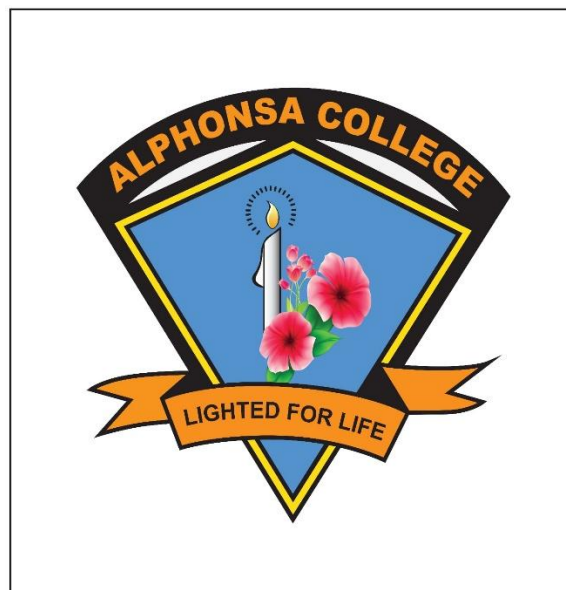




ALPHONSA COLLEGE PALA



CENTRE FOR GANDHIAN STUDIES

DOCUMENTATION OF ACTIVITIES 2025-26

CENTRE FOR GANDHIAN STUDIES

REPORT 2025–26

The Centre for Gandhian Studies of Alphonsa College, Pala, organized various programs during the academic year 2025–26 to promote Gandhian thoughts and values among students. Through these activities, the Centre aimed to create awareness about Gandhian philosophy and encourage students to understand and practice the ideals of truth, non-violence, peace, and social responsibility in their daily lives.

BOOK DISTRIBUTION PROGRAM & INVITED TALK

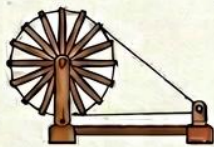
The Centre for Gandhian Studies organized a Book Distribution program on 14 October 2025 in connection with the 37th anniversary celebrations of Poorṇodaya Book Trust. The program programme was inaugurated by Advocate Ramesh Kumar, Coordinator of Poorṇodaya Book Trust, who also delivered an informative talk on Gandhian values and emphasized the importance of education in developing socially responsible individuals. The function was presided over by the College Principal, Professor Dr. Sister Minimol Mathew.

As part of the program, books worth ₹7,500 were distributed to support reading and learning initiatives. The books were received for the Centre for Gandhian Studies as well as the College Library. More than 50 students participated in the programs. The event promoted reading habits among students and encouraged them to understand and practice Gandhian ideals in their academic and social lives. The program concluded with a vote of thanks delivered by Dr. Anila Thomas, Director of the Centre for Gandhian Studies.

Alphonsa College, Pala
Center for Gandhian Studies



MAHATMA GANDHI
The Father of the Nation



GANDHIAN VALUES



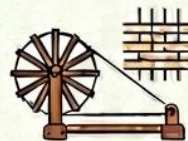
**Invited Talk &
Book Distribution
Programme**



Non-violence



Truth



Simplicity

 **Date: 14/10/2025**  **Venue: Seminar Hall**





PARYAPTHA 2026 – ZERO WASTE EXHIBITION AND SALE

The Centre for Gandhian Studies, Alphonsa College, Pala, organized Paryaptha 2026, a Zero Waste Exhibition and Sale, on 5 February 2026 with the aim of promoting sustainable living, environmental responsibility, and self-reliance among students and teachers. The program was inaugurated by the College Principal, Professor Dr. Sister Minimol Mathew. The event encouraged participants to create, exhibit, and sell self-made items while practicing the principles of zero waste and responsible consumption.


Departments actively participated by setting up stalls and showcasing creative products prepared by students and teachers. The program was guided by the idea of “learn while earning,” encouraging students to recognize the value of their talents and skills and providing them with an opportunity to earn through their own creative efforts. Special emphasis was given to reducing waste through the use of reusable and biodegradable materials and avoiding plastic use on campus.

The exhibition reflected Gandhian ideals of simplicity, self-reliance, dignity of labor, and sustainable living. By encouraging handmade and locally created products, the program inspired students to become more responsible, creative, and socially conscious individuals.

 **CENTRE FOR GANDHIAN STUDIES**
ALPHONSA COLLEGE, PALA.
PARYAPTHA 2026 

Zero Waste exhibition sale of items made by Students and Teachers
 Prizes for The Best Participant and The Best Department that reflects the spirit of Paryaptha

All students and teachers are invited to showcase and sell their self-made items at the upcoming exhibition

Guidelines for Participants 

- Stalls will be organized department-wise, with one stall per department.
- Each department is responsible for setting up and managing its own stall.
- The location, desks, and benches for each stall will be allotted by the organizers.

Setup Schedule:

- Stalls must be arranged by 4 p.m. on 4th February and all items for sale or exhibition should be ready by 9 a.m. on 5th February.

Exhibition Timing:

- The event will be held from 9 am to 4 p.m. on 5th February.

Sustainability Guidelines:

- The use of plastic carry bags, cups, plates, or tissue paper is strictly prohibited.
- We encourage the use of reusable materials such as steel or glass plates, cups and spoons.
- Only biodegradable materials should be used for packaging, serving and publicity.
- Natural resources should not be exploited for stall decorations.

Cleanliness & Conduct:

- Visitors are requested to consume food outside the auditorium.
- Participants must ensure the cleanliness of the auditorium.
- Place waste bins wherever necessary.
- After the program on 5th February evening, participants are expected to help arrange the auditorium.

Registration:

- No registration fee is required.
- Each department must complete and submit their registration forms at the CGS office by 3:30 p.m. on 22nd January.

We look forward to your enthusiastic participation in making this event a success. In order to avoid burning of plastic packing material and carry bags on campus, we encourage students and teachers to bring carry bags /tiffin boxes/ plates from home

PROMOTING THE IDEAL OF A ZERO WASTE WORLD

