghese (2024) , Nova Science Publishers , pages 295-320

PUBLISHED BOOKS

Sheena Varghese, “Green Synthesis and Antimicrobial Properties Of Nanoparticles” -ISBN 978-93-48132-44-4 (2025)

Sheena Varghese “Photochemical And Antimicrobial Applications of Nanoparticles Encapsulated In Host Systems” ISBN 978-93-48132-45-8 (2025)

PHYSICS

Prof. Dr. Minu Joy

Published a paper Primordial blackhole formation: exploring chaotic potential with a sharp step via the GLMS perspective: *Class. Quantum Grav.* 41 (2024) 205001, Impact Factor - 3.6

Cincila Joy

Published a paper “Synthesis and Characterisation of Lithium Ferrite Nanoparticles”, *Multi Disciplinary Journal of St. Aloysius College* ISBN: 978-93-6013-092-3

Dr. Sr. Priya Antony

BOOK CHAPTERS

Utilization of Recycled Microparticles as Potential Fillers in Butadiene-Based Rubbers, *Nova Science Publishers, Inc., New York*, September 26, 2024, DOI: <https://doi.org/10.52305/QJRG4338> ISBN: 979-8-89113-969-5

Exploring the Effects of Industrial Effluents on Soil at Nevta Dam, Jaipur: A Case Study”, *Bloomsbury Publications*, 30 July 2024, ISBN No. 9789356407343

ZOOLOGY

Dr. Sr. Manju Elizabeth Kuruvila

Published a paper ‘A new millipede species of the genus *Gnomognathus* Attems, 1942 (Diplopoda, Spirostreptida, Harpagophoridae) from South India’, *Zootaxa* 5659 (3): 335-356, ISSN 1175-5334 (online edition)

Dr. Ambili T R

Published a paper ‘Sublethal Toxicity of Acetaminophen and Ibuprofen in *Oreochromis niloticus*: Hematological, Biochemical and Enzymological Parameters’, in the journal *International Journal of Zoological Investigations* Vol. 11, No. 2, 52-64 (2025), ISSN: 2454-3055

HISTORY

Sunitha Santhan

Published a paper ‘Chembakassery Kings And Christian Architecture Of Medieval Kerala: A Historical Perspective’, *Arimma Nokku* ISSN: 2320-4842, Vol-18 No. 03, July-September 2024

Published a paper Martial Prowess and Christian Identity in Early Modern Kerala, *The Investigator*, ISSN 2454-3314, Vol. 10, No. 2, Peer-Reviewed Multidisciplinary Journal, Association for Cultural & Scientific Research, Thrissur, June 2024.

Published a paper Brahmasree Virupakshan Namboodiri: The Enlightened Reformer of Kerala, *Arimma Nokku* ISSN: 2320-4842, Vol-18 No. 04, October- December 2024

ECONOMICS

Smitha Clary Joseph

Published a paper ‘Gender Disparities in Health and Healthcare Expenditure: An Economic Perspective’, *International Journal of Cultural Studies and Social Sciences*, ISSN 2347-4777, Vol-X, Special Issue-02, January - June: 2025

Neha Renjit

Published a paper ‘Sustainable Urban Development in India: Challenges And Opportunities in Alignment With SDG 11 And Viksit Bharat 2047’, *Unlocking Economic Potential In 21st Century: Harnessing Demographic Dividend In India*, ISBN-978-81-981661-4-2, January 2025

Athulyamol Benny

Published a paper 'Assessing The Efficacy of Green Nudge in Mitigating Single-Use Plastic: An Experimental Approach', Unlocking Economic Potential In 21st Century: Harnessing Demographic Dividend In India, ISBN-978-81-981661-4-2, January 2025

POLITICAL SCIENCE

Dr. Jobin Sebastian

Published a paper 'Surveillance and Five Eyes: Changing Dimensions of India's Cyber Security', Indian Journal of Public Administration, ISSN: 0019-556, 2024

BOOK CHAPTERS

Surveillance State Vs Right to Privacy: An Indian Digital Odyssey, The Constitution of India Reimagined : Reflections in the New Millenium (Scholar's Press), ISBN: 978-6208846459, 2025

Widening Scope of Article 21: A Constitutional Lifeline, The Constitution of India Reimagined : Reflections in the New Millenium (Scholar's Press), ISBN: 978-6208846459, 2025

Nirupama Elzabath K

Published a paper 'Net migration as a catalyst or constraint for India's demographic dividend: A World Bank Data Analysis', International Journal of Cultural Studies and Social Science, ISSN: 2347-4777, 2025

ALPHA

News Letter 2025

Published a paper 'SDG India Index: An Analysis through Gender Equality Lens (2018-2024)', in Women Empowerment as a Catalyst for the Holistic Development of the Economy, ICSSR Sponsored Conference Proceedings ,ISBN: 978-93-6492-912-7, 2024

Published a paper 'Trends and drivers of greenhouse gas emissions in India: A decadal analysis (2010-2020)', Current World Environment, ISSN: 0973-4929, 2024.

Published a paper 'Environmental Justice and Disability Rights in India: A Comparative Analysis', Ecology, Environment and Conservation Journal, ISSN: 0971-765X, 2024

Published a paper 'Three Decades of Green: A Comprehensive Analysis of India's Forest Cover Dynamics from 1990 to 2021 Based on World Bank Data', Ecology, Environment and Conservation Journal, ISSN: 0971-765X , 2024

Published a paper 'Revitalizing the Social Inclusion of Differently Aabled: Role of Democratic Institutions in India', Online International Interdisciplinary Research Journal, ISSN 2249-9598, 2024

STUDENTS ACHIEVEMENTS

MATHEMATICS

Archa Anil and Mariya Biju won First Prize in M. J Thomas Inter Collegiate Quiz competition held at Baselius College, Kottayam

.Neeraja S & Ayana Maria won Second Prize in MG University Statistics Quiz competition

Archa Anil & Mariya Biju won Third prize in Inter collegiate Quiz competition held at KE College Mannanam

Quiz Competition Prizes		
Name of the Competition	Name	Prize
M. J Thomas Inter Collegiate Quiz competition (Baselius College Kottayam).	Archa Anil & Mariya Biju (III DC Mathematics)	First Prize
MG University Statistics Quiz competition.	Neeraja S & Ayana Maria (II DC Mathematics)	Second Prize
KE College Mannanam Inter collegiate Quiz competition.	Archa Anil & Mariya Biju (III DC Mathematics)	Third prize

CHEMISTRY

1. Awards/ Prizes/ Recognitions in Curricular and extended curricular areas

Sl No	Name of students and position of prize	Date of Event	Venue of competition and details
1	Quiz Competition III Prize Ann Diya Sunny & Theertha S Kumar	12-12-2024	PG & Research Department of Chemistry, DBT-STAR COLLEGE SCHEME FUNDED ALQUIMIA 2024, All Kerala Intercollegiate Science Quiz Competition KE College Mannanam
2.	Hindi Elocution I Prize Vinaya Babu	27-01-2025	Intercollegiate Hindi Elocution Competition organized by the Department of Hindi, Alphonsa College Pala
3.	Paper Presentation Competition II nd prize - Vinaya Babu III rd prize - Neha Benny	12-02-2025	Golden Jubilee Memorial Intercollegiate paper presentation Competition, SPARK 2025 at Assumption College Changanassery
4.	Quiz competition, Ann Diya Sunny and Theertha S Kumar II prize	21-02-2025	Dr. Siby Joseph Memorial Inter Collegiate Quiz All Kerala Quiz Competition, PG & Research Department of Chemistry, St. Joseph college Moolamattom
5.	Quiz Competition II prize Ann Diya Sunny and Richa Brigit Tom	27-2-2025	All Kerala Intercollegiate Chemiquiz Competition Deva Matha College Kuravilangad

PHYSICS

1. Awards-



Ms. Devika Ajay (II DC Physics) and Keethana Hareendran (III DC Physics) won first and second prize in power quiz organised by KSEB at the college level

CLINICAL NUTRITION

A debate on the pros and cons of nutritional supplements was organized at St. Teresa's College, where Gowri S. and Annliya P.S. of III DC CNL secured the first prize, demonstrating excellent communication and critical thinking skills. Ameesha Alex of IDC won the second prize in an article writing competition held at Caritas Hospital, Kottayam, conducted as part of National Nutrition Week celebrations.

ENGLISH

A team from second DC English comprising Aparna Viswam, Anna Carolin George and Milla Liz Tom won the prestigious ever rolling trophy at All Kerala Literary Fest held at KE College, Mannanam.





Rizana Nazar and Amala Benny of Second MA English secured first prize in the Quiz Competition conducted at Deva Matha College Kuravilangadu.

Leenu K Jose of Second DC English bagged many prizes in the academic year including:

1. ORMA International Speech Competition 2024 -First
2. Inter University Elocution Competition conducted by Chavara Cultural Centre - Third
3. Dr Sukumar Azhikode Memorial All Kerala Elocution Competition – Second

4. Prof. P. A. Alikunju Endowment Speech Competition conducted at Al-Ameen College, Edathala -First
5. C. M. Stephen Memorial Elocution Competition conducted at St. Joseph's College, Alappuzha -Second
6. Physica Scientific Extempore at St. Thomas College, Pala - First
7. Co-operative Week Elocution Competition by Meenachil Circle Co-operative Union- First
8. Co-operative Week Essay Writing Competition by Meenachil Circle Co-operative Union-Second
9. Vigilance Awareness Week Elocution Competition by Rubber Board Kottayam-Third
10. Swachhata Hi Seva Quiz by Pala Municipality -First
11. Co-operative Week Elocution Competition Kottayam District Level- Third
12. RJ Hunt Competition conducted at Assumption College -Second
13. Prof. Varghese Padiyara Memorial Elocution Competition conducted at St. Thomas College, Ranni-First.

The Department of English won **the overall championship in Sports and Arts.**



RETIREMENT

Sl. No	Name of the faculty	Designation	Period of Service
1	Rev. Dr Shaji John	Principal and Former HoD, Department of Politics	2005-2025
2	Prof. Dr Jesty Emmanuel	HoD, Department of Hindi	2008-2025
3	Ms Bijimol Joseph	First Grade UGC Librarian	1996-2025
4	Mr M Boscochen Thomas	LD Clerk	1994-2025

RETIREMENT



Rev. Dr Shaji John



Prof. Dr Jesty Emmanuel



Ms Bijimol Joseph



Mr M Boscochen
Thomas

DEPARTMENT ACTIVITIES

ENGLISH

The inauguration of the English Literary Association activities for the year was done by S. Joseph, renowned poet and recipient of Sahitya Akademi Award, on 22nd August 2024 and he delivered a lecture on the topic "Subjectivity in Writing". The Postgraduate Department of English celebrated the environment day on June 5th 2024 with the Gift in green campaign wherein the students and teachers exchanged plant saplings and a quiz competition was conducted under the title "Knowing Nature". A Face painting competition was conducted by the department in connection with the Independence Day Celebrations. Short Story writing, Caption Writing and film review competitions were conducted by the department in association with Manorama Hortus Literary fest. As part of the Alumnae lecture series titled Continuum Conversations a lecture was conducted by Ms. Neha K Sebastian (MA 2021-24 batch), Assistant Professor, Mary Martha College of Arts and Science, Theni on the topic "Mastering the NET Exam: Strategies for Success". Third year and Second PG Students went on a trip to Ooty and Wayanad as part of their study tour. Final year students conducted Fluency Improvement Program (FLIP) for students in a nearby school. Inspire- Theme based book exhibition and quiz

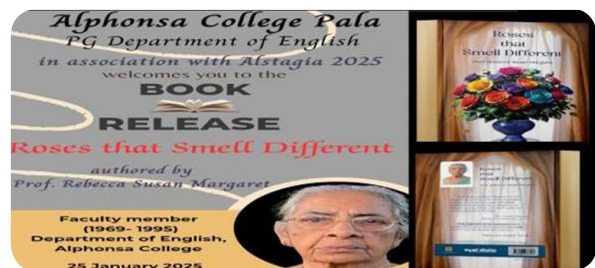
competition was organized on 19th February 2025 in association with the college library. A poetry collection titled "Roses that Smell Different" authored by Prof. Rebecca Susan Margaret, retired faculty member of the Department of English was released as part of Alstagia 2025. The Department of English inaugurated Alumnae Archives on 11th March 2025 wherein the outgoing students donated a book to the department library, thereby leaving a lasting legacy of knowledge and memories. A poetry collection titled "Roses that Smell Different" authored by Prof. Rebecca Susan Margaret, retired faculty member of the Department of English was released as part of Alstagia 2025.



Gift in green campaign



Face painting competition conducted in connection with the Independence Day Celebrations



ECONOMICS

The Department of Economics of Alphonso College, Pala, organized the inauguration of the Economics Association on 9th August 2024. Dr. K.K. John, a distinguished economist and scholar, was invited as the Chief Guest and delivered an insightful session on the Union Budget Analysis 2024, providing key insights into the budget's implications. The department successfully organized a *Used Book Collection Drive* on 18th February 2025, aimed at promoting sustainability through the principles of *Reuse, Reduce, and Recycle*. The collected books were redistributed to underprivileged students, fostering knowledge sharing and reducing waste. The III DC Economics students of Alphonso College, Pala, conducted a financial literacy campaign on 28th February 2025, focusing on the importance of digital transactions, particularly the Unified Payments Interface (UPI), through household visits. This initiative was conducted in connection with the



Union Budget Analysis by Dr. K.K. John



Mr Manoj Neelakantan, a SEBI Certified Trainer

HISTORY

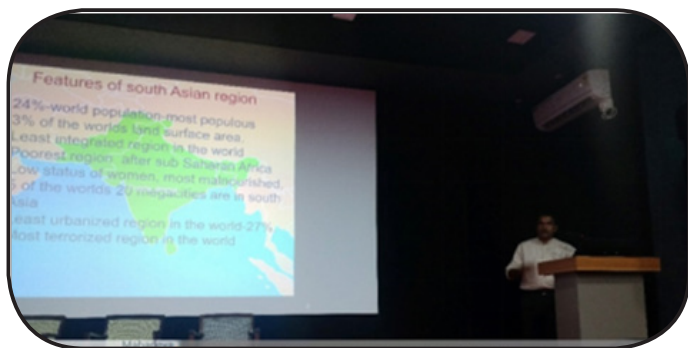
The association activities of the Department of History were formally inaugurated on 30/08/2024 by Rajeev Pallkonnom, a local historian and the General Secretary of the Kerala Centre for Local History and Heritage Studies. On the same day, he delivered an invited talk on *“Practical Approaches to the Study of Local History.”* In commemoration of World Environment Day, the department organized an Essay Writing Competition on 05/06/2024 to foster awareness and reflection on environmental issues among students. On the occasion of Malala Day, a thought-provoking talk by Donna Saji, a third-year student, was organized on 12/07/2024 to honor the inspiring journey of Malala Yousafzai and her unwavering commitment to girls' education. To commemorate Independence Day, the department screened the critically acclaimed film *Gandhi* on 14/08/2024. As part of the academic enrichment program, a historical site visit to Trivandrum was organized for second-year students on 27/09/2024. An Open House session was conducted on 15/10/2024 to address the academic and administrative concerns of students. As part of Human Rights Day celebrations on 10/12/2024, a quiz competition was conducted to raise awareness about human rights principles and their significance in society. Third-year students participated in a heritage visit to Hyderabad from 26/01/2025 to 30/01/2025. The Department of History, in collaboration with the College Library, hosted a Book Exhibition on the *Modern Indian Constitution* from 27/01/2025 to 05/02/2025, with the objective of imparting knowledge about India's constitutional history, its evolution, and its role in shaping the nation. A quiz competition was held as part of this event on 05/02/2025. In collaboration with the *Ek Bharat*

Shreshtha Bharat (EBSB) Club, the department organized a captivating presentation titled *“Himachal Pradesh: Unveiling the Hidden Gem”* on 18/02/2025. In line with its commitment to environmental sustainability and the Green Campus Initiative, the department conducted a workshop on paper pen making on 20/02/2025.



POLITICAL SCIENCE

The inauguration of the Political Science Association (PSA) was conducted by Dr. Santhosh Mathew, Associate Professor at the Centre for South Asian Studies, School of International Studies and Social Sciences, Pondicherry Central University. On the same day, a National Workshop on “Dynamics of Modern South Asian Politics: Challenges, Trends, and Future Prospects” was held, led by Dr. Santhosh Mathew. On 09/09/2024, the Department congratulated Kum. Elizabeth George (IV Rank Holder) and Kum. Sona Sojan (IX Rank Holder) for their meritorious achievements. Faculty member Rev. Dr. Jobin Sebastian conducted an awareness class on *Cyber Security* for NSS Volunteers of St. Mary’s H.S.S., Bharananganam, during the Christmas vacation. In connection with Constitution Day and Republic Day, an invited



National Workshop on Dynamics of Modern South Asian Politics: Challenges, Trends and Future Prospects



Invited Talk on Indian Knowledge System by Rev. Dr. Joseph Thadathil, Manager, Alphonsa College, Pala.

MATHEMATICS

The Department of Mathematics & Statistics recorded an impressive 100% pass rate in the University examinations, with 11 students achieving A+ grades. The academic year witnessed diverse activities promoting academic excellence, skill development, and holistic growth. Key programs included seminars on Digital Marketing, Indian Knowledge Systems in Mathematics, career opportunities in Statistics, and a workshop on AI tools in MS Office. Students participated in a two-day Data Analysis workshop using Jamovi and completed certificate courses in LaTeX and Digital Marketing. The department hosted the All-Kerala Intercollegiate Mathematics Quiz and an Alumnae Lecture Series. National Mathematics Day, Pi Day, and World Environment Day were observed with competitions and awareness programs. Community extension activities like free

mathematics tuition for school students were also undertaken. Students engaged in research-based projects and statistical surveys addressing real-world issues like AI usage, screen time habits, and plastic pollution, ensuring academic engagement with societal relevance.



Certificate Course on Digital Marketing



Intercollegiate Mathematics Quiz Competition

PHYSICS

The Physics Association of Alphonsa College, Pala, was inaugurated on 12/08/2024 by our proud alumna, Dr. Juna Sathian, Associate Professor in the Department of Mathematics, Physics & Electrical Engineering, Northumbria University, UK. On the same occasion, the student science magazine *HARMONICS* was also released. This was followed by an international webinar on the topic “From LASERS to MASERS” by Dr. Juna. Several workshops and interactive sessions such as LED bulb assembly, telescope making, sky watch, and career orientation programs were organized by the department with financial assistance from the Department of Science and Technology under the STAR College Scheme. Invited talks by renowned experts in Physics—Prof. Malini K. A. (Vimala College,



Interactive learning program for school students on nuclear energy entitled “The Power Within: Nuclear Energy Unveiled” held on 9/8/2024

Thrissur), Prof. Sreelatha (Government College, Nattakam), Ms. Akilal D. (Project Associate, CHRIST – Deemed to be University, Bangalore), and Augustine J. Edakkara (Assistant Professor, St. Thomas College, Pala)—were also conducted to spark scientific curiosity and interest among students. During the academic year 2024–25, Physics students actively participated in both academic and extracurricular activities at the college and university levels. Elizabeth Abraham secured IV Rank (Physics Model I), and Ann Treesa Jijo secured III Rank (Physics Model III) in the MG University 2025 examinations. Additionally, the department achieved one S grade and seven A+ grades, showcasing academic excellence.



One day workshop on Telescope making workshop for school students was organised on 24/8/2024 led by the team of members from Breakthrough Science Society

CHEMISTRY

The Department of Chemistry, Alphonsa College, Pala, organized various activities during the academic year to promote academic excellence, research, and social responsibility. On June 13, 2024, as part of the World Environment Day celebrations, the department conducted a science awareness seminar and a pencil sketch competition at Kalaniyam UP School, Puliyanoor. The departmental activities were formally inaugurated on 15/07/2024 by Dr. Sandhya Rani, Professor at NIT Calicut, who also delivered an enlightening seminar. The department continued its academic enrichment initiatives with an invited talk on “Next Generation Energy Storage Systems” by Dr. Deepa Elizabeth Mathew, Assistant Professor, Amal Jyothi Engineering College, Kanjirappally, on August 27, 2024. An industrial visit to the National Institute of Rubber Technology (NIRT), Kottayam, was organized on August 29, 2024. A training session titled “Preparing Students for the Future” was conducted by Mr. Jofin Thomas, Regional Head and Senior Instructional Coach, Generation India Project, Vinsys, Pune, on September 4, 2024. Further academic enrichment came through a talk on “Unveiling the Truth: The Role of Chemistry in Forensic Science” by Jithin Prakash P. A., Assistant Professor, St. Thomas College, Pala, on September 24, 2024. The department also organized a visit to Kurisumala Dairy Farm, Vagamon, on September 27, 2024, providing students with valuable insights into sustainable practices and operations. Inspiring talks were delivered on October 4, 2024, by Dr. Jose James, Assistant Professor, St. Joseph’s College, Moolamattom, on “Inspiration from Nobel Laureates,” and by Dr. Renjis T. Tom, Head of the Department of Chemistry, St. Joseph’s College, Devagiri, Kozhikode, on “Food Chemistry.” A workshop on “Laboratory Safety” was conducted by Dr. Jogy Alex, Former

Head of the Department, St. Thomas College, Pala, on October 14, 2024. Demonstrating a strong commitment to community service, the department visited Shalom DCMR Special School, Puliyanoor, on December 3, 2024. The valedictory function of the Department of Chemistry, held on March 14, 2025, marked the farewell of the III DC students and the release of the department’s handwritten magazine “*YOUNG*.”



Dr. Sandhya Rani, Professor, NIT Calicut, inaugurated Chemistry Association



Visit to the National Institute of Rubber Technology (NIRT) in Kottayam

BOTANY

The Department of Botany, Alphonsa College, Pala, conducted a wide range of activities during the academic year 2024–25, including field visits, workshops, training programs, extension activities, and industry visits. First-year undergraduate students visited the Meenachil Bamboo Oxygen Garden and learned about the ecological significance of bamboo. Third-year students conducted a tree diversity audit on the college campus, identifying 315 trees belonging to 47 species. The department has also been actively involved in organic farming on campus, cultivating vegetables such as ladies' finger, tomato, cauliflower, brinjal, and green chili in 350 polybags. A workshop on *Intellectual Property Rights (IPR) and Biosafety Issues* was conducted, led by Dr. Mathews T. Thelly, Associate Professor, K.E. College, Mannanam. The department also organized a visit to Home Grown Biotech, Vizhikathodu, where students learned about advanced plant propagation techniques and nursery management. A workshop on plant taxonomy was conducted, led by Dr. Binu Thomas, Assistant Professor in Botany, St. Joseph's College, Devagiri. Additionally, students visited the Thenmala Ecotourism Centre, where they explored the Adventure Zone, Leisure Zone, and Deer Park. An awareness class on healthy diet and food preservation tips was conducted for homemakers, led by



Visit to Thenmala Ecotourism Centre

Smt. Julie J. Paramundayil, Head and Associate Professor in Botany, and Ambili T. R., Assistant Professor in Zoology, Alphonsa College, Pala. The department organized a workshop on bioinformatics, led by Dr. Sincy Joseph, Associate Professor in Botany, St. Stephen's College, Uzhavoor. An invited talk on *Research Methodology* was delivered by Dr. Libin Kuriakose, Associate Professor in Physics, St. Thomas College, Pala. He discussed key aspects of research, including formulating research questions, conducting literature reviews, and selecting appropriate methodologies. An interdepartmental environment quiz competition was also conducted. A field visit to Kavalipuzha Kadavu helped students understand the environmental significance of the beach ecosystem. The department organized an awareness program on *The Essentials of Food Hygiene* for students of St. Augustine's Higher Secondary School, Ramapuram. A seminar on *Career Options for Botany Graduates* was conducted by Mr. Ebin P. J., Assistant Professor and Head, Department of Botany, Sacred Heart College, Thevara. As part of the Alumni Lecture Series, Mrs. Claramma, Retired Deputy Commissioner of the Rubber Board, delivered a lecture on the topic "*Common Cut Flowers.*" An industrial visit to Kanjiramattom Agro Producer Company Ltd. was organized, where students learned about the functioning and production processes of an agro-producer company. The department also hosted various programs under the *Indian Knowledge System (IKS)* initiative, highlighting India's rich contributions to botany and plant sciences. A botany quiz competition was organized for graduate students to test their understanding of topics such as plant taxonomy, physiology, genetics, ecology, economic botany, and recent advancements in botanical research.



Workshop on Flower Arrangement

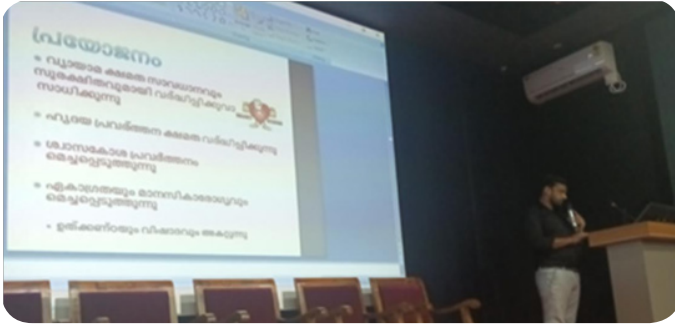
ZOOLOGY

As part of the World Environment Day celebrations on 5 June 2024, the Department of Zoology, Alphonsa College, Pala, initiated the establishment of a Butterfly Garden on the college campus. On 2 July 2024, the department organized a Career Orientation Programme focusing on opportunities in the medical coding sector. Further strengthening this initiative, a Memorandum of Understanding (MoU) was signed with *Antons Medical Coding Academy* on 26 July 2024, aiming to offer an add-on certificate course in medical coding for students. The Zoology degree students undertook an educational visit to Padannamakkal Fish Farm on 17 August 2024 to understand its operations, challenges, and successes. On 22 August 2024, they visited the National Institute for Rubber Training (NIRT).

A workshop on "*Advanced Research in Insect Taxonomy*" was organized by the PG and Research Department of Zoology on 6 September 2024. In connection with World Ozone Day, a PowerPoint presentation on the importance of ozone layer preservation was conducted on 9 September 2024. On 7 October 2024, the department organized an Intercollegiate Idea Hackathon under the DBT Star College Scheme on the theme "*Finding Sustainable Alternatives to Plastic.*" This programme brought together innovative minds from various



workshop on "Advanced Research in Insect Taxonomy"



A talk on the Indian Knowledge System on the topic “Ayurvedic Approaches to a Healthy Lifestyle”

institutions. A training session on apiculture and colony splitting was conducted on 22 October 2024 for Zoology degree students, focusing on two significant bee species: *Apis indica* (Indian honeybee) and *Trigona iridipennis* (stingless bee).

On 11 November 2024, the students visited the School of Biosciences and the School of Environmental Sciences at *Mahatma Gandhi University, Kottayam*. The department organized a visit to Mariasadanam on 6 January 2025 as part of its community engagement initiatives. On 13 January 2025, an invited lecture on “Resume Building Using AI Tools” was conducted by Dr. Justin Jose (Devamatha College, Kuravilangadu). The session focused on leveraging AI-powered platforms to create professional and impactful resumes. On 5 February 2025, the department organized a talk on the Indian Knowledge System titled “*Ayurvedic Approaches to a Healthy Lifestyle*.” The session was delivered by Dr. Vishnu G. Kartha (Kartha’s Hut of Wellness, Meenachil). On the same day, the department released its student-created manuscript magazine Zooniverse.

CLINICAL NUTRITION AND DIETETICS

On the occasion of **International Day of Older Persons**, the third-year Clinical Nutrition and Dietetics students visited **DAIVADAN**, an old age home at Chethimattom, Pala, on **October 1, 2024**, to celebrate the day and spend quality time with the elderly residents. Teachers from the Department of Clinical Nutrition and Dietetics delivered talks on the *Importance of Adolescent Nutrition* and the *Importance of Nutrition in Children* at **Little Flower High School, Kanjiramattom**, on **November 21, 2024**, and at **St. Antony’s Higher Secondary School, Mutholy**, on **December 6, 2024**. As part of the **Alphonsian Community College** initiative, **diet counselling**

was provided to the public as an extension service. The aim of this counselling was to offer dietary guidance and support to individuals to help improve their overall health and well-being. **Diet counselling was provided every Wednesday from 10:00 a.m. to 2:30 p.m.** Beneficiaries of the service included the general public, teaching and non-teaching staff, and students. The **PG Department of Clinical Nutrition and Dietetics**, in association with **Unnat Bharat Abhiyan**, organized a talk on “*Balanced Diet for a Healthy Adolescent Life*” at **St. Antony’s HSS, Mutholy**, on **December 6, 2024**.



Diet counselling



Debate competition

COMMERCE

The **Department of Commerce** conducted a leaf identification competition – “*Lahoja Id*” – as part of the **Environment Day** celebration on **June 5, 2024**. An **Investor Awareness Program** was conducted on **March 25, 2025**, to educate students about the benefits and risks of various investment options, thereby promoting financial literacy and responsible investing. It aimed to empower students with the knowledge and tools needed to make informed investment decisions. The resource person was **Mr. Jinu Mathew**, Assistant Professor, **St. Thomas College, Pala**. A **one-day workshop on Research Methodology** was held on **March 4, 2025**, under the guidance of **Dr. Sunny Joseph**, a renowned academician and former Principal of St. Thomas College,



Palai. The workshop aimed to enhance the research skills of faculty members, scholars, and postgraduate students by introducing them to essential methodologies, tools, and techniques necessary for conducting quality research. A workshop was also organized to provide a **virtual trading environment** for students to practice stock trading without risking real money. It simulated real-world market conditions, allowing participants to test strategies and learn about different stocks. The **StockGro application** was used for this purpose. The session was led by **Ms. Sheena Sebastian** and was conducted on **March 5, 2025**.

PG CHEMISTRY (SF)

The activities of the **P.G. Chemistry Association** commenced with a grand inaugural function on **11th July 2024**, where **Ms. Deepamol Varghese**, Head of the P.G. Department of Chemistry, inaugurated the programme by lighting the lamp and delivering the keynote lecture on the topic “*Nano Materials and Characterisation Techniques*.” Ms. Deepamol Varghese also participated in the **National Seminar on “Oikos – Journeys through Life’s Habitat”** held at **NSS Hindu College, Changanassery**, on **17th March 2025**, where she presented a poster. **Environment Day** was celebrated on **5th June 2024** at **1:10 p.m.** The Head of the Department, **Ms. Deepamol Varghese**, planted a tree in the college yard and delivered a message to the students on the importance of conserving nature. The **farewell ceremony** for the graduating batch of **2025** was held on **5th March 2025** at **1:30 p.m.** in **Room No. 86**, organized by the juniors of the P.G. Department of Chemistry with great enthusiasm and heartfelt emotions.



Environmental day celebration

B.VOC FASHION TECHNOLOGY

On June 5th, 2024, as part of World Environment Day, the students of B.Voc Fashion Technology planted saplings under the theme “**Trees for the Future**”, an initiative presented by *Prakrithi*. In celebration of World Embroidery Day, the department organized a **3D embroidery training class** on August 6th, 2024, for the IDC batch students of the B.Voc Fashion Technology Department. Twenty students participated in the session, which was led by Ms. Neenu Thomas. To mark National Handloom Day, the Department of B.Voc Fashion Technology conducted a **group quiz competition** for its students on August 7th, 2024. A **demonstration class on embroidery sewing machines** by the Singer Group was conducted on November 8th, 2024. On November 15th, 2024, the department organized a **workshop on grooming and model selection** by *Little Road Creations*, Kochi. A

seminar on the basics of Silk Mark and Silk Technology, led by Mr. P.C. Johny (Silk Mark Executive, Central Silk Board, Palakkad), was conducted on November 22nd, 2024, at the Zoology Seminar Hall. On November 21st, 2024, the Department of Fashion Technology conducted a **skill training program** at Little Flower High School, Kanjiramattom. Thirty students from classes 6, 7, and 8 participated in various workshops, including hand embroidery, flower making, and

fabric painting, taught by the staff and students of the department. The department also organized a **Christmas Flea Market** on December 18th, 2024, at the open stage, where students sold handmade products based on the Christmas theme.



A demonstration class on embroidery sewing machine by Singer Group



workshop on grooming and selection of models by little road creations kochi

B.Voc Sports Nutrition and Physiotherapy

As part of the environment day department of B.voc Sports Nutrition and Physiotherapy planted a sapling in the college campus on 5th June 2024 to promote a green environment in the campus. To promote awareness of the Indian Knowledge System, department of B.Voc Sports Nutrition and Physiotherapy conducted Yoga Classes and Seminars. Department of B.Voc Sports Nutrition and Physiotherapy conducted a Christmas Flea Market as part of Christmas celebration on 18th Dec,2024 in the college. Department of B.Voc Sports Nutrition and Physiotherapy conducted an alumni meet on 25th January 2025. B.Voc

Sports Nutrition and Physiotherapy department organised hospital visit to S.VYASA university hospital, Bangalore, which is a deemed university emphasizing hands-on practical experience and in-depth research, combined with a modern scientific approach. Department of B.Voc Sports Nutrition and Physiotherapy conducted a panel discussion in association with B.Voc Sports Nutrition and Physiotherapy department of St. Albert's college, Ernakulam on syllabus restructuring on 24th March 2025.

In Memoriam



Died : 26-02-2025

SPORTS ACHIEVEMENT

This year too our sportswoman kept the flag of Alphonsa flying high. The college team won the MG University Championships in Athletics. The college won the second position in MG University Basketball, kho kho, 3x3 Basketball and Swimming Championship. The College team also won the third position in Netball and Volleyball. The college cross country team won the second position in MG University Inter Collegiate championship held at Pathanamthitta and Kerala state Junior Cross Country championship held at Calicut. Also our senior team won the Kerala state Cross Country championship held at Calicut. Our College Volleyball Team Won the Championship in the All Kerala intercollegiate Volleyball championship held at St. Thomas Kallara, and Kadmatom. Our College Basketball Team Won the Championship in the All Kerala intercollegiate Basketball championship held at Mar. Ivanios College Thiruvnanthapuram and Cusat, Cochi.

Our 16 Athletes represented M.G University in the All India Inter University Athletics championship held at Odessa, Bhubaneswar. Many of our students represented University in the all India Inter-University and national championship and won the medal in the national championships.

Alphonsa College organized 42nd Mahatma Gandhi University Athletics Championship 2024-25 from 29 November 2024 to 3rd December 2024 at Pala Municipal Synthetic Stadium. About 800 Athletes from 98 colleges, affiliated to MG University, participated in the Championship. College also organized Mahatma Gandhi University 3x3 Basketball Men and Women championship 2024-25 from 23rd and 24th November 2024.

Ø Krishnapriya S represented Kerala and got Second position in the senior national basketball championship held at Jaipur.

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- Ø Chinnu Koshy and Krishnapriya S S represented Kerala and got Second position in the 3X3 Basketball National games held at Utharagand .
- Ø Our 3 Athletes (Reshma G- 4X400M Relay, Tilna Tomy 4X400M Relay, Mahithamol AL- 4X100M Relay) represented Kerala in the National games held at Utharagand, and Mahithamol A L Got Silver medal in the 4X100M Relay.
- Ø Arya S and Shona Riya Shiji represented M G University and got Second position in the All India Inter University Volleyball championship held at Rewa, Maharashtra.
- Ø Anakhamol E S, Reema Ronald, Chinnu Koshy and Krishnapriya S S represented M G University and got Second position in the South Zone Inter University Basketball championship held at Assumption College Changanassery,,Kerala.
- Ø Chinnu Koshy and Krishnapriya S S represented M G University and got Second position in the All India Inter University 3X3 Basketball championship held at St.Dominic College Knjirappilly, Kerala.
- Ø Tilna Tomy, Gowri Nandhana ,Ritty P Raju and Reshma G Represented M G University and got Silver Medal in the

All India Inter University 4x400M.relay, held at Odessa, Bhubaneswar.

- Ø Aparna K Nair represented M G University and got Bronze medal in the All India Inter University Athletic championship held at Odessa, Bhubaneswar.
- Ø HariPriya S represented Kerala in the 38th National games Triathlon held at Utharagand.
- Ø Mahithamol A L and Aparna K Nair Represented M G University and got Silver Medal in the All India Inter University 4x100M.relay, Held at Odessa, Bhubaneswar.
- Ø Gowri Nandhana and Reshma G Represented M G University and got Silver Medal in the All India Inter University 4x400Meter Mixed .relay, held at Odessa, Bhubaneswar.
- Ø Fathima Nasla P C and Alenteena Joseph represented Kerala for the National Cross Country Women Championship held at Meerat 12th January 2025.
- Ø Kumari Vaidehi sanjai Vengulekher participated Senior National Volley ball Championship held at Punjab December 2024.
- Ø Akhila Raju represented Kerala and got bronze medal in the 39th junior national athletic championship held at Odessa.
- Ø Alenteena Mariya joseph represented Kerala and got silver medal in 35th south zone junior Athletics meet held at AP .



CENTRE FOR GANDHIAN STUDIES

Gandhi Forum members participated in the World Environment Day Celebrations at Pala Sub-Jail on 05 June 2024. As part of the green initiative, the students planted saplings in the jail compound, promoting the message of environmental conservation and sustainable living. The Centre organised Independence Day Celebrations at L.P. School, Arunapuram on 14 August 2024 retracing the story of the freedom struggle. An engaging storytelling session on unsung heroes of the freedom movement captured the imagination of the young audience. Gandhi Forum members attended a talk led by Shri Tushar Gandhi, the great-grandson of Mahatma Gandhi held at Gandhi Square, Pala on 10th September 2024. As part of the preparations for the NAAC visit, students organized a poster exhibition featuring a curated collection of rare and historically significant photographs. *Paryaptha 2025*, an exhibition cum sale of handmade items made by students and faculty was held on 04 February 2025 with the objective of inculcating the ideals of self-reliance, women empowerment and sustainable

development among students. A quiz competition series – *Prayaana* based on Mahatma Gandhi's autobiography was organised by the Centre for the students of the college.



Meeting Tushar Gandhi

The year 2024-25 was one of the best years for the college NSS unit as we won the sought after Mosses Award - Best Unit Award, Best NSS friendly Principal Award, Best Programme Officer Award and Best Volunteer Award – for our last three-year performance assessment in MG University, which by default qualified us for contesting for the State NSS Award. The award was judged considering the merit of activities done by the college in the past three years under the efficient leadership of our former Programme Officer Dr Simimole Sebastian. This award came at the right moment when the college was celebrating its Diamond Jubilee year. This year NSS continued our legacy by conducting a number of activities including the mandatory seven day camp for second year NSS students. The camp was conducted in December under a programme schedule already prepared and passed by the NSS advisory board of the college and MG University NSS cell. The camp was named ADIAYA 2k24. Apart from the camp, the unit also enrolled 100 first year students and gave them a 48 hour orientation on NSS. Also this year, the college hosted MG University NSS Programme Officers Meet in November.



After winning the Mosses Trophy as the Best NSS unit in MG University 2023-24

Environment Related Activities

- The activities of the year 2024–25 were inaugurated on June 5th by celebrating World Environment Day, during which, under the leadership of our principal Rev. Dr. Shaji John, fruit trees were planted on the college campus and a visit was made to Pala Jail to prepare vegetable gardens on the jail premises.



Vegetable Gardening at Pala Jail Premises

- As part of the first phase of the Vegetable and Fruit Garden Cultivation at the adopted Government LP School Arunapuram, the NSS Unit of the college funded the ground clearing expenses, with field levelling conducted on June 25 under the supervision of the Head Mistress, followed by the second phase on August 23, when students cultivated vegetable seeds and fruit saplings.
- In association with World Tourism Day and the Swachhtha Hi Seva Campaign, the unit visited Kavalipuzha Mini Beach on 28th September and collected plastic waste.
- On the same day, as part of the Swachhtha Hi Seva Campaign, NSS volunteers conducted a cleaning drive at the Pala Municipal Bus Stand under the guidance and support of the municipality.
- A mass cleaning initiative was also undertaken at the K.M. Mani Memorial Government Hospital, Pala, on 21st December.



Planting Fruit Saplings in College Campus by our Principal



Kavalipuzha Mini Beach Cleaning with national level initiative - Swachatha Hi Seva

- As part of the Vayanadu Flood Relief, a fund collection for the people of Wayanad, suffering from severe landslides and heavy rain, was conducted on 6th August 2024.
- In association with the college's ethnic day, a food stall was arranged by the NSS volunteers of the college. The stall was intended to collect funds to celebrate Senior Citizens Day. Everyone wholeheartedly participated in the event and could collect a profit of Rs 3000/-. The amount was handed over to the senior citizens on August 22nd by visiting St. Vincent Providence Home, Pala.

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- As part of celebrating the idea of National Integration, a rally on the theme of national integration was conducted on August 14th.
- Independence Day was observed on August 15th. Anti-Drug Pledge and Campaign was conducted on the same day.
- An oath was delivered on December 3rd, World Disability Day.



A visit to an old age home



Independence Day Rally



Anti-Plastic Awareness campaign

Medical Related Awareness and Camps

- Blood Donation Camp was conducted by the NSS unit on 6th November and our college donated 60 Units to the Medical College, Kottayam Blood Bank.
- An Eye Camp was conducted by the NSS unit at the adopted village by NSS as part of the UBA programme, in association with New Vision Eye Hospital on 23rd December.

- Cardio-Pulmonary Resuscitation (CPR Training classes were given as a compulsory training to all our second-year NSS students to prevent minor heart attacks and myocardial infarctions by Bulmeric India Foundation on 20th December.
- Cancer Awareness programme was conducted by an invited speaker who was a cancer survivor, Ms. Nisha Jose on 17th March.



Eye camp at our NSS unit Adopted Village



CPR Training for NSS students



Blood Donation Camp Inauguration

NCC

The NCC Sub-unit of Alphonsa College, Pala, has a strength of 108 cadets and one officer. This year, 50 cadets attended various Annual Training Camps. Cpl. Gajjala Keerthi Reddy participated in the Basic Mountaineering Course held at Manali. Cadets were also selected for Special National Integration Camps, Ek Bharat Shreshtha Bharat Camps, Army Attachment Camps, Tal Sainik Camps, and Republic Day preparatory camps. The sub-unit organized a blood donation



Special Appreciation from Pala Municipal Council for the social service initiatives undertaken by the sub unit



Lt Anu Jose, Associate NCC Officer of the College received Special Appreciation Award by the NCC Group HQ Kottayam

camp as part of World Blood Donor Day. They also initiated a fruit tree garden project, Eden of ACP, at Government UP School Valavoor and Government LP School Edappady. Audio books were released to support the needs of the visually challenged. A Mini Library was established at Government LP School Edappady. As part of World Youth Skills Day, the sub-unit launched Expertise 4.0, a skill development programme for women. Additionally, the sub-unit organized an anti-plastic campaign and distributed cloth bags to nearby households. The Charity Cell of Alphonsa College NCC unit has been supporting the financially underprivileged to meet their medical expenses. The sub-unit also joined hands with I Am Not Alone, an NGO working towards a Hunger-Free Kerala, by distributing food packets on a monthly basis.



Kottayam, Kerala, India
Book Donation

IQAC

A training programme for the administrative staff on 'Procurement Modes through GeM' was conducted by IQAC on 17th October, 2024 to familiarize them with the functionalities, benefits, and operational aspects of the GeM portal. Mr. Vivek P, GeM Business Facilitator cum Trainer (For Kerala and Lakshadweep) was the resource person. The aim was to enhance their skills in procuring goods and services efficiently through the GeM platform, which is designed to improve transparency, efficiency, and speed in public procurement.

COLLEGE UNION REPORT 2024-25

DHEEKSHA COLLEGE UNION

College Union Election 2024

The college union election was conducted on October 17, 2024, in parliamentary form. Principal Rev Dr. Shaji John, Vice Principals Dr. Sr. Minimol Mathew and Dr. Sr. Manju Elizabeth Kuruvilla, and other officials oversaw the election.

The election process was carried out in sequence. First, two class representatives were elected by majority vote from each class. These class representatives then elected the union members. The process began with the submission of nominations by candidates for various posts, followed by policy speeches, and then voting by the representatives.

Elected Union Members for 2024-2025:

- CHAIRPERSON - Ms. Fayiza Resheed
- VICE CHAIRPERSON - Ms. Nayana Babu
- GENERAL SECRETARY - Ms. Parvathy Krishna M
- ARTS CLUB SECRETARY - Ms. Ann Mariya Mol Sojan
- MAGAZINE EDITOR - Ms. Bhagya Lekshmi P
- UUC I - Ms. Bisna James
- UUC II - Ms. Anna Shaji
- II PG REPRESENTATIVE - Ms. Bhagya M Nair
- I PG REPRESENTATIVE - Ms. Nikhitha S
- III DC REPRESENTATIVE - Ms. Alphiya Francis
- II DC REPRESENTATIVE - Ms. Anley Roy
- I DC REPRESENTATIVE - Ms. Sruthymol S



Pothichoru Distribution

As the college union's first social initiative, the team organized a Pothichoru collection drive. 1,000 packets were gathered from students, teachers, and non-teaching staff and distributed at Kottayam Medical College Cancer Ward on November 6th.



Union Name Reveal

Prior to the college union inauguration ceremony, a name reveal was held on December 9, 2024. Students performed songs and a flash mob. Principal Rev. Dr. Shaji John then announced the union's name: DHEEKSHA.

College Union Inauguration



The College Union Inauguration took place on December 12, 2024, at the College Auditorium. The newly elected union members took their oath, administered by Vice-Principal Dr. Sr. Minimol Mathew. Ms. Preeja Sreedharan OLY, an Arjuna Award winner and college alumna, attended as the Chief Guest. She inaugurated the Union, delivered the keynote address, and launched the Union's official logo. The ceremony featured cultural performances by the students.

Christmas Celebration

The Christmas celebration was held on December 19, 2024, at the College Auditorium at 10 am. Rev. Dr. Salvin Thomas, Vice Principal of St. Thomas College, Palai, was the Chief Guest and delivered a Christmas message. The College Union, in collaboration with Jesus Youth and Catholic Students Movement, organized competitions, including the Dancing Santa and Carol competition. The celebrations ended with a common carol.

Other Activities

In connection with the Christmas celebrations, the College Union conducted a dance reel competition and featured the entries on the Alphonsians' Instagram page.

Vanitha Miss Kerala- The Vanitha Miss Kerala event was held on December 31, 2024, at the College Auditorium, starting at 1:30 pm. Organized jointly by the College Union and the Vanitha team, the pageant featured various rounds showcasing the contestants' talents and charisma.

Movie Screening-The College Union launched its Movie Screening series on January 5, 2025. The series continues to entertain and unite students.

Ithea Ippo Sheryakki Tharram-On January 7, 2025, the College Union conducted Surya TV's comedy program 'Ithea Ippo Sheryakki Tharam', anchored by Fizor Khan, featuring college students showcasing their acting skills.



College Youth Festival 2024 - KAALAIVANI

The college's annual youth festival took place on January 16-18, 2025, with on-stage and off-stage competitions. The three-day event was structured as follows: January 16 featured literary events from 9:00 AM to 3:30 PM; January 17 showcased stage events from 9:00 AM to 3:45 PM; and January 18 had additional stage events from 9:30 AM to 12:30 PM. A total of 43 competitive events were held at the college youth festival.

Alumnae Meet - Alstagia 2025

The college hosted an Alumnae Meet - Alstagia 2025 on January 25, 2025. The event was attended by former students who reunited with their alma mater. Chief Guest Air Cmde Dr. Pauline Babu, Chief of Medical Services, Senior Consultant and HOD Plastic and Reconstructive Surgery at Mar Sleeva Medicity Palai, addressed the gathering and inspired the alumnae. The occasion was a good opportunity for alumnae to reconnect with each other and with the college.

Dance Fest - CORDAX 2K25- The Intercollegiate Dance Fest CORDAX 2K25 and Alumnae Meet was held on January 25, 2025, at 9:30 am in the College Auditorium. The event brought together eight participating colleges, competing for prize money: ₹15,000 for first place, ₹10,000 for second, and ₹7,000 for third.

Menstrual Health Seminar- On February 10, 2025, the College Union organized a one-day seminar focused on the holistic well-being of students. The seminar, led by Jiya O Antony, addressed menstrual health as part of overall wellness. In her session, she drew parallels between menstruation and the changing seasons, highlighting the connection between nature and women's cycles. The program provided students with knowledge about health, self-care, and understanding their bodies better. Her unique approach inspired students to think differently about menstrual health and embrace it as a natural part of life.

Campus Vision - Shalom TV

Campus Vision, a Shalom TV program in association with the College Union, featured debates among students on various topics, highlighting our college's academic community.



Sports Day

The College Union, in association with the Physical Education Department, organized the 60th annual sports meet on February 25, 2025. This was a milestone event for the college, marking six decades of sports excellence and student participation.

The event featured 12 competitive events that showcased athletic abilities across different categories. Students, teaching staff, and non-teaching staff participated with enthusiasm, making it a truly inclusive celebration of sports and fitness. The day was filled with energy, healthy competition, and team spirit. Winners and participants were recognized for their efforts, and the sports meet reinforced the importance of physical activity and sportsmanship in college life.

Miss Alphonsa Contest

The Miss Alphonsa contest was relaunched by the college union on March 7, 2025, after a period of dormancy. The event was held at the College Auditorium at 9:30 am. This contest is a personality competition that celebrates confidence, talent, intelligence, and character rather than physical appearance alone.

The relaunch marked a significant moment in the college's cultural calendar. The contest featured multiple rounds designed to assess the contestants' communication skills, talent, presence of mind, and overall personality. Arundhati N, First Runner-up of Miss Kerala 2024, served as the chief judge, bringing her experience and expertise to evaluate the participants.



After rounds that tested various aspects of personality and talent, Aiswariya Rajesh, a 2DC Zoology student, was crowned Miss Alphonsa 2025. The event successfully brought back this tradition, providing a platform for students to showcase their personalities and build confidence.

Arts Day

The Arts Club was inaugurated on March 7, 2025, at the College Auditorium at 2:00 pm. Ann Mariya Mol Sojan, Arts Club Secretary, delivered the presidential address. Principal Rev. Dr. Shaji John performed the inauguration through a lamp lighting ceremony. Chief Guest Libin Zacharia, a playback singer, gave an inaugural address followed by a music concert that ran until 4:00 pm.



Merit Day 2025

The Annual Merit Day was celebrated on March 10, 2025, at the College Auditorium at 1:30 pm. Shri. Thomas Peter, Chairperson of Pala Municipality, was the Chief Guest. Rev. Dr. Shaji John, Principal of Alphonsa College, Pala, delivered the presidential address. The Union Report for 2023-24 was presented by Ms. Krupa Jonson, former General Secretary, and submitted to the Chief Guest. Students were recognized for their achievements in the Youth Festival, Sports Meet, and various competitions. Rank holders of the academic year 2023-24 were also honored.

Flash Mob - Anti-Drug Awareness-As part of its anti-drug awareness initiative, the College Union organized a flash mob at Kottaramattam, Palai on March 13, 2025, at 3:30 pm. The event featured 12 students who performed to convey the importance of a drug-free lifestyle.

University Youth Festival-The Mahatma Gandhi University Youth Festival was held at Al-Azar College of Arts and Science, Thodupuzha, from March 17 to 23, 2025. Alphonsa College participated in various events, with our students winning numerous prizes. The event showcased their skills, creativity, and artistic abilities.

College Day 2024-25

The College Day for 2024-25 was celebrated on March 19, 2025, at 10:30 AM in the college auditorium. Chief Guest Dr. Raju Narayana Swamy IAS, Principal Secretary, Government of Kerala,

attended. Ms. Fayiza Resheed delivered the presidential address. Ms. Ashly Thomas presented the annual college report on behalf of Principal Rev. Dr. Shaji John. The event included the distribution of trophies to the overall winners of Arts Day and Sports Day.

Common Farewell- A farewell was held in the college auditorium on March 21, 2025, at 1:30 PM to bid farewell to the 3DC and 2PG students. The ceremony was attended by Rev. Dr. Shaji John, Principal, Vice Principals, teachers, staff, and student representatives. Students lit candles, and class representatives shared their experiences and remarks. The program also featured performances by the 3DC and 2PG students.

Leadership Quest- The Leadership Quest summer camp, held from April 22 to May 3, 2025, brought together girls from Classes 8-12 for a transformative experience. This initiative reflects the college's commitment to society and its dedication to reaching out beyond its campus walls. The program aimed to empower young girls from the community and prepare them for future challenges.

Through activities like Mind and Muscle Challenge, Connect and Learn, The Maker's Space, Mind over Matter, and Art, Creativity and Expression, participants developed their leadership skills, creativity, and problem-solving abilities. The camp provided a safe, supportive, all-girls environment where participants could explore their potential and build confidence.

This program demonstrated the college's role as a community institution, extending its resources and expertise to nurture the next generation of leaders. By engaging with school students, the college fulfilled its responsibility to contribute to society's development and inspire young minds to reach their full potential.

Welcome to Our New Principal- Dr. Sr. Minimol Mathew was welcomed as the new Principal with a bouquet presented by union members and advisors.

Convocation Ceremony

The convocation ceremony of Alphonsa College was held on June 4, 2025, at 10:30 AM in the college auditorium. Chief Guest Dr. K.N. Raghavan, IAS, Principal Director General of NACIN, attended along with Msgr. Dr. Joseph Thadathil, Manager of Alphonsa College Pala, and Dr. Jogi Alex, Syndicate Member of Mahatma Gandhi University. The ceremony began with a procession of students into the auditorium, followed by a welcome address by Principal Dr. Sr. Minimol Mathew. Awards were distributed to rank holders and A+ holders. Vice Principal Ms. Manju Jose administered the oath to the graduating students, formally declaring them graduates.

Environment Day Celebrations- To commemorate Environment Day, the Dheeksha College Union organized a celebration. The highlight was the planting of Abiu and Wax Apple trees, led by the college principal, vice principals, bursar, and assistant bursar. This initiative symbolized the college's commitment to environmental sustainability.

Movie Promotion Event - Vyasanasametham Bhandhumithradhikal- The cast and crew of 'Vyasanasametham Bhandhumithradhikal', directed by S. Vipin, promoted their movie at an event held on June 10, 2025, at the college auditorium. The event featured a performance by students, who shared the stage with the movie's crew and singers.

Reading Day- The Dheeksha College Union organized a quiz competition on Reading Day, held on June 19, 2025, at 2:00 PM in the

multimedia hall. The event aimed to promote reading habits and test students' knowledge.

Logo Designing & Team Name Competition- The College Students Sports League hosted a Logo Designing and Team Name competition, with a deadline of June 20, 2025, 10:00 AM. Students submitted their creative logo designs and team name suggestions for the league.

International Olympic Day Celebration- Alphonsa College, Pala, in association with the Kottayam District Olympic Association, celebrated International Olympic Day on June 23, 2025. The event featured an Olympic run, which was flagged off by College Principal Dr. Sr. Minimol Mathew at 9:00 AM.

Anti-Drug Day- The KCBC Pala Roopatha in association with the college union organized an anti-drug program on June 26, 2025, at the college auditorium. The event started at 11:30 am with the inauguration by Bishop Mar Joseph Kalaragatt, Bishop of Pala Roopatha. The program aimed to raise awareness about the dangers of drug abuse and promote a drug-free lifestyle among students and the college community. June 26 is observed as International Day against Drug Abuse and Illicit Trafficking.

Welcoming Freshers and Orientation

From July 1 to 6, 2025, the college hosted a comprehensive week-long orientation program for its new batch of students. The program was designed to help students transition smoothly from school to college life and equip them for the challenges ahead. The week kicked off on July 1 with an inauguration ceremony, led by Nesrin P Fasim.

The orientation included expert sessions and guidance on various important topics. Students received detailed information about the Four Year Undergraduate Programme (FYUGP), helping them understand the new academic structure and its requirements. Resource persons provided guidance on facing competitive exams and career-based exams, sharing strategies and tips for success.

The week also featured a campus tour where Lt. Anu Jose shared the college's mission and vision, a quiz program to engage students, introduction to various clubs and forums, information sessions on NCC and NSS opportunities, and details about available scholarships. Cultural events showcased student talent and helped freshers feel welcomed into the college community.

The week concluded with the Freshers' Queen program on July 6, which saw participation from students across different departments. This comprehensive orientation ensured that new students felt prepared, informed, and confident as they began their college journey.

Movie Promotion - Soothravakyam- On July 10, 2025, the Soothravakham team, led by director Euigen Jos Chirammel, conducted a movie promotion event at our college auditorium. The event featured a performance by singer Amrutha Suresh, who engaged the students with her performance. The students participated actively. The event provided an opportunity for our students to interact with the film industry.

Alphonsain Week 2025

In honor of Saint Alphonsa, our institution's namesake, we conducted the annual Alphonsain Week celebration from July 16 to 21, 2025. The event saw participation from all departments and featured competitions including:

Nasrani Manga

Puthenpana Paarayanam

Tableau

Group Song

Nasrani Food Stall

Margamkali

Reels Making Competition

Achayan Achayathi Competition (initiated by the college union)

The week-long celebration ended with Alphonsa Day on July 29, 2025.

Job Fair - Prayukthi- On August 2, 2025, Alphonsa College hosted a Mega Job Fair in collaboration with the National Employment Exchange, Kottayam Model Career Centre, NCC, NSS, and the Dheeksha College Union. The event was inaugurated by MLA Mani C Kappan at 9:30 am in the college auditorium. The job fair provided a platform for students to explore career opportunities and connect with potential employers.

Fresher's Day and Talent Day 2025- The Fresher's Day celebration was held on August 6, 2025, at the college auditorium. The event saw participation from students across various departments, showcasing their talents and enthusiasm.

Kalashakootu - Campus Fiesta- The union's official activities for the academic year 2024-25 concluded with Kalashakootu, a campus fiesta that brought together the entire college community. This event marked the end of a successful year of union activities and celebrations.

The Kalashakootu was not just organized by the union but saw students becoming an active part of this campus celebration. The event created a sense of community and togetherness, with students participating in various activities and celebrations. It was a fitting conclusion to a year filled with initiatives, events, and programs that enriched campus life and student experience.

FORUM FOR DEMOCRACY AND SOCIAL JUSTICE (FDSJ)

The Forum for Democracy and Social Justice of Alphonsa College, Pala, celebrated Gandhi Jayanthi on 03/10/2024 by organizing an elocution competition on the topic '*Relevance of Celebrating Gandhi Jayanthi*'. Constitution Day was observed on 26th November 2024 by conducting an essay writing competition on the topic '*75 Years of Indian Democracy*'. An invited talk was also organized on the same day, with Dr. Jasmine, Assistant Professor at the School of Indian Legal Thought, Mahatma Gandhi University, delivering a lecture on the topic '*Indian Constitution and Administration of Social Justice*'. A quiz competition on the topic '*UN and Human Rights*' was conducted on 10th October 2024 to commemorate Human Rights Day.



Elocution Competition in connection with Gandhi Jayanthi Celebrations



Invited Talk on Indian Constitution and Administration of Social Justice

UNNATH BHARATH ABHIYAN (UBA)

The Unnat Bharat Abhiyan (UBA) Cell of Alphonsa College, Pala, in association with various departments of the college, conducted a series of community development activities. The Department of Fashion Technology organized a skill training program on 21st November 2024 at Little Flower High School, Kanjiramattom, where 30 students from classes 6, 7, and 8 participated in workshops on hand embroidery, flower making, and fabric painting, led by the department's staff and students. The Department of Botany conducted an awareness programme on '*The Essentials of Food Hygiene*' for the students of St. Augustine's Higher Secondary School, Ramapuram, on 3rd December 2024. The Department of Physics organized a seminar on '*Emotional Intelligence for School Students*' on 4th December 2024 at St. Mary's GHSS, Pala. On the same day, the Department of Zoology held a community awareness programme titled '*Preventive Healthcare: Simple Steps for a Healthier Life*' at St. Mary's H.S.S.S., Bharananganam, at 10:30 AM. The PG Department of Clinical Nutrition and Dietetics, in association with Unnat Bharat Abhiyan, organized a talk on '*Balanced Diet for*

a *Healthy Adolescent Life*” at St. Antony’s HSS, Mutholy, on 6th December 2024. The session focused on the importance of nutrition and well-being, offering practical strategies for maintaining a healthy lifestyle. The Department of English organized a speech competition for school students on 1st January 2025 at St. Augustine’s Higher Secondary School, Kadanadu, on the topic “*The Role of Schools in Promoting Health and Hygiene Awareness.*”

The Department of Chemistry conducted a seminar on *Health and Hygiene* on Friday, 14th February 2025, from 2:00 PM to 3:00 PM at St. Sebastian’s HSS, Kadanad, aiming to educate students on essential hygienic practices. As part of the Department of History’s community outreach initiatives, students conducted a *Health and Hygiene Awareness Program* at Kalanilayam UP School, Puiyanoor, Pala, on 19th February 2025. Additionally, the III DC Economics students conducted a financial literacy campaign through household visits on 28th February 2025, focusing on the importance of digital transactions, particularly the Unified Payments Interface (UPI), as part of the 10th edition of the Reserve Bank of India’s (RBI) *Financial Literacy Week 2025*, observed from 24th to 28th February 2025.



Talk on Preventive Healthcare: Simple Steps for a Healthier Life

INNOVATION & ENTREPRENEURSHIP DEVELOPMENT CENTRE

The activities of the IEDC for the academic year began with the election of the student executive committee, comprising 10 student representatives from various departments. IEDC, Alphonsa College, Pala, in association with the Department of Physics, organized an *Idea Riding Competition* on the theme “*Reduce, Reuse, Recycle*” in search of next-generation innovators to discover sustainable solutions for waste management. The *Alphonsian Flea Market* is an innovative initiative launched by the Innovation and Entrepreneurship Development Centre (IEDC) of Alphonsa College, Pala, beginning on 09/09/2024. This dynamic platform operates every Monday and is designed to encourage students to develop and showcase their entrepreneurial talents. On October 7, 2024, IEDC, Alphonsa College, Pala, in association with the Department of Zoology, organized an intercollegiate *Idea Hackathon* under the DBT Star College Scheme on the theme “*Finding Sustainable Alternatives to Plastic,*” bringing together innovative minds from various institutions. The event aimed to foster creativity, teamwork, and problem-solving skills among students.



Workshop on flower making



Financial literacy campaign



Students selling their products in the flea market

The Parent-Teacher Association plays a vital role in fostering a collaborative relationship between parents and teachers, ensuring the overall development and well-being of students in college. PTA executive meetings have been conducted regularly during 2024-25 academic year to ensure smooth functioning and address concerns. The Annual PTA General Body Meeting for the 2024-25 academic year was held on February 21, 2025, at 2 PM in the College Auditorium. The meeting was presided over by Dr. Shaji John, Principal of Alphonsa College Pala. Prof. Dr. Siby Joseph, Principal of St George College Aruvithura inaugurated the meeting. Dr. Mini Sebastian, Assistant Professor at Deva Matha College Kuravilnagadu was the keynote speaker. During the meeting, the PTA executive body for the 2024-25 term was elected, with Mr. Chacko M. J as PTA Vice President, Smt. Deepa Biju as PTA Joint Secretary, along with other elected members. The meeting was a grand success, promoting unity and cooperation among parents, teachers, and students.



Prof. Dr. Siby Joseph, Principal of St George College Aruvithura inaugurated the Annual PTA Meeting.

STAFF ASSOCIATION

The Staff Association activities was inaugurated by Dr. Siby James, Principal, St. Thomas College, Pala on 12th September 2024. It was followed by Onam celebrations including traditional Onasadya and Thiruvathirakali. Christmas was celebrated with Rev. Dr. Jobin Sebastian delivering the X'mas message followed by cake cutting, Carol songs and dance and X'mas gift exchange among staff members. A one day tour to Kuttikanam and Wagamon was organised for staff to strengthen the camaraderie among faculty. A session on Cyber security was conducted by Mr. Sanoj M. A., Assistant Director (Cyber)-Kerala Police, Regional Forensic Science Laboratory, Thrissur for the staff members on 14th January 2025. An honorary meeting for the retiring Principal, Rev. Dr. Shaji John, HoD Hindi-Dr. Jesty Emmanuel, Librarian - Ms. Bijimol Joseph and LDC Clerk- Mr. Boscochan Thomas was conducted in April 2025 in the presence of His Excellency Mar Joseph Kallarangattu and Msgr. Dr. Joseph Thadathil along with retired and current staff members of Alphonsa College.

ALPHONSA ALUMNAE ASSOCIATION- ALSTAGIA

The much-anticipated annual alumnae meet of Alphonsa College Pala, Alstalgia 2025, was held on 25th January 2025. This year's celebration was particularly special as it celebrated the Diamond Jubilee of the college.

The event was inaugurated by Air Commodore Dr. Pauline Babu, Chief of Medical Services, Mar Sleeva Medicity, Pala. In her powerful and inspiring speech, she reflected on her life and training in the Armed Force, sharing how the experience shaped her personality and instilled in her the values of discipline and resilience. Encouraging the young women present, she urged them to nurture the spark within and strive towards their dreams with passion and perseverance.

The gathering was presided over by Dr. Ancy Joseph, President of the Alumnae Association. The event also witnessed the felicitation of distinguished alumnae, including renowned film producer of the movie Swargam Ms. Lissy Fernandes. Adding to the literary brilliance of the occasion, a poetry collection by Prof. Rebecca Susan Margaret, former faculty of the Department of English, was officially released.

A heartfelt felicitation ceremony was conducted to honour 15 alumnae celebrating their Golden Jubilee, along with distinguished retiring faculty and staff members, including Principal Dr. Shaji John, Dr. Jesty Emmanuel (Head of the Hindi Department), Ms. Bijimol Thomas (Librarian), and Mr. Boscochan Thomas (Office Staff). Their dedicated service and unwavering commitment to the college were recognized with deep gratitude.

An exciting highlight of the day was the intercollegiate dance competition, where talented teams from various colleges competed with grace and vigour. St. Joseph College of Engineering and Technology won the first prize, followed by Mar Augustinos College Ramapuram in second place and Devamatha College, Kuravilangad, securing third place.

Adding to the festive spirit, the event featured a vibrant exhibition-cum-sale, with stalls displaying exquisite clothing materials, handcrafted artifacts, and delicious food items, creating a lively and engaging atmosphere for all attendees.

Alstalgia 2025 was not just a celebration but a homecoming—an opportunity for alumnae to reconnect, reminisce, and rejoice in the cherished memories of their alma mater. The event truly captured the essence of nostalgia, pride, and togetherness, reinforcing the unbreakable bond between Alphonsa College and its cherished alumnae.





JEEVANI CENTRE FOR STUDENT WELL-BEING

During the academic year 2024–2025, counselling services were actively provided at Alphonsa College, Pala, under the guidance of Jomol Saji, the college psychologist. A total of 148 students sought support, with major concerns including family-related challenges, relationship issues, career confusion, and exam-related stress. Through a safe and confidential setting, students were encouraged to share their concerns, gain emotional clarity, and develop effective coping strategies. These sessions played a significant role in enhancing students’ emotional resilience, academic focus, and overall well-being.

CLUB ACTIVITIES

CSM

The Catholic Students Movement (CSM), under the guidance of the Inter Eparchial Council, conducted the Inter Eparchial Leaders Camp on Aug 31-Sep 1 – GRATIA 2K24 at ALPHONSA COLLEGE PALA. The Catholic Students Movement (CSM) of Alphonsa College Pala joyfully coordinated the Christmas Celebration held on 19th December 2024. The Catholic Student Movement (CSM) of Alphonsa College Pala undertook a special initiative during the Christmas season to extend heartfelt greetings to various colleges. In preparation for the celebration, the CSM team organized the setting up and decoration of the Christmas tree, which was placed at a central spot in the college premises. CSM members and volunteers led the audience in lively carol singing, spreading the message of Christmas through traditional and contemporary songs. A simple yet meaningful Nativity presentation was staged, re-enacting the birth of Jesus and reminding everyone of the humble beginnings that brought hope to the world. A short Christmas message was delivered by Rev.Dr.Salvin Thomas Kappililparambil, reflecting on the significance of Christ’s birth and encouraging students to carry the spirit of Christmas into their daily lives.



Bhoomithrasena club

In observance of World Environment Day on June 5, 2024, Bhoomithrasena club of Alphonsa College, Pala, initiated the establishment of a Butterfly Garden on the college campus. On August 17, 2024, Bhoomithrasena club members (44 nos) of Alphonsa College, Pala, visited Padannamakkal Fish Farm in Poonjar, Kottayam District. On September 9, 2024, the Bhoomithrasena club members of Alphonsa College organized an educational session to commemorate the International Day for the Preservation of the Ozone Layer, observed globally on September 16. On October 22nd, 2024, a training session on apiculture and colony splitting was conducted for Bhoomithrasena club members, focusing on two significant bee species: *Apis indica* (Indian honeybee) and *Trigona irridipenis* (stingless bee). On November 6, 2024, the Bhoomithrasena Club of Alphonsa College, Pala, successfully conducted the harvesting of their campus fish pond, which had been cultivated with Genetically Improved Farmed Tilapia (GIFT). On November 15, 2024, the Bhoomithrasena Club of Alphonsa College, Pala, organized an event to introduce tilapia fish fry into the college’s campus fish pond. The Bhoomithrasena Club members of Alphonsa College conducted a visit to the Material Collection Facility (MCF) at Pala Municipality, specifically located in Ward No. 20, Lalam, on 6th January 2025. On January 9, 2025, the student members (2 nos) of the Bhoomithrasena Club of Alphonsa College, Pala, participated in an **odonate (dragonflies and damselflies) survey** organized by the **Tropical Institute of Ecological Sciences (TIES)** along the **Meenachil River**. On February 5, 2025, Bhoomithrasena club organized an invited talk titled “Ayurvedic Approaches to a Healthy Lifestyle” as part of its Indian Knowledge System awareness initiative. On March 12, 2025, members of the Bhoomithrasena Club from Alphonsa College, Pala, embarked on an educational trip to the Thattekad Bird Sanctuary



Visit to the Material Collection Facility (MCF) at Ward No. 20, Lalam, Pala Municipality.



Invited Talk: "Ayurvedic Approaches to a Healthy Lifestyle"

QUIZ CLUB

The Quiz Club of our college is a lively and active group that brings together curious and intelligent students from all courses. It encourages learning, teamwork, and friendly competition among students. The club is open to all departments and helps students improve their knowledge and confidence. One of the main goals of the Quiz Club is to find and train talented students to represent our college in various intercollegiate quiz competitions. This year, the Quiz Club, in association with the Staff Association, proudly organized the 38th Bishop Vayalil Memorial Intercollegiate Quiz Competition on 20th January 2025. The event was a grand success with 13 teams from various colleges participating in the competition. Students from different colleges showed great enthusiasm and healthy competition. The event provided a wonderful opportunity for participants to showcase their knowledge and quick thinking. The Quiz Club continues to be an excellent platform for students to develop their skills and proudly represent the college in various competitions.



Bishop Vayalil Quiz 2025

DEBATE AND ORATORY CLUB

The activities of Debate and Oratory Club for the academic year started with a meeting of the students on 13 July 2025. Ms Anupama Rajan (I DC CND) and Ms Krishnendu VA (I DC CND) were elected as the leaders of the club. In connection with Alphonsa Day celebrations, a Malayalam elocution competition was conducted on 23rd July 2024. The club organises training sessions and competitions for the students and provides a platform for eloquent and talented students to showcase their abilities which in turn leads to enhancing self-confidence and character building. Moreover, students are also prepared for and encouraged to join intercollegiate debate and elocution competitions.

EBSB

The EBSB club in Association with Department of Physics prepared a Digital Magazine- KALEDIOS, which was released by His Excellency Mar Joseph Kallarangattu in October 2025. The club conducted Essay and Poetry writing competitions in association with Department of Malayalam and presentations titled 'Himachal Pradesh: Unveiling the Hidden Gem' – Department of History and Discovering Himachal's Floral Tapestry- Department of Botany, that strengthened the spirit of cultural appreciation and National integration.

WOMEN CELL

Inauguration of Women's Cell activities for the year on 19th July 2025. The event was graced by the presence of Ms. Reshma Sebastian, a renowned social influencer and brand ambassador of Kaimattom, who was invited as the chief guest. The Women's Cell of Alphonsa College, in collaboration with the Kerala State Development Corporation for Women (KSDWC), organized a seminar on "Gender Sensitization Through Self-Awareness" on 5th September 2025. The Women's Cell of Alphonsa College, Pala, in collaboration with Sakhi One Stop Centre, Kottayam and the District Women and Child Development Office, Kottayam, organized a special talk on "POSH Act, Dowry Prohibition Act, and Domestic Violence Act" as part of the Orange the World Campaign on 6th December 2024. The Women Cell of Alphonsa College, Pala, marked a significant milestone with the International Women's Day celebration on March 6th. The event was inaugurated by Dr. Prameela Devi, Former Member of the Kerala Women's Commission, renowned poet, author, and motivational speaker. A major highlight of the event was the felicitation of 67 students who actively participated in the "Earn While You Learn" program. These students were honored by the chief guest for their dedication and achievements, making the occasion even more special.



Motivational Talk: "Your Dreams and YOU"- Ms. Reshma Sebastian, a renowned social influencer and brand ambassador of Kaimattom.



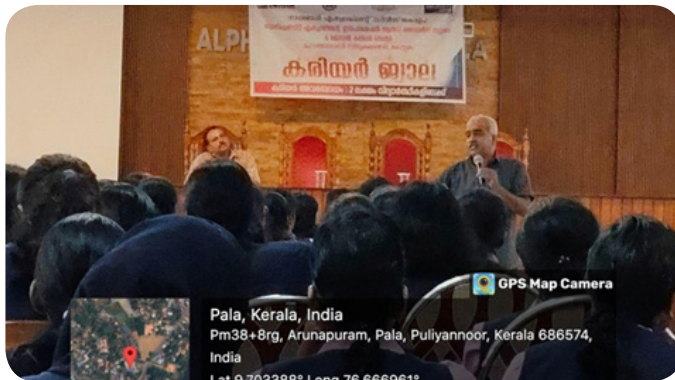
Felicitating Students under the programme "Earn while you Learn"

ELECTORAL LITERACY CLUB

The Electoral Literacy Club at Alphonsa College, Pala has been actively engaging students in promoting awareness and understanding of the electoral process, democratic principles, and civic responsibilities. A comprehensive Voter Enrolment Drive was organized at Alphonsa College with the aim of increasing voter awareness, encouraging eligible students to register, and fostering a sense of civic responsibility. The drive was from 28/10/24 to 28/11/24, which sought to empower students to actively participate in the democratic process by ensuring they were registered to vote in upcoming elections. We could enrol 74 students of our college and secured 11th position among the colleges which had conducted Voter enrolment drive.

CAREER CLUB

The Career and Placement Cell at the college is instrumental in guiding students toward their professional goals, offering expert advice on career pathways, delivering vital skill-building programs to enhance employability, and orchestrating recruitment events that create tangible opportunities. Over the past year, the Cell implemented an extensive suite of initiatives—ranging from orientation programs and webinars to advanced training sessions, interactive workshops, registration drives, and specialized coaching for PSC, UPSC, and other competitive exams—primarily aimed at final-year degree and postgraduate students. Since securing a prestigious premium membership with ICT Kerala's Academic Membership program last year, the college has expanded access to a diverse portfolio of career-development resources. Collectively, these efforts have markedly uplifted the capabilities and overall profile of the student community.



JESUS YOUTH

During the 2024–25 academic year, Jesus Youth at Alphonsa College, Pala, fostered vibrant spiritual growth rooted in a deep connection with Jesus through a strong emphasis on prayer, Scripture, worship, fellowship, and service. Every week, members gathered in the college chapel for collective worship and reflection, centered on nurturing their relationship with Christ. Their charitable commitment was exemplified by a longstanding partnership with the NSS in running the 'Padheyam' food-packet initiative, providing meals every Tuesday to the inmates of Mariasadanam. Students participated in a powerful Jesus Youth gathering featuring praise and worship, spiritual reflections on God's love. This year also saw active involvement in the Veritas spiritual-formation programme, which provided structured formation, and key spiritual celebrations—such as Alphonsa Day and Christmas—where the group led prayer services, carol singing, and outreach efforts,

strengthening communal bonds and spiritual vitality. Complementing these spiritual endeavors, Jesus Youth consistently engaged in various charity initiatives aimed at the poor and marginalized, thus embodying their commitment to love in action and enhancing the spiritual and social fabric of the college community.



MILLESTONES

- 1964** Founding of the college.
Our founder Patron - Mar Sebastian Vayalil.
Rt. Rev. Msgr. Philip Valiyil appointed as Manager.
Rev. Dr.N.M.Thomas appointed as Principal.
Rev. Fr. Joseph Kurias appointed as Bursar.
- 1967** B.Sc Maths, B.Sc Physics, B.Sc Chemistry, B.Sc Botany,
B.Sc Zoology, B.A. English and B.A. Economics courses started.
- 1970** Inauguration of Library and Auditorium Block.
- 1978** Starting of the College Canteen.
- 1981** B.A. History and M.Sc Zoology courses started.
- 1994** Inauguration of the new Alphonsa Book Stall & Co-Op. Store
- 1995** M.A. Politics course started.
- 1996** Alphonsa Institute of Computer Studies started.
- 1998** B.Sc Clinical Nutrition and Dietetics course started.
- 1999** College accredited by NAAC.
'O' level computer course with recognition from Govt. of India started.
- 2000** B.Sc. Physics - Vocational - with Computer Application started.
- 2001** Inauguration of the Alphonsa Fitness Centre.
- 2004** Inauguration of the Basketball Court.
Celebration of the Ruby Jubilee of the College.
Inauguration of the Alphonsa Block in Maria Sadanam.
- 2005** Inauguration of the College Website. M.Sc. Clinical Nutrition Course started.
- 2007** College re-accredited by NAAC.
- 2008** Networking of computer systems of all Departments.
Inauguration of UGC sponsored Centre for Gandhian Studies.
- 2009** Construction of St. Alphonsa Birth Centenary Memorial Indoor Stadium.
- 2010** Construction of New Administrative Block. CBCS Curriculum was introduced
- 2011** Renovation of Seminar Hall.
College declared as a Minority Educational Institution by National Commission for Minority Educational Institution, Government of India.
- 2013** College re-accredited by NAAC (3rd cycle)
- 2014** Celebration of Golden Jubilee of the College . Construction of Golden Jubilee Memorial Block.
M.A English aided course started. B.voc in sports nutrition and Physiotherapy and B.Voc in Fashion Technology started.

- 2015** Blessing and inauguration of Golden Jubilee Memorial Block.
- 2019** College re-accredited (4th Cycle) by NAAC with A grade (CGPA 3.24). RUSA 2.0 Funded
- 2020** Construction of Open Auditorium cum Volleyball Court, Renovation of Departments and Laboratories
M.A. Econometrics (Aided) course started. UGC NSQF Skill development Course started.
- 2021** Rusa Fund - Volleyball Court construction and other renovation completed. Dept.of Zoology Research Centre Started.
- 2022** New Rain water harvesting pit constructed
Construction of Class rooms in the 3rd floor started.
- 2024** Rev.Fr. kuriakose Vellachalil appointed as Bursar. Blessing of St. Alphonsa Statue and Front Arch of College. Inauguration of Multimedia Theatre.

Renovation of Library and Auditorium Completed. In commemoration of Diamond Jubilee Celebration completed 28 houses under Sneha Veed Project. Four houses completed in memory of Rev. Dr. Jose Joseph. DBT - Star, DST-FIST, DST-CURIE supports and grants Received. FYUGP was introduced
- 2025** Rev.Fr. Jose Joseph Memorial Lecture was inaugurated by Dr. Shashi Tharoor.
College reaccredited by NAAC (5th cycle) with A grade CCGPA
Awarded Moses Trophy for the Best NSS Unit of M.G. University and also received Best NSS friendly Principal, Best NSS Programme officer and Best NSS Volunteer Awards. FYUGP for B Voc was introduced



Ms Sunitha Santhan
Asst. Professor, Dept.of History



Ms Niranjana Marian George
Asst. Professor, Dept.of English



ALPHONSA COLLEGE PALA



*Moulding
the Complete Woman*