



ALPHONSA COLLEGE, PALA

RE-ACCREDITED WITH A+ GRADE IN THE NAAC 5TH CYCLE

DBT-STAR, DST-FIST, & DST-CURIE SUPPORTED COLLEGE



STUDENTS' UNION REPORT 2024-25

DHEEKSHA COLLEGE UNION

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College Union Election 2024

The college union election was conducted on October 17, 2024, in parliamentary form. Principal Rev Dr. Shaji John, Vice Principals Dr. Sr. Minimol Mathew and Dr. Sr. Manju Elizabeth Kuruvilla, and other officials oversaw the election.

The election process was carried out in sequence. First, two class representatives were elected by majority vote from each class. These class representatives then elected the union members. The process began with the submission of nominations by candidates for various posts, followed by policy speeches, and then voting by the representatives.

Elected Union Members for 2024-2025:

CHAIRPERSON - Ms. Fayiza Resheed

VICE CHAIRPERSON - Ms. Nayana Babu

GENERAL SECRETARY - Ms. Parvathy Krishna M

ARTS CLUB SECRETARY - Ms. Ann Mariya Mol Sojan

MAGAZINE EDITOR - Ms. Bhagya Lekshmi P

UUC I - Ms. Bisna James

UUC II - Ms. Anna Shaji

II PG REPRESENTATIVE - Ms. Bhagya M Nair

I PG REPRESENTATIVE - Ms. Nikhitha S

III DC REPRESENTATIVE - Ms. Alphiya Francis

II DC REPRESENTATIVE - Ms. Anley Roy

I DC REPRESENTATIVE - Ms. Sruthymol S

Pothichoru Distribution



As the college union's first social initiative, the team organized a Pothichoru collection drive. 1,000 packets were gathered from students, teachers, and non-teaching staff and distributed at Kottayam Medical College Cancer Ward on November 6th.

Union Name Reveal

Prior to the college union inauguration ceremony, a name reveal was held on December 9, 2024. Students performed songs and a flash mob. Principal Rev. Dr. Shaji John then announced the union's name: DHEEKSHA.

College Union Inauguration



The College Union Inauguration took place on December 12, 2024, at the College Auditorium. The newly elected union members took their oath, administered by Vice-Principal Dr. Sr. Minimol Mathew. Ms. Preeja Sreedharan OLY, an Arjuna Award winner and college alumna, attended as the Chief Guest. She inaugurated the Union, delivered the keynote address, and launched the Union's official logo. The ceremony featured cultural performances by the students.



Christmas Celebration

Alphonsa College Pala

CATHOLIC STUDENT MOVEMENT, JESUS YOUTH
&
COLLEGE UNION

Present
FELIZ NATAL
CHRISTMAS DAY CELEBRATIONS

Rev. Dr. Shaji John
Principal

Message
Rev. Dr. Salvin Thomas
Vice Principal
St Thomas College Palai

DEC **19** 2024

TIME: 10.00 AM VENUE: COLLEGE AUDITORIUM

The Christmas celebration was held on December 19, 2024, at the College Auditorium at 10 am. Rev. Dr. Salvin Thomas, Vice Principal of St. Thomas College, Palai, was the Chief Guest and delivered a Christmas message. The College Union, in collaboration with Jesus Youth and Catholic Students Movement, organized competitions, including the Dancing Santa and Carol competition. The celebrations ended with a common carol.

Dance Reel Competition

In connection with the Christmas celebrations, the College Union conducted a dance reel competition and featured the entries on the Alphonsians' Instagram page.

Vanitha Miss Kerala



The Vanitha Miss Kerala event was held on December 31, 2024, at the College Auditorium, starting at 1:30 pm. Organized jointly by the College Union and the Vanitha team, the pageant featured various rounds showcasing the contestants' talents and charisma.

Movie Screening

January 5, 2025

The College Union launched its Movie Screening series on January 5, 2025. The series continues to entertain and unite students.

Ithea Ippo Sheriyakki Tharram

On January 7, 2025, the College Union conducted Surya TV's comedy program 'Ithea Ippo Sheriyakki Tharam', anchored by Fizzor Khan, featuring college students showcasing their acting skills.

College Youth Festival 2024 – KAALAIVANI



The college's annual youth festival took place on January 16-18, 2025, with on-stage and off-stage competitions. The three-day event was structured as follows: January 16 featured literary events from 9:00 AM to 3:30 PM; January 17 showcased stage events from 9:00 AM to 3:45 PM; and January 18 had additional stage events from 9:30 AM to 12:30 PM. A total of 43 competitive events were held at the college youth festival.

Alumnae Meet - Alstagia 2025

The college hosted an Alumnae Meet - Alstagia 2025 on January 25, 2025. The event was attended by former students who reunited with their alma mater. Chief Guest Air Cmde Dr. Pauline Babu, Chief of Medical Services, Senior Consultant and HOD Plastic and Reconstructive Surgery at Mar Sleevea Medicity Palai, addressed the gathering and inspired the alumnae. The occasion was a good opportunity for alumnae to reconnect with each other and with the college.

Dance Fest - CORDAX 2K25



The Intercollegiate Dance Fest CORDAX 2K25 and Alumnae Meet was held on January 25, 2025, at 9:30 am in the College Auditorium. The event brought together eight participating colleges, competing for prize money: ₹15,000 for first place, ₹10,000 for second, and ₹7,000 for third.

Menstrual Health Seminar

On February 10, 2025, the College Union organized a one-day seminar focused on the holistic well-being of students. The seminar, led by Jiya O Antony, addressed menstrual health as part of overall wellness. In her session, she drew parallels between menstruation and the changing seasons, highlighting the connection between nature and women's cycles. The program provided students with knowledge about health, self-care, and understanding their bodies better. Her unique approach inspired students to think differently about menstrual health and embrace it as a natural part of life.

Campus Vision - Shalom TV



Campus Vision, a Shalom TV program in association with the College Union, featured debates among students on various topics, highlighting our college's academic community.

Sports Day

The College Union, in association with the Physical Education Department, organized the 60th annual sports meet on February 25, 2025. This was a milestone event for the college, marking six decades of sports excellence and student participation.

The event featured 12 competitive events that showcased athletic abilities across different categories. Students, teaching staff, and non-teaching staff participated with enthusiasm, making it a truly inclusive celebration of sports and fitness. The day was filled with energy, healthy competition, and team spirit. Winners and participants were recognized for their efforts, and the sports meet reinforced the importance of physical activity and sportsmanship in college life.

Miss Alphonsa

March 7, 2025



The Miss Alphonsa contest was relaunched by the college union on March 7, 2025, after a period of dormancy. The event was held at the College Auditorium at 9:30 am. This contest is a personality competition that celebrates confidence, talent, intelligence, and character rather than physical appearance alone.

The relaunch marked a significant moment in the college's cultural calendar. The contest featured multiple rounds designed to assess the contestants' communication skills, talent, presence of mind, and overall personality. Arundhati N, First Runner-up of Miss Kerala 2024, served as the chief judge, bringing her experience and expertise to evaluate the participants.

After rounds that tested various aspects of personality and talent, Aiswariya Rajesh, a 2DC Zoology student, was crowned Miss Alphonsa 2025. The event successfully brought back this tradition, providing a platform for students to showcase their personalities and build confidence.

Arts Day



The Arts Club was inaugurated on March 7, 2025, at the College Auditorium at 2:00 pm. Ann Mariya Mol Sojan, Arts Club Secretary, delivered the presidential address. Principal Rev. Dr. Shaji John performed the inauguration through a lamp lighting ceremony. Chief Guest Libin Zacharia, a playback singer, gave an inaugural address followed by a music concert that ran until 4:00 pm.

Merit Day 2025

The Annual Merit Day was celebrated on March 10, 2025, at the College Auditorium at 1:30 pm. Shri. Thomas Peter, Chairperson of Pala Municipality, was the Chief Guest. Rev. Dr. Shaji John, Principal of Alphonsa College, Pala, delivered the presidential address. The Union Report for 2023-24 was presented by Ms. Krupa Jonson, former General Secretary, and submitted to the Chief Guest. Students were recognized for their achievements in the Youth Festival, Sports Meet, and various competitions. Rank holders of the academic year 2023-24 were also honoured.

Flash Mob - Anti-Drug Awareness

As part of its anti-drug awareness initiative, the College Union organized a flash mob at Kottaramattam, Palai on March 13, 2025, at 3:30 pm. The event featured 12 students who performed to convey the importance of a drug-free lifestyle.

University Youth Festival

The Mahatma Gandhi University Youth Festival was held at Al-Azar College of Arts and Science, Thodupuzha, from March 17 to 23, 2025. Alphonsa College participated in various events, with our students winning numerous prizes. The event showcased their skills, creativity, and artistic abilities.

College Day 2024-25

The College Day for 2024-25 was celebrated on March 19, 2025, at 10:30 AM in the college auditorium. Chief Guest Dr. Raju Narayana Swamy IAS, Principal Secretary, Government of Kerala, attended. Ms. Fayiza Resheed delivered the presidential address. Ms. Ashly Thomas presented the annual college report on behalf of Principal Rev. Dr. Shaji John. The event included the distribution of trophies to the overall winners of Arts Day and Sports Day.

Common Farewell

A farewell was held in the college auditorium on March 21, 2025, at 1:30 PM to bid farewell to the 3DC and 2PG students. The ceremony was attended by Rev. Dr. Shaji John, Principal, Vice Principals, teachers, staff, and student representatives. Students lit candles, and class representatives shared their experiences and remarks. The program also featured performances by the 3DC and 2PG students.

Leadership Quest

April 22 - May 3, 2025

The Leadership Quest summer camp, held from April 22 to May 3, 2025, brought together girls from Classes 8-12 for a transformative experience. This initiative reflects the college's commitment to society and its dedication to reaching out beyond its campus walls. The program aimed to empower young girls from the community and prepare them for future challenges.

Through activities like Mind and Muscle Challenge, Connect and Learn, The Maker's Space, Mind over Matter, and Art, Creativity and Expression, participants developed their leadership skills, creativity, and problem-solving abilities. The camp provided a safe, supportive, all-girls environment where participants could explore their potential and build confidence.

This program demonstrated the college's role as a community institution, extending its resources and expertise to nurture the next generation of leaders. By engaging with school students, the college fulfilled its responsibility to contribute to society's development and inspire young minds to reach their full potential.

Welcome to Our New Principal

Dr. Sr. Minimol Mathew was welcomed as the new Principal with a bouquet presented by union members and advisors.

Graduation Ceremony

The graduation ceremony was held on June 4, 2025, at 10:30 AM in the college auditorium. Chief Guest Dr. K.N. Raghavan, IAS, Principal Director General of NACIN, attended along with Msgr. Dr. Joseph Thadathil, Manager of Alphonsa College Pala, and Dr. Jogi Alex, Syndicate Member of Mahatma Gandhi University. The ceremony began with a procession of students into the auditorium, followed by a welcome address by Principal Dr. Sr. Minimol Mathew. Awards were distributed to rank holders and A+ holders. Vice Principal Ms. Manju Jose administered the oath to the graduating students, formally declaring them graduates.

Environment Day Celebrations

June 5, 2025

To commemorate Environment Day, the Dheeksha College Union organized a celebration. The highlight was the planting of Abiu and Wax Apple trees, led by the college principal, vice principals, bursar, and assistant bursar. This initiative symbolized the college's commitment to environmental sustainability.

Movie Promotion Event - Vyasanametham Bhandhumithradhikal

The cast and crew of 'Vyasanametham Bhandhumithradhikal', directed by S. Vipin, promoted their movie at an event held on June 10, 2025, at the college auditorium. The event featured a performance by students, who shared the stage with the movie's crew and singers.

Reading Day

The Dheeksha College Union organized a quiz competition on Reading Day, held on June 19, 2025, at 2:00 PM in the multimedia hall. The event aimed to promote reading habits and test students' knowledge.

Logo Designing & Team Name Competition

The College Students Sports League hosted a Logo Designing and Team Name competition, with a deadline of June 20, 2025, 10:00 AM. Students submitted their creative logo designs and team name suggestions for the league.

International Olympic Day Celebration

Alphonsa College, Pala, in association with the Kottayam District Olympic Association, celebrated International Olympic Day on June 23, 2025. The event featured an Olympic run, which was flagged off by College Principal Dr. Sr. Minimol Mathew at 9:00 AM.

Anti-Drug Day

The KCBC Pala Roopatha in association with the college union organized an anti-drug program on June 26, 2025, at the college auditorium. The event started at 11:30 am with the inauguration by Bishop Mar Joseph Kalaragatt, Bishop of Pala Roopatha. The program aimed to raise awareness about the dangers of drug abuse and promote a drug-free lifestyle among students and the college community. June 26 is observed as International Day against Drug Abuse and Illicit Trafficking.

Welcoming Freshers and Orientation

From July 1 to 6, 2025, the college hosted a comprehensive week-long orientation program for its new batch of students. The program was designed to help students transition smoothly from school to college life and equip them for the challenges ahead. The week kicked off on July 1 with an inauguration ceremony, led by Nesrin P Fasim.

The orientation included expert sessions and guidance on various important topics. Students received detailed information about the Four Year Undergraduate Programme (FYUGP), helping them understand the new academic structure and its requirements. Resource persons provided guidance on facing competitive exams and career-based exams, sharing strategies and tips for success.

The week also featured a campus tour where Lt. Anu Jose shared the college's mission and vision, a quiz program to engage students, introduction to various clubs and forums,

information sessions on NCC and NSS opportunities, and details about available scholarships. Cultural events showcased student talent and helped freshers feel welcomed into the college community.

The week concluded with the Freshers' Queen program on July 6, which saw participation from students across different departments. This comprehensive orientation ensured that new students felt prepared, informed, and confident as they began their college journey.

Movie Promotion - Soothravakyam

On July 10, 2025, the Soothravakham team, led by director Euigen Jos Chirammel, conducted a movie promotion event at our college auditorium. The event featured a performance by singer Amrutha Suresh, who engaged the students with her performance. The students participated actively. The event provided an opportunity for our students to interact with the film industry.

Alphonsain Week 2025

In honor of Saint Alphonsa, our institution's namesake, we conducted the annual Alphonsain Week celebration from July 16 to 21, 2025. The event saw participation from all departments and featured competitions including:

Nasrani Manga
Puthenpana Paarayanam
Tableau
Group Song
Nasrani Food Stall
Margamkali
Reels Making Competition
Achayan Achayathi Competition (initiated by the college union)

The week-long celebration ended with Alphonsa Day on July 29, 2025.

Job Fair - Prayukthi

On August 2, 2025, Alphonsa College hosted a Mega Job Fair in collaboration with the National Employment Exchange, Kottayam Model Career Centre, NCC, NSS, and the Dheeksha College Union. The event was inaugurated by MLA Mani C Kappan at 9:30 am in the college auditorium. The job fair provided a platform for students to explore career opportunities and connect with potential employers.

Fresher's Day and Talent Day 2025

The Fresher's Day celebration was held on August 6, 2025, at the college auditorium. The event saw participation from students across various departments, showcasing their talents and enthusiasm.

Kalashakootu - Campus Fiesta

The union's official activities for the academic year 2024-25 concluded with Kalashakootu, a campus fiesta that brought together the entire college community. This event marked the end of a successful year of union activities and celebrations.

The Kalashakootu was not just organized by the union but saw students becoming an active part of this campus celebration. The event created a sense of community and togetherness, with students participating in various activities and celebrations. It was a fitting conclusion to a year filled with initiatives, events, and programs that enriched campus life and student experience.